#### ANNUAL REPORT 2021-2022 of the DEPARTMENT of HUMAN DEVELOPMENT

#### **JUNE 2021 to MAY 2022**

Number of Permanent Teachers: 5 (No. of positions: 6; NOC not yet granted

against retirement of Dr. Nirmala Almeida [May 2016])

Dr. Anuradha J. Bakshi: Head of Department & I/C Principal (October 2021 onwards)

Ms. Rhonda Divecha

Ms. Payal Maheshwari

Dr. Kamini Prakash Rege

Ms. Khyati Sampat

#### Number of Other Faculty: 3

Management-Appointed CHB faculty: Ms. Gulnaaz Engineer, Ms. Alyssa Rebello, Ms. Vanitha D'Souza

#### Other:

SRF: Ms. Brenda Fernando

#### NUMBER OF STUDENTS:

**T.Y. BSc.** – 50

M.Sc. Part I – 12 (Two dropped out in January 2022, one of whom completed Semester 1 successfully)

MSc Part II – 10

PhD -5 registered candidates: 1 (Dr. Nirmala Almeida, Rtd.) + 3 (Dr. Anuradha

J. Bakshi: 1 SRF ongoing, 2 others ongoing) + 1 (Dr. Kamini Rege: thesis submitted)

Value-added courses: (Names of course and Number of students):

- Arts-Based Therapy (ABT)-One Year Diploma Course: Ongoing from previous year, extended because of the COVID-19 pandemic (21 students)
- Indian Sign Language (ISL) value-added course: Not conducted this year.

# FACULTY ACTIVITIES & ACHIEVEMENTS 1A. PARTICIPATION OF STAFF IN ORIENTATION PROGRAMMES, REFRESHER COURSES ETC.

	Staff	Programme	Duration	Organized by	Certification/Grade
No.					
1.	Ms. Rhonda	Online Certificate	7 Weeks	Conducted by	Obtained Certificate
	Divecha	Course (MOOC) in	(19th May – 9th	Imperial College,	with a score of 95%
		CREATIVE	July 2021)	London through	
		THINKING:		Coursera	
		TECHNIQUES AND			
		TOOLS FOR			
		SUCCESS			
2.		Online Certificate	4 Weeks		Obtained Certificate
		Course (MOOC) in	(Completed on	Hopkins University,	with a score of 100%
		COVID Vaccine	15th February,	Baltimore,	
		Ambassador Training:	2022)	Maryland, USA,	
		How to Talk to		through Coursera	
		Parents			
3.	Ms. Payal	Interdisciplinary	5days	organized by The	Grade A+
	Maheshwari	Online Faculty	from 17th-21st of	Centre for	
		Development	January, 2022	Disability Research	
		Program (FDP) on		and Training	
		Inclusive Pedagogy:		(CDRT), Kirori Mal	
		Engaging Students		College, University	
		with Disabilities		of Delhi and	
				Xavier's Resource	
				Centre for the	
				Visually	
				Challenged	
				(XRCVC) St.	
				Xavier's College,	
				Autonomous,	
				Mumbai; in	
				collaboration with	
				Mizoram	
				University, Aizawl;	
4.	Ms. Brenda	Online Certificate	7 Weeks	Conducted by	Obtained Certificate
	Fernando	Course (MOOC) in	$(19^{th} May - 22nd)$	Imperial College,	with a score of 90%
		CREATIVE	June 2021)	London through	
		THINKING:		Coursera	
		~			
		TECHNIQUES AND TOOLS FOR SUCCESS		Coursera	

5.	Online Certificate Course (MOOC) in POSITIVE PSYCHOLOGY	4 Weeks (01st June – 18th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
6.	Online Certificate Course (MOOC) in Mindfulness and Well-being: Living with Balance and Ease	4 Weeks (15 <sup>th</sup> May – 14th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
7.	Online Certificate Course (MOOC) in Mindfulness and Well-being: Foundations	4 Weeks (10 <sup>th</sup> May – 8th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
8.	Online Certificate Course (MOOC) in Mindfulness and Well-being: Foundations	4 Weeks (08 <sup>h</sup> May – 7th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 95%

# 2. NUMBER OF RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):

• Major Research Projects: Nil

• Interdisciplinary Research Projects: Nil

• Projects sponsored by UGC: 0

• Projects Sponsored by the University/College: 0

• International Projects: Nil

**Ms. Brenda Fernando** is a **Senior Research Fellow**, Guide Dr. Anuradha J. Bakshi, receiving a full SRF grant from the UGC.

### 3. COLLABORATIONS: Dept/Individual

# Please list the collaborative activities for <u>research</u>, <u>faculty exchange</u>, <u>student exchange</u> during the year

Multiple collaborations/linkages for the purpose of student fieldwork, student internships, are listed later in the report.

### **4. PUBLICATIONS (DETAILS)**

Journals: INTERNATIONAL LEVEL

#### Dr Anuradha J. Bakshi

D										
Pape	<u>r /Article in Jour</u>	nal Public	ation							
Sr	Name of the	Year of	Title of the	Title of the	vol	ISBN	impact	Any other		
No.	author	publicati	journal	paper	(issue),		factor/			
	name/names,	on			page		H-			
					nos.,		index			
1.	Anuradha J. Bakshi (first author), Juhi Deshmukh, & Satishchandra Kumar	August, 2021	British Journal of Guidance & Counselling , 49(4), 633-636. https://doi.o rg/10.1080/ 03069885.2 021.194980 9	The psychology of pandemics: preparing for the next global outbreak of infectious disease	<i>49</i> (4), 633-636.	Print ISSN: 0306- 9885 Online ISSN: 1469- 3534	1.325	Scopus journal, Publisher: Routledge, Taylor & Francis  6 CrossRef citations		

#### Dr. Kamini Rege

Sr No.	Name of	Year of public ation	Title of the journal	Title of the paper	Vol (issue), page nos.	ISBN/ ISSN	impact factor/ H- index	Any other
	the author name/na mes							
	Dr Kamini Prakash Rege, Fallyn Pereira	March 2022	International Journal of Creative Research Thoughts (IJCRT)	Internet Pornography: Awareness Among Adolescents and Youth (13-26 Years)	Volume 10   Issue 3   March 2022 PAGES: b799- b803	ISSN: 2320- 2882	7.97 (Calculated by Google Scholar)   License by Creative Commons 3.0	UGC Approved Journal No: 49023 (18) https://www. crt.org/viewf l.php?&p id=

# **Book Chapters & Conference Proceedings: INTERNATIONAL**

### Dr. Anuradha J. Bakshi

Sr	Name of the	Year of	Title of the chapter	Name of the book	ISBN
No.	author	publication			
	name/names,				
1.	Amanda W. Harrist & Anuradha J. Bakshi	2022 (March)	Title of Chapter: The Interplay of Parent and Peer Influences on Children's Social	Title of Book: The Wiley-Blackwell Handbook of Childhood Social Development	Publisher: Wiley Blackwell
			Development (Chapter 25) (pp. 459- 481)	(3rd ed.) (Handbooks of Developmental Psychology) P. K. Smith & C. H. Hart (Eds.) 896 pages	Print ISBN: 978-1-119-67898-4 (hardcover)  Online ISBN: 978-1-119-67899-1 (eBook)

# **Book Chapters & Conference Proceedings: STATE/NATIONAL**

# Dr. Kamini Rege

		Books Ch	napter/s					
Sr	Name of the	Year of	Title	Name of	Vol	ISBN	Impact	Any
N	author name/	publicati	of the Book	the	(issue),		factor	other
o.	names,	on		journal/	page		H-	
				<u>book</u>	nos.,		index	
	Researched	Decembe	Transition From	Transition	Pages 1-40	ISBN		
	and compiled	r 2021	Kindergarten to	From		978-81-		
	by:		Primary Years (E-	Kindergar		953511-		
			Booklet)	ten To		6-9		
	Dr. Kamini			Primary				
	Prakash			Years (E-				
	Rege			Booklet)				
	Edited by: <b>Dr.</b>							
	Swati Popat							
	Vats							

#### **Bibliometrics of Publications Published Last Academic Year**

Bibliometrics of the publications during the last Academic year based on average citation index in							
Scopus/Web of So	cience or Pu	b Med/ Indian (	Citation Index				
Title of the paper		Title of the journal	Year of publication	Index	mentioned in	Number of citations excluding self-citations	
The psychology of pandemics: preparing for the next global outbreak of infectious disease	Anuradha J. Bakshi	British Journal of Guidance & Counselling	August, 2021	journal: 1.325 H Index of Author: 10	Nirmala Niketan College of Home Science, University of Mumbai	6 CrossRef citations	

# 5. SEMINARS, CONFERENCES, WORKSHOPS –ATTENDED, ORGANIZED/ CONDUCTED AND PRESENTED RESEARCH PAPERS

**Dr. Bakshi,** in her role as the I/C Principal of the College from October 1<sup>st</sup> 2021, coordinated and participated in all activities (seminars/workshops) organized at a college level and for each department. These are not separately listed in this report.

### Seminars/Conferences/Workshops Attended: INTERNATIONAL LEVEL

Sr.	Staff	Name of the	Theme of the	Organized by	Place & Date
No.		Webinar/	Webinar/		
		Seminars/	Seminars/		
		Conferences	Conferences		
			<b>Expert Talks</b>		
	Ms Payal	EQuity for C&U:	Leveraging	Six Seconds, The	May 12 2022
	Maheshwari	Leveraging	emotional	Emotional	8.30 – 9.30pm.
		emotional	Intelligence to	Intelligence	
		Intelligence to	achieve	Network,	
		achieve Diversity	Diversity	California, USA	
		Equity Inclusion in	Equity		
		Higher Education:	Inclusion in		
		Livestream	Higher		
			Education		
	Ms Payal	College	Emotional	Six Seconds,	14 <sup>th</sup> April 2022,
	Maheshwari	&Universities	Intelligence	The emotional	8.30 – 9.30pm
		Students Today:	for Wellbeing	Intelligence	

	Emotional	& Mental	Network,	
	Intelligence for	Health	California, USA	
	Wellbeing & Mental			
	Health: Livestream			
Ms Payal	Supporting	Supporting	Six Seconds,	30 <sup>th</sup> March 2022,
Maheshwari	children, parents	children,	The emotional	8.30 – 9.30pm
	and educators	parents and	Intelligence	
	during the Ukraine	educators	Network,	
	crisis: Livestream,	during the	California, USA	
		Ukraine crisis		
Ms Payal	Social Emotional	Social	Six Seconds,	March 2022, 8.30 –
Maheshwari	Learning in Colleges	Emotional	The emotional	10.30pm
	& Universities:	Learning in	Intelligence	
	Livestream	Colleges &	Network,	
		Universities	California, USA	
Ms Payal	"Fostering	Fostering	U.S. Consulate	December 10, 2021
Maheshwari	Disability-Friendly	Disability-	General,	7:00 p.m. to 8:30
	Higher Education	Friendly	Mumbai and the	p.m. IST
	Institutions"	Higher	University of	
		Education	Notre Dame	
		Institutions		
Ms Brenda	APA Virtual	American	APA Virtual	12 <sup>th</sup> & 13 <sup>th</sup> August
Fernando	Convention	Psychologic	Convention	2021
		al		
		Association Division 52		
		& 17 (ICP)		
		& SIP 2021		
		Hospitality		
		Suite		

# Seminars/Conferences/Workshops Participated and Attended: NATIONAL and STATE LEVELS

Staff	Name of	Theme of	Organized by	Place	Sponsoring
	the	the		& Date	Agency
	Seminars/	Conference			
	Conferences				
Ms.	Webinar on	NEP 2020	Conducted by Resource	10th	
Rhonda	"NEP 2020 for		Person Dr. Furqan Qamar,	January	
Divecha	Higher		Professor, Centre for	2022	
	Education"		Management Studies, Jamia	from 3	
			Millia Islamia, New Delhi –	- 5 pm	
			110025 and organized by	via	
			the IQAC of St. Xavier's	Zoom	
				link	

			College (Autonomous), Mumbai.		
Ms.	Online Faculty	'A to Z of	ICS College Khed,	Ratnagiri,	
Rhonda	Development	PTV' by Dr	Ratnagiri	on 13th	
Divecha	Programme	Ayub Shaikh		July 2021	
Ms. Payal	National level	College	Office of learning support,	Webinar	
Maheshwari	Webinars on	Readiness	Ashoka University,	&	
	College	Program for	Haryana	8 <sup>th</sup> , 15 <sup>th</sup> ,	
	Readiness	Neurodiverse		and 22 <sup>nd</sup>	
	Program for	students in		Jan 2022	
	Neurodiverse	high school			
	students in high				
	school				
Ms. Payal	The Dyslexic	The Dyslexic	Office of learning support,	Webinar	
Maheshwari	Mind: Thinking	Mind:	Ashoka University,	&	
	Differently	Thinking	Haryana	28 <sup>th</sup>	
	About Higher	Differently		October	
	Education.	About Higher		21	
		Education.		5-8.30pm	
Ms. Payal	National	Opportunities	Internal Quality	Webinar	
Maheshwari	webinar Series	and	Assurance Cell (IQAC)	&	
	(No 5) on	Challenges A	Smt. K.G. Mittal College	24 <sup>th</sup> July	
	"Execution of	Roadmap and	Of Arts And Commerce,	2021	
	National	Salient	Mumbai in association		
	Education	Features of	with Internal Quality		
	Policy 2020 in	NEP,	Assurance Cell (IQAC)		
	Pandemic	Structural	Christian Eminent		
	Panorama	Changes in	College, Indore		
		NEP			
Ms. Payal	'National	MOOCs and	Internal Quality	Webinar	
Maheshwari	Webinar on	e-Content in	Assurance Cell (IQAC) of	& 2nd	
	MOOCs and e-	Four	Ramniranjan	July 2021	
	Content in Four	Quadrant	Jhunjhunwala College of		
	Quadrant Form'	Form'	Arts, Science &		
	Capacity	Capacity	Commerce, Mumbai		
	Building of	Building of			
	Teachers	Teachers			
Ms. Payal	National	Prospects and	the Department of	Webinar	
Maheshwari	Webinar Series	challenges in	commerce in association	& 17 <sup>th</sup>	
	(day 11) on	Higher	with IQAC, B.M. Ruia	June 2021	
	National	Education-A	Girl's College and		

	Education	roadmap for	Sitaram Deora Institute of		
	Policy 2020:	transforming	Management Studies,		
		Higher	Mumbai		
		Education,			
Ms. Payal	One day	Understanding	S. T. Co-op. Education	Webinar &	
Maheshwari	webinar state	of Program	Society's Ltd. Science	9 <sup>th</sup> June	
	level on	Outcome,	Senior College, Shahada,	2021	
	"Understanding	Program	Dist- Nandurbarkar		
	of Program	Specific			
	Outcome,	Outcome and			
	Program	Course			
	Specific	Outcome"			
	Outcome and				
	Course				
	Outcome"				
Dr Kamini	Webinar:	One Day	IQAC - Govt. College of	Online	Sponsored
Rege	Fostering	National	Arts & Science, Kileark,	5 <sup>th</sup> July	By NAAC
	teaching	Webinar	Aurangabad.	2021	
	learning	Sponsored			
	practices for	By NAAC			
	quality				
	enhancement				
	in higher				
	educational				
	institutions				
Dr Kamini	One Day	One Day	Faculty Development	Online	
Rege	Workshop:	Workshop	Cell (FDP) and IQAC	24 <sup>th</sup> July	
	An Insight		Prahladrai Dalmia Lions	2021	
	Into Career		College of		
	Advancement		Commerce & Economics,		
	Scheme		Mumbai,		
	(CAS) and its				
	recent				
	amendments				
	in accordance				
	with the 7 <sup>th</sup>				
	pay				
	commission"				
Dr Kamini	One day	One day	CAS Committee along	Online	Under the
Rege	faculty	faculty	with IQAC G. N. Khalsa	30 <sup>th</sup> July	aegis of
	Development	Development	Khalsa College of Arts,	2021	RUSA
	Program:	Program	Science & Commerce,		
	New		Matunga, Mumbai		

	Amendments				
	in Career				
	Advancement				
	Scheme				
	(CAS)				
Dr Kamini	State Level	Two-day	RUSA in collaboration	13th and	RUSA in
Rege	Webinar: Best	State Level	with IQAC and	14th August	collaboration
	Practices and	Webinar	Administrative	2021	with IQAC
	Their		Department		and
	Sustainability		Maniben Nanavati		Administrative
	In		Women's College,		Department
	Administration		Mumbai · Mumbai,		
	Of HEIs		Maharashtra		

