

ANNUAL REPORT (2023-24) DEPARTMENT OF HUMAN DEVELOPMENT

DEPARTMENT OF HUMAN DEVELOPMENT SEMESTERS I & II REPORT ACADEMIC YEAR 2023 - 2024

NAME OF THE DEPARTMENT: Human Development

NUMBER OF TEACHERS:

Names with Designation of Teachers:

Permanent	Designation
Prof Dr Anuradha J. Bakshi	Professor & I/C Principal (1-10-21 to 30-11-23, retired w.e.f. 1-12-2023) PhD Guide
Ms. Rhonda Divecha	Assistant Professor & Department Head
Ms. Payal Maheshwari	Associate Professor
Prof Dr Kamini Prakash Rege	Professor PhD Guide
Ms. Khyati Sampat	Assistant Professor
Total No.	5
CHB	
Ms. Virginia Joseph Dias	Assistant Professor
Ms. Vanitha D'Souza	Assistant Professor
Ms. Sunaina Sharma (Second Term)	Assistant Professor
Total No.	3

NUMBER OF STUDENTS:

Courses	Number of Students	Date of Orientation
T.Y.B.Sc.	30	5th July 2023
M.Sc. Part I	12	5th July 2023
M.Sc. Part II	12	28th June 2023

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Courses		Number of Students	Date of Orientation
Ph.D.			
Name of the Guide	Name of Student	Registration No. Title of Research	Remarks: RAC RRC Topic Approval Synopsis Thesis submitted Viva Awaited Degree Awarded
Prof. Dr. Anuradha J. Bakshi	Ms. Brenda Fernando (Received a UGC Grant and completed terms as JRF & SRF)	Career Trajectories of Older Women (50 Years and Above) in Rural and Urban Contexts	RAC RRC Topic Approval Nearing completion
	Ms. Kinjal Maru	Role of Secondary and Higher Secondary School Teachers in Facilitating Career Decision-Making among Students	RAC RRC Topic Approval In process, final stages
	Ms. Vibha Hasija	A Mindfulness-Based Nutrition and Lifestyle Coaching Intervention for College Teachers	RAC RRC Topic Approval In process
	Ms. Kiran Parab Angane & Ms. Archana Jain	Quality of Teacher-Student Relationships in NGO-run and non-NGO-run Brihanmumbai Municipal Corporation (BMC) Secondary Schools: A Mixed-Methods and Multi-Perspective Study Development and Evaluation of a Programme for Sensitizing Family and Institutional Caregivers of the Elderly in Mumbai	RAC RRC Topic Approval Dormant/Inactive Status
Prof. Dr. Kamini Prakash Rege	Gulnaaz Malkam Engineer	Being Childless/Child-free: Perceptions, Experience, Marital Satisfaction and Wellbeing	RAC and RRC & Topic Approved Interdisciplinary Studies
	Linda Dhakul	Loss of a Parent during the pandemic Examining the Impact on Youth and Developing Intervention Strategies	RAC and RRC & in process Topic Approved Interdisciplinary Studies
	Jade Carvalho	Assessment Of LGBTQ Campus Climate: Perceptions Of LGBTQ College Students, Cis-	RAC and RRC & in process Topic Approved Interdisciplinary Studies

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Courses		Number of Students	Date of Orientation
		Heterosexual College Students And College Administrators	
	Virginia Dias	Primary And Professional Caregiver Of Terminally Ill Patients; Needs, Expectations And Coping Strategies	RAC and RRC & in process Topic Approved Interdisciplinary Studies
Value Added courses			
Name of the Programme	Number of Students Enrolled	Number of Students Completed	Name of Course Coordinators
Online Diploma Course in ISL (Indian Sign Language). Commencement: 17 th August 2023	25 participants of different age-groups, from different parts of India	23 (one student was consistently absent; another student, a Senior Citizen, was ill and could not attend the examination)	Ms. Rhonda Divecha

1. PARTICIPATION IN ORIENTATION PROGRAMMES, REFRESHER, COURSES, ETC.

Sr. No	Name of the faculty	Programme	Start Date	End Date	Organized by

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2. NUMBER OF MAJOR AND MINOR RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES)

Number of Major & Minor Research Projects: None

Following is a listing of research studies guided by faculty at all levels, doctoral to undergraduate.

NUMBER OF RESEARCH STUDIES (GUIDED FOR DOCTORAL/ MASTERS/ /AAVISHKAR/AARYA AND ANY OTHER PROJECTS)

PROJECTS						
Sr No	Project No	Title of the Project	Category	Level	Name of the Guide	Name of the student/s
RESEARCH PROJECTS GUIDED FOR DOCTORAL						
1.		Career Trajectories of Older Women (50 Years and Above) in Rural and Urban Contexts	Science	Doctoral	Prof. Dr. Anuradha J. Bakshi	Ms. Brenda Fernando (Received a UGC Grant and completed terms as JRF & SRF)
2.		Role of Secondary and Higher Secondary School Teachers in Facilitating Career Decision-Making among Students	Science	Doctoral	Prof. Dr. Anuradha J. Bakshi	Ms. Kinjal Maru
3.		A Mindfulness-Based Nutrition and Lifestyle Coaching Intervention for College Teachers	Science	Doctoral	Prof. Dr. Anuradha J. Bakshi	Ms. Vibha Hasija
4.		Being Childless/Child-free: Perceptions, Experience, Marital Satisfaction and Wellbeing	Interdisciplinary	Doctoral	Prof. Dr. Kamini Prakash Rege	Ms. Gulnaaz Malkam Engineer
5.		Loss of a Parent during the pandemic Examining the Impact on Youth and Developing Intervention Strategies	Interdisciplinary	Doctoral	Prof. Dr. Kamini Prakash Rege	Ms. Linda Dhakul

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6.		Assessment of LGBTQ Campus Climate: Perceptions of LGBTQ College Students, Cis-Heterosexual College Students and College Administrators	Interdisciplinary	Doctoral	Prof. Dr. Kamini Prakash Rege	Ms. Jade Carvalho
7.		Primary and Professional Caregiver of Terminally Ill Patients; Needs, Expectations and Coping Strategies	Interdisciplinary	Doctoral	Prof. Dr. Kamini Prakash Rege	Ms. Virginia Dias
RESEARCH PROJECTS GUIDED FOR MASTER'S – PART II (DISSERTATIONS)						
1.		Exploring Hope and Wellbeing among College Students and Middle-aged Working Adults: A Mixed-Methods Study	Postgraduate	MSc Part II	Prof. Dr. Anuradha J. Bakshi	Ms. Hurin Chawre
2.		Pet Ownership and Pet Care: Characteristics, Benefits, Challenges, and the Relationship to Wellbeing among Youth and Older Adults in Goa	Postgraduate	MSc Part II	Prof. Dr. Anuradha J. Bakshi	Ms. Abigail Fernandes
3.		Elderly Perception: Quality of Life, Well-being, Coping & Elder Abuse Awareness	Postgraduate	MSc Part II	Prof. Dr. Kamini Prakash Rege	Manjiri Pimpalgaonkar
4.		First Time Grand parenting: A Cross-Sectional Study Among Three Age Groups (50-70 Years and Above) Regarding Quality Of Life And	Postgraduate	MSc Part II	Prof. Dr. Kamini Prakash Rege	Lydia Samuel

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		Psychological Well Being				
5.		Perception of Parents and Youth (15-19) years on Digital Games and its Educational Potential	Postgraduate	MSc Part II	Ms. Rhonda Divecha	Ayesha Siddiqui
6.		Perception of Never Married Youth of Goa and Mumbai (18-25 years) on Marriage and Their Inclination to Get Married	Postgraduate	MSc Part II	Ms. Rhonda Divecha	Bharavi Naik
7.		Occupational Stress of Loco Pilots of Indian Railways and Their Perception of Their Wellbeing	Postgraduate	MSc Part II	Ms. Rhonda Divecha	Jennifer James
8.		The Relationship Between Levels of Emotional Intelligence, Mindful Parenting and Parenting Stress In Fathers Of Children Aged 7 To 10 Year Olds	Postgraduate	MSc Part II	Ms Payal Maheshwari	Misbah Khan
9.		The Relationship Between Levels of Emotional Intelligence, Mindful Parenting and Parenting Stress In Fathers Of Children Aged 11 To 15 Year Olds	Postgraduate	MSc Part II	Ms Payal Maheshwari	Mahima Shukla
10		The Relationship Between Levels of Emotional Intelligence, Mindful Parenting and Parenting Stress in Fathers Of Children Aged 16 To 19 Year Old Adolescents	Postgraduate	MSc Part II	Ms Payal Maheshwari	Batul Ghadiali

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11		Relationship between the Level of Emotional Intelligence and Job Satisfaction Among Nurses Working In Private Hospitals In Mumbai	Postgraduate	MSc Part II	Ms Payal Maheshwari	Sherin Samuel
12		Relationship between gratitude, relationship satisfaction and anger experience and expression among individuals in a committed relationship	Postgraduate	MSc Part II	Ms Khyati	Ms Jerusha Cabral

RESEARCH PROJECTS GUIDED FOR MASTER'S PART I (GROUP RESEARCH PROJECTS)

13		Awareness And Perception of Bank Employees Regarding Sexual Harassment at Workplace	Postgraduate	MSc Part I	Prof. Dr. Kamini Prakash Rege	James Jennifer; Abigail Fernandes; Jerusha Cabral; Ayesha Siddique
14		Relationship between college students' engagement in extracurricular activities and their level of Emotional Intelligence and well-being	Postgraduate	MSc Part I	Ms Payal Maheshwari	Abeera Shaikh Haley Chedha Rukaiyah Kanchwala Aishwarya Jagtap

RESEARCH PROJECTS GUIDED FOR AAVISHKAR AND ANY OTHER PROJECTS

18th Aavishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round
9th & 16th December 2023 at Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai

1.		Career Trajectories and Career Satisfaction of Older Women	PPG (Doctoral) Humanities	Intercollegiate & Zonal level	Prof. Dr. Anuradha J. Bakshi	Ms. Brenda Fernando
2.		Exploring The Dynamics of Domestic Violence	Postgraduate Humanities	Intercollegiate & Zonal level	Prof. Dr. Kamini Prakash Rege	Midhat Fatema Shelia

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		Against Women- Perception of Selected Professionals (Doctors, Advocates, Police, Counselors and Married Women)				
3.		Do Married Men Experience Violence? Perception of Selected Communities (Hindu, Muslim & Other)	Postgraduate	Intercollegiate & Zonal level	Prof. Dr. Kamini Prakash Rege	Abeera Shaikh
4.		Male Menopause/ Andropause: Awareness and Perception of Older Adults (40-60 Years) Among Selected Professions of (Teacher, Police and Bank Employees)	Postgraduate	Intercollegiate & Zonal level	Prof. Dr. Kamini Prakash Rege	Sana Qureshi
5.		Assisting Your Spouse During Perimenopause: A Guide for Husbands	Postgraduate Humanities	Intercollegiate & Zonal level	Prof. Dr. Kamini Prakash Rege	Jennifer James
6.		Sexual Harassment: Awareness Among Bank Employees	Postgraduate	Intercollegiate & Zonal level	Prof. Dr. Kamini Prakash Rege	Ayesha Siddiqui, Abigail Fernandes, Jerusha Cabral
7.		Perception of teachers of higher education and employers with regard to the opportunities in higher education and employment for people with disabilities	Postgraduate Commerce Management and Law	Intercollegiate & Zonal level	Payal Maheshwari	Misbah Sheikh Hurin Chawre Bhairavi Naik Mahima Shukla

16th Aavishkar Maharashtra State Inter-University Research Convention at Maharashtra University of Health Sciences, Nashik, 12-15 January, 2024

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8.		Assisting Your Spouse During Perimenopause: A Guide for Husbands	Postgraduate Humanities	State level	Prof. Dr. Kamini Prakash Rege	Jennifer James
Guru Nanak Institute of Research and Development (GNIRD), Guru Nanak Khalsa College (Autonomous) Matunga, Mumbai, organized SRIJNA – the 5th National Level Poster Presentation Competition; 28th Feb 2024; 9:00 am to 3:00 pm						
9.		Perception of Bank Employees Regarding Sexual Harassment at Bank as Workplace	Postgraduate	National Level	Prof. Dr. Kamini Prakash Rege	Jennifer James
10		Understanding the perception of participants about the relationship shared by cancer patients and their siblings & its impact on family	Undergraduate	National Level	Ms. Virginia J. Dias	1) Noronha Kiara 2) Lakhani Vrutika
11		The Awareness and Perceptions of Participants about Hospice Services in Mumbai”	Undergraduate	National Level	Ms. Virginia J. Dias	1) Liza Petkar
JIGNYASA 2024: A Research Meet organized by SIES College of Arts, Science and Commerce (Autonomous), Mumbai on 13th March 2024.						
12		Sexual Harassment at Workplace: Perception of Bank Employees	Postgraduate	Local Level	Prof. Dr. Kamini Prakash Rege	Jennifer James

