

2026

ENHANCEMENT OF QUALITY OF LIFE:

Echoes of the Past, Vision
for a Sustainable Resilient
Future.



DATE

16th-17th
January, 2026



VENUE

College of Home Science,
Nirmala Niketan

REGISTRATION:

Click here for:

[Delegate Registration](#)

[Paper / Poster Presentation](#)



MODE

Hybrid





About us..

The College of Home Science Nirmala Niketan, located in the heart of Mumbai, is an autonomous institution committed to empowering individuals through interdisciplinary education, research, and community engagement. Established by the Nirmala Niketan Institute with a vision to promote the holistic development of individuals, families, and communities, the College integrates scientific knowledge with cultural sensitivity and social responsibility.

Affiliated with the University of Mumbai and granted Autonomous Status in recognition of its academic excellence, the College has evolved into a hub for innovative learning and socially relevant research. Its diverse academic programs span key areas such as nutrition, human development, textiles and fashion, resource management, social work, and education — all grounded in the broader field of Home Science.

The institution is deeply rooted in values of social justice, inclusivity, and sustainability. It provides students with opportunities to engage in real-world challenges through outreach, policy advocacy, and interdisciplinary collaboration. The College's commitment to blending traditional wisdom with contemporary innovations resonates with its ongoing efforts to enhance the quality of life at local, national, and global levels.

As a forward-looking academic community, the College of Home Science at Nirmala Niketan plays a pivotal role in shaping thought leadership and providing practical solutions that address the complex, interconnected challenges of our times.

Concept Note

The International Conference “Enhancement of Quality of Life: Echoes of the Past, Vision for a Sustainable Resilient Future” is both timely and imperative, emerging at a moment of profound global convergence, where climate emergencies, public health crises, widening social and economic disparities, and disruptions in education, livelihoods, and food systems intersect and intensify. These challenges are deeply interconnected and cannot be solved through isolated, technical fixes; they demand a fundamental rethinking of values, systems, and priorities.

This conference seeks to advance holistic, inclusive frameworks that elevate well-being, equity, sustainability, and resilience above narrow economic measures. It will explore how traditional knowledge systems, when meaningfully integrated with innovation, science, and policy, can offer grounded solutions for sustainable living. With a strong emphasis on cross-disciplinary collaboration, the conference will bring together academia, communities, industry, and policymakers to co-create actionable insights that inform decision-making at local, national, and global levels.

By centering lived experiences, especially of women, children, the elderly, and marginalized populations, alongside scientific research and cultural heritage, the conference aims to catalyze inclusive, context-sensitive strategies for enhancing quality of life. India, with its rich diversity, grassroots innovations, and complex challenges, provides a compelling context aligned with global and national priorities including the United Nations Sustainable Development Goals (SDGs), India’s G20 agenda on inclusive and women-led development, the National Education Policy 2020’s call for multidisciplinary and holistic learning, and growing industry and CSR focus on ESG and community well-being.

Hosted by the **College of Home Science, Nirmala Niketan**, renowned for its legacy of academic excellence and real-world engagement, this conference represents both a culmination of past efforts and a launchpad for transformative ideas, partnerships, and actions toward a more resilient, equitable, and sustainable future.



Themes



Cultural Roots as National Identity



Health and Well-being



Transformative Education for Nation Building



Environment and Sustainability



Inclusivity, self reliance and livelihood security



Entrepreneurship, Innovation, and Start-up Ecosystems



Digital Literacy and Transformation



CALL FOR ABSTRACT

DATES TO REMEMBER:

- **25th Nov, 2025**
Filling The Registration Form With Abstract
- **1st Dec, 2025**
Abstract Acceptance And Notification
- **10th Dec, 2025**
Registration Deadline
- **20th Dec, 2025**
Full Paper Submission

Abstract submission Guidelines

- **Language:** Abstracts must be submitted in English.
- **Length:** Maximum 500 words, including:
 - **Research Purpose**
 - **Design / Methodology / Approach**
 - **Key Findings**
 - **Originality and Value**
 - **Limitations / Implications (if applicable)**
- **Authorship:**
 - **No limit on number of authors per paper**
 - **Multiple submissions allowed by a single or multiple authors**
 - **Presenting author has to register for the Conference**

WHO CAN PARTICIPATE?