# Seminars/Conferences/Workshops Attended: LOCAL LEVEL

Ba Rl Di Pa Ma	nuradha J. akshi, Ms. honda ivecha, Ms. ayal Iaheshwari,	Seminars/ Conferences/ Workshop  3-Day Online Faculty Development Programme on "Attainment of Programme and	Conference/ Workshop  3 Day Online Faculty Development Programme (FDP) on the theme of	Conducted by Resource Person Dr. Shrihari Pingle	Mumbai, 23 <sup>rd</sup> , 25 <sup>th</sup> and 26 <sup>th</sup>	Agency  College  Management
Ar Ba Rh Di Pa Ma	nuradha J. akshi, Ms. honda ivecha, Ms. ayal Iaheshwari,	Workshop  3-Day Online Faculty Development Programme on "Attainment of Programme and	3 Day Online Faculty Development Programme (FDP)	Resource Person Dr. Shrihari	23 <sup>rd</sup> , 25 <sup>th</sup>	
Ar Ba Rh Di Pa Ma	nuradha J. akshi, Ms. honda ivecha, Ms. ayal Iaheshwari,	3-Day Online Faculty Development Programme on "Attainment of Programme and	Faculty Development Programme (FDP)	Resource Person Dr. Shrihari	23 <sup>rd</sup> , 25 <sup>th</sup>	
Ar Ba Rh Di Pa Ma	nuradha J. akshi, Ms. honda ivecha, Ms. ayal Iaheshwari,	Faculty Development Programme on "Attainment of Programme and	Faculty Development Programme (FDP)	Resource Person Dr. Shrihari	23 <sup>rd</sup> , 25 <sup>th</sup>	
Ba Rl Di Pa Ma	akshi, Ms. honda ivecha, Ms. ayal Iaheshwari,	Development Programme on "Attainment of Programme and	Development Programme (FDP)	Dr. Shrihari		Management
Rl Di Pa M:	honda ivecha, Ms. ayal Iaheshwari,	Programme on "Attainment of Programme and	Programme (FDP)		and 26 <sup>th</sup>	
Di Pa Ma	ivecha, Ms. ayal Iaheshwari,	"Attainment of Programme and		Pingle		
Pa Ma	ayal Iaheshwari,	Programme and	on the theme of	0	June 2021	
M	laheshwari,			organized by the		
	,		"Outcome Based	IQAC of the		
	T7 • •	Course	Education"	College of		
Dr	r. Kamini	Outcomes"		Home Science		
Re	ege, & Ms.			Nirmala Niketan		
Kl	hyati	Resource Person				
Sa	ampat	Dr. Shrihari				
		Pingle				
Dr	r.	Workshop on	Career	Conducted by	30 <sup>th</sup> June	College
Ar	nuradha J.	"The Ins and	Counselling	Resource	2021	
Ba	akshi &	Outs of Career		Person: Dr.		
otl	ther	Counselling"		Jahnvee Joshi		
De	epartment					
Sta	taff	Resource				
		Person: Dr.		Organised by		
		Jahnvee Joshi		Dr. Anuradha J.		
				Bakshi		
M	Is. Rhonda	One Day Faculty	Career	The CAS	30th July	RUSA
Di	ivecha	Development	Advancement	Committee	2021	
		Program on	Scheme (CAS)	along with		

	lux T		TO A C. C.C.		
	"New		IQAC of Guru		
	Amendments in		Nanak Khalsa		
	Career		College of Arts,		
	Advancement		Science and		
	Scheme (CAS)		Commerce		
	as per the 7th		(Autonomous),		
	Pay		Mumbai under		
	Commission"		the aegis of		
			RUSA		
Ms. Rhonda	Online	Awareness	Xavier's	Mumbai,	
Divecha	Awareness	Workshop on	Resource Centre	14th	
	Workshop on	Assistive	for the Visually	January,	
	Assistive	Technology	Challenged	2022; 3-5	
	Technology for		(XRCVC)	pm	
	Persons with				
	Disabilities				
	(visual				
	`				
	impairment,				
	hearing				
	impairment, or				
	specific learning				
	disabilities.)				
Dr. Anuradha	Music &	Music & Well	Mr. Jude	College of	
Bakshi, Ms.	Movement	Being	Rodrigues	Home	
Rhonda	Therapy Session		(Music	Science,	
Divecha, Ms.			Therapist)	Nirmala	
Khyati Sampat				Niketan,	
				Mumbai,	
				11 <sup>th</sup> April	
				2022; 11	
				am to 2 pm	
Ms. Rhonda	Workshop on	Inclusive	Ms. Ritika	College of	
Divecha, Ms.	'Towards	Education	Sahni,	Home	
Payal	Inclusion'		Trinayani	Science,	
Maheshwari, &	through a Card	Aim: To open the		Nirmala	
Khyati Sampat	_	minds of people	Organised by	Niketan,	
		without disability	Ms. Payal	Mumbai,	
		towards people	Maheshwari	23 <sup>rd</sup> April	
		with disability.		2022	
Ms. Payal	Pankh-Road to	PankhRoad to	Women's	Webinar &	
Maheshwari &		Equality	Development	8 <sup>th</sup> Mar	
Ms. Khyati	Liquality	quanty	Cell, College of	2022.	
Sampat				ZUZZ.	
Sambai	I	ĺ	Home Science,		

			Nirmala Niketan, Mumbai		
Ms. Payal	Webinar on	Advanced Concepts	InPods Ed-tech,	Webinar &	
Maheshwari	Advanced Concepts of Outcomes-based Education	of Outcomes-based Education	, ,	6 <sup>th</sup> Oct 21.	
Ms. Payal Maheshwari	Webinar on "Diversity in the Classroom" SIES Institute of Comprehensive Education, Sion, Mumbai,		Comprehensive	Webinar & 10th July 2021	
Ms. Payal	"Standard	Standard operating	IQAC of the	Webinar &	
Maheshwari	operating procedures"		Kelkar Education Trust's V. G. Vaze College of Arts, Science and Commerce (Autonomous), Mumbai	2021	
Ms. Payal Maheshwari	Online workshop on "Drafting Policies and Procedures"	and Procedures	IQAC of The KET's V. G. Vaze College of Arts, Science and Commerce (Autonomous), Mumbai	Webinar & 14th June, 2021	
Ms. Khyati	Webinar on	Advanced Concepts	InPods Ed-tech,	6 <sup>th</sup> October	
Sampat	Advanced Concepts of Outcomes-based Education	of Outcomes-based Education		2021	

# Webinars/ Seminars/Conferences/Workshops Organized: Seminars/Conferences/Workshops Organized: NATIONAL LEVEL

Sr	Staff	Name of	Name of the	Theme of	Organized	Role In	Place &	Number of
No		the	person	the	By	Organizing	Date,	<b>Participants</b>
•		Seminars/	/	conference/			Duration	
		Conferenc	Organization	Webinar				
		es	conducted					
	Ms.	Webinar –	Guests of	Online to		In the planning	Saturday,	
	Khyati	Teacher is	Honour:	offline	- "not for	team of	5th	
	Sampat	the Galaxy of Learning: ENERGISI NG	Pednekar, VC, Dr. Harish Shetty	transmon for	profit" initiative started by and for the teaching faculty serving the Higher Education Institutions	Academisthan and host of the session	February 2022, Online	
			Academisthan, Chancellor Nominee to the Management Council of the University of					

# Seminars/Conferences/Workshops Organized: LOCAL LEVEL

Sr	Staff	Name of the	Theme of	Organized	Role in	Place &	Participants
		Seminars/	the	by	Organizing	Date	
$\mathbf{N}$		Conferences/	Conference				
0.		Workshop					
	Dr. Anuradha	"Outcome Based	Outcome	IQAC Of	IQAC	Online	All teaching
	J. Bakshi, Ms.	Education" -	Based	College of	Members	23 <sup>rd</sup> , 25 <sup>th</sup>	staff
	Rhonda	Formulating	Education	Home		and 26th	
	Divecha, Dr.	Programme and		Science		June 2021	
	Kamini Rege	Course Outcomes		Nirmala			
				Niketan			
		Resource Person:					

	Dr Shrihari Ashok		3 Day			
	Pingle		Faculty			
	i iligic		Development			
			Programme			
			(FDP)			
Dr. Anuradha	The Ins and Outs of	Career	Conducted	Coordination	Online	MSc1 HD
J. Bakshi	Career Counselling	Counselling	by	& Moderation	worksnop	
	D D		Resource		20th I	&
	Resource Person:		Person: Dr.		30 <sup>th</sup> June	Department
	Dr. Jahnvee Joshi		Jahnvee		2021	staff
	Faculty, BMN		Joshi			&
	College of Home					Staff of
	Science		Organised by			another
	&		Dr.			college
	Certified Career		Anuradha J.			
	Counsellor		Bakshi			
Dr. Anuradha	Core Counselling	Counselling	Conducted	Coordination	Online	MSc1 HD
J. Bakshi	Skills		by	& Moderation	Workshop	Students
			Resource			&
	Resource Person:		Person: Ms.		10 <sup>th</sup> July	Department
	Ms. Sonali Sarun		Sonali Sarun		2021	staff
	Counsellor for NHS-					&
	IAPT [Improved		Organised by			Staff of
	Access to		Dr.			another
	Psychological		Anuradha J.			college
	Therapies] service,		Bakshi			
	UK					
	MBACP – Registered					
	member of the British					
	Association for					
	Counselling and					
	Psychotherapy					
Ms. Rhonda	"Recreational	Online	The Parish	Resource	1st August	34 Senior
Divecha	Evening for Senior	Session to	Team at Our	Person &	2021 from	Citizens
	Citizens"	celebrate	Lady of	Organizer	7 - 8.30	
		Grand	Vailankanni		pm (IST).	
		Parents' Day	Parish, Irla,			
		for the Senior				
		Citizens				
		Group of Our				
		Lady of				
 l			<u> </u>	L	L	

			Vailankanni Parish, Irla, Mumbai				
	Ms. Rhonda Divecha	ANTARCHAKSHU (Online Awareness &	Online Awareness &	Xavier's Resource	Co-ordinator for NNCHSC	Mumbai, August	MSc 2 & TYBSc
		Sensitization	Sensitization	Centre for		20, 2021;	(HD) 20
		Workshop)	Workshop	the Visually Challenged		4.30 to 6.30 pm	students
				(XRCVC)		0.50 pm	
	Ms. Rhonda		Online	Xavier's	Co-ordinator	Mumbai,	MSc 2 &
	Divecha	"ANTARCHAKSHU:	Awareness &	Resource	for NNCHSC	August	TYBSc
		THE INNER EYE	Sensitization	Centre for		21, 2021;	(HD) 30
		(2.0, Season 3)"	Workshop	the Visually		4.30 to	students
		Online Visually		Challenged		6.30 pm	
		Challenged Persons'		(XRCVC)			
		Awareness &					
		Sensitization					
		Workshop on Visual					
		Impairment					
	Dr. Anuradha				IQAC	Mumbai	Staff
	Bakshi, Ms.	VISIT at the college	TEAM	Home	members		teaching and
	Rhonda	level	VISIT	Science		_	non-teaching
	Divecha, Dr.			Nirmala		Home	students
	Kamini Rege			Niketan		Science	parents and
				Teaching		Nirmala	employers
				and Non-		Niketan	
				Teaching		27 <sup>th</sup> &	
				Staff As Well As		27th & 28th	
				Stakeholders		September September	
				Stakeholders		2021	
Н	Ms. Rhonda	"Recreational	Online	The Parish	Resource	3rd	37 Senior
	Divecha	Evening for Senior		Animators of	Person and	October	Citizens
		Citizens"	celebrate	All Saints	Organizer	2021 from	
			World Elders		$\mathcal{E}$	7 - 8.30	
			Day for the	Joe Braz		pm (IST).	
			Senior	Colony,		- , /	
			Citizens	Orlem,			
			Group of All	Malad			
			Saints				
			Community,				
			Joe Braz				

			Colony, Orlem, Malad				
-	Ms. Rhonda	"Recreational	Online	The Parish	Resource	1st	28 Senior
	Divecha	Evening for Senior	Session to	Animators of	Person and	October	Citizens
		Citizens"	celebrate	St.	Organizer	2021 from	
			World Elders Day for the	Anthony's Church,		7 - 8.30	
			Senior	Malvani,		pm (IST).	
			Citizens	Malad			
			Group of St.	TVIdida			
			Anthony's				
			Church,				
			Malvani,				
			Malad				
	Ms. Rhonda	Online Awareness	Awareness	Xavier's	Co-ordinator	Mumbai,	MSc 2 &
	Divecha	Workshop on	Workshop on		for NNCHSC	14th	TYBSc
		Assistive Technology		Centre for		January,	(HD) 50
		for Persons with	Technology	the Visually		-	students and
		Disabilities (visual		Challenged (XRCVC)		pm	2 staff
		impairment, hearing impairment, or		(ARCVC)			
		specific learning					
		disabilities.)					
	Ms. Khyati	Pankh-Road to	Pankh-Road	Women's	In the team of	Webinar	
	Sampat	Equality	to Equality	Development	the organisers	& 8 <sup>th</sup> Mar	
				Cell, College		2022.	
				of Home			
				Science,			
				Nirmala			
				Niketan, Mumbai			
	Ms. Rhonda	Music & Movement	Music &	Mr. Jude	Co-ordinator	College of	TYBSc,
	Divecha	Therapy Session	Well Being	Rodrigues	for NNCHSC	Home	MSc 1, & 2
	Divection	Therapy Session	Wen Being	(Music		Science,	(HD) 40
				Therapist)		Nirmala	students and
						Niketan,	4 staff
						Mumbai,	
						11 <sup>th</sup> April	
						2022	

					Time: 11	
					am to 2	
					pm	
Ms. Payal	Workshop on	Inclusive			College	
Maheshwari	'Towards Inclusion'	Education	Organised by	Identifying	of Home	Department
	through a Card Game		Ms. Payal	and	Science,	students &
	Kit.	Aim: To	Maheshwari	coordinating	Nirmala	staff
		open the		with the	Niketan,	
	Resource Person:	minds of		resource	Mumbai,	
	Ms. Ritika Sahni,	people		person	23 <sup>rd</sup> April	
	Trinayani	without			2022	
		disability				
		towards				
		people with				
		disability.			_	

#### PAPER PRESENTATIONS – INTERNATIONAL LEVEL

Sr	Name of the staff	Title of the Paper	Name & Theme of	Organized by	Place and Date
No			the Conference/		
•			Seminar		
	Ms. Brenda	"Prevalence of	American	APA Virtual	12 <sup>th</sup> August
	Fernando	Anxiety among Undergraduate	Psychological Association	Convention 2021	2021
		Students during	Division 52 & 17		
		COVID-19 in India"	(ICP) & SIP 2021 Hospitality		
		Ms Brenda J.	Suite		
		Fernando & Ms			
		Alifiya Suterwala			

Papers Presented at Seminars/Conferences/Workshops: NATIONAL LEVEL Students guided by Dr. Anuradha J. Bakshi and Dr. Kamini Rege have presented papers at national level. Please see the section on students.

Papers Presented at Seminars/Conferences: INTERCOLLEGIATE LEVEL

Students guided by Dr. Anuradha J. Bakshi, Ms. Payal Maheshwari, and Dr. Kamini Rege have presented papers at intercollegiate level and/or interzonal levels. Please see the section on students.

# Invited as a Resource Person (Chief Guest, Panelist, and Speaker): INTERNATIONAL

Ms. Rhonda Divecha

Sr	Name of the	Details of the	Invited	Place	Topic of the	Collaboration	Any
No	Organization	event	as	and	talk/speaker/	/Sponsoring	other
				Date	panel	Agency	
					discussion		
	Salma	Online	Resource	27 <sup>th</sup>	Making		
	Prabhu's	International	Person	January	Career		
	Institute of	Session on		2022,	Choices		
	Counselling	Making		from			
	(SPIC)	Career		10.00 to			
		Choices for		11.30			
		the SPIC		am. IST			
		international					
		interns from					
		France,					
		Germany and					
		Japan					

Invited as a Resource Person (Chief Guest, Panelist, and Speaker): NATIONAL

# Dr. Kamini Rege

Sr	Name of the	Details of the	Invited as	Place and	Topic of the	Collabo	Any other
No	Organizatio	event		Date	talk/speaker/ panel	ration	
	n				discussion	/	
						Sponsor	
						ing	
						Agency	
1.	ECA	Panel	Incited as	11	Panel Discussion on		https://ww
	National	discussion	moderator	December	Unified Approach		w.youtube
	level	Book Launch		2021	to Transition from		.com/watc
		- Transition		4.30-	Kindergarten to		h?v=bJ4a
		from		5.30pm	Primary Level in the		DWaO1m
		Kindergarten			Post Pandemic Era		c
		to Primary		Zoom			
		Level		Online			

2.	ECA	Panel	Incited as	28	Territory Event -	https://ww
	Karnataka	discussion	moderator	December	Transition from	w.youtube
	territory			2021	Kindergarten to	.com/watc
				5.30-	Primary in the	h?v=ltmK
				6.30pm	Pandemic and Post	SMLXzO
				Zoom	Pandemic Times	Q
				Online		
3.	Indian	IDF CSR	National	26 <sup>th</sup>	Excellent support by	https://w
	Developme	Award 2022	committe	March	ECA during	ww.yout
	nt	Indian	e	2022	pandemic to various	ube.com/
	Foundation	Developmen	members		social responsibility	watch?v
	A National	t Foundation	representa	3.30-	projects through	=qmX4L
	NGO	presented	tive	6.30pm	IDF. Team IDF	K98zCw
	committed	IDF CSR			salute and	
	to Health,	Awards			appreciate the social	
	Education,	2022 to		Pragnya	commitment	
	and	various		Bodhini		
	Developme	Corporate/		High		
	nt	Institution		School		
		Partners for		Goregaon		
	IDF -	their		East,		
	Organizatio	excellent		Mumbai -		
	n in Special	support to				
	Consultativ	various				
	e Status	social				
	with the	responsibilit				
	Economic	y projects				
	and Social	through IDF.				
	Council	Team IDF				
	since 2012.	salute and				
		appreciate				
		the social				
		commitment				
		and				
		patronage				
		extended by				
		every				
		supporter in				
		the journey				
		of goodness.				
		(26-03-2022				
		@ PBHS,				
		Mumbai)				