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NUMBER OF RESEARCH PROJECTS (GUIDED FOR AARYA AND ANY OTHER PROJECTS)

RESEARCH PROJECTS GUIDED AT UNDERGRADUATE LEVEL						
PROJECTS: 1 Awareness and Action Research for Youth Awakening (AARYA 2023-24), Interdisciplinary Research Competition for Undergraduate Students, organized by College of Home Science Nirmala Niketan (Affiliated to the University of Mumbai) on 28 th February 2024 (to Commemorate National Science Day)						
Sr No	Project No	Title of the Project	Category	Level	Name of the Guide	Name of the student/s
13		Newly Married Individuals' Experience: Perceived Positives and Stressors	Undergraduate (TYBSc)	National Level	Ms. Khyati Sampat	<ol style="list-style-type: none"> 1. Ms Megan Monterio 2. Ms Zainab Rajkotwala 3. Ms Sweta Ghoshal 4. Ms Arwa Bootwala 5. Ms Rukaiya Kantawala
14		Males' Knowledge and Perception towards Menstruation	Undergraduate (TYBSc)	National Level	Ms. Khyati Sampat	<ol style="list-style-type: none"> 1. Ms Zainab Panjwani 2. Ms Adeen Sayed 3. Ms Aileen Alphanso 4. Ms Simran Kadam 6. Ms Aaliya Khan
15		Career Switch in Adulthood: Reasons, Process and Perceived Benefits	Undergraduate (TYBSc)	National Level	Ms. Khyati Sampat	<ol style="list-style-type: none"> 1. Ms Pavitri Joseph Chelladurai 2. Ms Khadija Barodawala 3. Ms Assiya Inamdar 4. Ms Pradnya Fondekar
16		Career Switch in Adulthood: Challenges, Impact and Coping Strategies	Undergraduate (TYBSc)	National Level	Ms. Khyati Sampat	<ol style="list-style-type: none"> 1. Ms Urvashi Jain 2. Ms Ayesha Mirza

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17		Understanding the perception of participants about the relationship shared by cancer patients and their siblings & its impact on family	Undergraduate	National Level	Ms. Virginia J. Dias	1) D'Souza Angelina 2) Rangwala Zainab, 3) Lakhani Vrutika 4) Jha Nisha 5) Noronha Kiara
18		Understanding the perception of middle-aged man about midlife crisis	Undergraduate	National Level	Ms. Virginia J. Dias	1) Sakshi Nakte 2) Diya Muni 3) Ayisha Shaikh 4) Dhanashree Kadam 5) Khushi Nimani
19		Awareness and Voting readiness among first time voters	Social Science, Humanities and Allied Field Category	National Level	Ms. Vanitha D'Souza	1) Ms. Sarah Marie D'Souza 2) Ms. Munira Manaf Badshah 3) Ms. Amina Mahiskar 4) Ms. Pankti Gala 5) Ms. Sailee Gaikwad

4. RESEARCH COLLABORATIONS: Dept/Individual (kindly fill in full details with regards to name of student, research project title, nature of linkage/sponsorship & approximate value of the material/chemicals provided)

Name	Industries	Research Institutes/ Centers	Hospitals /Gyms	Academic Institutes	Government/ NGOs/ Support Groups

OTHER:

Multiple collaborations/linkages for the purpose of student fieldwork, student internships, are listed later in the report.

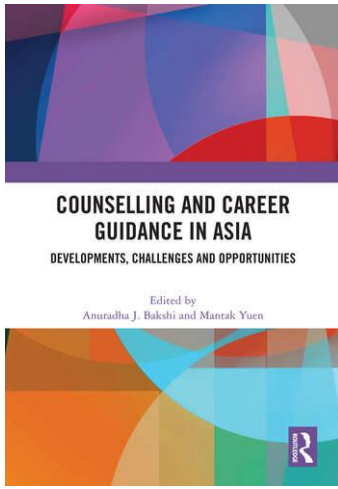
No MOUs at the Department level.

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The participation of faculty members in academic and research bodies is listed under recognition received by faculty members.

20. PUBLICATIONS (DETAILS) INTERNATIONAL LEVEL

Prof. Dr Anuradha J. Bakshi



1. Bakshi, A. J., & Yuen, M. (Eds.) (2024). *Counselling and career guidance in Asia: Developments, challenges and opportunities*. Routledge.

ISBN 9781032595917

234 Pages

Published October 31, 2023 by Routledge

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2. Bakshi, A. J., & Yuen, M. (2024). Introduction: Counselling and career guidance in Asia. In A. J. Bakshi & M. Yuen (Eds.), *Counselling and career guidance in Asia: Developments, challenges and opportunities*. Routledge.
3. Bakshi, A. J., & Fernando, B. J. (2024). Intersectionality of rural community, geography and gender in the careers of young adults. In A. J. Bakshi & M. Yuen (Eds.), *Counselling and career guidance in Asia: Developments, challenges and opportunities* (pp. 160-178). Routledge.

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Sr No.	Name of the author name/names	Year of publication	Title of the chapter/research paper	Name of the Book/Journal	Vol (issue), page nos.,	ISBN	Impact factor/H-index	Any other
4	Kamini Prakash Rege, Jennifer Robinson James	2024-02-28	Perimenopausal Stage: Perception, Benefit and Opinion of Husbands and Wives	International Journal for Multidisciplinary Research	Volume 6, Issue 1 (January-February 2024) Pages 1-9	E-ISSN: 2582-2160	Impact Factor: 9.24A	https://www.ijfmr.com/research-paper.php?id=23761 https://doi.org/10.36948/ijfmr.2024.v06i04.23761 Widely Indexed Open Access Peer Reviewed Multidisciplinary Bi-monthly Scholarly International Journal

Sr No.	Name of the author name/names	Year of publication	title of the chapter/research paper	Name of the Book/Journal	Vol (issue), page nos.,	ISBN	Impact factor/H-index	other
5.	Joshi, A., & Maheshwari, P.	2023	Conflict Resolution between School age Friends: A Replication with Children from Mumbai, India	<i>North American Journal of Psychology</i>	25(3), 551-568	ISSN 1527-7143	H-Index 32	

6. PUBLICATIONS (DETAILS) NATIONAL LEVEL

Sr No:	Name of the author name/name	Year of publication	Title of the paper/chapter	Name of the journal/ book	Vol (issue), page nos.	ISBN	Impact factor/H-index	Any other

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7. SEMINAR, CONFERENCES, WORKSHOPS-- PARTICIPATED AND ATTENDED INTERNATIONAL

Sr. No.	Attended by	Title of the Programme	Theme of the conference	Name of the person / Organization conducted	Place & Date	Sponsor ing Agency
1.	Payal Maheshwari	Delight in Parenting	Raising a Resilient Child Summit	Stephanie Pinto & Dajana Yoakley	Online, March 1st to 5 th 2024	
2.	Ms. Payal Maheshwari	Autism From The Inside	Lived experience Online Summit 2023	Paul Micallef & Shannan Lea, Australia	Online, 23 rd October 23 - 27 th October 23	
3.	Ms. Payal Maheshwari	The ADHD Toolbox LIVE - October 2023	Reduced Anxiety, Improved Focus and Emotional Regulation To Manage ADHD For Adults and Children	Bob Dietrich & Kolby Kail, USA	2day Virtual Event October 2023	
4.	Ms. Payal Maheshwari	Spectrum Parenting Summit	Parenting For Resilience, Confidence & Independence Online Summit	Spectrum Education, New Zealand	6 th - 8 th October 2023	
5.	Ms. Payal Maheshwari	Resiliency 2023	Resiliency 2023: A Global Initiative to Thrive	Joy Miller, USA	Online September 8, 2023	
6.	Ms. Vanitha D'Souza	International Conference Reconnecting with Roots: Indian Knowledge Systems for the 21 st Century	Reconnecting With Roots: Indian Knowledge Systems for the 21 st Century	Dr. B.M.N College of Home Science	12 th and 13 th January 2024	RUSA

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8. SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED AND ATTENDED LOCAL/ NATIONAL

Prof. Bakshi, in her role as the I/C Principal of the College (from 1-10-2021), chaired, coordinated and participated in all activities (seminars/workshops) organized at the college level and for each department and committee until her retirement w.e.f. 1-12-2023. These are not separately listed in this report.

Sr. No.	Attended by	Title of the Programme	Theme of the Conference/ Seminar/ Programme	Name of the person / Organization conducted	Place & Date	Sponsoring Agency	Local/ National
1.	Prof. Bakshi	Conclave on “Transforming Higher Education Institutions into New World of Quality Education via National Education Policy (NEP) 2020”	NEP 2020	Satish Pradhan Dnyanasadhana College, Thane, Affiliated to the University of Mumbai In collaboration with NAAC, ICSSR, & University of Mumbai	Thane 30 th June 2023	By invitation Satish Pradhan Dnyanasadhana College	National
2.	Prof. Bakshi	The 18th Gadgil Memorial Lecture: “The Economic Evolution of India in Recent Times” Speaker: Dr. Bibek Debroy, Chairman, Economic Advisory Council to the Prime Minister’s Office, Government of India	The 18th Gadgil Memorial Lecture	Maharashtra Economic Development Council	YB Chawan Centre, Nariman Point, Mumbai 6 th July 2023	By invitation Maharashtra Economic Development Council	National

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3.	Prof. Bakshi, Ms. Divecha, Ms. Maheshwari, Prof. Rege, & Ms. Sampat	NEP 2020: An Emerging Pedagogical Narrative in Higher Education	On the occasion of NEP Celebration Week, A One-Day Faculty Development Programme	IQAC of the College of Home Science Nirmala Niketan in collaboration with Department of Lifelong Learning and Extension of the University of Mumbai	College of Home Science Nirmala Niketan, 7 th August 2023		National
4.	Prof. Bakshi, Ms. Divecha, Ms. Maheshwari, Prof. Rege, Ms. Sampat, & Ms. Vanitha D'Souza	A Workshop on Crafting a Research Design	A One-Day Faculty Development Programme & Student Development Programme	IQAC of the College of Home Science Nirmala Niketan in collaboration with Department of Lifelong Learning and Extension of the University of Mumbai	College of Home Science Nirmala Niketan, 8 th August 2023		Regional
5.	Ms. Rhonda Divecha	Xavier Board AGM 2023	Institutional Preparedness for the Future: Challenges and Opportunities in Higher Education	Xavier Board of Higher Education, Bangalore.	October 21 st to 23 rd 2023 at Rajagiri Business School, Kochi, Kerala	Xavier Board of Higher Education, Bangalore.	National

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8. SEMINARS, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED

INTERNATIONAL LEVEL							
Sr. No.	Organized / Conducted	Title of the Programme	Theme of the conference	Name of the person / Organization conducted	Place & Date	Sponsoring Agency	Any Other
1.							

9. SEMINARS, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED: NATIONAL/REGIONAL/LOCAL

Sr. No.	Organizing team/Person	Title of the Programme	Theme of the conference	Name of the person / Organization conducted	Place & Date Level	Sponsoring Agency/ Participants
1	Prof. Bakshi [I/C Principal & Chairperson, IQAC] along with the rest of the IQAC team, in collaboration with the University of Mumbai, Department of Lifelong Learning and Extension IQAC Members from the Department (in the Core Organising Committee): Ms. Divecha Ms. Maheshwari Prof. Rege	NEP 2020: An Emerging Pedagogical Narrative in Higher Education	On the occasion of NEP Celebration Week, A One-Day Faculty Development Programme	Speaker Fr. Dr. Paul Pudusserty CSC Head, Department of Education (Rtd.) Assam Don Bosco University, & Director, Department of Teacher Education, Holy Cross College, Agartala	College premises 7 th August 2023 National	NNCHSC Teachers & Research Scholars as well as those from Other Colleges/ Institutes/ Universities
2.	Prof. Bakshi [I/C Principal & Chairperson, IQAC] along with the rest of the IQAC team, in collaboration with the University of	A Workshop on Crafting a Research Design	A One-Day Faculty Development Programme & Student Development Programme	Resource Person: Fr. Dr. Paul Pudusserty CSC Head, Department of Education (Rtd.)	College premises 8 th August 2023	NNCHSC Students & Teachers as well as those from other

