

ANNUAL REPORT 2022-2023 of the DEPARTMENT of HUMAN DEVELOPMENT**JUNE 2022 to MAY 2023**

Number of Permanent Teachers: 5 (No. of positions: 6; NOC not yet granted against retirement of Dr. Nirmala Almeida [May 2016])

Prof. Dr. Anuradha J. Bakshi: Head of Department & I/C Principal (October 2021 onwards)

Ms. Rhonda Divecha

Ms. Payal Maheshwari

Prof. Dr. Kamini Prakash Rege

Ms. Khyati Sampat

Number of Management-Appointed CHB Faculty: 3

Ms. Gulnaaz M. Engineer

Ms. Priyanshi Madhwani

Ms. Vanitha D'Souza

Other:

SRF: Ms. Brenda Fernando

NUMBER OF STUDENTS:

TY BSc - 45

MSc Part I - 12

MSc Part II - 10

PhD –7 registered candidates: 1 (Dr. Nirmala Almeida, Rtd.) + 5 (Dr. Anuradha J. Bakshi: 1 SRF ongoing, 2 others ongoing [+2 dormant]) + 1 (Dr. Kamini Rege: thesis submitted)

Value-added courses: (Names of Course and Number of Students):

- One Year Diploma Course in Indian Sign Language (ISL) value-added course (affiliated to the University of Mumbai): 28
- Arts-Based Therapy (ABT)-One Year Diploma Course: Not conducted this year.

FACULTY ACTIVITIES & ACHIEVEMENTS

1. PARTICIPATION OF STAFF IN ORIENTATION PROGRAMMES, REFRESHER COURSES ETC

Dr. Kamini Rege

Sr. No.	Programme	Duration	Organized by
1.	Short Term Course	06-Jun-2022 to 11-Jun-2022	Design And Development Of Online Courses organized by UGC Human Resource Development Centre, University of Mumbai.

Ms. Khyati Sampat

Sr. No.	Programme	Duration	Organized by
1.	Online Refresher Course in Life Sciences (Interdisciplinary)	12/07/2022 to 25/07/2022	University Grants Commission - Human Resource Development Centre (HRDC) - Gujarat University

2. NUMBER OF RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):

- Major Research Projects: Nil
- Interdisciplinary Research Projects: Nil
- Projects sponsored by UGC: Nil
- Projects Sponsored by the University/College: Nil
- International Projects: Nil

Ms. Brenda Fernando is a **Senior Research Fellow**, Guide Prof. Dr. Anuradha J. Bakshi, receiving a full SRF grant from the UGC.

3. COLLABORATIONS: Dept/Individual

Please list the collaborative activities for research, faculty exchange, student exchange during the year

Multiple collaborations/linkages for the purpose of student fieldwork, student internships, are listed later in the report.

No MOUs at the Department level.

The participation of faculty members in academic and research bodies is listed under recognition received by faculty members.

4. PUBLICATIONS (DETAILS)

INTERNATIONAL LEVEL

Dr Anuradha J. Bakshi & Ms. Brenda J. Fernando

Sr No.	Year of publication	Title of the journal	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H-index	Any other
1.	December, 2022	British Journal of Guidance and Counselling , 50(6), 966-984. https://doi.org/10.1080/03069885.2022.2160966	Intersectionality of rural community, geography and gender in the careers of young adults	50(6), 966-984. Asia Symposium	Print ISSN: 0306-9885 Online ISSN: 1469-3534	1.325	Scopus-indexed journal, Publisher: Routledge, Taylor & Francis

Sr. No.	Publications
1.	<u>Dr. Kamini Prakash Rege</u> , Binal Dedhiya research paper entitled <i>Online Education in Higher Studies: Perception of Students (18-25 Years) And Teachers In India</i> in International Journal of Novel Research and Development (IJNRD). International Peer Reviewed Journal, Refereed Journal, Indexed Journal, Impact Factor: 8.76 (Calculate by Google Scholar); ISSN: 2456-4184 Volume 7, Issue 6 June 2022 ISSN: 2456-4184 IJNRD.ORG, June 2022, 2022-06-16, Pages 404-408, http://www.ijnrd.org/viewpaperforall.php?paper=IJNRD2206045
2.	<u>Dr. Kamini Prakash Rege</u> , & Nidhi Bharat Khimavat research paper entitled <i>Ways in Dealing and Coping With Elderly During Covid 19: Perception Of Primary Caregiver (30-50 Years)</i> ; Journal of Emerging Technologies and Innovative Research; (An International Scholarly Open Access Journal, Peer-reviewed, Refereed Journal); Volume 9, Issue 6 www.jetir.org June 2022, Pages 684-687; (ISSN-2349-5162) UGC Approved (Journal No: 63975) & 7.95 Impact Factor https://www.jetir.org/certificatemanager.php?a_rid=404379 https://www.jetir.org/view?paper=JETIR2206586

Bibliometrics of Publications Published Last Academic Year

Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/Web of Science or Pub Med/ Indian Citation Index						
Title of the paper	Name of the author	Title of the journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self-citations
The psychology of pandemics: preparing for the next global outbreak of infectious disease	<u>Anuradha J. Bakshi</u>	British Journal of Guidance & Counselling	August, 2021	IF of journal: 1.3 H Index of Author: 11	Nirmala Niketan College of Home Science, University of Mumbai	6 CrossRef citations

5. SEMINARS, CONFERENCES, WORKSHOPS –ATTENDED, ORGANIZED/ CONDUCTED

Prof. Bakshi, in her role as the I/C Principal of the College from October 1st 2021, chaired, coordinated and participated in all activities (seminars/workshops) organized at the college level and for each department. These are not separately listed in this report.

Prof. Bakshi, Prof. Kamini Rege, Ms. Khyati Sampat, and Ms. Brenda Fernando attended and presented papers as Research Guides along with their students. This information is included in the latter sections of this report.

Seminars/Conferences/Workshops Attended: INTERNATIONAL LEVEL

Ms. Payal Maheshwari

Seminar/ Conference Attended						
Sr. No .	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
1.	EQ for College & Universities 2022 conference	Six Seconds	Emotional Intelligence In Higher Education	Six Seconds, USA	Online, 28th June - 1st July 22	
2.	Autism From The Inside Online Summit 2022	Autism From the Inside		Autism From The Inside, Melbourne, Australia	Online, 19th Sept to 23rd Sept 22	
3.	Autism: Beyond Limits 2022 online Conference	Autism Online Conference Cork 2022		Autism Cork, USA	Online, 23rd Oct 22	
4.	Happily Family Online Conference	Happily Family LLC, USA		Happily Family LLC, USA	Online, November 10-14, 2022	
5.	Annual mental health online conference 2022	Natasha My Little Therapy Box		My Little Therapy Box, UK	Online, 26th Nov 22	
6.	Serving an Underserved Population: Peer Support, Disability, and Mental Health.	Mental Health America		Mental Health America	Online, 2nd Dec 2022	
7.	The Executive Functioning and Social Skills Summit	Kolby Kail, Parenting Coach	Executive Functioning and Social Skills	USA	6th Dec 22	

8.	Decoding Behaviour Summit	Penny Williams & Sarah Wayland,		USA	Online, 24th Feb 2023	
9.	Anxiety and the Social Impact of Learning Disabilities	Special Education Advisory Committee (SEAC)		The Catholic School Parents' Association, Ottawa, Canada	Online, 27th April 23	
10.	Virtual Asia Pacific Mental Health Symposium 2023.	Virtual Asia Pacific Mental Health Trust, Melbourne, Australia	Health and Wellbeing-Multicultural Perspectives	Virtual Asia Pacific Mental Health Trust, Melbourne, Australia	Online & 29-30th April 2023	
11.	The Screen Time & Mental Health Summit 2023	Debbie Steinberg Kuntz	The Screen Time & Mental Health	Bright & Quirky, USA	Online, May 15-19, 2023	
12.	Neurodiversity – Shifting Paradigms in Mental Health	College of Health and Agriculture Sciences, Dublin		UCD, Neurodiversity Hub, ADHD Ireland, Autistic Doctors International, Institute of Neurodiversity	Online, 25th & 26th May 23	

Seminars/Conferences/Workshops Attended: NATIONAL LEVEL

Dr. Anuradha J. Bakshi

Sr No.	Name of the Seminars/Conferences & Theme	Organized by	Place & Date	Sponsoring Agency
1.	National-level Seminar “Integrative Therapy, Innovations & Best Practices in Counselling”	Government of Goa, Goa College of Home Science, Goa University, in association with the Directorate of Higher Education	Panaji, Goa 2nd & 3rd March 2023	Government of Goa, Directorate of Higher Education

Ms. Payal Maheshwari

Sr No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
2.	Workshop on DISABILITY AND HINDI CINEMA	CDRT, Kirori Mal College, New Delhi		Centre for Disability Research and Training Kirori Mal College, Delhi University	Online July 4, 2022 to July 9, 2022.	
3.	Inclusion in Higher Education: Leadership Summit 2022			Ashoka University, Haryana	5th Aug 22	
4.	College Readiness Program	Reena Gupta, Office of Learning Support	College Readiness Program	Ashoka University, Haryana	3rd Feb - 5th Feb 23	
5.	Livelihood for Persons with Disabilities	Community of Practice (CoP) for disability and inclusion		Wipro India	Online, May 18th 23	

Seminars/Conferences/Workshops Attended: LOCAL LEVEL

C. STAFF DEVELOPMENT ACTIVITIES ATTENDED:

Dr. Anuradha J. Bakshi, Ms. Rhonda Divecha, Ms. Payal Maheshwari, Dr. Kamini Rege, Ms. Khyati Sampat

(This activity was organized by the Management & co-organized by Dr. Bakshi in her role as I/C Principal along with the IQAC.)

