

**FORMAT FOR DEPARTMENT REPORT**  
**YEAR – 2021 -22**  
**June to December**

**NAME OF THE DEPARTMENT: Foods, Nutrition and Dietetics**

**NUMBER OF TEACHERS:**

**Mrs Vibha Hasija: HOD, Assistant Professor**

**Ms Jacqueline Colaco: Associate Professor**

**Dr. Subhadra Mandalika: Associate Professor**

**Ms Fatima Kader: Assistant Professor**

**Mrs Sheetal Joshi: Assistant Professor**

**Dr. Minelly Rodrigues: Assistant Professor**

**Dr. Ratnaraje Thar and Dr. Beryl (From March 2022) : Coordinator of Self- Financed Courses**

**NUMBER OF STUDENTS: 189**

T.Y.BSc - 50

M.Sc. Part I - 12(FND)+ 23(FPP) 23 (SN) 23 =58

MSc Part II - 12(FND)+23(FPP)+23(SN) =58

P G Diploma -20

PhD – 3

Value added course: Nutrition for Exercise and Fitness -

## DEPARTMENTAL ACTIVITIES

### ADMISSION PROCESS DETAILS

Class	No of applications	No of students admitted
MSc 1 FND	248	12
MSc 1 FPP	120	23
MSc 1SN	80	23
PG Dip	79	20

### ACTIVITIES/WEBINARS/SEMINARS ORGANISED BY THE DEPARTMENT (ALSO INCLUDE STUDENT DEVELOPMENT, ORIENTATION AND INTERNSHIP PRESENTATION ,FOE ADVANCED LEARNING, INNOVATION AND ENTREPRENEURSHIP. EXCLUDE FACULTY DEVELOPMENT AND EXTENSION)

Sr No.	Name of the Webinar /Seminars/ Conferences and Title and Date	Category – Local/National/International/ Student Led	Online /offline and platform /place	Faculty Lead and organising members	names of resource persons	Student Volunteers and class	Collaborating agency	Sponsoring Agency if any and funds generated
1.	<b>Disha – The way Ahead (2020-21) For students completing their graduation and postgraduation from FND dept.</b>	College Level	Online	FND dept. Fatima Kader	FND Dept staff were the resource persons	Nil	Nil	Nil
	<b>MSc II (FND, FPP, SN) Orientation 2nd August 2021</b>	College level	online Platform: MS Teams	Ms. J. Colaco and Dr. R. Thar	FND Dept staff and Mrs. P. Mhaprolkar (librarian) were the resource persons  Four alumnae	Nil	Nil	Nil

					also shared their experiences of MSc II: Sakina Tabha(FND) - Kajal Dalvi (FPP) - Kraney Shah (SN)			
	<b>Role of Breastfeeding in Immunity Celebration of World Breastfeeding Week TY, Msc, UG 7th August 2021</b>	College level	MS Teams	Ms. Vibha Hasija and Sheetal Joshi	Dr. Mandar Bapaye, Consultant Paediatrician		Nil	Nil
	<b>Online session on Use of Digital tools in the classroom (7th August, 2021) (10:00am-11:00am)</b>	College level	Google meet	Dr. Minelly Rodrigues	Ms. Ayesha Kherani (Ph.d. Scholar)	Ms. Sameeksha Lopes M.Sc. II Home Science (FND)	Nil	Nil
	<b>TY-FND Orientation 12th and 13th August 2021</b>	College level	online Platform: MS Teams	Mrs. V. Hasija and Ms. J. Colaco	FND Dept staff were the resource persons  Four alumnae also shared their experiences of TYBSc: Nehal, Pankti, Purva, Asmita	Nil	Nil	Nil
	<b>MSc I (FND,</b>	College level	online	Ms. J. Colaco	FND Dept	Nil	Nil	Nil

	<b>FPP, SN) Orientation 5th October 2021</b>		Platform: MS Teams	and Dr. R. Thar	staff were the resource persons			
	<b>Nirmal Swasthya - Introduction</b>	local	online	FND Department		Purva Ashur		
	<b>IIC Orientation</b>	local	online	IIC	Ms. Fatima Kader & Ms. Minelly Rodrigues			
	<b>IIC - In search of entrepreneur in you</b>	local	online	IIC	Fatima Kader			
	<b>Eat Healthy, Stay Healthy-Diet and Immunity 23rd September 7-8 pm Poshan Maah Celebrations</b>	local Student led seminar	online	Vibha Hasija Sheetal Joshi	Dr. Anuradha Mitra	Khadija Ali Naqiya Jawadwala Vidhi Karia TY BSc		
	<b>Swasthya aur poshan mahostav</b>	local Student led seminar	online	Vibha Hasija	Sheetal Joshi	Vidhi Gala Alistta Gonsalves Zainab Hinglawala Aashna Mehta Aarefa Motiwal Maryam Patrawala	Somaiya College of Science and Commerce	Women's Development Commission <b>Rs. 15,000/-</b>
	<b>Entrepreneurship In foods and Nutrition 29th October, 2021 from 04:00pm</b>	local	Online	Sheetal Joshi, Dr Minelly Rodrigues		MSc 1 Tanvi Gala Alefiya Morkas Diandra Dsouza Ayesha Khan	Prolicious - By Samyog Foods	

	to <b>06:00pm</b>					Sharvari Sarnaik		
.	<b>Basic &amp; Advance technique of food analysis 22nd and 25th of October, 2021</b>	local	Online	Dr Subhadra Mandalika	Dr. Anantha n, Scientist , NIN		Nutrition Society Of India	
.	<b>Nutrition Care Process In Digital Mode 16th October - 2021</b>	local	online	Vibha Hasija	Alumna - Ms. Michelle Britto	Carol Rodrigues		
	<b>Research Methodology and Review of Literature - Concept Clarification on 15th December , 2021 01:30-03:00 pm</b>	College	Online	FND Department	Dr. Minelly Rodrigues	M.Sc. II FND	Nil	Nil
	<b>Anubhav - Experiential learning through Internships 22nd and 23rd December .21</b>	local	Online	Dr. Subhadra Mandalika Ms Vibha Hasija Ms Sheetal Joshi Dr. Minelly Rodrigues	MSc 2 FND presentation	MSc 1 - Pankti Gala Hinal Saiya TYBsc Nirali Gala Aashna Mehta		
	<b>Emerging Trends and Innovations in Protein on 30th September 2021</b>	National Webinar	Online Platform : Zoom	Mrs. V. Hasija, Ms. J. Colaco and Dr. M. Rodrigues	Comper e: Dr. M. Rodrigues		Protein Foods and Nutrition Development Association of India (PFNDAI)	Marico, Amway, Roquette, Samyog Health Foods Hampers by Plant Power
	<b>Session on Data Collection in Research-Concept Clarification 4<sup>th</sup> March, 2022</b>	College Level (for final year students of M.Sc. Foods, Nutrition	Hybrid	Ms. V. Hasija Dr. Minelly Rodrigues	Dr. Minelly Rodrigues	Msc II FND	-	-

	(02:00pm to 03:00pm).	and Dietetics, M.Sc. Food Processing and Preservation and M.Sc. Sports Nutrition)						
	<b>Session on Research Data Analysis and Presentation 30th April, 2022 (08:30 am to 10:30 am).</b>	College Level (for final year students of M.Sc. Foods, Nutrition and Dietetics, M.Sc. Food Processing and Preservation and M.Sc. Sports Nutrition)	Offline	Ms. V. Hasija Dr. Minelly Rodrigues	Dr. Minelly Rodrigues	Msc II FND	-	-

**COURSES CONDUCTED BY THE DEPARTMENT (Include Lecture series and VAC and Bridge Course)**

Sr No.	Name of the Course	Classes included	Online /offline and platform /place	Faculty Lead	Faculty Members	Student Volunteers and class	Fees collected (per student and total)
1.	Bridge Course for Post Graduate studies in Nutrition	MSc I - FND FPP SN PG	Online	Dr Sdubhadra Mandalika Student led seminar	Dr. Ratna Thar	MSc I FND Pragya Doshi Diandra Dsouza Sharvari Sarnaik	Rs 6000
2.	Physiology	TY-FND	Online	Ms. Fatima Kader		TY FND-CR Enola Gonsalves	590
3.	Short course on Fundamentals of Research Methods and Statistics 20-09-2021 to 09-10-2021	TY-FND	Online	Dr. Minelly Rodrigues	Resource persons Dr. Neha Joshi & Ms. Aarti Jain	-	(Above inclusive for both)

**COMPETITIONS CONDUCTED BY THE DEPARTMENT**

Sr No.	Name of the Competition	Intra/inter collegiate and Online/offline and platform/place	Classes included	Collaborating agency	Date and day	Faculty Lead	Faculty Members	Student Volunteers and class	Judges
1)	OJAS- On the Journey to Attend Success	Online	Msc-2 FPP	IIC	31st JULY 2021	Ratnaraje Thar		Msc-2 FPP Sayed Nabila  Jignasha Pardhi	Mr. Bhashesh Gala
2.	Poster Competition to celebrate Breast Feeding Week	Online	UG and PG students		7th August 2021	Sheetal Joshi	Vibha Hasija, and Dr. Minelly Rodrigues	TYBSC	Dr. Anuradha Mitra and Dr. Veena Yardi
3)	Prolicious Protein Rich Salad Competition	online		Prolicious	29th October, 2021	Sheetal Joshi, Dr. Minelly Rodrigues		Msc-1FND Tanvi Gala Alefiya Morkas Diandra Dsouza Ayesha Khan Sharvari Sarnaik	Dr Nina Dias Dr Anuradha Mitra
4.	Gyan Rachna	Online	TY-FND (2020-21)	Indian Dietetic Association (IDA) - Mumbai Chapter	August 2020	Ms. J. Colaco and Dr. M. Rodrigues	Nil	-	Ms. Ruby Sound and Shradha Vijan
5.	Gyan Rachna	Online	TY-FND (2021-22)	Indian Dietetic Association (IDA) - Mumbai Chapter	September 2021	Ms. J. Colaco and Dr. M. Rodrigues	Nil	-	Dr. Anagha Palekar and Mrs. Sukhada Bhatte
6.	Recipe Contest and Poster	Online submission	Undergraduate	Protein Foods & Nutrition	30th September,	Ms. Fatima Kader	Nil	Nil	Poster - Ms. Jayash

	Contest organized as a part of Nutrition awareness activity jointly by College of Home Science Nirmala Niketan and Protein Foods & Nutrition Development Association of India (PFNDAI)	Inter-collegiate (Mumbai Colleges) 37 entries for Posters and 48 entries for Recipe. The competition was only for UG level	students	Development Association of India (PFNDAI)	2021 (Results were announced)				Dr. Paranjape and Ms. Pranami Singha  Recipe Competition - Ms. Kajal Bhatia and Ms. Zamurud Patel
	Nutrikhoj- a research competition designed for students of B.Sc. Foods, Nutrition and Dietetics to showcase research work done at T.Y.B.Sc. level	Offline	T.Y.B.Sc. FND	-	23rd April, 2022 (12:30 pm to 03:30 pm)	Dr. Minelly Rodrigues	-	T.Y.B.Sc. FND	Dr. Geeta Ibrahim  Dr. Anuradha Mitra



## INTERNSHIPS ORGANISED BY THE DEPARTMENT

Sr No.	Organisation and duration	Nam es of Stud ents plac ed	Contact person	Contact number	Email of contact person	Positive points	Challen ges

MSc 2 FND							
Sr No.	Organisation and duration	Nam es of Stud ents plac ed	Contact person	Contact number	Email of contact person	Positive points	Challenges
1	Dietitian Shilpa Joshi's Clinic One month	Denise Viegas	Ms.Shilpa Joshi	9820602701	shilpajoshi.s11@gmail.com	The internship was a very good learning experience. The mentor was a highly knowledgeable dietitian	The internship was completely online. An offline internship could have offered more learning experience. I did not get to attend any client calls or interact with clients.
2	Balcalneutrefy One month	Kate Felizardo	Ms.Pradnya Padhye	9987474444	mrudula.balcalneutrefy@gmail.com	It was a wholesome learning experience. It offers a unique chance to develop new skills.	An offline internship could have been more beneficial.
3	Gauri Murthy's Sports and Nutrition center Two month	Perna Jain, Rachel Anthony	Ms. Gauri Murthy	9820882588	info@gaurimurthy.com	It was a great learning experience and I got to learn many new things in sports nutrition. It was a wonderful experience ,got to expand my knowledge and learned many new things in exercise and sports nutrition	An offline internship could have been more beneficial.
4	Prime health consultant	Rakshita Maria	Ms Sulsila Sharangdhar	9833177129	dietitian25@gmail.com	It was a very good	The internship was online, an

	one month	Monteiro, Insiyah Riyaz Lakdawala				learning experience. I gained practical knowledge about diet planning.	offline internship would help in more learning experience. I did not get to attend any client calls or interact with clients.
5	Katalystt	Vincia Mingel Dias	Dt. Purwa Dughal	9820746008	Info.katalystt@gmail.com	It was a wonderful learning experience. I gained a lot of knowledge regarding planning diet	I didn't get a chance to plan a diet for an existing client
6	Dr. Chandalia's DENMARC	Briana Bonny Rodrigues, Samiksha Ignatius Lopes	Ms. Sonal Modi	9820184762	Denmarc100@gmail.com	My experience at denmark was wonderful, got to learn so many new things about clinical practising. Working as an intern at denmarc was a wholesome experience from planning various diet plans to learning many new things and more about diabetes.	Interaction with the client didn't happen and offline would have been a better experience.  Missed the offline hands on experience.
7	Freedom Lifestyle & Wellness Management Two Month	Harmeet Singh Aulakh, Roslyn Rustikus Carvalho	Ms. Naaznin Husein	9820111124		It was really a great experience and learning opportunity. I gained a lot of knowledge towards Sports nutrition. It was a great learning experience. I got to learn a lot	Offline internship and interaction with athletes in person would have been a better experience

						about sports nutrition.	
8	Nurture Health Solutions	Salma Muslim Khokhar	Ms. Sheryl Salis	+91 99209 26379	sheryl@nurturehealthsolutions.com	Overall it was a great experience, learning about various different aspects from research to recipe development	Beside it being online, it was also of a short duration, a longer duration would have helped us gain more knowledge

MSc 2 FPP							
Sr No.	Organisation and duration	Name s of Students placed	Contact person	Contact number	Email of contact person	Positive points	Challenges
1)	CASMB Chamber for Advancement  5 weeks 2nd August-3rd September 2021	Entire class of 23	Diksha shetty	9607602203	contact @foodtechpathshala.com cc: president@casmb.org.in, foodtechpathshala@gmail.com	Courses taught virtually but it was full fledged information about industry. Current past scenarios were discussed well in an elaborate way. Students got an industrial knowledge strategies to build up small scale industry, market knowledge, consumer perception all under one roof. Courses was designed in such a	As From industrial background food process & preservation it was a challenging to capture each and every information on virtual mode. Instead to have a short field trip in small groups,would have worked wonders along with the information served to Us.

						<p>way that each week a definite portion was finished grasped well by students. Lot of Interactions by the speakers, made students more alert and discussion were carried out in a friendly manner which made all the students more active in class participation as well. Videos &amp; presentations on each topic were well shown. In all very informative sessions.</p>	
2.	Safe Food Solutions	21 Students	Khushbu Shah	8108767849	<a href="mailto:haccp.sbi@gmail.com">haccp.sbi@gmail.com</a> <a href="mailto:safefoodz@gmail.com">safefoodz@gmail.com</a> <a href="http://ail.com">ail.com</a>	<p>The internship programme allowed us to interact with and learn from eminent speakers and experts from the food industry. The internship covered various</p>	<p>The biggest challenge was that everything was online. Studying about industries and machineries would help us understand better if we would've visited.</p>

						<p>aspects of Food Safety, Regulations and Food processing including bakery, spices, snacks, aseptic processing, supply chain, documentation, R&amp;D, FoSTaC and HACCP. In addition, a session was conducted which focussed on soft skills including CV writing, interview and communication skills. We were also given a group presentation and an online test was also conducted. Overall, the internship was very informative and an excellent learning experience.</p>	
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MSc 2 SN							
Sr No.	Organisation and duration	Names of Students	Contact person	Contact number	Email of contact person	Positive points	Challenges

		nts place d					
1	Kokilaben Dhirubai Ambani Hospital, 2 months	Ayushi Dhakate	Mrs. Pooja Udeshi	9821509477	pooja.udeshi@ kokilabenhospit als.com	Good facilities at the hospital with respect to sports rehabilitation,	Online mode of internship, keeping in touch with the guide
2	Kavita Sports and fitness, 2 months	Barkha Parikh	Mrs. Kavita Kholgade	96897 54981	kavitasportsfitn ess@gmail.co m	getting to meet sports person from different sports and levels (online)	Online mode of internship,
3	Kavita Sports and fitness, 2 months	Shreem Patel	Mrs Kavita Kholgade	96897 54981	kavitasportsfitn ess@gmail.co m	Also we got chance to council different sports athletes though it was online mode	Online mode of internship,
4	Kavita Sports and fitness, 2 months	Prachiti Mali	Mrs Kavita Kholgade	96897 54981	kavitasportsfitn ess@gmail.co m	Got to interact with athletes through online mode	Online mode of internship,
5	Qua Nutrition, 2 months	Nidhi Boricha	Ms. Gayatri Shanbag	7353231600	gayatri@quanu trition.com	Got to learn about different genetic reports analysis and counselling tips	Online mode of internship,
6	Freedom Wellness Centre, 2 months	Mansi Pujara	Mrs Naaznin Husein	9820111124	naaznin@gma il.com	Oppurtunity to interact with adolescent soccer athletes	Online mode of internship,
7	SpirEat Nutrition Clinic, 2 months	Akanksha Kasliwal	Ms. Shreya Adhav	9607500044	shreya.spireat @gmail.com	Learnt about new topics like Nutrigenomics report reading and also about perfect way to counsel.	
8	Qua Nutrition, 2 months	Sakshi Mangiraj	Ms.Gayatri Shanbag	7353231600	gayatri@quanu trition.com	Got to learn about different genetic reports analysis and counselling tips	Online mode of internship,
9	QUA Nutrition, 2months	Shreya Raval	Ms. Gayatri Shanbag	9920434795	gayatri@quanu trition.com	Got to learn about different clinical condition and its dietary management also genetic report analysis was taught	Online mode of internship,
10	Dr. Geetanjali Bhide, 2 months	Siddhi Runwal	Dr. Geetanjali Bhide	7709045299	geetanjali.kk@ gmail.com	Got to interact with athletes, practical point on how to plan diet for different sport athletes	Online mode of internship,
11	Freedom Wellness	Jennifer johnson	Mrs Naaznin	9820111124	naaznin@gma il.com	Oppurtunity to interact with hockey	Online mode of internship,

	Centre, 2 months		Husein			athletes	
12	Freedom Wellness Centre, 2 months	Bhagyashri Nirala	Mrs Naaznin Husein	9820111124	naazninh@gmail.com	Opportunity to interact with footballers, learn about many clinical conditions.	Online mode of internship,
13	Freedom Wellness Centre, 2 months	M. Roja Venugopal Varalaxmi	Mrs Naaznin Husein	9820111124	naazninh@gmail.com	Had an hands on experience of taking diet recalls and conduct fitness assessments of the athletes and learnt about various clinical conditions and planned diets for the same.	Online mode of internship,
14	Freedom Wellness Centre, 2 months	Gala Nehal Vasant	Mrs Naaznin Husein	9820111124	naazninh@gmail.com	Opportunity to interact with footballers, learn about many clinical conditions.	Online mode of internship,
15	Freedom Wellness Centre, 2 months	Lakhani Firdous Yunus Mohd	Mrs Naaznin Husein	9820111124	naazninh@gmail.com	Opportunity to interact with footballers, learn about many clinical conditions.	Online mode of internship,
16	Gauri Murthy's Wellness and Sports Nutrition Centre and Academy, 2months Mumbai	Tejas Rajputran	Ms Gauri Murthy	9820882588	me@gaurimurthy.com	Ma'am gives a lot of her personal time and attention to the interns	Online mode of internship,
17	Kokilaben Dhirubai Ambani Hospital, 2 months	Mhatre Rucha Shailesh	Mrs. Pooja Udeshi	9821509477	pooja.udeshi@kokilabenhospitals.com	Good Facilities and equipments at the hospital	Online mode of internship,
18	QUA Nutrition, 2months	Patil Nehita Gautam	Ms. Gayatri Shanbag	9920434795	gayatri@quanutrition.com	Got to learn various clinical conditions as well as learned to read blood reports and nutrigenetic reports	Online mode of internship
19	QUA Nutrition, 2months	Agrawal Purva Shrinivas	Ms. Gayatri Shanbag	9920434795	gayatri@quanutrition.com	Got to learn about different genetic reports analysis and counselling tips, also	Online mode of internship,

						had a good experience with the variety of the case studies	
20	SpirEat Nutrition Clinic, 2 months	Qureshi Saba Haji Mohd Miyan	Ms. Shreya Adhav	9607500044	shreya.spireat@gmail.com	Learnt about blood report reading, counseling	Online mode of internship,
21	Freedom Wellness Centre, 2 months	Waghela Gayatri Harshad	Mrs Naaznin Husein	9820111124	naazninh@gmail.com		Online mode of internship,

#### FACULTY DEVELOPMENT PROGRAMMES ORGANISED BY DEPARTMENT AND COLLEGE

Sr No.	Name of the programme	Day and Date	Online /offline and platform /place	Faculty Lead	Faculty Members attended	Remuneration to resource person or paid from which Funds	Registration fees
1	Inclusive Teaching and Teaching Philosophies	10th Dec 6.30 -8 pm	Online	Ms. Vibha Hasija	All staff of the department Dr. Ratna Thar Ms. Chandni Chopra	Department Alumna - Dr. Niyati Parekh Associate Professor, NYU	nil
2	FDP on 'Scientific Publications - The know how'	18th February 2022 (03:00pm to 5:00pm)	Online	Dr. Subhadra Mandalika	Ms. Vibha Hasija Dr. Minelly Rodrigues	Resource Person- Dr. Rekha Singhal, Professor, Food Engineering and Technology Department, Institute of Chemical Technology (ICT)	

#### WEBINARS/ SEMINARS/WORKSHOPS/TRAINING/COMPETITIONS ATTENDED BY STUDENTS

Sr No.	Name of the event	Category – webinar/seminar/workshop /Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by



1	The Art Of Living - NSS	Workshop	45	online	16th August-18th August		NSS
2	Virtual Cullinary Training Program	Webinar	37	Online	25th August	YES	US Poultry
3	Nutrition Screening Tools For Children	Webinar	29	Online	27th August	NO	
4	Holistic Nutrition for Healthy Ageing	Webinar	36	online	4th September	YES	NSI Mumbai
5.	Optimizing Community Nutrition outcome for Pregancy and Lactating mother	Webinar	6	Online	21st September		
6	Ortion Awards	webinar	8	online	24th September		
7.	Malnutrition	Webinar	9	Online	24th September		
8.	Pregnancy	Webinar	4	Online	24th September		
9.	Nutrihouse	Competition	10	Online	26th September		
10.	Eat healthy and stay healthy	Webinar	33	online	29th September		
11.	Emerging trends and innovation	Webinar	34	Online	30th September		
12	Gut brain	Webinar	9	Online	2nd october		
13.	Nutrition Session - be the real fit	Webinar	9	Online	5th October		
14	IIC - In search of enterpreuner in you	Webinar	21	Online	16th October	YES	IIC
15.	Food Analysis - Workshop	Workshop	14	Online	22nd-25 october	No	Nutrition Society Of India
16	Prolicious-Enterpreunership in Food &	Webinar	13	Online	29th October	yes	Prolicious

	Nutrition Webinar						
17.	Food Exchange List, planning and execution	Webinar	25	Online	30th October	yes	Nutrition Society Of India
18.	Food & Mood: diet in prevention & treatment of mental health disorders	Webinars	11	Online	13th November		Nutrition Society Of India
19.	Student Focus Competition - ITCFSAN	Competition	4	online		yes	ITCFSAN
20.	Nsi chapter Mumbai quiz and recipe competition	Competition	5	online	25 September	yes	Nutrition Society Of India
21.	PCOS Awareness - slogan writing	Competition	1	Online		yes	
22.	Nuri Quiz	Competition	2	Online		yes	Nutrition Society Of India
23.	Nutri Housie	Competition	7	Online		yes	Nutrition Society Of India
24.	PFNDAI - POSTER competition	Competition	6	Online		yes	PFNDAI
25.	Gyan Rachna	Competition	32	Online	10th October	no	FND Dept
26.	CASMB food Photography Competition	Competition	3	Online	13 october	no	CASMB and net Profan
27.	CASMB and Netprofan Quiz	competition	9	Online	11th October	no	CASMB and net Profan
28.	Prolicious Recipe Contest	competition	7	Online		no	Prolicious
29.	Poster making - stop animal cruelty	Competition	2	Online		no	NSS
30.	Breastfeeding Poster Making	Competition	2	Online		no	

	Competition (2021)						
31.	Twister taster recipes competition by AFST Mumbai chapter	competition	2	Online		no	AFST Mumbai chapter
32.	World food day pune chapter- food photography contest	competition	2	Online		no	
33.	Szikra 2k21 paper presentation	Competition	1	Online		no	Szikra 2k21
35.	Quiz competition	competition	1	Online		no	Anjuman-I-Islam's Begum Jamila Abdul Haq college of Home Science
36.	Nutri Mahotsav- feel the reel and twister taster By afstmumbai	competition	1	Online		no	NSI

MSc 1 FND								
Sr No.	Name of the event	Category – webinar/seminar/workshop/Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1.	IIC - In search of entrepreneur in you	Webinar	12	Online	16th October	Yes	IIC	0
2.	Food Analysis - Workshop	Workshop	11	Online	22nd-25 October	No	Nutrition Society Of India	Rs 100
3.	Prolicious-Enterpreunership in Foods & Nutrtrion Webinar	Webinar	10	Online	29th October	yes	Prolicious - By Samyog foods	0
4.	Food Exchange List, planning and execution	Webinar	10	Online	30th October	Yes	Nutrition Society Of India	0

MSc 2 FND								
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Sr No.	Name of the event	Category – webinar/seminar/workshop/Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1.	World Breast feeding Week :Protect breastfeeding- A shared responsibility	Webinar	8	Online	7th august - Saturday	Yes	College of Home Science, Nirmala Niketan	-
2.	Virtual Culinary training programme	Workshop and poster competition	7	Online	25th August	Yes	Poultry dhaba events	-
3.	Holistic Nutrition for Healthy Ageing	Webinar	3	online	4th September	Yes	NSI Mumbai	-
4.	IIC orientation	Webinar	9	Online	6th Sept	No	College of Home Science, Nirmala Niketan	-
5.	IIC -In search of entrepreneur in you	Webinar	5	Online	17th Sept	No	College of Home Science, Nirmala	-
6.	NSI Webinar Metabolimics	Webinar	5	Online	18th Sept	Yes	NSI	
7.	Swasthya aur Poshan Mahotsav	Webinar	2	Online	20th Sept	No	College of Home Science, Nirmala Niketan	
8.	Webinar on Protein Trends	Webinar	4	Online	30th Sept	Yes	PFNDAI	
9.	Food Analysis Workshop	Workshop	Day1 - 9 Day 2- 4	Online	22nd and 25th Oct	Yes	NSI	100/-
10.	Entrepreneurship in Foods and Nutrition	Webinar	No attendance recorded (facebook event)	Online	29th Oct	Yes	Prolicious-By Samyog foods	-

**MSc 1 FPP**

Sr No.	Name of the event	Category – webinar/seminar/works	Numbers attended	Online /offline and	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
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		hop/ Competition s		platform /place				
1.	Scholarship Webinar	Webinar	22	Online	18th oct 2021 3 to 4 pm	No	College of Home Science, Nirmala Niketan	-
2.	NSI- Food Analysis Workshop	Workshop	23	Online	22nd and 25th Oct 3 to 5.30 pm	Yes	Nutrition Society of India	100/-
3.	NSI- Food exchange list webinar	Webinar	11	Online	30th oct 3 to 5.30 pm	No	Nutrition Society of India	-
4.	Prolicious Entrepreneurs hip in Food & Nutrition Webinar	Webinar and Competition	23	Online	29th oct 4 to 6 pm	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan (FND)	-
5.	Research methodolog y and review of literature	Webinar	22	Online	15th dec 1.30 to 3 pm	No	Department of FND	-
6.	MOOC	Orientation	18	Online	11th dec 1.30 to 2 pm	No	College of Home Science Nirmala Niketan	-
7.	Fostac basic training- food safety supervisor training level 1	Webinar	12	Online	30th oct 9 am to 1 pm	Yes	Farm to fork solutions	700 + gst

MSc 2 FPP								
Sr No.	Name of the event	Category – webinar/se minar/works hop/ Competition s	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1)	Use of digital tools in classroom	Webinar	23	Online virtual	Saturda y 7th august 2021	No	The department of food Nutrition & Dietetics	Nil
2)	World Breastfeedin g day	Webinar	23	Online virtual	Saturda y 7th august 2021	No	The department of food Nutrition & Dietetics	Nil

3)	Research, Innovation and Ranking.	Webinar	20	online virtual	wednesday 11th august 2021	No	IIC Programme	Nil
4)	Covid Care Immunity Booster for Students	Webinar	18	Online Virtual	16th - 18th August 2021	No	Mumbai University NSS in association with the Art of Living	Nil
5)	Virtual Culinary training programme	Webinar	21	Online virtual	Wednesday 25th August	No	program supported by the US Soybean Export Council focuses on educating the young chefs of the food.	Nil
6)	Role and Activities of Institution:s Innovation Council	session	23	online virtual	Monday 6th September 2021	No	IIC	NIL
7)	Being An Entrepreneur in Era of Social Media.	Session	23	online virtual	Friday 17th September 2021	no	IIC	NIL
8)	Applications of Nutritional Metabolomics in Public Health Nutrition	Webinar	21	online virtual	Saturday 18th September 2021	No	NSI	Nil
9)	Emerging trends & innovations in Protein	Webinar	19	Online virtual	Thursday 30th September 2021	Yes	PFNDAI & food Nutrition Dietetics Department	Nil
10)	Basic and Advanced Technologies of Food Analysis	Workshop	19	online virtual	22nd and 25th October 2021	NO	NSI	100

MSc 1 SN								
Sr No.	Name of the event	Category – webinar/seminar/workshop/Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1.	Scholarship Webinar	Webinar	16	Online	18th oct 2021 3 to 4 pm	No	College of Home Science, Nirmala Niketan	-

2.	NSI- Food Analysis Workshop	Workshop	15	Online	22nd and 25th Oct 3 to 5.30 pm	Yes	Nutrition Society of India	100/-
3.	NSI- Food exchange list webinar	Webinar	23	Online	30th oct 3 to 5.30 pm	No	Nutrition Society of India	-
4.	Prolicious Entrepreneurship in Food & Nutrition Webinar	Webinar and Competition	15	Online	29th oct 4 to 6 pm	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan (FND)	-
5.	Research methodology and review of literature	Webinar	18	Online	15th dec 1.30 to 3 pm	No	Department of FND	-
6.	Mooc	Orientation	14	Online	11th dec 1.30 to 2 pm	No	College of Home Science Nirmala Niketan	-
7.	Nutrition and training for professional and team sports	Webinar	20	Online	3rd dec 11.00 to 2.30 pm	No	Department of PG diploma, BMN college	-
8.	Traditional Indian sports	Webinar	21	Online	7th dec 1.30 to 2 pm	No	Department of PG diploma, BMN college	-
9.	Counselling	Webinar	15	Online	8-9 am 21st Dec	No	College of Home Science Nirmala Niketan	-
10.	Internship presentation by SY	Webinar	16	Online	21st and 23rd Dec 12 pm to 2.30 pm 8am to 10 am	No	College of Home Science Nirmala Niketan	-

MSc 2 SN

Sr No.	Name of the event	Category – webinar/seminar/workshop/Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1)	Use of digital tools in classroom	Webinar	21	Online virtual	Saturday 7th august 2021	No	The department of food Nutrition & Dietetics	Nil
2)	World Breastfeeding day	Webinar	21	Online virtual	Saturday 7th august 2021	No	The department of food Nutrition & Dietetics	Nil
3)	Research, Innovation and Ranking.	Webinar	21	online virtual	wednesday 11th august 2021	No	IIC Programme	Nil
4)	Covid Care Immunity Booster for Students	Webinar	18	Online Virtual	16th - 18th August 2021	No	Mumbai University NSS in association with the Art of Living	Nil
5)	Champions diet	Webinar	21	online virtual	27 august 2021	no	Global association for mixed martial arts	
6)	Role and Activities of Institution:s Innovation Council	session	21	online virtual	Monday 6th September 2021	No	IIC	NIL
7)	Emerging trends & innovations in Protein	Webinar	19	Online virtual	Thursday 30th September 2021	Yes	PFNDAI & food Nutrition Dietetics Department	Nil
8)	Nutritional analysis of foods-basiic and advanced techniques	Webinar	18	Online virtual	22nd and 25th October 2021		NSI	100
9)	Food Exchange List Planning Execution	Webinar	21	Online virtual	30th october 2021	no	Nutrition society of India	-
10)	Nutrition and training for professional team sports athletes	Webinar	21	Online virtual	3rd December 2021	no	BMN college of home science	-
11)	Traditional Sports then and now	Webinar	19	Online virtual	7th December 2021	no	BMN college of home science	-
12)	Research methodolog	Webinar	20	Online	15th dec	No	Department of FND	-



	y and review of literature				1.30 to 3 pm			
13)	Coping with uncertainty	Counselling session	11	Online virtual	22nd December 2021	no	Nirmala Niketan college	-

PG Diploma								
Sr No.	Name of the event	Category – webinar/seminar/workshop/Competitions	Numbers attended	Online /offline and platform /place	Day and Date	Certificate Provided – Yes/No	Organised by	Registration Fees
1.	Scholarship orientation	Webinar	15	online- ms teams	18/10/ 21 - Monday	No		–
2.	Internship Case study presentations by last year pgd students	Webinar	19	online- google meet	20/10/ 21 - Wednesday	No		–
3.	NSI food analysis workshop	Workshop	20	online- zoom, youtube	22, 25 oct Friday , Monday	Yes	NSI in collaboration with FND dept, college of home science Nirmala Niketan	100
4.	Prolicious Entrepreneurship in food and nutrition webinar	Webinar & Recipe contest	18	online- ms teams	29/10/ 21, Friday	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan	–
5.	Food Exchange List - Planning & Execution	Webinar	20	online- zoom, youtube	30/10/ 21, Saturday	No	NSI	–
6.	Nutrition and Training for Professional Team Sports Athletes	Webinar	19	online-	3/12/21, Friday	No	BMN college, RUSA	–
7.	Traditional IndiaN Sports- Then and Now	Webinar	15	online - zoom	7/ 12/21, Tuesday	No	BMN college, RUSA	–
8.	MOOC courses orientation	Orientation webinar	18	online- ms teams	11/12/ 21, Saturday	No		–

9.	Last year SN Internship case study presentation	Webinar	16	online- ms teams	21/ 12/21, tuesda y	No		–
10.	Counselling session on coping with uncertainties	Webinar	16	online- google meet	21/12/ 21, tuesda y	No	Miss Sabita Pereira - counsellor of NN	–
11.	Last year SN Internship case study presentation	Webinar	16	online, ms teams	23/12/ 21, thursd ay	No		–
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### OVERVIEW OF BLENDED TEACHING

Sr No.	Date	Class	Average number of students who attended offline	Challenges
	Last two weeks of October 2021	TYBSc	4 students	Travel was a challenge Parental consent not there for some students Many not completed vaccination