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	Mumbai, Department of Lifelong Learning and Extension IQAC Members from the Department (in the Core Organising Committee): Ms. Divecha Ms. Maheshwari Prof. Rege			Assam Don Bosco University, & Director, Department of Teacher Education, Holy Cross College, Agartala	Regional	Colleges/ Institutes/ Universities
3.	Prof. Bakshi	An Orientation to the Latest PBAS & Importance of Timely Completion of CAS procedures	A PBAS Orientation Session	Prof. Bakshi	College premises 8 th August 2023 Within College for Teachers	Teachers of the Senior College
4.	Lead Organiser: Ms. Payal Maheshwari Co-organisers: All Department Staff	A Workshop on Arts Based Therapy	World Mental Health Day For Department Students	Ms. Aathira Nair, A Trauma – informed Arts Based Therapy Practitioner & Department Alumna	College premises 10 th October 2023 Within College	Department Students
5.	Lead Organiser: Ms. Payal Maheshwari Co-organisers: All Department Staff	An Interactive Session on “Mental health begins with me: Empowering youth to unmask their mental health challenges”	On the Occasion of World Mental Health Day An Event to Commemorate the Golden Jubilee of the HD Department (1972 – 2023)	Resource Person: Dr. Nirmala Almeida, Human Development Specialist, Counsellor, & Consulting Psychologist (Former HOD of the Department)	College premises 10 th October 2023 Local (Students & Professionals, Staff from	Own students & staff as well as those from other colleges of Mumbai

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					Different Colleges/ Institutes of Mumbai)	
6.	Lead Organiser: Ms. Khyati Sampat Co-organisers: Department Staff	Parent Orientation & Interaction with Department Alumnae	Parent Orientation & Interaction with Department Alumnae	Conducted by Department Staff & Sharing also by Department Alumnae	College premises 14 th October 2023 Local (Department Students & Parents/ Family)	Department Students & Parents/ Families of students
7.	Lead Organiser: Ms. Rhonda Divecha Co-organisers: Ms. Maheshwari Dr. Rege Ms. Sampat Ms. D'Souza Ms. Dias Ms. Sharma	FUNASTIC FEST (HD Mela)	FUNASTIC FEST (HD Mela) for NNCHSC Students and Outsiders Open to Outsiders and Friends and Family of the students and staff of the college	Students and Staff of the Department of Human Development	College premises 23rd March 2024 Local	College students and staff, family members of students/ Staff, and other interested persons
8.	Prof. Dr Kamini Prakash Rege as college convener of Student Research Committee organized the entries for Workshop	18 th Inter-Collegiate/Institute/Department Avishkar Research Convention: 2023-24; June 2023;	Avishkar Research Convention: 2023-24; June 2023;	Dr Sunil Patil Director, Students' Welfare / B.C.U.D. / Registrar, University of Mumbai;	DSD university of Mumbai	
9.	Prof. Dr Kamini Prakash Rege as college convener of Student Research Committee organized and coordinated with all departments for the	18 th Inter-Collegiate/Institute/Department Avishkar Research Convention:	Avishkar Research Convention: 2023-24;	Dr Sunil Patil University of Mumbai DSD department an Lala Lajpat Rai College of Commerce and Economics, Mumbai	9 th December 2023; Offline at the	

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	entries for Aavishkar convention	2023-24; December 2023;				
10.	Prof. Dr Kamini Prakash Rege as college convener of Student Research Committee organized and coordinated with winners in zonal level for the entries for Aavishkar convention state level	16 th Aavishkar Maharashtra State Inter-University Research Convention	Avishkar Research Convention: 2023-24;	University of Mumbai DSD and Maharashtra University of Health Sciences, Nashik	12-15 January, 2024 Maharashtra University of Health Science, Nashik	
11.	Prof. Dr. Kamini Prakash Rege as college convener of Student Research Committee organized and coordinated National Level Awareness and Action Research for Youth Awakening (AARYA) Competition	Initiative of College of Home Science Nirmala Niketan	Awareness and Action Research for Youth Awakening (AARYA) to promote research at the undergraduate level.	Initiative of College of Home Science Nirmala Niketan	Online on 28 February 2024	
12.	Ms. Rhonda Divecha, Co-Organiser with Student Council Team	Independence Day Commemoration	77 th Independence Day	Student Council of College of Home Science Nirmala Niketan	14 th August 2023	
13.	Ms. Rhonda Divecha, Co-Organiser with Student Council Team	Republic Day Commemoration	Republic Day	Student Council of College of Home Science Nirmala Niketan	25 th January 2024	
14.	Dias Virginia J. & D'Souza Vanitha	Antarchakshu@ The Eye Within	Awareness about the lives of persons with blindness and low vision	Mr. Krishna Warriar / The Xavier's Resource Centre for the Visually Challenged	24 th February 2023	Organized for Third Year (HD) Students

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11. PAPER / POSTER PRESENTED IN SEMINARS/CONFERENCES (INTERNATIONAL)

Poster/Paper presented in Seminars/Conferences (International)								
Sr No.	Name of the author name/names	Title of the Paper	Name of the Conference/Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency	Any other
1.	Vanitha D'Souza & Dr. Roopa Rao	Entrepreneurship and Socio-Economic Realities Among the Warli Community Women	International Conference "Reconnecting with Roots: Indian Knowledge Systems for 21st century"	Reconnecting with Roots: Indian Knowledge Systems for 21st century	BMN College	13 th January 2024, BMN College Matunga Hall	RUSA	e-poster Submitted

12. PAPER / POSTER PRESENTED IN SEMINARS/CONFERENCES (NATIONAL/LOCAL)

Sr No.	Name of the author name/names	Title of the Paper	Name & Theme of the Conference/Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>PhD Scholar:</u> Ms. Brenda J. Fernando <u>Guide & Co-Author:</u> Prof. Anuradha J. Bakshi	Career Trajectories and Career Satisfaction of Older Women	18th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Humanities, Languages and Fine Arts Level: PPG	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai	Vidyapeeth Vidyarthi Bhavan Department of Students' Development, University of Mumbai 16 th December 2023	University of Mumbai

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<p>2.</p>	<p><u>MSc Students:</u> Ms. Misbah Sheikh Ms. Hurin Chawre Ms. Bhairavi Naik Ms. Mahima Shukla</p> <p><u>Guide & Co-Author:</u> Ms. Payal Maheshwari</p>	<p>Perception of teachers of higher education and employers with regard to the opportunities in higher education and employment for people with disabilities</p>	<p>18th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Commerce Management and Law</p> <p>Level: PG</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai</p> <p>9th December 2023</p>	<p>University of Mumbai</p>
<p>3.</p>	<p><u>MSc Student:</u> Ms. Midhat Fatema Shelia</p> <p><u>Guide & Co-Author:</u> Prof. Kamini Rege</p>	<p>Exploring The Dynamics Of Domestic Violence Against Women- Perception Of Selected Professionals (Doctors, Advocates, Police, Counselors And Married Women)</p>	<p>18th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Level: PG</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai</p> <p>9th December 2023</p>	<p>University of Mumbai</p>
<p>4.</p>	<p><u>MSc Student:</u> Ms. Abeera Shaikh</p> <p><u>Guide & Co-</u></p>	<p>Do Married Men Experience Violence? Perception Of Selected Communities (Hindu,</p>	<p>18th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Level: PG</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and</p>	<p>Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai</p>	<p>University of Mumbai</p>

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	<u>Author:</u> Prof. Kamini Rege	Muslim &Other)		Economics, Mumbai	9th December 2023 Mumbai	
5.	<u>MSc Student:</u> Ms. Sana Qureshi <u>Guide & Co- Author:</u> Prof. Kamini Rege	Male Menopause/ Andropause: Awareness and Perception Of Older Adults (40-60 Years) Among Selected Professions Of (Teacher, Police And Bank Employees)	18th Aavishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Level: PG	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai 9th December 2023	University of Mumbai
6.	<u>MSc Student:</u> Ms. Jennifer James <u>Guide & Co- Author:</u> Prof. Kamini Rege	Assisting Your Spouse During Perimenopau se: A Guide for Husbands	18th Aavishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Level: PG	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai 9th December 2023	University of Mumbai
7.	<u>MSc Students:</u> Aysha Siddiqui, Abigail Fernandes, Jerusha Cabral <u>Guide & Co- Author:</u> Prof. Kamini Rege	Sexual Harassment: Awareness Among Bank Employees	18th Aavishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Level: PG	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai	Department of Students' Development, University of Mumbai, & Lala Lajpat Rai College of Commerce and Economics, Mumbai 9th December 2023	University of Mumbai

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8.	<p><u>MSc Student:</u> Ms. Jennifer James</p> <p><u>Guide & Co-Author:</u> Prof. Kamini Rege</p>	Assisting Your Spouse During Perimenopause: A Guide for Husbands	<p>16th Aavishkar Maharashtra State Inter-University Research Convention State level</p> <p>Level: PG</p>	Department of Students' Development, University of Mumbai, & Maharashtra University of Health Sciences, Nashik	<p>Maharashtra University of Health Sciences, Nashik</p> <p>12-15 January 2024</p>	University of Mumbai
9.	<p><u>MSc Student:</u> Ms. Jennifer James</p> <p><u>Guide & Co-Author:</u> Prof. Kamini Rege</p>	Perception of Bank Employees Regarding Sexual Harassment at Bank as Workplace	SRIJNA – the 5th National Level Poster Presentation Competition National level	Guru Nanak Institute of Research and Development (GNIRD), Guru Nanak Khalsa College (Autonomous) Matunga, Mumbai	<p>Guru Nanak Khalsa College</p> <p>28th February 2024</p>	
10.	<p><u>TY BSc Students:</u> Ms. Kiara Noronha Ms. Vrutika Lakhani</p> <p><u>Guide & Co-Author:</u> Ms. Virginia Dias</p>	Understanding the perception of participants about the relationship shared by cancer patients and their siblings & its impact on family	SRIJNA – the 5th National Level Poster Presentation Competition National level	Guru Nanak Institute of Research and Development (GNIRD), Guru Nanak Khalsa College (Autonomous) Matunga, Mumbai	<p>Guru Nanak Khalsa College</p> <p>28th February 2024</p>	
11.	<p><u>TY BSc Student:</u> Ms. Liza Petkar</p>	Awareness and Perceptions of	SRIJNA – the 5th National Level Poster Presentation Competition	Guru Nanak Institute of Research and Development	Guru Nanak Khalsa College	

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	<u>Guide & Co-Author:</u> Ms. Virginia Dias	Participants about Hospice Services in Mumbai	National level	(GNIRD), Guru Nanak Khalsa College (Autonomous) Matunga, Mumbai	28th February 2024	
12.	<u>MSc Student:</u> Ms. Jennifer James <u>Guide & Co-Author:</u> Prof. Kamini Rege	Sexual Harassment at Workplace: Perception of Bank Employees	JIGNYASA 2024: A Research Meet Local level	SIES College of Arts, Science and Commerce (Autonomous), Mumbai on	SIES College of Arts, Science and Commerce 13th March 2024	

**13. INVITED AS CHIEF GUEST, PANELIST, RESOURCE PERSON AND SPEAKER
INTERNATIONAL LEVEL**

Sr No.	Name of the Faculty	Details of the event/Name of the Organization	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
1.	Prof. Dr. Kamini Prakash Rege	Foundation years teachers Eminence Private School – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd	Speaker and expert	7 TH September 2023 Fujairah – UAE	9 am to 10 am Meeting with leadership 10 am to 12 pm KG classroom observation 12 pm to 2 pm Grade 1 and 2 classroom observation 2:45 pm to 3:45 pm Feedback to teachers / coordinators based on observation	
2.	Prof. Dr. Kamini Prakash Rege	For The Parents of Eminence Private School – Fujairah – UAE	Speaker and expert	7 TH September 2023 Fujairah – UAE	National curriculum framework for Foundation years- And Good Parenting 5 pm to 6 pm	Eminence Private School – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd

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		Sadbhavana and Eminence Group Pvt Ltd				
3.	Prof. Dr. Kamini Prakash Rege	Foundation years teachers Eminence Private School – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd	Speaker and expert	9 th September 2023 Fujairah – UAE	9am to 10 am Session on NEP - All teachers 10:30 am to 2:30 pm Session for KG and grade 1 teachers - learning aids and learning corners	Eminence Private School – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd
4.	Prof. Dr. Kamini Prakash Rege	Indian Social Club - – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd	Speaker and expert	9 th September 2023 Fujairah – UAE	7 pm to 8 pm Session in National curriculum framework for Foundation years- And Good Parenting (mixed Indian Crowd)	Eminence Private School – Fujairah – UAE Sadbhavana and Eminence Group Pvt Ltd
5.	Ms. Payal Maheshwari	12th International Conference on Psychiatry, Mental Health, Neuroscience, and Stroke. Hosting Organization: Pulsus 35 Ruddlesway, Windsor, Berkshire, SL4 5SF, London, UK	Keynote speaker	DUBAI, UAE & December 04-05, 2023	Adolescent Neurological Development and its relationship with their psychological behaviour	
6.	Ms. Payal Maheshwari	9 th International Conference on Neuroscience and Neurological Disorders Hosting Organization: Pulsus 35 Ruddlesway, Windsor, Berkshire, SL4 5SF, London, UK	Session Chair	DUBAI, UAE & December 04-05, 2023	Session on: Neurology Neurodevelopmental Disorders Stroke	

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13. INVITED AS CHIEF GUEST, PANELIST, RESOURCE PERSON AND SPEAKER NATIONAL LEVEL