S.No.	Title of the activity	Details	Dates
1.	Faculty Development Programme on Strategic Planning	Conducted by Dr. John Peter Anthony from Loyola College (ranked 3rd best college in India by NIRF), Chennai, at College of Home Science Nirmala Niketan	28 th , 29 th & 30 th June 2022

Seminars/Conferences/Workshops Organized: LOCAL LEVEL

Ms Rhonda Divecha

Sr . No.	Name of the Seminars/ Conferences/ Workshop	Theme of the Conference	Organized by	Role in Organizing	Place & Date	Sponsoring Agency
1	Organized a Sensitivity Building Workshop in the College called "ANTARCHAKSHU: THE INNER EYE" conducted by Dr. Sam Taraporevala and Prof. Krishna Warriar from the Xavier's Resource Centre for the Visually Challenged for TYBSc HD students.	Sensitivity Building Workshops called "ANTARCHAKSHU: THE INNER EYE"	Department of Human Development	Coordinated the scheduling of the Workshop	6 th March 2023	

Payal Maheshwari

Sr . N o.	Name of the Seminars/ Conferences/ Workshop	Theme of the Confere nce	Organiz ed by	Role in Organizi ng	Place & Date	Spo nsor ing Age ncy
1	<p>On the occasion of World Mental Health Day, a full day program was organized for students and staff of the department.</p> <p>(a) Morning session included a Workshop on Zentangle, conducted by Ms Zainab Bhinderwala, Ex student of the Department.</p> <p>(b) The afternoon session was on “Mental health and well-being” by Dr Harish Shetty, an eminent Psychiatrist, and was open to outsiders.</p> <p>(c) An intercollegiate poster competition on mental health and well-being, was organized, 4 colleges participated in it.</p>	World Mental Health Day	Department of Human Developme nt	Coordinated the event and workshops	10th Oct 2022	

6. PAPER/POSTER PRESENTATIONS at Seminars/Conferences/Workshops – INTERNATIONAL LEVEL

Students/ex-students guided by **Dr. Anuradha J. Bakshi**, **Dr. Kamini Rege**, **Ms. Khyati Sampat**, and **Ms. Brenda Fernando** have presented papers at the international level in India. Please see the section on students.

Ms. Brenda Fernando, SRF and faculty member, has presented a paper at an international conference. Please see a latter section.

Papers Presented at Seminars/Conferences/Workshops: NATIONAL LEVEL

Students guided by **Dr. Kamini Rege** have presented papers at the national level. Please see the section on students.

Papers Presented at Seminars/Conferences: INTERCOLLEGIATE LEVEL

Students guided by **Dr. Anuradha J. Bakshi** and **Dr. Kamini Rege** have presented papers at intercollegiate level and/or interzonal levels. Please see the section on students.

7. Faculty Invited as a Resource Person (Chief Guest, Panelist, and Speaker)

National Level

Dr. Anuradha J. Bakshi

Sr. No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
1.	Government of Goa, Goa College of Home Science, Goa University, in association with the Directorate of Higher Education	National-level Seminar “Integrative Therapy, Innovations & Best Practices in Counselling” Keynote Address	Keynote Speaker	Panaji, Goa 2 nd & 3 rd March 2023	Western and Indian Trends, Innovations, and Best Practices in Counselling 2 nd March 2023	Government of Goa, Directorate of Higher Education

2	Government of Goa, Goa College of Home Science, Goa University, in association with the Directorate of Higher Education	National-level Seminar “Integrative Therapy, Innovations & Best Practices in Counselling” Research Paper Presentations	Chairperson	Panaji, Goa 2 nd & 3 rd March 2023	Chairing the Research Paper Presentations 2 nd March 2023	Government of Goa, Directorate of Higher Education
3.	NIRMALA MEMORIAL FOUNDATION COLLEGE OF COMMERCE AND SCIENCE, Mumbai, in collaboration with ST. XAVIER'S COLLEGE (AUTONOMOUS) and the UNIVERSITY OF MUMBAI	7-Day National Level Online Workshop on Research Methods and Data Analysis 24 - 31 MAY 2023	Resource Person	Online 25th May 2023	Review of Literature	ST. XAVIER'S COLLEGE (AUTONOMOUS) and the UNIVERSITY OF MUMBAI

Dr. Kamini Rege

Sr. No.	Title of Lecture/ Academic Session	Title of Conference/ Seminar/ Lectures etc. (with date)	Organized by
1.	Invited resource person to conduct a workshop at TOD-FOD-JOD, a unique ‘tinkering fest’ to give educators an experience in ‘experiential learning’, an integral part of NEP-2020.	CRAFTING STORIES - Healing and Healing Children through Stories NEP connection- Supporting Foundational Literacy Presentation Date: 5 th August 2022 12.30 pm-1pm	Early Childhood Association in partnership with Scoonews (a premier educational magazine)

2.	Conducted an online workshop on Zoom as a Resource person	Assessment in Foundational Years Friday, 6 th January 2023 4.30 pm to 6 pm	Early Childhood Association with the Indian Principals Network for teachers of pre-primary schools Pan-India
3.	Invited as Panelist, Resource Person and Expert	School panel discussion on execution and implementation of National Education Policy- NEP 2020 in school and colleges of Maharashtra 6 th February 2023 10.30am -5.30pm Pune	Life Education Universe, National Education Policy (NEP-2020) Conference in Pune full-day program of about 3000 plus audience and includes dignitaries from Ministry of Education, Vice Chancellors, Trustees, NEP experts, CSR, Principals

Local Level

Ms. Rhonda Divecha

Invited As Chief Guest, Panelist, and Speaker							
Sr No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency	Any other
1.	Anjuman-I-Islam's College of Home Science	Session on "The Human Reproductive System" for SYBSc students.	Resource person	Mumbai, 19th October 2022	"Human Sexuality"		
2.	Our Lady of the Rosary Church, Goregaon	Workshop Conducted	Resource person	Mumbai, 22 nd January 2023	"Issues of Sexuality Affecting Youth Today"		
3.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on "Psycho-Spiritual Integration" for the Brothers of the	Resource person	Mumbai, 26th April 2023	The Secret of Happiness		

		Congregation of the Blessed Sacrament (SSS)					
4.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on “Psycho-Spiritual Integration” for the Brothers of the Congregation of the Blessed Sacrament (SSS)	Resource person	Mumbai, 1st May 2023	Self Esteem Assessment & Rational Emotive Behaviour Therapy (REBT)		
5.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on “Psycho-Spiritual Integration” for the Brothers of the Congregation of the Blessed Sacrament (SSS)	Resource person	Mumbai, 3rd May 2023	Mindfulness		
6.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on “Psycho-Spiritual Integration” for the Brothers of the Congregation of the Blessed Sacrament (SSS)	Resource person	Mumbai, 5th May 2023	Transactional Analysis and its Application to Living.		

Dr. Kamini Rege

Sr No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency	Any other
1.	AL-Barkaat Malik Muhammad Islam English School Vinoba Bhave Nagar Kurla-West, Mumbai	Conduct workshop	resource person	17th June, 2022. Time: 10:00 am to 1:00 pm	Topic: Weaving the curriculum with Philosophy and Goals developmentally appropriate practices in play way methods for 3 - 5 years		
2.	AL-Barkaat Malik Muhammad Islam English School Vinoba Bhave Nagar Kurla-West, Mumbai	Conduct workshop	Resource person	18th June, 2022 Time: 10:00 am to 12 Noon	Topic: Readiness skills and experience pre-reading pre-writing and pre-arithmetic skills.		

Dr. Kamini Rege

Sr. No.	Title of Lecture/ Academic Session	Title of Conference/ Seminar/ Lectures etc. (with date)	Organized by
3.	Invited to conduct training program	Learning gaps and readiness skills among children post pandemic 25 th June 2022	Sacred Heart English Medium School, Umergaon, Gujarat
4.	Resource person for conducting workshops	Theory based – bibliotherapy Practical based readiness skills 2 nd July 2022 9.00am -1.30pm	C. P Goenka Spring Buds International Preschool – Thane
5.	Panelist in Eduthon – Khel Khel Mein Date –26 th November 2022 Time – 11.50 -12.20 pm Venue – JBCN School -Parel	Panel Discussion is based on the Book -Play Policy India - Review and Perspectives published by Early Childhood Education.	Early Childhood Association (ECA)and Team ABCD & H2 Edu Associates Eduthon - Khel Khel mein. November 26 th and 27 th 2022 at JBCN school - Parel Mumbai

6.	Chief Guest Team Little Chalks. at preschool's annual concert EUPHORIA- A magical door to happiness	Chief guest concert EUPHORIA- A magical door to happiness". 24th of January 2023, Mulund west. 11:30 -2:00 pm.	Concert EUPHORIA- A magical door to happiness". Anandi Gosrani Founder Director, Team Little Chalks Proprietor Riddhi Siddhi School Solutions
7.	Panelist at the online launch of audio-visual book about Personal Safety for 4-7-year-olds.	Panelist at the online launch of book about Personal Safety for 4-7-year-olds March 29, 2023, from 4:00to 5:00pm.	<u>Arpan</u> - a world-class non-profit working on the issue of Child Sexual Abuse in India.
8.	Resource person for conducting workshop on numeracy, motor & cognitive skill. Offline at IWSA's multipurpose Hall, Sector 10A, Vashi, Navi Mumbai On 29 th March 2023 10:00 to 1 PM	Topic: Designing Developmentally Appropriate Practices How to implement the National Curriculum framework (NCF) for the fundamental stage of ECCE (3 to 8 years) with emphasis on age-appropriate development of Children's language,	IWSA is a non-profit NGO. Vigyan Prasar (VP) is set up by the Department of Science and Technology (DST), Government of India, as an autonomous organization for taking up large scale science popularization tasks.