### DEPARTMENTAL EXTENSION ACTIVITIES

Sr No.	Name of the programme	Day and Date	Offline/Online/ Platform	Target group	No of beneficiaries	Class involved	Faculty Lead	Faculty Members	Student Volunteers and class	Funds generated
1.	Nirmal Swasthya on online Blog for disseminating Health and Nutrition information	Ongoing since 2020	Online	Community		TYBSc	Vibha Hasija Sheetal Joshi		TYBSc and M.Sc	Nil
2	Health mela	21st April, 2022	Offline	College staff and students		TYFN D MSc FND MSc SN PGDD AN	Diet Counselling Cell Ms. Fatima Kader	Ms. Sheetal Joshi  Dr. Minelly Rodrigues		-

**DEPARTMENT ORGANISED RURAL CAMPS**

Class and no participated	Day and Date	Offline/Online/ Platform/ Place	Collaborating Agency	Target group	No of beneficiaries	Faculty Lead	Faculty Members	Outline of activities conducted
TYBSC	Feb 25th, 26th 2022	Offline	Jeevandhara Institute of Social Service, Kolad	People of Adivasi Padas in Kolad	100	Ms. Sheetal Joshi	Ms. Shalmale Potdar	Nutrition Education Session focussing on importance of Balanced Nutrition , Nutrition during Pregnancy and Lactation, Weaning Foods
M.Sc	11th March 2022	Offline	Sakhya Womens' Guidance Cell, Vasai	People of Adivasi Padas in Vasai	100	Ms. Sheetal Joshi	Ms. Vibha Hasija	Nutrition Education Session focussing on the importance of Balanced Nutrition, Creative ways to incorporate Nutrition, Kitchen Garden and microgreens, using techniques of discussion, demonstration and engagement

## DEPARTMENTAL RESEARCH COLLABORATIONS

Sr No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1.	Nutritious Food Product Development	IIT Mumbai		2021-22	23

## DEPARTMENTAL MoUs

Sr.No	Type (Industries/ Research Institutes/ Centers/ hospital/gym/academic Institute/Govt/NGO/Support group/any other)	Period of MoU	Purpose of MoU and list of activities under the MoU	Faculty Lead	Faculty involved	Number of students and teachers participated
1	Department of Clinical Nutrition	MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	04/04/2019 (2018-2019) 5 years		Providing technical support and facility for UG & PG students, providing training for prospective students in speciality departments of MGM SBSCN	
2	Department of Clinical Nutrition	MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	01/07/2019 (2019 onwards)	5 years	Providing technical support and facility for UG & PG students, providing training for prospective students in speciality departments of MGM SBSCN	Ms. Fatima Kader Ms. Sheetal Joshi (As examiners)

**ADD ON/CERTIFICATE/VALUE ADDED COURSES DEVELOPED/ OR BEING DEVELOPED BY THE DEPARTMENT**

Name of Course	Type (Add on/Certificate/value added/skill based)	Faculty Lead	Progress
1.	Certificate eCourse in Nutrition and Exercise for fitness	Dr. Beryl Nithya	Completed

**MOOC COURSES OPTED BY STUDENTS**

Class	Name of course	No of students opted for it	No of students who have completed the course
Fpp MSC -II	1) Enhancing soft skills & personality	7	All have completed
	2) Soft skills development	6	
	3) Introduction to psychology	1	
	4) Consumer behavior	2	
	5) Rocket propulsion	1	
	6) Effective Business communication	1	
	7) Behavioral & personal finance	1	
	8) Introduction to cognitive psychology	1	
	9) Animation	2	
	10) Cell biology	1	
MSc 2 FND	Functional Foods and Nutraceuticals	6	

MSc 2 FND	Innovation, Business Models and Entrepreneurship	4	4
MSc 2 FND	Introduction to Advances in Cognitive processes	1	1
MSc 2 FND	Introduction to Psychology	1	

Msc 2 SN	
Name of student	Name of course
Ayushi Dhakate	Counselling Psychology
Barkha Parikh	Maternal Infant young child nutrition
Shreem Patel	Maternal Infant young child nutrition
Prachiti Mali	Functional Foods & Nutraceuticals
Mansi Pujara	Nutritional and Clinical Biochemistry
Siddhi Runwal	Counselling Psychology
Nidhi boricha	Fitness Management
Shreya Raval	Functional Foods and Nutraceuticals
Jennifer johnson	Academic and research report writing
Bhagyashri Nirala	Nutritional and Clinical Biochemistry
Nehita Patil	Functional foods and nutraceuticals
M. Roja	Human Behaviour
Nehal Gala	Human Behaviour
Purva Agrawal	Functional foods and nutraceuticals
Sakshi Mangiraj	Functional foods and nutraceuticals
Akanksha Kasliwal	Functional foods and nutraceuticals
Qureshi Saba	Functional Foods and Nutraceuticals
Gayatri Waghela	Nutritional and Clinical Biochemistry
Firdous Lakhani	1. Basics of Biochemistry 2. Basics of Arabic Language
Tejas Rajaputhran	Counselling psychology

**NUMBER OF PhDs REGISTERED PER ELIGIBLE TEACHER DURING THE YEAR**

<b>S. No.</b>	<b>Name of the Ph.D scholar</b>	<b>Name of the Department</b>	<b>Name of the recognized guide/s</b>	<b>Year of registration of the scholar</b>	<b>Registration No.</b>	<b>Year of award of Ph.D/Status</b>	<b>Thesis Title</b>
1	Anuradha Mitra	Foods, Nutrition & Dietetics	Dr. Subhadra Mandalika	2015	32/20-07-2015	06/05/21	Identifying the Risk of Lifestyle Diseases among Adolescent Girls from Mumbai (across four religions) and Development of Nutrition Awareness Program.
2	Pooja Thacker	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2016	39/31-08-2016	10/05/21	Effect of preoperative feeding with nutrition drink on acute phase response in elective surgical patients.
3	Chopra Chandni	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2018	48/19-12-2018	Ongoing	Nutrition Status and Dietary Pattern of Adolescents Suffering from Depression.
4	Khan Farheen M. A	Foods, Nutrition & Dietetics	Dr. Subhadra Mandalika	2020	53/28-10-2020	Ongoing	Association of Picky Eating With Dietary Patterns, Taste Sensitivity and Growth of

							<b>Children -7-12 Years.</b>
<b>5</b>	<b>Mishra Sonu V.</b>	<b>Foods, Nutrition &amp; Dietetics</b>	<b>Dr. Subhadra Mandalika</b>	<b>2021</b>	<b>57/13-01-2021</b>	<b>Ongoing</b>	<b>Development and Validation of a Food Frequency Questionnaire (FFQ) for Assessing Dietary Energy and Macro Nutrient Intake of Adolescents residing in Mumbai.</b>
<b>6.</b>	<b>Sheetal Joshi</b>	<b>Foods, Nutrition and Dietetics</b>	<b>Dr. Veena Yardi</b>	<b>2017</b>	<b>46/27-09-2017</b>	<b>Submitted the Thesis to UOM in Oct 2021</b>	<b>Association of Lifestyle Disorders with Nutritional Status in Transgender population (male to Female) in and around Mumbai</b>

**NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND ENTREPRENEURSHIP DURING THE YEAR**

<b>S.No.</b>	<b>Year</b>	<b>Name of the workshop/ seminar</b>	<b>Number of Participants</b>	<b>Date From – To</b>
<b>1.</b>	<b>2021</b>	Entrepreneurship in Foods and Nutrition		29th October, 2021
<b>2</b>	<b>2021</b>	Lecture series on Fundamentals of Research Methods and Statistics	50 students from T.Y.B.Sc. Foods, Nutrition and Dietetics	20th October, 2021 to 9th October, 2021
<b>3</b>	<b>2021</b>	Session on Research Methodology and Review of Literature- Concept Clarification by Dr. Minelly Rodrigues	95 students from M.Sc. Home Science (FND/ FPP/SN)	15th December, 2021



	<b>2022</b>	Intellectual Property Awareness program under National Intellectual Property Awareness Mission (NIPAM) along with Intellectual Property Office, Mumbai	All students and staff from the college	10 <sup>th</sup> February, 2022
	<b>2022</b>	Session on Data Collection in Research-Concept Clarification by Dr. Minelly Rodrigues	__ students from M.Sc. Home Science (FND/ FPP/SN)	4 <sup>th</sup> March, 2022
	<b>2022</b>	Session on Research Data Analysis and Presentation by Dr. Minelly Rodrigues	__ students from M.Sc. Home Science (FND/ FPP/SN)	30 <sup>th</sup> April, 2022

#### DEPARTMENTAL MENTORING ACTIVITIES

Class	Faculty Assigned	Activities conducted	No of students participated per activity
<b>FYBSc (F1)</b>	<b>J. Colaco</b>	<b>Introductory session</b>	
<b>FYBSc (F2)</b>	<b>Dr. Minelly Rodrigues</b>	<b>Introductory session</b>	<b>12</b>
<b>FYBSc (F6)</b>	<b>Fatima Kader</b>	<b>Introductory session</b>	<b>14 on 26-11-2021</b>
<b>SYBSc (S4)</b>	<b>Sheetal Joshi</b>	<b>Introduction and Coping with Stress</b>	<b>16</b>

#### NUMBER OF MEETINGS WITH THE COLLEGE COUNSELLOR

Class	Dates of Meetings	Nature of Meetings
<b>TYBSc</b>		
<b>MSc 1 FND</b>	22nd December	Challenges & Uncertainty
<b>MSc 2 FND</b>	9th December	Coping with Uncertainty
<b>MSc 1 FPP</b>	22nd Dec	Coping with uncertainty
<b>P G DIPLOMA</b>	21st December	Coping with uncertainty

## FACULTY ACTIVITIES

### CURRICULAR RELATED ACTIVITIES PARTICIPATED IN

1. Academic council/BoS of Affiliating university
2. Setting of question papers for UG/PG programs
3. Design and Development of Curriculum for Add on/ certificate/ Diploma Courses
4. Assessment /evaluation process of the affiliating University

Year	Name of teacher participated	Name of the body in which full time teacher participated	Activity Type
2021	Dr.Subhadra Mandalika		<ul style="list-style-type: none"> <li>● Setting of question papers for UG/PG programs</li> <li>● Design and Development of Curriculum for bridge course</li> <li>● Assessment at university practical examination for TY students</li> <li>● Internal assessment of MSc Sem 3 students</li> </ul>
2021	Ms. Sheetal Joshi		<ol style="list-style-type: none"> <li>1. Setting of question papers for UG/PG programs</li> <li>2. Assessment at university practical examination for TY students</li> <li>3. Internal assessment of MSc Sem 3 students</li> </ol>
June - Dec 2021	Ms. J. Colaco		<ol style="list-style-type: none"> <li>1. Setting of question papers for UG and PG programmes</li> <li>2. Assessment at university practical examination for TY students</li> <li>3. Internal assessment of MSc Sem 3 students</li> </ol>
June - Dec 21	Ms. Vibha Hasija		<ul style="list-style-type: none"> <li>● Setting of question papers for UG/PG programs</li> <li>● Assessment at university practical examination for TY students</li> <li>● Internal assessment of MSc Sem 3 students</li> </ul>
June- Dec 21	Dr. Minelly Rodrigues		<ul style="list-style-type: none"> <li>● Setting of question papers for UG/PG programs</li> <li>● Assessment at college/ university practical exams</li> <li>● Development of Curriculum for course on Fundamentals of Research Methods and Statistics for students of T.Y.B.Sc.</li> <li>● Internal assessment of MSc Sem 3 students</li> </ul>
June- Dec 21	Ms. Fatima Kader		<p>Internal</p> <ul style="list-style-type: none"> <li>● Setting of question paper for UG programme</li> <li>● Assessment at University Practical examination for TY. FND students in the subject Applications of Food Production &amp; Service (sem V)</li> <li>● Development of Curriculum and implementation of the course as a coordinator for Basics in Physiology as a lecture series for students of T.Y.B.Sc.</li> <li>● Design and Development of Curriculum for Bridge course</li> </ul> <p>External</p> <ul style="list-style-type: none"> <li>● Appointed as a member of Board of Studies as Hon'ble Vice Chancellor Nominee on 15th December, 2021 for a period of three years for the subject: Integrative Nutrition &amp; Dietetics for Naginadas Khandwala College of Commerce, Art</li> </ul>

			<p>&amp; Management studies and Shantaben Nagindas Khandwala College of Science.</p> <ul style="list-style-type: none"> <li>• Visiting Faculty for the subject of Advances in Nutrition for M. Tech students of oils, oleochemicals and Surfactant Technology (Semester 1) at Institute of Chemical Technology, Mumbai</li> <li>• Appointed Examiner for the subject of Advances in Nutrition for M. Tech students of oils, oleochemicals and Surfactant Technology (Semester 1) at Institute of Chemical Technology, Mumbai</li> <li>• Examiner for Practical and CAP Examination in <b>M.Sc. Clinical Nutrition (Medical Nutrition Therapy-I) 2nd Semester</b> Examination December- 2021 (both theory &amp; Practical) at <b>MGM Medical College.</b></li> </ul>
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**NUMBER OF MAJOR AND MINOR RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):**

Sr. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.	<u>Sheetal Joshi</u>	Application of Plant Tissue Culture in establishing Food Security	University of Mumbai	One year	35,000	24,500

**WEBINARS (SEMINAR, CONFERENCES, WORKSHOPS) – PARTICIPATED, ATTENDED, /CONDUCTED AND PRESENTED RESEARCH PAPER**

**INTERNATIONAL LEVEL (Make a row and merge it and add faculty name to continue)**

Sr No.	Name of the Seminars/Conferences (Mention online/offline) and (Local/National/international)	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date
1	International	Omega Diagnostics	Discussion of Dietary guidelines in food sensitivity- Case based Discussion	Omega Diagnostics	7th July, 2021
2	International	Dr. Mohan's Diabetes Specialties Center	Dr. Mohan's International Diabetes	Dr. Mohan's Diabetes	30th, 31st July and

			Update,2021	Specialties Center	1st August, 2021
3	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter	10th July to 26th July 2021
4	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Food & Mood: Diet in Prevention and Treatment of Mental Health Disorders	Nutrition Society of India, Mumbai Chapter in collaboration with Food & Mood Centre, IMPACT, Deakin University (Australia)	13th & 20th November, 2021
	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter	10th July to 26th July 2021
	14th International Conference on Indigenous Peoples: Challenges of Validation and Inclusion	Kaash Foundation's Centre for Academic and Professional Development	Indigenous Peoples: Challenges of Validation and Inclusion	Kaash Foundation's Centre for Academic and Professional Development	14th August
Ms. Vibha Hasija					
	International	Omega Diagnostics	Discussion of Dietary guidelines in food sensitivity- Case based Discussion	Omega Diagnostics	7th July, 2021
	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter	10th July to 26th July 2021

#### NATIONAL LEVEL

Faculty Name						
Sr No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
DR. Subhadra Mandalika						
1	3 day workshop	College of Home Science, Nirmala Niketan	Outcome based education	College of Home Science, Nirmala Niketan	Mumbai, 23rd, 25th & 26th June, 2021	NIL
2	National webinar	Mahatma Jyotirao Phoole University, Rajasthan	Effective nutritional care and stress management with special reference to COVID-19	Mahatma Jyotirao Phoole University, Rajasthan	7 <sup>th</sup> June, 2021	–

3	National webinar series	Nutrition Society of India, Mumbai Chapter	<i>Qualitative Research in Public Health Nutrition-Sampling Techniques, Data collection, Assessment and Reporting"</i>	Nutrition Society of India, Mumbai Chapter	10th,11th,17th &20th of July, 2021	NIL
4	National webinar	Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous)	New Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission"	Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous)	30th July 2021.	
5	National webinar	Nutrition Society of India, Mumbai Chapter	"Breastfeeding success with family support"	Nirmaya Health Foundation and Nourish 1000 Days, Mumbai	01st & 7th August, 2021	
6	National webinar	Nutrition Society of India, Mumbai Chapter in collaboration with Dr.BMN College of Home Science	Holistic Nutrition for healthy ageing	Nutrition Society of India, Mumbai Chapter in collaboration with Dr.BMN College of Home Science	4th of September, 2021	Kellogg's Nutrition
7	National webinar	Nutrition Society of India, Mumbai Chapter In collaboration with Maniben Nanavati Women's College & Kellogg's Nutrition	Applications Of Nutritional Metabolomics In Public Health Nutrition	Nutrition Society of India, Mumbai Chapter In collaboration with Maniben Nanavati Women's College & Kellogg's Nutrition	18th September, 2021	Kellogg's Nutrition
8	National webinar	Mumbai Kidney Foundation	6th Annual conference of Society of Renal Nutrition & Metabolism	Mumbai Kidney Foundation	2nd &3rd October, 2021	-
9	National webinar	Nutrition Society of India, Mumbai Chapter	Food Exchange list-Planning & Execution	Nutrition Society of India, Mumbai Chapter	30th October, 2021	

<b>J. Colaco</b>						
	National webinar	Association of Food Scientists & Technologists (India). Mumbai Chapter	World Food Safety Day 2021	Association of Food Scientists & Technologists (India). Mumbai Chapter	7th June 2021	
	National webinar	IQAC S.T. CO.Op. Education Society's Science Senior College, Shahada	Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S.T. CO.Op. Education Society's Science Senior College, Shahada	9 <sup>th</sup> June 2021	
	National webinar	Dr. N. S. Dharmadhikari (Educationist-Pune, NAAC and UGC Member)	NAAC Related Quality Enhancement Techniques	S.I.W.S. N. R. Swamy College of Commerce & Economics and Smt.Thirumalai College of Science Wadala	15th June 2021	
	3 day national workshop	College of Home Science, Nirmala Niketan	Outcome based education	College of Home Science, Nirmala Niketan	23rd, 25th & 26th June, 2021	
	National webinar	Dr. Shobha Lal, Dean, Faculty of Education and Methodology, Jyoti Vidyapeeth Women's University	Exploring Ideas for Innovation and Incubation leading to Startup and Prototype	Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	3rd July 2021	
	Local	ITCFSAN and FSSAI	Interaction with Academic Institutions	ITCFSAN and FSSAI	6th August 2021	
	National level workshop	Protein Foods & Nutrition Development Association of India in collaboration with International Flavors & Fragrances	Sensory Science with Flavor Emphasis - An Effective tool for successful New Product Development	Protein Foods & Nutrition Development Association of India in collaboration with International Flavors & Fragrances	13 <sup>th</sup> August 2021	
	<b>Local</b>	The Institution's Innovation Council of College of Home Science Nirmala Niketan	Being an Entrepreneur in the Era of Social Media	The Institution's Innovation Council of College of Home Science Nirmala Niketan	17 <sup>th</sup> September 2021	

	National webinar	Federation of Indian Chambers of Commerce and Industry CIFTI and Food Processing Division	Evolving Food Product Reformulation in India: Way Forward	Federation of Indian Chambers of Commerce and Industry CIFTI and Food Processing Division	18th October 2021	
	National webinar	Dr Ananthan (Scientist, NIN)	Nutritional Analysis of Foods - Basic and Advanced Technique	College of Home Science in collaboration with Nutrition Society of India, Mumbai Chapter	22nd and 25th October 2021	
	National Webinar	· Dr B Sesikeran (Former Director. - NIN, ICMR Hyd. Chairman - Sci. Advisory Committee, PFNDAI) · Ms Richa Mattu (Nutrition Lead, Hindustan Unilever) · Ms Shilpa Wadhwa (Head - Nutrition, Health & Wellness, Nestlé India)	Can Processed Foods be Healthy & Nutritious?	Protein Foods & Nutrition Development Association of India (PFNDAI)	12 <sup>th</sup> January, 2022	
	National Webinar	· Ms. Pooja Kapadia (Head, Business Affairs & Legal, Tulsea) Ms. Sanchi Sehgal (Senior Associate, Business Affairs & Legal, Tulsea)	Laws & Ethics of Entrepreneurial Ventures	Institute's Innovation Council (IIC), College of Home Science Nirmala Niketan	17 <sup>th</sup> February, 2022	
	Local Webinar towards FDP	Dr. Rekha Singhal (Professor, Food Engineering and Technology Department, ICT, Mumbai)	SCIENTIFIC PUBLICATION S- THE KNOW HOW – in Nutrition, Food Technology and Allied Fields	Dept. of Foods, Nutrition and Dietetics, Nirmala Niketan	18th February, 2022	
	National Webinar	Nutrition Society of India, Mumbai Chapter	Recent Trends in Sensory Evaluation- Integration of Science & Technology	Nutrition Society of India, Mumbai Chapter	27th February, 2022	
	College level	Women's Development Cell,	"PANKH - Road to Equality"	Women's Development Cell,	8 <sup>th</sup> March, 2022	

	(as part of the International Women's Day celebrations)	College of Home Science Nirmala Niketan		College of Home Science Nirmala Niketan		
	Webinar (College level)	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	Nutritional analysis using DietCal software	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	4 <sup>th</sup> April, 2022 (05:30 pm-07:30 pm).	-
<b>Dr. Minelly Rodrigues</b>						
	3 day workshop	College of Home Science, Nirmala Niketan	Outcome based education	College of Home Science, Nirmala Niketan	Mumbai, 23rd, 25th & 26th June, 2021	NIL
	National webinar	Dr. Shobha Lal, Dean, Faculty of Education and Methodology, Jyoti Vidyapeeth Women's University	Exploring Ideas for Innovation and Incubation leading to Startup and Prototype	Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	3rd July 2021	
	National Webinar	National Data Quality Forum in collaboration with the Office of the Registrar General & Census Commissioner, India (ORGI)	Innovations for improvements in data quality in Census 2021	National Data Quality Forum in collaboration with the Office of the Registrar General & Census Commissioner, India (ORGI)	22nd July, 2021	
	National webinar	Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous)	New Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission"	Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous)	30th July 2021.	
	Local	ITCFSAN and FSSAI	Interaction with Academic Institutions	ITCFSAN and FSSAI	6th August 2021	
	National level workshop	Protein Foods & Nutrition Development Association of India in collaboration with International Flavors & Fragrances	Sensory Science with Flavor Emphasis - An Effective tool for successful New Product Development	Protein Foods & Nutrition Development Association of India in collaboration with International Flavors & Fragrances	13 <sup>th</sup> August 2021	



	Expert Lecture	RK University in association with Microbiologists Society- India	Fermentative Processing of fruits into wines	RK University in association with Microbiologists Society- India	29th August, 2021	
	National webinar	Dr Ananthan (Scientist, NIN)	Nutritional Analysis of Foods - Basic and Advanced Technique	College of Home Science in collaboration with Nutrition Society of India, Mumbai Chapter	22nd and 25th October 2021	
	National Webinar	Protein Foods and Nutrition Development Association of India (PFNDIA)	"Can Processed Foods be Healthy & Nutritious?"	Protein Foods and Nutrition Development Association of India (PFNDIA)	22 <sup>nd</sup> January, 2022 (03:00 pm to 06:00 pm)	Sponsored by Nestle India & Hindustan Unilever and Supported by Mother Dairy & International Flavors & Fragrances
	College level	Institution's Innovation Council , College of Home Science Nirmala Niketan,	Laws & Ethics in Entrepreneurial Ventures"	Institution's Innovation Council , College of Home Science Nirmala Niketan,	17th February 2022.	-
	National webinar (organized to celebrate 'National Science Day')	Nutrition Society of India, Mumbai Chapter	"Recent Trends in Sensory Evaluation-Integration of Science & Technology"	Nutrition Society of India, Mumbai Chapter	27th February 2022.	-
	College level (as part of the International Women's Day celebrations)	Women's Development Cell, College of Home Science Nirmala Niketan	"PANKH - Road to Equality"	Women's Development Cell, College of Home Science Nirmala Niketan	8 <sup>th</sup> March, 2022	-
	National Webinar (organized to commemorate International Women's Day & World Kidney Day)	Nutrition Society of India, Mumbai Chapter	Women and Kidney Health	Nutrition Society of India, Mumbai Chapter	12th March 2022	-
	Webinar (College level)	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	Nutritional analysis using DietCal software	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior	4 <sup>th</sup> April, 2022 (05:30pm-07:30pm).	-

				Dietitian, AIIMS, New Delhi		
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## INDIVIDUAL PUBLICATIONS

Number of research papers per teachers in the Journals notified on UGC website during the year

S.No.	Title of paper	Name of the author/s	Department of the teacher	Name of journal	Year of publication	ISSN number	Link to the recognition in UGC enlistment of the Journal
Ms. Sheetal Joshi							
1	Association of Body Mass Index, Body Composition and Bone Mineral Density with Lifestyle of Transgender People In and Around Mumbai City	Sheetal Joshi and Veena Yardi	Foods, Nutrition and Dietetics	International Journal of Multidisciplinary Educational Research	July 2021	2277-7881	<a href="http://ijmer.in/pdf/UGC-Approved-Journal.pdf">http://ijmer.in/pdf/UGC-Approved-Journal.pdf</a>

Paper /Article in Journal Publication-								
Sr No.	Name of the author name/names,	year of publication	title of the journal	Title of the paper	vol (issue), page nos.,	ISSN	impact factor/H-index	Any other
<b>Dr.Subhadra Mandalika</b>								
	Pooja Thacker, Subhadra Mandalika, Rahul Shah, Nilesh Doctor	2021	Bioactive Compounds in Health and Disease 2021; <a href="https://ffhdj.com/index.php/BioactiveCompounds">https://ffhdj.com/index.php/BioactiveCompounds</a>	Effect of preoperative feeding with germinated brown rice supplement on clinical outcome of orthopaedic and gastrointestinal surgery patients	4(6): 149-166	ISSN: 2574-0334	-	Scopus indexed
<b>Ms. Vibha Hasija</b>								
	Joshi Mayura, Hasija Vibha	2021	International Journal of Innovative Science and Research Technology	Development of Nutrition Education Programme for Male Rifle Shooters of age group 20 -25	Volume 6; Issue 8	ISSN 2456 - 2165		

Article Publication in magazine/newspaper /Media Coverage or any other									
Sr No.	Name of the author name/names,	year of publication	title of the magazine/newspaper	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H-index	Any other	
1.	Dr. Minelly Rodrigues	2021	Nutrition Insights Magazine	Role of Calcium and	November 2021, Pg 6-7	-	-	-	

				Vitamin D in Bone Health				
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**INDIVIDUAL PUBLICATIONS  
NATIONAL LEVEL**

Paper /Article in Journal Publication								
Sr No.	Name of the author name/names,	year of publication	title of the journal	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H-index	Any other
1.	Sheetal Joshi, Dr. Veena Yardi	July 2021	International Journal of Multidisciplinary Educational Research	Association of Body Mass Index, Body Composition and Bone Mineral Density with Lifestyle of Transgender People In and Around Mumbai City	Vol.10, Issue 7	2277-7881	7.8	

Article Publication in magazine/newspaper Media Coverage or any other								
Sr No.	Name of the author name/names,	year of publication	title of the magazine/newspaper	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H-index	Any other
1.								
2.								

**SEMINARS, WORKSHOPS AND CONFERENCES CONDUCTED/ORGANIZED (EACH FACULTY TO MERGE CELLS, WRITE FACULTY NAME AND ADD ON DETAILS)**

**Outside college**

Faculty Name							
Sr No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized By	Role In Organizing	Place & Date	Sponsoring Agency
		Nutrition Society of India, Mumbai Chapter in Collaboration with Maniben Nanavati Women's College, Mumbai & Kellogg's Nutrition	Applications of Nutritional Metabolomics in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter in Collaboration with Maniben Nanavati Women's College, Mumbai & Kellogg's Nutrition	Convener of NSI, Mumbai Chapter	18th September 2021	Kellogg's Nutrition

		Nutrition Society of India, Mumbai Chapter	“Food & Mood: Diet in Prevention and Treatment of Mental Health Disorders	Nutrition Society of India, Mumbai Chapter	Convener of NSI, Mumbai Chapter	13th & 20th November, 2021	
			National online workshop on Nutritional analysis of Foods-Basic and Advanced Techniques”	Nutrition Society of India - Mumbai Chapter in collaboration with the Department of Foods, Nutrition & Dietetics, College of Home Science, Nirmala Niketan, Mumbai	Convener of NSI, Mumbai Chapter	22nd & 25th of October, 2021	NA
2							

#### PAPER PRESENTED IN SEMINARS, CONFERENCES

Faculty Name								
Sr No.	Name of the author name/names,	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency	Any other
Sheetal Joshi								
1.	Sheetal Joshi, Veena Yardi	Impact of COVID-19 Pandemic on the transgender Community Residing in and around Mumbai City	International Webinar Series on “Qualitative Research in Public Health Nutrition”		Nutrition Society of India	26th July 2021		
2.	Sheetal Joshi Veena Yardi	Eating Habits and Nutritional Adequacy of the	14th International Conference on Indigenous People: Challenges of	Indigenous People: Challenges of Validation and Inclusion	KAASH Foundation	10th August 2021		

		Transgender (Hijra) Community Residing in and around Mumbai	Validation and Inclusion					
3.								

**INVITED AS CHIEF GUEST, PANELIST, JUDGE AND/OR SPEAKER**

Sr No.	Name of the Faculty and the Organization that invited	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
1	Dr.Subhadra Mandalika RD Board and the Education, Research and Training Committee of the Indian Dietetic Association	Online session	Faculty	16/06/2021	“Documentation of Research Project”	Ujjwal RD Orientation Course 2021
2	Dr.Subhadra Mandalika invited by Quest Fitness LLP	Online session in Telugu	Resource person-Speaker	04/08 / 2021	Immunity boosting through nutrition	
3	Dr.Subhadra Mandalika invited by Department of Food Science and Nutrition, Avinashilingam Institute For Home Science And Higher Education For Women,	Theme: Nutritional Care process for Lifestyle diseases	Resource person-Speaker	27/11/2021	Risk Of Non Communicable Diseases in Adolescence Need for Preventive Lifestyle Approach	Nutrition Association & Nutrition Society of India, Coimbatore chapter
4	Dr.Subhadra Mandalika invited by Center for Sports Science, Sri Ramachandra Institute of Higher Education and Research	PhD research project	Expert tp validate the questionnaire for {	17 Dec 2021	Knowledge, Aptitude and Practice Questionnaire on Hydration	NA

	(Deemed to be University), Porur, Chennai					
5	Dr.Subhadra Mandalika invited by Dr. BMN College of Home Science, Matunga	RUSA Sponsored Webinar	Resource person-Speaker	18/12/2021	Techniques for Dietary Assessment"	RUSA
6	Invited by Journal of Pharmaceutical Research International.		Peer-Reviewer		Educating the student population regarding nutrition for general Health	Journal of Pharmaceutical Research International
1	Invited by Dept of Women and Child Development, Govt of Maharashtra	Webinar	Resource Person	9th October 2021	Importance of Rainbow Diet	Dept of Women and Child Development, Govt of Maharashtra
2	Invited by	Webinar	Resource Person	7th March 2022	Yogya Ahar Vihar- Nirogi Ayushyachi Gurukilli	Valia College pf Arts and Science, Andheri (E)
Ms. Vibha Hasija						
	Invited by Omega Diagnostics	International Webinar	Discussion of Dietary guidelines in food sensitivity-Case based Discussion	7th July	Discussion of Dietary guidelines in food sensitivity-Case based Discussion	Omega Diagnostics
	Invited as Judge for Infograph by Hypertension Core Group - IAPEN	National Competition	Juge	Dec 30th , 2021		IAPEN
	Dr. Minelly Rodrigues  Govind Ramnath Kare College of Law, Margao Goa	National Girl Child Day celebrations	Resource person	24 <sup>th</sup> Jan 2022	Nutrition for Girl Child	Govind Ramnath Kare College of Law
	Dr. Minelly Rodrigues  Sophia College for Women, Mumbai	Session for students of Diet Trainers certificate course	Resource person	20th April 2022	Diet and gut health	Sophia College for Women, Mumbai

## EXAMINATION WORK

Sr No.	University/ Department	Invited/designated as	Level / class	Title of the Paper/viva	Place and Date
	<b>Dr.Subhadra Mandalika</b>				
1	Symbiosis International (Deemed University), Pune	External Examiner	Ph.D. thesis	Development, Validation and Dissemination of Comprehensive Healthy Eating and Living Index (CHELI) for Adolescents	NA
2	Andhra University, Visakhapatnam	External Examiner	Ph.D. thesis	“Evaluation Of Bioavailability Of Minerals From Multiple Micronutrient Sprinkles Fortified Into Homemade Indian Complementary Feeds	NA
3	University of Mumbai	Chairperson of Open defence for viva	Ph.D. thesis	Prevalence of Musculoskeletal Discomfort and Risk of Needle Stick and Sharps Injuries Among Nurses In City Of Mumbai	NA
1.	MGM Institute of Health Sciences	External Examiner	M.Sc Dissertations and as external examiner for M.Sc I Practicals		
2.	IGNOU	Guidance for M.Sc Dissertation	Masters in Dietetics and Food Service Management	Dissertation Viva	Sept 2021
3.	ICSE Board Exam, Dyanganga School, Thane (W)	Examiner for Practical Exam in Home Science Cooking	HSC Student		January 2022
	Indira Gandhi National Open University	External examiner	Masters in Dietetics and Food Service Management	Dissertation Viva	September, 2021



## EXTENSION ACTIVITIES

S. No.	Name of the staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	Sheetal Joshi	Dept of Women and Child Development. Govt of Maharashtra	Webinar on Importance of Rainbow Diet	Aanganwadi workers	800 to 850	Nil
2	Sheetal Joshi	ICDS	Invited as Panel Member for finalizing the Home Cooked Food and Ready to Eat Diets for Aanganwadi Children	Aanganwadi Staff	20	Nil

**ACHIEVEMENTS, PRIZES AND AWARDS RECEIVED:**

**A. BY STUDENTS (Include curricular/co-curricular/extra-curricular achievements – winners of competitions, poster presentations, paper presentations and publications, honours received)**

Class	Name of Student	Competition	Day and Date	Category /level of achievement	Organized by
Msc - I Fnd	Pankti Gala	Protein Rich Salad Competition	29th October, 2021	Best Plating	Prolicious - By Samyog Foods
TY-FND	Hinglawala Zainab Mustafa Jamila	Student focus competition by fssai and itcfsan.		1st	FSSAI and ITCFSAN
TY-FND	Jain Rashi Vinod Trishla	Nutri quiz		2nd prize	NSI
TY-FND	Mansuri Erum Rizwan Arifa	Poster making - stop animal cruelty organised		1st prize	NSS
TY-FND	Mishra Radhika Bhagwan Sudha	PFNDAI- Go pro with protein ( protein rich recipe		2nd	PFNDAI
TY-FND	Mishra Radhika Bhagwan Sudha	Recipe Contest by Prolicious Video- Healthy protein rich salad		Best Video	Prolicious
TY-FND	Khadija Mohammed Ali	Innovative Low Salt,Low Sugar Recipe contest		3rd prize	Nutrition Society of India,Mumbai Chapter
TY-FND 20-21	Nehal Koradia & Pankti Gala	OJAS	31st July	1st Prize	IIC of College of Home science Nirmala Niketan.
MSc II (FND)	Samiksha Lopes, Vincia Dias and Roslyn Carvalho	OJAS (On the Journey to Attain Success) Proof of Concept Competition	31st July	2nd Prize	Institution's Innovative Cell (IIC) of College of Home Science Nirmala Niketan.
	Puja Gada	OJAS (On the Journey to Attain Success) Proof of Concept Competition	31st July	Consolation Prize	Institution's Innovative Cell (IIC) of College of Home Science Nirmala Niketan
M.Sc. II FND	Samiksha Lopes  Guided by Dr. Minelly Rodrigues	16 <sup>th</sup> Avishkar Research Competition  Study title- Assessment of	May 2022	3rd Prize in the final round at postgraduate level (Pure sciences category)	Organized by Department of Student's Development (DSD), University of Mumbai

		the Nutritional Status of Safai Karmacharis (Waste Collectors) from Vasai Virar Municipal Council			
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**B. BY THE STAFF MEMBERS**

S.NO.	Name of the staff member	Details of the Prize/award
1.	Ms. Sheetal Joshi	Received 1st Prize at the Aavishkar Research Convention held by University of Mumbai

**RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

S.NO.	Name of the staff member	Details of the recognition
1.	Ms. Vibha Hasija	<b>Invited Resource Person for the Course on Nutraceuticals for Dietitians conducted by Nutrify Today</b>
	Dr. Minelly Rodrigues	-Member, Board of Studies in Home Science, Goa University -Local Executive Committee (LEC) Member, Nutrition Society of India (NSI), Mumbai Chapter.
	Ms. Sheetal Joshi	Appointed as Convenor of Mumbai Chapter of <b>Association of Sports Nutrition and Fitness Sciences (ASNFS)</b>

**Industrial visit:**

An Industrial visit to Raghuvanshi Farsan Mart, Charkop Kandivali (West) was organized on 19<sup>th</sup> April 2022 (02:00pm to 03:30pm). 50 students of T.Y.B.Sc. (Home Science) from the specialization of Foods, Nutrition and Dietetics were accompanied by two faculty members- Ms. Jacqueline Colaco and Dr. Minelly Rodrigues.