Prof. Dr. Anuradha J. Bakshi

Sr. No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration/Sponsoring Agency
1.	Maharaja Sayajirao University of Baroda, Vadodara Faculty of Family and Community Sciences Department of Human Development and Family Studies	Workshop on Statistics	Resource Person	Vadodara 23 rd to 25 th January 2024	Statistics for Research	Maharaja Sayajirao University of Baroda, Vadodara

Sr. No.	Name of the faculty	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Any other
2.	Prof. Dr. Kamini Prakash Rege	Faculty Development Programme (FDP) teachers 2-day training session for the teaching team at Birla Education Trust, Pilani Dates of session - May 16-17 Timings - 9.15 am - 4.15 pm	Birla Education Trust Pilani Jaipur	Invited speaker Teacher powered implementation of NCF in foundational years Audience - Pre-primary and primary teachers (upto Grade 5)	Birla Education Trust, Pilani	May 16-17 Birla Education Trust, Pilani	
3.	Prof. Dr. Kamini Prakash Rege	NEP AND NCF ● Unknowingly are you harming	Maria Assumpta Convent Sr. Secondary	● NEP AND NCF ● Unknowingly are you harming the	Maria Assumpta Convent Sr. Secondary	29 th June to 2 nd July 2023 3 hour sessions each	

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	Invited speaker	<ul style="list-style-type: none"> the child Weaving curriculum wit philosophy 	School Uttarakh and	<ul style="list-style-type: none"> child Weaving curriculum wit philosophy 	School Uttarakhand		
4.	Prof. Dr. Kamini Prakash Rege	Invited speaker Implementing National curriculum framework in our classroom	Raipur and Bhuvneshwar Educators and senior managers of Vikas group	Implementing National curriculum framework in our classroom	Raipur and Bhuvneshwar Educators and senior managers of Vikas group	15 th 17 th June 2023 Raipur and Bhuvneshwar	
5.	Prof. Dr. Kamini Prakash Rege	Invited Speaker "Revolution In Education "	Centre for Educational Development (CED) India Foundation Gurugaon – Delhi	National curriculum framework	Centre for Educational Development (CED) India Foundation Gurugaon – Delhi	09 July 2023 9.00am-4.00pm Gurugaon – Delhi	
6.	Prof. Dr. Kamini Prakash Rege	ECA AND APER	APER Pune Online workshop	Vidya Pravesh – Play Based School Preparation Module For Grade 1	Online	8 TH July 2023 4.00pm – 6pm	
7.	Prof. Dr. Kamini Prakash Rege	Comprehensive workshop on equipping educators with the knowledge and skills to implement NCF 2022 for the Foundational Stage, in their classrooms.	Vedant Group of Schools in collaboration with Education World in association with ECA-APER presents a full day	Understanding and implementing NCF 2022 for the foundational stage	Vedant group of schools Ahmedabad	26 th August 2023	
8.	Prof. Dr. Kamini Prakash Rege	Invited speaker NEP Implementation in Formal and non-formal education challenges and opportunities	DHM Nirmala Niketan Institute involved in education ministry formal and non-formal education	NEP Implementation in Formal and non-formal education	Online	7 th October 2023	

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9.	Prof. Dr. Kamini Prakash Rege	Invited to conduct workshop Stages of learning trajectory – scaffolding a child’s learning – Panchadi	ECA and IPN (Indian Principal Network)	Stages of learning trajectory – scaffolding a child’s learning – Panchadi	Online	27 October 2023 Online	
10.	Prof. Dr. Kamini Prakash Rege	ECA-APER and Empyrean Kids bring a one-day conference on the theme NCF-2022- including it in foundational years curriculum	Empyrean school and ECA Kharghar Mumbai	Invitation to moderate a panel discussion at NCF-2022 conference	Empyrean school Kharghar Mumbai	16 th December 2023	
11.	Prof. Dr. Kamini Prakash Rege	Invited as Master Trainer for workshop on NCF Pedagogy And Holistic Development	Centre for Educational Development (CED) India Foundation Gurugaon – Delhi	National curriculum framework	ONLINE Centre for Educational Development (CED) India Foundation Gurugaon – Delhi	6 th March 2024 online	
12.	Prof. Dr. Kamini Prakash Rege	NEP AND NCF	Rajamata Krishna Kumari Girl Public School Jodhpur	<ul style="list-style-type: none"> ● The NCF for Foundational 1 years with holistic progress card for Pre Primary and Primary teachers ● NCF for preparatory years with HPC for Pre-Primary and Primary Teachers ● An 	Rajamata Krishna Kumari Girl Public School Jodhpur	16 th March 2024 from 8.00 am til 2.00 pm	

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				orientation session for parents to be conducted for the same.			
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15. INVITED AS CHIEF GUEST, PANELIST, RESOURCE PERSON AND SPEAKER STATE LEVEL

Sr. No.	Name of the faculty	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Any other

15. INVITED AS CHIEF GUEST, PANELIST, RESOURCE PERSON AND SPEAKER LOCAL LEVEL

Prof. Dr. Anuradha J. Bakshi

Sr. No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
1.	The President and Members of the Managing Council of the South Indian Education Society and the Director and Faculty Members of the SIES Institute of Comprehensive Education , Sion and Nerul	43 rd Annual Convocation & Prize Distribution Function	Chief Guest	Mumbai 21 st October 2023	Convocation Address	SIES

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Sr. No.	Name of the faculty	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date
2	Ms. Rhonda Divecha	“Respect Your Body”	Ms. Rhonda Divecha, Resource Person	Sexuality Education Programme	C.P. Goenka International School, Oshiwara, Andheri, for Students of grades 5 to 7	31st August 2023
3	Ms. Rhonda Divecha	“Friendships Relationships” &	Ms. Rhonda Divecha, Resource Person	Workshop with exercises and activities	Infant Jesus Church, Jogeshwari for Std. XI Confirmation Students	10th September 2023
4	Ms. Rhonda Divecha	“Pre-Marital Counselling”	Ms. Rhonda Divecha, Resource Person	RUSA Sponsored Capacity Building Workshop with exercises and activities	Dr. BMN College of Home Science, Matunga for SYBSc students	6th October 2023
5	Ms. Rhonda Divecha	“Mass Media Influence on Youth & Social Media Addiction”	Ms. Rhonda Divecha, Resource Person	Positive Youth Development Workshop	Infant Jesus Church, Jogeshwari for Std. XI Confirmation Students	8th October 2023
6	Ms. Rhonda Divecha	“The OTHER SIDE: Understanding the Other’s Point of View”	Ms. Rhonda Divecha, Resource Person	Parent Education Workshop with exercises and activities	Infant Jesus Church, Jogeshwari for Parents of the Std. XI Confirmation Students	8th October 2023
7	Ms. Rhonda Divecha	“Calm Minds, Sharp Minds: Navigating Exam Stress”	Ms. Rhonda Divecha, Resource Person	Online Session	Organized by the Lifeness Science Institute for 12th Std. Students	31st January 2024
8	Ms Khyati Sampat	Rational Emotive Behavior Therapy as a Strategy for Behavior Modification in Promoting Desirable	Ms Khyati Sampat	Alternative Health Strategies	Department of Foods, Nutrition and Dietetics; Sports Nutrition,	College of Home Science Nirmala

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		Eating Behavior and Food Choices for Maintaining Health. For students of Foods, Nutrition and Dietetics and Sports Nutrition			College of Home Science Nirmala Niketan	Niketan, 16 th March 2024, 1-3 pm
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15. STUDENT FIELD WORK/PRACTICAL/ INTERNSHIP/ EXTENSION ACTIVITIES

TY BSc & MSc2 Extension Tour

Extension Trip to Bharuch 14th Feb – 17th Feb 2024 (14th and 17th were travel days).

Ms Payal Maheshwari and Ms Virginia Dias accompanied the group of TY and MSc 2 students and conducted the given workshops and sessions. The Beneficiaries were 170 girls of the center.

Group Nos.	Topic for Workshop	Name of the Teaching Aid	Name of the Entrepreneurship Activity	MSc II Name of the Supervisor	TYHD Name of the Student
1	Ethical Decision Making	Flannel board	Quilling jewellery	1. Cabral Jerusha 2. Khan Misbah	1. Dsouza Angelina 2. Nakte Sakshi 3. Shaikh Ayisha 4. Ghoshal Sweta 5. Monteiro Megan
2	Leadership Skills	Art and craft	Jute items (tissue holder, cup holder)	1. Chawre Hurin 2. Naik Bhairavi	1. Jha Nisha 2. Nimani Khushi 3. Wagh Eshika 4. Inamdar Assiya 5. Pavitri Joseph 6. Chanchlani Karuna

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3	Public Speaking	Music and movement	Paper Wind chime	1. Pimpalgaonkar Manjiri	<ol style="list-style-type: none"> 1. Kadam Dhanashree 2. Noronha Kiara 3. Alphanso Aileen 4. Kadam Simran 5. Rajkotwala Zainab
4	Interpersonal Boundary	Block puzzle	Cloth folder	<ol style="list-style-type: none"> 1. Fernandes Abigail 2. Samuel Lydia 	<ol style="list-style-type: none"> 1. Kamble Shradha 2. Petkar Liza 3. Barodawala Khadija 4. Kantawala Rukaiya Sayed Adeen
5	Mindfulness	Story cube	Paper Meche books	<ol style="list-style-type: none"> 1. Ghadiali Batul 2. Shukla Mahima 	<ol style="list-style-type: none"> 1. Lakhani Vrutika 2. Rangwala Zainab 3. Bootwala Arwa 4. Khan Aaliya 5. Jain Urvashi

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6	Conflict Management	Picture book	Ice cream stick products	<ol style="list-style-type: none"> 1. James Jennifer 2. Siddiqui Ayesha 	<ol style="list-style-type: none"> 1. Muni Diya 2. Sanghavi Palak 3. Fondekar Pradnya 4. Mirza Ayesha 5. Panjwani Zainab
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TYBSc & MSc2 Practicum

Curriculum Planning and Conduction Practicum in School (TY BSc) & Supervision Practicum (MSc2)

The HD TY Students along with HD MSc 2 student supervisors were placed in **Children’s Academy School, Thakur Complex, Kandivali East Branch** and the **Malad East Branch**, in Semester 1 of the 2023-2024 academic year.

Students conducted paired lessons on topics such as community helpers (Baker, Firefighter, Policeman) and concepts (Open and Close, Number Names, Plants, Letter M, Fire safety measures). Group lessons were done on Ganpati festival, Janmashtami celebrations, games (e.g., “what comes after”, “ring the emotion”) and much more.

TYBSc Practicum

School Administration Practicum (TY BSc)

Visits were organized to Udayachal High School, Vikroli, for 31 TYHD and 10 MSC 1 Students to gain insight into its best practices.

Human Exceptionality Practicum (TY BSc)

Workshops were conducted by students on different disorders such as Intellectual disability, Learning Disability, Physical Disability like Cerebral Palsy, Muscular Dystrophy, Spina bifida, Communication disorder, and Visual and Hearing Impairments.

Children’s Media Practicum (TY BSc)

Students visited different Children’s library in pairs.