ECA – CSR AWARD		
AWARD		

#### **Invited as a Resource Person: STATE LEVEL**

# Ms. Payal Maheshwari

Sr	Name of the	Details of	Invited as	Place	Topic of the
No	Organization	the event		and	talk/
				Date	speaker/
					panel
					discussion
	Lifeness	Participants	Invited as	Online	Attitudes
	Science	comprised	a Resource	webinar	towards
	Institute	counsellors,	Person	on	Mental Health
	(LSI) of	students,		World	Disorders:
	Integrative	parents and		Mental	How does it
	Nutrition &	other		Health	matter?
	Dietetics	professionals		Day, 10 <sup>th</sup>	
		in the field		Oct 2021	
		of Mental			
		health			

# Invited as a Resource Person (Chief Guest, Panelist, and Speaker): LOCAL

#### Dr. Anuradha J. Bakshi

Sr No	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency	Any other
1.	Research	Resource	Online	Literature	UGC STRIDE	
	capacity	Person/		Review	Centre for	
	building of	Speaker	22 <sup>nd</sup> June		Research	
	faculty of Smt.		2021		Capacity Building	
	MMP Shah				of Dr. BMN	
	College of Art				College	
	& Commerce				of Home Science	

#### Ms. Payal Maheshwari

Sr	<b>Details of the</b>	Invited as	Place and	Topic of the	Collaboration	Any
No	event		Date	talk/speaker/	/Sponsoring	other
				panel	Agency	
				discussion		
	The session was	Speaker	College	Diversity and		
	planned for the		of Home	Inclusion for		
	students of FY		Science,	FYBSc		
	BSC with an		Nirmala			
	aim of		Niketan.			
	spreading the		3 <sup>rd</sup> and 8 <sup>th</sup>			
	awareness		April 22.			
	about the					
	diversity around		Blended			
	them and how		mode of			
	each one of us		teaching			
	should make		learning			
	efforts to					
	include others					
	and make the					
	classroom and					
	environment					
	inclusive in					
	nature					

**6. RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

#### Dr. Anuradha J. Bakshi

DI. Allu	rauna J. Daksin
Sr.	Details of the extra-mural recognition
No.	
1.	Chairperson, Board of Studies for Human Development and Family Studies, Faculty of Family
	and Community Sciences, Maharaja Sayajirao University of Baroda, Gujarat
2.	Chairperson, Board of Studies for Human Development, SNDT University
3.	Member, RRC, Human Development, SNDT University
4.	Member, Board of Studies for Psychology, University of Mumbai
5.	Member, Board of Studies for Human Development, Dr. BMN College of Home Science
	(Autonomous), Matunga, SNDT University
6.	Member, Board of Studies in Home Economics—Child Development, Smt. Maniben M.P.
	Shah Women's College of Arts and Commerce (Autonomous), Matunga, SNDT University
7.	Co-Editor, British Journal of Guidance & Counselling (BJGC), a Scopus journal, published by
	Routledge, Taylor & Francis
8.	Reviewer, British Journal of Guidance & Counselling (BJGC), a Scopus journal, published by
	Routledge, Taylor & Francis by Routledge, Taylor & Francis

9.	Advisory Board Member, Research Project on how to develop career counselling intervention					
	in Burkino Faso and Togo, invited by Prof. Jérôme Rossier, University of Lausanne, Lausanne,					
	Switzerland.					
10.	Advisory Board Member, International Journal for Educational and Vocational Guidance,					
	published by Springer.					
11.	Editorial Board Member, Bombay Psychologist					
12.	Invited Author for a Wiley Handbook (international)					

Sr.	Name of the	Recognition as	Details of the recognition			
No.	Staff					
	member					
	Ms. Payal	Editor/Reviewer of	Journal of Modern Education Review (ISSN: 2153			
	Maheshwari	International Journals	7993), Academic star publishing company, New			
			York, USA			
			US-China Education Review A & B (ISSN2161-			
			623X, USA). Published by David publishing			
			company, USA.			
			Psychology Research, (ISSN 2159-5542). Published			
			by David Publishing Company, 1840 Industrial			
			Drive, Suite 160, Libertyville, IL 60048, USA			
	Ms. Payal	Membership of Various	Council of Exceptional Children			
	Maheshwari	Associations	International Association of Special Education			
			EQ Alliance Forum			
			Australasian Human Development Association.			
			(AHDA)			
			Home Science Association of India.			
	Ms. Payal	Nominated as a	Title of the articles:			
	Maheshwari	Reviewer for				
		Psychological	Exploring Definition of Cyberbullying from			
		Studies by Springer	Pakistani Adolescents' Perspective			
		publications				
			Styles of Parenting and Perceived Social Support			
			in Predicting Interpersonal Difficulties in			
			Adolescent Boys and Girls			
	Dr. Kamini		Founder Member and Joint Secretary			
	Rege		National Committee - India ECA			
			(Early Childhood Association and APER			
			Association for Primary Education and Research			
			Advisory Board and Life Member - Early			
			Childhood Association of India			
			Life member – Indian Science Congress			
			Association (ISCA)			

		<ul> <li>Life member of e-group member of the Counsellors Association of India</li> <li>Life member - Maharashtra Bal Shikshan Parishad</li> <li>Mentor for Whystles content development Sadhbhavana Group (Calicut – Kerala)</li> <li>Expert for examining Dissertation and Viva Referee expert at IGNOU</li> <li>Member of The Doctoral Advisory Committee (DAC) at Tata Institute of Social Science– Mumbai</li> <li>Editor of the journal Psychological Studies is the official journal of the National Academy of Psychology (NAOP), India.</li> <li>Reviewer of article "Kyari: Mothering Autism" Dec 1, 2021</li> <li>Reviewer of Social Networks and Social Support: Parents' Experiences in the Management of Thalassemia, a Complex Lifelong Inherited Blood Disorder, in the Indigenous Context</li> <li>Expert on the panel of peer-reviewing committee for the International Journal "Early Childhood Research Quarterly" as an expert to peer review and process the articles and evaluate</li> <li>Invited speaker, expert, panelist already listed in the above tables at the International, National State and Local Level</li> </ul>
Ms. Khyati Sampat	Member, Board of Studies	Member, Board of Studies at Department of Human Development, SVT College of Home Science (Autonomous), SNDT Women's University, Juhu for a period of 3 years from 1st June 2021 to 31st May 2024.
Ms. Khyati Sampat	Continuation of the appointment as a 'Reviewer' in an international journal	Reviewer for British Journal of Guidance and Counselling, Routledge, Taylor and Francis

# 5. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCHBODIES:

MoU with Lighthouse continuing.

#### 6. VALUE ADDED COURSES OF THE DEPARTMENT:

The SEEDS Arts-Based Therapy (ABT) one-year Diploma Programme of the department, under the outstanding leadership of ABT-practitioner and educator, Ms. Zill Botadkar, is an outcome of the MoU between the college and Lighthouse. The programme was ongoing this year, extended from last academic year because of the COVID-19 pandemic. Of the 21 students in the programme, 19 graduated by the end of this academic year. An awe-inspiring prayerful certification ceremony was held for the graduating students on 29<sup>th</sup> April 2022.

The action research project reports were displayed during the ceremony. The titles of these projects capture the deep insights that ABT students had through the project and the varied populations they had as their beneficiaries. Examples include: Emotional Cartography; Janani: Exploring Arts Based Therapy for Mothers of Children with Special Needs; A Shelter Within; Drawing Circles; *Arsh*; *Ghehraiyaan*; Healing Heroes: *Ek Anokhi Khoj*; When Chaos Met Catharsis; *Uditi Patang*: An Arts Based Therapy Project with Children at Risk; *Khidki*: A Window to a Different Sky; Spring: Rebirth, renewal, regrowth; *Abhivyakt*: Nurture with Compassion; and *Khud ki Ta*lash.

#### We obtained university affiliation for 3 add-on Courses of the Department of Human Development:

#### I. Creative Parenting Course

**Orientation** Course in Indian Sign Language

II. Revisiting the Old and Examining the New: Knowledge Updates in Human Development and Allied Areas

#### STUDENTS: CURRICULAR AND CO-CURRICULAR ACTIVITIES & ACHIEVEMENTS

#### 8. Study Tour:

Teachers: Dr. Anuradha J. Bakshi & Ms. Vanitha D'Souza

Other staff: Mr. Anthony Mashi, Tour Coordinator from Ecstasy Tours

Students: 39 TY BScs, 9 MSc1s, and 6 MSc2s

**Dates:** 27<sup>th</sup> & 28<sup>th</sup> March 2022 **Place**: Igatpuri, Maharashtra

**Highlights:** Sessions conducted by Brother Bryce, a youth services specialist from Don Bosco Youth Services; communion with nature (a nature trail & visit to Bhawali dam); appreciation of cultural heritage (Vipassana Centre, Igatpuri); brief meditation at the Vipassana Centre; recreation (magic show & music/dance).

# 9. STUDENT EXTENSION ACTIVITIES/Industrial Visits FIELDWORK with an extension focus & INTERNSHIP PLACEMENTS

#### A. DEPARTMENT LEVEL (MSc2 & TYBSc ONLINE ACTIVITIES & WORKSHOPS)

Ms Rhonda Divecha

Online Workshops Guided by Ms. Rhonda Divecha for DHM Centers in North India (Contacts given by the Management of Nirmala Niketan Institute)

S. No.	Organizatio n Place	Type of Activity	Target group	Beneficiaries	Date and Time	Cost incurred
1	Baddi, Himachal Delhi	Workshop on Effective Communication	(a) Baddi Community Centre, Himachal (b)Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	10-03- 2022 from 12-1 pm	
2	Delhi	Workshop on Self- Awareness	Delhi Community Centre	Computer Class Students	12-03- 2022 from 12-1 pm	
3	Delhi	Workshop on Effective Communication	Delhi Community Centre	Tailoring Class Students	12-03- 2022 from 3-4 pm	
4	(a) Baddi, Himachal (b) Delhi	Workshop on Anger Management	<ul><li>(a) Baddi</li><li>Community Centre,</li><li>Himachal</li><li>(b)Delhi</li><li>Community Centre</li></ul>	Children's Parliament Group	17-03- 2022 from 12-1 pm	
5	(a) Baddi, Himachal (b) Delhi	Workshop on Time Management	Baddi Community Centre, Himachal Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	19-03- 2022 from 12-1 pm	
6	Baddi, Himachal	Workshop on Building Self Confidence	Baddi Community Centre, Himachal	Teachers	24-03- 2022 from 12-1 pm	
7	Delhi (Tailoring)	Workshop on Time Management	Delhi Community Centre	Tailoring Class Students	24-03- 2022 from 3-4 pm	
8	Baddi, Himachal	Workshop on Mindfulness	Baddi Community Centre, Himachal	Teachers	26-03- 2022 from 12-1 pm	
9	(a) Baddi, Himachal (b) Delhi	Workshop on Self Esteem	(a) Baddi Community Centre, Himachal (b)Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	31-03- 2022 from 12-1 pm	

Sr. No.	Organizatio n Place	Type of Activity	Target group	Beneficiaries	Date and Time	Cost incurred
1	Yuva Parivartan Livelihood Development Centre	Workshop on Self Awareness & Self- Management	25 -30 individuals from Bandra (East) community	Children (5- 6 years) & Adolescents (13- 17 years) & women above 18 years	21-04- 2022 from 12 – 2 pm	
2	Vidya Centre, Powai	Workshop on Coping Strategies	40-50 individuals from Milind Nagar Centre community	Children of approximately 6 – 14 years	22-04- 2022 from 12 – 2 pm	
3	Yuva Parivartan Livelihood Development Centre	Workshop on Importance of Mental Health	25 -30 individuals from Palghar community	Adolescents (13- 17 years) & women above 18 years	21-04- 2022 from 12 – 2 pm	
4	Vidya Centre, Powai	Workshop on Positive Thinking	40-50 individuals from Varsha Nagar Centre community	Children of approximately 6 – 14 years	22-04- 2022 from 12 – 2 pm	
5	Yuva Parivartan Livelihood Development Centre	Workshop on Overcoming Mobile Addiction	15 - 20 individuals from Vikhroli community	Adolescents (13- 17 years) & women above 18 years	21-04- 2022 from 12 – 2 pm	
6	Vidya Centre, Powai	Workshop on Importance of Mental Health	30-40 Chaitanya Nagar Centre community	Children of approximately 12 – 15 years	22-04- 2022 from 12 – 2 pm	
7	Yuva Parivartan Livelihood Development Centre	Workshop on Positive Thinking	25 -30 individuals from Kandivali community	Adolescents (13- 17 years) & women above 18 years	22-04- 2022 from 12 – 2 pm	
8	Vidya Centre, Powai	Workshop on Self Awareness & Self- Management	40-50 individuals from Indira Nagar Centre community	Children of approximately 6 – 14 years	22-04- 2022 from 12 – 2 pm	
9	Vidya Centre, Powai	Workshop on Overcoming Mobile Addiction	40-50 individuals from Surya Nagar Centre community	About 40-50 Children of approximately 6 – 14 years	22-04- 2022 from 12 – 2 pm	

### Ms Khyati Sampat

MSc2 & T.Y.B.Sc - ONLINE and OFFLINE WORKSHOPS: Workshops guided by Ms. Khyati Sampat for DHM Center in Bharuch, Nirmala Niketan Junior College College of Home Science, and for several NGOs in Mumbai.

Sr. No.	Organization	Type of Activity	Target	Beneficiaries	Cost
	Place and date		group		incurred
1.	Vidhyadeep	Workshop on 'Self-	Adolescent	Approx 60	
	Community	care and self-	girls		
	College –Bharuch	Awareness -			
	and Nirmala	Unwind in my			
	Niketan Junior	Mind'			
	College of Home				
	Science				
	9-2-2022				
	2.30 to 3.30 pm	*** 1 1			
2.	Vidhyadeep	Workshop on	Adolescent	Approx 60	
	Community	Money Matters -	girls		
	College –Bharuch	Financial literacy			
	and Nirmala				
	Niketan Junior				
	College of Home				
	Science				
	9-2-2022				
2	3.30 to 4.30 pm	W/11	A 1-1	A	
3.	Vidhyadeep	Workshop on	Adolescent	Approx 60	
	College Pharush	'Altruism – The Best Source of	girls		
	College –Bharuch and Nirmala				
	Niketan Junior	Happiness'			
	College of Home				
	Science				
	9-2-2022				
	4.30 to 5.30 pm				
4.	Vidhyadeep	Workshop on	Adolescent	Approx 60	
7.	Community	Breaking	girls	Τιρριολ ου	
	College –Bharuch	Stereotypes	51115		
	and Nirmala	2 to to types			
	Niketan Junior				
	College of Home				
	Science				
	11-2-2022				
	2.30 to 3.30 pm				
	o to 0.0 o piii		1	1	<u>L</u>

5.	Vidhyadeep	Workshop on	Adolescent	Approx 60
	Community	Beauty Lies Within	girls	
	College –Bharuch		8	
	and Nirmala			
	Niketan Junior			
	College of Home			
	Science			
	11-2-2022			
	3.30 to 4.30 pm			
6.	Muktangan, NGO	Workshop on	Teacher	Approx 20
	12-3-2022	Building and	Trainees	
	12.30 to 1.30 pm	Maintaining		
		Relationships		
7.	Vidhyadeep	Workshop on Self-	Adolescent	Approx 50
	Community	Awareness – Road	girls	
	College –Bharuch	to Self-Discovery		
	17-3-2022			
	1.15 to 2.15 pm			
8.	Vidhyadeep	Workshop on Mate	Adolescent	Approx 50
	Community	Selection, Dating	girls	
	College –Bharuch	and Safe Sex		
	17-3-2022	Practices		
	1.15 to 2.15 pm			
9.	Muktangan, NGO	Workshop on	Teacher	Approx 20
	19-3-2022	Importance of	Trainees	
	12.30 to 1.30 pm	empathy, altruism		
		and service		
		orientation.		
10.	Yuva Parivartan,	Workshop on	Nursing	Approx 20
	Kandivali East	Confidence and	course -	
	12-4-2022	Motivation Building	Youth	
11.	Yuva Parivartan,	Workshop on	Nursing	Approx 10
	Malvani	Problem Solving	course -	
10	12-4-2022	*** 1 1	Youth	
12.	Yuva Parivartan,	Workshop on	Beautician	Approx 20
	Marol	Building Resiience	course -	
10	12-4-2022	*** 1 1	Youth	
13.	Yuva Parivartan,	Workshop on	Tally course -	Approx 20
	Vikroli	Taking	Youth	
	12-4-2022	responsibilities	myrp =	
14.	Online Session by	Talk by Adhata	TYBSc and	60
	Adhata Trust	Trust on their work	MSc2	
	19-4-2022, 2-3 pm	with senior citizens	students	

#### **INTERNSHIPS FOR STUDENTS:**

**Ms Payal Maheshwari:** Due to COVID-19, students could not be placed in any schools or agencies in the 1<sup>st</sup> semester of the academic year 2021-2022.

