



NIRMALA NIKETAN INSTITUTE'S
COLLEGE OF HOME SCIENCE
NIRMALA NIKETAN
AFFILIATED TO THE UNIVERSITY OF MUMBAI
NAAC Accredited 'A+' Grade

49, New Marine Lines, Churchgate, Mumbai – 400 020. Phone: 2207 6503 / 2200 7544
E-mail: principal@nnchsc.edu.in / office@nnchsc.edu.in Web: www.nirmalaniketan.com

Date: - 10th Dec 2024

Type of Activity: - Sports Competition

Theme: - District level Javelin throw (under-19) competition

Date & time: - 25th Sept 2024 at 01:20 pm

Venue: - Priyadarshini Sports Ground

Objective:-

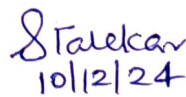
1. To help student build confidence, sense of achievement
2. To provide opportunity to show her skills, knowledge and talents in competitive settings
3. To help student develop proper technique, co-ordination and strength to effectively throw the javelin with power and accuracy
4. To develop and mould self-discipline, sportsmanship and team work
5. To help her learn to set goals and support in achieving the goals

Number of Participants: - 1

Outcome: - The student and her parents discovered her talent and aptitude for Javelin throw sport. After the student's successful participation in Javelin throw sport, her parents enrolled her for profession coaching in Javelin throw at Mumbai University ground. Overall, the participation in competition helped the student to boast her self-esteem, developed a sense of accomplishment.


10/12/24

Teacher Incharge


10/12/24

JC Co-ordinator




Principal

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College of Home Science,
Nirmala Niketan
49 New Marine Lines,
Mumbai - 400020.



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Report:

The District level Javelin throw (under-19) competition was scheduled on 25th Sept 2024 at 01:20 pm at Priyadarshini Sports Ground by District Sports Office (DSO), Mumbai.

Ms Tanvi Deshmukh, our Junior college student took part in the competition. Her performance was impressive and she showcased her passion and skills towards Javelin throw event. She won the district Javelin throw competition and was promoted to Divisional level competition.

Result: First position at District level (Mumbai) with the score of 14.78m.



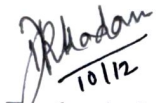


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