

REPORT ON ANTARCHAKSHU WORKSHOP

As a part of Human Exceptionality Practical, a workshop name ANTARCHAKSHU was organized for the 31 TYBSc Human Development students of College of Home Science Nirmala Niketan, on 24th February 2024 accompanied by three staff, Ms. Virginia Dias, Ms. Sunaina Sharma and Ms. Vanitha D'Souza. The workshop was conducted by the Xavier's Resource Centre for the Visually Challenged (XRCVC). The Engaging session was from 11:00 am to 01:00 pm. Mr. Krishna and Mr. Ganesh, were the two resource persons from XRCVC. This workshop basically focused on spreading awareness about visual impairment and one of the resource persons, Mr. Ganesh happens to be an individual with visual impairment.

The workshop was very systematically planned. Each and every activity was thoughtful and really hit the bull's eye to explain and give hands-on experience to understand the world of an individual with visual impairment. The resource persons were very passionate about their work and they really made a difference in the students' perspective about individuals with visual impairment.

The workshop entirely took all to a different world. Workshop made them realise how often people take their life for granted and most of the time don't even value things that they have. The experiment taught them to understand someone else by putting themselves in that person's shoes.

Different activities were conducted to experience the life of a blind person. The resource person also shared his life story and answered questions which students had about being a person with blindness. The students expressed their heart felt gratitude and presented the resource persons with hand-made thank you card.



- Ms. Vanitha D'Souza