Ms. Khyati Sampat

Sr No .	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker / panel discussion	Collaboration /Sponsoring Agency	Any other
1.	College of Home Science, Nirmala Niketan	Took a lecture on REBT: Introductory Concepts for MSc1 students of Department of Human Development	Resource Person	College of Home Science , Nirmala Niketan 23-11-2022, 2-12-2022	Lecture on REBT: Introductory Concepts		

Ms. Brenda Fernando

Sr No	Name of the staff member	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency	Any other
1.	Ms. Brenda J. Fernando	Dr. B.M.N. College of Home Science	Invited as a speaker	Resource Person	17th August, 2022	Perspectives for Early Childhood Care and Education		

8. RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

Dr. Anuradha J. Bakshi and Dr. Kamini P. Rege concluded their Stage 4 to Stage 5 CAS and were promoted to full Professors on 10th March 2023. This was a landmark achievement of the department.

Prof. Dr. Anuradha J. Bakshi

Sr. No.	Details of the extra-mural recognition
1.	Chairperson, Board of Studies for Human Development and Family Studies, Faculty of Family and Community Sciences, Maharaja Sayajirao University of Baroda, Gujarat
2.	Chairperson, Board of Studies for Human Development, SNDT University
3.	Member, RRC, Human Development, SNDT University
4.	Member, Board of Studies for Psychology, University of Mumbai
5.	Member, Board of Studies for Human Development, Dr. BMN College of Home Science (Autonomous), Matunga, SNDT University
6.	Member (Subject Expert from Other University), Board of Studies in Home Economics—Child Development, Smt. Maniben M.P. Shah Women's College of Arts and Commerce (Autonomous), Matunga, SNDT University (2022 to 2025)
7.	Consulting Editor, <i>British Journal of Guidance & Counselling</i> (BJGC), a Scopus journal, published by Routledge, Taylor & Francis
8.	Reviewer, <i>British Journal of Guidance & Counselling</i> (BJGC), a Scopus indexed journal, published by Routledge, Taylor & Francis
9.	Advisory Board Member, <i>International Journal for Educational and Vocational Guidance</i> , published by Springer
10.	Reviewer, <i>Frontiers in Psychology</i>
11.	Editorial Board Member, <i>Bombay Psychologist</i>
12.	Chairperson, Ethics Committee, Muktangan Education Trust
13.	Review Editor, <i>Sambhasan Quarterly</i> , a Free Open Access Peer-Reviewed Interdisciplinary Quarterly Journal of the University of Mumbai

14.	Member, Editorial Advisory Committee for the interdisciplinary peer-reviewed journal, “ <i>IDEAS</i> ” of the UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai (ISSN No. 2320-0162)
-----	---

Ms. Payal Maheshwari

Sr. No.	Details of the extra-mural recognition	
1.	Editor/Reviewer of International Journals	
2.	Membership of Various Associations	Council of Exceptional Children
		International Association of Special Education
		EQ Alliance Forum
		Australasian Human Development Association. (AHDA)
		Home Science Association of India.

Prof. Dr. Kamini Rege

Sr. No.	Details of the extra-mural recognition	
1.	Founder Member and Joint Secretary National Committee - India ECA (Early Childhood Association) and APER (Association for Primary Education and Research)	
2.	Life member – Indian Science Congress Association (ISCA) Life member of e-group member of the Counsellors Association of India Life member - Maharashtra Bal Shikshan Parishad	
3.	Mentor for Whystles content development Sadhbhavana Group (Calicut – Kerala)	

Ms. Khyati Sampat

Sr. No.	Details of the recognition	
1	Member, Board of Studies at Department of Human Development, SVT College of Home Science (Autonomous), SNDT Women’s University, Juhu for a period of 3 years from 1 st June 2021 to 31 st May 2024.	
2	Reviewer for the <i>British Journal of Guidance and Counselling</i> , Routledge, Taylor and Francis.	

Ms. Brenda Fernando

Sr. No.	Details of the recognition	
1	Chair of Administration, Global Student Psychology Committee, APA, Division 52	

9. VALUE-ADDED COURSES OF THE DEPARTMENT:

Name of the course	Number of students	Duration		Funds generated
		Commenced	Accomplished	
One Year Diploma Course in Indian Sign Language (Affiliated to the University of Mumbai)	27	20th August 2022	2nd May 2023	Rs.3500 x 27 students = Rs.94,500/-

10. FUNDS GENERATED IN SEMESTERS I and II:

Name of the staff member/s involved	Activity name	Beneficiaries	Date	Funds generated
Ms. Rhonda Divecha & HD Dept Staff	FUNASTIC FEST (HD Mela)	NNCHSC students and Outsiders	15th February 2023	Profit of Rs. 17887/-
Ms. Rhonda Divecha & HD Dept Staff	ISL Course	NNCHSC students and Outsiders	August 2022 to May 2023	Rs.94,500/- (Gross income)

STUDENTS: CURRICULAR AND CO-CURRICULAR ACTIVITIES & ACHIEVEMENTS

11. Study Tour:

Ms. Payal Maheshwari & Dr. Kamini Rege

Sr. No.	Name of the Staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	Ms Payal Maheshwari & Prof. Dr Kamini Rege	Bhavnagar & Baroda, 13th - 18th March 23	Educational Trip	TY Bsc Msc I Msc II		

Details of Bhavnagar & Baroda, 13th - 18th March 23

Educational Trip for TY Bsc; Msc I and Msc II

Sr No	Dates and day	Time for visit	Place Of Visit	Address	Contact Details
1.	Tuesday 14 th March 2023	11.00 AM- 2.30 PM	PNR Society for Relief and Rehabilitation of the Disabled	Natraj College Campus, Near Sardar Patel School, Kaliabid, Bhavnagar 364 002 Gujarat, India	Contact: Mr. Paras Shah (Secretary General) Email: paras.shah@pnrsociety.org Email : info@pnrsociety.org Website : www.pnrsociety.org Mobile: +91 93275 43757 +91 94282 22475
2.	Tuesday 14 th March 2023 -----3.30PM ONWARDS SIGHTSEEING/ Recreation				

3.	Wednesday 15 th March 2023	8.15A M - 12.30 PM	Dakshina Murti BalMandir	Dakshina Murti BalMandir, Shree Harbhai Trivedi Rd, Takhteshw ar, Vidhyanag ar, Bhavnagar, Gujarat 364002, India	Dr MUNI Bhavnagar Dakshinamurthy muniskincare@yahoo.com daxinamurtividyarthibhavan@gmail.com +91 98251 87401
4.	Wednesday 15 th March 2023	On the way to Vadod ara	Amul Diary—Anand		
5.			Chocolate Manufacturers on the way to Vadodara		
6.	Thursday 16 th March 2023	8.45A M- 11.00 AM	Aurobindo Ashram, also known as Arvind Ashram or AuroNivas	Sri Aurobindo Society, Sri Aurobindo Nivas, Dandia Bazar, Vadodara – 390001	Secretary, Email: sasvadodara@aurosociety.org Phone: 91-265-2412685

7.	Thursday 16 th March 2023	12.00 noon to 1.30 pm	Lakshya Trust	Arti Complex 2nd Floor, Aryakanya Road, B/S Jain Temple Opp Hirawanti Chambers, Karelibaug , Vadodara 390018	Mr. Sylvester sylvestermerchant@gmail.com lakshya121@rediffmail.com 9825311997
8.	Thursday 16 th March 2023 ----- 3.30PM ONWARDS SIGHTSEEING/Recreation				
9.	Friday 17 th March 2023	8.30 am– 1.3pm	The Maharaja Sayajirao University of Baroda Faculty of Family and Community Sciences, Sayajibaug Main Road, Opp. Sayajibaug, Vadodara – 390002, Gujarat, India Email: dean-fcs@msubaroda.ac.in Phone: 0265 – 2795522 / Mob. No. 9081810067		
10.	Friday 17 th March 2023	4.00- 6.30 pm	Bal Bhavan Society, Vadodara	Behind Sayajibaug , Karelibaug , Vadodara- 18, Gujarat, India.	Heeral Email:- balbhavanbrd@gmail.com WhatsApp :- +919099923158 Ms Sreekala 09099923158

