

ErgoQuest 2024: Intra-Class Research Competition

The Department of Community Resource Management at the College of Home Science Nirmala Niketan (affiliated to the University of Mumbai) hosted the inaugural ErgoQuest 2024, an intra-class research competition, on 22nd April 2024. This event marked a significant change from the traditional format of the department's research viva exam, which had been in place since the inception of the one-year add-on certificate course in 2011. With ErgoQuest, the department aimed to provide a platform for students to showcase their research endeavours more dynamically and engagingly.

All 29 students enrolled in the one-year add-on certificate course eagerly participated in ErgoQuest 2024. This enthusiastic response underscored the students' keen interest in research and academic exploration.

ErgoQuest 2024 featured a revamped format, designed to enhance student engagement and foster a culture of research excellence. The event commenced at 1:15 PM and concluded at 6:00 PM, during which seven groups of students presented their research studies. Each presentation was followed by a brief Q&A session, allowing participants to delve deeper into their findings and methodologies.

To ensure the integrity and fairness of the competition, the department invited esteemed researchers and academics to serve as jury members. Their expertise and insights played a pivotal role in evaluating the research projects and selecting the winners. Dr. Minakshi Gurav (OSD, UoM Aavishkar Committee since 2018 and Assistant Professor, Dept. of Zoology at D. G. Ruparel College of Arts, Science, and Commerce, Matunga) and Dr. Rahul Shetty (Assistant Professor at Lala Lajpatrai College of Commerce & Economics, Mahalakshmi) were the invited as jury members.

In recognition of the excellent research contributions, three cash prizes were initially designated: Rs. 3000 for the first-place project, Rs. 2000 for the second-place project, and Rs. 1500 for the third-place project. However, the jury deemed an additional consolation prize necessary to acknowledge the commendable efforts of all participants.

The results were as follows:

	Title of the Research Study	Names of the students	Name of the Guide	Prize/ Award
1 st Prize	Optimizing Firefighter Safety in PPEs, Ergonomics, and Rehabilitation Facilities	Shaikh Aafiya, Sanghvi Niyati, Tahira Ticlo, and Shaikh Aruba.	Dr. Roopa Rao	Rs. 3000/-
2 nd Prize	Analysis of Prevalence And Classification of Work-Related Musculoskeletal Disorders among Physiotherapists.	Avandhika Shaju, Shruti Sawant, Sheetal Vishwas, and Zeenat Siddiqui.	Dr. Roopa Rao	Rs. 2000/-
3 rd Prize	Creating a Safe And Healthy Learning Environment: A Study on Ergonomic Safety In Preschools	Kameshwari Ushashree Mangipudi Charisma Thampy Aqsa Khan Vidhi Gada	Dr. Roopa Rao	Rs. 1500/-
Consolation	Ergonomic Evaluation of Breastfeeding Positions and Maternal Health: A Comprehensive Study on Lactating Mothers	Miloni Shah Sakshi zinjad Sadaf shaikh Akansha sharma	Dr. Roopa Rao	-

The event was graced by the presence of the Incharge Principal Dr. Vishaka Karnad and the College Manager Sr. Noella Dias, underscoring the significance of ErgoQuest within the academic community.

Participants presented a diverse array of research studies in the occupational health and ergonomics field, showcasing their ingenuity and dedication to scholarly inquiry.

A special note of appreciation goes to Mrs. Sunita Jaiswal, the Head of the Department of Community Resource Management. Mrs. Jaiswal's unwavering support was instrumental in the conception and execution of ErgoQuest 2024. Her dedication to academic excellence and

commitment to student welfare were evident throughout the event's planning and organization. Mrs. Jaiswal was also fully involved in its organization, contributing to the resounding success of ErgoQuest 2024 at every stage.

A heartfelt gratitude to the young faculty members of the Department of Community Resource Management, Ms. Sakina Chhatriwala and Ms. Sneha Chamola, for their invaluable contributions to ErgoQuest 2024. Ms. Chhatriwala's adeptness and poise as the event's compère added a touch of elegance and charm, captivating the audience with her grace and witty anecdotes throughout the proceedings. Her remarkable ability to engage and entertain kept the event lively and memorable for all attendees. The department extends its appreciation to Ms. Sneha Chamola for graciously consenting to serve as an internal jury member, and lending her expertise and insights to the evaluation process. Their dedication and enthusiasm significantly enriched the ErgoQuest experience, and we are immensely grateful for their invaluable contributions.

Dhruvi Gala, an alumna from the 2017-18 batch, provided invaluable support and motivation to participants, staying engaged with the event from start to finish.

The vibrant atmosphere and lively interactions between participants and jury members underscored the collaborative spirit of ErgoQuest.