# MSc1 and MSc2 Students Placed for Internship under the Guidance of Dr. Anuradha J. Bakshi (June 2021 to May 2022)

Sr. No.	Student	Agency in Which Interned/ Entrepreneurial Activities	Target Group/ Beneficiaries	Mode & Type of Role	Duration
1.	Binal Dedhiya	DVruddhi: Steps to Rise! Dr. Disha Shah Mehta Child Psychologist & Special Educator	Children	Online: Developmental and Educational Psychology Internship: Case history taking, formulating therapy plans, & administering and scoring psychological tests.	June 2021
		Muktangan Schools Pre-service Department	Preservice Teachers	Online: Exploring research articles relevant for preschool teachers, observing preservice training sessions, and conducting a few sessions.	08/09/2021 to 22/11/2021
		British Journal of Guidance & Counselling  (A Routledge, Taylor & Francis Journal)	Youth & others	Online: Selecting & reading research papers; making attractive infographics to communicate key findings of a research paper succinctly. Social media management of infographics.	Semester IV
2.	Ramim Ghaswala	Infinity Consultancy	Visually Impaired	Online: Planned and conducted English grammar and vocabulary lessons.	28/08/2021 to 29/10/ 2021
		Somaiya School	Children	Offline: Nursery School & Standard 1 observations and interactions with teachers.	22/03/2022 to 19/04/2022

3.	Simran Hashmi	DVruddhi: Steps to Rise! Dr. Disha Shah Mehta Child Psychologist & Special Educator  Institute for Exceptional Children (IEC)	Varied age groups, including school students (Community Mental Health)	Online: Developmental and Educational Psychology Internship: Case history taking, formulating therapy plans, & administering and scoring psychological tests. Online: Assisted as a Mental Health Counsellor	June 2021  28/08/2021 to 13/10/2021
4.	Naqiya Jamali	Institute for Exceptional Children (IEC)  Somaiya School	Varied age groups, including school students (Community Mental Health) Children	Online: Assisted as a Mental Health Counsellor  Offline: Nursery School & Standard 1 observations, and conducting activities with	28/08/2021 to 23/11/2021 22/03/2022 to 19/04/2022
5.	Huda Khan	Muktangan Schools	Children	these children. Online: Curriculum development. Made a booklet of 90 activities for each age group (3-to-4 yr, 4- to-5 yr, & 5-to-6 yr) in 3 different subjects (language, maths, EVS).	03/09/2021 to 03/10/2021
6.	Nidhi Khimavat	British Journal of Guidance & Counselling  (A Routledge, Taylor & Francis Journal)	Youth & others	Online: Selecting & reading research papers; making attractive infographics to communicate key findings of a research paper succinctly. Social media management of infographics.	25/08/2021 onward

7.	Fallyn Pereira	Muktangan Schools	Children	Online:	15/09/2021
		English Department		Understanding and checking	to
				the English	13/11/2021
				proficiency tests	
				conducted by Muktangan	
				Schools and creating	
				online assessments	
				through	
				Google forms.	
		British Journal of	Youth &	Online:	Semester IV
		Guidance &	others	Selecting & reading	
		Counselling		research papers; making	
				attractive infographics to	
		(A Routledge, Taylor		communicate key findings	
		& Francis Journal)		of a research paper	
				succinctly.	
				Social media management	
		2.1	G1 11 1	of infographics.	00/00/004
8.	Gayatri	Muktangan Schools	Children	Online:	03/09/2021
	Sawant			Curriculum development.	to
				Made a booklet of 45 fine	25/10/2021
				motor activities & 45	
				socioemotional circle time	
				activities for children	
				between the age group of 3-	
9.	A ago Choilth	Lagioida	Children	to-6 years. Online:	20/09/2021
9.	Aqsa Shaikh	LogIQids	Children	Conducting online learning	to
				sessions with children.	29/10/2021
10.	Naushin	DVruddhi: Steps to	Children	Online:	June 2021
10.	Shaikh	Rise!	Cilidicii	Developmental and	June 2021
	Sharkii	Dr. Disha Shah Mehta		Educational Psychology	
		Child Psychologist &		Internship:	
		Special Educator		Case history taking,	
		Special Educator		formulating therapy plans,	
				& administering and scoring	
				psychological tests.	
		Infinity Consultancy	Visually	Online:	28/08/2021
			Impaired	Planned and conducted	to
				English grammar and	29/10/ 2021
				vocabulary lessons.	
		Entrepreneurial	Youth &	Online:	Petrichor
		activities:	others	Instagram Live	started from
		Developed		Chats on:	05/09/2021
		Petrichor—A Human		"All	
		Developmental		About the Field	
		Agency		of Human	
				Development"	
		Aimed at Sharing		"Myths and Facts about	
		Insights about Human		Counselling"	

Development and		
Allied Areas through	Talk Show: 'Bookmarks of	
interviews and	Life with Naushin'	
workshops live on	Episode 1: Ma Unplugged	
Instagram and	(Mother as an Identity)	
available on YouTube.	Episode 2: Gray is the New	
	Green (A new perspective	
	on older adulthood)	
	Episode 3: Beyond the	
	Vision (Myths society has	
	about the visually	
	challenged and people with	
	other disabilities)	
	other disdefinities)	
	Workshops:	
	'Be here now'- A	
	workshop on	
	mindfulness	
	'Time to Exhale' –	
	Workshop on Resilience	

# **MSc PART 1 Early Childhood Education Practicum**

# Dr Kamini Rege: SEMESTER I Coursework and Assignments for Students

Sr N o	Name And Surname Of Student	Day and date	Time	Theme such As Lesson Planning/ Teaching Aid/ Teaching Method	Topics and subtopics	Type of Assignment Written, PPT, Oral, Workshop, Demonstration, any other	ICT/LMS/E- Resources Used E.G. Zoom, MS Teams, YouTube, Google Classroom
1.	Shreya Anchan	Saturday 23/10/2021	12:45pm- 1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12:10pm- 12:30pm	Teaching Aid	Flannel Board and Flannel cut- outs	PPT, Demonstration	Zoom
		Saturday 27/11/2021	11am- 11:20am	Teaching Method	Cooking experience	PPT	-Zoom

							-Instagram videos
		Friday 10/12/2021	12pm- 12:20pm	Teaching Approach	High scope and Bank Street Curriculum	PPT	-Zoom -Youtube
2.	Riya Author	22/10/2021 Friday 29/10/2021 Friday	Time: 12:45 - 01:45pm Time: 11:50 am - 12:30 pm	Lesson Plan	Topic 1: Day and Night  Topic 2: Non- Indian Festivals (Mid-Autumn festival)	PPT	Zoom
		16/11/2021 Tuesday	Time: 11:10 - 11:30 am	Teaching Aid	Topic: Pictures cards with and without written words or letter	PPT	Zoom YouTube
		27/11/2021 Saturday	Time: 10:15-10:35 am	Teaching Method	Topic: Art and Craft	PPT	Zoom Demonstrati ng art.
		10/12/2021 Friday	Time: 1:10-1:30 pm	Teaching Approach	Topic: Multiling ual approach	PPT	Zoom YouTube
3.	Nuzhat Dadan	<b>Date:</b> 23/10/2021 <b>Day:</b> Saturday	11:45 am - 12:45 pm	Lesson Plan	Topic: Safety at home Subtopic: Field Trip (virtual) and Storytelling	PPT	Zoom
		<b>Date:</b> 15/11/2021 Day: Monday	12:50 pm - 1:10 pm	Teaching Aid	Roleplays	PPT	Zoom YouTube
		Date: 29/11/2021 Day: Monday	11:35 - 11:55 pm	Teaching Method	Field trips/excursion and celebrations	PPT	Zoom
		Date: 17/12/2021 Day: Friday	12:05 - 12:25 pm	Teaching Approach	Multiple Intelligence	PPT	Zoom

4.	Jinagna Gondalia	Friday 22/10/2021	12:45pm- 1:10pm	Lesson Plan	Topic: Clothes and Texture Sub-topic: Science activities	Oral, PPT, Demonstration	Zoom
		30/10/2021 Saturday	12:25pm - 12:45pm	Teaching Aid	Puzzles, Blocks, Sand and Water Play	PPT, Demonstration	Zoom
		29/11/2021 Monday	12:25 am- 12:45pm	Teaching Method	Transition	PPT	Zoom YouTube
		10/12/2021 Friday	01:00pm- 01:20pm	Teaching Approach	Whole Language approach	PPT	Zoom YouTube
5.	Aishwarya Jagtap	Date: 23/10/2021 Day: Saturday	11:45 am - 12:45 pm	Lesson Plan	Topic: Safety at home Subtopic: Field Visit and Storytelling	PowerPoint presentation	Zoom
		Date: 11/12/21 Day: Saturday	11:10 am- 11:30 am	Teaching Aid	Topic: Dominoes (pairs, pictures and words)and Sequencing cards	PowerPoint presentation Demonstration- Dominoes - (1. pairs- Concept of vegetables_ picture and words) (2.pictures- Concept of shapes) (3.words- Sight words) Sequencing cards Brushing teeth- Routine	Zoom
		Date: 17/12/21 Day: Friday	11:40 am - 12:00 pm	Teaching Method	Topic- Story	PowerPoint presentation Demonstration- own modified Development	Zoom

						appropriate story	
		Date: 17/12/21 Day: Friday	12:05 pm - 12: 25 pm	Teaching Approach	Topic- Meta- cognition	PowerPoint presentation	Zoom
6.	Shaheen Khan	Friday 22/10/2021	12:45pm- 1:10pm	Lesson Plan	Topic: Clothes and Texture Sub-topic: Science activities	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12:00pm- 12:20pm	Teaching Aid	Topic: Demonst ration	PPT, Demonstration	Zoom
		Friday 26/11/2021	12:20pm to 12:40pm	Teaching Method	Topic: Activities and Games- Reading Readiness	PPT	Zoom
		Friday 10/12/2021	12:00pm- 12:20pm	Teaching Approach	Topic: Developmentally Appropriate Curriculum	PPT	Zoom
7.	Nausheen Merchant	Friday 22/10/2021	12:45pm- 1:10pm	Lesson Plan	Topic: Clothes and Texture Sub-topic: Science activities	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12.20- 12.40	Teaching Aid	Picture Talk and object Talk	PPT Demonstration	zoom
		Friday 26/11/2021	12.00- 12.20	Teaching Method	Science Experiments	Demonstration and PPT	Zoom
		Tuesday 30/11/2021	1.00-1.20	Teaching Approach	Project approach	PPT	Zoom
8.	Sakina Peer	Saturday 23/10/2021	12:45pm- 1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom

		Tuesday 16/11/2021	11:20 a.m 11:40 a.m.	Teaching Aid	Topic - Puppets Subtopics - Mask/paper bag /Finger/Body	Oral, PPT, Demonstration. Finger Puppet show- storytelling on Ant & Grasshopper	Zoom
		Saturday 27/11/2021	11:30 a.m 11:50 a.m.	Teaching Method	Concept & Content Teaching	Oral, PPT, Demonstration.	Zoom
		Saturday 18/12/2021	10:00 a.m 10:20 a.m.	Teaching Approach	Play Way Approach	Oral, PPT, Demonstration.	Zoom, Youtube
9.	Aisha Sayed	22/10/2021 Friday 29/10/2021 Friday	Time: 12:45 - 01:45pm Time: 11:50 am - 12:30 pm	Lesson Plan	Topic 1: Day and Night  Topic 2: Non- Indian Festivals (Mid-Autumn festival)	PPT PPT	Zoom
		26/11/2021 Friday	11:18am -11:40am	Teaching Aid	Flash Card and Flip Card	PPT , Demonstration	Zoom
		29/11/2021 Saturday	11:10 a.m 11:30 a.m	Teaching Method	Arithmetic Readiness	PPT	Zoom
		30/11/2021 Tuesday	10:45am - 11:05 am	Teaching Approach	Waldorf and Reggio Curriculum	PPT	Zoom
10	Sherin Samuel	Day: Saturday Date: 23/10/21	12:45pm- 1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom

		Date: 30/10/2021 Day: Saturday	12:50pm- 1:10pm	Teaching Aid	Topics: TV Scroll and Cubes and dices	PPT, Handmade teaching aid.	Zoom
		Date: 29/11/2021 Day: Monday	12:00pm- 12:20am	Teaching Method	Topics: Outdoor and Indoor Play	PPT, demonstration, activity.	Zoom
		Date: 17/12/21 Day: Friday	12:50pm- 1:10pm	Teaching Approach	Topic: Te Whariki Curriculum and Montessori curriculum	PPT	Zoom
11	Meha Savla	<b>Date:</b> 23/10/2021 <b>Day:</b> Saturday	11:45 am - 12:45 pm	Lesson Plan	Topic: Safety at home Subtopic: Field Visit and Storytelling	PowerPoint presentation	Zoom
		Date: 30/10/2021 Day: Saturday	12.00 - 12.20 pm	Teaching Aid	Puppets - Glove, String, Shadow, Box	PowerPoint presentation	Zoom
		<b>Date:</b> 26/11/2021 <b>Day:</b> Tuesday	08:20 - 08:40 am	Teaching Method	Poetry, Poem, Music, Song	PowerPoint presentation	Zoom
		Date: 30/11/2021 Day: Tuesday	11:10 - 11:30 am	Teaching Approach	STEM in Early Childhood Education	PowerPoint Presentation	Zoom YouTube
. 12	Fidela Varel	22/10/2021 Friday 29/10/2021 Friday	Time: 12:45 - 01:45pm Time: 11:50 am - 12:30 pm	Lesson Plan	Topic 1: Day and Night  Topic 2: Non- Indian Festivals (Mid-Autumn festival)	PowerPoint Presentation	Zoom
		Date : 16/11/2021 Day : Tuesday	Time :10:20- 10:40	Teaching Aid	Dioramas And model	PowerPoint Presentation, models	Zoom

	Date :15/11/2021 Day :Monday	Time: 10:20 - 10:40	Teaching Method	Writing readiness	PowerPoint Presentation	Zoom
	Date : 18/12/2021 Day : Saturday	Time: 9:45-9:55am	Teaching Approach	Integrated Approach Curriculum	PowerPoint Presentation	Zoom

#### MSC I PRACTICUM IN OTHER HUMAN DEVELOPMENT AGENCIES

#### **SEMESTER II 2021-2022**

## Dr Kamini Rege: INTERNSHIP PLANNED AND EXECUTED (ONLINE AND OFFLINE)

Sr. No	Name of the student	Organizatio n names and Place	Type of activity	Target group	Nationalit y	Beneficiaries	Cost incurre d
1	Shreya	Janki Samajik Sewa Sansthan Place- Bihar	Welfare & Development Programs Rights & Entitlements Programs	Elderly (Age not specified)	Indian	-	-
		Dada Dadi Foundation Place- Delhi	Legal Help, Healthcare services & Campaigns	Elderly (Above 60 years)	Indian	-	-
		Nightingales Medical Trust Place- Bengaluru	Medical Care, Prevention of Elder Abuse & Training and Capacity Building	Elderly (Above 60 years)	Indian	-	-
		Helpage Sri Lanka Place- Sri Lanka	Distribution of disability equipment & Free physiotherapy center	Elderly (60 years and above)	Internation al	-	-

		Alone Place- Ireland	Coordinated, Visitation, telephone support & Befriending	Elderly (60 years and above)	Internation al	-	-
		Centre for Youth Developmen t and Activities Place- Pune	Youth Rights Young Entrepreneurs	Adolescen ts (13 to 29 years)	Indian	-	-
		Khel Khel Mein Foundation Place- New Delhi	Free play and learning movement skills. After- school program & Support	Adolescen ts (Age not specified)	Indian	-	-
	_	Youth 4 Jobs Place- Hyderabad	College Connect, Youth Connect VI, Corporate Connect & Tech Connect	Adolescen ts (Age not specified)	Indian	-	-
		Dream a Dream Place- Bengaluru	Career Connect program (CCP), Designing interventions & Scale the life skills approach	Adolescen ts (Age not specified)	Indian	-	-
		Emirates foundation Place- Dubai, UAE	Think Science Programs, flagship programs and entrepreneurs programs.	Adolescen ts (Age not specified)	Internation al	-	-
2	Riya Author	ActionAid Place- Mumbai	Works for women's rights	Women (Age not specified)	Indian	-	-

Sewa Bharat Place- New Delhi	Work for the women's for their financial independence, education, health and social security	Women (Age not specified)	Indian	-	-
CREA Place- Delhi	Works for secual and reproducative health and rights, gender based violence and visibility	Women (Age not specified)	Indian	-	-
SEWA (Self- Employed Women's Association)  Place- Ahmedabad	Works towards improvement through technical training, microfinance, market linkages, natural resources management	Women (Age not specified)	Indian	-	-
American Medical Women's Association Place- Schaumburg	To advance women in medicine, advocate for equity and ensure excellence in health care	Women (Age not specified)	Internation al	-	-
Delhi Council for Child Welfare Place- Delhi	Works for underprivileged children, providing them home, medical care, rehabilitation for children and education	Children (Age not specified)	Indian	-	-
Save the Children Place- Haryana	Works for rights to survival, protection, development and participation for children	Children (Age not specified)	Indian	-	-

		Sparsha Foundation Place- Karnataka	Works for children to discover their potential and give them opportunities for comprehensive development	Children (Age not specified)	Indian		-
		Smile Foundation Place- Mumbai	Works for underprivileged children	Children (Age not specified)	Indian	-	-
		Child Rights International Network (CRIN)  Place- London	Works for producing new dynamic thinking on human rights, focusing on human rights, focusing on children	Children (Age not specified)	Internation al		-
3	Jinagna Gondalia	Save the Children Place- Secunderaba d, Telangana	Works for the children in the sectors of education, health and nutrition, child protection, humanitarian response and poverty and inclusion	Children (0-18 years)	Indian	Children in need of help	-
		Bhumi Place- Alandar, Chennai	Their work revolves around education, civic volunteering and leadership development	Children (0-18 years)	Indian	Underprivileg ed children	-
		Genesis Foundation Place- Gurugram, Haryana	Working for underprivileged children who are diagnosed with Congenital Heart Defect	Children (0-18 years)	Indian	Underprivileg ed children	-