12. STUDENT EXTENSION ACTIVITIES/Industrial Visits FIELDWORK with an extension focus & INTERNSHIP PLACEMENTS

Ms. Rhonda Divecha

Sr. No.	Organization Place and date	Type of Activity	Target group	Beneficiaries
1	Vidhyadeep Community Centre, Bharuch, Gujarat, 2nd - 4th March 2023	Extension, Educational, Out-Reach	Boarders and young teachers	Boarders (Adolescents and Young adults) and young teachers - Approx 60
2	Dignity Foundation NGO for the Elderly, Byculla East, Mumbai - 4th and 18th Jan 2023	Socio-Emotional and Recreational Activities	Elderly from surrounding community	Elderly - Approx 60
3	Our Lady of Piety Home for the Aged, Marine Lines - 27th Jan 2023	Socio-Emotional and Recreational Activities	Elderly from surrounding community	Elderly - Approx 20
4	Kripa Rehabilitation Foundation, Bandra - 8th February 2023	Socio-Emotional and Recreational Activities	Reformed Addicts	Young and Middle Aged Adults - Approx 30
5	Umang Special School, Vasai West 8th March 2023	Educational Activities	Special Children	Special Children - - Approx 20
6	Citizens for Animal Protection, Thane 8th March 2023	Observation and Interaction	Animal Activists	Animal Activists (Adult grp) - Approx 15

Ms. Khyati Sampat

Sr. No.	Organization Place and date	Type of Activity	Target group	Beneficiaries
1.	Our Lady of Piety Old Age home 18-1-2023	Activity session for Elderly with the goal of fostering socio-emotional and cognitive development	Elderly	Approx 20
2.	Dignity Foundation, Worli 25-1-2023	Session on Addressing conflict between family and friends and positive affirmation	Elderly	Approx 60
3.	Dignity Foundation, Worli 25-1-2023	Session on Maintaining Self-esteem and self-faith (SOC Perspective amid losses)	Elderly	Approx 60
4.	Vidhyadeep Community College –Bharuch & Nirmala Niketan Junior College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Building and Maintaining Friendships	Adolescent girls	Approx 60
5.	Vidhyadeep Community College –Bharuch & Nirmala Niketan Junior College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Communications Skills and Personal Etiquette	Adolescent girls	Approx 60
6.	Vidhyadeep Community College –Bharuch & Nirmala Niketan Junior College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Personal Hygiene and cleanliness	Adolescent girls	Approx 60

7.	Vidhyadeep Community College –Bharuch & Nirmala Niketan Junior College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Enhancing Self - esteem and Assertiveness	Adolescent girls	Approx 60
8.	Vidhyadeep Community College –Bharuch & Nirmala Niketan Junior College of Home Science 2nd March 2023 to 4th March 2023	Cultural Exchange Program.	Adolescent girls	Approx 150
9.	Yuva Parivartan, Kandivali East 3-4-2022	Workshop on Importance of teamwork, consistency and coordination at workplace	Nursing course - Youth	Approx 20
10.	Yuva Parivartan, Kandivali East 3-4-2022	Workshop on Financial Literacy	Nursing course - Youth	Approx 20

FIELDWORK/PLACEMENTS/INTERNSHIPS FOR STUDENTS

Dr. Anuradha J. Bakshi: Internship Placements of MSc2 Students

Sr. No.	Student	Agency in Which Interned/ Entrepreneurial Activities	Target Group/ Beneficiaries	Mode & Type of Role	Duration
1	9 students Ms. Shreya Anchan Ms. Riya Author Ms. Jinagna Gondolia Ms. Shaheen Khan Ms. Nausheen Merchant Ms. Sakina Peer Ms. Sherin Samuel Ms. Meha Savla Ms. Fidela F. Varel	The Somaiya School , Vidyanagar, Vidya Vihar East, Ghatkopar East, Mumbai, Maharashtra 400077	Primarily School Children	A multi-faceted internship covering: (a) mental health/school counselling, (b) remedial education and inclusive practices, (c) teacher training, (d) interactions with and enrichment activities for parents, (e) curriculum development, (f) school administration, and (g) students' holistic development.	Semester III
2	Ms. Sherin Samuel	Dr. Dinu Shibu Mathew Psychotherapist & Director Therapeutic Dwelling Parivartan Charitable Society Mumbai	Children & Youth	Counselling	Semester IV
3	Ms. Jinagna Gondolia Ms. Meha Savla	Mrs. Jasmine Khattar Clinical and Executive Director Institute of Exceptional Children 2A Chandra Niwas Marol Church Road Near Airport Road Metro Station	Children, Youth, Women	Community Mental Health	Semester IV

		Andheri East Mumbai, Maharashtra – 400059 Supervisor: Ms. Kreena Gala, Alumna			
4.	Ms. Riya Author Ms. Sakina Peer Ms. Fidela Varel	Mrs. Aysel Engineer, Director and co- founder. SpEd@home - Every child enABLED Mumbai, 400037	Children with Special Needs	Curriculum planning for children with special needs.	Semester IV
5.	Ms. Nausheen Merchant Ms. Aisha Sayed	LogIqids	Children	Online curriculum modules & delivery	Semester IV (Also Semester III for Ms. Aisha)
6.	Ms. Shreya Anchan Ms. Shaheen Khan	Muktangan Schools	Teachers	Teacher Training	Semester IV

Ms. Rhonda Divecha

Sr. No.	Organisation Where Placed and Dates	Subject for Which Placed	Students placed	Goals of Placement
1	Children's Academy, Malad Branch, August to October 2023	Part A: CPCES and Part B: CDAAES	25 TY BSc Student Trainees & 5 MSc2 Student Supervisors	As per objectives of the course.

Ms. Payal Maheshwari

Sr. No.	Organisation Where Placed and Dates	Subject for Which Placed	Students placed	Goals of Placement
1	Children's Academy, Thakur Complex, Kandivili Branch, August to October 2023	Part A: CPCES and Part B: CDAAES	25 TY BSc Student Trainees & 5 MSc2 Student Supervisors	As per objectives of the course.

Dr. Kamini Rege: Practical in Early Childhood Education MSc Part 1 Semester I

Type (e.g.; Placement visit)	Date	Organization	Place	Student beneficiaries	Teacher beneficiaries
Lesson Plan execution	16 th September 2022 - 15 th November 2022	St. John Universal School	On campus, Goregaon West.	MSc Part 1 Semester I	Dr. KaminiRege
Lesson Plan execution	23 rd September 2022 – 23 rd November 2022	The Somaiya School	SomaiyaVidyaviharVidyanagar, Vidyavihar (East)	MSc 1 (BatulGhadiali) Semester 1	Dr. KaminiRege

Dr. Kamini Rege:

Sr. No.	Name of the student	Class assigned	Date of conduction	Topic of the lesson	Kind of lesson	Time of conduction
1	Bhairavi Naik	Nursery A	30 th September 2022	Treasure Hunt and Races	Concept	09:05 to 09:30am
	Ayesha Siddiqui					
2	Manjiri Pimpalgaonkar	Jr Kg B	30 th September 2022	Environment Friendly – Puppet Making	Concept	8:45 to 9:00 am
3	Mahima Shukla	Sr. Kg A	30 th September 2022	Introduction to Graph	Concept	9:30 to 9:45 am
	Lydia Samuel					
4	Abigail Fernandes	Nursery B	7 th October 2022	Introduction to fruits, plum and cherry	Concept	9:30am to 9:45am
	Hurin Chawre					
5	Jerusha Cabral	Jr.Kg A	7 th October 2022	Introduction to kiwi	Concept	10.30 am to 11.00 am
	Jennifer James					
6	Misbah Khan	Sr kg B	7 th October 2022	Pupet Show: Importance of Food	Concept	9:00am to 9:30am
	Hetvi Doshi					
7	All	All class	14 th October 2022	Diya Decorating	Art and Craft	-
8	Batul Ghadiali	Sr KG A	7 th October 2022	Imagination talk – Not A Box story	Concept	10:15am to 10:35am

9	Batul Ghadiali	Sr KG A	14 th October 2022	Introduction to Hindi Vyanjan using 2-shabd	Concept	10:45am to 11:10am
10	Batul Ghadiali	Jr KG A	18th November 2022	Concrete Addition	Concept	10:15am to 10:30am

Dr. Kamini Rege: Practical in Other Human Development Agencies (MSc 1 Part 2 Semester II)

Sr. No	Name of the Student	Organization planned for the Visit	Date of the Visit	Target Group	Time of Conduction	Course Instructor
1	Hetvi Doshi	Dignity Foundation	3/02/23	Senior citizens	11 am to 1 pm.	Dr. Kamini Prakash Rege
2	Abigail Fernandes	AWMH Maharashtra (Charni Road)	07/02/23	Children and youth	Two batches. First batch- 10.30 am to 01.00 pm. Second batch- 01.30 pm to 04.00 pm.	Dr. Kamini Prakash Rege
3	Jerusha Cabral	Ashadaan	07-02-2023	Old women and disabled children	Two batches. First batch- 01.30 pm to 04.00 pm. Second batch- 01.30 pm to 04.00 pm.	Dr. Kamini Prakash Rege
4	Mahima Shukla	Bindura Foundation	17/02/23	Youth and Women	11 am to 12pm	Dr. Kamini Prakash Rege
5	Manjiri Pimpalgaonkar	YUVA (Malwani Centre)	24/02/23	Youth	2pm to 3pm	Dr. Kamini Prakash Rege
6	Hurin Chawre	Sakhya, Women's Guidance Cell, Nallasopara	10/03/23	Female Youth & Women	10:30am to 12:00pm	Dr. Kamini Prakash Rege