- Academicians
- Researchers
- Students
- Policy makers
- Government representatives
- NGOs
- Practitioners
- Community organizers
- Entrepreneurs
- Innovators in sustainable technologies
- Artists
- Designers
- Cultural activists
- Industry representatives (as delegates/presenters)



Guidelines for E-Paper Presenters

REGISTRATION

- At least one author must register and pay the fee to confirm participation and inclusion in proceedings. Certificates will be issued for participation and presentation.

PAPER & E-POSTER PRESENTATION

- Paper / E-poster presentation will be designated by the Scientific Committee
- Hybrid participation options available

PRESENTATION TIME

- Selected papers will be allotted time in accordance with the designated sub-themes.
- Participants are kindly requested to strictly adhere to the schedule.”

E-POSTER DISPLAY

- Selected E-posters will be showcased during the designated sub-theme.

TECHNICAL SETUP

- Kindly keep a backup of your presentation.
- For virtual presentation, check your internet and audio / video setup.

JURY

- The judge’s decision will be final.
- Certificates will be awarded to the best paper and best poster.

PUBLICATION

- Presenters of paper/E-poster can publish their research in the Edited Book of Chapters with ISBN at an additional cost.
- Only registered delegates will be allowed to publish their paper/s.



Registration Fees

(ONLINE & OFFLINE)

CATEGORY	MODE	REGISTRATION FEE*		
		(Participation and presentation only) Additional 18% GST applicable for payment in INR		
		Student	Academia	Industry
Delegate (Non-Presenter)	Online	INR 500 US \$20	INR 1500 US \$100	INR 2500 US \$150
	Offline	INR 800 US \$30	INR 2500 US \$150	INR 3500 US \$200
Presenter (Oral/Poster)	Online	INR 800 US \$30	INR 2500 US \$150	INR 3500 US \$200
	Offline	INR 1000 US \$50	INR 3500 US \$200	INR 4500 US \$250

Paper Publishing Fee Rs. 2000/- | US \$150 per paper in an Edited Book of Chapters with ISBN

*GST as applicable

The Registration fee can be paid through NEFT to the following account and upload your transaction details on the registration form below:

Account Name: **Nirmala Niketan Institute - College of Home Science**

Account Number: **22511519946**

Type of Account: **Saving Bank Account**

Bank: **Standard Chartered Bank**

Branch: **23-25 M G Road, Opp. VSNL, Mumbai 400001**

IFSC Code: **SCBL0036046**

Swift code: **SCBLINBBXXX**



If you have any queries, connect with us at
eqolconf26@nnchsc.edu.in



PATRONS

**MS. PHILOMENA
SEQUEIRA**

President,
Nirmala Niketan Institute

**MS. SABEENA
GONSALVES**

Vice President,
Nirmala Niketan Institute

**DR. LIDWIN
DIAS**

Trustee,
Nirmala Niketan Institute

**MS. NOELLA
DIAS**

Secretary,
Nirmala Niketan Institute

ADVISORY COMMITTEE MEMBERS

**MR. ANJANI
PRASAD**

Global Head,
Archroma

**DR. LIDWIN
DIAS**

Principal,
College of Social Work
Nirmala Niketan
(Empowered Autonomous)

DR. GEETA IBRAHIM

Former Principal,
College of Home Science,
Nirmala Niketan

**MR. ULLHAS
NIMKAR**

Chairman,
Nimkartek Technical
Services Pvt. Ltd.

**PROF. VINI
SEBASTIAN**

Professor,
St. Xavier's Institute
of Education,(Autonomous)

**PROF. ANAGHA
VAIDYA SOOCHETA**

Rtd. Senior Lecturer,
University of Mauritius

**PROF. DR. ASHOK
ATHALYE**

Head of Department,
Institute of Chemical
Technology

**PROF. ARCHANA
HEGDE**

Professor,
East California University
Rolesville, North Carolina, US

**DR. RONALD
YESUDHAS**

Assistant Professor,
College of Social Work
Nirmala Niketan
(Empowered Autonomous)

DR. VIDYA SATISH

Director,
SIES Institute of
Comprehensive Education

MS. NAAZNIN HUSEIN

Co-founder,
Shamrock Nutrascience
Pvt. Ltd.