Bachpan Bachao Andolan Place- New Delhi	Focuses on anti- trafficking an slavery, Legal interventions, and COVID-19 relief efforts	Children (0-18 years)	Indian	Children in need of rescue	-
ZOE  Place- Santa Clarita	Reach every person and rescue every child	Children (0-18 years)	Internation al	All children in need of rescue	-
Vimochana  Place- Bengaluru	Reaching out to women in distress through offering emotional and legal support, direct intervention, facilitating negotiated settlements and providing shelter to them.	Women (age not specified)	Indian	Women in distress	-
NOW (National Organization for Women)  Place- Washington DC	Reproductive rights and justice, Economic justice, Ending violence against women, Racial justice, Constitutional equality and LGBTQIA+ rights.	Women (age not specified)	Internation al	Women in need of help	-
Girls Who Code  Place- New York	To close the gender gap in technology and to change the image of what a programmer looks like and does.	Women (Age 13 and above)	Internation al	Women who want to become programmers	-
Girls Incorporated	Focuses on Healthy living, Academic enrichment and	Girls (5- 18 years)	Internation al	Women in need of help	-

		Place- New York	support and Life skills instruction				
		Black Girls code Place- Oakland	To build pathways for young women of color to embrace the current tech marketplace as builders and creators by introducing them to skills in computer programming and technology.	Girls (7- 17 years)	Internation al	Young girls wanting to learn computer programming and coding skills	-
4	Aishwar ya Jagtap	-	-	-		-	-
5	Shaheen Khan	Akshaya Patra Foundation Place- Bengaluru	Mission: To feed 5 Million children by 2025	Children (03 to 16years)	Indian	Children	-
		CRY (Child Rights and You) Place- Kolkata	Vision: A happy, healthy and creative child whose rights are protected and honored in a society that is built on respect for dignity, justice and equity for all.	Children (Age not specified)	Indian	All children	-
		Indian Association for the Blind Place- Tamilnadu	affirms its commitment to empower visually challenged people to become self-reliant	Children (Age not specified)	Indian	Visually challenged people	-

Love146  Place- 32  Temple St  Ste 2A, New  Haven, CT  06510	Vision: The end of child trafficking and exploitation.	Children (Age not specified)	Internation al	children impacted by trafficking	-
Pratham Place- Gujarat	innovative learning organization created to improve the quality of education in India	Children (Age not specified)	Indian	All learning children	-
Guria India Place- Varanasi	To fight against human trafficking and forced prostitution especially among women and children	Women (Women of all ages)	Indian	All women	-
Srujna Place- Borivali	Women in India prosper through meaningful work that allows them to balance their domestic responsibilities, with opportunities for social and economic empowerment	Women (Women of all ages)	Indian	All women who is in need for earning	-
Aks Foundation Place- Pune	A gender equal society, where violence is not the norm and everyone can lead a life free of abuse	Women (Age not specified)	Indian	All women who are victim of abuse	-
Make love not scars  Place- New Delhi	Provide dignity and independence to acid attack survivors through medical, legal, educational,	Women (Age not specified)	Indian	Women who are victim of acid attack	-

			vocational and psychological				
		Women for women International Place- Washington DC	Women for Women International supports the most marginalised women to earn and save money, improve health and well- being, influence decisions in their home and community, and connect to networks for support	Women (Age not specified)	Internation al	women survivors of war and conflict.	-
6	Naushee n Merchant	Youth for Seva Place- Karnataka	Youth engagement	Youth (Age not specified)	Indian	Youth between the age group of 14-25	-
		Sumaitri Place- Delhi	Crisis intervention	Youth (Age not specified)	Indian	Youth who requires support midst crisis	-
		Arpita Foundation Place- Banglore	Mental well-being of the youth	Youth (Age not specified)	Indian	Youth having mental health issues	-
		Save Our Youth Organisation Place- California	Youth empowerment	Youth (Age not specified)	Indian	Youth who requires assistance	
		International Youth Foundation	POSITIVE Youth development	Youth (Age not specified)	Internation al	Youth skill building	-

		Place- USA					
		Beti-a Movement	Gender fairness	Women 30 and above	Indian	Women of all age groups	-
		Place- Andheri		above			
		Women Welfare Society	Women empowerment	Women 30-60 years	Indian	Women	-
		Place- Banglore					
		Jagori Place- New Delhi	Mental well-being of women	Women 25 and above	Indian	Women with mental health issues	
		Gramin Vikan Evam Chetna Sansthan	Skill building, financial independence	Women 30 and above	Indian	Women who requires training towards independence	-
		Place- Rajasthan					
		Association for women rights in development	Rights and justice for women	Women 25 onwards	Internation al	Women who wants justice	-
		Place- Mexico					
7.	Sakina Peer	MAVA(Me n Against Violence & Abuse)	Gender Sensitization and Mentoring Program among Young Men SamaBhav Publication Purushspandana	Men - 18- 60 yrs	Indian	Empowering and educating young and older adult men.	Nil

Place:- Dadar West, Mumbai	Addressing Contemporary Gender Matters Capacity-Building				
Men Engage Alliance Place- Kenya, Africa	Kenya MenEngage Alliance (KEMEA) is a national network of non-governmental organizations, government institutions, and community based organizations involved in research, interventions and social mobilization initiatives that engage boys and men in effective ways to reduce gender inequalities and promote the health of women, men and children	Men - 18- 60 yrs	Internation	Men, Women, LGBTQ+ Community, Society as a whole.	Nil
Men Welfare Trust (MWT) - NGO For Men Place- Delhi, India	Gender Sensitization and Mentoring Program among Young Men SamaBhavPublicatio n Purushspandana Addressing Contemporary Gender Matters, Capacity- Building498ADome stic Violence Maintainance Husband Maintainance, Divorce	Men - 18- 60 yrs	Indian	Victimized men & their families due to heavy misuse of gender	Nil

	Perjury 340 CRPC, Custody				
Apnala Place- Chemi Mumb India	Poverty The Struggle of the Our, Urban Poor	Men - 18- 60 yrs	Indian	Urban poor community	Nil
Social Welfar Associa For M Saathi  Place- Chenn Tamil India	intervention President is MSM- HIV positive who Re first came out in India in the year of 1993, short stay home & nutrition	Men - 18- 60 yrs	Indian	Mean suffering from MSM-HIV	Nil
Empor Place- Mahal i, Mun India	Program Sanitation Clean Drinking	Women - 18-60 yrs	Indian	Empowering and educating young women	Nil
SEWA Bharat Place-		Women - 18-60 yrs	Indian	Employing women with safe working environment and &	Nil

New Delhi, India	Pragati - Training in Retail Management Vahini - E-rickshaw driving Unnati - Training in Hospitality Kushal Yuva Program - Skill Development Mission			protection from hazardous conditions.	
SAYODHY A Place- Hyderabad, India	Rehabilitation Centre Maternity Hospital Emergency Shelter & Counseling. Third Gender Training Free family Counseling Centers Domestically Abused Women	Women - 18-60 yrs	Indian	Emergency shelter; counseling and support for women victims	Nil
Center for Reproductiv e Rights Place- New York	Abortion Adolescent Sexual and Reproductive Health and Rights Assisted Reproduction Contraception Humanitarian Settings Maternal Health	Women - 18-60 yrs	Indian	Women's basic rights for abortion	Nil
Equality Now Place- Nairobi, Kenya	Achieving Legal Equality Ending Sexual Exploitation Ending Sexual Violence Ending Harmful Practices	Women - 18-60 yrs	Internation al	Women and young girls facing inequality	Nil

			Ending Sexual Violence in South Asia Addressing Sexual Violence Against Marginalized				
8.	Sherin Elsa Samuel	Dream girl Foundation Place- Haryana	Project Zindagi - Current campaign is Razi Donation Campaign for children facing dangerous diseases Providing education to children and also medical facilities.	Children especially girls (age not specified)	Indian	Underprivileg ed children	Nil
		Sethu child development and family guidance Place- North Goa	Online webinar on Pre-verbal skills on 16th April, 2022. Covid responses: Crisis Management and Planning, Clinical Services, Online Counselling, Behaviour Management Parenting Guidance were offered	Children (0-19 years old)	Indian	Children having developmenta l, behavioural and educational challenges	Nil
		Child help foundation Place- Mira Road, Mumbai	Oxygen Concentrators, Ration Kits Distribution, Roti ghar Works on medical emergency cases for children. Marginalised children in need, empowering them, bringing smiles and	Children (age not specified)	Indian	Underprivileg ed children	Nil

		making them future ready.				
	GiveLight Foundation  Place- California, USA	To provide crisis relief, build, fundraising and manage orphanages	Children (2-14 years old)	Internation al	Providing education to underprivilege d	Nil
	Aflatoun International Place- Netherlands	Partner of the week: Peace and Conflict Resolution (PCR Foundation) – April 12th, 2022 Covid work: Children and youth call for practical solutions during covid-19 Pandemic	Children (2-14 years old)	Internation al	Empowering children	Nil
	Snehanjali Place- Nallasopara, Mumbai	Providing 24x7 assistance for elderly, nutrition, health	Elderly (age not specified)	Indian	Providing 24x7 assistance, nutrition and health for elderly	Nil
	Age Well Foundation Place- New Delhi	Distribution of wheelchairs, adult diapers, walkers, food packets among destitute elderly, share warmth campaign for collection and distribution of woollens among destitute and elderly	Elderly (60 years and above)	Indian	Empowering elderly	Nil
	Joy Foundation	Enabling health care access to elderly lives in rural India	Elderly (60 years and above)	Indian	Helping and rescuing out needy elderly	Nil

		Place- Hyderabad	Rescuing aged needy persons from road accidents Food supplies distribution			and assisting them	
		International Federation on Ageing Place- Canada	Addressing inequalities Age friendly environments Applied Technologies	Elderly (60 years and above)	Internation al	Providing protections and fighting and providing awareness for elderly	Nil
		Age & Opportunity Place- Ireland	Currently recruiting an Arts Programme Assistant Manager Current opportunities: Co- Ordinator of the Alliance of Age Sector NGOs	Elderly 60 years and above)	Internation al	Empowering elderly	Nil
9	Meha Savla	Vaastav Foundation Place- Mulund East, Mumbai	Works for preserving and protecting Men's Human Rights.	Men (Age not specified)	Indian	Divorce, Parents and Children	-
		Daaman Welfare Society Trust Place:-Civil Lines, Kanpur	Works for men who are victims of gender biases.	Men (Age not specified)	Indian	Abused men and families	-
		Hridaya - Nest of Family Harmony	Men's rights organization	Men (Age not specified)	Indian	Men and their families	-

		Place- Kolkata					
		Save Indian Family Foundation	Men's right, gender equality and family harmony	Men (Age not specified)	Indian	Abused men on the basis of gender biases	-
		Place- Bangalore					
		Cave of Adullam (CATTA)  Place- Detroit, USA	Train boys who are emotionally distressed, mentally discontented and spiritually in debt.	Boys and Young men (6 to 14 years enroll)	Internation al	Emotionally distress youths	-
	Yuva Unstoppable Place- Ashram Road, Ahmedabad	Works for underprivileged children and youth in the education sector	Youth (Ages from 10 and above)	Indian	Underprivileg ed children	-	
		Leher  Place- Defence Colony, New Delhi	Child rights organization	Adolescen ts (Till the age of 18)	Indian	Underprivileg ed children	-
		Karunalaya Place- Koli Street, Tamil Nadu	Works for protection and development of street and working children	Adolescen ts (Age not specified)	Indian	Street Children and working children	-
	Youth for United & Vibrant Arunachal (YUVA)	Works to develop comprehensive resources for the youth	Youth (Ages between 15 to 35)	Indian	Youth	-	

		Place- Papum Pare District, Arunachal Pradesh					
		International Lesbian, Gay, Bisexual, Transgender , Queer & Intersex Youth and Student Organisation (IGLYO)  Place- Belgium	Empowering, connecting and advocating LGBTQI youth	Youth (Ages between 18 - 30)	Internation al	LGBTQI Youth	
10	Aisha Humaira Sayed	Meer Foundation Place- Santacruz West, Mumbai	Support for acid attack survivors provided daily food requirements to over 5500 families for at least a month in Mumbai.	Women (Age not specified)	Indian	All women and Low socio economic groups	-
		Alpha Healing Centre  Place- Vadodara, Gujarat.	Offer advanced evidence-based treatments and holistic healing to create a unique recovery experience for individuals struggling with alcohol, drug, or any other addictions.	Women (Not specified)	Indian	All women, men	-
		International Foundation for Crime	To create and extend support services for women and queer	Women (Age not specified)	Indian	All women	-

Prevention and Victim Care (PCVC) Place- Chennai, Tamil Nadu	individuals affected by domestic and interpersonal violence.				
Give India Place- Bengaluru, Karnataka.	To strengthen the "giving culture" in India by providing people with opportunities to contribute to good causes, with very high standards of transparency and accountability.	Women (Age not specified)	Indian	All women, Low socio economic group.	-
Bill and Melinda Gates Foundation Place- Munirka, New Delhi.	To bring about the kinds of changes that will help people live healthier and more productive lives, we seek to understand the world's inequities.	Women (Age not specified)	Internation al	All low socio- economic group and women	-
VridhCare  Place- Pitampura, Delhi.	Work during covid – Provided food, companionship, rehabilitation, gave livelihood support to elderly.	Elderly (not specified)	Indian	All elderly	-
Jyestha Care Place- Thane West, Maharashtra	Providing a team of trained personnel under the guidance of a geriatrician and medical professionals having combined clinical	Elderly (not specified)	Indian	All elderly	-

	experience and patient care management of more than 2 decades.				
Swarg Community Care  Place- Vadodara, Gujarat.	People can stay and have facilities like Nursing, Medical, Physiotherapy, Psychotherapy, Hygienic Food & Water, Recreational activities, In-door & Out-door Games, Immediate Transportation Facilities, 24/7 Oncall Doctoral Facilities, YOGA, Motivational Activities and many more.	Elderly (not specified)	Indian	All elderly	
Porosh Home Care For Elderly Place- Joka, Kolkata	provide home assistance to the senior citizens concerning medical and non-medical issues	Elderly (Not specified)	Indian	All elderly	-
Dementia Singapore  Place- BS Bendemeer Centre, Singapore	As Singapore's leading Social Service Agency (SSA) in specialised dementia care, Dementia Singapore aims to advocate for the needs of people living with dementia and their families; empower the community through capability-building,	Elderly (not specified)	Internation	All elderly and dementia patients.	-

			knowledge and consultancy; and deliver quality, person-centred care innovations				
11	Fidela Felicia Varel	AIF - American India Foundation  Place- New York, California, & New Delhi	Empower, financial support, like skills training, mental health help, crisis management, counselling	Men and women of 18 +years	Indian	Men and women	-
		Give India  Place- Andheri, Mumbai	Empower, financial support, like skills training, mental health help, crisis management, counselling	Women and children of all age groups	Indian	All women who need help	-
		Sanctum Wellness Place- New Delhi	Empower, financial support, like skills training, mental health help, counselling	Men 18 years +	Indian	Education support to men	-
		Mens Rights Place- Daman	Fights for men dealing with gender bias, rape, abuse	Men from 18years+	Indian	Men	-
		Canadian center for men and families  Place - Canada	Counselling,Legal Clinic ,Fathering After Separation or Divorce , Support for Male Victims of Domestic Violence and Abuse ,Survivors of False	Male victims of all age groups	Internation al	Men	-

			Allegations Group, Peer Support groups ,Men's Issues Reading and Discussion groups ,Employment and Career Advice				
		Maharashtra Utkarsh Global Foundation Place- Mulund & Ambernath	Empower, financial support, like skills training, mental health help, crisis management, counselling	Women of all age groups (15 years +)	Indian	Women at the center	-
		Goenchi Nari Shakti Place- Goa	Counselling , life skills	Women of all age groups	Indian	Women	-
		Being A Woman Place- Delhi	Counselling, social justice	Women from 18 years +	Indian	Women	-
		Muse Foundation Place- Thane	Social Justice	Women and men of all age groups	Indian	Everyone that needs help	-

## VISITS PLANNED EXECUTED AND ACCOMPLISHED (ONLINE AND OFFLINE)

Sr. No.	Name of the student who had organis ed the visits	Organization name, Place and Date	Type of activity	Target group	Beneficiaries	Cost incurred
1	Shreya Anchan	Stree Mukti Sanghatana Place: Prabhadevi, Mumbai Date: 22nd April 2022	Family counseling, Day care, Jidnyasa and Parisar vikas	All age groups and gender	Shreya Anchan Riya Author Meha Savla Jinagna Gondalia Shaheen Khan Sakina Peer Fidela Varel Sherin Elsa Samuel Aisha Sayed Nausheen Merchant	Ticket cost- Rs. 25 Taxi cost- Rs. 25 Total cost- Rs. 50
2	Riya Author	The Society for the Rehabilitation of Crippled Children Place: 1A Haji Ali Park, K. Khadye Marg, Mahalaxmi Mumbai -400034 Date: 30th April, 2022	Vision Therapy Behavioral Therapy Audio Therapy Prosthetics and orthotics Occupational Therapy Speech Therapy Physiotherapy Sp. Educational Dept. Psychological Assessment	Special Children	Riya Author Shreya Anchan Meha Savla Jignagna Gondalia Shaheen Khan Fidela Varel Sherin Samuel Nausheen Merchant Sakina Peer	Total cost- Rs. 50