### **ANY OTHER CONTRIBUTIONS FROM FACULTY**

To include with details like time periods, day and date, collaborating agency, the role accomplished, funds generated or received:

- **Staff development activities attended and organized (both within and outside the college)**
- **College administrative responsibilities and roles**
- **Leadership positions undertaken in the fraternity/community**
- **Any co curricular or extra curricular achievements**

**Ms. Vibha Hasija:**

Webinars attended:

Attended all webinars and staff development activities of the College and the Department.

Administrative roles:

- Convenor of the Women's Development Cell
- Convenor of IQAC Criterion 1
- Member of the Magazine Committee, Diet Counselling Cell, Admission Committee, Attendance Committee, Library Committee, Grievance Cell
- Member of the IQAC, CMC, CDC

Leadership Roles In the Fraternity:

- Member of the Registered Dietitian Board of the Indian Dietetic Association
- Programme Officer of Neuro Nutrition Core Group of IAPEN
- Part of the committee working for the Medical Nutrition Therapy guideline document for management of COVID in collaboration with UNICEF

Webinars organised outside the College:

- Lead organising member of the UJJWAL Educational Series as part of RD Board of Indian Dietetic Association to train Aspiring RDs, young professionals and students.
- Under this - conducted the Ujjwal Orientation Course and the Ujjwal case Study Series(16 webinars)

Extra curricular Achievement:

Invited to be part of International Poetry Reading

**J. Colaco -**

- **College administrative responsibilities and roles**
  - - Member of CMC
    - Member of IQAC
    - Convener of Criterion 6
    - Member of CAP committee (no work done)
    - Member of Anti-Ragging Committee (no work done)
    - Nodal officer for NIRF
    - Mentor (FYBSc -Group F1)
    - Chairperson (FND Dissertations)

**Dr.Subhadra Mandalika**

1. Coordinator- RUSA & Cocurricular committee
  2. Coordinator- IQAC Criteria-3
  3. Coordinator-College Purchase Committee
  4. Institutional coordinator-RUSA
- **Leadership positions undertaken in the fraternity/community**

**Dr.Subhadra Mandalika**

Convener- Nutrition Society of India, Mumbai Chapter  
Senior vice president- Association of Sports, Nutrition & Fitness Sciences.

Ms. Sheetal Joshi

1. Programme Officer - NSS
2. Convenor - Cultural Committee
3. Member of IQAC Criterion 6
4. Member of Employment Placement Cell
5. Co-ordinator for S.Y. B.Sc Meal Planning Practical
6. Mentor for S3 group

**Dr. Minelly Rodrigues**

- Member of IQAC Criterion 5
- Member of Diet Counselling Cell
- Member of Scholarship Committee
- Member of Interfaith Committee
- Member of Avishkar, AARYA and MRP Committee
- Member of Institute's Innovation Council (IIC)- Intellectual Property Rights (IPR) Coordinator
- Member of Sports Committee
- Member of Alumni Committee
- Chairperson (FPP Dissertations)
- Mentor for F2 group (F.Y.B.Sc)
- Coordinator for F.Y.B.Sc. practicals
- Coordinator for course on Fundamentals of Research Methods and Statistics

Completed the Innovation Ambassador training (Foundation Level, Total 16 Sessions of 30 contact hours) conducted by Ministry of Education (MoE's) Innovation Cell & AICTE during the period from 30th June - 30th July 2021 in online mode.

**ANNUAL REPORT 2021-2022 of the DEPARTMENT of HUMAN DEVELOPMENT****JUNE 2021 to MAY 2022**

**Number of Permanent Teachers: 5** (No. of positions: 6; NOC not yet granted against retirement of Dr. Nirmala Almeida [May 2016])

Dr. Anuradha J. Bakshi: Head of Department & I/C Principal (October 2021 onwards)

Ms. Rhonda Divecha

Ms. Payal Maheshwari

Dr. Kamini Prakash Rege

Ms. Khyati Sampat

**Number of Other Faculty: 3**

Management-Appointed CHB faculty: Ms. Gulnaaz Engineer, Ms. Alyssa Rebello, Ms. Vanitha D'Souza

**Other:**

SRF: Ms. Brenda Fernando

**NUMBER OF STUDENTS:**

**T.Y. BSc.** – 50

**M.Sc. Part I** – 12 (Two dropped out in January 2022, one of whom completed Semester 1 successfully)

**MSc Part II** - 10

**PhD** –5 registered candidates: 1 (Dr. Nirmala Almeida, Rtd.) + 3 (Dr. Anuradha J. Bakshi: 1 SRF ongoing, 2 others ongoing) + 1 (Dr. Kamini Rege: thesis submitted)

Value-added courses: (Names of course and Number of students):

- Arts-Based Therapy (ABT)-One Year Diploma Course: Ongoing from previous year, extended because of the COVID-19 pandemic (21 students)
- Indian Sign Language (ISL) value-added course: Not conducted this year.

**FACULTY ACTIVITIES & ACHIEVEMENTS****1A. PARTICIPATION OF STAFF IN ORIENTATION PROGRAMMES, REFRESHER COURSES ETC.**

Sr. No.	Staff	Programme	Duration	Organized by	Certification/Grade
1.	<b>Ms. Rhonda Divecha</b>	Online Certificate Course (MOOC) in CREATIVE THINKING: TECHNIQUES AND TOOLS FOR SUCCESS	7 Weeks (19th May – 9th July 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 95%
2.		Online Certificate Course (MOOC) in COVID Vaccine Ambassador Training: How to Talk to Parents	4 Weeks (Completed on 15th February, 2022)	Conducted by Johns Hopkins University, Baltimore, Maryland, USA, through Coursera	Obtained Certificate with a score of 100%
3.	<b>Ms. Payal Maheshwari</b>	Interdisciplinary Online Faculty Development Program (FDP) on Inclusive Pedagogy: Engaging Students with Disabilities	5days from 17th-21st of January, 2022	organized by The Centre for Disability Research and Training (CDRT), Kirori Mal College, University of Delhi and Xavier's Resource Centre for the Visually Challenged (XRCVC) St. Xavier's College, Autonomous, Mumbai; in collaboration with Mizoram University, Aizawl;	Grade A+
4.	<b>Ms. Khyati Sampat</b>	UGC - Sponsored Online Refresher Course in Life Science	2 weeks 12/07/2022 to 25/07/2022	University Grants Commission Human Resource Development Centre (HRDC) Gujarat University	Grade A

5.	<b>Ms. Brenda Fernando</b>	Online Certificate Course (MOOC) in CREATIVE THINKING: TECHNIQUES AND TOOLS FOR SUCCESS	7 Weeks (19 <sup>th</sup> May – 22nd June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 90%
6.		Online Certificate Course (MOOC) in POSITIVE PSYCHOLOGY	4 Weeks (01 <sup>st</sup> June – 18th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
7.		Online Certificate Course (MOOC) in Mindfulness and Well-being: Living with Balance and Ease	4 Weeks (15 <sup>th</sup> May – 14th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
8.		Online Certificate Course (MOOC) in Mindfulness and Well-being: Foundations	4 Weeks (10 <sup>th</sup> May – 8th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 100%
9.		Online Certificate Course (MOOC) in Mindfulness and Well-being: Foundations	4 Weeks (08 <sup>h</sup> May – 7th June 2021)	Conducted by Imperial College, London through Coursera	Obtained Certificate with a score of 95%

## 2. NUMBER OF RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):

- Major Research Projects: Nil
- Interdisciplinary Research Projects: Nil
- Projects sponsored by UGC: 0
- Projects Sponsored by the University/College: 0
- International Projects: Nil

**Ms. Brenda Fernando** is a **Senior Research Fellow**, Guide Dr. Anuradha J. Bakshi, receiving a full SRF grant from the UGC.



### 3. COLLABORATIONS: Dept/Individual

Please list the collaborative activities for research, faculty exchange, student exchange during the year

Multiple collaborations/linkages for the purpose of student fieldwork, student internships, are listed later in the report.

### 4. PUBLICATIONS (DETAILS)

Journals: INTERNATIONAL LEVEL

**Dr Anuradha J. Bakshi**

Paper /Article in Journal Publication								
Sr No.	Name of the author name/names,	Year of publication	Title of the journal	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/ H-index	Any other
1.	<u>Anuradha J. Bakshi</u> (first author), Juhi Deshmukh, & Satishchandra Kumar	August, 2021	<i>British Journal of Guidance &amp; Counselling</i> , 49(4), 633-636. <a href="https://doi.org/10.1080/03069885.2021.1949809">https://doi.org/10.1080/03069885.2021.1949809</a>	The psychology of pandemics: preparing for the next global outbreak of infectious disease	49(4), 633-636.	Print ISSN: 0306-9885 Online ISSN: 1469-3534	1.325	Scopus journal, Publisher: Routledge, Taylor & Francis  6 CrossRef citations

**Dr. Kamini Rege**

Paper /Article in Journal Publication								
Sr No.	Name of the author name/names	Year of publication	Title of the journal	Title of the paper	Vol (issue), page nos.	ISSN/ISSN	impact factor/ H-index	Any other
	Dr Kamini Prakash Rege, Fallyn Pereira	March 2022	International Journal of Creative Research Thoughts (IJCRT)	Internet Pornography: Awareness Among Adolescents and Youth (13-26 Years)	Volume 10   Issue 3   March 2022  PAGES: b799-b803	ISSN: 2320-2882	7.97 (Calculated by Google Scholar)   License by Creative Commons 3.0	UGC Approved Journal No: 49023 (18)  <a href="https://www.ijcrt.org/viewfull.php?&amp;p_id=IJCRT2203207">https://www.ijcrt.org/viewfull.php?&amp;p_id=IJCRT2203207</a>

## Book Chapters & Conference Proceedings: INTERNATIONAL

### Dr. Anuradha J. Bakshi

Sr No.	Name of the author name/names,	Year of publication	Title of the chapter	Name of the <u>book</u>	ISBN
1.	Amanda W. Harrist & Anuradha J. Bakshi	2022 (March)	<u>Title of Chapter:</u> The Interplay of Parent and Peer Influences on Children's Social Development (Chapter 25) (pp. 459-481)	<u>Title of Book:</u> The Wiley-Blackwell Handbook of Childhood Social Development (3rd ed.) (Handbooks of Developmental Psychology) P. K. Smith & C. H. Hart (Eds.) 896 pages	<u>Publisher:</u> Wiley Blackwell  Print ISBN: 978-1-119-67898-4 (hardcover)  Online ISBN: 978-1-119-67899-1 (eBook)

## Book Chapters & Conference Proceedings: STATE/NATIONAL

### Dr. Kamini Rege

Books Chapter/s								
Sr No.	Name of the author name/names,	Year of publication	Title of the Book	Name of the journal/ <u>book</u>	Vol (issue), page nos.,	ISBN	Impact factor H-index	Any other
	Researched and compiled by:  <b>Dr. Kamini Prakash Rege</b>  Edited by: <b>Dr. Swati Popat Vats</b>	December 2021	Transition From Kindergarten to Primary Years (E-Booklet)	Transition From Kindergarten To Primary Years (E-Booklet)	Pages 1-40	ISBN 978-81-953511-6-9		

## Bibliometrics of Publications Published Last Academic Year

Bibliometrics of the publications during the last Academic year based on average citation index in Scopus/Web of Science or Pub Med/ Indian Citation Index						
Title of the paper	Name of the author	Title of the journal	Year of publication	Citation Index	Institutional affiliation as mentioned in the publication	Number of citations excluding self-citations
The psychology of pandemics: preparing for the next global outbreak of infectious disease	<u>Anuradha J. Bakshi</u>	British Journal of Guidance & Counselling	August, 2021	IF of journal: 1.325 H Index of Author: 10	Nirmala Niketan College of Home Science, University of Mumbai	6 CrossRef citations

## 5. SEMINARS, CONFERENCES, WORKSHOPS –ATTENDED, ORGANIZED/ CONDUCTED AND PRESENTED RESEARCH PAPERS

**Dr. Bakshi**, in her role as the I/C Principal of the College from October 1<sup>st</sup> 2021, coordinated and participated in all activities (seminars/workshops) organized at a college level and for each department. These are not separately listed in this report.

### Seminars/Conferences/Workshops Attended: INTERNATIONAL LEVEL

Sr. No.	Staff	Name of the Webinar/ Seminars/ Conferences	Theme of the Webinar/ Seminars/ Conferences Expert Talks	Organized by	Place & Date
	<b>Ms Payal Maheshwari</b>	EQuity for C&U: Leveraging emotional Intelligence to achieve Diversity Equity Inclusion in Higher Education: Livestream	Leveraging emotional Intelligence to achieve Diversity Equity Inclusion in Higher Education	Six Seconds, The Emotional Intelligence Network, California, USA	May 12 2022 8.30 – 9.30pm.
	<b>Ms Payal Maheshwari</b>	College & Universities Students Today:	Emotional Intelligence for Wellbeing	Six Seconds, The emotional Intelligence	14 <sup>th</sup> April 2022, 8.30 – 9.30pm

		Emotional Intelligence for Wellbeing & Mental Health: Livestream	& Mental Health	Network, California, USA	
	<b>Ms Payal Maheshwari</b>	Supporting children, parents and educators during the Ukraine crisis: Livestream,	Supporting children, parents and educators during the Ukraine crisis	Six Seconds, The emotional Intelligence Network, California, USA	30 <sup>th</sup> March 2022, 8.30 – 9.30pm
	<b>Ms Payal Maheshwari</b>	Social Emotional Learning in Colleges & Universities: Livestream	Social Emotional Learning in Colleges & Universities	Six Seconds, The emotional Intelligence Network, California, USA	March 2022, 8.30 – 10.30pm
	<b>Ms Payal Maheshwari</b>	“Fostering Disability-Friendly Higher Education Institutions”	Fostering Disability-Friendly Higher Education Institutions	U.S. Consulate General, Mumbai and the University of Notre Dame	December 10, 2021 7:00 p.m. to 8:30 p.m. IST
	<b>Ms Brenda Fernando</b>	APA Virtual Convention	American Psychological Association Division 52 & 17 (ICP) & SIP 2021 Hospitality Suite	APA Virtual Convention	12 <sup>th</sup> & 13 <sup>th</sup> August 2021

**Seminars/Conferences/Workshops Participated and Attended: NATIONAL and STATE LEVELS**

<b>Staff</b>	<b>Name of the Seminars/ Conferences</b>	<b>Theme of the Conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>
<b>Ms. Rhonda Divecha</b>	Webinar on “NEP 2020 for Higher Education”	NEP 2020	Conducted by Resource Person Dr. Furqan Qamar, Professor, Centre for Management Studies, Jamia Millia Islamia, New Delhi – 110025 and organized by the IQAC of St. Xavier’s	10th January 2022 from 3 – 5 pm via Zoom link	

			College (Autonomous), Mumbai.		
<b>Ms. Rhonda Divecha</b>	Online Faculty Development Programme	‘A to Z of PTV’ by Dr Ayub Shaikh	ICS College Khed, Ratnagiri	Ratnagiri, on 13th July 2021	
<b>Ms. Payal Maheshwari</b>	National level Webinars on College Readiness Program for Neurodiverse students in high school	College Readiness Program for Neurodiverse students in high school	Office of learning support, Ashoka University, Haryana	Webinar & 8 <sup>th</sup> , 15 <sup>th</sup> , and 22 <sup>nd</sup> Jan 2022	
<b>Ms. Payal Maheshwari</b>	The Dyslexic Mind: Thinking Differently About Higher Education.	The Dyslexic Mind: Thinking Differently About Higher Education.	Office of learning support, Ashoka University, Haryana	Webinar & 28 <sup>th</sup> October 21 5-8.30pm	
<b>Ms. Payal Maheshwari</b>	National webinar Series (No 5) on “Execution of National Education Policy 2020 in Pandemic Panorama	Opportunities and Challenges A Roadmap and Salient Features of NEP, Structural Changes in NEP	Internal Quality Assurance Cell (IQAC) Smt. K.G. Mittal College Of Arts And Commerce, Mumbai in association with Internal Quality Assurance Cell (IQAC) Christian Eminent College, Indore	Webinar & 24 <sup>th</sup> July 2021	
<b>Ms. Payal Maheshwari</b>	‘National Webinar on MOOCs and e-Content in Four Quadrant Form’ Capacity Building of Teachers	MOOCs and e-Content in Four Quadrant Form’ Capacity Building of Teachers	Internal Quality Assurance Cell (IQAC) of Ramniranjan Jhunjhunwala College of Arts, Science & Commerce, Mumbai	Webinar & 2nd July 2021	
<b>Ms. Payal Maheshwari</b>	National Webinar Series (day 11) on National	Prospects and challenges in Higher Education-A	the Department of commerce in association with IQAC, B.M. Ruia Girl’s College and	Webinar & 17 <sup>th</sup> June 2021	

	Education Policy 2020:	roadmap for transforming Higher Education,	Sitaram Deora Institute of Management Studies, Mumbai		
<b>Ms. Payal Maheshwari</b>	One day webinar state level on “Understanding of Program Outcome, Program Specific Outcome and Course Outcome”	Understanding of Program Outcome, Program Specific Outcome and Course Outcome”	S. T. Co-op. Education Society’s Ltd. Science Senior College, Shahada, Dist- Nandurbarkar	Webinar & 9 <sup>th</sup> June 2021	
<b>Dr Kamini Rege</b>	Webinar: Fostering teaching learning practices for quality enhancement in higher educational institutions	One Day National Webinar Sponsored By NAAC	IQAC - Govt. College of Arts & Science, Kileark, Aurangabad.	Online 5 <sup>th</sup> July 2021	Sponsored By NAAC
<b>Dr Kamini Rege</b>	One Day Workshop: An Insight Into Career Advancement Scheme (CAS) and its recent amendments in accordance with the 7 <sup>th</sup> pay commission”	One Day Workshop	Faculty Development Cell (FDP) and IQAC Prahladrai Dalmia Lions College of Commerce & Economics, Mumbai,	Online 24 <sup>th</sup> July 2021	
<b>Dr Kamini Rege</b>	One day faculty Development Program: New	One day faculty Development Program	CAS Committee along with IQAC G. N. Khalsa Khalsa College of Arts, Science & Commerce, Matunga, Mumbai	Online 30 <sup>th</sup> July 2021	Under the aegis of RUSA

	Amendments in Career Advancement Scheme (CAS)				
<b>Dr Kamini Rege</b>	State Level Webinar: Best Practices and Their Sustainability In Administration Of HEIs	Two-day State Level Webinar	RUSA in collaboration with IQAC and Administrative Department Maniben Nanavati Women's College, Mumbai · Mumbai, Maharashtra	13 <sup>th</sup> and 14 <sup>th</sup> August 2021	RUSA in collaboration with IQAC and Administrative Department

#### Seminars/Conferences/Workshops Attended: LOCAL LEVEL

Sr. No.	Name of the Seminars/ Conferences/ Workshop	Theme of the Conference/ Workshop	Organized by	Place & Date	Sponsoring Agency
<b>Dr. Anuradha J. Bakshi, Ms. Rhonda Divecha, Ms. Payal Maheshwari, Dr. Kamini Rege, &amp; Ms. Khyati Sampat</b>	3-Day Online Faculty Development Programme on “Attainment of Programme and Course Outcomes” Resource Person Dr. Shrihari Pingle	3 Day Online Faculty Development Programme (FDP) on the theme of “Outcome Based Education”	Conducted by Resource Person Dr. Shrihari Pingle organized by the IQAC of the College of Home Science Nirmala Niketan	Mumbai, 23 <sup>rd</sup> , 25 <sup>th</sup> and 26 <sup>th</sup> June 2021	College Management
<b>Dr. Anuradha J. Bakshi &amp; other Department Staff</b>	Workshop on “The Ins and Outs of Career Counselling” Resource Person: Dr. Jahnvee Joshi	Career Counselling	Conducted by Resource Person: Dr. Jahnvee Joshi  Organised by Dr. Anuradha J. Bakshi	30 <sup>th</sup> June 2021	College
<b>Ms. Rhonda Divecha</b>	One Day Faculty Development Program on	Career Advancement Scheme (CAS)	The CAS Committee along with	30th July 2021	RUSA

		"New Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission"		IQAC of Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai under the aegis of RUSA		
<b>Ms. Rhonda Divecha</b>	Online Awareness Workshop on Assistive Technology for Persons with Disabilities (visual impairment, hearing impairment, or specific learning disabilities.)	Awareness Workshop on Assistive Technology	Xavier's Resource Centre for the Visually Challenged (XRCVC)	Mumbai, 14th January, 2022; 3-5 pm		
<b>Dr. Anuradha Bakshi, Ms. Rhonda Divecha, Ms. Khyati Sampat</b>	Music & Movement Therapy Session	Music & Well Being	Mr. Jude Rodrigues (Music Therapist)	College of Home Science, Nirmala Niketan, Mumbai, 11 <sup>th</sup> April 2022; 11 am to 2 pm		
<b>Ms. Rhonda Divecha, Ms. Payal Maheshwari, &amp; Khyati Sampat</b>	Workshop on 'Towards Inclusion' through a Card Game Kit.	Inclusive Education  Aim: To open the minds of people without disability towards people with disability.	Ms. Ritika Sahni, Trinayani  Organised by Ms. Payal Maheshwari	College of Home Science, Nirmala Niketan, Mumbai, 23 <sup>rd</sup> April 2022		
<b>Ms. Payal Maheshwari &amp; Ms. Khyati Sampat</b>	Pankh-Road to Equality	Pankh--Road to Equality	Women's Development Cell, College of Home Science,	Webinar & 8 <sup>th</sup> Mar 2022.		



				Nirmala Niketan, Mumbai		
	<b>Ms. Payal Maheshwari</b>	Webinar on Advanced Concepts of Outcomes-based Education	Advanced Concepts of Outcomes-based Education	InPods Ed-tech,	Webinar & 6 <sup>th</sup> Oct 21.	
	<b>Ms. Payal Maheshwari</b>	Webinar on “Diversity in the Classroom” SIES Institute of Comprehensive Education, Sion, Mumbai,	Diversity in the Classroom	SIES Institute of Comprehensive Education, Sion, Mumbai	Webinar & 10th July 2021	
	<b>Ms. Payal Maheshwari</b>	“Standard operating procedures”	Standard operating procedures	IQAC of the Kelkar Education Trust’s V. G. Vaze College of Arts, Science and Commerce (Autonomous), Mumbai	Webinar & 15 <sup>th</sup> June, 2021	
	<b>Ms. Payal Maheshwari</b>	Online workshop on “Drafting Policies and Procedures”	Drafting Policies and Procedures	IQAC of The KET’s V. G. Vaze College of Arts, Science and Commerce (Autonomous), Mumbai	Webinar & 14th June, 2021	
	<b>Ms. Khyati Sampat</b>	Webinar on Advanced Concepts of Outcomes-based Education	Advanced Concepts of Outcomes-based Education	InPods Ed-tech,	6 <sup>th</sup> October 2021	

**Webinars/ Seminars/Conferences/Workshops Organized:**

**Seminars/Conferences/Workshops Organized: NATIONAL LEVEL**

Sr No .	Staff	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference/ Webinar	Organized By	Role In Organizing	Place & Date, Duration	Number of Participants
	<b>Ms. Khyati Sampat</b>	Webinar – Teacher is the Sun in the Galaxy of Learning: ENERGISING SECRETS	Guests of Honour: <b>Prof. Suhas Pednekar, VC, Dr. Harish Shetty sir, well acclaimed psychiatrist, Shri Deepakkumar Mukadam, Founder – Academisthan, Chancellor Nominee to the Management Council of the University of Mumbai</b>	Online to offline teaching transition for teachers	Academisthan - “not for profit” initiative started by and for the teaching faculty serving the Higher Education Institutions	In the planning team of Academisthan and host of the session	Saturday, 5th February 2022, Online	

**Seminars/Conferences/Workshops Organized: LOCAL LEVEL**

Sr . No.	Staff	Name of the Seminars/ Conferences/ Workshop	Theme of the Conference	Organized by	Role in Organizing	Place & Date	Participants
	<b>Dr. Anuradha J. Bakshi, Ms. Rhonda Divecha, Dr. Kamini Rege</b>	“Outcome Based Education” - Formulating Programme and Course Outcomes  Resource Person:	Outcome Based Education	IQAC Of College of Home Science Nirmala Niketan	IQAC Members	Online 23 <sup>rd</sup> , 25 <sup>th</sup> and 26 <sup>th</sup> June 2021	All teaching staff

	Dr Shrihari Ashok Pingle		3 Day Faculty Development Programme (FDP)			
<b>Dr. Anuradha J. Bakshi</b>	The Ins and Outs of Career Counselling  Resource Person: Dr. Jahnvee Joshi Faculty, BMN College of Home Science & Certified Career Counsellor	Career Counselling	Conducted by Resource Person: Dr. Jahnvee Joshi  Organised by Dr. Anuradha J. Bakshi	Coordination & Moderation	Online Workshop  30 <sup>th</sup> June 2021	MSc1 HD Students & Department staff & Staff of another college
<b>Dr. Anuradha J. Bakshi</b>	Core Counselling Skills  Resource Person: Ms. Sonali Sarun Counsellor for NHS-IAPT [Improved Access to Psychological Therapies] service, UK MBACP – Registered member of the British Association for Counselling and Psychotherapy	Counselling	Conducted by Resource Person: Ms. Sonali Sarun  Organised by Dr. Anuradha J. Bakshi	Coordination & Moderation	Online Workshop  10 <sup>th</sup> July 2021	MSc1 HD Students & Department staff & Staff of another college
<b>Ms. Rhonda Divecha</b>	“Recreational Evening for Senior Citizens”	Online Session to celebrate Grand Parents’ Day for the Senior Citizens Group of Our Lady of	The Parish Team at Our Lady of Vailankanni Parish, Irla, Mumbai	Resource Person & Organizer	1st August 2021 from 7 - 8.30 pm (IST).	34 Senior Citizens

			Vailankanni Parish, Irla, Mumbai				
<b>Ms. Rhonda Divecha</b>	ANTARCHAKSHU (Online Awareness & Sensitization Workshop)	Online Awareness & Sensitization Workshop	Xavier's Resource Centre for the Visually Challenged (XRCVC)	Co-ordinator for NNCHSC	Mumbai, August 20, 2021; 4.30 to 6.30 pm	MSc 2 & TYBSc (HD) 20 students	
<b>Ms. Rhonda Divecha</b>	"ANTARCHAKSHU: THE INNER EYE (2.0, Season 3)" Online Visually Challenged Persons' Awareness & Sensitization Workshop on Visual Impairment	Online Awareness & Sensitization Workshop	Xavier's Resource Centre for the Visually Challenged (XRCVC)	Co-ordinator for NNCHSC	Mumbai, August 21, 2021; 4.30 to 6.30 pm	MSc 2 & TYBSc (HD) 30 students	
<b>Dr. Anuradha Bakshi, Ms. Rhonda Divecha, Dr. Kamini Rege</b>	NAAC PEER TEAM VISIT at the college level	NAAC PEER TEAM VISIT	College of Home Science Nirmala Niketan Teaching and Non-Teaching Staff As Well As Stakeholders	IQAC members	Mumbai College of Home Science Nirmala Niketan 27 <sup>th</sup> & 28 <sup>th</sup> September 2021	Staff teaching and non-teaching students parents and employers	
<b>Ms. Rhonda Divecha</b>	"Recreational Evening for Senior Citizens"	Online Session to celebrate World Elders Day for the Senior Citizens Group of All Saints Community, Joe Braz	The Parish Animators of All Saints Community, Joe Braz Colony, Orlem, Malad	Resource Person and Organizer	3rd October 2021 from 7 - 8.30 pm (IST).	37 Senior Citizens	

			Colony, Orlem, Malad				
<b>Ms. Rhonda Divecha</b>	“Recreational Evening for Senior Citizens”	Online Session to celebrate World Elders Day for the Senior Citizens Group of St. Anthony’s Church, Malvani, Malad	The Parish Animators of St. Anthony’s Church, Malvani, Malad	Resource Person and Organizer	1st October 2021 from 7 - 8.30 pm (IST).	28 Senior Citizens	
<b>Ms. Rhonda Divecha</b>	Online Awareness Workshop on Assistive Technology for Persons with Disabilities (visual impairment, hearing impairment, or specific learning disabilities.)	Awareness Workshop on Assistive Technology	Xavier’s Resource Centre for the Visually Challenged (XRCVC)	Co-ordinator for NNCHSC	Mumbai, 14th January, 2022; 3-5 pm	MSc 2 & TYBSc (HD) 50 students and 2 staff	
<b>Ms. Khyati Sampat</b>	Pankh-Road to Equality	Pankh-Road to Equality	Women’s Development Cell, College of Home Science, Nirmala Niketan, Mumbai	In the team of the organisers	Webinar & 8 <sup>th</sup> Mar 2022.		
<b>Ms. Rhonda Divecha</b>	Music & Movement Therapy Session	Music & Well Being	Mr. Jude Rodrigues (Music Therapist)	Co-ordinator for NNCHSC	College of Home Science, Nirmala Niketan, Mumbai, 11 <sup>th</sup> April 2022	TYBSc, MSc 1, & 2 (HD) 40 students and 4 staff	

						Time: 11 am to 2 pm	
<b>Ms. Payal Maheshwari</b>	Workshop on 'Towards Inclusion' through a Card Game Kit.  Resource Person: Ms. Ritika Sahni, Trinayani	Inclusive Education  Aim: To open the minds of people without disability towards people with disability.	Organised by Ms. Payal Maheshwari	Identifying and coordinating with the resource person	College of Home Science, Nirmala Niketan, Mumbai, 23 <sup>rd</sup> April 2022	Department students & staff	

#### PAPER PRESENTATIONS – INTERNATIONAL LEVEL

Sr No	Name of the staff	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date
	<b>Ms Brenda Fernando</b>	“Prevalence of Anxiety among Undergraduate Students during COVID-19 in India” Ms Brenda J. Fernando & Ms Alifiya Suterwala	American Psychological Association Division 52 & 17 (ICP) & SIP 2021 Hospitality Suite	APA Virtual Convention 2021	12 <sup>th</sup> August 2021

#### **Papers Presented at Seminars/Conferences/Workshops: NATIONAL LEVEL**

**Students guided by Dr. Anuradha J. Bakshi and Dr. Kamini Rege have presented papers at national level. Please see the section on students.**

#### **Papers Presented at Seminars/Conferences: INTERCOLLEGIATE LEVEL**

**Students guided by Dr. Anuradha J. Bakshi, Ms. Payal Maheshwari, and Dr. Kamini Rege have presented papers at intercollegiate level and/or interzonal levels. Please see the section on students.**

**Invited as a Resource Person (Chief Guest, Panelist, and Speaker): INTERNATIONAL**

**Ms. Rhonda Divecha**

<b>Sr No .</b>	<b>Name of the Organization</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collaboration /Sponsoring Agency</b>	<b>Any other</b>
	Salma Prabhu's Institute of Counselling (SPIC)	Online International Session on Making Career Choices for the SPIC international interns from France, Germany and Japan	Resource Person	27 <sup>th</sup> January 2022, from 10.00 to 11.30 am. IST	Making Career Choices	--	--

**Invited as a Resource Person (Chief Guest, Panelist, and Speaker): NATIONAL**

**Dr. Kamini Rege**

<b>Sr No .</b>	<b>Name of the Organization</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collabo ration / Sponsoring Agency</b>	<b>Any other</b>
1.	ECA National level	Panel discussion Book Launch - Transition from Kindergarten to Primary Level	Incited as moderator	11 December 2021 4.30- 5.30pm  Zoom Online	Panel Discussion on Unified Approach to Transition from Kindergarten to Primary Level in the Post Pandemic Era		<a href="https://www.youtube.com/watch?v=bJ4aDWaO1mc">https://www.youtube.com/watch?v=bJ4aDWaO1mc</a>

2.	ECA Karnataka territory	Panel discussion	Incited as moderator	28 December 2021 5.30- 6.30pm Zoom Online	Territory Event - Transition from Kindergarten to Primary in the Pandemic and Post Pandemic Times		<a href="https://www.youtube.com/watch?v=ltmKSMLXzOQ">https://www.youtube.com/watch?v=ltmKSMLXzOQ</a>
3.	Indian Development Foundation A National NGO committed to Health, Education, and Development  IDF - Organization in Special Consultative Status with the Economic and Social Council since 2012.	IDF CSR Award 2022 Indian Development Foundation presented IDF CSR Awards 2022 to various Corporate/ Institution Partners for their excellent support to various social responsibility projects through IDF. Team IDF salute and appreciate the social commitment and patronage extended by every supporter in the journey of goodness. (26-03-2022 @ PBHS, Mumbai)	National committee members representative	26 <sup>th</sup> March 2022  3.30- 6.30pm  Pragnya Bodhini High School Goregaon East, Mumbai -	Excellent support by ECA during pandemic to various social responsibility projects through IDF. Team IDF salute and appreciate the social commitment		<a href="https://www.youtube.com/watch?v=qmX4LK98zCw">https://www.youtube.com/watch?v=qmX4LK98zCw</a>



		ECA – CSR AWARD					
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**Invited as a Resource Person: STATE LEVEL**

**Ms. Payal Maheshwari**

<b>Sr No</b>	<b>Name of the Organization</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/ speaker/ panel discussion</b>
	Lifeness Science Institute (LSI) of Integrative Nutrition & Dietetics	Participants comprised counsellors, students, parents and other professionals in the field of Mental health	Invited as a Resource Person	<b>Online webinar on World Mental Health Day, 10<sup>th</sup> Oct 2021</b>	Attitudes towards Mental Health Disorders: How does it matter?