**MS. REEMA
KELEKAR**

Proprietor,
Solitaire Entrainment
Media

DR. OWEN FERNANDES

Leadership Coach &
Author

FR. JOHN ROSE SJ.

Director,
Xavier's Institute of Engineering

ORGANISING & SCIENTIFIC COMMITTEE

CHAIRPERSON

DR. ASHA MATHEW

Principal,
College of Home Science,
Nirmala Niketan

CONVENOR

PROF. DR. KAMINI REGE

IQAC Coordinator,
College of Home Science,
Nirmala Niketan

CO-CONVENOR

DR. RITU MADHAN

Associate Professor,
College of Home Science,
Nirmala Niketan

CO-CONVENOR

MS. VRINDA UDIAVER

Assistant Professor,
College of Home Science,
Nirmala Niketan

**DR. YASMINA
DORDI AVARI**

Director
Self Financed Courses

**DR. PRATIMA
GOYAL**

Head, Textile and
Fashion Technology

**MS. SUNITA
JAISWAL**

Head, Community
Resource Management

**MS. VIBHA
HASIJA**

Head, Foods,
Nutrition and Dietetics

**MS. PAYAL
MAHESHWARI**

Head,
Human Development

**PROF. DR . VISHAKA
KARNAD**

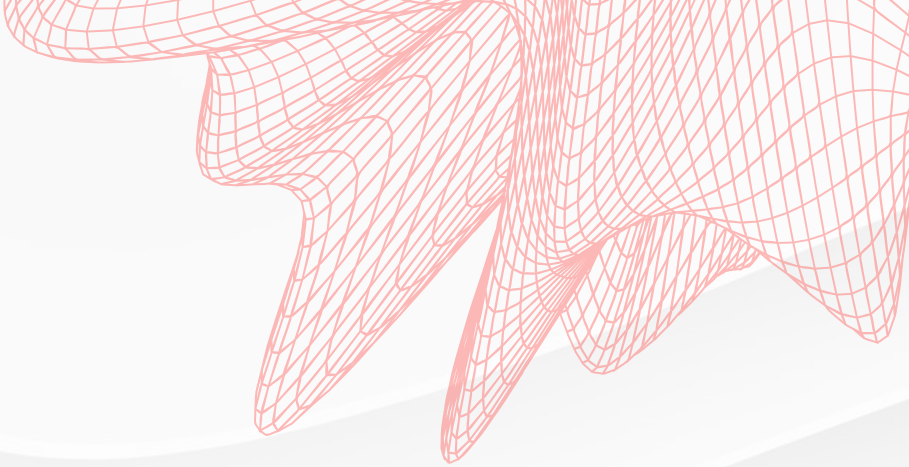
Co-coordinator
Specialization of Textile and
Fashion Technology

**DR. ROOPA
RAO**

Co-coordinator
Specialization of Community
Resource Management

**DR. MINELLY
RODRIGUES**

Faculty
Specialization of Foods,
Nutrition and Dietetics



LET'S SHAPE TOMORROW, TOGETHER

The College of Home Science, Nirmala Niketan (Autonomous)

proudly opens its doors and hearts to thought leaders, educators, researchers, professionals, and changemakers across the globe...

As we journey through the theme

“Enhancement of Quality of Life: Echoes of the Past, Vision for a Sustainable and Resilient Future,”

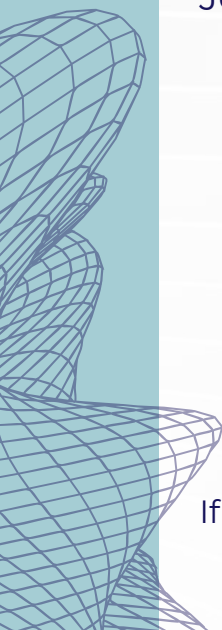
We invite you to join us in a collective pursuit of knowledge that transforms, of ideas that inspire, and of actions that endure.

Let this two-day international conference not just be an event, but a movement.

Where disciplines merge, perspectives expand, and futures are reimaged through the lens of Home Science.

Let's come together to make this a thought-changing, world-shaping event.

Because the future deserves our best today. Join us. Collaborate. Create impact.



If you have any queries, connect with us at [**egolconf26@nnchsc.edu.in**](mailto:egolconf26@nnchsc.edu.in)

