



NIRMALA NIKETAN INSTITUTE'S
COLLEGE OF HOME SCIENCE
NIRMALA NIKETAN (AUTONOMOUS)
NAAC Accredited 'A+' Grade

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25th February 2026

NOTICE

SYBSc (NEP 2020) - Semester - III Internal Assessment Examination
Academic Year - 2025-26
Nutrition in Adulthood Pregnancy and Lactation (Theory)

The following students need to appear for completing their SYBSc Semester III Internal Assessment in the subject of Nutrition in Adulthood Pregnancy and Lactation on 27th Feb 2026 in the Library from 1.00 - 1.30 p.m.:

1. Poonam Gaikwad
2. Sayed Alina
3. Maria Rangwala
4. Zoya Khan
5. Alina Qureshi.

Topic for the Internal Assessment: Pregnancy and Lactation

The following students need to submit an assignment for completing their SYBSc Semester III Internal Assessment in the subject of Nutrition in Adulthood Pregnancy and Lactation:

1. Poonam Gaikwad
2. Sayed Alina
3. Maria Rangwala

Assignment: Make 2 Powerpoint slides on any 1 of the following topics:

1. Calcium
2. Iron
3. Proteins

Note:

The content should include functions, food sources, RDA and deficiency symptoms of the nutrient chosen.

Please submit the assignment by 28th February 2026.

Prof. Dr. Vishaka Karnad
Controller of Examination

Dr. Asha Mathew
Principal