**Invited as a Resource Person (Chief Guest, Panelist, and Speaker): LOCAL**

**Dr. Anuradha J. Bakshi**

<b>Sr No</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collaboration /Sponsoring Agency</b>	<b>Any other</b>
1.	Research capacity building of faculty of Smt. MMP Shah College of Art & Commerce	Resource Person/ Speaker	Online 22 <sup>nd</sup> June 2021	Literature Review	UGC STRIDE Centre for Research Capacity Building of Dr. BMN College of Home Science	

**Ms. Payal Maheshwari**

<b>Sr No</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collaboration /Sponsoring Agency</b>	<b>Any other</b>
	The session was planned for the students of FY BSC with an aim of spreading the awareness about the diversity around them and how each one of us should make efforts to include others and make the classroom and environment inclusive in nature	<b>Speaker</b>	College of Home Science, Nirmala Niketan. 3 <sup>rd</sup> and 8 <sup>th</sup> April 22.  Blended mode of teaching learning	Diversity and Inclusion for FYBSc		

**6. RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

**Dr. Anuradha J. Bakshi**

<b>Sr. No.</b>	<b>Details of the extra-mural recognition</b>
<b>1.</b>	Chairperson, Board of Studies for Human Development and Family Studies, Faculty of Family and Community Sciences, Maharaja Sayajirao University of Baroda, Gujarat
<b>2.</b>	Chairperson, Board of Studies for Human Development, SNDT University
<b>3.</b>	Member, RRC, Human Development, SNDT University
<b>4.</b>	Member, Board of Studies for Psychology, University of Mumbai
<b>5.</b>	Member, Board of Studies for Human Development, Dr. BMN College of Home Science (Autonomous), Matunga, SNDT University
<b>6.</b>	Member, Board of Studies for Human Development, Smt. Maniben M.P. Shah Women's College of Arts and Commerce (Autonomous), Matunga, SNDT University
<b>7.</b>	Co-Editor, <i>British Journal of Guidance &amp; Counselling</i> (BJGC), a Scopus journal, published by Routledge, Taylor & Francis
<b>8.</b>	Reviewer, <i>British Journal of Guidance &amp; Counselling</i> (BJGC), a Scopus journal, published by Routledge, Taylor & Francis by Routledge, Taylor & Francis

9.	Advisory Board Member, <i>Research Project on how to develop career counselling intervention in Burkino Faso and Togo</i> , invited by Prof. Jérôme Rossier, University of Lausanne, Lausanne, Switzerland.
10.	Advisory Board Member, <i>International Journal for Educational and Vocational Guidance</i> , published by Springer.
11.	Editorial Board Member, <i>Bombay Psychologist</i>
12.	Invited Author for a Wiley Handbook (international)

Sr. No.	Name of the Staff member	Recognition as	Details of the recognition
	<b>Ms. Payal Maheshwari</b>	Editor/Reviewer of International Journals	<b>Journal of Modern Education Review (ISSN: 2155-7993), Academic star publishing company, New York, USA</b>
			<b>US-China Education Review A &amp; B (ISSN2161-623X, USA). Published by David publishing company, USA.</b>
			Psychology Research, (ISSN 2159-5542). <b>Published by David Publishing Company, 1840 Industrial Drive, Suite 160, Libertyville, IL 60048, USA</b>
	<b>Ms. Payal Maheshwari</b>	Membership of Various Associations	Council of Exceptional Children
			International Association of Special Education
			EQ Alliance Forum
			Australasian Human Development Association. (AHDA)
		Home Science Association of India.	
	<b>Ms. Payal Maheshwari</b>	<b>Nominated as a Reviewer for Psychological Studies by Springer publications</b>	Title of the articles:
			Exploring Definition of Cyberbullying from Pakistani Adolescents' Perspective  Styles of Parenting and Perceived Social Support in Predicting Interpersonal Difficulties in Adolescent Boys and Girls
	<b>Dr. Kamini Rege</b>		<ul style="list-style-type: none"> <li>• Founder Member and Joint Secretary National Committee - India ECA (Early Childhood Association and APER Association for Primary Education and Research</li> <li>• Advisory Board and Life Member - Early Childhood Association of India</li> <li>• Life member – Indian Science Congress Association (ISCA)</li> </ul>

			<ul style="list-style-type: none"> <li>• Life member of e-group member of the Counsellors Association of India</li> <li>• Life member - Maharashtra Bal Shikshan Parishad</li> <li>• Mentor for Whystles content development Sadhbhavana Group (Calicut – Kerala)</li> <li>• Expert for examining Dissertation and Viva Referee expert at IGNOU</li> <li>• Member of The Doctoral Advisory Committee (DAC) at Tata Institute of Social Science– Mumbai</li> <li>• Editor of the journal Psychological Studies is the official journal of the National Academy of Psychology (NAOP), India.</li> <li>• invite you to review the article "Kyari: Mothering Autism" Dec 1, 2021</li> <li>• invite you to review Social Networks and Social Support: Parents’ Experiences in the Management of Thalassaemia, a Complex Lifelong Inherited Blood Disorder, in the Indigenous Context</li> <li>• Expert on the panel of peer-reviewing committee for the International Journal “Early Childhood Research Quarterly” as an expert to peer review and process the articles and evaluate</li> <li>• Invited speaker, expert, panelist already listed in the above tables at the International, National State and Local Level</li> </ul>
	<b>Ms. Khyati Sampat</b>	Member, Board of Studies	Member, Board of Studies at Department of Human Development, SVT College of Home Science (Autonomous), SNTD Women’s University, Juhu for a period of 3 years from 1 <sup>st</sup> June 2021 to 31 <sup>st</sup> May 2024.
	<b>Ms. Khyati Sampat</b>	Continuation of the appointment as a ‘Reviewer’ in an international journal	Reviewer for British Journal of Guidance and Counselling, Routledge, Taylor and Francis

##### 5. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCHBODIES:

MoU with Lighthouse continuing.

## 6. VALUE ADDED COURSES OF THE DEPARTMENT:

The SEEDS Arts-Based Therapy (ABT) one-year Diploma Programme of the department, under the outstanding leadership of ABT-practitioner and educator, Ms. Zill Botadkar, is an outcome of the MoU between the college and Lighthouse. The programme was ongoing this year, extended from last academic year because of the COVID-19 pandemic. Of the 21 students in the programme, 19 graduated by the end of this academic year. An awe-inspiring prayerful certification ceremony was held for the graduating students on 29<sup>th</sup> April 2022.

The action research project reports were displayed during the ceremony. The titles of these projects capture the deep insights that ABT students had through the project and the varied populations they had as their beneficiaries. Examples include: Emotional Cartography; Janani: Exploring Arts Based Therapy for Mothers of Children with Special Needs; A Shelter Within; Drawing Circles; *Arsh*; *Ghehraiyaan*; Healing Heroes: *Ek Anokhi Khoj*; When Chaos Met Catharsis; *Uditi Patang*: An Arts Based Therapy Project with Children at Risk; *Khidki*: A Window to a Different Sky; Spring: Rebirth, renewal, regrowth; *Abhivyakt*: Nurture with Compassion; and *Khud ki Talash*.

### We obtained university affiliation for 3 add-on Courses of the Department of Human Development:

#### I. Creative Parenting Course

Orientation Course in Indian Sign Language

#### II. Revisiting the Old and Examining the New: Knowledge Updates in Human Development and Allied Areas

## STUDENTS: CURRICULAR AND CO-CURRICULAR ACTIVITIES & ACHIEVEMENTS

### 8. Study Tour:

**Teachers:** Dr. Anuradha J. Bakshi & Ms. Vanitha D'Souza

**Other staff:** Mr. Anthony Mashi, Tour Coordinator from Ecstasy Tours

**Students:** 39 TY BScs, 9 MSc1s, and 6 MSc2s

**Dates:** 27<sup>th</sup> & 28<sup>th</sup> March 2022

**Place:** Igatpuri, Maharashtra

**Highlights:** Sessions conducted by Brother Bryce, a youth services specialist from Don Bosco Youth Services; communion with nature (a nature trail & visit to Bhawali dam); appreciation of cultural heritage (Vipassana Centre, Igatpuri); brief meditation at the Vipassana Centre; recreation (magic show & music/dance).

### 9. STUDENT EXTENSION ACTIVITIES/Industrial Visits

#### FIELDWORK with an extension focus & INTERNSHIP PLACEMENTS

#### A. DEPARTMENT LEVEL (MSc2 & TYBSc ONLINE ACTIVITIES & WORKSHOPS)

**Ms Rhonda Divecha**

**Online Workshops Guided by Ms. Rhonda Divecha for DHM Centers in North India  
(Contacts given by the Management of Nirmala Niketan Institute)**

<b>S. No.</b>	<b>Organization Place</b>	<b>Type of Activity</b>	<b>Target group</b>	<b>Beneficiaries</b>	<b>Date and Time</b>	<b>Cost incurred</b>
1	Baddi, Himachal Delhi	Workshop on Effective Communication	(a) Baddi Community Centre, Himachal (b) Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	10-03-2022 from 12-1 pm	--
2	Delhi	Workshop on Self-Awareness	Delhi Community Centre	Computer Class Students	12-03-2022 from 12-1 pm	--
3	Delhi	Workshop on Effective Communication	Delhi Community Centre	Tailoring Class Students	12-03-2022 from 3-4 pm	--
4	(a) Baddi, Himachal (b) Delhi	Workshop on Anger Management	(a) Baddi Community Centre, Himachal (b) Delhi Community Centre	Children's Parliament Group	17-03-2022 from 12-1 pm	--
5	(a) Baddi, Himachal (b) Delhi	Workshop on Time Management	Baddi Community Centre, Himachal Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	19-03-2022 from 12-1 pm	--
6	Baddi, Himachal	Workshop on Building Self Confidence	Baddi Community Centre, Himachal	Teachers	24-03-2022 from 12-1 pm	--
7	Delhi (Tailoring)	Workshop on Time Management	Delhi Community Centre	Tailoring Class Students	24-03-2022 from 3-4 pm	--
8	Baddi, Himachal	Workshop on Mindfulness	Baddi Community Centre, Himachal	Teachers	26-03-2022 from 12-1 pm	--
9	(a) Baddi, Himachal (b) Delhi	Workshop on Self Esteem	(a) Baddi Community Centre, Himachal (b) Delhi Community Centre	Teachers; Women (Adult Learners) & Children's Parliament Group	31-03-2022 from 12-1 pm	--

<b>Sr. No.</b>	<b>Organization Place</b>	<b>Type of Activity</b>	<b>Target group</b>	<b>Beneficiaries</b>	<b>Date and Time</b>	<b>Cost incurred</b>
1	Yuva Parivartan Livelihood Development Centre	Workshop on Self Awareness & Self-Management	25 -30 individuals from Bandra (East) community	Children (5- 6 years) & Adolescents (13-17 years) & women above 18 years	21-04-2022 from 12 – 2 pm	--
2	Vidya Centre, Powai	Workshop on Coping Strategies	40-50 individuals from Milind Nagar Centre community	Children of approximately 6 – 14 years	22-04-2022 from 12 – 2 pm	--
3	Yuva Parivartan Livelihood Development Centre	Workshop on Importance of Mental Health	25 -30 individuals from Palghar community	Adolescents (13-17 years) & women above 18 years	21-04-2022 from 12 – 2 pm	--
4	Vidya Centre, Powai	Workshop on Positive Thinking	40-50 individuals from Varsha Nagar Centre community	Children of approximately 6 – 14 years	22-04-2022 from 12 – 2 pm	--
5	Yuva Parivartan Livelihood Development Centre	Workshop on Overcoming Mobile Addiction	15 - 20 individuals from Vikhroli community	Adolescents (13-17 years) & women above 18 years	21-04-2022 from 12 – 2 pm	--
6	Vidya Centre, Powai	Workshop on Importance of Mental Health	30-40 Chaitanya Nagar Centre community	Children of approximately 12 – 15 years	22-04-2022 from 12 – 2 pm	--
7	Yuva Parivartan Livelihood Development Centre	Workshop on Positive Thinking	25 -30 individuals from Kandivali community	Adolescents (13-17 years) & women above 18 years	22-04-2022 from 12 – 2 pm	--
8	Vidya Centre, Powai	Workshop on Self Awareness & Self-Management	40-50 individuals from Indira Nagar Centre community	Children of approximately 6 – 14 years	22-04-2022 from 12 – 2 pm	--
9	Vidya Centre, Powai	Workshop on Overcoming Mobile Addiction	40-50 individuals from Surya Nagar Centre community	About 40-50 Children of approximately 6 – 14 years	22-04-2022 from 12 – 2 pm	--

**Ms Khyati Sampat**

MSc2 & T.Y.B.Sc - ONLINE and OFFLINE WORKSHOPS: Workshops guided by Ms. Khyati Sampat for DHM Center in Bharuch, Nirmala Niketan Junior College College of Home Science, and for several NGOs in Mumbai.

<b>Sr. No.</b>	<b>Organization Place and date</b>	<b>Type of Activity</b>	<b>Target group</b>	<b>Beneficiaries</b>	<b>Cost incurred</b>
1.	Vidhyadeep Community College –Bharuch and Nirmala Niketan Junior College of Home Science 9-2-2022 2.30 to 3.30 pm	Workshop on ‘Self-care and self-Awareness - Unwind in my Mind’	Adolescent girls	Approx 60	
2.	Vidhyadeep Community College –Bharuch and Nirmala Niketan Junior College of Home Science 9-2-2022 3.30 to 4.30 pm	Workshop on Money Matters - Financial literacy	Adolescent girls	Approx 60	
3.	Vidhyadeep Community College –Bharuch and Nirmala Niketan Junior College of Home Science 9-2-2022 4.30 to 5.30 pm	Workshop on ‘Altruism – The Best Source of Happiness’	Adolescent girls	Approx 60	
4.	Vidhyadeep Community College –Bharuch and Nirmala Niketan Junior College of Home Science 11-2-2022 2.30 to 3.30 pm	Workshop on Breaking Stereotypes	Adolescent girls	Approx 60	



5.	Vidhyadeep Community College –Bharuch and Nirmala Niketan Junior College of Home Science 11-2-2022 3.30 to 4.30 pm	Workshop on Beauty Lies Within	Adolescent girls	Approx 60	
6.	Muktangan, NGO 12-3-2022 12.30 to 1.30 pm	Workshop on Building and Maintaining Relationships	Teacher Trainees	Approx 20	
7.	Vidhyadeep Community College –Bharuch 17-3-2022 1.15 to 2.15 pm	Workshop on Self- Awareness – Road to Self-Discovery	Adolescent girls	Approx 50	
8.	Vidhyadeep Community College –Bharuch 17-3-2022 1.15 to 2.15 pm	Workshop on Mate Selection, Dating and Safe Sex Practices	Adolescent girls	Approx 50	
9.	Muktangan, NGO 19-3-2022 12.30 to 1.30 pm	Workshop on Importance of empathy, altruism and service orientation.	Teacher Trainees	Approx 20	
10.	Yuva Parivartan, Kandivali East 12-4-2022	Workshop on Confidence and Motivation Building	Nursing course - Youth	Approx 20	
11.	Yuva Parivartan, Malvani 12-4-2022	Workshop on Problem Solving	Nursing course - Youth	Approx 10	
12.	Yuva Parivartan, Marol 12-4-2022	Workshop on Building Resilience	Beautician course - Youth	Approx 20	
13.	Yuva Parivartan, Vikroli 12-4-2022	Workshop on <b>Taking responsibilities</b>	Tally course - Youth	Approx 20	
14.	Online Session by Adhata Trust 19-4-2022, 2-3 pm	Talk by Adhata Trust on their work with senior citizens	TYBSc and MSc2 students	60	

## INTERNSHIPS FOR STUDENTS:

**Ms Payal Maheshwari:** Due to COVID-19, students could not be placed in any schools or agencies in the 1<sup>st</sup> semester of the academic year 2021-2022.

### **MSc1 and MSc2 Students Placed for Internship under the Guidance of Dr. Anuradha J. Bakshi (June 2021 to May 2022)**

Sr. No.	Student	Agency in Which Interned/ Entrepreneurial Activities	Target Group/ Beneficiaries	Mode & Type of Role	Duration
1.	Binal Dedhiya	DVruddhi: Steps to Rise! Dr. Disha Shah Mehta Child Psychologist & Special Educator	Children	Online: Developmental and Educational Psychology Internship: Case history taking, formulating therapy plans, & administering and scoring psychological tests.	June 2021
		Muktangan Schools Pre-service Department	Preservice Teachers	Online: Exploring research articles relevant for preschool teachers, observing preservice training sessions, and conducting a few sessions.	08/09/2021 to 22/11/ 2021
		British Journal of Guidance & Counselling  (A Routledge, Taylor & Francis Journal)	Youth & others	Online: Selecting & reading research papers; making attractive infographics to communicate key findings of a research paper succinctly. Social media management of infographics.	Semester IV
2.	Ramim Ghaswala	Infinity Consultancy	Visually Impaired	Online: Planned and conducted English grammar and vocabulary lessons.	28/08/2021 to 29/10/ 2021
		Somaiya School	Children	Offline: Nursery School & Standard 1 observations and interactions with teachers.	22/03/2022 to 19/04/2022

3.	Simran Hashmi	DVruddhi: Steps to Rise! Dr. Disha Shah Mehta Child Psychologist & Special Educator	Children	Online: Developmental and Educational Psychology Internship: Case history taking, formulating therapy plans, & administering and scoring psychological tests.	June 2021
		Institute for Exceptional Children (IEC)	Varied age groups, including school students (Community Mental Health)	Online: Assisted as a Mental Health Counsellor	28/08/2021 to 13/10/2021
4.	Naqiya Jamali	Institute for Exceptional Children (IEC)	Varied age groups, including school students (Community Mental Health)	Online: Assisted as a Mental Health Counsellor	28/08/2021 to 23/11/2021
		Somaiya School	Children	Offline: Nursery School & Standard 1 observations, and conducting activities with these children.	22/03/2022 to 19/04/2022
5.	Huda Khan	Muktangan Schools	Children	Online: Curriculum development. Made a booklet of 90 activities for each age group (3-to-4 yr, 4-to-5 yr, & 5-to-6 yr) in 3 different subjects (language, maths, EVS).	03/09/2021 to 03/10/2021
6.	Nidhi Khimavat	British Journal of Guidance & Counselling  (A Routledge, Taylor & Francis Journal)	Youth & others	Online: Selecting & reading research papers; making attractive infographics to communicate key findings of a research paper succinctly. Social media management of infographics.	25/08/2021 onward

7.	Fallyn Pereira	Muktangan Schools English Department	Children	Online: Understanding and checking the English proficiency tests conducted by Muktangan Schools and creating online assessments through Google forms.	15/09/2021 to 13/11/2021
		British Journal of Guidance & Counselling  (A Routledge, Taylor & Francis Journal)	Youth & others	Online: Selecting & reading research papers; making attractive infographics to communicate key findings of a research paper succinctly. Social media management of infographics.	Semester IV
8.	Gayatri Sawant	Muktangan Schools	Children	Online: Curriculum development. Made a booklet of 45 fine motor activities & 45 socioemotional circle time activities for children between the age group of 3-to-6 years.	03/09/2021 to 25/10/2021
9.	Aqsa Shaikh	LogIQids	Children	Online: Conducting online learning sessions with children.	20/09/2021 to 29/10/2021
10.	Naushin Shaikh	DVruddhi: Steps to Rise! Dr. Disha Shah Mehta Child Psychologist & Special Educator	Children	Online: Developmental and Educational Psychology Internship: Case history taking, formulating therapy plans, & administering and scoring psychological tests.	June 2021
		Infinity Consultancy	Visually Impaired	Online: Planned and conducted English grammar and vocabulary lessons.	28/08/2021 to 29/10/ 2021
		Entrepreneurial activities: Developed Petrichor—A Human Developmental Agency  Aimed at Sharing Insights about Human	Youth & others	Online: <i>Instagram Live Chats</i> on: “All About the Field of Human Development” “Myths and Facts about Counselling”	Petrichor started from 05/09/2021

		Development and Allied Areas through interviews and workshops live on Instagram and available on YouTube.		<p><i>Talk Show: 'Bookmarks of Life with Naushin'</i></p> <p>Episode 1: Ma Unplugged (Mother as an Identity)</p> <p>Episode 2: Gray is the New Green (A new perspective on older adulthood)</p> <p>Episode 3: Beyond the Vision (Myths society has about the visually challenged and people with other disabilities)</p> <p><i>Workshops:</i></p> <p>'Be here now' - A workshop on mindfulness</p> <p>'Time to Exhale' – Workshop on Resilience</p>	
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## MSc PART 1 Early Childhood Education Practicum

### Dr Kamini Rege : SEMESTER I Coursework and Assignments for Students

Sr . No	Name And Surname Of Student	Day and date	Time	Theme such As Lesson Planning/ Teaching Aid/ Teaching Method	Topics and subtopics	Type of Assignment Written, PPT, Oral, Workshop, Demonstration, any other	ICT/LMS/E-Resources Used E.G. Zoom, MS Teams, YouTube, Google Classroom
1.	Shreya Anchan	Saturday 23/10/2021	12:45pm-1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12:10pm-12:30pm	Teaching Aid	Flannel Board and Flannel cut-outs	PPT, Demonstration	Zoom
		Saturday 27/11/2021	11am-11:20am	Teaching Method	Cooking experience	PPT	-Zoom

							-Instagram videos
		Friday 10/12/2021	12pm- 12:20pm	Teaching Approach	High scope and Bank Street Curriculum	PPT	-Zoom -Youtube
2.	Riya Author	22/10/2021 Friday	Time: 12:45 - 01:45pm	Lesson Plan	Topic 1: Day and Night	PPT	Zoom
		29/10/2021 Friday	Time: 11:50 am - 12:30 pm		Topic 2: Non- Indian Festivals (Mid-Autumn festival)		
		16/11/2021 Tuesday	Time: 11:10 - 11:30 am	Teaching Aid	Topic: Pictures cards with and without written words or letter	PPT	Zoom YouTube
		27/11/2021 Saturday	Time: 10:15- 10:35 am	Teaching Method	Topic: Art and Craft	PPT	Zoom Demonstrati ng art.
		10/12/2021 Friday	Time: 1:10-1:30 pm	Teaching Approach	Topic: Multiling ual approach	PPT	Zoom YouTube
3.	Nuzhat Dadan	<b>Date:</b> 23/10/2021 <b>Day:</b> Saturday	11:45 am - 12:45 pm	Lesson Plan	<b>Topic:</b> Safety at home <b>Subtopic:</b> Field Trip (virtual) and Storytelling	PPT	Zoom
		<b>Date:</b> 15/11/2021 <b>Day:</b> Monday	12:50 pm - 1:10 pm	Teaching Aid	Roleplays	PPT	Zoom YouTube
		<b>Date:</b> 29/11/2021 <b>Day:</b> Monday	11:35 - 11:55 pm	Teaching Method	Field trips/excursion and celebrations	PPT	Zoom
		<b>Date:</b> 17/12/2021 <b>Day:</b> Friday	12:05 - 12:25 pm	Teaching Approach	Multiple Intelligence	PPT	Zoom

4.	Jinagna Gondalia	Friday 22/10/2021	12:45pm- 1:10pm	Lesson Plan	<b>Topic:</b> Clothes and Texture <b>Sub-topic:</b> Science activities	Oral, PPT, Demonstration	Zoom
		30/10/2021 Saturday	12:25pm - 12:45pm	Teaching Aid	Puzzles, Blocks, Sand and Water Play	PPT, Demonstration	Zoom
		29/11/2021 Monday	12:25 am- 12:45pm	Teaching Method	Transition	PPT	Zoom YouTube
		10/12/2021 Friday	01:00pm- 01:20pm	Teaching Approach	Whole Language approach	PPT	Zoom YouTube
5.	Aishwarya Jagtap	<b>Date:</b> 23/10/2021 <b>Day:</b> Saturday	11:45 am - 12:45 pm	Lesson Plan	<b>Topic:</b> Safety at home <b>Subtopic:</b> Field Visit and Storytelling	PowerPoint presentation	Zoom
		Date: 11/12/21 Day: Saturday	11:10 am- 11:30 am	Teaching Aid	Topic: Dominoes (pairs, pictures and words)and Sequencing cards	PowerPoint presentation Demonstration- <u>Dominoes</u> - (1. pairs- Concept of vegetables_ picture and words) (2.pictures- Concept of shapes) (3.words- Sight words) <u>Sequencing cards</u> <u>Brushing teeth- Routine</u>	Zoom
		Date: 17/12/21 Day: Friday	11:40 am - 12:00 pm	Teaching Method	Topic- Story	PowerPoint presentation Demonstration- own modified Development	Zoom

						appropriate story	
		Date : 17/12/21 Day: Friday	12:05 pm - 12:25 pm	Teaching Approach	Topic- Meta-cognition	PowerPoint presentation	Zoom
6.	Shaheen Khan	Friday 22/10/2021	12:45pm-1:10pm	Lesson Plan	<b>Topic:</b> Clothes and Texture <b>Sub-topic:</b> Science activities	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12:00pm-12:20pm	Teaching Aid	<b>Topic:</b> Demonstration	PPT, Demonstration	Zoom
		Friday 26/11/2021	12:20pm to 12:40pm	Teaching Method	<b>Topic:</b> Activities and Games- Reading Readiness	PPT	Zoom
		Friday 10/12/2021	12:00pm-12:20pm	Teaching Approach	<b>Topic:</b> Developmentally Appropriate Curriculum	PPT	Zoom
7.	Nausheen Merchant	Friday 22/10/2021	12:45pm-1:10pm	Lesson Plan	<b>Topic:</b> Clothes and Texture <b>Sub-topic:</b> Science activities	Oral, PPT, Demonstration	Zoom
		Monday 15/11/2021	12.20-12.40	Teaching Aid	Picture Talk and object Talk	PPT Demonstration	zoom
		Friday 26/11/2021	12.00-12.20	Teaching Method	Science Experiments	Demonstration and PPT	Zoom
		Tuesday 30/11/2021	1.00-1.20	Teaching Approach	Project approach	PPT	Zoom
8.	Sakina Peer	Saturday 23/10/2021	12:45pm-1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom



		Tuesday 16/11/2021	11:20 a.m.- 11:40 a.m.	Teaching Aid	Topic - Puppets Subtopics - Mask/paper bag /Finger/Body	Oral, PPT, Demonstration. Finger Puppet show- storytelling on Ant & Grasshopper	Zoom
		Saturday 27/11/2021	11:30 a.m. - 11:50 a.m.	Teaching Method	Concept & Content Teaching	Oral, PPT, Demonstration.	Zoom
		Saturday 18/12/2021	10:00 a.m. - 10:20 a.m.	Teaching Approach	Play Way Approach	Oral, PPT, Demonstration.	Zoom, Youtube
9.	Aisha Sayed	22/10/2021 Friday	Time: 12:45 - 01:45pm	Lesson Plan	Topic 1: Day and Night	PPT	Zoom
		29/10/2021 Friday	Time: 11:50 am - 12:30 pm		Topic 2: Non- Indian Festivals (Mid-Autumn festival)	PPT	Zoom
		26/11/2021 Friday	11:18am -11:40am	Teaching Aid	Flash Card and Flip Card	PPT , Demonstration	Zoom
		29/11/2021 Saturday	11:10 a.m. - 11:30 a.m	Teaching Method	Arithmetic Readiness	PPT	Zoom
		30/11/2021 Tuesday	10:45am - 11:05 am	Teaching Approach	Waldorf and Reggio Curriculum	PPT	Zoom
10	Sherin Samuel	Day: Saturday Date: 23/10/21	12:45pm- 1:10pm	Lesson Plan	Topics: Money and Buying Subtopic: Cooking Experience	Oral, PPT, Demonstration	Zoom

		<b>Date:</b> 30/10/2021 <b>Day:</b> Saturday	12:50pm- 1:10pm	Teaching Aid	Topics: TV Scroll and Cubes and dices	PPT, Handmade teaching aid.	Zoom
		<b>Date:</b> 29/11/2021 <b>Day:</b> Monday	12:00pm- 12:20am	Teaching Method	Topics: Outdoor and Indoor Play	PPT, demonstration, activity.	Zoom
		<b>Date:</b> 17/12/21 <b>Day:</b> Friday	12:50pm- 1:10pm	Teaching Approach	Topic: Te Whariki Curriculum and Montessori curriculum	PPT	Zoom
11	Meha Savla	<b>Date:</b> 23/10/2021 <b>Day:</b> Saturday	11:45 am - 12:45 pm	Lesson Plan	<b>Topic:</b> Safety at home <b>Subtopic:</b> Field Visit and Storytelling	PowerPoint presentation	Zoom
		<b>Date:</b> 30/10/2021 <b>Day:</b> Saturday	12.00 - 12.20 pm	Teaching Aid	Puppets - Glove, String, Shadow, Box	PowerPoint presentation	Zoom
		<b>Date:</b> 26/11/2021 <b>Day:</b> Tuesday	08:20 - 08:40 am	Teaching Method	Poetry, Poem, Music, Song	PowerPoint presentation	Zoom
		<b>Date:</b> 30/11/2021 <b>Day:</b> Tuesday	11:10 - 11:30 am	Teaching Approach	STEM in Early Childhood Education	PowerPoint Presentation	Zoom YouTube
12	Fidela Varel	22/10/2021 Friday  29/10/2021 Friday	Time: 12:45 - 01:45pm  Time: 11:50 am - 12:30 pm	Lesson Plan	Topic 1: Day and Night  Topic 2: Non- Indian Festivals (Mid-Autumn festival)	PowerPoint Presentation	Zoom
		<b>Date :</b> 16/11/2021 <b>Day :</b> Tuesday	Time :10:20- 10:40	Teaching Aid	Dioramas And model	PowerPoint Presentation , models	Zoom

		Date :15/11/2021 Day :Monday	Time : 10:20 - 10:40	Teaching Method	Writing readiness	PowerPoint Presentation	Zoom
		Date : 18/12/2021 Day : Saturday	Time : 9:45- 9:55am	Teaching Approach	Integrated Approach Curriculum	PowerPoint Presentation	Zoom

## MSC I PRACTICUM IN OTHER HUMAN DEVELOPMENT AGENCIES

### SEMESTER II 2021-2022

#### Dr Kamini Rege: INTERNSHIP PLANNED AND EXECUTED (ONLINE AND OFFLINE)

Sr. No .	Name of the student	Organization names and Place	Type of activity	Target group	Nationality	Beneficiaries	Cost incurred
1	Shreya Anchan	Janki Samajik Sewa Sansthan Place- Bihar	Welfare & Development Programs Rights & Entitlements Programs	Elderly (Age not specified)	Indian	-	-
		Dada Dadi Foundation Place- Delhi	Legal Help, Healthcare services & Campaigns	Elderly (Above 60 years)	Indian	-	-
		Nightingales Medical Trust Place- Bengaluru	Medical Care, Prevention of Elder Abuse & Training and Capacity Building	Elderly (Above 60 years)	Indian	-	-
		Helpage Sri Lanka Place- Sri Lanka	<u>Distribution of disability equipment</u> & Free physiotherapy center	Elderly (60 years and above)	International	-	-

		Alone Place- Ireland	Coordinated, Visitation, telephone support & Befriending	Elderly (60 years and above)	Internation al	-	-
		Centre for Youth Developmen t and Activities  Place- Pune	Youth Rights Young Entrepreneurs	Adolescen ts (13 to 29 years)	Indian	-	-
		Khel Khel Mein Foundation  Place- New Delhi	Free play and learning movement skills. After- school program & Support	Adolescen ts (Age not specified)	Indian	-	-
		Youth 4 Jobs  Place- Hyderabad	College Connect, <u>Youth Connect VI</u> , <u>Corporate Connect</u> & <u>Tech Connect</u>	Adolescen ts (Age not specified)	Indian	-	-
		Dream a Dream  Place- Bengaluru	Career Connect program (CCP), Designing interventions & Scale the life skills approach	Adolescen ts (Age not specified)	Indian	-	-
		Emirates foundation  Place- Dubai, UAE	Think Science Programs, flagship programs and entrepreneurs programs.	Adolescen ts (Age not specified)	Internation al	-	-
2	Riya Author	ActionAid  Place- Mumbai	Works for women's rights	Women (Age not specified)	Indian	-	-

		Sewa Bharat Place- New Delhi	Work for the women's for their financial independence, education, health and social security	Women (Age not specified)	Indian	-	-
		CREA Place- Delhi	Works for sexual and reproductive health and rights, gender based violence and visibility	Women (Age not specified)	Indian	-	-
		SEWA (Self-Employed Women's Association) Place- Ahmedabad	Works towards improvement through technical training, microfinance, market linkages, natural resources management	Women (Age not specified)	Indian	-	-
		American Medical Women's Association Place- Schaumburg	To advance women in medicine, advocate for equity and ensure excellence in health care	Women (Age not specified)	International	-	-
		Delhi Council for Child Welfare Place- Delhi	Works for underprivileged children, providing them home, medical care, rehabilitation for children and education	Children (Age not specified)	Indian	-	-
		Save the Children Place- Haryana	Works for rights to survival, protection, development and participation for children	Children (Age not specified)	Indian	-	-

		Sparsha Foundation Place- Karnataka	Works for children to discover their potential and give them opportunities for comprehensive development	Children (Age not specified)	Indian	-	-
		Smile Foundation Place- Mumbai	Works for underprivileged children	Children (Age not specified)	Indian	-	-
		Child Rights International Network (CRIN) Place- London	Works for producing new dynamic thinking on human rights, focusing on human rights, focusing on children	Children (Age not specified)	International	-	-
3	Jinagna Gondalia	Save the Children Place- Secunderabad, Telangana	Works for the children in the sectors of education, health and nutrition, child protection, humanitarian response and poverty and inclusion	Children (0-18 years)	Indian	Children in need of help	-
		Bhumi Place- Alandar, Chennai	Their work revolves around education, civic volunteering and leadership development	Children (0-18 years)	Indian	Underprivileged children	-
		Genesis Foundation Place- Gurugram, Haryana	Working for underprivileged children who are diagnosed with Congenital Heart Defect	Children (0-18 years)	Indian	Underprivileged children	-

		Bachpan Bachao Andolan Place- New Delhi	Focuses on anti-trafficking and slavery, Legal interventions, and COVID-19 relief efforts	Children (0-18 years)	Indian	Children in need of rescue	-
		ZOE Place- Santa Clarita	Reach every person and rescue every child	Children (0-18 years)	International	All children in need of rescue	-
		Vimochana Place- Bengaluru	Reaching out to women in distress through offering emotional and legal support, direct intervention, facilitating negotiated settlements and providing shelter to them.	Women (age not specified)	Indian	Women in distress	-
		NOW (National Organization for Women) Place- Washington DC	Reproductive rights and justice, Economic justice, Ending violence against women, Racial justice, Constitutional equality and LGBTQIA+ rights.	Women (age not specified)	International	Women in need of help	-
		Girls Who Code Place- New York	To close the gender gap in technology and to change the image of what a programmer looks like and does.	Women (Age 13 and above)	International	Women who want to become programmers	-
		Girls Incorporated	Focuses on Healthy living, Academic enrichment and	Girls (5-18 years)	International	Women in need of help	-

		Place- New York	support and Life skills instruction				
		Black Girls code Place- Oakland	To build pathways for young women of color to embrace the current tech marketplace as builders and creators by introducing them to skills in computer programming and technology.	Girls (7-17 years)	International	Young girls wanting to learn computer programming and coding skills	-
4	Aishwarya Jagtap	-	-	-		-	-
5	Shaheen Khan	Akshaya Patra Foundation Place- Bengaluru	Mission: To feed 5 Million children by 2025	Children (03 to 16years)	Indian	Children	-
		CRY (Child Rights and You) Place- Kolkata	Vision: A happy, healthy and creative child whose rights are protected and honored in a society that is built on respect for dignity, justice and equity for all.	Children (Age not specified)	Indian	All children	-
		Indian Association for the Blind Place- Tamilnadu	affirms its commitment to empower visually challenged people to become self-reliant	Children (Age not specified)	Indian	Visually challenged people	-