			Remedial Education Therapy			
3	Jinagn a Gondal ia	Snehalaya Charitable Trust Place: Thane Date: 6th May, 2022	Creative and constructive creativities to enhance the life skills of intellectually challenged children	Intellectu al children above 13+	Jinagna Gondalia Shreya Anchan Riya Author Shaheen Khan Meha Savla Fidela Varel	Ticket cost- Rs. 110 Auto- Rs. 160 Total- Rs. 270
4	Aishwa rya Jagtap	No Visit Organized				
5	Shahee n Khan	Rubaroo Breaking the Silence Foundation Place: 218 Prem Baug 1st Floor/Room, No.6, Sir Bhalchandra Rd, Matunga Central Railway Workshop, Mumbai, Maharashtra 400019 Date: 5th May, 2022	It aims to break the silence surrounding the issue of Child Sexual Abuse and confront the issue "face-to-face".	Children	Shaheen Khan Nausheen Merchant Sherin Elsa Samuel Meha Savla Jinagna Gondalia Riya Author Sakina Peer Shreya Anchan	Ticket cost- 20 Rs per person Total cost- Rs. 120
6	Naushe en Mercha nt	Ummeed Child Developmental Centre Place: 1-B,1/62, Mantri Pride Building, N.M.Joshi Marg, Near Arthur Road Junction, Subash	Counselling centre for differently abled children and adolescents.	Children and adolescen ts All age groups	Nausheen Merchant Fidela Varel Sherin Elsa Samuel Shaheen Khan Jinagna Gondalia	Total cost- Rs. 100

		Nagar, Lower Parel East, Mumbai, Maharashtra 400011 Date: 11th May, 2022			Shreya Anchan Riya Author Meha Savla Sakina Peer	
7	Sakina Peer	Praja Foundation Place:- 2nd Floor, Shriram Industrial Estate, B18, 13, GD Ambekar Marg, Wadala, Mumbai, Maharashtra 400031 Date: 14th May, 2022	Praja is a non- partisan organization working towards enabling accountable governance since 1997. Praja envisions improving the quality of life for all through simplifying people's lives, creating tools for better governance and making democracy work.	All age groups and gender	Sakina Peer Shreya Anchan Jinagna Gondalia Meha Savla Shaheen Khan Riya Author	Total cost: Rs. 100
8	Sherin Elsa Samuel	Citizens Association for Child Rights Place: Nahar & Seth Industrial Estate, Chaklala, Andheri East, Mumbai, Maharashtra 400053 Date: 29 <sup>th</sup> April, 2022	Personal hygiene programs Menstrual hygiene programs Flush the virus programs Awareness campaigns Vaccination campaigns	Underpri vileged/ru ral communit y children	Sherin Elsa Samuel Riya Author Meha Savla Jinagna Gondalia Shaheen Khan Sakina Peer Fidela Varel	Total cost - 100
9	Meha Savla	Dharma Bharathi Mission	Works to educate,	Youth ages from	Meha Savla	-

		Place: Khar Road Station (West) Date: 22nd April, 2022	empower, and employ the youth of economically backward classes. Two programs running in Khar are Vocational training program and UDAAN Community Learning Centre	15 and above (economi cally backward classes)	Jinagna Gondalia Shreya Anchan Riya Author Shaheen Khan Sakina Peer Nausheen Merchant Sherin Elsa Samuel Aisha Sayed Fidela Varel	
10	Aisha Humai ra Sayed	No Visit Organized				
11	Fidela Felicia Varel	Utkarsh Global Foundation Place: Mulund West Date: 20th May, 2022	Life skills Counseling Fashion designing Empowerment	Women from18 years +	Fidela Varel Meha Salva Riya Author Sakina Peer Nausheen Merchant	Ticket cost- Rs. 120 Auto fare- Rs. 60 Total cost- Rs. 180

#### 10. Participation of Students in Seminars/Conferences/Online Courses/Workshops

# Online Courses Completed by MSc Students (under the guidance of Dr. Anuradha J. Bakshi):

Sr.	Name of Course/	Organized by	<b>Completion Date</b>	Participating
No.	Programme	Conducted by		Students
1.	Psychological First Aid	Coursera	June 5, 2021	Binal Dedhiya Fallyn Pereira
		John Hopkins University		
2.	Foundations of Mindfulness	Coursera	June 11, 2021	Fallyn Pereira
		Rice University		
3.	The Arts and Science of Relationships:	Coursera	June 14, 2021	Binal Dedhiya
	Understanding Human Needs	University of Toronto		
4.	Healing with the Arts	Coursera	July 2, 2021	Huda Khan
		University of Florida		
5.	Teach English Now! Foundational Principles	Coursera	May 29, 2022	Huda Khan
		Arizona State University		

#### Seminars/Workshops/Conferences Organised &/or Attended by Students of the Department

The Counselling Workshops, a Music and Movement Workshop, and the Disability Awareness and Sensitivity Building Programmes organised for students and mentioned earlier in the report are not listed here again.

SEM	INARS, WORK	SHOPS AND C	CONFERENC	CES CONDUCTI	ED/ORGA	ANIZED	
Sr.	National /	Name of the	Name of	Theme of the	Orgd.	Role In	Place &
No.	International/	Seminars/	the	conference	By	Organizing	Date
	State / Local	Conferences	students				
		/Workshops					
1	Local	CPAECE	Hazra	Music and	Dr.	Presenters	Nirmala
	(College)	Workshops	Shirva	Movement	Kamini	in	Niketan
			2. Hetvi	(online)	Rege	workshop	&
			Doshi				15/02/22
			3. Jyotsna				
			Domal				

			1				
			4. Michelle				
	~ .	67.767	D'souza		_	~ .	
2	Local	CPAECE	1. Tanvi	Assessment	Dr.	Conducting	
	(College)	Workshops	Mestry		Kamini	Activities	
			2.		Rege		
			Maruska				
			Fernandes				
			3. Fauziya				
			khatri				
3	Local	CPAECE	1. Insiya	Language	Dr.	Conducting	Nirmala
	(College)	Workshops	Soni	Development	Kamini	Activities	Niketan
		_	2. Zainab	_	Rege		&
			Nullwala				05/03/22
			3. Ayesha				
			Tole				
			4. Aqsa				
			Siddiqui				
4	Local	CPAECE	1.	Art & Craft	Dr.	Conducting	Nirmala
	(College)	Workshops	Kanishka		Kamini	Activities	Niketan
	2 /	1	Shah		Rege		&
			2. Iqra				07/03/22
			Sarang				
5	Local	CPAECE	1.	Science	Dr.	Conducting	Nirmala
	(College)	Workshops	Jennifer	Activities	Kamini	Activities	Niketan
		1	James		Rege		&
			2. Jayani		8-		08/03/22
			Gala				
			3. Ayushi				
			Parekh				
			4. Angela				
			Monterio				
			5.				
			Mohddasa				
			Ajani				
			6. Rutuja				
			Gawade				
6	Local	CPAECE	1.	Social Studies	Dr.	Conducting	Nirmala
	(College)	Workshops	Mahima	and Special	Kamini	Activities	Niketan
	( <del></del> )		Shukla	Considerations	Rege		&
			2. Vidya				08/03/22
			Tardekar				&
			1 araonar				09/03/22
							07/03/22

			3.				
			Rochelle				
			Fernandes				
7	Local	CPAECE	Dr.	Music and	Dr.	Conducting	Nirmala
	(College)	Workshops	Kamini	Movement	Kamini	Activities	Niketan
			Rege	(Offline)	Rege		&
							01/04/22
8	Local	CPAECE	Sarah	Reading,	Dr.	Conducting	Nirmala
	(College)	Workshops	Surti	Writing &	Kamini	Activities	Niketan
			2. Ishika	Arithmatic	Rege		&
			Jain				01/04/22

# Alternative Therapies Workshops MSc2 Students Organized and Participated in, under the Guidance of Dr. Anuradha J. Bakshi

Sr.	Title of the Alternative	Conducted By/	Date	Mode
No.	Therapy	Resource Person		
1	Colour Therapy	MSc2 Student Ms. Naqiya	18th February,	Offline
		Jamali	2022	
2	Yoga: For Mind, Body and Soul	Expert Ms. Pranjal Padghan	25th February, 2022	Offline
3	Number Therapy	MSc2 Student Ms. Binal Dedhiya	4th March 2022	Offline
4	Cupping Therapy	Expert Ms. Afeefa Khan	11th March 2022	Offline
5	Mindset Management through Journaling and Meditation	Expert Ms. Prachi Bhansali	25th March 2022	Online
6	Emotion Focused Therapy	Expert Dr. Shefali Batra	1st April 2022	Online

(Other sessions were organized in June 2022 and are reported in the Annual Report of 2022-2023.)

# Papers Presented by Students at Seminars/Conferences/Workshops: NATIONAL LEVEL

Guide: Dr. Anuradha J. Bakshi

authors	Paper				Sponsoring
		Theme of the		Date	Agency
		Conference/			
		Seminar			
TY BSc Students:	Extent of	UGC STRIDE	UGC STRIDE Research	Online	UGC
Ms. Jinagna	Multilingualism	National Level -	Capacity Building		
Gondolia (Student	in Youths and	Virtual Research	Centre of Dr. BMN	10th &	
Leader) &	Comparison	Paper	College of Home	11th of	
•	with their	Presentation	Science, Mumbai,	June	
· ·	Parents and	Competition	affiliated to SNDTWU	2021	
ŕ	Grandparents				
•		Level: UG			
•		Category: Arts &			
Jagtap		Humanities			
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	Callaga in the	LICC STRIDE	LICC CTDIDE Descend	Online	UGC
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Muslman Varidiria	, .				
•	· ·	<b>.</b>			
Guide & Co-	Adaptability	numanities			
Author: Dr.					
Anuradha J.					
Bakshi					
TY BSc Students:	Gratitude and	UGC STRIDE	UGC STRIDE Research	Online	UGC
	Wellbeing: A	National Level -	Capacity Building		
•			1 0	10th &	
`	•	Paper	College of Home	11th of	
		-	Science, Mumbai,	June	
Ms. Devanshi		Competition		2021	
Gandhi, Ms. Hurin		1			
Chawre, Ms.		Level: UG			
	Ms. Jinagna Gondolia (Student Leader) & Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Isha Dhakan (Student Leader) & Ms. Batul Kapadia, Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Muskaan Kavdiya  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Nidhi Shetty (Student Leader) & Ms. Bhakti Mazani, Ms. Devanshi Gandhi, Ms. Hurin	Ms. Jinagna Gondolia (Student Leader) & Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Muskaan Kavdiya  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Nidhi Shetty (Student Leader) & Study during COVID-19 Pandemic	Ms. Jinagna Gondolia (Student Leader) & Comparison Ms. Shreya Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap  Guide & Co- Author: Dr. Anuradha J. Bakshi  TY BSc Students: Ms. Batul Kapadia, Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Multilingualism National Level - Virtual Research Paper Presentation Competition  Category: Arts & Humanities  UGC STRIDE National Level - Virtual Research Paper Virtual Research Paper Presentation Competition  Category: Arts & Humanities  UGC STRIDE National Level - Virtual Research Virtual Research Paper National Level: UG Category: Arts & Humanities  UGC STRIDE National Level - Virtual Research Paper Presentation Competition  Competition  Competition  Outlede Co- Author: Dr. Anuradha J. Bakshi  TY BSc Students: Ms. Nidhi Shetty (Student Leader) & Wellbeing: A Study during COVID-19 Paper  Ms. Bhakti Mazani, Ms. Devanshi Gandhi, Ms. Hurin  Outlede Co- Virtual Research Virtual Research Virtual Research Virtual Research Paper Virtual Research Virtual Research Paper Virtual Research Paper Virtual Research Paper Virtual Research Virtual Research Paper Virtual Research Paper Virtual Research Virtual Research Virtual Research Virtual Research Paper Virtual Research Paper Virtual Research Virtual Research Paper Virtual Research Paper National Level - Virtual Research Virtual Research Paper National Level - Virtual Research	Ms. Jinagna Gondolia (Student Leader) & Comparison Ms. Shreya Ms. Shreya Ms. Shreya Ms. Riya Author, Ms. Riya Author, Ms. Aishwarya Jagtap  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Batul Kapadia, Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Nabeeha Mizeru of Competition Nabeeha Ms. Nabeeha Ms. N	Ms. Jinagna Gondolia (Student Leader) & Multilingualism In Youths and Comparison Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap  Guide & Co- Author: Dr. Anuradha J. Bakshi TY BSc Students: Ms. Batul Kapadia, Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Nabeeha Moiz, Ms. Malysis, Nabeeha Moiz, Ms. Malysis, Nabeeha Moiz, Ms. Molding ulisism National Level - Competition Grandparents  Multilingualism National Level - College of Home Science, Mumbai, affiliated to SNDTWU  Comparison With their Presentation Competition Grandparents  Level: UG Category: Arts & Humanities  UGC STRIDE National Level - Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU  Online Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU  Online Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU  Online Capacity Building Centre of Dr. BMN College of Home Capacity Building Centre of Dr. BMN College of Home Capacity Building Centre of Dr. BMN College of Home Capacity Building Centre of Dr. BMN College of Home Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, Adaptability Conpetition  Online Category: Arts & Humanities  Category: Arts & Humanities  Category: Arts & Humanities  Capacity Building Conpetition  Online Category: Arts & Humanities  Ca

	Muskaan Kavdiya		Category: Arts &			
			Humanities			
	Guide & Co-					
	Author: Dr.					
	Anuradha J.					
	Bakshi					
4.	MSc Students:	Sleep Patterns	UGC STRIDE	UGC STRIDE Research	Online	UGC
	Ms. Kreena B.	and	National Level -	Capacity Building		
	Gala (Student	Behaviors of			10th &	
	Leader) &	Youth and their	Paper	College of Home	11th of	
	Ms. Mariam	Parents	_		June	
	Chauhan, Ms.			· · · · · · · · · · · · · · · · · · ·	2021	
	Sapna P. Sharma,		1			
	Ms. Jamila		Level: PG			
	Sabuwala		Category: Arts &			
			Humanities			
	Guide & Co-					
	<u>Author</u> : Dr.					
	Anuradha J.					
	Bakshi					
5.	_	Peer Pressure		UGC STRIDE Research	Online	UGC
	Ms. Binal	among Girls:		Capacity Building		
	Dedhiya	Experience,			10th &	
			_		11th of	
	Guide & Co-	Coping, and		, , ,	June	
	Author: Dr.	Self-concept	Competition	affiliated to SNDTWU	2021	
	Anuradha J.					
	Bakshi		Level: PG			
			Category: Arts &			
			Humanities			
6.	MSc Student:	Portrayal of	UGC STRIDE	UGC STRIDE Research	Online	UGC
	Ms. Shafaq	Marriage in	National Level -	Capacity Building		
	Abuzar Ansari	Bollywood	Virtual Research	Centre of Dr. BMN	10th &	
		Cinema: A	Paper	College of Home	11th of	
	Guide & Co-	Three-	Presentation	Science, Mumbai,	June	
	Author: Dr.	Generation	Competition	affiliated to SNDTWU	2021	
	Anuradha J.	Analysis				
	Bakshi		Level: PG			
			Category: Arts &			
			Humanities			

## Guide: Dr. Kamini Rege

Sr	Names of	Title of the Paper	Name &	Organized by	Place and	Sponsoring
No	the authors		Theme of the Conference/ Seminar		Date	Agency
1.	T.Y.BSc	Perimenopausal	6th National	K.M.S.P.Mandal's Sant	Online	
	Students:	Stage: Perception	Level Shri	Rawool Maharaj	mode	
	Ms.	of Husbands and	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22	
	Jennifer	Wives	Student's	Dist. Sindhudurg 'Best		
	James &		Innovation	College Award' (2009-		
	Ms. Tanvi		Presentation	10) University of		
	Mestry		Competition SETSIPS	Mumbai Re-accredited- 'B+' Grade by NAAC		
	Guide &			CGPA (2.59)		
	Co-Author:			( , )		
	Dr Kamini					
	Rege					
2.	T.Y.BSc	Covid Warriors	6th National	K.M.S.P.Mandal's Sant	Online	
	Students:	Perception About	Level Shri	Rawool Maharaj	mode	
	Ms.	the Elderly	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22	
	Angela		Student's	Dist. Sindhudurg 'Best		
	Monteiro		Innovation	College Award' (2009-		
	& Ms.		Presentation	10) University of		
	Kanishka		Competition	Mumbai Re-accredited-		
	Shah		SETSIPS	'B+' Grade by NAAC CGPA (2.59)		
	Guide &					
	Co-Author:					
	Dr Kamini					
	Rege					
3.	T.Y.BSc	Generalized	6th National	K.M.S.P.Mandal's Sant	Online	
	Student:	Anxiety Among	Level Shri	Rawool Maharaj	mode	
	Ms. Insiya	Teens (13-18years)	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22	
	Soni	During COVID-19	Student's	Dist. Sindhudurg 'Best		
			Innovation	College Award' (2009-		
	Guide &		Presentation	10) University of		
	Co-Author:		Competition	Mumbai Re-accredited-		
	Dr Kamini		SETSIPS	'B+' Grade by NAAC		
	Rege			CGPA (2.59)		
4.	T.Y.BSc	People with	6th National	K.M.S.P.Mandal's Sant	Online	
	Students:	disabilities:	Level Shri	Rawool Maharaj	mode	
	Ms.	Attitude of youth	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22	
	Michelle	(15 to 20 years)	Student's	Dist. Sindhudurg 'Best		

	D'souza &	and young adults	Innovation	College Award' (2009-	
	Ms. Hetvi	(21 to 26 years)	Presentation	10) University of	
	Doshi		Competition	Mumbai Re-accredited-	
			SETSIPS	'B+' Grade by NAAC	
	Guide &			CGPA (2.59)	
	Co-Author:				
	Dr Kamini				
	Rege				
5.	T.Y.BSc	Psychological	6th National	K.M.S.P.Mandal's Sant	Online
	Student: Ms.	Distress Due to	Level Shri	Rawool Maharaj	mode
	Zainab	Menstrual Problem	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22
	Shabbir	Among Youths	Student's	Dist. Sindhudurg 'Best	
	Nullwala	(15-26)	Innovation	College Award' (2009-	
			Presentation	10) University of	
	Guide &		Competition	Mumbai Re-accredited-	
	Co-Author:		SETSIPS	'B+' Grade by NAAC	
	Dr Kamini			CGPA (2.59)	
	Rege				
6.	MSc_	Internet	6 <sup>th</sup> National	K.M.S.P.Mandal's Sant	Online
	Student:	Pornography:	Level Shri	Rawool Maharaj	mode
	Ms. Fallyn	Awareness Among	Eknath Thakur	Mahavidyalaya; Kudal,	15/02/22
	Ann	Youth (13-26	Student's	Dist. Sindhudurg 'Best	
	Pereira	Years)	Innovation	College Award' (2009-	
			Presentation	10) University of	
	Guide & Co-		Competition	Mumbai Re-accredited-	
	<u>Author</u> : Dr		SETSIPS	'B+' Grade by NAAC	
	Kamini			CGPA (2.59)	
	Rege				

#### INTER-COLLEGIATE/ INSTITUTE/ DEPARTMENT PAPER PRESENTATION BY STUDENTS:

Papers Presented by Students at Seminars/Conferences: INTERCOLLEGIATE LEVEL

On Account of COVID-19, the final round of Avishkar Research Convention of 2020-2021 (namely, the 15<sup>th</sup> Avishkar Research Convention) was organized in June/July 2021. Thereby, the details of these <u>final round</u> student presentations in June/July 2021 are included in the Department Report of 2021-2022. The Aviskhar Research Convention of 2021-2022 (namely, the 16<sup>th</sup> Avishkar Research Convention) was organized from February to May 2022 and is also included in this Department Report.

