










College of Home Science Nirmala Niketan




NAAC Re-Accredited "A+" Grade
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ALUMNAE OF COLLEGE OF HOME SCIENCE, NIRMALA NIKETAN				
Department of Foods, Nutrition & Dietetics				
No	Name	Company and Position	Photo	Batch (Date of passing of last programme at NN)
ENTREPRENEURS				
	Ananya Save	Director at Felicita Foods Pvt Ltd (Vedus Foods) (exporting food products to over 15 countries) & Co-Founder at Fantastico Curations LLP (The Little House)		MSc (FND) 2000
	Rashida Vapiwala	FOUNDER The Nutrition Alchemy™ (A NutriTech firm in food & nutrition consumer marketing and digital technology) Product – LabelBlind app		MSc FND, 2011


	Ms Chitra Pandhi	<p>Founder of Yogatainment Yoga & Wellness Coach QCI (level II) Certified Yoga Teacher</p>		M.Sc. (Human Development) – 2013
	Nirali Jain Tanna	<p>- Founder and Nutritionist at Map My Meals The company provides personalised meal plans for : Weight management, Diabetes management, Health management, Pregnancy and post pregnancy nutrition, PCOS management ! - They do online programs and are present on various social media platforms</p>		BSc MSc (FPP) 2014
	Ms Mitali Doshi	<p>Entrepreneur - freelancing as a designer artist.</p>   Dr. Anuradha J. Bakshi IC Principal		BSc (CRM) 2019

HOLDING IMPORTANT LEADERSHIP POSITIONS

	<p>Dr. Niyati Mehta</p>	<p>Professor of Public Health Nutrition</p> <p>Associate Vice Provost of Faculty Initiatives, Office of the Provost, New York University</p> <p>Recent honours -Inducted as a New York Academy of Medicine Fellow, and appointed as Independent Consultant at UNICEF</p>		<p>MSc (FND) 1997</p>
	<p>Dr. Ranjani Harish</p>	<p>Sr. Scientist & Head, Translational Research Madras Diabetes Research Foundation</p> <p>Ranjani works in the area of Public Health specifically with respect to prevention and control of NCDs. Priority research focus being epidemiology and prevention of childhood and adolescent obesity and type 2diabetes, prevention of diabetes in 'real life' community settings through lifestyle modification and behaviour change in adults and health promotion activities.</p>	 	<p>MSc (FND) 2009</p>





	<p>Dr. Bhavini Shah</p>	<p>Clinical Operations Project Manager Abbott, USA</p>		<p>MSc (FND) 2008</p>
	<p>Ms Koshangi Gala</p>	<p>Education Lead - Primary years, Finland Education Hub</p>		<p>M.Sc. (Human Development) – 2019</p>
	<p>Ms Mugdha Ayare</p>	<p>EHS Professional and Ergonomics Lead at Siemens Healthineers</p>  <p>Dr. Anuradha J. Bakshi EC Principal</p>		<p>BSc (CRM) 2021</p>

COMMUNITY- FOCUSSED WORK - SPECIAL MENTION

	Ms. Rukaiyah Mandsaurwala	<p>Contributed through her dedication and service to the nation by rendering voluntary services and saving lives of those suffering from covid-19 at the Covid Hospital, NSCI Worli, MCGM, G South in the year 2020.</p> <p>Consultant Nutritionist with Freedom Wellness Management and Omega Diagnostics</p>		MSc SN 2019
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Anubh
Dr. Anuradha J. Rakshi
FC Principal

	<p>Ms. Bina Chheda</p>	<p>Received an award from the Governor of Maharashtra at Rajbhavan as a Covid Warrior for her role in the Covid-19 pandemic.</p> <p>Founder proprietor: Bina Chheda's Amrut Centre (Holistic Health - Nutrition – Lifestyle)</p> <p>Ex Chief Dietician - Sir H N Hospital and Research Centre (15 years)</p> <p>Honorary Dietitian to His Excellency the Governor of Maharashtra</p>	    <p>Dr. Anuradha J. Bakshi IC Principal</p>	<p>PG Dip 1995</p>
<p>Department of Human Development</p>				



Anubhava
Dr. Anuradha J. Bakshi
HC Principal

Ms. Foram Gaggar



I currently practice as a parenting expert and consultant. Take regular one-on-one sessions with parents and conduct workshops to help them find strategies to issues they face while raising children. The goal is to find respectful, conscious and mindful ways to parenting in order to have a generation full of children that are resilient, high in self esteem and emotionally intelligent.