		Love146 Place- 32 Temple St Ste 2A, New Haven, CT 06510	Vision: The end of child trafficking and exploitation.	Children (Age not specified)	International	children impacted by trafficking	-
		Pratham Place- Gujarat	innovative learning organization created to improve the quality of education in India	Children (Age not specified)	Indian	All learning children	-
		Guria India Place- Varanasi	To fight against human trafficking and forced prostitution especially among women and children	Women (Women of all ages)	Indian	All women	-
		Srujna Place- Borivali	Women in India prosper through meaningful work that allows them to balance their domestic responsibilities, with opportunities for social and economic empowerment	Women (Women of all ages)	Indian	All women who is in need for earning	-
		Aks Foundation Place- Pune	A gender equal society, where violence is not the norm and everyone can lead a life free of abuse	Women (Age not specified)	Indian	All women who are victim of abuse	-
		Make love not scars Place- New Delhi	Provide dignity and independence to acid attack survivors through medical, legal, educational,	Women (Age not specified)	Indian	Women who are victim of acid attack	-

			vocational and psychological				
		Women for women International Place- Washington DC	Women for Women International supports the most marginalised women to earn and save money, improve health and well-being, influence decisions in their home and community, and connect to networks for support	Women (Age not specified)	International	women survivors of war and conflict.	-
6	Nausheen Merchant	Youth for Seva Place- Karnataka	Youth engagement	Youth (Age not specified)	Indian	Youth between the age group of 14-25	-
		Sumaitri Place- Delhi	Crisis intervention	Youth (Age not specified)	Indian	Youth who requires support midst crisis	-
		Arpita Foundation Place- Bangalore	Mental well-being of the youth	Youth (Age not specified)	Indian	Youth having mental health issues	-
		Save Our Youth Organisation Place- California	Youth empowerment	Youth (Age not specified)	Indian	Youth who requires assistance	
		International Youth Foundation	POSITIVE Youth development	Youth (Age not specified)	International	Youth skill building	-

		Place- USA					
		Beti-a Movement Place- Andheri	Gender fairness	Women 30 and above	Indian	Women of all age groups	-
		Women Welfare Society Place- Bangalore	Women empowerment	Women 30-60 years	Indian	Women	-
		Jagori Place- New Delhi	Mental well-being of women	Women 25 and above	Indian	Women with mental health issues	
		Gramin Vikan Evam Chetna Sansthan Place- Rajasthan	Skill building , financial independence	Women 30 and above	Indian	Women who requires training towards independence	-
		Association for women rights in development Place- Mexico	Rights and justice for women	Women 25 onwards	International	Women who wants justice	-
7.	Sakina Peer	MAVA(Men Against Violence & Abuse)	Gender Sensitization and Mentoring Program among Young Men SamaBhav Publication Purushspandana	Men - 18-60 yrs	Indian	Empowering and educating young and older adult men.	Nil

		Place:- Dadar West, Mumbai	Addressing Contemporary Gender Matters Capacity-Building				
		Men Engage Alliance  Place- Kenya, Africa	Kenya MenEngage Alliance (KEMEA) is a national network of non-governmental organizations, government institutions, and community based organizations involved in research, interventions and social mobilization initiatives that engage boys and men in effective ways to reduce gender inequalities and promote the health of women, men and children	Men - 18- 60 yrs	Internation al	Men, Women, LGBTQ+ Community, Society as a whole.	Nil
		Men Welfare Trust (MWT) - NGO For Men  Place- Delhi, India	Gender Sensitization and Mentoring Program among Young Men SamaBhavPublicatio n Purushspandana Addressing Contemporary Gender Matters, Capacity- Building498ADome stic Violence Maintainance Husband Maintainance, Divorce	Men - 18- 60 yrs	Indian	Victimized men & their families due to heavy misuse of gender	Nil

			Perjury 340 CRPC, Custody				
		Apnalaya Place- Chembur, Mumbai, India	The Rise Of Urban Poverty The Struggle of the Urban Poor Entrepreneurship Tackling School Dropouts	Men - 18- 60 yrs	Indian	Urban poor community	Nil
		Social Welfare Association For Men- Saathi Re Place- Chennai, Tamil Nadu, India	Working for MSMs intervention President is MSM- HIV positive who first came out in India in the year of 1993, short stay home & nutrition supplied for PLHIVs (TG & MSM)	Men - 18- 60 yrs	Indian	Mean suffering from MSM-HIV	Nil
		EmpowHer Place- Mahalakshmi, Mumbai, India	Adolescent Girls Program Sanitation Clean Drinking Water Primary Health Care. Education Self Help Group	Women - 18-60 yrs	Indian	Empowering and educating young women	Nil
		SEWA Bharat Place-	Eleven Point Approach The Goat Project - Livestock rearing	Women - 18-60 yrs	Indian	Employing women with safe working environment and &	Nil

		New Delhi, India	Pragati - Training in Retail Management Vahini - E-rickshaw driving Unnati - Training in Hospitality Kushal Yuva Program - Skill Development Mission			protection from hazardous conditions.	
		SAYODHYA Place- Hyderabad, India	Rehabilitation Centre Maternity Hospital Emergency Shelter & Counseling. Third Gender Training Free family Counseling Centers Domestically Abused Women	Women - 18-60 yrs	Indian	Emergency shelter; counseling and support for women victims	Nil
		Center for Reproductive Rights Place- New York	Abortion Adolescent Sexual and Reproductive Health and Rights Assisted Reproduction Contraception Humanitarian Settings Maternal Health	Women - 18-60 yrs	Indian	Women's basic rights for abortion	Nil
		Equality Now Place- Nairobi, Kenya	Achieving Legal Equality Ending Sexual Exploitation Ending Sexual Violence Ending Harmful Practices	Women - 18-60 yrs	International	Women and young girls facing inequality	Nil

			Ending Sexual Violence in South Asia Addressing Sexual Violence Against Marginalized				
8.	Sherin Elsa Samuel	Dream girl Foundation  Place- Haryana	Project Zindagi - Current campaign is Razi Donation Campaign for children facing dangerous diseases Providing education to children and also medical facilities.	Children especially girls (age not specified)	Indian	Underprivileged children	Nil
		Sethu child development and family guidance  Place- North Goa	Online webinar on Pre-verbal skills on 16th April, 2022. Covid responses: Crisis Management and Planning, Clinical Services, Online Counselling, Behaviour Management Parenting Guidance were offered	Children (0-19 years old)	Indian	Children having developmental, behavioural and educational challenges	Nil
		Child help foundation  Place- Mira Road, Mumbai	Oxygen Concentrators, Ration Kits Distribution, Roti ghar Works on medical emergency cases for children. Marginalised children in need, empowering them, bringing smiles and	Children (age not specified)	Indian	Underprivileged children	Nil

			making them future ready.				
		GiveLight Foundation Place- California, USA	To provide crisis relief, build, fundraising and manage orphanages	Children (2-14 years old)	International	Providing education to underprivileged	Nil
		Aflatoun International Place- Netherlands	Partner of the week: Peace and Conflict Resolution (PCR Foundation) – April 12th, 2022 Covid work: Children and youth call for practical solutions during covid-19 Pandemic	Children (2-14 years old)	International	Empowering children	Nil
		Snehanjali Place- Nallasopara, Mumbai	Providing 24x7 assistance for elderly, nutrition, health	Elderly (age not specified)	Indian	Providing 24x7 assistance, nutrition and health for elderly	Nil
		Age Well Foundation Place- New Delhi	Distribution of wheelchairs, adult diapers, walkers, food packets among destitute elderly, share warmth campaign for collection and distribution of woollens among destitute and elderly	Elderly (60 years and above)	Indian	Empowering elderly	Nil
		Joy Foundation	Enabling health care access to elderly lives in rural India	Elderly (60 years and above)	Indian	Helping and rescuing out needy elderly	Nil



		Place- Hyderabad	Rescuing aged needy persons from road accidents Food supplies distribution			and assisting them	
		International Federation on Ageing Place- Canada	Addressing inequalities Age friendly environments Applied Technologies	Elderly (60 years and above)	International	Providing protections and fighting and providing awareness for elderly	Nil
		Age & Opportunity Place- Ireland	Currently recruiting an Arts Programme Assistant Manager Current opportunities: Co-Ordinator of the Alliance of Age Sector NGOs	Elderly 60 years and above)	International	Empowering elderly	Nil
9	Meha Savla	Vaastav Foundation Place- Mulund East, Mumbai	Works for preserving and protecting Men's Human Rights.	Men (Age not specified)	Indian	Divorce, Parents and Children	-
		Daaman Welfare Society Trust Place:-Civil Lines, Kanpur	Works for men who are victims of gender biases.	Men (Age not specified)	Indian	Abused men and families	-
		Hridaya - Nest of Family Harmony	Men's rights organization	Men (Age not specified)	Indian	Men and their families	-

	Place- Kolkata					
	Save Indian Family Foundation  Place- Bangalore	Men's right, gender equality and family harmony	Men (Age not specified)	Indian	Abused men on the basis of gender biases	-
	Cave of Adullam (CATTA)  Place- Detroit, USA	Train boys who are emotionally distressed, mentally discontented and spiritually in debt.	Boys and Young men (6 to 14 years enroll)	Internation al	Emotionally distress youths	-
	Yuva Unstoppable  Place- Ashram Road, Ahmedabad	Works for underprivileged children and youth in the education sector	Youth (Ages from 10 and above)	Indian	Underprivileg ed children	-
	Leher  Place- Defence Colony, New Delhi	Child rights organization	Adolescen ts (Till the age of 18)	Indian	Underprivileg ed children	-
	Karunalaya  Place- Koli Street, Tamil Nadu	Works for protection and development of street and working children	Adolescen ts (Age not specified)	Indian	Street Children and working children	-
	Youth for United & Vibrant Arunachal (YUVA)	Works to develop comprehensive resources for the youth	Youth (Ages between 15 to 35)	Indian	Youth	-

		Place- Papum Pare District, Arunachal Pradesh					
		International Lesbian, Gay, Bisexual, Transgender , Queer & Intersex Youth and Student Organisation (IGLYO)  Place- Belgium	Empowering, connecting and advocating LGBTQI youth	Youth (Ages between 18 - 30)	Internation al	LGBTQI Youth	-
10	Aisha Humaira Sayed	Meer Foundation  Place- Santacruz West, Mumbai	Support for acid attack survivors provided daily food requirements to over 5500 families for at least a month in Mumbai.	Women (Age not specified)	Indian	All women and Low socio economic groups	-
		Alpha Healing Centre  Place- Vadodara, Gujarat.	Offer advanced evidence-based treatments and holistic healing to create a unique recovery experience for individuals struggling with alcohol, drug, or any other addictions.	Women (Not specified)	Indian	All women, men	-
		International Foundation for Crime	To create and extend support services for women and queer	Women (Age not specified)	Indian	All women	-

		Prevention and Victim Care (PCVC)  Place- Chennai, Tamil Nadu	individuals affected by domestic and interpersonal violence.				
		Give India  Place- Bengaluru, Karnataka.	To strengthen the "giving culture" in India by providing people with opportunities to contribute to good causes, with very high standards of transparency and accountability.	Women (Age not specified)	Indian	All women, Low socio economic group.	-
		Bill and Melinda Gates Foundation  Place- Munirka, New Delhi.	To bring about the kinds of changes that will help people live healthier and more productive lives, we seek to understand the world's inequities.	Women (Age not specified)	International	All low socio-economic group and women	-
		VridhCare  Place- Pitampura, Delhi.	Work during covid – Provided food , companionship, rehabilitation, gave livelihood support to elderly.	Elderly (not specified)	Indian	All elderly	-
		Jyestha Care  Place- Thane West, Maharashtra	Providing a team of trained personnel under the guidance of a geriatrician and medical professionals having combined clinical	Elderly (not specified)	Indian	All elderly	-

			experience and patient care management of more than 2 decades.				
		Swarg Community Care  Place- Vadodara, Gujarat.	People can stay and have facilities like Nursing, Medical, Physiotherapy, Psychotherapy, Hygienic Food & Water, Recreational activities, In-door & Out-door Games, Immediate Transportation Facilities, 24/7 On-call Doctoral Facilities, YOGA, Motivational Activities and many more.	Elderly (not specified)	Indian	All elderly	-
		Porosh Home Care For Elderly  Place- Joka, Kolkata	provide home assistance to the senior citizens concerning medical and non-medical issues	Elderly (Not specified)	Indian	All elderly	-
		Dementia Singapore  Place- BS Bendemeer Centre, Singapore	As Singapore's leading Social Service Agency (SSA) in specialised dementia care, Dementia Singapore aims to advocate for the needs of people living with dementia and their families; empower the community through capability-building,	Elderly (not specified)	International	All elderly and dementia patients.	-

			knowledge and consultancy; and deliver quality, person-centred care innovations				
11	Fidela Felicia Varel	AIF - American India Foundation	Empower, financial support, like skills training, mental health help, crisis management, counselling	Men and women of 18 +years	Indian	Men and women	-
		Place- New York, California, & New Delhi					
		Give India	Empower, financial support, like skills training, mental health help, crisis management, counselling	Women and children of all age groups	Indian	All women who need help	-
		Place- Andheri, Mumbai					
		Sanctum Wellness	Empower, financial support, like skills training, mental health help, counselling	Men 18 years +	Indian	Education support to men	-
Place- New Delhi							
Mens Rights	Fights for men dealing with gender bias , rape, abuse	Men from 18years+	Indian	Men	-		
Place- Daman							
Canadian center for men and families	Counselling,Legal Clinic ,Fathering After Separation or Divorce , Support for Male Victims of Domestic Violence and Abuse ,Survivors of False	Male victims of all age groups	International	Men	-		
Place - Canada							

			Allegations Group , Peer Support groups ,Men's Issues Reading and Discussion groups ,Employment and Career Advice				
		Maharashtra Utkarsh Global Foundation  Place- Mulund & Ambernath	Empower, financial support, like skills training, mental health help, crisis management, counselling	Women of all age groups (15 years +)	Indian	Women at the center	-
		Goenchi Nari Shakti Place- Goa	Counselling , life skills	Women of all age groups	Indian	Women	-
		Being A Woman Place- Delhi	Counselling , social justice	Women from 18 years +	Indian	Women	-
		Muse Foundation Place- Thane	Social Justice	Women and men of all age groups	Indian	Everyone that needs help	-

**VISITS PLANNED EXECUTED AND ACCOMPLISHED (ONLINE AND OFFLINE)**

<b>Sr. No.</b>	<b>Name of the student who had organized the visits</b>	<b>Organization name, Place and Date</b>	<b>Type of activity</b>	<b>Target group</b>	<b>Beneficiaries</b>	<b>Cost incurred</b>
1	<b>Shreya Anchan</b>	<b>Stree Mukti Sanghatana</b> <b>Place:</b> Prabhadevi, Mumbai <b>Date:</b> 22nd April 2022	Family counseling, Day care, Jidnyasa and Parisar vikas	All age groups and gender	<i>Shreya Anchan</i> Riya Author Meha Savla Jinagna Gondalia Shaheen Khan Sakina Peer Fidela Varel Sherin Elsa Samuel Aisha Sayed Nausheen Merchant	<i>Ticket cost- Rs. 25</i> <i>Taxi cost- Rs. 25</i> Total cost- Rs. 50
2	<b>Riya Author</b>	<b>The Society for the Rehabilitation of Crippled Children</b> <b>Place:</b> 1A Haji Ali Park, K. Khadye Marg, Mahalaxmi Mumbai -400034 <b>Date:</b> 30th April, 2022	Vision Therapy Behavioral Therapy Audio Therapy Prosthetics and orthotics Occupational Therapy Speech Therapy Physiotherapy Sp. Educational Dept. Psychological Assessment	Special Children	<i>Riya Author</i> Shreya Anchan Meha Savla Jignagna Gondalia Shaheen Khan Fidela Varel Sherin Samuel Nausheen Merchant Sakina Peer	Total cost- Rs. 50



			Remedial Education Therapy			
3	<b>Jinagn a Gondalia</b>	<b>Snehalaya Charitable Trust</b> <b>Place:</b> Thane <b>Date:</b> 6th May, 2022	Creative and constructive creativities to enhance the life skills of intellectually challenged children	Intellectual children above 13+	<i>Jinagna Gondalia</i> Shreya Anchan Riya Author Shaheen Khan Meha Savla Fidela Varel	<i>Ticket cost- Rs. 110</i> <i>Auto- Rs. 160</i> Total- Rs. 270
4	<b>Aishwarya Jagtap</b>	<i>No Visit Organized</i>				
5	<b>Shaheen Khan</b>	<b>Rubaroo Breaking the Silence Foundation</b> <b>Place:</b> 218 Prem Baug 1st Floor/Room, No.6, Sir Bhalchandra Rd, Matunga Central Railway Workshop, Mumbai, Maharashtra 400019 <b>Date:</b> 5th May, 2022	It aims to break the silence surrounding the issue of Child Sexual Abuse and confront the issue "face-to-face".	Children	<i>Shaheen Khan</i> Nausheen Merchant Sherin Elsa Samuel Meha Savla Jinagna Gondalia Riya Author Sakina Peer Shreya Anchan	<i>Ticket cost- 20 Rs per person</i> Total cost- Rs. 120
6	<b>Nausheen Merchant</b>	<b>Ummeed Child Developmental Centre</b> <b>Place:</b> 1-B,1/62, Mantri Pride Building, N.M.Joshi Marg, Near Arthur Road Junction, Subash	Counselling centre for differently abled children and adolescents.	Children and adolescents All age groups	<i>Nausheen Merchant</i> Fidela Varel Sherin Elsa Samuel Shaheen Khan Jinagna Gondalia	Total cost- Rs. 100

		Nagar, Lower Parel East, Mumbai, Maharashtra 400011 <b>Date:</b> 11th May, 2022			Shreya Anchan Riya Author Meha Savla Sakina Peer	
7	<b>Sakina Peer</b>	<b>Praja Foundation</b> <b>Place:-</b> 2nd Floor, Shriram Industrial Estate, B18, 13, GD Ambekar Marg, Wadala, Mumbai, Maharashtra 400031 <b>Date:</b> 14th May, 2022	Praja is a non-partisan organization working towards enabling accountable governance since 1997. Praja envisions improving the quality of life for all through simplifying people's lives, creating tools for better governance and making democracy work.	All age groups and gender	<i>Sakina Peer</i> Shreya Anchan Jinagna Gondalia Meha Savla Shaheen Khan Riya Author	Total cost: Rs. 100
8	<b>Sherin Elsa Samuel</b>	<b>Citizens Association for Child Rights</b> <b>Place:</b> Nahar & Seth Industrial Estate, Chaklala, Andheri East, Mumbai, Maharashtra 400053 <b>Date:</b> 29 <sup>th</sup> April, 2022	Personal hygiene programs Menstrual hygiene programs Flush the virus programs Awareness campaigns Vaccination campaigns	Underprivileged/rural community children	<i>Sherin Elsa Samuel</i> Riya Author Meha Savla Jinagna Gondalia Shaheen Khan Sakina Peer Fidela Varel	Total cost - 100
9	<b>Meha Savla</b>	<b>Dharma Bharathi Mission</b>	Works to educate,	Youth ages from	<i>Meha Savla</i>	-

		<b>Place:</b> Khar Road Station (West) <b>Date:</b> 22nd April, 2022	empower, and employ the youth of economically backward classes. Two programs running in Khar are Vocational training program and UDAAN Community Learning Centre	15 and above (economically backward classes)	Jinagna Gondalia Shreya Anchan Riya Author Shaheen Khan Sakina Peer Nausheen Merchant Sherin Elsa Samuel Aisha Sayed Fidela Varel	
10	<b>Aisha Humaira Sayed</b>	<i>No Visit Organized</i>				
11	<b>Fidela Felicia Varel</b>	<b>Utkarsh Global Foundation</b> <b>Place:</b> Mulund West <b>Date:</b> 20th May, 2022	Life skills Counseling Fashion designing Empowerment	Women from 18 years +	<i>Fidela Varel</i> Meha Salva Riya Author Sakina Peer Nausheen Merchant	<i>Ticket cost- Rs. 120</i> <i>Auto fare- Rs. 60</i> Total cost- Rs. 180

## 10. Participation of Students in Seminars/Conferences/Online Courses/Workshops

### Online Courses Completed by MSc Students (under the guidance of Dr. Anuradha J. Bakshi):

Sr. No.	Name of Course/ Programme	Organized by Conducted by	Completion Date	Participating Students
1.	Psychological First Aid	Coursera John Hopkins University	June 5, 2021	Binal Dedhiya Fallyn Pereira
2.	Foundations of Mindfulness	Coursera Rice University	June 11, 2021	Fallyn Pereira
3.	The Arts and Science of Relationships: Understanding Human Needs	Coursera University of Toronto	June 14, 2021	Binal Dedhiya
4.	Teach English Now! Theories of Second Language Acquisition	Coursera Arizona State University	June 2, 2021	Huda Khan
5.	Healing with the Arts	Coursera University of Florida	July 2, 2021	Huda Khan

### Seminars/Workshops/Conferences Organised &/or Attended by Students of the Department

The Counselling Workshops, a Music and Movement Workshop, and the Disability Awareness and Sensitivity Building Programmes organised for students and mentioned earlier in the report are not listed here again.

SEMINARS, WORKSHOPS AND CONFERENCES CONDUCTED/ORGANIZED							
Sr. No.	National / International/ State / Local	Name of the Seminars/ Conferences /Workshops	Name of the students	Theme of the conference	Orgd. By	Role In Organizing	Place & Date
1	Local (College)	CPAECE Workshops	Hazra Shirva 2. Hetvi Doshi 3. Jyotsna Domal	Music and Movement (online)	Dr. Kamini Rege	Presenters in workshop	Nirmala Niketan & 15/02/22

			4. Michelle D'souza				
2	Local (College)	CPAECE Workshops	1. Tanvi Mestry 2. Maruska Fernandes 3. Fauziya khatri	Assessment	Dr. Kamini Rege	Conducting Activities	
3	Local (College)	CPAECE Workshops	1. Insiya Soni 2. Zainab Nullwala 3. Ayesha Tole 4. Aqsa Siddiqui	Language Development	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 05/03/22
4	Local (College)	CPAECE Workshops	1. Kanishka Shah 2. Iqra Sarang	Art & Craft	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 07/03/22
5	Local (College)	CPAECE Workshops	1. Jennifer James 2. Jayani Gala 3. Ayushi Parekh 4. Angela Monterio 5. Mohddasa Ajani 6. Rutuja Gawade	Science Activities	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 08/03/22
6	Local (College)	CPAECE Workshops	1. Mahima Shukla 2. Vidya Tardekar	Social Studies and Special Considerations	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 08/03/22 & 09/03/22

			3. Rochelle Fernandes				
7	Local (College)	CPAECE Workshops	Dr. Kamini Rege	Music and Movement (Offline)	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 01/04/22
8	Local (College)	CPAECE Workshops	Sarah Surti 2. Ishika Jain	Reading, Writing & Arithmetic	Dr. Kamini Rege	Conducting Activities	Nirmala Niketan & 01/04/22

**Alternative Therapies Workshops MSc2 Students Organized and Participated in, under the Guidance of Dr. Anuradha J. Bakshi**

<b>Sr. No.</b>	<b>Title of the Alternative Therapy</b>	<b>Conducted By/ Resource Person</b>	<b>Date</b>	<b>Mode</b>
1	Colour Therapy	MSc2 Student Ms. Naqiya Jamali	18th February, 2022	Offline
2	Yoga: For Mind, Body and Soul	Expert Ms. Pranjali Padghan	25th February, 2022	Offline
3	Number Therapy	MSc2 Student Ms. Binal Dedhiya	4th March 2022	Offline
4	Cupping Therapy	Expert Ms. Afeefa Khan	11th March 2022	Offline
5	Mindset Management through Journaling and Meditation	Expert Ms. Prachi Bhansali	25th March 2022	Online
6	Emotion Focused Therapy	Expert Dr. Shefali Batra	1st April 2022	Online

(Other sessions were organized in June 2022 and are reported in the Annual Report of 2022-2023.)

**Papers Presented by Students at Seminars/Conferences/Workshops: NATIONAL LEVEL**

**Guide: Dr. Anuradha J. Bakshi**

<b>Sr No</b>	<b>Names of the authors</b>	<b>Title of the Paper</b>	<b>Name &amp; Theme of the Conference/ Seminar</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>
1.	<p><u>TY BSc Students:</u> Ms. Jinagna Gondolia (Student Leader) &amp; Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Extent of Multilingualism in Youths and Comparison with their Parents and Grandparents	<p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p> <p>Level: UG Category: Arts &amp; Humanities</p>	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC
2.	<p><u>TY BSc Students:</u> Ms. Isha Dhakan (Student Leader) &amp; Ms. Batul Kapadia, Ms. Fariyal Siddique, Ms. Nabeeha Moiz, Ms. Muskaan Kavdiya</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	College in the Times of COVID-19: UG Students' Experiences, SWOCC Analysis, Psychological Distress, and Adaptability	<p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p> <p>Level: UG Category: Arts &amp; Humanities</p>	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC
3.	<p><u>TY BSc Students:</u> Ms. Nidhi Shetty (Student Leader) &amp; Ms. Bhakti Mazani, Ms. Devanshi Gandhi, Ms. Hurin Chawre, Ms.</p>	Gratitude and Wellbeing: A Study during COVID-19 Pandemic	<p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p> <p>Level: UG</p>	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC

	Muskaan Kavdiya  <u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi		Category: Arts & Humanities			
4.	<u>MSc Students:</u> Ms. Kreena B. Gala (Student Leader) & Ms. Mariam Chauhan, Ms. Sapna P. Sharma, Ms. Jamila Sabuwala  <u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi	Sleep Patterns and Behaviors of Youth and their Parents	UGC STRIDE National Level - Virtual Research Paper Presentation Competition  Level: PG Category: Arts & Humanities	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC
5.	<u>MSc Student:</u> Ms. Binal Dedhiya  <u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi	Peer Pressure among Girls: Experience, Susceptibility, Coping, and Self-concept	UGC STRIDE National Level - Virtual Research Paper Presentation Competition  Level: PG Category: Arts & Humanities	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC
6.	<u>MSc Student:</u> Ms. Shafaq Abuzar Ansari  <u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi	Portrayal of Marriage in Bollywood Cinema: A Three-Generation Analysis	UGC STRIDE National Level - Virtual Research Paper Presentation Competition  Level: PG Category: Arts & Humanities	UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNDTWU	Online 10th & 11th of June 2021	UGC



**Guide: Dr. Kamini Rege**

<b>Sr No</b>	<b>Names of the authors</b>	<b>Title of the Paper</b>	<b>Name &amp; Theme of the Conference/ Seminar</b>	<b>Organized by</b>	<b>Place and Date</b>	<b>Sponsoring Agency</b>
1.	<u>T.Y.BSc Students:</u> Ms. Jennifer James & Ms. Tanvi Mestry  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Perimenopausal Stage: Perception of Husbands and Wives	6th National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	Online mode 15/02/22	
2.	<u>T.Y.BSc Students:</u> Ms. Angela Monteiro & Ms. Kanishka Shah  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Covid Warriors Perception About the Elderly	6th National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	Online mode 15/02/22	
3.	<u>T.Y.BSc Student:</u> Ms. Insiya Soni  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Generalized Anxiety Among Teens (13-18years) During COVID-19	6th National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	Online mode 15/02/22	
4.	<u>T.Y.BSc Students:</u> Ms. Michelle	People with disabilities: Attitude of youth (15 to 20 years)	6th National Level Shri Eknath Thakur Student's	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best	Online mode 15/02/22	

	D'souza & Ms. Hetvi Doshi  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	and young adults (21 to 26 years)	Innovation Presentation Competition SETSIPS	College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)		
5.	<u>T.Y.BSc Student:</u> Ms. Zainab Shabbir Nullwala  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Psychological Distress Due to Menstrual Problem Among Youths (15-26)	6 <sup>th</sup> National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	Online mode 15/02/22	
6.	<u>MSc Student:</u> Ms. Fallyn Ann Pereira  <u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Internet Pornography: Awareness Among Youth (13-26 Years)	6 <sup>th</sup> National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS	K.M.S.P.Mandal's Sant Rawool Maharaj Mahavidyalaya; Kudal, Dist. Sindhurg 'Best College Award' (2009-10) University of Mumbai Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	Online mode 15/02/22	

### **INTER-COLLEGIATE/ INSTITUTE/ DEPARTMENT PAPER PRESENTATION BY STUDENTS:**

#### **Papers Presented by Students at Seminars/Conferences: INTERCOLLEGIATE LEVEL**

**On Account of COVID-19, the final round of Avishkar Research Convention of 2020-2021 (namely, the 15<sup>th</sup> Avishkar Research Convention) was organized in June/July 2021. Thereby, the details of these final round student presentations in June/July 2021 are included in the Department Report of 2021-2022.**

**The Avishkar Research Convention of 2021-2022 (namely, the 16<sup>th</sup> Avishkar Research Convention) was organized from February to May 2022 and is also included in this Department Report.**

**Guide: Dr. Anuradha J. Bakshi**

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<p><u>TY BSc Students:</u> Ms. Jinagna Gondalia (Student Leader) &amp; Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Extent of Multilingualism in Youths and Comparison with their Parents and Grandparents	<p>15th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Humanities, Languages and Fine Arts</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Selected for Final Round 12th June 2021</p> <p>Online Presentation 22<sup>nd</sup> June 2021</p>	University of Mumbai
2.	<p><u>MSc Students:</u> Ms. Mariam Chauhan (Student Leader) &amp; Ms. Kreena B. Gala, Ms. Sapna P. Sharma, Ms. Jamila Sabuwala</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Sleep Patterns and Behaviours of Youth and their Parents: Pre-Pandemic Times vs. Current Pandemic Times	<p>15th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Medicine and Pharmacy</p> <p>Level: PG</p>	Department of Students' Development, University of Mumbai	<p>Selected for Final Round 12th June 2021</p> <p>Online Presentation 1st July 2021</p>	University of Mumbai
3.	<p><u>PhD Scholar:</u> Ms. Kinjal Maru</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Teachers' Management of Students' Careers at Secondary and Higher Secondary Levels	<p>15th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Commerce, Management and Law</p>	Department of Students' Development, University of Mumbai	<p>Selected for Final Round 12th June 2021</p> <p>Online Presentation 29<sup>th</sup> June 2021</p>	University of Mumbai

			Level: PPG			
4.	<p><b>TY BSc Students:</b> Ms. Munira Soni (Student Leader) &amp; Ms. Zaara Shaikh Ms. Umaima Saria, Ms. Aakanksha Gupta, Ms. Preeti Wadhwa</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	No School, but what about Play? Parental Perspectives about Children's Play during the Pandemic	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Humanities, Languages and Fine Arts</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p>	University of Mumbai
5.	<p><b>TY BSc Students:</b> Ms. Batul Ghadiali (Student Leader) &amp; Ms. Manjiri Pimpalgaonkar, Ms. Zahara Ratlamwala, Ms. Amena Kazi, Ms. Diyaa Jain</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Coming of Age: Youths' Primary Goals Whilst Transitioning into Adulthood	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Pure Sciences</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p>	University of Mumbai
6.	<p><b>TY BSc Students:</b> Ms. Vanshi Dedhia (Student Leader) &amp; Ms. Pooja Raichana, Ms. Zoya Ansari, Ms. Farheen Shaikh, Ms. Khushi Ganatra</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Challenges and Coping of Children with Disability during the COVID-19 Pandemic	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p> <p>Selected for Final Round 25<sup>th</sup> April 2022</p>	University of Mumbai

7.	<p><u>TY BSc Students:</u> Ms. Vanshi Dedhia (Student Leader) &amp; Ms. Pooja Raichana, Ms. Zoya Ansari, Ms. Farheen Shaikh, Ms. Khushi Ganatra</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Challenges and Coping of Children with Disability during the COVID-19 Pandemic	<p>16th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Presentation 15th May 2022</p>	University of Mumbai
8.	<p><u>TY BSc Students:</u> Ms. Tanisha Kori (Student Leader) &amp; Ms. Dhruvi Hariya, Ms. Insiya Shaikh, Ms. Vaishnavi Lathi, Ms. Drashti Gangar</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Parent-Adolescent Disagreements: Areas, Resolution and Egalitarianism	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Pure Sciences</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p>	University of Mumbai
9.	<p><u>TY BSc Students:</u> Ms. Siddhi Raut (Student Leader) &amp; Ms. Shravya Udaykumar, Ms. Sarah Nagarkar, Ms. Praisya Vullamparti, Ms. Mehwish Shaikh</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Empathy and Its Interrelationships with Mental Health and Positive Psychological Traits	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p> <p>Selected for Final Round 25<sup>th</sup> April 2022</p>	University of Mumbai

10.	<p><u>TY BSc Students:</u> Ms. Siddhi Raut (Student Leader) &amp; Ms. Shravya Udaykumar, Ms. Sarah Nagarkar, Ms. Praisy Vullamparti, Ms. Mehwish Shaikh</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Empathy and Its Interrelationships with Mental Health and Positive Psychological Traits	<p>16th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	Department of Students' Development, University of Mumbai	<p>Online Presentation 15th May 2022</p>	University of Mumbai
11.	<p><u>MSc Students:</u> Ms. Naushin Shaikh (Student Leader) &amp; Ms. Simran Hashmi, Ms. Huda Khan</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Job loss during the Pandemic: Employment-related Outcomes and Relationship to Well-being	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Commerce, Management and Law</p> <p>Level: PG</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p> <p>Selected for Final Round 25<sup>th</sup> April 2022</p>	University of Mumbai
12.	<p><u>MSc Students:</u> Ms. Naushin Shaikh (Student Leader) &amp; Ms. Simran Hashmi, Ms. Huda Khan</p> <p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	Job loss during the Pandemic: Employment-related Outcomes and Relationship to Well-being	<p>16th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Commerce, Management and Law</p> <p>Level: PG</p>	Department of Students' Development, University of Mumbai	Online Presentation 2 <sup>nd</sup> May 2022	University of Mumbai
13.	<p><u>PhD Scholar:</u> Ms. Brenda Fernando</p> <p><u>Guide &amp; Co-Author:</u> Dr.</p>	Career Trajectories of Older Women from Rural and Urban Areas of	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p>	Department of Students' Development, University of Mumbai	<p>Online Submission February 2022</p> <p>Participation</p>	University of Mumbai

	Anuradha J. Bakshi	Maharashtra and Tamil Nadu	Category: Humanities, Languages and Fine Arts  Level: PPG		Certificate 25 <sup>th</sup> April 2022	
14.	<u>PhD Scholar:</u> Ms. Kinjal Maru  <u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi	Students' and Teachers' Perspective on Teachers' Management of Students' Career Development	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round  Category: Humanities, Languages and Fine Arts  Level: PPG	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai

#### Guide: Ms. Payal Maheshwari

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>MSc Students:</u> Ms. Naqiya Jamali (Student Leader) & Ms. Ramim Ghaswala, Ms. Aqsa Shaikh  <u>Guide &amp; Co-Author:</u> Ms. Payal Maheshwari	Parents' perception of stress and their self-efficacy beliefs and its relationship with adolescent psychological well-being during pandemic	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round  Category: Humanities, Languages and Fine Arts  Level: PG	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022  Selected for Final Round 25 <sup>th</sup> April 2022	University of Mumbai
2.	<u>MSc Students:</u> Ms. Naqiya Jamali (Student Leader) & Ms. Ramim Ghaswala, Ms. Aqsa Shaikh	Parents' perception of stress and their self-efficacy beliefs and its relationship with adolescent	16th Avishkar Research Convention: <u>Final Round</u>  Category: Humanities,	Department of Students' Development, University of Mumbai	Online Presentation 2 <sup>nd</sup> May 2022	University of Mumbai

	psychological well-being during pandemic	Languages and Fine Arts			
<u>Guide &amp; Co-Author:</u> Ms. Payal Maheshwari		Level: PG			

**Guide: Dr. Kamini Rege**

Sr No	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>TY BSc Students:</u> Ms. Arya Sankaranarayanan, Ms. Arene Augustine Chalisery, Ms. Deveshree Bhagwatkar, Ms. Mahek Khan, & Ms. Shania Misquitta  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Parental Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12 Years) During Pandemic	15th Avishkar Research Convention: <u>Final Round</u>  Category: Humanities, Languages and Fine Arts  Level: UG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021  Online Presentation 22 <sup>nd</sup> June 2021	University of Mumbai
2.	<u>MSc2 Students:</u> Ms. Anushri Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, & Ms. Mahek Shah  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Trends of Live-In Relationship or Cohabitation: Perception of Married and Never Married Young Adults	15th Avishkar Research Convention: <u>Final Round</u>  Category: Humanities, Languages and Fine Arts  Level: PG	Department of Students' Development, University of Mumbai	Selected for Final Round 12th June 2021  Online Presentation 29th June 2021	University of Mumbai
3.	<u>TY BSc Students:</u> Ms. Ayesha Tole, Ms. Hetvi Doshi, Ms. Michelle D'souza	People With Disabilities: Attitude of Youth (15 To 20 Years) and	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation	University of Mumbai