#### Guide: Dr. Anuradha J. Bakshi

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	Gondalia (Student Leader) &	Multilingualism in Youths and	15th Avishkar Research Convention: Final Round Category: Humanities, Languages and Fine Arts Level: UG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021 Online Presentation 22 <sup>nd</sup> June 2021	University of Mumbai
2.	MSc Students: Ms. Mariam Chauhan (Student Leader) & Ms. Kreena B.	Sleep Patterns and Behaviours of Youth and their Parents: Pre- Pandemic Times vs. Current Pandemic Times	15th Avishkar Research Convention: Final Round Category: Medicine and Pharmacy Level: PG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021 Online Presentation 1st July 2021	University of Mumbai
3.	Guide & Co- Author: Dr.		15th Avishkar Research Convention: Final Round Category: Commerce, Management and Law	of Students' Development	Selected for Final Round 12th June 2021 Online Presentation 29 <sup>th</sup> June 2021	University of Mumbai

			Level: PPG			
4.	Soni (Student Leader) & Ms. Zaara Shaikh Ms.	what about Play? Parental Perspectives about Children's Play during the Pandemic	16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Category: Humanities, Languages and Fine Arts	Department of Students' Development, University of Mumbai	Online Submission February 2022 Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai
5.	Ghadiali (Student	Coming of Age: Youths' Primary Goals Whilst Transitioning into Adulthood	Level: UG  16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round  Category: Pure Sciences Level: UG	Department of Students' Development, University of Mumbai	Online Submission February 2022 Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai
6.	Dedhia (Student Leader) &	Coping of Children with Disability during the COVID-19 Pandemic	Research Convention: Inter-	of Students' Development, University of Mumbai	Online Submission February 2022 Participation Certificate 25 <sup>th</sup> April 2022 Selected for Final Round 25 <sup>th</sup> April 2022	University of Mumbai

7.	TY BSc Students:	Challenges and	16th Avishkar	Department	Online	University
			Research		Presentation	of Mumbai
		Children with	Convention: Final	Development,	15th May	
		Disability during	Round	University of	2022	
	Leader) &	the COVID-19		-		
		Pandemic	Category: Medicine	Mumbai		
	Raichana,		and Pharmacy			
	Ms. Zoya		-			
	Ansari, Ms.		Level: UG			
	Farheen Shaikh,					
	Ms. Khushi					
	Ganatra					
	Guide & Co-					
	Author: Dr.					
	Anuradha J.					
	Bakshi					
8.	TY BSc Students:	Parent-Adolescent	16th Avishkar	Department	Online	University
			Research		Submission	of Mumbai
		Areas, Resolution	Convention: Inter-	Development,	February	
		and	Collegiate / Institute/	University of	2022	
		Egalitarianism	Department Zonal	Mumbai		
	Hariya, Ms.		Round		Participation	
	Insiya Shaikh,				Certificate	
	Ms. Vaishnavi		Category: Pure		25 <sup>th</sup> April	
	Lathi,		Sciences		2022	
	Ms. Drashti					
	Gangar		Level: UG			
	Guide & Co-					
	Author: Dr.					
	Anuradha J.					
	Bakshi					
9.	TY BSc Students:	Empathy and Its	16th Avishkar	Department	Online	University
	Ms. Siddhi Raut		Research	of Students'	Submission	of Mumbai
	(Student Leader)	with Mental	Convention: Inter-	Development,	February	
	$Q_r$	neam and	Collegiate / Institute/	Chiversity of	2022	
	Ma Clamarita		Department Zonal	Mumbai	Donticination	
	Hardenman Ma	Psychological Traits	Round		Participation Certificate	
	Sarah Nagarkar,		Category: Medicine		25 <sup>th</sup> April	
	Ms. Praisy		and Pharmacy		2022	
	Vullamparti, Ms.		ana i naimacy		<i></i>	
	Mehwish Shaikh		Level: UG		Selected for	
			20.01.00		Final Round	
	Guide & Co-				25 <sup>th</sup> April	
	Author: Dr.				2022	
	Anuradha J.					
	Bakshi					
	Daroni					

10.	TY BSc Students:	Empathy and Its	16th Avishkar	Department	Online	University
	Ms. Siddhi Raut		Research		Presentation	of Mumbai
	(Student Leader)	with Mental	Convention: Final	Development,	15th May	
	&	Health and	Round	University of	2022	
		Positive		_		
	Ms. Shravya	Psychological	Category: Medicine	Mumbai		
	Udaykumar, Ms.		and Pharmacy			
	Sarah Nagarkar,					
	Ms. Praisy		Level: UG			
	Vullamparti, Ms.					
	Mehwish Shaikh					
	Guide & Co-					
	Author: Dr.					
	Anuradha J.					
	Bakshi					
11.	MSc Students:	Job loss during	16th Avishkar	1	Online	University
		the Pandemic:	Research	of Students'	Submission	of Mumbai
		Employment-	Convention: Inter-	Development,	February	
	`		Collegiate / Institute/	University of	2022	
	/	and Relationship	Department Zonal	Mumbai		
		to Well-being	Round		Participation	
	Hashmi, Ms. Huda Khan				Certificate	
	MS. Huda Khan		Category:		25 <sup>th</sup> April	
	Guide & Co-		Commerce,		2022	
	Author: Dr.		Management and		G 1 . 1 C	
	Anuradha J.		Law		Selected for	
	Bakshi		T1. DC		Final Round	
	Duksiii		Level: PG		25 <sup>th</sup> April 2022	
12.	MSc Students:	Job loss during	16th Avishkar	Department	Online	University
		_	Research	-	Presentation	of Mumbai
		Employment-	Convention: Final	or braaciits	2 <sup>nd</sup> May	
		* *	Round	1 1	2022	
	Leader) &	and Relationship		University of		
	Ms. Simran	to Well-being	Category:	Mumbai		
	Hashmi,	_	Commerce,			
	Ms. Huda Khan		Management and			
	G :1 0 G		Law			
	Guide & Co-					
	Author: Dr.		Level: PG			
	Anuradha J. Bakshi					
13.		Career	16th Avishkar	Department	Online	University
13.		Trajectories of	Research	1	Submission	of Mumbai
		Older Women	Convention: Inter-	or Stadents	February	or iviuilibal
		from Rural and	Collegiate / Institute/	Development,	2022	
		Urban Areas of	Department Zonal	om onsity of		
	Author: Dr.		Round	Mumbai	Participation	
	<u> </u>				and pulled	

	Bakshi	Maharashtra and Tamil Nadu	Category: Humanities, Languages and Fine Arts Level: PPG		Certificate 25 <sup>th</sup> April 2022	
14.	Guide & Co-	Students' and Teachers' Perspective on Teachers' Management of Students' Career Development	Research Convention: Inter- Collegiate / Institute/	of Students' Development, University of Mumbai	February	University of Mumbai

## Guide: Ms. Payal Maheshwari

Sr	Names of the	Title of the Paper	Name & Theme of	Organized by	Place and	Sponsoring
No.	authors		the Conference/		Date	Agency
			Seminar			
1.	MSc Students: Ms. Naqiya Jamali (Student Leader) & Ms. Ramim Ghaswala, Ms. Aqsa Shaikh  Guide & Co- Author: Ms. Payal Maheshwari	Parents' perception of stress and their self-efficacy beliefs and its relationship with adolescent psychological well-being during pandemic	Department Zonal Round Category:	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022  Selected for Final Round 25 <sup>th</sup> April 2022	University of Mumbai
2.	MSc Students: Ms. Naqiya Jamali (Student Leader) & Ms. Ramim Ghaswala, Ms. Aqsa Shaikh	Parents' perception of stress and their self-efficacy beliefs and its relationship with adolescent	16th Avishkar Research Convention: Final Round Category: Humanities,	Department of Students' Development University of Mumbai	Online Presentation 2 <sup>nd</sup> May 2022	University of Mumbai

	psychological well-being during	Languages and Fine Arts		
Guide & Co-	pandemic			
Author: Ms. Payal		Level: PG		
Maheshwari				

Guide: Dr. Kamini Rege

Sr	Names of the	Title of the	Name & Theme	Organized	Place and	Sponsoring
No	authors	Paper	of the	by	Date	Agency
			Conference/			
			Seminar			
1.	Sankaranarayanan, Ms. Arene Augustine Chalissery, Ms. Deveshree Bhagwatkar, Ms.	Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12	15th Avishkar Research Convention: Final Round Category: Humanities, Languages and Fine Arts Level: UG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021 Online Presentation 22 <sup>nd</sup> June 2021	University of Mumbai
2.	Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, & Ms. Mahek Shah	Relationship or Cohabitation: Perception of Married and Never Married Young	15th Avishkar Research Convention: Final Round Category: Humanities, Languages and Fine Arts Level: PG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021 Online Presentation 29th June 2021	University of Mumbai
3.	TY BSc Students: Ms. Ayesha Tole, Ms. Hetvi Doshi, Ms. Michelle D'souza	Attitude of Youth (15 To	16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round	Mumbai	Online Submission February 2022 Participation	University of Mumbai

	& Ms. Vidya	Young Adults			Certificate	
	Tardekar	(21 To 26	Category: Pure		25 <sup>th</sup> April	
	C: 1- 0 C-	Years)	Sciences		2022	
	Guide & Co- Author: Dr.		Level: UG			
	Kamini Rege					
4.	TY BSc Students:	Menetrual	16th Avishkar	Department	Online	University of
	Ms. Zainab S. Nullwala,	Problems and	Research Convention: Inter-	of Students' Development	Submission February	Mumbai
	Ms. Mahima	Distress	Collegiate / Institute/ Department Zonal	University of	2022	
	Shukla,	Among Youth	Round	Mumbai	Participation	
	Ms. Rochelle Fernandes,	(15-20years)			Certificate	
	Ms. Hazra Shirva, &	Adults (21-	Category: Medicine and Pharmacy		25 <sup>th</sup> April 2022	
	Ms. Iqra Sarang	26years)	Level: UG			
	Guide & Co-					
	<u>Author</u> : Dr.					
	Kamini Rege					
5.	TY BSc	Generalized		Department		University of
	Students:		Research	of Students'	Submission February	Mumbai
	Ms. Jyotsna		( 'allagiota / Instituta/	Development,	2022	
	Domal & Ms. Insiya Soni	Teens (13-18	Department Zonal	University of Mumbai		
	msiya Som	yr) During COVID-19	Round	Iviuiiioai	Participation	
	Guide & Co-	Pandemic	Catagomy Pura		Certificate 25 <sup>th</sup> April	
	Author: Dr.		Category: Pure Sciences		2022	
	Kamini Rege					
			Level: UG			
6.	TY BSc	Perimenopausal		1	Online	University of
	Students:	Stage.	Research	of Students'	Submission	Mumbai
	Ms. Tanvi	i creeption and	Convention: Inter- Collegiate / Institute/	Development,	rebruary 2022	
	Mestry, Ms.	Knowledge	Department Zonal	Oniversity of	2022	
	Rutuja Gawde, & Ms. Jennifer	Among	Round	Mumbai	Participation	
	James	Husbands and Wives	_		Certificate	
		VV IVES	Category: Humanities,		25 <sup>th</sup> April 2022	
	Guide & Co-		Languages and Fine			
	<u>Author</u> : Dr.		Arts			
	Kamini Rege		1 110			
			Level: UG			
		1				

7.	Guide & Co- Author: Dr. Kamini Rege	Warriors: Mental Health and Quality of Life of the Elderly During Pandemic	16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Category: Medicine and Pharmacy Level: UG	University of Mumbai	Online Submission February 2022 Participation Certificate 25 <sup>th</sup> April 2022 Selected for Final Round April 2022	University of Mumbai
8.	TY BSc Students: Ms. Jayani Gala, Ms. Angela Monteiro, Ms. Ayushi Parekh, Ms. Mohaddasa Ajani, Ms. Kanishka Shah  Guide & Co- Author: Dr. Kamini Rege	Mental Health and Quality of Life of the	16th Avishkar Research Convention: Final Round Category: Medicine and Pharmacy Level: UG	Development	Online Presentation 15th May 2022	University of Mumbai
9.	MSc Students: Ms. Fallyn Pereira (Student Leader) & Ms. Gayatri Sawant, Ms. Binal Dedhiya  Guide & Co- Author: Dr. Kamini Rege	Regarding Internet Pornography among Adolescents (13-19 Years) and Youth (20- 26 Years)	16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round Category: Humanities, Languages and Fine Arts Level: PG		Online Submission February 2022 Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai

# Ms. Khyati Sampat

N T			Name & Theme of the Conference/	Organized by		Sponsoring Agency
			Seminar		Duce	rigency
1.	S.Y. B.Sc.	Myths and	AARYA – Awareness	College of	Online	
	students: Ms.	facts about	and Action Research	Home Science		
	Vrushti Nandu, &	polycystic	for Youth Awakening	Nirmala	28-2-2022	
	Ms. Kinjal Shah,	ovarian		Niketan		

Ms. Saba Shaikh,	syndrome	Intercollegiate		
Ms. Muskan Sayyed	(PCOS)	Interdisciplinary		
		Undergraduate		
Guide & Co-		Research Competition		
Author: Ms.		_		
Khyati Sampat				

### Ms. Brenda Fernando

Sr	Names of the	Title of the	Name & Theme of	Organized	Place and	Sponsoring
No.	authors	Paper	the Conference/	by	Date	Agency
			Seminar			
1.	S.Y. B.Sc.		AARYA – Awareness		Online	
	students: Ms.	about	and Action Research	Home Science		
	Kusum Harish	Ergogenic	for Youth Awakening	Nirmala	28-2-2022	
	Parmar, &	Aids among		Niketan		
	Ms. Samruddhi	Youth (15-24	Intercollegiate			
	Sunil Suralkar,	Years)	Interdisciplinary			
	Ms. Sana Ismail	Residing in	Undergraduate			
	Sheikh,	Mumbai	Research			
	Ms. Zikra Syed		Competition			
	Joseph Babu					
	Guide & Co-					
	Author: Ms.					
	Brenda Fernando					

### 11. PRIZES AND AWARDS RECEIVED BY STUDENTS/ OUTSTANDING ACHIEVEMENTS

### Dr. Anuradha J. Bakshi

Sr.	Name of Student	Level	Achievement	Staff	Award
No.		of		Responsible	Received
		Student			
1.	Ms. Jinagna Gondolia	TY BSc	Best Paper Award (First	Guide &	Awarded
	(Student Leader)		<u>Prize</u> ) in a National Level	Co-Author:	1st position
			Research Paper Presentation	Dr	for their
	Co-Authors:			Anuradha J.	research
	Ms. Shreya Anchan, Ms.		UGC STRIDE National	Bakshi	paper
	Fatema Arsiwala, Ms.		Level - Virtual Research		
	Riya Author, Ms.		Paper Presentation		Received
	Aishwarya Jagtap		Competition		an Award
					Certificate
			<u>Level</u> : UG		& a cash
			Category: Arts & Humanities		Prize
			Online mode 10th & 11th of		
			June 2021		
			Title of Paper		
			Extent of Multilingualism in		
			Youths and Comparison with		
			their Parents and		
			Grandparents		
			Organiser:		
			UGC STRIDE Research		
			Capacity Building Centre of		
			Dr. BMN College of Home		
			Science, Mumbai, affiliated		
			to SNDTWU		
2.	Ms. Nidhi Shetty (Student	TY BSc	Best Paper Award (Third	Guide &	Awarded
	Leader)		<u>Prize</u> ) in a National Level	Co-Author:	3rd position
			Research Paper Presentation	Dr	for their
	Co-Authors:			Anuradha J.	research
	Ms. Bhakti Mazani, Ms.		UGC STRIDE National	Bakshi	paper
	Devanshi Gandhi, Ms.		Level - Virtual Research		
	Hurin Chawre, Ms.		Paper Presentation		Received
	Muskaan Kavdiya		Competition		an Award
					Certificate