7	Jennifer James	Kripa Foundation	24/03/23	Alcoholic Addicts and HIV/AIDS	9am to 11am.	Dr. Kamini Prakash Rege
8	Misbah Khan	Majlis Manch	24/03/23	Empowers women and children facing violence through legal support, advocacy and relevant training.	3pm to 5 pm	Dr. Kamini Prakash Rege
9	Lydia Samuel	Adhata Trust, NGO, Mumbai	31/03/23	Senior citizens		Dr. Kamini Prakash Rege

Dr. Kamini Rege

Organization	Date	Target Group	Address	Student coordinator	Teacher Beneficiaries
Dignity Foundation	3 rd February 2023.	Elderly and women who are 50+ years.	Bldg No 2 Hall Panchsheel CHS, Dr E Moses Road, Opp. Toyota Showroom, nearby Harmony Tower, Worli Mumbai 400018	Hetvi Doshi	Dr. Kamini Rege
Association for the Welfare of persons with Mental Handicap (AWMH)	10 th February 2023.	Children with disabilities, 6 years and below.	M.N.P.U.P, Marathi School Room no.203, 2nd Floor Sindhi Galli, Near Nanubhai Desai Road, Mumbai 400004	Abigail Fernandes	Dr. Kamini Rege
Missionaries of Charity	10 th February 2023.	Children (1 to 18) women (19 to 90)	Rehana Heights, 17, Chapel Ln, Willingdon, Santacruz West, Mumbai, Maharashtra 400054	Jerusha Cabral	Dr. Kamini Rege

Bindura Foundation	17 th February 2023.	Children (7-17) women and Youth	Office 1403, Mayuresh, Chambers, Plot no 60, Railway Station, Sector, 11, CBD Belapur, Navi Mumbai, Maharashtra, 400614	Mahima Shukla	Dr. Kamini Rege
YUVA Organization	24 th February 2023.	15-45 years (youth girls and women)	New Bhabrekar negar gate no 8 near rickshaw Parking Doctor Baba saheb Ambedkarsamajvikas Kendra Malwani Malad West Mumbai 400095	Manjiri Pimpalgaonkar	Dr. Kamini Rege
Sakhya – Women’s Guidance Cell	10 th March 2023.	7 to 70 (youth girls and women)	1st Floor, The Silvester Smruti, Kalamb Road opp. Police Chowki Tal VasalDt, Nirmal, Nalasopara West, Vasai-Virar, Maharashtra 401304	Hurin Chawre	Dr. Kamini Rege
Kripa Foundation	24 th March 2023.	17-70 years	81/ A, Next To Lilavati Hospital, Chapel Road, Bandra West, Mumbai, Maharashtra 400050	Jennifer James	Dr. Kamini Rege
Majlis Manch	24 th March 2023.	Empowering Children and Women for Domestic Violence, Sexual Violence.	Golden Valley Bldg 4 Flat A 2, Kalina Market Road, Opp. Canara Bank. Santacruz E, Mumbai 98.	Misbah Khan	Dr. Kamini Rege
Arham YuvaSanstha	28 th March 2023.	All Age group Empowerment	5/51, Sharda Sadan, 11, S.A.Brelvi Road, Fort, Opposite Fort Fire Brigade, Mumbai - 400001	Ayesha Siddiqui	Dr. Kamini Rege
Bombay Foundation of Deaf women	31 st March 2023.	Deaf females above the age of 18	Kamani Chambers, R Kamani Rd, Ballard Estate, Fort, Mumbai, Maharashtra 400001	Bhairavi Naik	Dr. Kamini Rege

Adhata Trust Holistic Care Centre	31 st March 2023.	50 years onwards	· Sakinaka - B.M.C Welfare Center, L- ward, Jaganath Mandir Road, Sakinaka - 400 072 · Bandra - Arya VidyaMandir School, Opp. St. Andrews College, St. Dominic Road, Bandra West - 4000 050	Lydia Samuel	Dr. Kamini Rege
Mahila Ekta Sangh Organization	8 th April 2023.	Women facing violence, all ages	Wio Raju Patel, Near Building No. 69 M.H. B Colony, Gandhi Nagar Road No. 9 Bandra East S.O. Mumbai, Maharashtra , 400051	Batul Ghadiali	Dr. Kamini Rege

13. Participation of Students in Seminars/Conferences/Online Courses/Workshops

Online Courses Completed by MSc Students (under the guidance of Dr. Anuradha J. Bakshi)

Sr. No.	Name of Course/ Programme	Organized by Conducted by	Completion Date	Participating Students
1	Teach English Now! Theories of Second Language Acquisition	Arizona State University through Coursera	June 02 2022	Ms. Huda Khan (MSc Student)

Each MSc2 student also completed one Swayam course in 2022-2023, under the guidance of the MOOC Coordinator, Dr. Ritu Madhan.

Seminars/Workshops/Conferences Organised &/or Attended by Students of the Department

The ANTARCHAKSHU: THE INNER EYE session (building sensitivity towards the visually challenged), the Zentangle Workshop, the World Mental Health Day Session by eminent psychiatrist Dr. Harish Shetty, the intercollegiate poster competition on mental health and well-being are mentioned earlier in the report are not listed here again.

Alternative Therapies Workshops that MSc2 Students Organized and Participated in, under the Guidance of Dr. Anuradha J. Bakshi

Sr. No.	Title of the Alternative Therapy	Conducted By/ Resource Person	Date	Mode
1	Sujok Therapy & Reflexology	Ms. Tasneem Asgar Dohadwala (Acupressure, Acupuncture, Reflexology, Seed, Magnet, Colour, Cupping, Sujok & Central Nervous System Therapist) 18 years' experience	05-01-2023	Offline, in college premises
2	Acupressure & Chakra Healing	Ms. Rachi Sharma (Dept. Alumna) (Acupressure, Naturopathy Seed, Magnet & colour Therapist) 5 years' experience	13-01-2023	Offline, in college premises
3	Arts Based Therapy	Ms. Nirali Gogri (Dept. Alumna) (Arts Based Therapist) 2 years' experience	30-01-2023	Offline, in college premises
4	Reiki Healing	Ms. Urvashi Bharrat (Reiki & Money Reiki Grandmaster) 18+ years' experience	10-02-2023	Offline, in college premises
5	Graphology	Ms. Moksha Shah (Dept. Alumna) (Graphologist) 6 years' experience	25-02-2023	Offline, in college premises
6	Hypnosis	Mr. Ajay Sasane (Clinical Psychologist & Hypnotherapist) 10+ years' experience	11-04-2023	Offline, in college premises
7	Music Therapy	Mr. Jude Rodrigues (Therapist specialising in Music Therapy) 10+ years' experience	13-04-2023	Online platform: Zoom
8	Drama Therapy	Ms. Nausheen Merchant (one of the MSc2 students) 6 months' experience	13-04-2023	Offline, in college premises

Students also explored Louise Hay's Number Therapy (23-12-2022), the Lüscher Colour Test of Personality (27-01-2023), Dan Millman's Number and Colour Therapy (27-01-2023), and Spiritual Healing (20-01-2023) using books, presentations and conversations.

Papers Presented by Students at Seminars/Conferences/Workshops: INTERNATIONAL LEVEL in India

Guide: Dr. Anuradha J. Bakshi

Sr No	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place & Date	Sponsoring Agency
1.	Ms. Brenda J. Fernando (SRF) & Dr. Anuradha J. Bakshi (Guide & Co-author)	CAREER CHALLENGES AND RELATED COPING OF OLDER WOMEN DURING THE COVID-19 PANDEMIC	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS” Day 1, Technical Session 4	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
2.	Dr. Anuradha J. Bakshi (Guide & Co-author) & Ms. Juveria Khan (TY BSc Student)	USE OF ASSISTIVE TECHNOLOGIES IN INDIA: PERSPECTIVES OF SPECIAL EDUCATORS	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS” Day 1, Technical Session 7	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
3.	Dr. Anuradha J. Bakshi (Guide & Co-author), Ms. Shreya Anchan, Ms. Jinagna Gondalia, Ms. Shaheen Khan, & Ms. Sakina Peer	USE OF ONLINE COUNSELLING DURING THE COVID-19 PANDEMIC: PERSPECTIVES OF COUNSELLORS	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science

	(MSc2 Students)	Best Paper in Technical Session 8	AND FUTURE PROSPECTS” Day 1, Technical Session 8			
4.	Dr. Anuradha J. Bakshi (Guide & Co-author), Ms. Mansi Palande, Ms. Pooja Ramaiya, Ms. Tuba Dhange, & Ms. Zainab Sayed (TY BSc Students)	BACK TO SCHOOL AFTER THE PANDEMIC: SCHOOL CHILDREN’S PERSPECTIVE OF WHAT THEY LIKE MOST AND LIKE LEAST ABOUT BEING BACK IN SCHOOL	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS” Day 1, Technical Session 5	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
5.	Dr. Anuradha J. Bakshi (Guide & Co-author), Ms. Isha Jain, Ms. Shumaila Khan, & Ms. Prateeksha Koli (TY BSc Students)	PANDEMIC AND POST-PANDEMIC CHALLENGES AND OPPORTUNITIES IN THE INFORMAL WORK SECTOR	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS” Day 1, Technical Session 6	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science