ErgoQuest 2024 was a huge success, providing a platform for students to demonstrate their research prowess and scholarly achievements. The event's new format received positive feedback from participants and stakeholders alike, reaffirming the department's commitment to fostering a culture of academic excellence. As the department looks ahead, it plans to continue organizing ErgoQuest as an annual tradition, further empowering students to engage in meaningful research endeavours.

The Department of Community Resource Management extends its sincere gratitude to all participants, jury members, faculty members, and staff who contributed to the success of ErgoQuest 2024. Their dedication and support were instrumental in making this event a memorable and enriching experience.





**COLLEGE OF HOME SCIENCE NIRMALA NIKETAN
DEPARTMENT OF COMMUNITY RESOURCE MANAGEMENT
UNDER THE AEGIS OF IQAC**



ERGOQUEST 2024

INTRA-CLASS RESEARCH COMPETITION

Igniting Innovation and Academic Excellence!

ErgoQuest Research Competition is more than a contest - it is a platform for groundbreaking ideas.

Join us in fostering a culture of curiosity and exploration, empowering the TYCRM students to push boundaries and make meaningful contributions.

Let's inspire, motivate, and elevate the next generation of researchers together!



Marie Adelaide de Cice Hall
College of Home Science Nirmala Niketan, Mumbai - 20



22nd April 2024, Monday



10.00 am - 2.00 pm



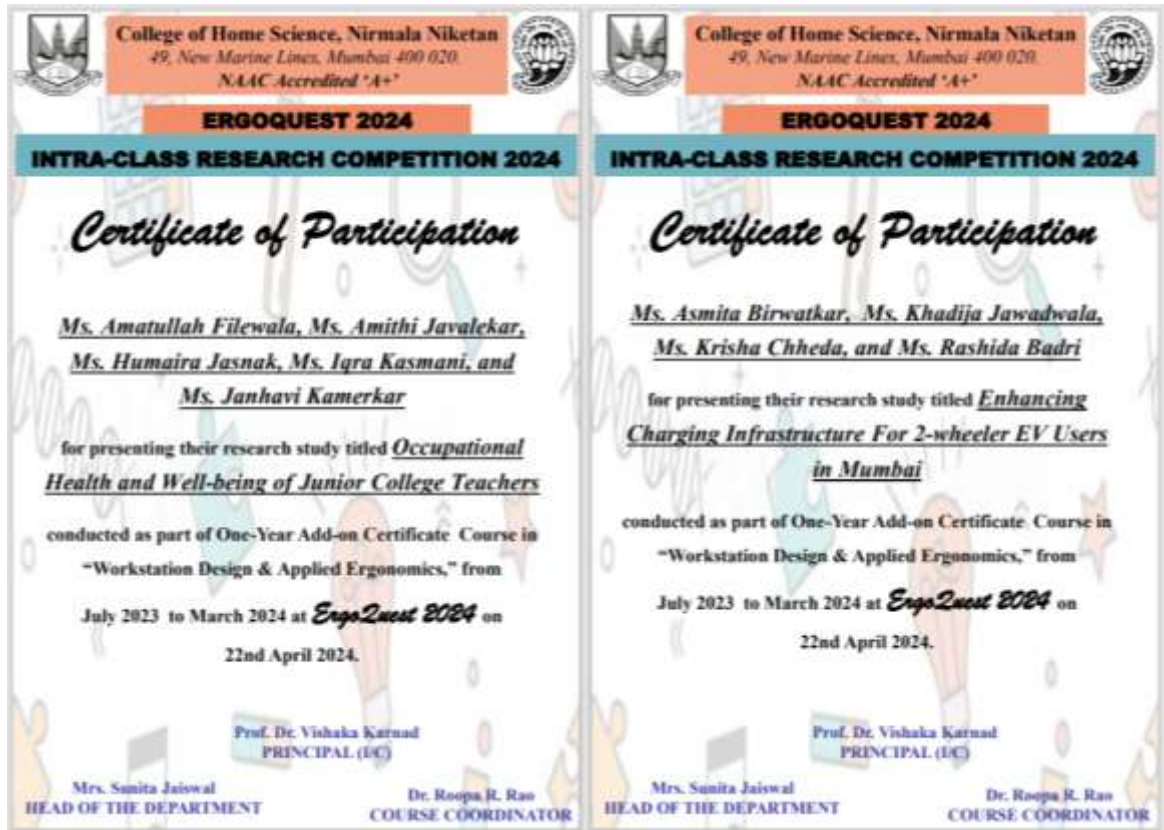
Cash Prizes and Certificates!

1st Prize - Rs. 3000/-
2nd Prize - Rs. 2000/-
3rd Prize - Rs. 1500/-



Register

<https://forms.gle/sPKp5A85bxLd636U7>



Reported by

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