			<u>Level</u> : UG		& a cash
			Category: Arts & Humanities		Prize
			Online mode 10th & 11th of		
			June 2021		
			Title of Paper		
			Gratitude and Wellbeing: A		
			Study during COVID-19		
			Pandemic		
			Organiser:		
			UGC STRIDE Research		
			Capacity Building Centre of		
			Dr. BMN College of Home		
			Science, Mumbai, affiliated		
3.	MSc Student:	MSc	to SNDTWU  Best Paper Award (Second	Guide &	Awarded
3.	Ms. Shafaq Abuzar	IVISC	Prize) in a National Level	Co-Author:	2 <sup>nd</sup> position
	Ansari		Research Paper Presentation	Dr.	for her
			1	Anuradha J.	research
			UGC STRIDE National	Bakshi	paper
			Level - Virtual Research		
			Paper Presentation		Received
			Competition		an Award Certificate
			Level: PG		& a cash
			Category: Arts & Humanities		Prize
			Online mode 10th & 11th of		
			June 2021		
			Title of Paper		
			Portrayal of Marriage in		
			Bollywood Cinema: A		
			Three-Generation Analysis		
			Onconicon		
			Organiser: UGC STRIDE Research		
			Capacity Building Centre of		
			Dr. BMN College of Home		
			Science, Mumbai, affiliated		
			to SNDTWU		

4.	TY BSc Students:  Ms. Jinagna Gondalia (Student Leader) & Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap	TY BSc	Paper Presentation Award Selected for Final Round 12/06/21  Title of Paper Extent of Multilingualism in Youths and Comparison with their Parents and Grandparents	Guide & Co-Author: Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
			Level: UG  Category: Humanities, Languages and Fine Arts		
			Organiser: 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai		
5.	MSc Students: Ms. Kreena B. Gala (Student Leader), & Ms. Mariam Chauhan, Ms. Sapna P. Sharma, Ms. Jamila Sabuwala	MSc	Paper Presentation Award Selected for Final Round 12/06/21  Title of Paper Sleep Patterns and Behaviours of Youth and their Parents: Pre-Pandemic Times vs. Current Pandemic Times  Level: PG  Category: Medicine and Pharmacy  Organiser: 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	Guide & Co-Author: Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round

6.	PhD Scholar: Ms. Kinjal Maru	PhD	Paper Presentation Award Selected for Final Round 12/06/21  Title of Paper Teachers' Management of Students' Careers at Secondary and Higher Secondary Levels  Level: PPG  Category: Commerce, Management and Law  Organiser: 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	Guide & Co-Author: Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
7.	TY BSc Students:  Ms. Vanshi Dedhia (Student Leader) & Ms. Pooja Raichana, Ms. Zoya Ansari, Ms. Farheen Shaikh, Ms. Khushi Ganatra	TY BSc	Paper Presentation Award Selected for Final Round 25th April 2022  Title of Paper Challenges and Coping of Children with Disability during the COVID-19 Pandemic  Level: UG  Category: Medicine and Pharmacy  Organiser: 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	Guide & Co-Author: Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
8.	TY BSc Students: Ms. Siddhi Raut (Student Leader) &	TY BSc	Paper Presentation Award Selected for Final Round 25 <sup>th</sup> April 2022	Guide & Co- Author: Dr.	Merit Certificate &

	Ms. Shravya Udaykumar, Ms. Sarah Nagarkar, Ms. Praisy Vullamparti, Ms. Mehwish Shaikh		Title of Paper Empathy and Its Interrelationships with Mental Health and Positive Psychological Traits  Level: UG  Category: Medicine and Pharmacy  Organiser:	Anuradha J. Bakshi	Selected for Final Round
9.	MSc Students: Ms. Naushin Shaikh (Student Leader) & Ms. Simran Hashmi, Ms. Huda Khan	MSc	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai  Paper Presentation Award Selected for Final Round 25th April 2022  Title of Paper Job loss during the Pandemic: Employment- related Outcomes and Relationship to Well-being  Level: PG  Category: Commerce, Management and Law	Guide & Co- Author: Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
			Organiser: 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai		

10.	MSc Students:	MSc	Paper Presentation Award	Guide &	Consolation
	Ms. Naushin Shaikh		(Consolation Prize)	<u>Co-</u>	Rank
	(Student Leader) &		Online Presentation 02/05/22	Author:	
	Ms. Simran Hashmi, Ms. Huda Khan			Dr. Anuradha	
	IVIS. Hudu IXIIdii		Title of Paper	J. Bakshi	
			Job loss during the	J. Daksiii	
			Pandemic: Employment-	1	
			related Outcomes and	1	
			Relationship to Well-being	1	
			<u>Level</u> : PG	ı	
			Category: Commerce,	1	
			Management and Law	1	
				1	
			Organiser:	1	
			16th Avishkar Research	1	
			Convention: Final Round,	1	
			University of Mumbai	i	

# Ms. Payal Maheshwari

Sr.	Name of Student	Level	Achievement	Staff	Award
No.		of		Responsible	Received
		Student			
1.	MSc Students:	MSc	Paper Presentation Award	Guide &	Merit
	Ms. Naqiya Jamali		Selected for Final Round	Co-Author:	Certificate
	(Student Leader) &		25 <sup>th</sup> April 2022	Ms. Payal	&
	Ms. Ramim Ghaswala,			Maheshwari	Selected for
	Ms. Aqsa Shaikh		Title of Paper		Final
			Parents' perception of stress		Round
			and their self-efficacy beliefs		
			and its relationship with		
			adolescent psychological		
			well-being during pandemic		
			<u>Level</u> : PG		
			<u>Category</u> : Humanities,		
			Languages and Fine Arts		
			Organiser:		
			16th Avishkar Research		
			Convention: Inter-Collegiate		
			/ Institute/		
			Department Zonal Round,		
			University of Mumbai		

### Dr. Kamini Rege

Sr.	Name of Student	Level of	Achievement	Staff	Award
No.		Student		Responsible	Received
No. 1.	TY BSc Students: Ms. Arya Sankaranarayanan, Ms. Arene Augustine Chalissery, Ms. Deveshree Bhagwatkar, Ms. Mahek Khan, & Ms. Shania Misquitta	TYBSc	Paper Presentation Award Selected for Final Round 12/06/21  Title of Paper Parental Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12 Years) During Pandemic  Level: UG  Category: Humanities, Languages and Fine Arts  Organiser: 15th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round,	Responsible Guide & Co- Author: Dr Kamini Rege	Received  Merit Certificate & Selected for Final Round
2.	MSc2 Students: Ms. Anushri Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, & Ms. Mahek Shah	MSc	University of Mumbai  Paper Presentation Award Selected for Final Round 12/06/21  Title of Paper Trends of Live-In Relationship or Cohabitation: Perception of Married and Never Married Young Adults  Level: PG  Category: Humanities, Languages and Fine Arts  Organiser:	Guide & Co- Author: Dr Kamini Rege	Merit Certificate & Selected for Final Round

			15th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round, University of Mumbai		
3.	TY BSc Students: Ms. Arya Sankaranarayanan, Ms. Arene Augustine Chalissery, Ms. Deveshree Bhagwatkar, Ms. Mahek Khan, & Ms. Shania Misquitta	TYBSc	Paper Presentation Award (Second Prize) Final Round Presentation 22/06/21  Title of Paper Parental Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12 Years) During Pandemic  Level: UG  Category: Humanities, Languages and Fine Arts  Organiser: 15th Avishkar Research Convention: Final Round, University of Mumbai	Guide & Co-Author: Dr Kamini Rege	Second Rank
4.	MSc2 Students: Ms. Anushri Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, & Ms. Mahek Shah	MSc	Paper Presentation Award (First Prize) Final Round Presentation 29/06/21  Title of Paper Trends of Live-In Relationship or Cohabitation: Perception of Married and Never Married Young Adults  Level: PG  Category: Humanities, Languages and Fine Arts	Guide & Co- Author: Dr Kamini Rege	First Rank

			Organiser: 15th Avishkar Research Convention: Final Round, University of Mumbai		
5.	MSc Student: Ms. Fallyn Ann Pereira	MSc II	Best Paper Award (First Prize) in a National Level Research Paper Presentation Online mode 15/02/22  Title of Paper Internet Pornography: Awareness among Youth (13-26 Years)  Organiser: 6th National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS  K.M.S.P. Mandal's Sant Rawool Maharaj Mahavidyalaya Kudal, Dist. Sindhudurg 'Best College Award' (2009-10) University of Mumbai [ Re-accredited-'B+' Grade by NAAC CGPA (2.59)	Guide & Co-Author: Dr Kamini Rege	Ranked 1st in Research  Received a Merit Certificate & a cash Prize of Rs 1000/-
6.	Ms. Zainab Shabbir Nullwala	T.Y. BSc	Best Paper Award (Second Prize) in a National Level Research Paper Presentation Online mode 15/02/22  Title of Paper Psychological Distress Due to Menstrual Problem among Youths (15-26 years)  Organiser: 6th National Level	Guide & Co- Author: Dr Kamini Rege	Ranked 2 <sup>nd</sup> in Research  Received a Merit Certificate & a cash Prize of Rs 800/-

			Shri Eknath Thakur		
			Student's Innovation		
			Presentation Competition		
			SETSIPS		
			K.M.S.P. Mandal's		
			Sant Rawool Maharaj		
			Mahavidyalaya		
			Kudal, Dist. Sindhudurg		
			'Best College Award'		
			(2009-10) University of		
			Mumbai [ Re-accredited-		
			'B+' Grade by NAAC		
			CGPA (2.59)		
7.	Ms. Jayani Gala, Ms.	T.Y.BSc	Paper Presentation Award	Guide & Co-	Merit
	Angela Monteiro, Ms.		Selected for Final Round	Author: Dr	Certificate
	Ayushi Parekh, Ms.		25 <sup>th</sup> April 2022	Kamini Rege	&
	Mohaddasa Ajani, Ms.				Selected for
	Kanishka Shah		Title of Paper		Final Round
			Covid Warriors: Mental		
			Health and Quality of Life		
			of the Elderly During		
			Pandemic		
			Organiser:		
			16th Avishkar Research		
			Convention: Inter-		
			Collegiate / Institute/		
			Department Zonal Round		
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## 12. Research Topics of HD Students

# MSC PART 2 (2021-2022 academic year; examinations conducted later on account of COVID-19)

Topic	Students	Guide
Successful Aging among Women in Mumbai, India	Naqiya Jamali	
Challenges and Coping of Older Youth (18-29) with Disability during the Pandemic: Perspectives of Parents and Special Educators	Huda Khan	Dr. Anuradha J. Bakshi
Mental Health and Self-Esteem Correlates of Fertility Pressure among Urban Educated Women (30 – 40 Years)	Fallyn Pereira	
Relationship Between Marital Satisfaction and Emotional Support of Middle-Aged Couples During and Before the Pandemic.	Ramim Ghaswala	— Ms. Rhonda Divecha
Mental Health Problems and Online Help- Seeking Behaviour of Youth during the Pandemic.	Simran Hashmi	IVIS. Kilolida Divecila
Challenges faced by college going adolescent in online learning, their level of resilience and subjective well-being during COVID-19 pandemic.	Gayatri Sawant	M. D. J.M.L. L.
Perception of school going adolescents (5 <sup>th</sup> – 8 <sup>th</sup> grade) and their mothers about challenges faced in offline academic learning post pandemic. (in progress)	Aqsa Sheikh	— Ms Payal Maheshwari
Online Teaching and Learning in Higher Education: Perception of Students (18-25 Years) and Teachers	Binal Dedhia	
Mental Wellbeing- Stress Management, Managing Isolation of Elderly (60 Years And Above) During Covid Pandemic: Perception of Primary Caregiver (30-50 Years)	Nidhi Khimavat	Dr. Kamini Rege
Counsellors' practice of mindful self- care: It's importance and connection with their job satisfaction and counselling related stress	Naushin Shaikh	Ms Khyati Sampat

# MSc1 (2021-2022 academic year; examinations conducted in June 2022 on account of COVID-19)

Торіс	Students	Guide
Challenges and Opportunities in Online Therapy:	Jinagna Gondalia, Shreya	Dr. Anuradha
Perspectives of Counsellors and Beneficiaries	Anchan, Shaheen Khan, Sakina	J. Bakshi
	Peer	
Perception of teachers on readiness of schools for	Meha Savla	Ms Payal
inclusive education	Riya Author	Maheshwari
Perception and Coping Strategies of Primary	Aisha Sayed	Dr. Kamini
Caregiver in Dealing with Elderly (70 years and	Nausheen Merchant	Rege
Above) Experiencing Cognitive Decline	Fidela Varel	
	Sherin Samuel	

### **TYBSC**

Торіс	Students	Guide
Children's Play during the Pandemic: Parental Role & Perspectives/ Extent and Type of Parental Support for Children's Play during the Pandemic	Munira Soni, Zaara Shaikh, Umaima Saria, Aakanksha Gupta, & Preeti Wadhwa	
Coming of Age: Youths' Primary Goals whilst Transitioning into Adulthood	Batul Ghadiali, Manjiri Pimpalgaonkar, Zahara Ratlamwala, Amena Kazi, & Diyaa Jain	
Challenges and Coping of Children with Disability during the Pandemic: Perspectives of Parents & Special Educators	Vanshi Dedhia, Pooja Raichana, Zoya Ansari, Farheen Shaikh, & Khushi Ganatra	Dr. Anuradha J. Bakshi
What do Adolescents and Parents disagree about? Perspectives of Adolescents & Parents	Dhruvi Hariya, Insiya Shaikh, Tanisha Kori, Vaishnavi Lathi, & Drashti Gangar	
Empathy and Its Correlates among Female vs. Male Adults	Shravya Udaykumar, Sarah Nagarkar, Praisy Vullamparti, Siddhi Raut, & Mehwish Shaikh	

Generalized Anxiety Disorder in Teens (13-18years)	Insiya Soni	
During the Covid-19 Pandemic.	Aqsa Siddiqui	
	Sarah Surti	
	Ishika Jain	
	Jyotsna Domal	
Menstrual Problems and Psychological Distress among	Hazra Shirva	
Youth (15-20years) and Young Adults (21-26years)	Rochelle Fernandes	
	Iqra Sarang	
	Mahima Shukla	
	Zainab Nullwala	
Attitude of Youth (15-20 Years) And Young Adults	D'souza Michelle,	Dr. Kamini
(21-26 Years) Toward People with Disabilities	Doshi Hetvi,	Rege
	Manasawala Sakina,	
	Tardekar Vidya	
	Tole Ayesha	
Knowledge and Awareness of Husband's (47-58 Years)	Fernandes Maruska	
and Wives (40-55 Years) Regarding Perimenopausal	Gawade Rutuja	
Stage	James Jennifer (Group	
	Leader)	
	Khatri Fauziya	
	Mestry Tanvi	
Perception Of COVID Warriors Regarding Mental	Jayani Gala	
Health and Quality of Life of Elderly During Covid-	Angela Monteiro	
19 Pandemic	Ayushi Parekh	
	Mohaddasa Ajani	
	Kanishka Shah	

# 13. Examples of Job Placements of Students who Graduated from MSc Human Development in 2021-2022

Name of MSc Alumna	Organization(s) in Which	Role/Designation	
	Employed		
	Little Pods Organization	Special Educator and Counsellor	
Binal Dedhiya			
Naqiya Jamali	Hasanat School	Class Teacher	
Naushin Shaikh	Teach for India Fellowship	Teacher Fellow	

#### **CONCLUSION SECTION**

#### **14.** ANY OTHER INFORMATION IN BRIEF:

- The following psychological tests for the department were purchased in March 2022:
- ✓ Kaufman Assessment Battery for Children -KABC-II NU Complete Kit with Norm Update Supplement
- ✓ Differential Aptitude Tests for Guidance
- ✓ Bender Visual-Motor Gestalt Test (BGT II)

#### 15. CHALLENGES FACED AND OVERCOME:

This year being another special year as many changes happened like moving from online to blended and hybrid to complete offline teaching-learning and evaluation, it had its own challenges which were negotiated smoothly.

Moreover, this was another special year of examinations as the mode was online exams (UG) as well as offline exams (PG). Offline exams had to have a special transitioning format for students, as they were moving from entirely an online mode to total offline mode of examination.

Creative ways were continued to be used to teach Practical subjects, as also Theory subjects. The extension objectives were met in the TY and MSc Practical subjects, using online, blended and hybrid modes. Not only were online activities/workshops delivered successfully to a wide range of beneficiaries, the students this year also got a chance to conduct offline workshops in some centres (e.g., Yuva Parivartan).

Also with COVID-19 still continuing, the PTV for our fourth-cycle reaccreditation had to be completed and finally the dates were decided for the 27<sup>th</sup> and 28<sup>th</sup> of September, and with efforts of all under the leadership of Principal Dr Geeta Ibrahim, the PTV was successfully completed. With God's Grace and our Management's unstinting support, our dedicated commitment to students (through each class and every supplementary enriching activity) and all other stakeholders was acknowledged with an A+ grade. We especially thank all our stakeholders, including current students, alumnae, employers, parents, and colleagues who facilitated our PTV during COVID-19.

#### **16. FUTURE PLANS:**

Flexibility, adaptability and compassion whilst helping students cope with the transition to offline teaching-learning. Helping students meet the demands and challenges of academic rigor whilst balancing their personal, family and community life.

Supporting students in these current times academically, personally and holistically.

#### LASTLY

We express our deep gratitude to Outgoing Principal Dr. Geeta Ibrahim and wish her every success and overall wellbeing in the new phase of her life.

We also express our profound gratitude to God, the Nirmala Niketan Management, our students, alumnae, and colleagues.