Guide: Dr. Kamini Rege

Sr No	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place & Date	Sponsoring Agency
1.	Dr. Kamini Rege (Guide & Co-author), Ms. Jennifer James (MSc1 Student)	Perimenopausal Stage: Perception of Husbands and Wives Best Paper	International Conference on “Role of Counselling in Dealing with Mental Health Issues”	Aligarh Muslim University	Online 23 rd – 24 th September 2022	NN College of Home Science
2.	Dr. Kamini Rege (Guide & Co-author), Ms. Mahima Shukla (MSc1 Student)	Menstruation: Problems and Management among Youth (15-26 years)	International Conference on “Role of Counselling in Dealing with Mental Health Issues”	Aligarh Muslim University	Online 23 rd – 24 th September 2022	NN College of Home Science
3.	Dr. Kamini Rege (Guide & Co-author), Ms. Nausheen Merchant (Student Leader) & Ms. Sherin Samuel, Ms. Fidela Varel (MSc2 Students)	Coping Strategies of Primary Caregiver: Working with Cognitively Declining Elderly (70 Years & Above)	International Conference on “Role of Counselling in Dealing with Mental Health Issues”	Aligarh Muslim University	Online 23 rd – 24 th September 2022	NN College of Home Science
4.	Dr. Kamini Rege (Guide & Co-author), Ms. Nidhi Khimavat (Alumna)	Challenges Experienced and Suggested Strategies for Elderly During Covid Isolation: Perception of Primary Caregiver (30-50 Years)	International Conference on “Role of Counselling in Dealing with Mental Health Issues”	Aligarh Muslim University	Online 23 rd – 24 th September 2022	NN College of Home Science
5.	Dr. Kamini Rege (Guide & Co-	Menstrual Hygiene Management among Trainable	International Conference on “MENTAL	Aligarh Muslim University	Online 25-11-	NN College of Home Science

	author), Ms. Janvi Chheda (Student Leader) & Ms. Fatima Ansari, Ms. Vaishnavi Mhatre, Ms. Prita Parab (TY BSc Students)	Mentally Challenged Teens: Practices and Suggestions	HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”		2022	
6.	Dr. Kamini Rege (Guide & Co-author), Ms. Zahra Shaikh (Student Leader) & Ms. Abeera Shaikh, Ms. Ayesha Sarfaraz (TY BSc Students)	Do Married Men Experience Violence? Perception of Selected Communities	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
7.	Dr. Kamini Rege (Guide & Co-author), Ms. Midhat Shelia (Student Leader) & Ms. Vrushti Nandu, Ms. Kusum Parmar, Ms. Alefiya Ratlamwala, Ms. Noeen Tambe (TY BSc Students)	Challenge & Strategies to Overcome Domestic Violence among Married Women: Perceptions of Selected Professionals: (Doctors, Advocates, Police, Counselor & Married Women)	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
8.	Dr. Kamini Rege (Guide & Co-author), Ms. Samruddhi Suralka (Student Leader) & Ms. Tanisha Moraes, Ms. Isha Rane, Ms. Sana Qureshi (TY BSc Students)	Knowledge and Awareness Regarding Andropause among Selected Professions (Bank Employees, Teachers, Police)	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”	Aligarh Muslim University	Online 25-11-2022	NN College of Home Science
9.	Dr. Kamini Rege (Guide & Co-author), Ms.	Needs and Expectations of Primary Caregivers	International Conference on “MENTAL	Aligarh Muslim University	Online 25-11-	NN College of Home Science

	Rashida Ghadiyali (TY BSc Student)	Working with Children with Cancer	HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”		2022	
10	Dr. Kamini Rege (Guide & Co- author), Ms. Jennifer James (MSc1 Student)	Husband’s Guide to Perimenopause: Tips for Supporting their Wives	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”	Aligarh Muslim University	Online 25-11- 2022	NN College of Home Science

Ms. Khyati Sampat

Sr No .	Name of the author name/names ,	Title of the Paper	Name of the Conference / Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency
1.	<u>SY BSc Students:</u> Ms Zenia Miranda, Ms Mariya Morbiwala, Ms Vishaka Mahek, Ms Vrushmi Savla, Ms Insiyah Vohra <u>Co-Author & Guide:</u> Ms. Khyati Sampat	Level of Awareness about Human Papillomavirus (HPV) and HPV Vaccine among Indians	AARYA – Awareness and Action Research for Youth Awakening	International Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan, Mumbai	Online 28-02-2023 National Science Day	

APA Mentor/Guide: Ms. Brenda Fernando

Sr No	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place & Date	Sponsoring Agency
1.	Ms Alifiya Suterwala (ex-student) <u>APA Mentor:</u> Ms. Brenda Fernando	Prevalence of Anxiety among Undergraduate Students during Covid-19	International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS”	Aligarh Muslim University	Online 25-11-2022	
2.	<u>SY BSc Students:</u> Ms. Zeenat Sayyad, Ms. Palak Mehta, Ms. Khushi Savla, Ms. Kirti Pevelkar, & Ms. Vishaka Purkait <u>Co-author & Guide:</u> Ms. Brenda Fernando	Legal Awareness about Senior Citizens’ Rights among the Elderly and their Significant Others Third Prize	AARYA: Awareness and Action Research for Youth Awakening International Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	Online 28-02-2023 National Science Day	

Papers Presented by Students at Seminars/Conferences/Workshops: NATIONAL LEVEL**Guide: Dr. Kamini Rege**

Sr No	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place & Date	Sponsoring Agency
1.	<u>TY BSc Students:</u> Ms. Tanisha Moraes (Student Leader) & Ms. Taqdees Pakhmore <u>Guide & Co-Author:</u> Dr. Kamini Rege	Insights into Andropause among Selected Professional (Police, Bank Employees and Teachers)	SRIJNA National Level Poster Presentation Competition on occasion of	Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of	Mumbai 25 th February 2023 9:30am-4pm Science Exhibition	NN College of Home Science

			National Science Day	University of Mumbai		
2.	<u>TY BSc Students:</u> Ms. Alefiya Ratlamwala (Student Leader) & Ms. Noeen Tambe <u>Guide & Co-Author:</u> Dr. Kamini Rege	Breaking the Vicious Cycle of Domestic Violence against Women: Perception of Selected Professionals (Doctors, Advocates, Police, Counselors & Married Women)	SRIJNA National Level Poster Presentation Competition on occasion of National Science Day	Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of University of Mumbai	Mumbai 25 th February 2023 9:30am-4pm Science Exhibition	NN College of Home Science
3.	<u>TY BSc Students:</u> Ms. Zahra Shaikh (Student Leader) & Ms. Abeera Shaikh <u>Guide & Co-Author:</u> Dr. Kamini Rege	Domestic Violence among Married Men: Perception of Selected Communities	SRIJNA National Level Poster Presentation Competition on occasion of National Science Day	Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of University of Mumbai	Mumbai 25 th February 2023 9:30am-4pm Science Exhibition	NN College of Home Science
4.	<u>TY BSc Students:</u> Ms. Rashida Ghadiyali <u>Guide & Co-Author:</u> Dr. Kamini Rege	Exploring the Challenges and Support Needs of Primary Caregivers Caring for Children (Birth to 12 Years) with Cancer Consolation Prize	SRIJNA National Level Poster Presentation Competition on occasion of National Science Day	Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of University of Mumbai	Mumbai 25 th February 2023 9:30am-4pm Science Exhibition	NN College of Home Science
5.	<u>MSc1 Student:</u> Ms. Jennifer James <u>Guide & Co-Author:</u> Dr. Kamini Rege	Recommendations to Support the Wife During Perimenopause: A Husband's Guide	SRIJNA National Level Poster Presentation	Guru Nanak Khalsa College of Arts, Science & Commerce	Mumbai 25 th February 2023	NN College of Home Science

		Third Prize	Competition on (Autonomous) occasion of National Science Day, affiliate college of University of Mumbai	9:30am-4pm Science Exhibition	
--	--	--------------------	---	----------------------------------	--

INTER-COLLEGIATE/ INSTITUTE/ DEPARTMENT PAPER PRESENTATIONS BY STUDENTS:

The Aavishkar Research Convention of 2022-2023 (namely, the 17th Avishkar Research Convention) was organized in December 2022 and is included in this Department Report.