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TYBSc Work in Human Development Agencies under the Supervision of Ms. Khyati Sampat

Sr. No.	Teacher	Activity	Date and place	Beneficiaries
1.	Ms Khyati Sampat	Workshop on Time Management	3-1-2024 College of Home Science Nirmala Niketan	Around 30 TYBSc students
2.	Ms Rhonda Divecha and Ms. Khyati Sampat	Recreational session at Our Lady of Piety, Old Age Home	17-1-2024 and 24-1-2024 Our Lady of Piety, Old Age Home, Marine Lines, Mumbai	Around 30 elderly
3.	Ms Rhonda Divecha and Ms. Khyati Sampat	Recreational Session with Republic Day theme at Dignity Foundation, Jogeshwari	17-1-2024 and 24-1-2024 Dignity Foundation, Jogeshwari	63 elderly
4.	Ms Rhonda Divecha	Visit to Pawstivve Future Animal Training Centre run by Person with Disabilities (NGO)	27-1-2024 Dadar West	12 animal trainers
5.	Ms Khyati Sampat	Session on Vision Board to have a Fruitful Summer Vacation for 12 th Standard students.	20-3-2024 Red Boys Foundation, Bandra	Around 20 adolescent boys
6.	Ms Rhonda Divecha	Session on Stress Management for 11 th Standard students.	20-3-2024 Red Boys Foundation, Bandra	23 adolescent boys
7.	Ms Khyati Sampat	Workshop on Stress Management and Wellness Activities	27-3-2024 Muktangan Teacher Training Centre, Prabhadevi	50 teacher trainees in batches of 2.
8.	Ms Rhonda Divecha	Workshop on Integrating Technology in Teaching	27-3-2024 Muktangan Teacher Training Centre, Prabhadevi	50 teacher trainees in batches of 2.
9.	Ms Khyati Sampat	Visit to Yash Charitable Trust, Café Arpan, Juhu. Works with individuals with Neurodivergence who are facilitated into skill development and supported with employment programme in hospitality sector.	3-4-2024 Yash Charitable Trust, Café Arpan, Juhu	20 TYBSc and 10 MSc2 students

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MSc1 Extension Tour

S. No.	Name of the staff member/students	Organization Place and date	Type of Activity	Target group	Beneficiaries
2.	Prof. Dr. Kamini Prakash Rege & MSc1 Students	1st (Friday) and 2 nd (Saturday) of December 2023 Gnanajyoti Community College, Karajgaon, Umargam.	Youth (Boy and Girls) for youth Self-awareness (ice breaker) Self-esteem Game Emotional Awareness Game Sana Puberty (bodily changes, body image and menstruation) and Myths and Facts	Youth (Boy and Girls)	Gnanajyoti Community College, Karajgaon, Umargam.
			For Balwadi Teachers Lesson planning workshop for teachers + computer literacy + best out of waste workshop Training -Lesson planning PANCHADI CONCEPT; Meal concept - analogy of a balanced concept + =Dart game Does and don'ts; Bingo, Content; Multi-sensory activity and approach (Bodh); Abyaas + Prayog (role play by us); Prasar, Discussion	Balwadi Teachers	

MSc 1 (New NEP Curriculum) Practicum/Skill-based Activities

UNDER THE GUIDANCE OF **PROF. DR. KAMINI PRAKASH REGE** AS A COURSE IN
NEP MSC PART I SEM I EARLY CHILDHOOD CARE AND EDUCATION
FOUNDATIONAL STAGE - PRACTICAL
PLACED IN ST JOHN UNIVERSAL SCHOOL (PRE PRIMARY SECTION) (2023-24)

PREP BEFORE CONDUCTING LESSONS IN SCHOOLS: **MOCK LESSONS**

Date / Day	Lesson	Name of Student	Kind of lesson	Title of lesson	Teaching aid / method of lesson
		Khushboo Thakkar	Story Telling	Elephant & their friends	Stick puppets of an elephant & other animals were used as the teaching aid.
		Abeera Shaikh		The wise turtle	Presentation was used as a teaching aid to narrate the story.

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14 July 2023 Friday	Mock Lesson 1	Haley Chheda		Birthday Party	Stick puppet of the deer & background image on screen was used to narrate the story.
		Greta D'costa		The ant & the pile of sugar	Stick puppets were used as teaching aids to narrate the story.
		Sana Qureshi		The magical crayon	A big crayon made out of chart paper was used as a teaching aid to narrate the story.
		Disha Patil		The proud musk deer	Puppets of deer and hunter were used as teaching aids to narrate the story.
		Afra Mashhadi		Impatient mister spider	String puppets of different insects and stick puppet of spider were used as a teaching aid to narrate the story.
		Midhatfatema Sheila		The angry bee	Presentation was used as a teaching aid to narrate the story.
		Shalki Hirave		Two trees	Presentation was used as a teaching aid to narrate the story.
		Saloni Rane		The pan & the pot	Box puppet was used as a teaching aid to narrate the story.
		Rukaiyah Karachiwala		Kimi learns to fly	A moving puppet of a sparrow was made out of a paper bag & was used as a teaching aid.
28 July 2023 Friday	Mock Lesson 2	Shalki Hirave & Midhatfatema Sheila	Math & Vocabulary	More and less	Real objects like onions, potatoes, color pencils were used as teaching aids to teach the lesson.
		Sana Qureshi & Khushboo Thakkar		Smaller number & greater number	Body puppet was used as a teaching aid to teach the lesson.
Saloni Rane & Greta D'costa		Arts & Concept	Summer season	Stickers & sun cutout was used as a teaching aid to teach the lesson.	
Rukaiyah Karachiwala & Abeera Shaikh			Fruits with edible seeds	Skit was the methodology used to teach the lesson and props of fruits with edible seeds were used to teach the lesson.	
28 July 2023 Friday		Haley Chheda	Science & Story	Magnetism	A magicians story was presented to teach about magnets. A magnet, magnetic things and non magnetic things were used to teach the lesson.
		Disha Patil & Afra Mashhadi		Shadow	Demonstration of how the shadow is formed was shown. Materials like box,

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					torch, different objects were used to teach the lesson.
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LESSONS IN THE SCHOOL

Day / Date Lesson Number	Name of students	Theme / Topic	Kind of Lesson	Description of Lesson	Lesson Timing										
11 Aug 2023 Friday Observation	Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane			<ul style="list-style-type: none"> All the students were introduced to their respective classes allotted. Students assisted teachers in their lessons. Students helped teachers in preparation of teaching materials & class enrichment. 	8.30 to 11.30 am										
	Shalki Hirave Midhatfatem a Sheila Afra Mashhadi Disha Patil Sana Qureshi Greta D'costa Haley Chheda Abeera Shaikh				8.30 to 11.30 am										
25 Aug 2023 Friday Lesson 1	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Sr Kg A</td> <td style="width: 15%;">Shalki Hirave Midhatfatem a Sheila</td> <td style="width: 15%;">Theme: Underwater</td> <td rowspan="2" style="width: 15%;">Concept</td> <td rowspan="2" style="width: 35%;"> <ul style="list-style-type: none"> Water cycle working model was made. Demonstration of Process of the water cycle was shown. Evaporation, condensation, Precipitation, Collection, was taught. </td> <td style="width: 15%;">9 to 9.30 am</td> </tr> <tr> <td>Sr Kg B</td> <td>Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane</td> <td>Topic: Water Cycle</td> <td>9.30 to10 am</td> </tr> </table>	Sr Kg A	Shalki Hirave Midhatfatem a Sheila	Theme: Underwater	Concept	<ul style="list-style-type: none"> Water cycle working model was made. Demonstration of Process of the water cycle was shown. Evaporation, condensation, Precipitation, Collection, was taught. 	9 to 9.30 am	Sr Kg B	Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane	Topic: Water Cycle	9.30 to10 am				
Sr Kg A	Shalki Hirave Midhatfatem a Sheila	Theme: Underwater	Concept	<ul style="list-style-type: none"> Water cycle working model was made. Demonstration of Process of the water cycle was shown. Evaporation, condensation, Precipitation, Collection, was taught. 			9 to 9.30 am								
Sr Kg B	Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane	Topic: Water Cycle			9.30 to10 am										
1 Sept 2023 Friday Lesson 1	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 15%;">Jr Kg A</td> <td style="width: 15%;">Afra Mashhadi Disha Patil</td> <td style="width: 15%;">Theme: Going green Topic: Oval shape</td> <td rowspan="2" style="width: 15%;">Concept</td> <td rowspan="2" style="width: 35%;"> <ul style="list-style-type: none"> Story-telling method was used. Many oval objects used in day-to-day life like mirror, tomato, kiwi, etc. were included in the story as examples to give clarity of oval shape. </td> <td style="width: 15%;">10.30 to 10.50 am</td> </tr> <tr> <td>Jr Kg B</td> <td>Haley Chheda Abeera Shaikh</td> <td></td> <td>9 to 9.20 am</td> </tr> </table>	Jr Kg A	Afra Mashhadi Disha Patil	Theme: Going green Topic: Oval shape	Concept	<ul style="list-style-type: none"> Story-telling method was used. Many oval objects used in day-to-day life like mirror, tomato, kiwi, etc. were included in the story as examples to give clarity of oval shape. 	10.30 to 10.50 am	Jr Kg B	Haley Chheda Abeera Shaikh		9 to 9.20 am				
Jr Kg A	Afra Mashhadi Disha Patil	Theme: Going green Topic: Oval shape	Concept	<ul style="list-style-type: none"> Story-telling method was used. Many oval objects used in day-to-day life like mirror, tomato, kiwi, etc. were included in the story as examples to give clarity of oval shape. 			10.30 to 10.50 am								
Jr Kg B	Haley Chheda Abeera Shaikh				9 to 9.20 am										
	Nursery	Sana Qureshi Greta D'costa	Theme: Going green	<ul style="list-style-type: none"> Skit was performed using real vegetables to introduce it to children. 	9.30 to 9.45 am										

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			Topic: Introduction to Vegetables	Concept	<ul style="list-style-type: none"> ● Bell pepper, beetroot, potatoes, cabbage, cauliflower, carrots, okra, brinjal, spinach were included in the lesson. ● Points covered - identifying vegetables, its colors & its importance. 	
15 Sept 2023 Friday Group Lesson		Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane Shalki Hirave Midhatfatem a Shelia Sana Qureshi Greta D'costa	Theme: Festival Topic: Ganesh Chaturthi Eco Friendly ways to celebrate Ganesh chaturthi	Drama / Skit	<ul style="list-style-type: none"> ● Performed a drama / skit on Ganesh Chaturthi. ● How to celebrate it in an eco-friendly & environment friendly way was taught. ● Followed by skit and a dance. 	09.30 to 10 am & 1 to 1.30 pm
6 Oct 2023 Friday Lesson 2	Jr Kg A	Afra Mashhadi Disha Patil	Theme: Growing Healthy Topic: Origami (Tulip)	Art & craft	<ul style="list-style-type: none"> ● The step-by-step process on how to make tulips with origami paper was shown in a chart. ● Children were guided to make tulip step by step. 	9 to 9.20 am
	Jr Kg B	Haley Chheda Abeera Shaikh				9.10 to 9.30 am
	Nursery	Sana Qureshi Greta D'costa	Theme: Growing Topic:Healthy Introduction to fruits	Concept	<ul style="list-style-type: none"> ● Puppet show method was used to introduce fruits to the children. ● Pineapple, apple, banana, plum, cherry, grapes, orange, sweet lime, watermelon, chikoo, mango, papaya, & strawberry were introduced. taught. 	9.20 to 9.35 am
13 Oct 2023 Friday Lesson 2	Sr Kg A	Shalki Hirave Midhatfatem a Sheila	Theme: Growing Healthy	Concept	<ul style="list-style-type: none"> ● Small stalls were set up for each of 5 senses. ● Hands-on experience on the 5 senses of touch, smell, see, hear & taste was given with different real-life things. ● A small demonstration of making juice was done with children. 	9.30 to 10 am
	Sr Kg B	Khushboo Thakkar Rukaiyah Karachiwala Saloni Rane	Topic: 5 Senses			9.15 to 10 am

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21 Oct 2023 Saturday Navratri	Afra Mashhadi Disha Patil Sana Qureshi Greta D'costa Haley Chheda Abeera Shaikh	Theme: Festival Topic: Navratri Ma Durga skit	Drama / Skit	<ul style="list-style-type: none"> • A drama was performed which showed the reason why Navratri is celebrated. • It depicted the importance of the 9 days fight of maa Durga & Mahishasur. • Followed by skit, dance was done. 	9.30 to 9.45am & 12 to 12.15p m
27 Oct 2023 Friday In School	All Students			<ul style="list-style-type: none"> • All students assisted Teachers in sports day preparation 	8.30 to 11.30 am
1 Nov 2023 Wednesday Sports Day	All Students	Theme: Sports Supported in different sports		<ul style="list-style-type: none"> • Students supported the school staff in conducting the different sports activities arranged by them. Different stations were made - Zumba, hopscotch, hop skip jump, ring game, track race, don't let ball roll. 	7.45 am to 12 pm

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UNDER THE GUIDANCE OF **PROF. DR. KAMINI PRAKASH REGE** AS A
COURSE IN NEP MSC PART I SEM I
ELECTIVE 1 - PROGRAMMES AND INTERVENTIONS FOR YOUTH - PRACTICAL

Visits to Organizations planned by Students:

Sr. No	Name Address Contact Website of the organization	Day Date Timing of the visit	Service provided	Beneficiaries	Student Organizer
1	Aarine Foundation Gaondevi Krupa building, opposite Ghansali post, Navi Mumbai- 400709 9222238888 https://www.aarine.in	16th October,2023 Monday 4pm	Skill development Livelihood Education	Youth, underprivileged, differently abled and women.	Sana Qureshi
2	Kripa foundation 81/ A, Next To Lilavati Hospital, Chapel Road, Bandra West, Mumbai, Maharashtra 400050 +919930665105 https://kripafoundation.org/	31st October 2023, Tuesday 4:30- 5:30pm	In-house rehabilitation program, nursing home, patient counselling and therapeutic interventions	Addiction and HIV/AIDS	Midhat Fatema Shelia
3	Canossa Jevan Vikas Kendra Mahakali Caves Rd, Subhash Nagar, Andheri East, Mumbai, Maharashtra 400093 +91 77382 39868	6th Nov 2023, Monday 5:00 to 6:00pm	They reach out to the marginalized and provide education, insight and a lot more	Women, children, adolescents, youth, LGBTQ, Migrant, senior citizens, physically challenged.	Greta D'Costa
4.	Humsafar Trust Vakola Market, Santacruz, P and T Colony, Vakola, Santacruz East, Mumbai, Maharashtra 400055 +91 9892940966 info@humsafar.org	8th November 2023 Wednesday 5 pm to 6:30 pm	Legal Rights, support and other services for LGBTQ Community	LGBTQ - 18+ Years of age.	Rukaiya Karachi wala
5	YUVA Parivartan/ Kherwadi social welfare Social Welfare Association, Ram Mandir Rd, opp. Kherwadi, Kherwadi, Bandra East, Mumbai, 400051 98330 63924 https://www.yuvaparivartan.org/	9th November 2023 Thursday 4:30 to 6:00 pm	Mobilization drives, support services for youth and underprivileged people	Youth focusing on 18 to 35 years.	Afra Mashadi

