

## **Report on Anubhav**

**Speaker: Dr. Dipti Dev**

**(Associate professor and childhood health behaviours extension specialist, University of Nebraska, Lincoln)**

The Anubhav session featuring Dr. Dipti Dev, commenced promptly at 10:10 am on 19<sup>th</sup> April 2024 with a warm welcome speech by Ms. Fatima Kader highlighting her achievements. Dr. Dipti's engaging interaction focused on her academic journey.

She shared her story of how she pursued her PhD in USA, and how she didn't have to spend money on her PhD, because she got a scholarship for it and she highlighted the scholarship opportunities for international students pursuing PhDs in the USA.

She also shared her achievements wherein she has published 60 articles in 10 years, and is currently working on childhood obesity.

Dr. Dipti also focused on publishing the research articles in journals, so that it adds value to our work.

Dr. Dipti also shed light on a notable advantage for Indian students in US universities, and how they are recognized as a minority group.

Dr. Dipti also proposed the idea of peer teaching as a beneficial strategy for us, emphasizing that we could receive certificates for it to enhance our CVs. Additionally, she underscored how this approach not only benefits juniors but also alleviates the workload of teachers.

The interactive session saw students actively engaging with Dr. Dipti, posing questions and seeking advice.

At the end we all were asked to introduce ourselves and say what we liked the most.

A vote of thanks was given by a MSc 1 student and Dr. Dipti was given a token of appreciation. The session concluded with class photograph.

Below attached are the pictures from the session





*Khand*

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