Guide: Dr. Anuradha J. Bakshi

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>TY BSc Students:</u> Ms. Juveria Khan (Student Leader) & Ms. Kinjal Shah, Ms. Sukanya Bhale, Ms. Safiya Bhorania, Ms. Mansi Singh <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Use of Assistive Technologies by People with Disabilities: A Multi-informant Study	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Engineering and Technology Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
2.	<u>TY BSc Students:</u> Ms. Pooja Ramaiya (Student Leader) & Ms. Zainab Sayed, Ms. Mansi Palande, Ms. Tuba Dhange	Back to School: Post Pandemic School-related Challenges and Opportunities of Children	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Humanities,	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

	<u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi		Languages and Fine Arts Level: UG			
3.	<u>TY BSc Students:</u> Ms. Muskan Sayyad (Student Leader) & Ms. Husaina Rangoonwala, Ms. Moksha Mehta, Ms. Saba Shaikh, Ms. Misbaah Dandekar <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Co-parenting: Experiences and Perspectives of Children and Youth	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Medicine and Pharmacy Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
4.	<u>TY BSc Students:</u> Ms. Haadiya Sayed (Student Leader) & Ms. Riya Gandhi, Ms. Sharwari Narvekar, Ms. Shaikh Zoya, Ms. Deepeksha Parmar <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Friendship in Middle Adulthood	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Pure Sciences Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
5.	<u>TY BSc Students:</u> Ms. Shumaila Khan	Pandemic and Post-Pandemic Challenges and Opportunities in	17th Aavishkar Research Convention: Inter-Collegiate / Institute/	Department of Students'	December 15, 2022	University of Mumbai

	(Student Leader) & Ms. Isha Jain, Ms. Prateeksha Koli <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	the Informal Work Sector	Department Zonal Round Category: Medicine and Pharmacy Level: UG	Development, University of Mumbai		
6.	<u>MSc Students:</u> Ms. Jinagna Gondolia (Student Leader) & Ms. Shreya Anchan, Ms. Shaheen Khan, & Ms. Sakina Peer <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Use of Online Counselling during the COVID-19 Pandemic: Perspectives of Counsellors and Clients	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Medicine and Pharmacy Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
7.	<u>MSc Students:</u> Ms. Batul Ghadiali (Student Leader) & Ms. Manjiri Pimaplgaonkar <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Coming of Age: Goals of Youth as They Transition into Adulthood	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Humanities, Languages and Fine Arts Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
8.	<u>MSc Students:</u> Ms. Praisy Vullamparti	In Another Person's Shoes: Empathy and its Interrelationships with Mental Health and	17th Aavishkar Research Convention: Inter-Collegiate / Institute/	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

	<u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Positive Psychological Traits	Department Zonal Round Category: Engineering and Technology Level: PG			
9.	<u>MSc Students:</u> Ms. Riya Author <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Extent of Multilingualism in Youths, Parents and Grandparents	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Agriculture Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
10.	<u>PhD Scholar:</u> Ms. Vibha Hasija <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	The Teacher as a Role Model for Mindful Dietary and Lifestyle Practices: A Pilot Exploring Potential and Possibilities	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Engineering & Technology Level: PPG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
11.	<u>PhD Scholar:</u> Ms. Brenda J. Fernando <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Career Challenges and Coping of Older Women during the COVID-19 Pandemic	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Commerce,	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

			Management and Law Level: PPG			
12	<u>PhD Scholar:</u> Ms. Kinjal Maru <u>Guide & Co-Author:</u> Dr. Anuradha J. Bakshi	Role Played by Teachers in Students' Career Decision-Making Process: Perspectives of Students and Teachers	17th Aavishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round Category: Humanities, Languages and Fine Arts Level: PPG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

Guide: Dr. Kamini Rege

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>TY BSc Students:</u> Ms. Vrushti Nandu (Student Leader) & Ms. Kusum Parmar, Ms. Alefiya Ratlamwala, Ms. Midhat Shelia, Ms. Noeen Tambe <u>Guide & Co-Author:</u> Dr. Kamini Rege	Challenges and Strategies to Overcome Domestic Violence among Married women: Perception of Selected Professionals (Doctors, Advocates, Police, Counselors) and Married Women	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
2.	<u>TY BSc Students:</u> Ms. Tanisha Moraes	Knowledge and Awareness Regarding Andropause among Selected	17th Aavishkar Research Convention: Inter-Collegiate /	Department of Students' Development, University of	December 15, 2022	University of Mumbai

	<p>(Student Leader) & Ms. Samruddhi Suralka, Ms. Isha Rane, Ms. Taqdees Pakhmore, Ms. Sana Qureshi</p> <p><u>Guide & Co-Author:</u> Dr. Kamini Rege</p>	Professions (Bank Employees, Teachers, Police)	Institute/Department Zonal Round Category: Level: UG	Mumbai		
3.	<p><u>TY BSc Students:</u> Ms. Rashida Ghadiyali (Student Leader) & Ms. Humaira Khan, Ms. Aatefa Ansari, Ms. Riya Shah, Ms. Insiyah Leelwala</p> <p><u>Guide & Co-Author:</u> Dr. Kamini Rege</p>	Needs and Expectations of Primary Caregivers Working with Children (0-12) with Cancer	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
4.	<p><u>TY BSc Students:</u> Ms. Abeera Shaikh (Student Leader) & Ms. Zahra Shaikh, Ms. Ayesha Sarfaraz</p> <p><u>Guide & Co-Author:</u> Dr.</p>	Do Married Men Experience Violence? Perception of Selected Communities (Hindu, Muslim and Other)	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

	Kamini Rege					
5.	<u>TY BSc</u> <u>Students:</u> Ms. Janvi Chheda (Student Leader) & Ms. Fatima Ansari, Ms. Vaishnavi Mhatre, Ms. Prita Parab <u>Guide & Co-Author:</u> Dr. Kamini Rege	Menstrual Hygiene Management among Mentally Challenged Teens: Practices and Suggestions	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: UG	Department of Students' Development, University of Mumbai	December 15, 2022 Selected for Inter-Zonal Round	University of Mumbai
6.	<u>TY BSc</u> <u>Students:</u> Ms. Janvi Chheda (Student Leader) & Ms. Fatima Ansari, Ms. Vaishnavi Mhatre, Ms. Prita Parab <u>Guide & Co-Author:</u> Dr. Kamini Rege	Menstrual Hygiene Management among Mentally Challenged Teens: Practices and Suggestions	17th Aavishkar Research Convention: Inter-Zonal Round Category: Level: UG	Department of Students' Development, University of Mumbai	December 2022	University of Mumbai
7.	<u>MSc Student:</u> Ms. Jennifer James <u>Guide & Co-Author:</u> Dr. Kamini Rege	Husband's Guide to Perimenopause: Recommendations for Supporting their Wife	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022 Selected for Inter-Zonal Round	University of Mumbai

8.	<u>MSc Student:</u> Ms. Jennifer James <u>Guide & Co-Author:</u> Dr. Kamini Rege	Husband's Guide to Perimenopause: Recommendations for Supporting their Wife	17th Aavishkar Research Convention: Inter-Zonal Round Category: Level: PG	Department of Students' Development, University of Mumbai	December 2022 Selected for National Level	University of Mumbai
9.	<u>MSc Student:</u> Ms. Sherin Samuel <u>Guide & Co-Author:</u> Dr. Kamini Rege	Coping Strategies of Primary Caregivers Working with Cognitively Declining Elderly	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai
10.	<u>MSc Student:</u> Ms. Meha Savla <u>Guide & Co-Author:</u> Dr. Kamini Rege	Enhancing Psychological Wellbeing: Activity Model based on ARCH Model for Counsellors	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round Category: Level: PG	Department of Students' Development, University of Mumbai	December 15, 2022	University of Mumbai

14. PRIZES AND AWARDS RECEIVED BY STUDENTS/ OUTSTANDING ACHIEVEMENTS

Dr. Anuradha J. Bakshi

Sr. No.	Name of Student	Level of Student	Achievement	Staff Responsible	Award Received
1.	Dr. Anuradha J. Bakshi (Guide & Co-author), Ms. Shreya Anchan, Ms. Jinagna Gondalia, Ms. Shaheen Khan, & Ms. Sakina Peer (MSc2 Students) Student Leader: Ms. Jinagna Gondolia	MSc2	Online Paper presentation at an International Conference on “MENTAL HEALTH AND COVID-19: CHALLENGES AND FUTURE PROSPECTS” 25 th November 2022 <u>Title of Paper</u> USE OF ONLINE COUNSELLING DURING THE COVID-19 PANDEMIC: PERSPECTIVES OF COUNSELLORS <u>Organiser:</u> Aligarh Muslim University	<u>Guide & Co-Author:</u> Dr Anuradha J. Bakshi	Best Paper in Technical Session 8

Dr. Kamini Rege

Sr. No.	Name of Student	Level of Student	Achievement	Staff Responsible	Award Received
1.	Dr. Kamini Rege (Guide & Co-author), Ms. Jennifer James (MSc1 Student)	MSc1	Online Paper Presentation in International Conference on “Role of Counselling in Dealing with Mental Health Issues” 23 rd – 24 th September 2022 <u>Title of Paper</u> Perimenopausal Stage: Perception of Husbands and Wives <u>Organiser:</u> Aligarh Muslim University	<u>Guide & Co-Author:</u> Dr Kamini Rege	Best Paper

2.	<p><u>TY BSc Students:</u> Ms. Rashida Ghadiyali</p> <p><u>Guide & Co-Author:</u> Dr. Kamini Rege</p>	TY BSc	<p>SRIJNA National Level Poster Presentation Competition on occasion of National Science Day 25th February 2023</p> <p><u>Title of Paper</u> Exploring the Challenges and Support Needs of Primary Caregivers Caring for Children (Birth to 12 Years) with Cancer</p> <p><u>Organiser:</u> Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of University of Mumbai</p>	<p><u>Guide & Co-Author:</u> Dr Kamini Rege</p>	Consolation Prize
3.	<p><u>MSc1 Student:</u> Ms. Jennifer James</p> <p><u>Guide & Co-Author:</u> Dr. Kamini Rege</p>	MSc1	<p>SRIJNA National Level Poster Presentation Competition on occasion of National Science Day 25th February 2023</p> <p><u>Title of Paper</u> Recommendations to Support the Wife During Perimenopause: A Husband's Guide</p> <p><u>Organiser:</u> Guru Nanak Khalsa College of Arts, Science & Commerce (Autonomous), affiliate college of University of Mumbai</p>	<p><u>Guide & Co-Author:</u> Dr Kamini Rege</p>	Third Prize
4.	<p><u>TY BSc Students:</u> Ms. Janvi Chheda (Student Leader) & Ms. Fatima Ansari, Ms. Vaishnavi Mhatre, Ms. Prita Parab</p>	TY BSc	<p>17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round 15th December 2022</p>	<p><u>Guide & Co-Author:</u> Dr Kamini Rege</p>	Selected for Inter-Zonal Round