	& Ms. Vidya Tardekar  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Young Adults (21 To 26 Years)	Category: Pure Sciences  Level: UG		Certificate 25 <sup>th</sup> April 2022	
4.	<u>TY BSc Students:</u> Ms. Zainab S. Nullwala, Ms. Mahima Shukla, Ms. Rochelle Fernandes, Ms. Hazra Shirva, & Ms. Iqra Sarang  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Menstrual Problems and Psychological Distress Among Youth (15-20years) And Young Adults (21-26years)	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round  Category: Medicine and Pharmacy  Level: UG	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai
5.	<u>TY BSc Students:</u> Ms. Jyotsna Domal & Ms. Insiya Soni  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Generalized Anxiety Experienced by Teens (13-18 yr) During COVID-19 Pandemic	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round  Category: Pure Sciences  Level: UG	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai
6.	<u>TY BSc Students:</u> Ms. Tanvi Mestry, Ms. Rutuja Gawde, & Ms. Jennifer James  <u>Guide &amp; Co-Author:</u> Dr. Kamini Rege	Perimenopausal Stage: Perception and Knowledge Among Husbands and Wives	16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round  Category: Humanities, Languages and Fine Arts  Level: UG	Department of Students' Development, University of Mumbai	Online Submission February 2022  Participation Certificate 25 <sup>th</sup> April 2022	University of Mumbai

7.	<p><u>TY BSc Students:</u> Ms. Jayani Gala, Ms. Angela Monteiro, Ms. Ayushi Parekh, Ms. Mohaddasa Ajani, Ms. Kanishka Shah</p> <p><u>Guide &amp; Co-Author:</u> Dr. Kamini Rege</p>	<p>Covid Warriors: Mental Health and Quality of Life of the Elderly During Pandemic</p>	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	<p>Department of Students' Development, University of Mumbai</p>	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p> <p>Selected for Final Round April 2022</p>	<p>University of Mumbai</p>
8.	<p><u>TY BSc Students:</u> Ms. Jayani Gala, Ms. Angela Monteiro, Ms. Ayushi Parekh, Ms. Mohaddasa Ajani, Ms. Kanishka Shah</p> <p><u>Guide &amp; Co-Author:</u> Dr. Kamini Rege</p>	<p>Covid Warriors: Mental Health and Quality of Life of the Elderly During Pandemic</p>	<p>16th Avishkar Research Convention: <u>Final Round</u></p> <p>Category: Medicine and Pharmacy</p> <p>Level: UG</p>	<p>Department of Students' Development, University of Mumbai</p>	<p>Online Presentation 15<sup>th</sup> May 2022</p>	<p>University of Mumbai</p>
9.	<p><u>MSc Students:</u> Ms. Fallyn Pereira (Student Leader) &amp; Ms. Gayatri Sawant, Ms. Binal Dedhiya</p> <p><u>Guide &amp; Co-Author:</u> Dr. Kamini Rege</p>	<p>Knowledge and Awareness Regarding Internet Pornography among Adolescents (13-19 Years) and Youth (20-26 Years)</p>	<p>16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round</p> <p>Category: Humanities, Languages and Fine Arts</p> <p>Level: PG</p>	<p>Department of Students' Development, University of Mumbai</p>	<p>Online Submission February 2022</p> <p>Participation Certificate 25<sup>th</sup> April 2022</p>	<p>University of Mumbai</p>

### Ms. Khyati Sampat

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<p><u>S.Y. B.Sc. students:</u> Ms. Vrushti Nandu, &amp; Ms. Kinjal Shah,</p>	<p>Myths and facts about polycystic ovarian</p>	<p>AARYA – Awareness and Action Research for Youth Awakening</p>	<p>College of Home Science Nirmala Niketan</p>	<p>Online 28-2-2022</p>	

	Ms. Saba Shaikh, Ms. Muskan Sayyed	syndrome (PCOS)	Intercollegiate Interdisciplinary Undergraduate Research Competition			
	<u>Guide &amp; Co- Author:</u> Ms. Khyati Sampat					

### Ms. Brenda Fernando

Sr No.	Names of the authors	Title of the Paper	Name & Theme of the Conference/ Seminar	Organized by	Place and Date	Sponsoring Agency
1.	<u>S.Y. B.Sc.</u> students: Ms. Kusum Harish Parmar, & Ms. Samruddhi Sunil Suralkar, Ms. Sana Ismail Sheikh, Ms. Zikra Syed Joseph Babu  <u>Guide &amp; Co- Author:</u> Ms. Brenda Fernando	Awareness about Ergogenic Aids among Youth (15-24 Years) Residing in Mumbai	AARYA – Awareness and Action Research for Youth Awakening  Intercollegiate Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	Online  28-2-2022	

## 11. PRIZES AND AWARDS RECEIVED BY STUDENTS/ OUTSTANDING ACHIEVEMENTS

**Dr. Anuradha J. Bakshi**

Sr. No.	Name of Student	Level of Student	Achievement	Staff Responsible	Award Received
1.	<p>Ms. Jinagna Gondolia (Student Leader)</p> <p>Co-Authors: Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap</p>	TY BSc	<p><u>Best Paper Award (First Prize)</u> in a National Level Research Paper Presentation</p> <p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p> <p><u>Level:</u> UG <u>Category:</u> Arts &amp; Humanities</p> <p>Online mode 10th &amp; 11th of June 2021</p> <p><u>Title of Paper</u> Extent of Multilingualism in Youths and Comparison with their Parents and Grandparents</p> <p><u>Organiser:</u> UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNTWU</p>	<p><u>Guide &amp; Co-Author:</u> Dr Anuradha J. Bakshi</p>	<p>Awarded 1st position for their research paper</p> <p>Received an Award Certificate &amp; a cash Prize</p>
2.	<p>Ms. Nidhi Shetty (Student Leader)</p> <p>Co-Authors: Ms. Bhakti Mazani, Ms. Devanshi Gandhi, Ms. Hurin Chawre, Ms. Muskaan Kavdiya</p>	TY BSc	<p><u>Best Paper Award (Third Prize)</u> in a National Level Research Paper Presentation</p> <p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p>	<p><u>Guide &amp; Co-Author:</u> Dr Anuradha J. Bakshi</p>	<p>Awarded 3rd position for their research paper</p> <p>Received an Award Certificate</p>

			<p><u>Level:</u> UG <u>Category:</u> Arts &amp; Humanities</p> <p>Online mode 10th &amp; 11th of June 2021</p> <p><u>Title of Paper</u> Gratitude and Wellbeing: A Study during COVID-19 Pandemic</p> <p><u>Organiser:</u> UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNTDWU</p>		& a cash Prize
3.	<p><u>MSc Student:</u> Ms. Shafaq Abuzar Ansari</p>	MSc	<p><u>Best Paper Award (Second Prize)</u> in a National Level Research Paper Presentation</p> <p>UGC STRIDE National Level - Virtual Research Paper Presentation Competition</p> <p><u>Level:</u> PG <u>Category:</u> Arts &amp; Humanities</p> <p>Online mode 10th &amp; 11th of June 2021</p> <p><u>Title of Paper</u> Portrayal of Marriage in Bollywood Cinema: A Three-Generation Analysis</p> <p><u>Organiser:</u> UGC STRIDE Research Capacity Building Centre of Dr. BMN College of Home Science, Mumbai, affiliated to SNTDWU</p>	<p><u>Guide &amp; Co-Author:</u> Dr. Anuradha J. Bakshi</p>	<p>Awarded 2<sup>nd</sup> position for her research paper</p> <p>Received an Award Certificate &amp; a cash Prize</p>

4.	<u>TY BSc Students:</u> Ms. Jinagna Gondalia (Student Leader) & Ms. Shreya Anchan, Ms. Fatema Arsiwala, Ms. Riya Author, Ms. Aishwarya Jagtap	TY BSc	<u>Paper Presentation Award</u> Selected for Final Round 12/06/21  <u>Title of Paper</u> Extent of Multilingualism in Youths and Comparison with their Parents and Grandparents  <u>Level:</u> UG  <u>Category:</u> Humanities, Languages and Fine Arts  <u>Organiser:</u> 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	<u>Guide &amp; Co- Author:</u> Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
5.	<u>MSc Students:</u> Ms. Kreena B. Gala (Student Leader), & Ms. Mariam Chauhan, Ms. Sapna P. Sharma, Ms. Jamila Sabuwala	MSc	<u>Paper Presentation Award</u> Selected for Final Round 12/06/21  <u>Title of Paper</u> Sleep Patterns and Behaviours of Youth and their Parents: Pre-Pandemic Times vs. Current Pandemic Times  <u>Level:</u> PG  <u>Category:</u> Medicine and Pharmacy  <u>Organiser:</u> 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	<u>Guide &amp; Co- Author:</u> Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round

6.	<u>PhD Scholar:</u> Ms. Kinjal Maru	PhD	<u>Paper Presentation Award</u> Selected for Final Round 12/06/21  <u>Title of Paper</u> Teachers' Management of Students' Careers at Secondary and Higher Secondary Levels  <u>Level:</u> PPG  <u>Category:</u> Commerce, Management and Law  <u>Organiser:</u> 15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	<u>Guide &amp;</u> <u>Co-</u> <u>Author:</u> Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
7.	<u>TY BSc Students:</u> Ms. Vanshi Dedhia (Student Leader) & Ms. Pooja Raichana, Ms. Zoya Ansari, Ms. Farheen Shaikh, Ms. Khushi Ganatra	TY BSc	<u>Paper Presentation Award</u> Selected for Final Round 25 <sup>th</sup> April 2022  <u>Title of Paper</u> Challenges and Coping of Children with Disability during the COVID-19 Pandemic  <u>Level:</u> UG  <u>Category:</u> Medicine and Pharmacy  <u>Organiser:</u> 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	<u>Guide &amp;</u> <u>Co-</u> <u>Author:</u> Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round
8.	<u>TY BSc Students:</u> Ms. Siddhi Raut (Student Leader) &	TY BSc	<u>Paper Presentation Award</u> Selected for Final Round 25 <sup>th</sup> April 2022	<u>Guide &amp;</u> <u>Co-</u> <u>Author:</u> Dr.	Merit Certificate &

	Ms. Shravya Udaykumar, Ms. Sarah Nagarkar, Ms. Praisya Vullamparti, Ms. Mehwish Shaikh		<p><u>Title of Paper</u> Empathy and Its Interrelationships with Mental Health and Positive Psychological Traits</p> <p><u>Level:</u> UG</p> <p><u>Category:</u> Medicine and Pharmacy</p> <p><u>Organiser:</u> 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai</p>	Anuradha J. Bakshi	Selected for Final Round
9.	<u>MSc Students:</u> Ms. Naushin Shaikh (Student Leader) & Ms. Simran Hashmi, Ms. Huda Khan	MSc	<p><u>Paper Presentation Award</u> Selected for Final Round 25<sup>th</sup> April 2022</p> <p><u>Title of Paper</u> Job loss during the Pandemic: Employment- related Outcomes and Relationship to Well-being</p> <p><u>Level:</u> PG</p> <p><u>Category:</u> Commerce, Management and Law</p> <p><u>Organiser:</u> 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai</p>	<u>Guide &amp; Co- Author:</u> Dr. Anuradha J. Bakshi	Merit Certificate & Selected for Final Round



10.	<u>MSc Students:</u> Ms. Naushin Shaikh (Student Leader) & Ms. Simran Hashmi, Ms. Huda Khan	MSc	<u>Paper Presentation Award</u> (Consolation Prize) Online Presentation 02/05/22  <u>Title of Paper</u> Job loss during the Pandemic: Employment- related Outcomes and Relationship to Well-being  <u>Level:</u> PG  <u>Category:</u> Commerce, Management and Law  <u>Organiser:</u> 16th Avishkar Research Convention: <u>Final</u> Round, University of Mumbai	<u>Guide &amp;</u> <u>Co-</u> <u>Author:</u> Dr. Anuradha J. Bakshi	Consolation Rank
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#### Ms. Payal Maheshwari

Sr. No.	Name of Student	Level of Student	Achievement	Staff Responsible	Award Received
1.	<u>MSc Students:</u> Ms. Naqiya Jamali (Student Leader) & Ms. Ramim Ghaswala, Ms. Aqsa Shaikh	MSc	<u>Paper Presentation Award</u> Selected for Final Round 25 <sup>th</sup> April 2022  <u>Title of Paper</u> Parents' perception of stress and their self-efficacy beliefs and its relationship with adolescent psychological well-being during pandemic  <u>Level:</u> PG  <u>Category:</u> Humanities, Languages and Fine Arts  <u>Organiser:</u> 16th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai	<u>Guide &amp;</u> <u>Co-Author:</u> Ms. Payal Maheshwari	Merit Certificate & Selected for Final Round

**Dr. Kamini Rege**

<b>Sr. No.</b>	<b>Name of Student</b>	<b>Level of Student</b>	<b>Achievement</b>	<b>Staff Responsible</b>	<b>Award Received</b>
1.	<p><u>TY BSc Students:</u>            Ms. Arya Sankaranarayanan,            Ms. Arene Augustine Chalissery, Ms. Deveshree Bhagwatkar, Ms. Mahek Khan, &amp; Ms. Shania Misquitta</p>	TYBSc	<p><u>Paper Presentation Award</u>            Selected for Final Round 12/06/21</p> <p><u>Title of Paper</u>            Parental Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12 Years) During Pandemic</p> <p><u>Level:</u> UG</p> <p><u>Category:</u> Humanities, Languages and Fine Arts</p> <p><u>Organiser:</u>            15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai</p>	<p><u>Guide &amp; Co-Author:</u> Dr Kamini Rege</p>	<p>Merit Certificate &amp; Selected for Final Round</p>
2.	<p><u>MSc2 Students:</u> Ms. Anushri Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, &amp; Ms. Mahek Shah</p>	MSc	<p><u>Paper Presentation Award</u>            Selected for Final Round 12/06/21</p> <p><u>Title of Paper</u>            Trends of Live-In Relationship or Cohabitation: Perception of Married and Never Married Young Adults</p> <p><u>Level:</u> PG</p> <p><u>Category:</u> Humanities, Languages and Fine Arts</p> <p><u>Organiser:</u></p>	<p><u>Guide &amp; Co-Author:</u> Dr Kamini Rege</p>	<p>Merit Certificate &amp; Selected for Final Round</p>

			15th Avishkar Research Convention: Inter-Collegiate / Institute/ Department Zonal Round, University of Mumbai		
3.	<u>TY BSc Students:</u> Ms. Arya Sankaranarayanan, Ms. Arene Augustine Chalissery, Ms. Deveshree Bhagwatkar, Ms. Mahek Khan, & Ms. Shania Misquitta	TYBSc	<u>Paper Presentation Award (Second Prize)</u> Final Round Presentation 22/06/21  <u>Title of Paper</u> Parental Practicing ARCH Model for Enhancing Psychological Well-Being Among Children (6-12 Years) During Pandemic  <u>Level:</u> UG  <u>Category:</u> Humanities, Languages and Fine Arts  <u>Organiser:</u> 15th Avishkar Research Convention: <u>Final Round</u> , University of Mumbai	<u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Second Rank
4.	<u>MSc2 Students:</u> Ms. Anushri Soni, Ms. Sahar Abuji, Ms. Shafaq Ansari, & Ms. Mahek Shah	MSc	<u>Paper Presentation Award (First Prize)</u> Final Round Presentation 29/06/21  <u>Title of Paper</u> Trends of Live-In Relationship or Cohabitation: Perception of Married and Never Married Young Adults  <u>Level:</u> PG  <u>Category:</u> Humanities, Languages and Fine Arts	<u>Guide &amp; Co-Author:</u> Dr Kamini Rege	First Rank

			<u>Organiser:</u> 15th Avishkar Research Convention: <u>Final Round</u> , University of Mumbai		
5.	<u>MSc Student:</u> Ms. Fallyn Ann Pereira	MSc II	<u>Best Paper Award (First Prize)</u> in a National Level Research Paper Presentation Online mode 15/02/22  <u>Title of Paper</u> Internet Pornography: Awareness among Youth (13-26 Years)  <u>Organiser:</u> 6th National Level Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS K.M.S.P. Mandal's Sant Rawool Maharaj Mahavidyalaya Kudal, Dist. Sindhudurg 'Best College Award' (2009-10) University of Mumbai [ Re-accredited- 'B+' Grade by NAAC CGPA (2.59)	<u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Ranked 1 <sup>st</sup> in Research  Received a Merit Certificate & a cash Prize of Rs 1000/-
6.	Ms. Zainab Shabbir Nullwala	T.Y. BSc	<u>Best Paper Award (Second Prize)</u> in a National Level Research Paper Presentation Online mode 15/02/22  <u>Title of Paper</u> Psychological Distress Due to Menstrual Problem among Youths (15-26 years)  <u>Organiser:</u> 6th National Level	<u>Guide &amp; Co-Author:</u> Dr Kamini Rege	Ranked 2 <sup>nd</sup> in Research  Received a Merit Certificate & a cash Prize of Rs 800/-

			<p>Shri Eknath Thakur Student's Innovation Presentation Competition SETSIPS K.M.S.P. Mandal's Sant Rawool Maharaj Mahavidyalaya Kudal, Dist. Sindhudurg 'Best College Award' (2009-10) University of Mumbai [ Re-accredited- 'B+' Grade by NAAC CGPA (2.59)</p>		
7.	<p>Ms. Jayani Gala, Ms. Angela Monteiro, Ms. Ayushi Parekh, Ms. Mohaddasa Ajani, Ms. Kanishka Shah</p>	T.Y.BSc	<p><u>Paper Presentation Award</u> Selected for Final Round 25<sup>th</sup> April 2022</p> <p><u>Title of Paper</u> Covid Warriors: Mental Health and Quality of Life of the Elderly During Pandemic</p> <p><u>Organiser:</u> 16th Avishkar Research Convention: Inter- Collegiate / Institute/ Department Zonal Round</p>	<p><u>Guide &amp; Co- Author:</u> Dr Kamini Rege</p>	<p>Merit Certificate &amp; Selected for Final Round</p>

## 12. Research Topics of HD Students

**MSC PART 2 (2021-2022 academic year; examinations conducted later on account of COVID-19)**

Topic	Students	Guide
Successful Aging among Women in Mumbai, India	Naqiya Jamali	Dr. Anuradha J. Bakshi
Challenges and Coping of Older Youth (18-29) with Disability during the Pandemic: Perspectives of Parents and Special Educators	Huda Khan	
Mental Health and Self-Esteem Correlates of Fertility Pressure among Urban Educated Women (30 – 40 Years)	Fallyn Pereira	
Relationship Between Marital Satisfaction and Emotional Support of Middle-Aged Couples During and Before the Pandemic.	Ramim Ghaswala	Ms. Rhonda Divecha
Mental Health Problems and Online Help-Seeking Behaviour of Youth during the Pandemic.	Simran Hashmi	
Challenges faced by college going adolescent in online learning, their level of resilience and subjective well-being during COVID-19 pandemic.	Gayatri Sawant	Ms Payal Maheshwari
Perception of school going adolescents (5 <sup>th</sup> – 8 <sup>th</sup> grade) and their mothers about challenges faced in offline academic learning post pandemic. (in progress)	Aqsa Sheikh	
Online Teaching and Learning in Higher Education: Perception of Students (18-25 Years) and Teachers	Binal Dedhia	Dr. Kamini Rege
Mental Wellbeing- Stress Management, Managing Isolation of Elderly (60 Years And Above) During Covid Pandemic: Perception of Primary Caregiver (30-50 Years)	Nidhi Khimavat	
Counsellors' practice of mindful self-care: It's importance and connection with their job satisfaction and counselling related stress	Naushin Shaikh	Ms Khyati Sampat

**MSc1 (2021-2022 academic year; examinations conducted in June 2022 on account of COVID-19)**

<b>Topic</b>	<b>Students</b>	<b>Guide</b>
Challenges and Opportunities in Online Therapy: Perspectives of Counsellors and Beneficiaries	Jinagna Gondalia, Shreya Anchan, Shaheen Khan, Sakina Peer	Dr. Anuradha J. Bakshi
Perception of teachers on readiness of schools for inclusive education	Meha Savla Riya Author	Ms Payal Maheshwari
Perception and Coping Strategies of Primary Caregiver in Dealing with Elderly (70 years and Above) Experiencing Cognitive Decline	Aisha Sayed Nausheen Merchant Fidela Varel Sherin Samuel	Dr. Kamini Rege

**TYBSC**

<b>Topic</b>	<b>Students</b>	<b>Guide</b>
Children's Play during the Pandemic: Parental Role & Perspectives/ Extent and Type of Parental Support for Children's Play during the Pandemic	Munira Soni, Zaara Shaikh, Umaima Saria, Aakanksha Gupta, & Preeti Wadhwa	Dr. Anuradha J. Bakshi
Coming of Age: Youths' Primary Goals whilst Transitioning into Adulthood	Batul Ghadiali, Manjiri Pimpalgaonkar, Zahara Ratlamwala, Amena Kazi, & Diyaa Jain	
Challenges and Coping of Children with Disability during the Pandemic: Perspectives of Parents & Special Educators	Vanshi Dedhia, Pooja Raichana, Zoya Ansari, Farheen Shaikh, & Khushi Ganatra	
What do Adolescents and Parents disagree about? Perspectives of Adolescents & Parents	Dhruvi Hariya, Insiya Shaikh, Tanisha Kori, Vaishnavi Lathi, & Drashti Gangar	
Empathy and Its Correlates among Female vs. Male Adults	Shravya Udaykumar, Sarah Nagarkar, Praisyy Vullamparti, Siddhi Raut, & Mehwish Shaikh	

Generalized Anxiety Disorder in Teens (13-18years) During the Covid-19 Pandemic.	Insiya Soni Aqsa Siddiqui Sarah Surti Ishika Jain Jyotsna Domal	Dr. Kamini Rege
Menstrual Problems and Psychological Distress among Youth (15-20years) and Young Adults (21-26years)	Hazra Shirva Rochelle Fernandes Iqra Sarang Mahima Shukla Zainab Nullwala	
Attitude of Youth (15-20 Years) And Young Adults (21-26 Years) Toward People with Disabilities	D'souza Michelle, Doshi Hetvi, Manasawala Sakina, Tardekar Vidya Tole Ayesha	
Knowledge and Awareness of Husband's (47-58 Years) and Wives (40-55 Years) Regarding Perimenopausal Stage	Fernandes Maruska Gawade Rutuja James Jennifer (Group Leader) Khatri Fauziya Mestry Tanvi	
Perception Of COVID Warriors Regarding Mental Health and Quality of Life of Elderly During Covid-19 Pandemic	Jayani Gala Angela Monteiro Ayushi Parekh Mohaddasa Ajani Kanishka Shah	

### 13. Examples of Job Placements of Students who Graduated from MSc Human Development in 2021-2022

Name of MSc Alumna	Organization(s) in Which Employed	Role/Designation
Binal Dedhiya	Little Pods Organization	Special Educator and Counsellor
Naqiya Jamali	Hasanat School	Class Teacher
Naushin Shaikh	Teach for India Fellowship	Teacher Fellow



## **CONCLUSION SECTION**

### **14. ANY OTHER INFORMATION IN BRIEF:**

- The following psychological tests for the department were purchased in March 2022:
- ✓ Kaufman Assessment Battery for Children -KABC-II NU Complete Kit with Norm Update Supplement
- ✓ Differential Aptitude Tests for Guidance
- ✓ Bender Visual-Motor Gestalt Test (BGT II)

### **15. CHALLENGES FACED AND OVERCOME:**

This year being another special year as many changes happened like moving from online to blended and hybrid to complete offline teaching-learning and evaluation, it had its own challenges which were negotiated smoothly.

Moreover, this was another special year of examinations as the mode was online exams (UG) as well as offline exams (PG). Offline exams had to have a special transitioning format for students, as they were moving from entirely an online mode to total offline mode of examination.

Creative ways were continued to be used to teach Practical subjects, as also Theory subjects. The extension objectives were met in the TY and MSc Practical subjects, using online, blended and hybrid modes. Not only were online activities/workshops delivered successfully to a wide range of beneficiaries, the students this year also got a chance to conduct offline workshops in some centres (e.g., Yuva Parivartan).

Also with COVID-19 still continuing, the PTV for our fourth-cycle reaccreditation had to be completed and finally the dates were decided for the 27<sup>th</sup> and 28<sup>th</sup> of September, and with efforts of all under the leadership of Principal Dr Geeta Ibrahim, the PTV was successfully completed. With God's Grace and our Management's unstinting support, our dedicated commitment to students (through each class and every supplementary enriching activity) and all other stakeholders was acknowledged with an A+ grade. We especially thank all our stakeholders, including current students, alumnae, employers, parents, and colleagues who facilitated our PTV during COVID-19.

### **16. FUTURE PLANS:**

Flexibility, adaptability and compassion whilst helping students cope with the transition to offline teaching-learning. Helping students meet the demands and challenges of academic rigor whilst balancing their personal, family and community life.

Supporting students in these current times academically, personally and holistically.

### **LASTLY**

We express our deep gratitude to Outgoing Principal Dr. Geeta Ibrahim and wish her every success and overall wellbeing in the new phase of her life.

We also express our profound gratitude to God, the Nirmala Niketan Management, our students, alumnae, and colleagues.

**DEPARTMENT OF TEXTILE AND FASHION TECHNOLOGY**

**SEMESTER I & II REPORT**

**ACADEMIC YEAR – 2021-2022**

**(1st June 2021 to 31st May 2022)**

**NAME OF THE DEPARTMENT: - TEXTILE & FASHION TECHNOLOGY**

**NUMBER OF TEACHERS: 08 (2 CHB)**

**NUMBER OF STUDENTS:**

<b>Courses</b>	
<b>T.Y.B.Sc.</b>	<b>31</b>
<b>M.Sc. Part I</b>	<b>10</b>
<b>M.Sc. Part II</b>	<b>10</b>
<b>Ph.D.:</b>	
<b>Dr. Ela Dedhia</b>	<b>02 Submitted Thesis 04 Pursuing 01 RRC Approval pending</b>
<b>Dr. Pratima Goyal</b>	<b>01 RRC Approval completed</b>

<p><b>Dr. Vishaka Karnad</b></p>	<p><b>01 Declared Doctorate Degree Ph.D. Completed</b></p> <p><b>+ 01 RAC Approval Completed</b></p> <p><b>+ 02 RAC Approval Pending</b></p>
<p><b>Dr. Ritu Madhan</b></p>	<p><b>01- RAC Approval Pending</b></p>
<p><b>Value added courses</b></p>	
<p><b>Entrepreneurship in Textile Crafts:</b></p> <p><b>Course Coordinators:- Dr. Pratima Goyal &amp; Dr. Vishaka Karnad</b></p>	<p><b>17 enrolled and completed the course</b></p>
<p><b>Visual Merchandising:</b></p> <p><b>Course Coordinators:- Dr. Pratima Goyal &amp; Dr. Ritu Madhan</b></p>	<p><b>13 enrolled and completed the course</b></p>
<p><b>Diploma Course - CAD, CAM and Computer Technologies in the Textile and Apparel Industry- (Affiliated to University of Mumbai):</b></p> <p><b>Course Coordinators:- Dr. Pratima Goyal, Dr. Neha Mulchandani, Dr. Anjali Srivastava</b></p>	<ul style="list-style-type: none"> <li>● <b>T.Y.B.Sc.: 31+1 (MSc 1-Bilquis Dhrolwala.) enrolled and completed the course</b></li> <li>● <b>M.Sc. 1: CAD Crash Course= 10 enrolled and completed the course</b></li> <li>● <b>M.Sc. 2: CAD Crash Course=10 enrolled and completed the course</b></li> </ul>

**1. PARTICIPATION IN ORIENTATION PROGRAMMES, REFRESHER, COURSES, ETC.**

<b>Sr.No</b>	<b>Programme</b>	<b>Start Date</b>	<b>End Date</b>	<b>Organized by</b>
1.	Dr. Pratima Goyal- Training program on “Ethics And Values In Higher Education” by Maharashtra State Faculty Development Academy (MSFDA) in collaboration with Initiatives of change at Panchgani	14th February 2022	18th February 2022	MSFDA in collaboration with Initiatives of Change at Panchgani
2.	Dr. Pratima Goyal- 7 day national online workshop on collecting literature, manuscript preparation and publishing	21st March 2022	28th March 2022	Department of environmental science and research committee, SIES, Nerul, College of arts Science and commerce, Nerul in association with Lore and ED Research Associates, Kottayam
3	Dr. Pratima Goyal, Dr Vishaka Karnad	Friday, 30th July 2021	Friday, 30th July 2021	CAS Committee along with IQAC under the aegis of RUSA, Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous)

4.	<p><b>Dr. Pratima Goyal, Dr Vishaka Karnad, Dr. Ritu Madhan, Dr. Neha Mulchandani. Ms. Vrinda Udiaver, Anjali Srivastava, Ms. Sanghmitra Navalgund, Ms. Vibhuti Khedekar</b></p> <p><b>FDP on Advanced Concepts of Outcome based Education</b></p>	6th October 2021	6th October 2021	IQAC coordinator(Dr. Pratima Goyal) in collaboration with Inpods Ed-tech
5.	<p><b>Three days Faculty Development Programme “Outcome Based Education and Accreditation Processes”</b></p> <p><b>Dr Vishaka Karnad, Mrs Sanghmitra Sameer Navalgund</b></p>	17.06.2021	19.06.2021	Departments of Computer Science and Engineering of Nehru Institute of Engineering and Technology & Nehru Institute of Technology, Coimbatore, Tamil Nadu, in association with Computer Society of India
6.	<p><b>One Week Faculty Development Programme on ICT Tools for effective Teaching and Learning Online FDP ICT-2022</b></p>	23rd May 2022	to 28th May 2022	Kamla Nehru Mahavidyalaya, Nagpur

	<b>Dr Vishaka Karnad</b>			
	<b>One Week Faculty Development online Two - Week Inter-Disciplinary And Multilingual Refresher Course/Faculty Development Programme on "Research Methodology"</b>  <b>Dr Neha Mulchandani</b>	<b>23 October 2021</b>	<b>06 November, 2021</b>	<b>Teaching Learning Centre, Ramanujan College University of Delhi Ministry Of Education Pandit Madan Mohan Malaviya National Mission On Teachers And Teaching</b>
	<b>One Week Faculty Development online Two Week FDP/ Inter disciplinary refresher course on Advanced Research Methodology"</b>  <b>Dr Neha Mulchandani</b>	<b>22 April 2022</b>	<b>06 May, 2022</b>	<b>Teaching Learning Centre, Ramanujan College University of Delhi Ministry Of Education Pandit Madan Mohan Malaviya National Mission On Teachers And Teaching</b>

**2. NUMBER OF MAJOR AND MINOR RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):**

Sr. No.	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received (Awaiting reimbursement)
1.	Dr. Pratima Goyal & Ms. Mohadessa Dehghani	Development of textile fabrics using additive manufacturing technology	University of Mumbai	1 year Utilization Certificate and Report submitted in 2020  (Permission granted by Univ to continued due to the pandemic till Dec 2021)	Rs. 50,000/- in 2019	2021 (part payment)

2.	Dr, Vishaka Karnad & Ms. Riddhi Bhanushali	Extraction of Natural dyes and Dyeing of Natural Fabrics Using Microwave	University of Mumbai	1 year Utilization Certificate and Report submitted in 2020 (Permission granted by Univ to continued due to the pandemic till Dec 2021)	2019	2021 (part payment received)
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**3. RESEARCH COLLABORATIONS: Dept/Individual (kindly fill in full details with regards to name of student, research project title, nature of linkage/sponsorship & approximate value of the material/chemicals provided)**

Name	Industries	Research Institutes/ Centers	Hospitals /Gyms	Academic Institutes	Government/ NGOs/ Support Groups
Ms. Shraddha Chavan guided by Dr. Pratima Goyal - Value added kitchen textiles with different functional finishes on cotton and linen fabrics	Vrijesh Corporation Limited (for fabric)	Rossari Industries Pvt Ltd (for chemicals)	-	-	-



<p><b>Ms. Vaishali Gala</b> guided by <b>Dr. Pratima Goyal</b> -A study on designing and developing Braille labels for clothing of visually impaired women</p>	-	-	-	-	<p><b>National Association for Blind. The Global Association for the Blind, Udaan Foundation, and Andakshi</b></p>
<p><b>Ms. Sara Dalvi</b> - <b>Design And Development Of Sustainable Products from Upholstery Swatch Cards incorporating Social Entrepreneurship</b></p>	<p><b>Trident Furnishings,</b> sponsorship of sample swatch cards for making of products for the research</p>	-	-	-	-
<p><b>Ms. Fatima Dhariwala</b> - <b>Designing and Development of Rida with Functional Features</b></p>	<p><b>HP Fibres Panipat</b> for (1 mt) <b>Dyneema Fabric</b></p>	-	-	-	-

#### 4. PUBLICATIONS (DETAILS)

##### INTERNATIONAL LEVEL

Books Publication (International)								
Sr	Name of the author name/names,	Year of publication	Title of the book	name of the book,	vol (issue) page nos.,	ISBN	Impact factor/H-index	Any other
1	Dr. Pratima Goyal Co-authored with Mohadev Dehgani	2021	Sustainability in Technical Textile (ICSTT-2021) Bannari Amman Institute of technology	Sustainable Textile Production Using Additive Manufacturing Technology	Page 181	ISBN 978-81-955592-0-6		

2	Dr. Vishaka Karnad, Mrs Vrinda Udiaver	May 2022	Digital Manufacturing Technology for Sustainable Anthropometric Apparel, Editor: Norsaadah Zakaria	Social Manufacturing in the Fashion Industry to generate Sustainable Fashion Value Creation' 1st Edition - May 13, 2022 Editor: Norsaadah Zakaria, eBook ISBN: 9780128241783, Paperback ISBN: 9780128239598. <a href="#">View series: The Textile Institute Book Series</a>	Chapter 3 1st Edition - May 13, 2022	eBook ISBN: 9780128241783, Paperback ISBN: 9780128239598.	<a href="#">View series: The Textile Institute Book Series</a>	May 2022

Books Paper Publications in Conference Proceedings (International)
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	Name of the author name/n ame	year of public ation	title of the paper/c hapter	name of the journal/ book	vol (issue) , page nos.,	ISB N	imp act facto r/H- inde x	Any other
1								

