

NAME OF THE ACTIVITY/ EVENT: VIN TALKS

Name of the College:	College of Home Science Nirmala Niketan
Affiliation:	University of Mumbai
Name of the Event:	VIN Talks (Alumni Interaction with students)
Title of the Program/s:	VIN Talks (Vision Inspiration in Nutrition)
Name of the Department Organized:	Department of Foods, Nutrition and Dietetics
Level (Local/ State/ Intercollegiate/ National/ International):	NA
Invited by/ Requested by:	NA
Name of the Collaborators (if any):	NA
Resource person/s and their designation and organization employed:	<ol style="list-style-type: none"> 1. Michelle Britto, Manager, Program Content, Fitterfly Health Tech 2. Shalmalee Potdar, Coordinator, SNEHA 3. Grishma Doshi, Senior Executive Food Safety Auditor and QA, 7 Eleven 4. Kunal Palan, Assistant Manager, Agrostarc Pvt. Ltd. 5. Nirali Jain, Founder and Chief Nutritionist, Map my Meals 6. Khushali Sarvaiya, Nutritionist, Doctor's Hub 7. Kraney Shah, Senior Sports Nutritionist, Harmless Pvt. Ltd. 8. Aranta Matondkar, Executive Dietician, Sir H.N. Reliance Foundation Hospital
Day and Date:	26 th August 2023, Saturday
Time:	11:30 am to 2:30 pm
Platform used (if online):	Offline
Venue (Meeting Link, if online):	Marie Adelaide de Cice Hall
Beneficiaries/ Participants and number:	86 students
<ul style="list-style-type: none"> ● Guests/ Dignitaries: 	NA



K. S. D.

INCHARGE PRINCIPAL
COLLEGE OF HOME SCIENCE
Nirmala Niketan,
49, New Marine Lines,
Mumbai - 400 020.

<ul style="list-style-type: none"> Management Representative/s: 	NA																											
<ul style="list-style-type: none"> Staff (In-house/ Out-house): 	All the staff members from the Department of Foods, Nutrition and Dietetics																											
<ul style="list-style-type: none"> Students (Inhouse/Out-house): 	19 students from TY FND 8 students from MSc 1 FND 9 students from MSc 2 FND 14 students from MSc 1 FPP 19 students from MSc 2 FPP 12 students from MSc 1 SN 5 students from PGD																											
<ul style="list-style-type: none"> Any other: 	NA																											
About the Event (Event flow, if available):	<table border="1"> <thead> <tr> <th>Time (pm)</th> <th>Topic/ Talk</th> <th>Speaker</th> </tr> </thead> <tbody> <tr> <td></td> <td>Registration</td> <td></td> </tr> <tr> <td>12:30 to 12:35</td> <td>Welcome Address by the student</td> <td></td> </tr> <tr> <td>12:35 to 12:40</td> <td>Lamp lighting</td> <td></td> </tr> <tr> <td>12:40 to 12:45</td> <td>Welcome address</td> <td>Dr. Anuradha J. Bakshi, I/C Principal</td> </tr> <tr> <td>12:45 to 12:50</td> <td>Pay it forward</td> <td>Dr. Yasmina Avari, Director of Self-financed courses</td> </tr> <tr> <td>12:50 to 12:55</td> <td>Intro to the VIN Talks</td> <td>Mrs. Vibha Hasija, HOD</td> </tr> <tr> <td>1:00 to 1:10</td> <td>Mission Depth, Width and Height - a roadmap for students</td> <td>Michelle Britto, Manager, Program Content, Fitterfly HealthTech</td> </tr> <tr> <td>1:10 to 1:20</td> <td>Importance of CV building</td> <td>Shalmalee Potdar, Co-ordinator (Documentation), SNEHA - Society for Nutrition, Education and Health Action</td> </tr> </tbody> </table>	Time (pm)	Topic/ Talk	Speaker		Registration		12:30 to 12:35	Welcome Address by the student		12:35 to 12:40	Lamp lighting		12:40 to 12:45	Welcome address	Dr. Anuradha J. Bakshi, I/C Principal	12:45 to 12:50	Pay it forward	Dr. Yasmina Avari, Director of Self-financed courses	12:50 to 12:55	Intro to the VIN Talks	Mrs. Vibha Hasija, HOD	1:00 to 1:10	Mission Depth, Width and Height - a roadmap for students	Michelle Britto, Manager, Program Content, Fitterfly HealthTech	1:10 to 1:20	Importance of CV building	Shalmalee Potdar, Co-ordinator (Documentation), SNEHA - Society for Nutrition, Education and Health Action
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	1:20 to 1:30	From Classroom to Career - 3 opportunities	Grishma Doshi, Senior Executive Food Safety Auditor & QA, 7 Eleven (Reliance Retail)
	1:30 to 1:40	From Classroom to Career - 3 challenges to be faced	Kunal D. Palan, Assistant Manager, Agrostarc Pvt. Ltd.
	1:40 to 1:50	Immersive learning	Nirali Jain, Founder and Chief Nutritionist, Map My Meals
	1:50 to 2:00	3 Things I wish I had done differently as a student	Khushali Sarvaiya, Nutritionist, Doctor's Hub
	2:00 to 2:10	The new passout - the way forward	Kraney Shah, Senior Sports Nutritionist, Harmless Pvt. Ltd.
	2:10 to 2:20	Planning success from the classroom	Aranta Prakash Matondkar, Executive Dietician, Sir.H.N. Reliance Foundation Hospital and Research Centre
	2:20 to 2:25	Q and A	Dr. Minelly Rodrigues, Asst. Professor
	2:25 to 2:30	Vote of Thanks	Dr. Tasneem Ravat, Asst. Professor
Accounts, if any:	NA		
Flyer of the Event:	https://drive.google.com/file/d/1m0pO-38C1gqIQorHvShmpFufnWiumQUV/view?usp=sharing		
Funds generated if any:	NA		
Feedback or suggestions for future link:	NA		
Photographs of the event (at least 4-6)	https://drive.google.com/drive/folders/1jORsVpdoR2C7qfdUD0AUerLJei3Ohe7y?usp=sharing		
Sample of the certificate if any:	NA		



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