	<u>Guide & Co-Author:</u> Dr. Kamini Rege		<u>Title of Paper</u> Menstrual Hygiene Management among Mentally Challenged Teens: Practices and Suggestions <u>Organiser:</u> Department of Students' Development, University of Mumbai		
5 & 6	<u>MSc1 Student:</u> Ms. Jennifer James <u>Guide & Co-Author:</u> Dr. Kamini Rege	MSc1	17th Aavishkar Research Convention: Inter-Collegiate / Institute/Department Zonal Round 15 th December 2022 <u>Title of Paper</u> Husband's Guide to Perimenopause: Recommendations for Supporting their Wife <u>Organiser:</u> Department of Students' Development, University of Mumbai	<u>Guide & Co-Author:</u> Dr Kamini Rege	Selected for Inter-Zonal Round & National Level

Ms. Brenda Fernando

Sr. No.	Names of the student	Level / class	Staff who guided/responsible	Details of the Prize/award
1.	Zeenat Sayyad, Palak Mehta, Khushi Savla, Kirti Povelkar, Vishaka Purkait	SY BSc	Ms. Brenda J. Fernando	Third Prize for Research Paper Title " <i>Legal Awareness about Senior Citizens' Rights among the Elderly and their Significant Others</i> " presented at AARYA International Interdisciplinary Undergraduate Research Competition organized by the College of Home Science Nirmala Niketan on 28th February 2023.

15. Research Topics of HD Students

MSC PART 2 (2022-2023 academic year)

Topic	Students	Guide
Extent of Multilingualism in Preschool and Primary School Teachers	Ms. Shreya Anchan	Dr. Anuradha J. Bakshi
Indian Students Studying Abroad: Benefits, Challenges, Coping, and Well-being	Ms. Riya Author	
Work-life Conflict among Full-time Working Professionals: Prevalence, Coping and Relationship to Well-being	Ms. Nausheen Merchant	
Parental Monitoring of their Children's (7-to-12 Years of Age) Usage of Hand-held Devices	Ms. Shaheen Khan	Ms. Rhonda Divecha
Disciplining Methods Used by Parents and the Perceived Effect on their Child (3-to-6 years)	Ms. Aisha Sayed	
Relationship between Levels of Emotional Intelligence, Stress and Job Satisfaction among Nurses Working in Government Hospitals in Mumbai	Ms. Meha Savla	Ms Payal Maheshwari
Relationship between Levels of Emotional Intelligence, Stress and Job Satisfaction among Nurses Working in Private Hospitals in Mumbai	Ms. Sherin Samuel	
Premarital Sex: Attitudes and Perceptions of Married Young Adults and Middle-Aged Adults (18- 55 years old)	Ms. Sakina Peer	Dr. Kamini Rege
Couple's Practice of Gratitude and It's Relationship with their Level of Relationship Satisfaction and Subjective Well-Being	Ms. Jinagna Gondolia	Ms Khyati Sampat

MSC PART 1 (2022-2023 academic year)

Topic	Students	Guide
Remote, Office or Hybrid? Employees' Post-Pandemic Work Experiences and Preferences	Ms. Batul Ghadiali, Ms. Manjiri Pimpalgaonkar, & Ms. Lydia Samuel	Dr. Anuradha J. Bakshi
Perception of Higher Education Teachers, Employers and Parents of Adolescents with Disability with Regard to Opportunities in Higher Education and Employment for People with Special Needs	Ms. Hurin Chawre, Ms. Misbah Khan, Ms. Bhairavi Naik, & Ms. Mahima Shukla	Ms. Payal Maheshwari
Awareness and Perception of Bank Employees regarding Sexual Harassment at Workplace	Ms. Jerusha Cabral, Ms. Abigail Fernandes, Ms. Jennifer James, & Ms. Ayesha Siddiqui	Dr. Kamini Rege

TYBSC (2022-2023 academic year)

Topic	Students	Guide
Use of Assistive Technologies by People with Disabilities: A Multi-informant Study	Group Leader: Ms. Kinjal Shah Ms. Sukanya Bhale Ms. Safiya Bhorania Ms. Juveria Khan Ms. Mansi V. Singh	Dr. Anuradha J. Bakshi
Back to School after the Pandemic: School Children's Perspective of What they Like Most and Like Least about Being Back in School	Group Leader: Ms. Mansi Palande Ms. Tuba Dhange Ms. Pooja Ramaiya Ms. Zainab Sayed	
Co-parenting: Experiences and Perspectives of Youth	Group Leader: Ms. Muskan Sayyad Ms. Misbaah Dandekar Ms. Moksha Mehta Ms. Husaina Rangoonwala Ms. Saba Shaikh	
Friendship in Middle Adulthood (40-to-60-year-olds)	Group Leader: Ms. Sharvari Narvekar Ms. Riya Gandhi Ms. Deepaksha Parmar Ms. Haadiya Sayed Ms. Zoya Shaikh	
Pandemic and Post Pandemic Challenges and Opportunities in the Informal Work Sector	Group Leader: Ms. Shumaila Khan Ms. Isha Jain Ms. Prateeksha Koli Ms. Zainab Sayed	
Dynamics of Domestic Violence and Abuse among	Group Leader: Ms. Midhat Shelia	

Married Women—Perceptions of Selected Professionals	Ms. Vrushti Nandu Ms. Kusum Parmar Ms. Alefiya Ratlamwala Ms. Noeen Tambe	Dr. Kamini Rege
Knowledge and Awareness regarding Male Menopause/ Andropause in Males (40-60 years) among the Selected Professions (Bank employees, Teachers, Police)	Group Leader: Ms. Samruddhi Suralka Ms. Isha Rane Ms. Taqdees Pakhmore Ms. Sana Qureshi Ms. Tanisha Moraes	
Knowledge and Coping Skills of Primary Caregivers Caring for Children with Cancer	Group Leader: Ms. Rashida Ghadiyali Ms. Humaira Khan Ms. Aatefa Ansari Ms. Riya Shah Ms. Insiyah Leelwala	
Perception of Selected Communities on Domestic Violence among Married Men	Group Leader: Ms. Abeera Shaikh Ms. Zahra Shaikh Ms. Ayesha Sarfaraz	
Menstrual Hygiene Management: Recommendations by Gynecologists, Special Educators and Practices Implemented by Mothers of Trainable Mentally Challenged Girls (13 - 19 years)	Group Leader: Ms. Janvi Chheda Ms. Fatima Ansari Ms. Vaishnavi Mhatre Ms. Prita Parab	

16. Examples of Job Placements of Students who Graduated from MSc Human Development in 2022-2023

Name of MSc Alumna	Organization(s) in Which Employed	Role/Designation
Ms. Shreya Anchan	Early Childhood Association (ECA)	Academic Coordinator
Ms. Jinagna Gondolia	Planet Education	Counsellor
Ms. Shaheen Khan	Early Childhood Association (ECA)	Academic Coordinator
Ms. Nausheen Merchant	Ummeed Child Development Centre, Lower Parel East	Inclusion Fellow
Ms. Sherin Elsa Samuel	Zee Learn Pvt. Ltd., Worli	Junior Research Associate

CONCLUSION SECTION

17. ANY OTHER INFORMATION IN BRIEF:

Name of the staff member stating	ANY OTHER INFORMATION IN BRIEF
Khyati Sampat	<p>The following psychological tests were purchased for the department in March 2023:</p> <ol style="list-style-type: none"> 1. WRAT5 Complete Kit 2. QOLI Hand-Scoring Starter Kit 3. Raven's – Educational CPM/ CVS, India English Edition 4. Raven's Standard Progressive Matrices (with India Norms Supplementary Booklet) 5. BYI-2 Starter Kit

18. Challenges faced

Our main challenge this year was to acclimatize students back into a fully offline, face-to-face mode of teaching-learning. Students found the regular curriculum, with its theory and practical subjects, as requiring more hard work than they were accustomed to in the previous two COVID-19 years. Multiple meetings and discussions, especially with the TY students, were helpful in addressing their concerns.

19. Future plans for 2023-24

Flexibility, adaptability and compassion whilst helping students cope with the transition to completely offline teaching-learning. Helping students meet the demands and challenges of academic rigor whilst balancing their personal, family and community life.

Supporting students in these current times academically, personally and holistically. Likewise, supporting colleagues and collaborators such that they can optimize their own development and that of our students.

Continuing to strengthen our blended and hybrid modes of extension work.

LASTLY

We express our deep gratitude to God, the Nirmala Niketan Management, our students, alumnae, colleagues, and collaborators for the successful completion of the academic year 2022-2023.