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6	Talk to me 104 / 7-C Udyog Mandir 1 Pitamber Lane Inside Paradise cinema lane, Mahim West Mumbai – 400016 7400157640 https://talktome.co.in/	10th November 2023 Friday 4:30-5:30 pm	Counseling and therapy services to underprivileged and deprived sections of society	Youth and young adults 20-45 years.	Abeera Shaikh
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UNDER THE GUIDANCE OF **MS. RHONDA DIVECHA** AS A
COURSE IN NEP MSC PART I SEM I
ELECTIVE 2 - PROGRAMMES AND INTERVENTIONS FOR THE ELDERLY - PRACTICAL

Visits and Activities conducted by the students in the following centers:

Sr no	Name	Name of Organisation	Address	Activities/ Workshop conducted	Date and timing of workshop	Target group of workshop and no of beneficiaries
1	Haley Chheda	Shanti Bhavan	Shanti Bhavan, St Joseph Colony, Rambaug, Kalyan, 421301	Passing the parcel - Icebreaker / Introduction Sing a song with a given word	05/01/2024 4.30 pm to 5.30 pm	Beneficiaries are the 23 Christian elderlies above the age 65 with good health.
2	Khushboo Thakkar	Our Lady of Peity Home for the Aged	Society of Our Lady of Piety. Marine line, Mumbai - 400002	Pass the bass and do something, write a letter your love one and hand print Christmas tree.	14 Dec, 2023 4.30 pm to 6.30 pm	Beneficiaries are the 16 Christian elderlies above the age of 55 with some health issues.
3	Disha Patil	Heaven Old Age Care Centre	Gharge Compound, Gaon Devi Rd, near Vitthal mandir, Sadanwadi, Bhandup(w). 400078	Nature Art, Paper holding in Spoon, Dance	20/12/23 4.30pm to 6.30 pm	Beneficiaries are the 60 yrs above around 16 elderly are residing and some of them are Bedridden or on the wheelchair

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4	Saloni Rane	Om Satyam Care Foundation - Old-age	Plot no. 162, 182, RSC 50, near Gorai Khadi, Shrunagar Society, Gorai 2, Borivali, Mumbai, Maharashtra 400092	Basketball and Lagori, Tai chi, Thumb Printing	09/11/2023 4.30 pm to 6.45 pm	Beneficiaries are the 20 elderly those are bedridden, injury problem, As some of the elderly's children are living abroad they stay in the ngo.
5	Shalki Hirave	Sadadevi Care Foundation	Bungalow No. 88, near Agarwal Wedding Hall, Charkop Sector 9, Kandivali West, Mumbai, Maharashtra 400067, India	Paper folding craft, creative drawing, Tai-Chi exercise	10/01/24 5:00 pm to 6:00 pm	Beneficiaries are the 18 elderly. Some are bedridden, others are active, some have low fine motor abilities, few of them like to sing.
6	Aishwar ya Jagtap	Citizen Welfare Association	101/105, Dr Babasaheb Ambedkar Rd, Gorai 1, Borivali West, 400092	Socio-emotional activities were majorly focused. Music and movement. Ball passing and perform	12/12/2023 4.30 pm to 6.30 pm	Beneficiaries are majorly elderly. This organization assist the people with special need and needful found alongside road.

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UNDER THE GUIDANCE OF **PROF. DR. KAMINI PRAKASH REGE** AS A
COURSE IN NEP MSC PART I SEM I
ELECTIVE 1 - PROGRAMMES AND INTERVENTIONS FOR YOUTH - PRACTICAL

Internship and placement accomplished by the students for a period of 60 hours

Sr no	Name	Name of center and address	Inter nship Durat ion	Workshops conducted	Date and duration of worksho p	Target group of workshop and no of inmates
1	Greta D'Costa	Margaret Bosco Bal Sadan H.No. 6, Gandhyar, Paliem, Ucassaim P. O., Bardez, Goa, 403507	19th Nov 2023 – 25th Nov 2023	Lead- 1. Mental Health	22nd Nov 2023 09:00am– 12:00 pm.	14 - 20 year old and No. of participants (8 students)
				Lead- 2. Youth personality grooming and development	24th Nov 2023 03:00pm– 06:00 pm	14 - 20 year old and No. of participants (8 students)
		Red Boys Foundation Plot No 2, Room No, 113, Bharat Nagar Rd, G Block BKC, Patthar Nagar, Bharat Nagar, Bandra East,Mumbai, Maharashtra 400051	14th Dec 2023 – 7th Jan 2024	Lead- Exam anxiety Assistant -Time management and Goal setting	6th Jan 2024 3:30 pm - 5:00 pm	15-year-olds No of Participants: 12 students
2	Rukaiyah Karachiwala	Red Boys Foundation Plot No 2, Room No, 113, Bharat Nagar Rd, G Block BKC, Patthar Nagar, Bharat Nagar, Bandra East, Mumbai, Maharashtra 400051	14th Dec 2023 - 9th Jan 2024	Lead: Time management and Goal setting Assistant: Exam Anxiety	6th Jan 2024 3:30 pm to 5:00 pm	15-year-olds No of Participants: 12 students

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3	Sana Qureshi	Bright Future - 52/A, First Floor, Kamgar Nagar, SG Barve Marg, Kurla, Mumbai, Maharashtra 400024	5th dec,2023-23rd dec,2023	Lead- 1.Communication Skill (effective communication, rumors, active listening, hearing, listening, and how to communicate)	22 nd dec,2023 11:00-2:00pm and 23 rd Dec, 2023 1:00 - 4:30 pm	18-21 year old and No of participants (16-17)
				Assistant - 2.Confidence (individual confidence, confidence as a group, how to boost confidence and self-esteem and how to tackle lack of confidence at workplace)	22 nd dec,2023 11:00-2:00pm and 23 rd Dec 2023 1:00 - 4:30 pm	18-21 year old and No of participants (17-18)
4	Afra Mashhadi	Bright Future - 52/A, First Floor, Kamgar Nagar, SG Barve Marg, Kurla, Mumbai, Maharashtra 400024	8th Dec 2023 - 23rd Dec,2023	Lead- 1.Confidence (individual confidence, confidence as a group, how to boost confidence and self esteem and how to tackle lack of confidence at workplace)	22 nd dec,2023 11:00-2:00pm and 23rd Dec 2023 (1:00 - 4:30pm)	18-21 year old and No of participants (16-17)
				Assistant - 2.Communication Skill (effective communication, rumors, active listening, hearing, listening, and how to communicate)	22 nd dec,2023 11:00-2:00pm and 23 rd dec, 2023 1:00 - 4:30 pm	18-21 year old and No of participants (17-18)
5	Abeera Shaikh	Bright Future Dr. E. Moses Road, Near Four Seasons Hotel Worli,	5th Dec - 27th Dec 40 hrs	Lead- 1.Stress management at workplace (for fresher)	21st Dec 3:00 pm- 5:00 pm	youth between 18-20 years (26 students)

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		Mumbai - 400018, Mumbai, Maharashtra 400013		Assistant - 2. Self-awareness and self-esteem in Youth	14th Dec 2:30pm-4:30pm	youth between 18-25years (12 students)
6	Midhat Shelia	Bright Future Dr. E. Moses Road, Near Four Seasons Hotel Worli, Mumbai - 400018,	5th Dec-27th Dec 40 hrs	Lead- 1. Self awareness and self esteem in Youth Assistant - 2. Stress management at workplace (for fresher)	14th Dec 2:30pm-4:30pm 21st Dec 3:00 pm-5:00 pm	youth between 18- 25 years (12 students) youth between 18-20 years (26 students)

UNDER THE GUIDANCE OF **MS. RHONDA DIVECHA** AS A
COURSE IN NEP MSC PART I SEM II
ELECTIVE 2 – APPLICATIONS IN POSITIVE PSYCHOLOGY - PRACTICAL

Visits and Activities conducted by the students in the following centers:

Sr no .	Name	Name of Organisation	Address	Workshop Topic/ Activities conducted	Date and timing of workshop	Target group of workshop and no of beneficiaries
1	Aishwarya Jagtap	Mona Remedial Education Center	Bullet building, 2nd floor, Lakhamsi Napoo rd, above SBI Bank, next to Matunga central railway workshop, Hanuman Nagar, Dadar, Mumbai 400014	Topic - Gratitude and Happiness	15th July 2024 9 to 10:15 am	Children with special needs, age 13 years and above; 4 boys and 2 girls.
2	Khushboo Thakkar	Kanji Khetshey Chhatralaya Hostel	Mint Road, Meena Mehta Rd, Ballard Estate, Fort, Mumbai, Maharashtra 400001	Topic: Forgiveness	18th July 2024 8:00 to 9:00pm	College students: 17 years and above. With 31 female students.

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3	Saloni Rane	Jinshiksha	Chikoowadi, Borivali West, Mumbai, Maharashtra 400092.	Topic - Happiness	25/06/2024 9:00 am to 5:00 pm	Children with special needs 18 years and above both (male & female). (25 students)
4	Disha Patil	Mumbai Mobile Creche (B.G Wadala Centre)	M/S. B.G. SHIRKE CONSTRUCTI ON TECH PVT.LTD. CPWD PROJECT AT WADALA, DAYA SHANKAR MEMORIAL CHOWK, SULEMAN PLOT, ANIK WADALA ROAD, EASTERN FREEWAY T JUNCTION, WADALA- EAST, MUMBAI 400037.	Topic- Self- efficacy	20/7/2024 2.30 pm to 4.00 pm	Construction workers Children's Age: 10 - 12 years; 8 boys and 4 girls were there for the workshop

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MSc2

Internship of MSc2 Students under the Guidance of Prof. Bakshi (Semester III)

MSc2 Internship

All MSc2 students were placed in **The Somaiya School** in the first term.

The Somaiya School, Vidyanagar, Vidya Vihar East, Ghatkopar East, Mumbai, Maharashtra 400077

School Counselling and Special Education/Remedial Education Focus, promoting awareness and knowledge of mental health among school students.

Internship of MSc 2 students under the Guidance of Ms. Payal Maheshwari (Semester IV)

S. No.	Name of the students	Organization name and address	Link of details of activity
1.	Jerusha Gabral	Aasish Foundation 122, Unique Ind. Est., Twin Tower Lane, Prabhadevi, Mumbai - 400025, INDIA	https://docs.google.com/spreadsheets/d/1dEPtX9Kgr3L3Tnhv830YMHQ1UdSJhw9tALd2O_nPyu0/edit?gid=1153235192#gid=1153235192
2.	Hurin Chawre	Family First Guidance Centre Juma Masjid of Bombay, 46, Janjiker St, Mumbai - 400002	
3.	Ayesha Siddiqui	Family First Guidance Centre Juma Masjid of Bombay, 46, Janjiker St, Mumbai - 400002	
4.	Abigail Fernandes	A.K. Munshi Yojana Special School 31, Panjirapole 3rd Lane, 3rs Psnjarapole Lane, Cawasji Patel Tank Rd, near Gulalwadi Circle, Mumbai, Maharashtra 400004	
5.	Jennifer James	A.K. Munshi Yojana Special School 31, Panjirapole 3rd Lane, 3rs Psnjarapole Lane, Cawasji Patel Tank Rd, near Gulalwadi Circle, Mumbai, Maharashtra 400004	
6.	Batul Ghadiyali	TRINAYANI - Creating awareness about disability B 704 Divya Shrushti,Gaurav Garden Complex,1 Bandar Pakhadi Road, Kandivali (W), MUMBAI 67	
7.	Lydia Samuel	TRINAYANI - Creating awareness about disability B 704 Divya Shrushti,Gaurav Garden Complex,1 Bandar Pakhadi Road, Kandivali (W), MUMBAI 67	
8.	Manjiri Pimpalgaonkar	TRINAYANI - Creating awareness about disability B 704 Divya Shrushti,Gaurav Garden Complex,1 Bandar Pakhadi Road, Kandivali (W),	

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		MUMBAI 67	
9.	Misbah Khan	SevaDan Special School, 243, St Anthony's Rd, Chembur, Mumbai, Maharashtra 400071	
10.	Mahima Shukla	SevaDan Special School, 243, St Anthony's Rd, Chembur, Mumbai, Maharashtra 400071	
11.	Bhairavi Nayak	Nav Divyang Foundation, Ramji Mahadev Compound, Near Hotel Mumbai Darbar, N.M. Joshi Road, Lower Parel (E) Vrindavan association, Bhoomi Elegant, Bungalow no. 4 and 5, behind Ryan international School, near Ramdas kadam bungalow, Thakur Complex, Kandivali East, Mumbai, Maharashtra 400101	

Student Led Activity: MSc 2 students organised Alternative Therapy Sessions under the guidance and mentorship of Ms. Payal Maheshwari

S. No.	Name of the students	Name of the Therapy Session & Date	Name of the Resource Person	Link of details of activity
1.	Jerusha Gabral	Pet Therapy, 27 th Jan 24	Karn Shah Certified canine trainer and behaviourist Shivneri Building, SHP Marg, behind Catering college, opp. Vaze Hospital, Dadar West, Dadar, Mumbai, Maharashtra 400028	https://docs.google.com/spreadsheets/d/11fJKXjeB-WpBNa1DcRIN0UAg7ZYO_hhEA02_vA_R0tI/edit?gid=1521309933#gid=1521309933
2.	Hurin Chawre	Music Therapy, 30 th March 24	Dr Roshan Mamsukhani, Specializes in Music Therapy and Motivational Counselling	
3.	Ayesha Siddiqui	Flower Therapy, 26 th March 24	Marrgalit Ramakryshnan Chordekar, Reiki Master since 1994, Bach flower therapy certified from Edward Bach University UK, Certified Logo therapist	
4.	Abigail Fernandes	Inner Child Therapy and Jin Shin Jyutsu, 1 st April 24	Ms. GeetuThackur, Holds a Master's degree in Management. Intense training in Shamanism, including Shamanic Drum Circles and Ho'oponopono Meditations. Certified Angel Therapy Practitioner Certified in Sound bowl Healing and Sounds of Shiva. Certified Reconnective Healing Facilitator and Mudra Healing practitioner. Offers Oracle Card Readings and Huna Stones Readings.	

