

## REPORT ON BHARUCH EXTENSION TRIP

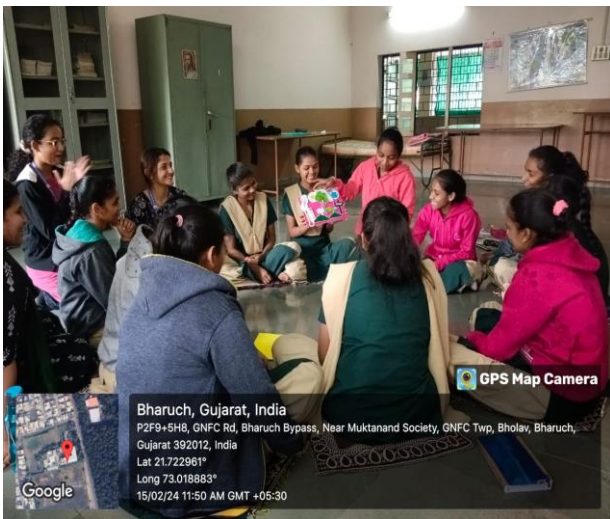
The Department of Human Development had planned an Extension trip for the third year and the MSc II Human development students of the College of Home Science, Nirmala Niketan, to Vidhyadeep Society, Bharuch, Gujarat for two days, 15<sup>th</sup> & 16<sup>th</sup> February 2024 and were accompanied by teacher supervisors, Ms. Payal Maheshwari and Ms. Virginia Dias.

The faculty and the students began their journey via express train to Bharuch on 14<sup>th</sup> February 2024 reached Bharuch in the morning on the 15<sup>th</sup> February. After reaching the Vidhyadeep centre, the HD students and the teachers were warmly welcomed by the Daughters of Heart of Mary (DHM) staff and the children. The Third year students and MSc students were divided into smaller groups and each group was allocated with a teaching-aid learning corner, entrepreneurship learning corner and a workshop, respectively.

On 15<sup>th</sup> February 2024, we began with the Teaching Aids Workshops namely Block Puzzles, Story cube, Music and Movement, Picture Books, Art and Craft Activities and the making of Flannel Board. The students enjoyed the activity thoroughly. Thereafter, the TYHD students conducted the workshop on Mindfulness & Conflict Management and ended the day, with wholesome, food prepared. The following day, i.e. on 16<sup>th</sup> February 2024, the day began with conducting Entrepreneurship activities like Quilling Jewellery, Jute Items (tissue holder & cup holder) Paper Wind Chime, cloth folder and Paper Mash books and ice cream stick products in groups and post lunch the remaining groups conducted their workshop on Ethical Decision Making, Leadership skills, Public Speaking and Interpersonal boundaries respectively.

The workshops provided valuable hands-on learning experiences, fostering both artistic skills and instructional capabilities among the participants. We departed from the Community Centre at 8 pm after being felicitated by the Staff and Sisters from DHM and we reached Bharuch Station and boarded the train to Mumbai. The Extension trip allowed the students to bond over, through activities and workshop and in completely new and unfamiliar environments.. The proactive involvement of faculty coordinators, along with the students' enthusiasm, made this extension activity a resounding success in fostering empathy, compassion, and a deeper understanding of mental health challenges while promoting a sense of inclusivity and community.





**Extension Trip 2023-24- (Human Development)- Bharuch (15<sup>th</sup> -17<sup>th</sup> Feb 24')**

Bifurcation of MSc & Ty Students for Workshop & Activities (Teaching Aid & Entrepreneurship )

<b>Gro up Nos.</b>	<b>TOPIC FOR WORKSHOP</b>	<b>NAME OF THE TEACHIN G AID</b>	<b>NAME OF TBE ENTREPREN EURSHIP ACTIVITY</b>	<b>MSc II Name of the Supervisor</b>	<b>TYHD Name of the Student</b>
1	<b>Ethical Decision Making</b>	<b>Flannel board</b>	<b>Quilling jewellery</b>	1.Cabral Jerusha Ann  2. Khan Misbah K.	1. Dsouza Angelina Ofiky Cynthia
					2. Nakte Sakshi Ankush Asmita
					3. Shaikh Ayisha Imran T
					4. Ghoshal Sweta Gopal
					5. Monteiro Megan Maria J
2	<b>Leadership Skills</b>	<b>Art and craft</b>	<b>Jute items (tissue holder, cup holder)</b>	1. Chawre Hurin Husban  2. Naik Bhairavi Jaideep	1. Jha Nisha Dinesh Nabina
					2. Nimani Khushi Ravindra
					3. Wagh Eshika Jeetendra P
					4. Inamdar Assiya Yusufkhan
					5. Pavitri Joseph Chelladurai Christina
					6. Chanchlani Karuna Gopal Karnika
3	<b>Public Speaking</b>	<b>Music and movement</b>	<b>Paper Wind chime</b>	1. Doshi Hetvi Amish  2. Pimpalgaonk ar Manjiri	1. Kadam Dhanashree Sandip Shraddha
					2. Noronha Kiara Erica Giselle
					3. Alphanso Aileen Deepak Rochelle
					4. Kadam Simran Suryakant Sanjeevani

					5.Rajkotwala Zainab Atahussain Farida
4	<b>Interpersonal Boundary</b>	<b>Block puzzle</b>	<b>Cloth folder</b>	1. Fernandes Abigail Joanne  2. Samuel Lydia	1. Kamble Shradha Shaishav Pradnya
					2. Petkar Liza Faiyaz Najmunnisa
					3. Barodawala Khadija Yusuf Sakina
					4. Kantawala Rukaiya Mustafa Amina
					5.Sayed Adeen Dawood Shah Wahida
5	<b>Mindfulness</b>	<b>Story cube</b>	<b>Paper mash books</b>	1. Ghadiali Batul M  2.Shukla Mahima H	1. Lakhani Vrutika Pinal Sheetal
					2.Rangwala Zainab Shabbir Rashida
					3. Bootwala Arwa Huseini Tasneem
					4. Khan Aaliya Farhan Yasmeen
					5.Jain Urvashi Chhaganraj
6	<b>Conflict Management</b>	<b>Picture book</b>	<b>Ice cream stick products</b>	1. James Jennifer Robinson  2. Siddiqui Ayesha Atique	1.Muni Diya Premal Trupti
					2. Sanghavi Palak Amrish Bhavana
					3.Fondekar Pradnya Ajit Dipali
					4.Mirza Ayesha Baig Mohammed
					5. Panjwani Zainab Mohamad Jaffer Neelam

- Ms. Payal Maheshwari and Ms. Virginia Dias