<p><b>Dr. Vishaka Karnad and Ms. Neha Mulchandani, Ms. Jinanshi Shah, Ms. Hardi Desai and Ms. Arva Mandviwala</b></p>	<p><b>Theme: Sustainable Fashion Paper titled Smart kids apparel : the pandemic fashion trend</b></p>	<p><b>Proceedings of the International Conference On SUSTAINABILITY IN FASHION DESIGN AND MANUFACTURING (SIFDM) – 2021</b></p>	<p><b>pp. 83-93</b></p>	<p><b>eBook ISBN: 978-93-5574-045-8</b></p>	<p><b>Editors: Dr. R. Rathinamoorthy, Dr. P. Kandhavadi, Dr. V. Parthasarathi, Dr. R. Surjit,</b>  <b>Department of Fashion Technology, PSG College of Technology</b>   <b>Coimbatore-641004, India,</b>  <b>First Published in October 2021,</b>  <b>Published by Walnut Publication (an imprint of Vyusta Ventures LLP)</b>   <a href="http://www.walnutpublication.com">www.walnutpublication.com</a>, USA  <b>6834 Cantrell Road #2096, Little Rock, AR 72207, USA</b>   <b>India, #722, Esplanade One, Rasulgarh, Bhubaneswar – 751010, India, #55 S/F, Panchkuian Marg, Connaught Place, New Delhi - 110001, India, UK,</b></p>
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1	Ms. Fatima Hagalwadi, Dr. Pratima Goyal, Mrs. Vrinda Udiaver	July - September, 2021	International Journal of Education, Modern Management, Applied Science & Social Science (IJEMM ASSS) 145	Wardrobe Swapping: The Future Of Sustainable Fashion Trends	Volume 03, No. 03(I), July - September, 2021, pp.145-151	ISSN : 2581-9925,	Impact Factor: 6.340	
2	Mrs. Vrinda Udiaver, Janvi Chheda, Mrunmayee Dalvi, Bushra Gandhi, Riya Gandhi, Shreya Mistry	2022	Journal of Emerging Technologies and Innovative Research	Impact of Covid-19 on Online Schooling in Children with Trisomy -21: Perspectives of Parents and Teachers	April 2022, Volume 9, Issue 4 pp 155-158	(ISSN : 2349-5162)	Factor 7.95	

	Ms. Sanghmitra Navalgud, Sarah Hegde, Lakshmi Karthik, Binal Dedhia, Batul Bharmal	2022	International Journal of Creative Research Thoughts	Study of Consciousness Against Workplace Harassment in India	Volume 10, Issue 4 April 2022	ISSN: 2320-2882	7.97	
	Neha Mulchandani, Vishaka Karnad	2021	Research Journal of Textile and Apparel	Application of zinc oxide nanoparticles using polymeric binders on cotton fabric		ISSN: 1560-6074	7.9771	1.2220
5	Drashti Doshi, Pratima Goyal, Neha Mulchandani	July - September, 2021	International Journal of Education, Modern Management, Applied Science & Social Science (IJEMM ASSS) Volume 03, No. 03(I), July -	Inequalities in global fashion industry	Pp 139-144, Volume 03, No. 03(I)	ISSN : 2581-9925	Impact Factor: 6.340	



			September, 2021, pp.139-144					
	Mohaddesa Dehghani & Dr. Pratima Goyal	2022	ECS The Electrochemical Society	Design Development of Textile Fabrics using 3D Printing Technology	Pp 19313-19323, Volume 107 (1)	ISSN 19313 - 19323		
6	Dr. Ritu Madhan, Ms. Sara Dalvi	2021	Journal of Emerging Technologies and Innovative Research	Design And Development Of Sustainable Products Using Upholstery	Vol. 9, Issue 6, June 2022	ISSN: 2349-5162, UGC Care No. 63975	Impact Factor 7.95	

				Swatch Cards”				
7	Dr. Ritu Madhan, Ms. Saloni Maniar	2021	International Journal of Creative Thoughts,	“Application Of Self-Cleaning Finish On Upholstery Fabrics”	Vol 10 Issue 4 April 2022	ISSN: 2320-2882, UGC Care No. 49023	Impact Factor 7.97	
8	Dr. Vishaka Karnad (Co-authored with Ms. Shivani Jaju)	2022	International Research Fellows Association’s Research Journey International E-Research Journal Peer Reviewed &	Natural Dyeing on Cotton and Cotton Khadi with Varieties of Tea leaves (Camelia Sinesis) using Natural Mordants	Issue - 292 (C)	E-ISSN: 2348-7143 pp.75-88	Impact Factor 6.625 Book of Papers One-Day International Multidisciplinary Conference organized by Janta College, Bakewar, Etawah, U.P. Affiliated to C.S.J.M.	SWATIDHAN PUBLICATIONS

			<b>Indexed Journal</b>				<b>University, Kanpur held Online on 30<sup>th</sup> April 2022</b>	
<b>9</b>	<b>Trupti Dhoka &amp; Karnad Vishaka</b>		<b>International Journal of Innovative Research in Technology</b>	<b>Green Solutions with Sustainable Textiles in Horticulture</b>	<b>Vol 7 Issue 12 pp 455-460</b>	<b>ISSN: 2349-6002</b>	<b>7.376 2021</b>	

<p><b>Mrs. Vibhuti Khedekar, Ms. Mansuri Ashiya Jawed,</b></p> <p><b>Ms. Lakkadwala Batul Mohammed Ali, Ms. Khambati Arwa Firoz, Ms. Jadhav Mrunmayi, Ms. Khan Sofia Tayyab Ali</b></p>	<b>April 2022</b>	<b>Slow Fashion- A strategic Approach to Suataina bility</b>	<b>International Journal of Creative Research Thought s – (IJCRT)</b>	<b>International Peer Reviewed and Refereed Journal</b>	<b>Volume 10, Issue 4 April 2022</b> <b>ISSN: 2320-2882</b>	<b>Impact Factor 7.97</b> <b>Year 2013</b>	<b>April 2022</b>
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**Article Publication in magazine/newspaper /Media Coverage or any other**

	Name of the author name/names	Year of publication	Title of the magazine / newspaper	Title of the paper	vol (issue) , page nos.	ISBN	impact factor/H-index	Any other
1								

#### NATIONAL LEVEL

Books Publication Chapter/s								
	Name of the author name/names	Year of publication	Title of the Chapter	Name of the book,	Vol (issue), page nos.	ISBN	Impact factor/H-index	Any other
1	Mohadesa Dehgani & Dr. Pratima Goyal	March 2022	Warli Painting : A timeless tribal art form of Maharashtra	Traditional Tribal Art Of India	Pg 5 -19	ISBN 978-93-94024-67-0		Jayoti Publication, Jayoti Vidyapeeth Womens University Jaipur

<b>Paper Article in Journal Publication</b>								
	<b>Name of the author name/names,</b>	<b>Year of publication</b>	<b>Title of the journal</b>	<b>Title of the paper</b>	<b>Vol (issue) , page nos.,</b>	<b>ISBN/ISSN</b>	<b>impact factor/H-index</b>	<b>Any other</b>

<b>Article Publication in magazine/newspaper Media Coverage or any other</b>								
	<b>Name of the author name/names ,</b>	<b>Year of publication</b>	<b>title of the magazine/newspaper</b>	<b>Title of the paper</b>	<b>vol (issue), page nos.,</b>	<b>ISBN</b>	<b>impact factor/H-index</b>	<b>Any other</b>

**5. SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED, ATTENDED, ORGANIZED/CONDUCTED AND PRESENTED RESEARCH PAPER**

**INTERNATIONAL LEVEL**

**RESEARCH PAPER PRESENTED AT INTERNATIONAL LEVEL**

<b>Sr. No.</b>	<b>Title of Paper</b>	<b>Name of the person / Organization conducted</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>	<b>Any Other</b>
<b>1</b>	<b>Sustainable Textile Production Using Additive Manufacturing Technology</b>	<b>Bannari Amman Institute of technology</b>	<b>Sustainability in Technical Textiles</b>	<b>Bannari Amman Institute of technology</b>	<b>28th December, 2021</b>	<b>-</b>	<b>Paper presented by Dr. Pratima Goyal &amp; Mohadesa Dehgani</b>
<b>2</b>	<b>Empowering Grassroots: Commercial Business Model for Handloom Weaving Sector</b>	<b>Green Fashion India-International conference 2021, MKSSS SOFT</b>	<b>First International Conference on Technologies for Smart Green Connected Society 2021</b>	<b>Green Fashion India-International conference 2021, MKSSS SOFT</b>	<b>25th and 26th November 2021</b>		<b>Paper presented by Dr. Pratima Goyal &amp; Mohadesa Dehgani won second prize in teacher category</b>

3	Rebirth of the Indian six Yards	Green Fashion India-International conference 2021, MKSSS SOFT	First International Conference on Technologies for Smart Green Connected Society 2021	Green Fashion India-International conference 2021, MKSSS SOFT	25th and 26th November 2021		Paper presented by Dr. Pratima Goyal & Sameeksha Patil  won second prize in Student category
4	Application of Self Cleaning Finish on Upholstery Fabrics	3rd International Conference on Empirical and Theoretical Research	Online		28th - 29th January 2022		Ms. Saloni Maniar & Dr. Ritu Madhan
5	Recycling & Upcycling Fashion through 4R's	3rd International Conference on Empirical and Theoretical Research	Online		28th - 29th January 2022		Ms. Shraddha Chavan, Dr. Pratima Goyal & Dr. Ritu Madhan



7	<p><b>Exploration Of Natural Dye Sources Of Kutch And Standardization Of Dyeing Process</b></p>	<p><b>Green Fashion India-International conference 2021, MKSSS SOFT</b></p>	<p><b>First International Conference on Technologies for Smart Green Connected Society 2021</b></p>	<p><b>Green Fashion India-International conference 2021, MKSSS SOFT</b></p>	<p><b>25th and 26th November 2021</b></p>	-	<p><b>Paper Presented By Dr. Anjali Srivastava</b></p>
8	<p><b>Wardrobe Swapping: The Future Of Sustainable Fashion Trends</b></p>	<p><b>Maniben Nanavati Women's College Mumbai , And Inspira Research Association (Ira) Jaipur, Rajasthan,</b></p>	<p><b>International Conference On Innovations And Sustainable Practices In Commerce, Management And Social Sciences: Future Prospects And Challenges (Iccmss</b></p>	<p><b>Maniben Nanavati Women's College, Mumbai And Valla Mum Inspira Research Association (Ira) Jaipur, Rajasthan, India Email:</b></p>	<p><b>Virtual -2021) June 04-05, 2021</b></p>		<p><b>Fatima Hagalwadi, Dr. Pratima Goyal, Mrs. Vrinda Udiaver</b></p>

	<b>Inequalities In Global Fashion Industry</b>	<b>Maniben Nanavati Women's College Mumbai , And Inspira Research Association (Ira) Jaipur, Rajasthan,</b>	<b>International Conference On Innovation And Sustainable Practices In Commerce, Management And Social Sciences: Future Prospects And Challenges</b>	<b>Ben Nanavati Women's College, Mumbai And Valla Mum Inspira Research Association (Ira) Jaipur, Rajasthan, India Email:</b>	<b>VIRTU AL- 2021) JUNE 04-05, 2021</b>		<b>Ms. Drasti Doshi, Dr. Pratima Goyal, Dr Neha Mulchandani</b>
<b>9</b>	<b>Application of Eco-friendly Antimicrobial Finish using Spinach Extract on Cotton</b>	<b>UPTTI Kanpur</b>	<b>International Conference on Sustainable growth in textile SGT 2021</b>	<b>International Conference</b>	<b>19-21 August 2021</b>		<b>Ms. Nafisa Thanawala, Dr Neha Mulchandani</b>
<b>10</b>	<b>Aromatherapeutic textiles and its scope for health benefits</b>	<b>Bannari Aman Institute of Technology</b>	<b>E conference on sustainability in Technical Textiles 28-29 dec 2021</b>	<b>E conference on sustainability in Technical Textiles</b>	<b>28-29 Dec 2021</b>		<b>Ms. Depika Patel, , Dr Neha Mulchandani</b>

28-29  
Dec 2021

**SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED, ATTENDED, ORGANIZED/CONDUCTED AND PRESENTED RESEARCH PAPER**

**LOCAL /NATIONAL LEVEL**

<b>Sr. No.</b>	<b>Title of Paper</b>	<b>Name of the person / Organization conducted</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>	<b>Any Other</b>
<b>1</b>	<b>Eco-Fashion and Traditional Textiles VS Millennial's Cultural Knowledge</b>	<b>College of Home Science Nirmalaniketan</b>	<b>Intercollegiate Interdisciplinary Undergraduate Research competition 28 Feb 2022</b>		<b>Feb 2022</b>		<b>Urvashi Jain, Navita Gujjam Mrudula Sandeep, Sakina Jamali, Jincy Jain  Dr Neha Mulchandani</b>

2	<b>Seminar</b> <b>"Versatility in Sportech: Textiles &amp; Fashion-Get into the Smart and Direct Mode"</b>	<b>SDC EC India</b>	<b>South Gujarat Textile Processors Association SGTPA Conference Hall</b>		<b>Friday 27th May 2022</b>	<b>Organized by SDC EC India</b>  <b>Dr. Vishaka Karnad (Hon.Sec.)</b>  <b>Dr. Pratima Goyal (Trustee Board Member)</b>
3	<b>Design &amp; Development of Sustainable Products using Upholstery Swatch Cards</b>	<b>6th National Competition SETSIP C, Department of Information Technology, Computer Science</b>	<b>Online</b>			<b>Ms. Sara Dalvi and Dr. Ritu Madhan</b>

**Webinar/ Conference Attended**

Sr No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency	Any Other
1.	International Virtual Conference	Department of Fashion Technology, PSG College of Technology, Coimbatore	Sustainability in Fashion Design and Manufacturing-SIFDM 2021	Department of Fashion Technology, PSG College of Technology, Coimbatore	Online, 11th June - 12th June 2021		Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava, Vrinda Udiaver, Ms. Sanghmitra Navalgund
2	International Webinar	Lakshmbai College, University of Delhi	Sustainable Practices in Fashion and Apparel: Global and Indian Perspective	Department of Home Science, Lakshmbai College, University of Delhi	Online, 15th June 2021		Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava, Vrinda Udiaver, Ms. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar

	<b>International Webinar</b>	<b>PSG Techs COE Indutech</b>	<b>Textile waste as a resource for technical textile applications</b>	<b>PSG Techs COE Indutech, Department of Textile Technology &amp; Automobile Engineering, PSG college of Technology, Coimbatore</b>	<b>Online 29th and 30th July 2021</b>		<b>Ms. Sanghmitra Navalgund</b>
<b>3</b>	<b>International Symposium</b>	<b>Department of Management Studies and Center for Innovation Incubation Entrepreneurship</b>	<b>Achieving Self-reliance through Social Entrepreneurship</b>	<b>Kandivili Education Society's B. K. Shroff College of Arts and M. H. College of Commerce</b>	<b>Online, 4th August 2021</b>		<b>Attended by Dr. Anjali Srivastava</b>
<b>4</b>	<b>Webinar OEKO-TEX Standards for input process and output control shaping a</b>	<b>SDC Events UK</b>			<b>Online May 17th 2022</b>		<b>Dr. Pratima Goyal, Dr, Vishak</b>

	sustainable future						a Karnad
5	International Webinar on Empowering Diversity in Science (GWB 2022)	Organized by Department of Chemistry, Kamla Nehru Mahavidyalaya, Nagpur Association of Chemistry Teachers Mumbai & Department of Chemistry Kalasalingam Academy of Research and Education (KARE), Krishnakoil in Collaboration with international Union of Pure & Applied Chemistry (IUPAC), Global Women's Breakfast - 2022.			16 <sup>th</sup> February 2022		Dr Vishaka Karnad

<b>6</b>	<b>Innovative Sustainable Solutions in Textile Value Chain</b>	<b>NISTI of the Textile Institute &amp; Textile Sector Skill Centre</b>			<b>5th March , 2022</b>		<b>Dr Vishak a Karnad</b>





1	Ms. Shradha Chavan, Dr. Pratima Goyal and Dr Ritu Madhan	Recycling & Upcycling Fashion with 4 R's	3rd International Conference on Empirical and Theoretical Research		International Board of Education, Research and Development	Online, 28th - 29th January 2022		ISBN: 978-93-5655-899-1
2	Ms. Saloni Maniar, Dr. Ritu Madhan	Application of Self Cleaning Finish on Upholstery Fabrics	3rd International Conference on Empirical and Theoretical Research		International Board of Education, Research and Development	Online, 28th - 29th January 2022		ISBN: 978-93-5655-899-1

3	Ms. Sara Dalvi, Dr. Ritu Madhan	Design & Development of Sustainable Products using Upholstery Swatch Cards	Technical Fest - SETS IPC - Shri Eknath Thakur Student's Innovation Presentation Competition 21-22	Emerging Excellence and Innovation among Students,	Sant Rawool Mahara j Mahavidyalaya Kudal	15th Feb 2022		
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Invited as Chief Guest, Panelist, Resource Person and Speaker							
Sr No .	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency	Any other
1	Dr. Pratima Goyal at MKSSS SOFT	Green Fashion India-International conference 2021, MKSSS SOFT	Jury Member	25th November 2021	Way forward for green fashion	Green Fashion India-International and MKSSS SOFT	

2	Dr. Pratima Goyal at MKSSS SOFT	Green Fashion India-International conference 2021, MKSSS SOFT	Panelist	26th November 2021	Way forward for green fashion	Green Fashion India-International and MKSSS SOFT	
3	Dr. Pratima Goyal	IIS University	Resource Person	22-26 Feb 2022	High performance textile	Textile and Fashion Department	
4	Dr. Pratima Goyal	Bannari Amman Institute of Technology Sathyamangalam - International E-Conference on Sustainability in Technical Textiles (ICSTT-2021)	Jury Member	29th December 2021	NA	BIT-Department of Technical Technology	
5	Dr. Pratima Goyal	Bannari Amman Institute of Technology Sathyamangalam - National E-Conference on Advances in Fashion, Craft and Textile Design	Key note speaker	on 27th and 28th January 2022	Indian Traditional Crafts-Its journey from Local to Global	BIT-Department of Fashion Technology	

6	<b>Dr. Pratima Goyal</b>	<b>Jayoti Publication, Jayoti Vidyapeeth Womens University Jaipur</b>	<b>Resource Person</b>	<b>1 July 2021</b>	<b>Need to connect recognised digital world of students (NCRDWS-II)</b>		
7	<b>Dr. Pratima Goyal at AOTS Alumni Association of India (AAAWI)</b>	<b>WNF Webinar - Textile Industry - The Future Threads</b>	<b>Resource Person</b>	<b>Online, 2nd December 2021</b>	<b>Enhancing textiles through resist technique</b>	<b>AOTS Alumni Association of India (AAAWI) in Association with AOTS, Japan</b>	
8	<b>Dr. Vishaka Karnad Amity School of Fashion Technology, Amity University Chhattisgarh</b>	<b>Five-Day Faculty Development Programme' on 'Ethical, Circular &amp; Sustainable Fashion: Transdisciplinary Approaches'</b>	<b>Speaker</b>	<b>12th – 16th July 2021 on digital mode</b>	<b>'Ethical Behavior of Consumer in the Textile and Fashion World: Slow Fashion Phenomenon'</b>		

9	Dr Neha Mulchandani	Webinar	Invited as speaker	19 Feb 2022	Sustainable innovations in Fashion and Apparel	Invited as speaker by Braidtech winter school at the Amirkabir University of Technology at Advanced structures with Braid Technology	
10	Dr. Anjali Srivastava at AOTS Alumni Association of India (AAAWI)	WNF Webinar - Textile Industry - The Future Threads	Speaker	Online, 2nd December 2021	Sustainable Practices and Environment Concerns in Textile Industry	AOTS Alumni Association of India (AAAWI) in Association with AOTS, Japan	
11	Ms. Sanghmitra Navalgund  S.G. Patil Arts, Science and Commerce College	Ex-MLA Gojartai Bhamre - remembrance day	Speaker	Online 29th August 2021	Women Empowerment - An internal quest	S.G. Patil Arts, Science and Commerce College	

12	Vibhuti Khedekar	Wardrobe Management	Speaker	Online 4 <sup>th</sup> June		Department of Textile and Apparel Designing, SVT College of Home Science
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**NATIONAL LEVEL**

S. No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Any other
1	SDC EC's expert talk (webinar)	SDC EC	Sustainability of Polymeric Material - Plastics and Textile	SDC EC	Online, 5th June 2021	Attended by Dr. Pratima Goyal, Dr. Vishaka Karnad, Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar

2	One day Webinar	Division of Textile Technology, Department of Chemical Engineering	“Decolourisation of dyes by activated carbon prepared from Cassava Peel”	Division of Textile Technology, Department of Chemical Engineering, Vignans Foundation for Science, Technology and Research, Vadlamudi, Guntur Dist. A.P.	Online, 5th June 2021	Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava  Mrs. Vibhuti Khedekar	
	One Day Webinar - Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S. T. Co-Op. Education Society's Ltd. Science Senior College	Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S. T. Co-Op. Education Society's Ltd. Science Senior College	Online 9th June 2021		Ms. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar



3	Webinar on “Application of Artificial Intelligence, Machine Learning and Computer Vision for Fashion Industry”	Mr. Ganesh Subhramanian, Stylumia Intelligence Technology	Application of Artificial Intelligence, Machine Learning and Computer Vision for Fashion Industry	Vogue Institute of Art and Design, Bengaluru	Online, 10th June 2021	Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava, Vrinda Udiaver, Ms. Sanghmitra Navalgund. Mrs. Vibhuti Khedekar	
4	Online workshop - Drafting Policies and Procedures	IQAC of The KET’s V. G. Vaze College of Arts, Science and Commerce	Drafting Policies and Procedures	IQAC of The KET’s V. G. Vaze College of Arts, Science and Commerce	Online, 15th June 2021	Ms. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar	
5	National Webinar on NAAC Related Quality Enhancement Techniques	Internal Quality and Assurance Cell of S.I.W.S. N.R. Swamy College of Commerce & Economics and Smt. Thirumalai	NAAC Related Quality Enhancement Techniques	Internal Quality and Assurance Cell of S.I.W.S. N.R. Swamy College of Commerce & Economics and	Online, 15th June 2021	Ms. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar	

		College of Science		Smt. Thirumalai College of Science			
6	Online Webinar on “Prototype validation - Converting Prototype into Start-up”	Institution’s Innovation Council-AMCEC	Prototype validation - Converting Prototype into Start-up	MAC engineering College, Bengaluru	Online, 18th June 2021	Attended by Dr. Anjali Srivastava	
8	National Webinar - Textile Usage in Medical Textiles with Special Reference to Wound Dressing	College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology	Textile Usage in Medical Textiles with Special Reference to Wound Dressing	College of Community and Applied Sciences, Maharana Pratap University of Agriculture and	Online, 14th July 2021	Ms. Sanghmitra Navalgund	

				Techno logy			
9	<b>IDP- NAHEP Sponsored Expert talk with Industry Professional</b>	<b>College of Community and Applied Sciences</b>	<b>Scope and Challenges in manufacturing PPE with reference to face masks and coverall in Covid-19</b>	<b>College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udiapur, Rajasthan</b>	<b>online 17th July 2021</b>	<b>Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava</b>	
10	<b>One day Workshop on</b>	<b>Faculty Development Cell (FDC) and Internal Quality assurance Cell (IQAC)</b>	<b>An insight into career advancement scheme (CAS) and its recent amendments in</b>	<b>Prahla drai Dalmia Lions College of Commerce and Economics,</b>	<b>24th July 2021</b>	<b>Attended by Dr. Pratima Goyal, Dr. Anjali Srivastava, Ms. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar</b>	

			accordance with 7th Pay commission	Mumbai			
11	SDC EC's Event	SDC EC	Role of Fibers towards Sustainability: Sustainable Fibre Value Chain Recycling and Processing	SDC EC	Online 23rd July 2021	Attended by Dr. Pratima Goyal, Dr. Vishaka Karnad, Vrinda Udiaver, Mrs. Vibhuti Khedekar	
12	SDC EC's Event (Webinar)	SDC EC	Textile Wet Process Optimization and Management- Sustainable Strategies and Cost Neutral Techniques	SDC EC	Online, 26th November 2021	Attended by Dr. Pratima Goyal, Dr. Vishaka Karnad, Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar	

13	Industry Expert Talk	Dr. Nandan Kumar, High Performance Textiles Pvt Ltd.	Technical Textiles For Protection Against Thermal and Mechanical Hazards	Textile Institute. Textile Special Interest Group and Indian Technical Textile Association	Online 5th January 2022	Dr. Pratima Goyal, Dr. Vishaka Karnad Vrinda Udiaver	
14	Digital Talk	RAKESH T.R, Manager Design	"VOICE OF DESIGN SERIES 2- A Digital Talk"	Vellore Institute of Technology, Chennai	Online, 21st Jan 2022	Attended by Dr Vishaka Karnad Dr. Anjali Srivastava	
	IP Awareness/Training Program		National Intellectual Property Awareness Mission	Intellectual Property Office India and NIPAM National IP Awareness Mission	10 <sup>th</sup> February 2022	Attended by Dr. Pratima Goyal & Dr Vishaka Karnad	

**Seminars, Workshops and Conferences Conducted/Organized**

<b>Sr No.</b>	<b>Name of the Seminars/ Conferences</b>	<b>Name of Resource Person/Expert</b>	<b>Name of the person / Organization conducted</b>	<b>Theme of the conference</b>	<b>Place &amp; Date</b>
1	SDC EC Expert talk (Webinar)	Dr V. Habbu CCol, FSDC Adjunct Professor ICT Mumbai	Dr Vishaka Karnad Honorary Secretary  SDC EC India, Dr. Pratima Goyal-Trustee Board Member-SDC EC India	Sustainability of Polymeric Material - Plastics and Textile	Online, 5th June 2021

2	SDC EC's Event Industry- sponsored International Webinar	Speakers at the program include Mr. Anjani Prasad Managing Director Archroma India Pvt. Ltd. Dr. Sudha Anand Director Marketing BKS Pvt. Ltd., Mr. Manmohan Singh. Marketing and Global Head Business development Birla Cellulose, Mr. Kaliappan RM Vice President Operations Arvind Lifestyles Brands Ltd., Dr. Siva Pariti Sr. Technical Marketing Officer Bluwin Limited UK Mr. Makarand Kulkarni CEO Polygenta Ltd., Mr. Mahesh Sharma Asst. Vice President SF Business, Reliance Industries Ltd., Mr. Orion WU North Asia Archroma)	Dr Vishaka Karnad Honorary Secretary SDC EC India, Dr. Pratima Goyal-Trustee Board Member-SDC EC India	Role of Fibers towards Sustainability: Sustainable Fibre Value Chain Recycling and Processing	Online, 23rd July 2021
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3	<p>SDC EC's Event (Webinar)</p> <p>Industry-sponsored International Webinar</p>	<p>Speakers at the program: Mr. Ullhas Nimkar (M.Sc. Leeds –UK, C.Col, FSDC FTA) (President Elect SDC UK &amp; Chairman &amp; Managing Director, Nimkartek Technical Services Pvt. Ltd.), Mr. Arindam Choudhuri (CEO, Fineotex Chemical Ltd.), Dr.Swapneshu Baser (Managing Director, DevenSupercriticals Pvt. Ltd.) Mr. Ian Smith (CTEXT FTI) (Consultant And Business Development Textile Consult Ltd. UK)</p>	<p>Dr Vishaka Karnad Honorary Secretary</p> <p>SDC EC India, Dr. Pratima Goyal-Trustee Board Member-SDC EC India</p>	<p>Textile Wet Process Optimization and Management - Sustainable Strategies and Cost Neutral Technique</p>	<p>Online, 26th November 2021</p>
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4	<p>Industry-sponsored Half Day Seminar in Surat at SGTPA Surat</p>	<p>Speakers at the program include Chief Guest: Kamal Tulsian Former President SGTPA, Special Guest Mr. Vatsal Naik South Gujarat Chemical Manufacturers Association, Mr. K.K. Mishra Director &amp; COO WRA, Mr. SangramsingSalunkh e, Product Line Manager, Panel Discussion : Moderator: Mr. Anjani Prasad, Managing Director, ARCHROMA INDIA PVT.LTD., Panelists: Mr. V R Sai Ganesh, COO -Textiles, ZYDEX INDUSTRIES, Vadodara, Mr. Saji Jose, Technical Director, OM TEX CHEM PVT LTD., Mr. Anil Narkhede, Head Technical Sales, B R SPECIALITIES LLP, Mr. Elliyas Mohammad, DGM - Business Development (Disperse dyes), COLOURTEX INDUSTRIES PVT.LTD. Mr. Amin Khoja, DGM - Business Development (Reactive Dyes), COLOURTEX INDUSTRIES PVT.LTD.</p>	<p>Dr Vishaka Karnad Honorary Secretary</p> <p>SDC EC India, Dr. Pratima Goyal-Trustee Board Member-SDC EC India</p>	<p>Versatility in Sportech: Textiles and Fashion</p>	<p>May 27, 2022.</p>
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**COLLEGE/LOCAL LEVEL**

<b>Seminars, Workshops and Conferences Conducted/Organized /Attended</b>								
<b>S r N o .</b>	<b>Name of the Seminars/ Conferen ces</b>	<b>Name of the person / Organiz ation conduct ed</b>	<b>Theme of the conference</b>	<b>Organized By</b>	<b>Plac e &amp; Date</b>	<b>Atten ded by</b>	<b>Organi sing Team</b>	<b>Sponsor ing Agency/ Other Points</b>
<b>1</b>	<b>Orientati on Session on Schemes and Programs for IIC Institio ns</b>	<b>Dr. Dipan Sahu</b>		<b>Institution 's Innovatio n Council</b>	<b>1<sup>st</sup> and 2<sup>nd</sup> June 2021</b>	<b>Mrs. Vibhu ti Khede kar</b>		
<b>2</b>	<b>Awarenes s Program on SMVITM Innovatio n and Start up Policy</b>	<b>Arun Upasha ya- NISP Coordin ator SMVIT M, Bantak al</b>		<b>Institution 's Innovatio n Council</b>	<b>2<sup>nd</sup> June 2021</b>	<b>Mrs. Vibhu ti Khede kar</b>		
<b>3</b>	<b>Saving Lives- Materials for Protectio n</b>	<b>Prof. Dr Rajiv Padhye</b>	<b>Professor W.B Achwal Oration</b>	<b>Institute of Chemical Technolog y</b>	<b>5<sup>th</sup>J une 2021</b>	<b>Mrs. Vibhu ti Khede kar</b>		

4	<b>SYBSC Orientation</b>				<b>14<sup>th</sup> June 2021</b>	<b>All staff</b>		
5	<b>Farewell of SYBSC (2021-2022 batch) (Online)</b>				<b>19<sup>th</sup> June 2021</b>	<b>All staff</b>		
6	<b>3 day Workshop on “Outcome Based Education”</b>	<b>Conducted by Dr. Shrihari Pingle</b>	<b>POs and PSOs</b>	<b>Dr. Pratima Goyal-IQAC Coordinator, College of Home Science, Nirmala Niketan</b>	<b>Online- 23rd , 25th , 26th June 2021</b>	<b>All staff</b>	<b>IQAC, College of Home Science , Nirmala Niketan</b>	
7	<b>Interactive session</b>	<b>Mrs. Vandana Joshi</b>	<b>Interactive and Mentorship Session with A Successful Entrepreneur</b>	<b>Institution’s Innovation Council</b>	<b>28th June 2021</b>	<b>All staff and students</b>	<b>Dr. Pratima Goyal, Dr. Anjali Srivastava, Mrs. Vrinda Udiaver</b>	

8	Webinar	Mr. Sushil Raina (Founder of Kabil Kids)	Business Model Canvas	Institution's Innovation Council	28th June 2021	All staff and students	Dr. Pratima Goyal, Dr. Anjali Srivastava, Mrs. Vrinda Udiaver
9	Webinar	Dr. Shobha Lal, Dean, Faculty of Education and Methodology, Jayoti Vidyapeeth Women's University-Rajasthan	Exploring Ideas for Innovations and Incubation leading to Startups and Prototype	Department of Textile and Fashion Technology in collaboration with IIC College of Home Science Nirmala Niketan	3 <sup>rd</sup> July 2021	All staff and students	Dr. Pratima Goyal and Dr. Anjali Srivastava
10	Orientation Session for Students and Faculties by Innovation	Dr. Ritu Madhan, Dr. Anjali Srivastava, Ms. Vrinda Udiaver, Ms. Vibhuti	Orientation Session to IIC and POC Competition	Institution's Innovation Council	11 <sup>th</sup> July 2021	All staff and students of TYBS c and MSc	Dr. Anjali Srivastava, Ms. Vrinda Udiaver

	<b>Ambassadors</b>	<b>Khedekar</b>						
<b>11</b>	<b>Proof of Concept Competition OJAS-On the Journey to Attain Success</b>	<b>Judge of the competition Mr. Bashesh Gala (International Business Mentor, Founder &amp; MD, 39 Solutions Group)</b>	<b>Sustainable Development Goals (SDGs)</b>	<b>Institution's Innovation Council (IIC)  College of Home Science, Nirmala Niketan</b>	<b>31st July 2021</b>	<b>All staff</b>	<b>Dr. Ritu Madhan, Dr. Anjali Srivastava, Ms. Vrinda Udiaver, Ms. Vibhuti Khedekar</b>	
<b>12</b>	<b>Vastrakala-Creativity Takes courage</b>	<b>Anwar Khatri Batik and Deying Craft Artisan</b>	<b>On account of National Handloom Day Celebration</b>		<b>7th August 2021</b>	<b>All staff</b>	<b>Dr. Pratima Goyal, Dr. Vishaka Karnad and Mrs. Vrinda Udiaver</b>	

13	Teacher's Day celebration				5 <sup>th</sup> Sept 2022	All Staff	Student Council	
14	Webinar "Being an Entrepreneur in the Era of Social Media"	Ms. Alifia S. Bhol (Director at Nutri AL Diet Clinic)	Being an Entrepreneur in the Era of Social Media	Institution's Innovation Council	17 <sup>th</sup> Sept 2021	All Staff and students	Dr. Anjali Srivastava	
15	Skill Enhancement for Careers in the Textile and Apparel Industry: Surface Ornamentation	Ms. Meherr Sawhney	Skill Enhancement	Dept of TFT	20 <sup>th</sup> Sept 2021	All Staff and students	Dr. Pratima Goyal Mrs. Vrinda Udiaver Mrs. Vibhuti Khedekar	
16	Skill Enhancement for Careers in the Textile and Apparel Industry Makeup	Ms. Anjum Kerosenewala	Skill Enhancement	Dept of TFT	21 <sup>st</sup> Sept 2021	All Staff and students	Dr. Pratima Goyal Dr. Ritu Madhan Mrs. Vrinda	

	and Grooming						Udiave r	
17	Skill Enhancement for Careers in the Textile and Apparel Industry Hand Painting	Ms. Aparna Sheth	Skill Enhancement	Dept of TFT	22 <sup>nd</sup> Sept 2021	All Staff and students	Dr. Pratima Goyal  Mrs. Vrinda Udiave r	
18	Skill Enhancement for Careers in the Textile and Apparel Industry Fabric Jewellery Making	Ms. Padmaja Bhalavat	Skill Enhancement	Dept of TFT	23 <sup>rd</sup> Sept 2021	All Staff and students	Dr. Pratima Goyal  Mrs. Vrinda Udiave r  Mrs. Vibhuti Khede kar	
19	Skill Enhancement for Careers in the Textile and	Ms. Mohadesa Dehgani	Skill Enhancement	Dept of TFT	30 <sup>th</sup> Sept 2022	All Staff and students	Dr. Pratima Goyal  Mrs. Vrinda	

	<b>Apparel Industry Understanding Couture-</b>						<b>Udiaver</b>	
<b>20</b>	<b>IIC Session on 'In Search of Entrepreneur in You'</b>	<b>Mr. Sushil Mungekar</b>	<b>Entrepreneurship</b>	<b>Institution's Innovation Council</b>	<b>16<sup>th</sup> Oct 2021</b>	<b>All Staff and students</b>	<b>Dr. Pratima Goyal</b> <b>Dr. Anjali Srivastava</b> <b>Mrs. Vibhuti Khedekar</b>	
<b>21</b>	<b>Green Fashion India 8th International Conference at Pune</b>	<b>MKS SS SOFT</b>	<b>Way forward for green fashion</b>	<b>SOFT, Pune</b>	<b>25th and 26<sup>th</sup> Nov 2021</b>	<b>Dr Pratima Goyal</b> <b>Dr Visha ka Karnad</b>	<b>All Staff (As we were Knowledge partners)</b>	
<b>22</b>	<b>National Energy Conservation Day (My Energy My Responsibility)</b>	<b>IIC</b>	<b>My Energy My Responsibility</b>	<b>NSS Unit and Institution's Innovation Council of College of Home Science</b>	<b>14<sup>th</sup> Dec 2021</b>	<b>All Staff</b>	<b>Dr. Anjali Srivastava</b> <b>Mrs. Vrinda Udiaver</b>	