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			Facilitates sessions to explore family dynamics and ancestral patterns. Specializes in helping clients heal past wounds and traumas. Practices Jin Shin Jyutsu as a Self-Healing Modality. Trained in Emotional Freedom Technique (EFT) and Chakra Healing.
5.	Jennifer James	Sound Healing Therapy, 6 th April 2024	Mr. Advait Danke Internationally Certified Sound Therapist with Major in Ayurveda & Yogic Sciences (Nada Yoga) • Internationally Certified Music Therapist with Major in Ayurveda & Indian Classical Music (Raga-Chikitsa) • Certification in Pulse Diagnosis (Nadi Pariksha) • Certification in Marma Therapy (Marma Chikitsa with Ayurveda) • Certification in Medical Astrology (Ayur-Jyotisham) • Certification in Clinical PanchaKarma • Certification in Keraliyan Therapy • Certification in Ayurvedic Gynecology & Obstetrics • Certification in Applied Accupressure.
6.	Lydia Samuel	Play Therapy, 24 th Feb 2024	Mrs. Triveni Jhaveri B.Ed. NILD-Level 1 Special Education Play Therapy for Children with Special Needs (Completed) Play Therapy Skills - Special Needs Children (Ongoing) Orton Gillingham - IMSE Intermediate (on going). Freelancing Special Educator remedial for children with learning difficulties and incorporate it with Play Therapy.
7.	Manjiri Pimpalgaonkar	Drama Therapy, 9 th March 2024	Ms. Anupriya M. Banerjee, Experienced Creative Director and Drama Therapist with a demonstrated history of working in the mental health care industry. Skilled in Film Direction, Theatre, Community Mental Health, Journalism, and Film Production. Strong healthcare services professional with a Master of Arts - MA focused in Drama Therapy from New York University.
8.	Misbah Khan	Hypnotherapy, 16 th March 2024	Dr. Ameeta Thacker, Ardent Believer in Holistic Healing, Practitioner of classical Homoeopathy since 14 years, Integrated Clinical Hypnotherapy since 5 years

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17. PRIZES AND AWARDS RECEIVED:

A. BY STUDENTS

Sr. No.	Names of the student	Level / class	Prize	Staff who guided/ responsible	Details of the Prize/Award
	Jennifer James, Abigail Fernandes, Jerusha Cabral	Postgraduate	Second Prize+ Merit Certificate	Prof. Dr. Kamini Prakash Rege	<i>“Challenges and Strategies Perceived by Bank Employees at the workplace regarding Sexual Harassment”</i> , paper presentation at National level Intercollegiate Research Paper Presentation on “Exploring Modern Global Business Practices” 14/08/23 from 11am onwards Malad Kandivali Education Society’s NAGINDAS KHANDWALA COLLEGE
	Jennifer James	Postgraduate	Third Rank+ bronze medal+ Merit Certificate	Prof. Dr. Kamini Prakash Rege	<i>“Assisting Your Spouse During Perimenopause: A Guide for Husbands”</i> Qualified for Maharashtra State Inter-University Research Convention held at DLLE Audio Visual Hall, Second Floor, Vidyapeeth Vidyarthi Bhavan, ‘B’Road Churchgate, Mumbai 8:30 onwards Aavishkar Inter-Collegiate/ Institute/ Department Research Convention; University of Mumbai 22/12/23
	Jennifer James	Postgraduate	First Position Merit Certificate & Participation Certificate & A Trophy	Prof. Dr. Kamini Prakash Rege	<i>“Sexual Harassment At Workplace: Perception Of Bank Employees”</i> JIGNYASA 2024: A Research Meet organized by SIES College of Arts, Science and Commerce (Autonomous), Mumbai on 13th March 2024.
	1. Ms Megan Monterio 2. Ms Zainab Rajkotwala 3. Ms Sweta Ghoshal	UG (TYBSc)	National Level – 2 nd Prize	Ms. Khyati Sampat	Award /Prize- Won the 2 nd Prize & Cash Prize of Rs 3000/- Name of the Research Competition - AARYA (Awareness & Action Research for Youth Awakening” Undergraduate Research Competition held in Virtual Mode at the National Level Category - Social Science, Humanities, and Allied Fields

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	4. Ms Arwa Bootwala 5. Ms Rukaiya Kantawala				Date of Competition - 28th February 2024 Organized by - College of Home Science, Nirmala Niketan Research Topic: Newly Married Individuals' Experience: Perceived Positives and Stressors
1.	-PALAK SANGHAVI -LIZA PETKAR -ESHIKA WAGH -KARUNA CHANCHLANI -SHRADHA KAMBLE	UG (Third Year Students)	National Level - 1st Prize	Ms. Virginia J. Dias	Award/Prize- Won the 1st Prize & Cash Prize of Rs 5000/- Name of the Research Competition - AARYA (Awareness & Action Research for Youth Awakening” Undergraduate Research Competition held in Virtual Mode at the National Level Category - Social Science, Humanities, and Allied Fields Date of Competition - 28th February 2024 Organized by - College of Home Science, Nirmala Niketan Research Topic - The Awareness and Perceptions of Participants about Hospice Services in Mumbai

B. BY THE STAFF MEMBERS

Sr. No.	Name of the staff member	Details of the Prize/award

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18. RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of journals, books)

Prof. Dr. Anuradha J. Bakshi

Sr. No.	Details of the extra-mural recognition
1.	Chairperson, Board of Studies for Human Development and Family Studies, Faculty of Family and Community Sciences, Maharaja Sayajirao University of Baroda, Gujarat (until end of August 2023)
2.	Member, Board of Studies for Human Development, Dr. BMN College of Home Science (Autonomous), Matunga, SNDT University
3.	Member (Subject Expert from Other University), Board of Studies in Home Economics— Child Development, Smt. Maniben M.P. Shah Women’s College of Arts and Commerce (Autonomous), Matunga, SNDT University (2022 to 2025)
4.	Consulting Editor, <i>British Journal of Guidance & Counselling</i> (BJGC), a Scopus journal, published by Routledge, Taylor & Francis
5.	Advisory Board Member, <i>International Journal for Educational and Vocational Guidance</i> , published by Springer
6.	Reviewer, <i>Australian Journal of Career Development</i> , published by Sage
7.	Reviewer, <i>Psychological Studies</i> , published by Springer
8.	Editorial Board Member, <i>Bombay Psychologist</i>
9.	Chairperson, Ethics Committee, Muktangan Education Trust
10.	Review Editor, <i>Sambhasan Quarterly</i> , a Free Open Access Peer-Reviewed Interdisciplinary Quarterly Journal of the University of Mumbai
11.	Member, Editorial Advisory Committee for the interdisciplinary peer-reviewed journal, “ <i>IDEAS</i> ” of the UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai (ISSN No. 2320-0162)
12.	American Psychological Association (APA) invited member APA Membership ID: C2304527268

Sr .No.	Name of the staff member	Details of the Recognition
1.	Prof. Dr. Kamini Prakash Rege	IQAC - NAAC committee Planning Organizing and Implementing Activities as well as feedback Member Statutory committee College of Home Science Nirmala Niketan
2.	Prof. Dr. Kamini Prakash Rege	Criteria I NAAC Planning Organizing and Implementing Activities as well as feedback Convenor Statutory committee College of Home Science Nirmala Niketan

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3.	Prof. Dr. Kamini Prakash Rege	LMC / CDC {College Development Committee} academic body Elected Member Statutory committee College of Home Science Nirmala Niketan
4.	Prof. Dr. Kamini Prakash Rege	Student Research and Competition Research Committee (Avishkar and AARYA) Planning Organizing and Implementing Activities as well as feedback Convenor Non- Statutory committee College of Home Science Nirmala Niketan
5.	Prof. Dr. Kamini Prakash Rege	UMIC – unfair means inquiry committee Member Statutory committee College of Home Science Nirmala Niketan
6.	Prof. Dr. Kamini Prakash Rege	Women’s Development Cell Planning Organizing and Implementing Activities as well as feedback Member Statutory committee College of Home Science Nirmala Niketan
7.	Prof. Dr. Kamini Prakash Rege	Admissions Committee for T.Y. BSc and MSc Part I Member non- Statutory committee Dept of Human Development
8.	Prof. Dr. Kamini Prakash Rege	Research committee Member Non-Statutory committee College of Home Science Nirmala Niketan
9.	Prof. Dr. Kamini Prakash Rege	Civil service and other competitive examination committee Member Non Statutory committee College of Home Science Nirmala Niketan
10.	Prof. Dr. Kamini Prakash Rege	Purchased books for ECCE lab for the funds provided Department staff member Dept of Human Development
11.	Prof. Dr. Kamini Prakash Rege	Fulfilled roles and responsibilities assigned by the Department /specialization and college Department staff member Dept of Human Development at College of Home Science Nirmala Niketan

Other Activities Accomplished at the College Level and outside College: Prof. Rege

Accomplished updating and procuring providing documents AQAR report 2021-2022 for Criteria I NAAC as well as Planning Organizing and Implementing Activities as well as worked for feedback

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Accomplished updating and procuring providing documents AQAR report 2022-2023 for Criteria I NAAC as well as Planning Organizing and Implementing Activities as well as worked for feedback																														
Actively participated IQAC - NAAC committee for Planning Organizing and Implementing Activities as well as feedback, Initiative of College of Home Science Nirmala Niketan through the year 2023-2024																														
Attended and actively participated and provided constructive suggestions CDC {College Development Committee} academic body for progress and promoting informational amendments																														
UMIC – unfair means inquiry committee: sharing with respective undergraduate and post graduate levels; discussing and documenting the unfair means used by students thorough the year during examinations																														
Purchased equipment and materials for the department worth lakhs																														
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Sr .No.	Name of the staff member	Details of the Recognition
1.	Rhonda Divecha	IQAC - NAAC Committee (Criterion IV)
2.	Rhonda Divecha	Convener of NAAC Criterion IV – Infrastructure and Learning Resources
3.	Rhonda Divecha	Head of Department of Human Development
4.	Rhonda Divecha	College Management Committee - Member
5.	Rhonda Divecha	Student Council Committee - Convener
6.	Rhonda Divecha	Examination Committee - Member Also part of the Flying Squad for two colleges: St. Xavier’s Institute of Education & College of Social Work, Nirmala Niketan
7.	Rhonda Divecha	Employment Placement Cell - Member
8.	Rhonda Divecha	Admission Committee - Member
9.	Rhonda Divecha	Timetable Committee - Member
10.	Rhonda Divecha	Attendance Committee - Member
11.	Rhonda Divecha	Feedback Committee - Member
12.	Rhonda Divecha	Library Committee - Member
13.	Rhonda Divecha	Purchase Committee - Member

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Sr. No.	Name of the staff member	Details of the Recognition
1.	Payal Maheshwari	IQAC - NAAC committee (Criterion V)
2.	Payal Maheshwari	NAAC Criterion V – Student Progression and Support Convenor
3.	Payal Maheshwari	CDC {College Development Committee} academic body Elected Member
4.	Payal Maheshwari	College RUSA Coordinator Liasioning between college and RUSA office and attending review meeting (in person and online) organized by RUSA office. Supervising and Carrying out all RUSA related activities of purchase of items and infrastructure related civil work, update of fund status regularly,
5.	Payal Maheshwari	Cultural Committee - Convenor) The organization of Literary and Fine art events (Zone 1), 56 th Youth Festival organised by the University of Mumbai in the college for the first time. Planning Organizing and conduction of all college and intercollegiate cultural Events. Encouraging students to participate in intercollegiate events.
6.	Payal Maheshwari	Divyangjan Committee Convenor
7.	Payal Maheshwari	Vishaka Committee Member
8.	Payal Maheshwari	Library Committee Member
9.	Payal Maheshwari	Scholarship committee Member
10.	Payal Maheshwari	Editorial Board 2016 to date <ul style="list-style-type: none"> ● Journal of International Special Needs and Education (ISSN Print 2159-4341), Published by Division of International Special Education and Services (CEC), Arlington, VA, USA. Nominated as Reviewer for <ul style="list-style-type: none"> ● Psychological Studies Published by Springer publications ● British Journal of Guidance and Counseling, Published by Taylor and Francis Reviewer 2013 to date <ul style="list-style-type: none"> ● <i>US-China Education Review A & B (ISSN2161-623X, USA)</i>. Published by David publishing company, USA.