Also, these sessions focus on the emotional wellbeing of parents themselves, healing their inner hurt child and focus towards self-care and healthy boundaries, understanding that good parenting is not easy.

I am also part of a company named "The Children's Lab", founded by our alumnae Ms. Dhvani Vakharia. The company conducted developmentally appropriate activities for children as a part of an after school program.

Now, it is a venture that manufactures and curates products that support all sensory needs of growing children. The demand for sensory play is high knowing all the tremendous benefits it has. We manufacture play-dough that is taste safe, hand-made and non toxic and create various theme related sensory play kits that can be used by children as young as a year old.



An art enthusiast and a dynamic alumna, Ms. Zainab Bhinderwala completed her Graduation and Master's in Human Development (2003 & 2005) from our institute College of Home Science, Nirmala Niketan. Soon out of college, she began working as the Supervisor at the Child Care Centre (CCC) at Tata Institute of Fundamental Research (TIFR).

Since October 2008 to date, she has been working at Muktangan, an alternative model of education that aims to provide an inclusive, student-friendly, community-based model of education within the mainstream system.

Over a decade now at Muktangan, she has played several roles - right from being a Faculty member and training the community members to become teachers, to developing content and creating courses for the Teacher Education program to then leading and running the Pre-Service Teacher Education Centre.

In partnership with the Tata Institute of Social Sciences (TISS), she has led the initiative at Muktangan's end of redesigning the content for the 3 years B.VOC program in Early Childhood Development. She now continues to lead the task of preparing Question Bank for the same.

The major highlight at Muktangan for Ms. Zainab has been her baby project - Early Learners' Development Programme (ELDP) in rural Maharashtra where she built the capacity of local community members from the partner NGO to work with 271 Anganwadi Workers and 6000+ children. The project was spanned across 6 years from June 2014 to March 2020.

In 2013, she got certified as an Art Based Therapy practitioner, and later in 2018, she did a course in Applied Buddhist Psychology.

Her recent achievement is that of becoming a CZT i.e. a Certified Zentangle Teacher, one amongst very few in India in May 2021.

Before the pandemic, she worked as a consultant with Govardhan Eco Village (GEV), an NGO in Wada (District – Palghar) from April 2019 to March 2020 ~ training their preschool and primary school teachers in Holistic Education that included Art and Craft, Storytelling, Dramatization, Puppetry, Music & Movement and Games.

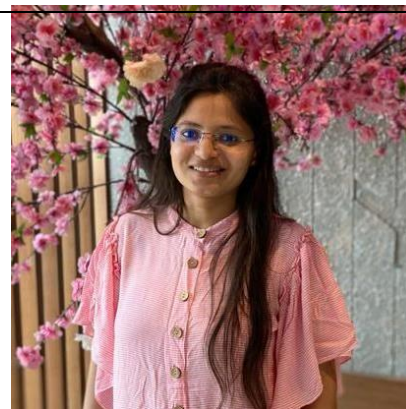
Currently, she is developing content for a 6 month-long mentoring program for Bright Future India, an NGO that works with youth to empower them in bridging the gap between education and employment.

Payal Udeshi

Founder of Hop and Learn classes.

I am a passionate educator who loves teaching children and making learning an enjoyable and fun experience for them. I also conduct workshops for teacher training and online and offline workshops for children in the age group 3 to 8 years.

I believe that creativity is within oneself and just needs a little bit of nurturing.



Hop and Learn

Classes

Department of Textile & Fashion Technology



Anuradha J. Bakshi
Dr. Anuradha J. Bakshi
FC Principal



**PROF. (DR.) DEEPALI
SINGHEE**

Principal (Professor)

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Dr. Anuradha J. Bakshi
Dr. Anuradha J. Bakshi
IC Principal

Department of Community Resource Management				
No	Name	Company and Position	Photo	Batch (Date of passing of last programme at NN)
HOLDING IMPORTANT LEADERSHIP POSITIONS				
	Ms Disha Maroly	Currently working as a Talent Acquisition Executive at Bhanzu. Working with the world's fastest human calculator with the purpose of eradicating math phobia among the young people of the world. Complete ownership of Math teacher hiring, from hiring interns for screening teachers to onboarding of the teachers.		BSc (CRM) 2022
	Ms Rukaiya Unwala	Job Role - Quality analyst Job description-To ensure that quality assurance standards are met, recommend, put into practise, and monitor preventative and corrective measures. Analyze and compile statistical data. Make sure that during the testing process, user expectations are met. Policy and procedure draughts for quality assurance.		BSc (CRM) 2021



Anubha
Dr. Anuradha J. Bakshi
FC Principal