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		Journal of Modern Education Review (ISSN: 2155-7993), Academic star publishing company, New York, USA
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S.No.	Name of the Staff member	Recognition as	Details of the recognition
1.	Ms. Khyati Sampat	Member, Board of Studies	Member, Board of Studies at Department of Human Development, SVT College of Home Science (Autonomous), SNDT Women's University, Juhu for a period of 3 years from 1 st June 2021 to 31 st May 2024.
2.	Ms. Khyati Sampat	'Reviewer'	'Reviewer' for British Journal of Guidance and Counselling, Routledge, Taylor & Francis.

Sr. no	Prof. Dr. Kamini Prakash Rege - ELECTION DUTY Nature Of Activities	Total days Spent per year
1.	Election duty – Indian National Election 2024: As presiding officer at Mumbai – Maharashtra Orientation Session about the Election Duty as a First Polling Officer on 27/3/2024 D. G. Ruparel College of Arts, Science and Commerce,	Full 5 days spent in the whole process
a)	Hands-on Training session 1 on 07/4/2024 [D. G. Ruparel College of Arts, Science and Commerce,	
b)	Hands-on Training Session 2; 12/5/2024; St Mary's High School (S.S.C), Nesbit Road, Mazgaon, Mumbai, Maharashtra 400010	
c)	Hands-on Training Session 3; 23/4/2019; Sir Elly Kadoorie School and Junior College, Shivdas Champs Marg, Near Chaitya Temple, Opposite Laxmi Vilas Hotel, Mazgaon,	
d)	Collection of polling materials and setting up the Polling Booth; 19/05/2024; Depot Dharavi (SC), Sion Koliwada,	
e)	Election Duty at the Polling Booth; 20/5/2024, 180- Sion Koliwada Assembly Constituency, Mumbai City	

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Sr. no	Rhonda Divecha - ELECTION DUTY Nature Of Activities	Total days
1	Election duty – Lok Sabha Election 2024: As First Polling Officer at Mumbai – Maharashtra Orientation and Hands on Training Session about the Election Duty as a First Polling Officer on 27/3/2024 D. G. Ruparel College of Arts, Science and Commerce, Mumbai.	Two days spent in the process
2	Orientation Session about the Election Duty as a First Polling Officer on 7/04/2024 D. G. Ruparel College of Arts, Science and Commerce, Mumbai.	

Sr. no	Payal Maheshwari - ELECTION DUTY Nature Of Activities	Total days
1	Election duty – Lok Sabha Election 2024: As First Polling Officer at Mumbai – Maharashtra Orientation Session about the Election Duty as a First Polling Officer on 7/04/2024 D. G. Ruparel College of Arts, Science and Commerce,	Full 5days spent in the whole process
2	Hands-on Training session on 16/5/2024 , 180 Wadala Vidhansabha Madhyavarti Karyalay, MahanagarPalika New Building, CSN 355 B, Bhagwan Valmiki Chauk, Vidyalankar Marg, Wadala East, Mumbai – 37	
3	Collection of polling materials and setting up the Polling Booth; 19/05/2024; 180 Wadala Vidhansabha Madhyavarti Karyalay, MahanagarPalika New Building, CSN 355 B, Bhagwan Valmiki Chauk, Vidyalankar Marg, Wadala East, Mumbai - 37	
4	Election Duty at the Polling Booth; 20/5/2024. 218, Parel Bhoiwada Municipal Marathi School No 1, Open Ground Pandal, St Xaviers Street, Opp. Bhoiwad Court, Parel, Mumbai-12. Team No: 1800132	

Ms Khyati Sampat

Sr. no	ELECTION DUTY Nature Of Activities	Total days
1.	Election duty – Lok Sabha Election 2024: As First Polling Officer at Mumbai – Maharashtra Orientation Session about the Election Duty as a First Polling Officer on 7/04/2024 D.G. Ruparel College of Arts, Science and Commerce	Full 5 Days spent in the whole process
2.	Election duty – Lok Sabha Election 2024: As First Polling Officer at Mumbai – Maharashtra. Second Training at DG Ruparel College of Arts, Science and Commerce.	
3.	Hands-on Training session on 11/5/2024 , 187 Colaba Vidhansabha at Jai Hind College	

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4.	Collection of polling materials and setting up the Polling Booth; 19/05/2024	
5.	Election Duty at the Polling Booth; 20/5/2024	

19. INTERNSHIP DETAILS

Already described earlier in the report.

NAME OF THE STUDENT	NAME OF THE COMPANY Address Contact Person Contact Number Email	STIPEND RECEIVED	DATES

20. FIELD WORK/EXTENSION PROGRAMME/DLLE DETAILS

Already described earlier in the report.

22. MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:

Name of Staff	Committee	Activities conducted	Drive link to the Report
Prof. Dr. Kamini Prakash Rege	Expert for examining Dissertation and Viva of MSc in Counselling for the Dept of Human Ecology at the TISS	Masters and PhD viva and research guidance committee	
Prof. Dr. Kamini Prakash Rege	Expert for examining Dissertation and Viva of IGNOU and S.N.D.T WOMENS UNIVERSITY (Post Graduate Dept of Human Development)	Masters and PhD viva and research guidance committee	
Prof. Dr. Kamini Prakash Rege	Sadhbhavana World School – Calicut, Kerala	Mentor and advisor –	
Prof. Dr. Kamini Prakash Rege	Expert on the panel of peer-reviewing committee for the International Journal “Early Childhood Research	Peer-Reviewing Committee	

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	Quarterly” as an experts to peer review and process the articles and evaluate		
Prof. Dr. Kamini Prakash Rege	e-group member of the Counsellors Association of India	e-group member	
Prof. Dr. Kamini Prakash Rege	Joint secretary at Early Childhood Association (ECA) and Association for Primary Education and Research (APER) – Pan India,	Founder Member And Joint Secretary – Activities through The Year Conduct Workshops, Training , Policy Making, Accreditation Etc.	
Prof. Dr. Kamini Prakash Rege	Life membership HSAI (Home Science Association of India);	Member	
Prof. Dr. Kamini Prakash Rege	Life membership Bal Shikshan Parishad; Indian Scientist Association (ISA)	Member	
Prof. Dr. Kamini Prakash Rege	Membership Bal Shikshan Parishad; Indian Scientist Association (ISA)	Member	

Name of Staff	Committee	Activities conducted	Drive link to the Report
Dias Virginia J.	Life membership HSAI (Home Science Association of India)	Member	

Name of Staff	Organization	Role/Position
Payal Maheshwari	<ul style="list-style-type: none"> ● Council of Exceptional Children ● International Association of Special Education ● EQ Alliance Forum ● Six Seconds, The Emotional Intelligence Network ● Australasian Human Development Association. (AHDA) ● Home Science Association of India. 	Membership of Various International Associations

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	<ul style="list-style-type: none"> ● Asian Regional Association of Home Economics (ARAHE) 	
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Name of Staff	Organization	Role/Position
Rhonda Divecha	<ul style="list-style-type: none"> ● Life Member of Home Science Association of India (HSAI) ● Life Member of Bombay Psychological Association (BPA) ● Asian Region Association for Home Economics (ARAHE) ● Life Member of Early Childhood Association (ECA) ● Life Member of Bombay Catholic Sabha (BCS) 	Life Membership of these Various Associations

23. ANY OTHER INFORMATION IN BRIEF

Major Achievements of the Department this year:

- Framing/Designing of the NEP-2020 PG curriculum, detailing of the Semester 1 syllabus.
- Implementing the new NEP-2020 PG curriculum to MSc1 students of the Department.
- Golden Jubilee celebration (1972 to 2023) along with commemorating the World Mental Health Day.
- “Chandrayaan: Reaching for the Stars” theme undergirded all our activities.
- Transitioning after the retirement of former HOD and I/C Principal, Prof. Dr. Anuradha J. Bakshi.

24. Details of Departmental Activities

Sr. No.	Activity/Course	Date	Teacher In-charge	Few details
1.	Class Orientations	MSc 2 - 28th June TY & MSc 2 - 5th July	Ms. Rhonda Divecha (Department Head)	The benefit of this is the clarity of roles and responsibilities to both students and staff.
2.	Online Diploma Course in ISL (Indian Sign Language)	Started this year on 17th August 2023	Ms. Rhonda Divecha (Course Coordinator)	25 participants of different age-groups, from different parts of India learnt to communicate with the deaf through Sign Language. This builds communication and sensitivity

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				towards those who are differently abled.
3.	World Mental Health Day Programmes & Activities	10th October 2023	Ms. Payal Maheshwari (Organising Lead) and All Dept Staff	Two sessions by our Alumna Ms. Aathira Nair (on Arts Based Therapy) and one by our former HOD Dr. Nirmala Almeida (on Mental Health of Youth in Today's World), the outcome of which was building awareness in our students (and other participants) in applying what they learnt to their own mental health.
4.	Parent Orientation & Alumni Interaction	14th October 2023	Ms. Khyati Sampat (Organising Lead) & All Dept Staff	Parents were made aware of their own and their child/wards roles and responsibilities in the college as well as about departmental events and trips due to happen and their possible support. This was also a platform for parents to become aware of the scope of Human Development in India and abroad and the Alumni to keep strong the linkages they have with their Alma Mater.
5.	MSc 1 Extension Trip to Kharasgaon	1st & 2nd Dec 2023	Prof. Dr. Kamini Rege	Benefit of this was to build awareness and sensitivity in students and to learn about the cultural lifestyle of those living in smaller towns and villages.
6.	18th Aavishkar Competition	December 2023 and January 2024	Prof. Dr. A. Bakshi, Ms. Payal Maheshwari and Prof. Dr. Kamini Rege	One doctoral student, and HD MSc 1 and 2 students participated. Participants gained a stronger base in research work and built confidence in presenting of that research. Students received recognition and awards.
7.	TY & MSc 2 Extension Trip to Bharuch	15th to 17th February 2024	Ms. Payal Maheshwari & Ms. Virginia Dias	Benefit of this was to build awareness and sensitivity in students and to learn about the cultural lifestyle of those living in smaller towns and villages.
8.	ANTARCHA KSHU Workshop by The Xavier's Resource Centre for the	22nd February 2024	Ms. Virginia Dias and Ms. Vanitha D'Souza	This was for students to build communication and sensitivity towards those who are differently abled, here specifically the blind and other visually impaired.


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	Visually Challenged (XRCVC)			
9.	Educational Tour to Amritsar/ Chandigarh	1st to 7th March 2024	Ms. Rhonda Divecha and Ms. Khyati Sampat	The purpose was to visit and get acquainted with centers and agencies related to Human Development in North India, specifically Amritsar and Chandigarh this academic year.
10.	HD Mela FUNTASTIC FEST	23rd March 2024	Ms. Rhonda Divecha (Organising Lead) and all Dept Staff	This was to build in our students the skills of organizing a major event with only minimal guidance from teachers.

25. Name of the Equipment & Materials Purchased: 2023-2024

Sr. No	Date of purchase	Particulars of Instrument	Name of the Vendor	Amount paid
1)	8th March 2024	Educational Toys	Enark Tech Private Limited	Rs 14,524/-
2)	9th March 2024	Glove Puppets	Nishit Enterprise	Rs 6,860/-
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5)	18th March 2024	Educational Toys	NB Traders	Rs 17,387.70/-
6)	7 th March 2024	Educational Books	Crossword Book Store	Rs. 32946/-
7)	12 th March 2024	Educational Books	Amar Chitra Katha	Rs. 17000/-
8)	18 th March 2024	Educational Books	Tulika Publishers	Rs.46181/-




INCHARGE PRINCIPAL
COLLEGE OF HOME SCIENCE
 Nirmala Niketan,
 49, New Marine Lines,
 Mumbai - 400 020.