				<b>Nirmala Niketan</b>			<b>Mrs. Vibhuti Khedekar</b>	
<b>23</b>	<b>Online Workshop and Intercollegiate Competitions: Eco-creations</b>		<b>Stay.... Sustain-care for mother earth</b>	<b>Department of Textile and Fashion Technology's Entrepreneurship Incubation Cell and Institution's Innovation Council of College of Home Science Nirmala Niketan</b>	<b>7<sup>th</sup> Jan 2022</b>	<b>All Staff and students</b>	<b>Dr. Pratima Goyal Dr. Neha Mulchandani Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar</b>	

24	Workshop “Fashion Illustration Techniques”	Ms. Taqdees Pawaskar	Skill enhancement	Department of Textile and Fashion Technology’s Entrepreneurship Incubation Cell and Institution’s Innovation Council of College of Home Science Nirmala Niketan	7 <sup>th</sup> Jan 2022	All Staff and students	Dr. Pratima Goyal Dr. Neha Mulchandani Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar	
25	Workshop “Trash to Treasure”	Ms. Bhavini Parekh	Skill enhancement	Department of Textile and Fashion Technology’s Entrepreneurship Incubation Cell and Institution’s Innovation Council of College of Home Science	7 <sup>th</sup> Jan 2022	All Staff and students	Dr. Pratima Goyal Dr. Neha Mulchandani Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar	

				<b>Nirmala Niketan</b>				
<b>26</b>	<b>Remembering – A Tribute to Ms. Colette Galby</b>		<b>College Day</b>		<b>11<sup>th</sup> Jan 2022</b>	<b>All Staff and students</b>	<b>Cultural Committee</b>	
<b>27</b>	<b>E Symposium on Building Innovation and Entrepreneurial ecosystem in educational institutions</b>	<b>Online by MoE</b>	<b>Innovation and Entrepreneurship</b>	<b>Ministry of Education's Innovation Cell and AICTE</b>	<b>11<sup>th</sup> and 12<sup>th</sup> Jan 2022</b>	<b>Dr. Pratima Goyal Dr. Ritu Madhan, Mrs. Vrinda Udiaver  Dr. Anjali Srivastava  Mrs. Vibhuti Khedekar</b>	<b>MoE, IIC</b>	

28	<b>Oriental session IIC 4.0</b>	<b>Mr. Dipan Sahu</b>	<b>Innovation and Entrepreneurship</b>	<b>Ministry of Education's Innovation Cell</b>	<b>24<sup>th</sup> Jan 2022</b>	<b>Dr. Pratima Goyal Dr. Ritu Madhan, Mrs. Vrinda Udiaver  Dr. Anjali Srivastava  Mrs. Vibhuti Khedekar</b>	<b>MoE, IIC</b>	
29	<b>73<sup>rd</sup> Republic Day Celebration</b>	<b>Captain Param Singh, Indian Navy</b>	<b>Republic Day</b>		<b>26<sup>th</sup> Jan 2022</b>	<b>All Staff and students</b>	<b>Student Council</b>	
30	<b>Workshop for Graduating Students: Email Etiquettes and Interview facing Skills</b>	<b>Ms. Zeenaida Gracias</b>	<b>EPC</b>		<b>7<sup>th</sup> and 16<sup>th</sup> Feb 2022  3:00 to 5:00 pm</b>	<b>TYBSc and MScII students</b>	<b>Ms .Sanghmitra Navalgund</b>	

3 1	750 million Suryana maskar Project		Sports Committee		9 <sup>th</sup> Feb 2022	All Staff	Mrs. Vibhuti Khedekar	
3 2	Intellectual Property Rights (IPR)	Mrs. Ujjwal Jaipal Singh (Examiner of Patents and Designs Patent Office Mumbai)  Dr. Ajay Thakur (Asst Controller of Patents and Designs, Patent Office Mumbai)	IIC		10 <sup>th</sup> Feb 2022	Dr. Pratima Goyal  Dr. Vishaka Karnad  Dr. Ritu Madhan, Mrs. Vrinda Udiaver  Dr. Anjali Srivastava  Mrs. Vibhuti Khedekar	Dr. Anjali Srivastava	

33	2 <sup>nd</sup> NDMA NDEC	Ms. Reshma Gangji (M.D Libaaz)  Ms. Vidya Vivek (Designer Couture House)	Dept TFT		11 <sup>th</sup> Feb 2022	All Staff and students	Dr. Pratima Goyal  Dr. Vishaka Karnad  Mrs. Sanghmitra Navalgund	
34	Laws and Ethics in Entrepreneurial Ventures	Ms. Pooja Kapadia  Ms. Sanchi Sehgal  (Business Affairs and Legal-Tulsea)	IIC	Institution's Innovation Council	17 <sup>th</sup> Feb 2022	All Staff and students	Dr. Pratima Goyal  Dr. Ritu Madhan Dr. Anjali Srivastava	
35	The Journey Towards Successful Entrepreneurship (Kalaa by Nanda)	Mrs. Nanda Magdum and Ms. Aditi Magdum	The Journey Towards Successful Entrepreneurship (Kalaa by Nanda)- A success story of a mother	Institution's Innovation Council & Entrepreneurship Incubation Cell of Department of Textile and	24 <sup>th</sup> Feb 2022	All Staff and students	Dr. Pratima Goyal  Dr. Anjali Srivastava  Mrs. Vibhuti	

			<b>daughter duo</b>	<b>Fashion Technology</b>			<b>Khede kar</b>	
<b>3 6</b>	<b>Nirmal Utsav</b>				<b>24<sup>th</sup> Feb 2022</b>	<b>All Staff and students</b>	<b>Cultural Committee</b>	
<b>3 7</b>	<b>Jamboree Haat</b>		<b>Meraki</b>		<b>25<sup>th</sup> and 26<sup>th</sup> Feb 2022</b>	<b>All staff and students</b>	<b>Dr. Pratima Goyal Mrs. Vrinda Udiaver Dr. Anjali Srivastava Mrs. Vibhuti Khedekar</b>	
<b>3 8</b>	<b>Marathi Basha Divas</b>	<b>Mr. Satish Moghe and Mrs.</b>			<b>26<sup>th</sup> Feb 2022</b>	<b>All staff and students</b>	<b>Mrs. Vibhuti Khedekar</b>	

		<b>Varsha Dandale</b>					<b>Dr Vishaka Karnad</b>	
<b>39</b>	<b>Pankh (Road to Equality)</b>				<b>8<sup>th</sup> Mar 2022</b>	<b>All Staff and students</b>	<b>Dr. Ritu Madhan</b>	
<b>40</b>	<b>Heal Yourself with Yoga</b>	<b>Ms. Yashasvi Doshi</b>			<b>8<sup>th</sup> Mar 2022</b> <b>5:30 to 6:30 pm</b>	<b>MSc II students</b>	<b>Dr. Pratima Goyal</b> <b>and Ms. Drashti Doshi</b>	
<b>41</b>	<b>Technical Textiles and their Application</b>	<b>Mr. Avinash Mayekar (M.D Suvin Advisors Pvt Ltd) and Dr. Raviprakash Singh (Scientist SASMI RA)</b>	<b>Enhancement of knowledge in field of technical textiles</b>		<b>9<sup>th</sup> Mar 2022</b>	<b>All staff and students</b>	<b>Dr. Pratima Goyal</b> <b>Dr. Ritu Madhan</b> <b>Mrs. Vrinda Udiaver</b>	



4 2	Workshop of Digital Printing and transfer printing	Dr. Vishaka Karnad			10 <sup>th</sup> Mar 2022 11:00 am to 1:20 pm	FYBS c and MSc I students, Dr. Anjali Srivastava	Dr. Vishaka Karnad	
4 3	Ayurveda as a Holistic Healthcare	Ms. Nikita Shere-Ayurveda expert			11 <sup>th</sup> Mar 2022 3:00 pm onwards	MSc II students	Dr. Pratima Goyal Ms. Sameeksha Patil	
4 4	Mindfulness and Meditation	Ms. Disha Upadhyay			12 <sup>th</sup> Mar 2022 , 2:00 pm onwards	MSc II students	Dr. Pratima Goyal Ms. Vaishali Gala	

4 5	<p><b>Industrial Visit to Surat - Ginza industry-warp knitting machine, laser cutting of garments, garment manufacturing processing and packaging unit,</b></p> <p><b>Ramanuj Printing mills</b></p> <p><b>dyeing and printing, screen printing, digital printing, rotary printing, foil printing, lace making, Akash industry-yarn spinning of POY and FOY yarns</b></p> <p><b>TRADC - Grasim Industries Sankalp industry -</b></p>				<p><b>14<sup>th</sup>, 15<sup>th</sup> and 16<sup>th</sup> Mar 2022</b></p>	<p><b>All staff and students (except Ms. S Naval gund)</b></p>	<p><b>All Staff</b></p>	
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	<b>digital printing and embroidery, AVB Industry - computerized embroidery and lace making</b>							
<b>46</b>	<b>Webinar on Energy Healing</b>	<b>Ms. Nainaa Karani- Energy healing Therapist</b>			<b>26<sup>th</sup> Mar 2022</b> <b>3:00 pm onwards</b>	<b>MSc II students</b>	<b>Dr. Pratima Goyal</b> <b>Ms. Pooja Savla</b>	

47	Degree Distribution Ceremony	Mr. Rushabh Turakhiya  Author, Philanthropist, Kindness Ambassador			22 <sup>nd</sup> Mar 2022  1:30 pm	All staff	All staff	
48	Vastrakala  (Daboo and Tanjore Painting)	Mr. Dhiraj Chippa and Ms. Swarna Rajakochi	Skill enhancement	Institution's Innovation Council and Department of Textile and Fashion Technology	25 <sup>th</sup> Mar 2022	All staff and students	Dr. Pratima Goyal  Dr. Neha Mulchadani  Dr. Anjali Srivastava	
49	Demonstration of testing machines	Mr. Wilson Paul Cardoz	Technical knowledge in testing		28 <sup>th</sup> Mar 2022	All staff and students	Dr Pratima Goyal  Dr Vishaka Karnad	
50	Demonstration of block printing	Mrs. Vrinda Udiaver	Skill enhancement		28 <sup>th</sup> Mar 2022	All Staff and		

						students		
5 1	Art-based Therapy	Ms. Nirali Gogri				29 <sup>th</sup> Mar 2022 , 12.3 0pm onw ards	MSc II studen ts	Dr. Pratim a Goyal  Ms. Fatem a Dhari wala
5 2	Extension work (Rural Camp) -  TYBSc Kharajga on - Gyandee p Communi ty College		Sensitizing to needs of the lesser privileged and enhancing teaching skills			31 <sup>st</sup>  Mar and 1 <sup>st</sup>  Apr 2022	Dr. Ritu Madh an  Dr. Neha Mulch adani	Dr. Pratim a Goyal  Dr. Ritu Madha n  Dr. Neha Mulch adani
5 3	Extension work (Rural Camp) -  MSc I and II Bharuch- Vidyadee p		sensitizing to needs of the lesser privileged and enhancing teaching skills			31 <sup>st</sup>  Mar and 1 <sup>st</sup>  Apr 2022	Dr. Prati ma Goyal  Mrs. Sagh mitra Naval gunda and all	Dr. Pratim a Goyal  Mrs. Saghm itra Navalg und

	Community College					students		
54	Webinar on waste management	Ms. Rashmi Joshi, Environment Consultant	Waste Management and Composting: Waste Wise	NSS Unit	5 <sup>th</sup> April 2022		Dr. Anjali Srivastava	
55	Demonstration of Printing techniques				6 <sup>th</sup> Apr 2022	All staff and students		
56	Jamboree Fashion Show		Display of students' creative garment designing talent in the fashion show Student led activity		13 <sup>th</sup> Apr 2022	All staff and students		
57	Swadeshi Swag		sensitization to traditional textiles, arts and crafts		Full year	All staff and students	Dr. Pratima Goyal Dr. Ritu Madhan & Ms.	

							<b>Sangh mitra Navalg und</b>	
<b>5 8</b>	<b>Quiz competiti on</b>	<b>NSS Unit</b>	<b>The Father of Republic India</b>	<b>NSS Unit, College of Home Science Nirmala Niketan</b>	<b>14th Apri l 2022</b>	<b>Dr. Anjali Srivas tava</b>		

**Paper presented in Seminars, Conferences NATIONAL LEVEL**

<b>Sr. No.</b>	<b>Name of the author name/names</b>	<b>Title of the Paper</b>	<b>Name of the Conference/ Seminar</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place and Date</b>
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**PROJECT PROPOSAL SUBMISSIONS AT 16TH AVISHKAR INTER  
COLLEGIATE/ INSTITUTION/DEPARTMENT AVISHKAR RESEARCH  
COMPETITION organized by**

**Department of Students' Development, University of Mumbai**

<b>Sr No</b>	<b>Project No</b>	<b>Title of the Project</b>	<b>Category</b>	<b>Level</b>	<b>Name of the Guide</b>	<b>Name of the student/s</b>
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1	NN UG -16	“Sustainable solution for Carton waste”	Commerce, Management and Law	UG Level	Dr. Pratima Goyal	Bansi Patel, Kalika Puranik, Sarah Mullah, Juveriya Naik & Sakina Rangwala	
2	N- NN UG - 15  17	NNUG-15 One T-Shirt Two Lives	Pure Sciences	UG Level	Dr Vishaka Karnad	Ms. Krushi Senghani  Ms. Sumaira Shaikh  Ms. Niyati Shah  Ms. Zehra Shahjapurwala  Ms. Ariba Siddiqui	
3	NN UG-13	“Empowering Tribal women Through Training Entrepreneurial Skills to Assist Them Gaining Financial Independence and Dignity”	Commerce, Management and Law	UG Level	Dr. Anjali Srivastava	Zoya Ansari, Alifia Boxwala, Megha Bhogle, Prachi Barthwal, Ayesha Dange	Selecte d for Final Round
4	NN UG 17	Study the impact of pandemic on the change in marketing of wedding collection	Commerce, Management and Law	UG Level	Ms. Sanghmitra Navalgund	Maitri Dharod, Priyanshi Furia, Shaina Gonsalves, Sarah Faikh, Aarefa Hamid	



5	NN UG- 12	Uniforms & Behaviour: Perception of Teachers & Parents in the new normal	Humanities, Languages and Fine Arts - UG	UG Level	Dr. Ritu Madhan	Ms. Ruqayyah Yamani, Ms. Zainab Singapurwala, Ms. Zainab Ujjainwala, Ms. Khushi Vedant, Ms. Safiya Siddiqui	
6	NN PG -18	"Women Empowerment through Eco Awareness"	Humanities, languages and fine arts	PG Level	Dr. Pratima Goyal	Bilquis Dhrolwala, Shradha Chavan, Apeksha Bole, Sara Dalvi,	
7	N N N - P G - 1 7	"Novelty Eco-Print Designs with Natural Extracts"	Agriculture & Animal Husbandry	PG Level	Dr Vishaka Karnad	Ms. Drashti Doshi Ms. Fatema Dhariwala Ms. Stuti Gala	Selecte d for Final Round
8	NN PG- 15	Trends v/s Tradition: An Approach to Sustain Traditional Textiles & Artisans	Pure Science	PG Level	Dr. Ritu Madhan	Ms. Vaishali Gala, Ms. Zainab Ezzy, Ms. Serena Pereirra, Ms. Shrushti Patil	

9	NN PG-16	A study of second hand clothing shopping and its role related to environmental concern	Guided a research proposal titled New approach towards Sustainability : A study of second hand clothing shopping and its role related to environmental concern at Avishkar Research Convention 2021-22	PG level	Dr Neha Mulchanda ni	Ms Apurva Raut, Ms Riddhi Rayal, Ms Deepika Patel and Ms Swati Malap	
10	NN PPG-05	Sustainable Technology: For Fashion Accessories	Commerce, Management and Law	PPG Level	Dr. Pratima Goyal	Ms, Mohaddesa Deghani	Selecte d for Final Round
11	NNUG -14	Fast Fashion to Slow Fashion: A Paradigm shift	Commerce, Management and Law	UG Level	Mrs. Vibhuti Khedekar	Ms. Mansuri Ashiya Jawed, Ms. Lakkadwala Batul Mohammed Ali, Ms. Khambati Arwa Firoz, Ms. Jadhav Mrunmayi, Ms. Khan Sofia Tayyab Ali	

12	NNP G-19	"Eco-stores" a step towards 3S Sustainability, Society, Students	Category 2: Commerce, Management and Law	PG level	Mrs. Vrinda Udiaver	Ms. Rashida Vohra	
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**PROJECT PROPOSAL SUBMISSIONS**

**Awareness and Action Research for Youth Awakening (AARYA), Intercollegiate Interdisciplinary Undergraduate Research Competition organized by**

**College of Home Science Nirmala Niketan**

Sr No	Project No	Title of the Project	Category	Level	Name of the Guide	Name of the student/s	
1.	A22G0002	Understanding Adolescence: Shift from Ego-centrism to Ecocentrism	FYBSc.	UG	Dr Vishaka Karnad Ms. Vanitha DSouza	Ms. Palak Sanghvi Ms. Prerna Mane Ms. Vrunda Patel Ms. Bhavika Devera	

2	A22G016	Perception and usage of YouTube: An Influential Tool	SYBSc	UG	Dr. Ritu Madhan	Ms. Sanobar Malandkar, Ms. Simran Malandkar, Ms. Irika Goyal, Ms. Rashida Ghadiyali, Manaswi Malandkar
3	A22G007	A Guide to Stress Management- A study on Stages of Stress and its impact on lifestyle of men and women of the age group 16-60 years	SYBSC	UG	Mrs. Vibhuti Khedekar	Qureshi Sana Javed, Parmar Falguni Kishor, Mishree Kalpesh Modi, Patanwala Zainab Zoher
4	A22G006	Trisomy 21: Impact of Covid-19 on Schooling	S.Y. B.Sc	UG	Mrs. Vrinda Udiaver	Chheda Janvi, Dalvi Mrunmayee, Gandhi Bushra, Gandhi Riya, Mistry Shreya

5	A22G001 7	“Eco-Fashion and Traditional Textiles VS Millennial’s Cultural Knowledge”	S.Y. B.Sc	UG	Dr Neha Mulchandani	Urvashi Jain, Navita Gujja, Mrudula Kadam, Sakina Jamali, Jincy Sajan	
6	A22G001 5	“Impact of pandemic due to Covid-19 on e-waste generation and its mitigation”	S.Y.B.Sc	UG	Dr. Anjali Srivastava	Shruti Chavan, Arwa Das, Bushra Dhanak, Hrudya Hinde, Janice Devassy Jockey	

## 8. EXAMINATION WORK

**EXAMINER INSIDE COLLEGE**

<b>Sr No.</b>	<b>University/ Department</b>	<b>Invited/designated as</b>	<b>Level / class</b>	<b>Title of the Paper/viva</b>	<b>Place and Date</b>	<b>Name of the staff</b>
<b>SEM I, III, V (UG) SEM I &amp; III (PG)</b>						
<b>1</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>FYBS C Sem I</b>	<b>Pattern Making and Styling for Kidswear (Practical)</b>		<b>Dr. Ritu Madhan (Clothing Coordinator and Examiner)</b> <b>Dr. Vishaka Karnad, Ms. Neha Mulchandani, Dr. Anjali Srivastava</b> <b>Ms. Vibhuti Khedekar</b>
	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>FYBS C Sem II</b>	<b>Pattern Making, Garment Construction and Styling for Kidswear (Practical)</b>	<b>26/4/2021 &amp; 29/4/2021</b>	<b>Dr. Ritu Madhan (Clothing Coordinator and Examiner)</b> <b>Dr. Vishaka Karnad, Ms. Neha Mulchandani, Dr. Anjali Srivastava, Ms. Sanghmitra Navalgund,</b>

						<b>Ms. Vibhuti Khedekar</b>
<b>2</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>FYBS C Sem I</b>	<b>Fibre Fabric (Theory) to</b>		<b>Dr. Vishaka Karnad</b>
<b>3</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>FYBS C Sem II</b>	<b>Fibre Fabric (Theory) to</b>		<b>Mrs. Vibhuti Khedekar</b>
<b>3</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C Sem III</b>	<b>Traditional Textiles and Costumes of India (Theory) ATKT</b>		<b>Mrs. Vrinda Udiaver and Vibhuti Khedekar</b>
<b>4</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C Sem III</b>	<b>Foundation Course(Theor y) ATKT</b>		<b>Ms. Neha Mulchandani</b>
<b>5</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C</b>	<b>Foundation Course (Theory)</b>		<b>Ms. Neha Mulchandani</b>

			<b>Sem III</b>			<b>Mrs. Vrinda Udiaver</b>
<b>6</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C Sem IV</b>	<b>Foundation Course (Theory)</b>		<b>Ms. Neha Mulchandani Mrs. Vrinda Udiaver</b>
<b>7</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C Sem III</b>	<b>Pattern Making Garment Construction and Styling for Women's Wear (Practical)</b>		<b>Dr. Ritu Madhan, Ms. Vrinda Udiaver, Dr, Anjali Srivastava, Mrs. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar</b>
<b>8</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>SYBS C Sem IV</b>	<b>Pattern Making Garment Construction and Styling for Women's Wear (Practical)</b>		<b>Dr. Ritu Madhan, Ms. Vrinda Udiaver, Dr, Anjali Srivastava, Mrs. Sanghmitra Navalgund, Mrs. Vibhuti Khedekar</b>



9	University of Mumbai	Examiner and Paper setter	SYBS C Sem IV	Sectors in Textile and Apparel Industry(Theory) ATKT		Mrs. Vrinda Udiaver and Vibhuti Khedekar
10	University of Mumbai	Examiner and Paper setter	TY BSc Sem V	Fabric Structure & Construction (Woven)	10th December 2021	Dr. Ritu Madhan and Dr. Pratima Goyal
11	University of Mumbai	Examiner and Paper setter	TYBS c Sem V	Textile & Garment Processing, Colouration & Finishing	11th December 2021	Ms. Neha Mulchandani
12	University of Mumbai	Examiner and Paper setter	TYBS c Sem V	World Historic Textiles	13th December 2021	Dr. Anjali Srivastava
13	University of Mumbai	Examiner and Paper setter	TYBS c Sem V	Fashion Studies	14th December 2021	Dr. Anjali Srivastava, Mrs. Sanghmitra Navalgund
14	University of Mumbai	Examiner and Paper setter	TYBS c Sem V	Textile & Apparel Marketing	15th December 2021	Mrs. Sanghmitra Navalgund
15	University of Mumbai	Examiner and Paper setter	TYBS c Sem V	Woven Fabric Structure & Construction (Pr)	6th December 2021	Ms. Neha Mulchandani & Dr Vishaka Karnad (External)

16	University of Mumbai	Examiner and Paper setter	TYBSc Sem V	Indian Traditional Embroidery (Pr)	2nd December 2021	Ms. Sanghmitra Navalgund
17	University of Mumbai	Examiner and Paper setter	TYBSc Sem V	Textile & Garment Processing, Colouration & Finishing (Pr)	1st December 2021	Mrs. Vrinda Udiaver Dr Vishaka Karnad
18	University of Mumbai	Examiner and Paper setter	TYBSc Sem V	Pattern Making & Garment Construction - Women's wear (Pr)	3rd December 2021	Mrs. Vrinda Udiaver
19	University of Mumbai	Examiner and Paper setter	TYBSc Sem V	Project work I- Commercial Contemporary Product /Service Development (Pr)	7th December 2021	Mrs. Vibhuti Khedekar, Dr. Anjali Srivastava
20	University of Mumbai	Examiner and Paper setter	TYBSc Sem V	Project work II - Sustainable Community Work (Pr)	4th December 2021	Dr. Pratima Goyal, Ms. Neha Mulchandani, Ms. Vrinda Udiaver, Ms. Sanghmitra Navalgund
18	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Research Methods and Statistics I	28th January 2022	Dr. Anjali Srivastava,

						Mrs. Vrinda Udiaver
19	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Global Merchandising	29th January 2022	Dr. Ritu Madhan
20	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Natural Fiber Science	31st January 2022	Dr. Pratima Goyal Ms. Vrinda Udiaver
21	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Textile & Garment Finishing	1st February 2022	Ms. Sanghmira Navalgund
22	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Home Textiles - Designing & Product Development (Pr)	3rd February 2022	Dr. Pratima Goyal
23	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Pattern Making, Grading and Garment Construction- Women's Wear (Pr)	4th February 2022	Dr. Ritu Madhan
24	University of Mumbai	Examiner and Paper setter	MSc I Sem I	Value addition through Finishes - Textile and Garment (Pr)	5th February 2022	Dr. Vishaka Karnad

25	University of Mumbai	Examiner and Paper setter	MSc I Sem I	CAD- Textile & Fashion Illustration and Design Development (Pr)	7th February 2022	Ms. Sanghmitra Navalgund
26	University of Mumbai	Examiner and Paper setter	MSc II Sem III	Global Fashion Scenario	18th January 2022	Dr. Ritu Madhan, Dr. Anjali Srivastava
27	University of Mumbai	Examiner and Paper setter	MSc II Sem III	Management & Administration in the Textiles & Apparel Business	19th January 2022	Ms. Vrinda Udiaver Ms. Sanghmira Navalgund
28	University of Mumbai	Examiner and Paper setter	MSc II Sem III	Garment Production Technology	20th January 2022	Dr. Pratima Goyal & Mrs. Vibhuti Khedekar
29	University of Mumbai	Examiner and Paper setter	MSc II Sem III	Draping (Knits & Wovens) & Grading (Pr)	22nd January 2022	Ms. Sanghmitra Navalgund & Dr. Neha Mulchandani
30	University of Mumbai	Examiner and Paper setter	MSc II Sem III	World Textile Embroideries and Textile crafts (Pr)	24th January 2022	Dr. Pratima Goyal
31	University of Mumbai	Examiner and Paper setter	MSc II	Women's Apparel Design and	25th January 2022	Dr. Pratima Goyal Dr. Ritu Madhan

			<b>Sem III</b>	<b>Production (Pr)</b>		
<b>32</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>MSc II Sem III</b>	<b>Internship</b>		<b>Dr. Pratima Goyal, Dr. Anjali Srivastava</b>
<b>33</b>	<b>University of Mumbai</b>	<b>Examiner and Paper setter</b>	<b>MSc II Sem III</b>	<b>Research Dissertation</b>	<b>27th January 2022</b>	<b>Dr. Pratima Goyal &amp; Dr. Vishaka Karnad</b>
<b>1</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Knitted and Nonwoven Fabric Structure &amp; Construction (Theory)</b>	<b>4th May 2022</b>	<b>Dr. Pratima Goyal Dr. Ritu Madhan</b>
<b>2</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Textile Testing &amp; Quality Assurance (Theory)</b>	<b>5th May 2022</b>	<b>Dr. Ritu Madhan &amp; Dr. Neha Mulchandani</b>
<b>3</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>World Historic Costumes (Theory)</b>	<b>6th May 2022</b>	<b>Dr. Vishaka Karnad &amp; Dr. Anjali Srivastava,</b>
<b>4</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Fashion Grooming and Styling (Theory)</b>	<b>9th May 2022</b>	<b>Dr. Anjali Srivastava &amp; Mrs.</b>

						<b>Sanghmitra Navalgund</b>
<b>5</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Textile &amp; Apparel Merchandising (Theory)</b>	<b>10th May 2022</b>	<b>Dr. Ritu Madhan &amp; Ms. Sanghmitra Navalgund</b>
	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Knitted and Nonwoven Fabric Structure &amp; Construction (Pr)</b>	<b>25th April 2022</b>	<b>Dr. Vishaka Karnad &amp; Dr. Neha Mulchandani</b>
<b>6</b>	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Textile Testing &amp; Laundry Science</b>	<b>26th April 2022</b>	<b>Dr. Ritu Madhan &amp; Ms. Vrinda Udiaver</b>
	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Textile Designing and Fashion Illustration (pr)</b>	<b>27th April 2022</b>	<b>Dr. Ritu Madhan &amp; Ms. Sanghmitra Navalgund</b>
	<b>University of Mumbai</b>	<b>Examiner and Paper Setter</b>	<b>TYBSc Sem VI</b>	<b>Pattern Making &amp; Garment Construction - Men's Wear</b>	<b>28th April 2022</b>	<b>Dr. Pratima Goyal &amp; Ms. Vrinda Udiaver</b>

7	University of Mumbai	Examiner and Paper Setter	TYBSc Sem VI	Part A : Project work- Entrepreneurial Skill Development in Textile & Fashion	29th April 2022	Dr. Anjali Srivastava & Ms. Vibhuti Khedekar,
	University of Mumbai	Examiner and Paper Setter	TYBSc Sem VI	Part B : Project work - Sustainable Social Entrepreneurship	30th April 2022	Dr. Pratima Goyal & Dr. Neha Mulchandani,
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Research Methods and Statistics II (th)	30th May 2022	Mrs. Vrinda Udiaver & Dr. Anjali Srivastava
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Global Marketing and Entrepreneurship	2nd June 2022	Dr. Ritu Madhan & Dr. Neha Mulchandani
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Regenerated and Synthetic Fiber Science	6th June 2022	Dr. Pratima Goyal & Mrs. Vrinda Udiaver
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Technical Textiles	9th June 2022	Dr. Neha Mulchandani & Ms. Sanghmitra Navalgund

	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Accessory Making and Product Development	15th June 2022	Dr. Pratima Goyal & Mrs. Vrinda Udiaver
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Pattern Making, Grading and Garment Construction- Men's Wear	16th June 2022	Dr. Pratima Goyal & Dr. Ritu Madhan
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Value addition through Dyeing and Printing	17th June 2022	Dr. Vishaka Karnad & Dr. Anjali Srivastava
	University of Mumbai	Examiner and Paper Setter	MSc Sem II	Fashion Photography and Visual Merchandizing	18th June 2022	Dr. Ritu Madhan & Mrs. Sanghamitra Navalgund
12	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Trend Research Forecasting (Theory)	30th May 2022	Dr. Ritu Madhan, Dr. Anjali Srivastava
13	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Media & Communication for Textile & Fashion (Theory)	2nd June 2022	Ms. Vrinda Udiaver Ms. Sanghamitra Navalgund



14	University of Mumbai	Examiner and Paper Setter		Intellectual Property Rights for Textiles & Garments (Theory)	6th June 2022	Dr. Pratima Goyal & Mrs. Vibhuti Khedekar
15	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Sustainable & Ethical Design Development for Textiles & Apparel	20th June 2022	Dr. Vishaka Karnad & Mrs. Vrinda Udiaver
16	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Men's Apparel Design and Production	21st June 2022	Dr. Pratima Goyal & Dr. Ritu Madhan
17	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Costume Designing, Styling and Promotion for Media-Cinema, Serials, Stage	22nd June 2022	Dr. Pratima Goyal & Dr. Vishaka Karnad
18	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Alternative Health Strategies and Therapies	23rd June 2022	Dr. Pratima Goyal & Mrs. Vibhuti Khedekar
19	University of Mumbai	Examiner and Paper Setter	MSc Sem IV	Dissertation Viva-Voce	24th June 2022	Dr. Pratima Goyal & Dr. Vishaka Karnad

**EXAMINER OUTSIDE COLLEGE**

<b>Sr No .</b>	<b>Univeristy/ Department</b>	<b>Invited/designated as</b>	<b>Level / class</b>	<b>Title of the Paper/viva</b>	<b>Place and Date</b>	<b>Name of the staff</b>
	<b>IIS University Jaipur</b>	<b>Ph.D. Examiner</b>	<b>Ph.D. in faculty of Arts and Social Science thesis Evaluation</b>	<b>Analysis of Phygital retailing towards Omni-channel approach in apparel sector</b>	<b>22nd Feb 2022, Mumbai</b>	<b>Dr. Pratima Goyal</b>
	<b>M S University - Vadodra</b>	<b>Examiner</b>	<b>M.Sc Viva VoCE</b>	<b>Dept. of Clothing &amp; Textiles and Textile and Apparel design</b>	<b>4 th January 2022</b>	<b>Dr. Pratima Goyal</b>
	<b>M S University - Vadodra</b>	<b>M.Sc Examiner</b>	<b>M.Sc Viva VoCE</b>	<b>Dept. of Clothing &amp; Textiles and Textile and Apparel design</b>	<b>6th May 2022</b>	<b>Dr. Pratima Goyal</b>

	<b>T</b>	<b>SND</b>	<b>Examiner</b>	<b>M.Sc Viva Voce</b>	<b>Textile and Clothing</b>	<b>May 2022</b>	<b>Dr. Pratim a Goyal</b>
		<b>SNDT</b>	<b>Examiner</b>	<b>Ph.D. RAC</b>	<b>Textile and Clothing</b>	<b>May 2022</b>	<b>Dr. Pratim a Goyal</b>
		<b>SVT College of Home Science</b>	<b>Examiner</b>	<b>Semester VI</b>	<b>Subject Global Supply Chain Managem ent (Th)</b>	<b>April 2022</b>	<b>Dr Vishak a Karnad</b>
		<b>IIS Jaipur</b>	<b>Papersetter &amp; Examiner</b>	<b>Ph.D. Fashion and Textiles Ph.D. Course work</b>	<b>FSSD 1441  Techniqu es of pattern Making Elective</b>	<b>FebruaryM arch 2022 On Post Correspond ence</b>	<b>Dr Vishak a Karnad</b>
		<b>Univers ity of Mumb ai</b>	<b>Chairperson and paper setter for Home Science</b>	<b>Ph.D. Eligibility Test</b>	<b>Home Science</b>	<b>Online</b>	<b>Dr.  Pratim a Goyal</b>
		<b>Univers ity of Mumb ai</b>	<b>Examiner</b>	<b>P.E.T.</b>		<b>Online</b>	<b>Dr Vishak a Karnad</b>

	<b>Banasthali Vidyapeeth</b>	<b>Examiner</b>	<b>Ph.D. Synopsis</b>	<b>Study of Eco-Friendly Dyeing on Wool and Silk by using Medicinal Herbs award of the Ph.D. Degree</b>	<b>May 2021 On Post Correspondence</b>	<b>Dr Vishakarnad</b>
	<b>School of Fashion Design of Technology, Amity University Mumbai</b>	<b>External Examiner</b>	<b>Sem 4 Dissertation</b>	<b>M.Des.- Fashion Technology</b>	<b>Online 29th July 2021</b>	<b>Dr Vishakarnad</b>

## **EXTENSION ACTIVITIES**

### **A. DEPARTMENT LEVEL**

S. No.	Name of the staff member/students	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	<b>Faculty:</b> <b>Dr. Pratima Goyal. Neha Mulchandani</b>	<b>Apne Aap</b> <b>1st Floor,</b> <b>Municipal School,</b>  <b>Near Alankar Cinema,</b>  <b>1st Ln,</b> <b>Khetwadi,</b> <b>Grant Road,</b>  <b>Mumbai,</b> <b>Maharashtra 400004</b>	<b>Product making, branding , packaging, costin, marketing of textile-based products</b>	<b>Children and Young girls</b>	<b>12-15</b>	<b>NIL</b>  <b>Pre-used fabric and other material (online sessions)</b>
2.	<b>Faculty:</b> <b>Dr. Pratima Goyal. Neha Mulchandani</b>	<b>Kshamata NGO, Thane West</b>	<b>Product making, branding , packaging, costin, marketing of textile-based products</b>	<b>Young girls</b>	<b>15-25</b>	<b>Cost borne by the NGO</b>

3	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Vrinda Udiaver</b>  <b>Students:</b> <b>Ms. Zoya Ansari, Ms. Sofia Khan, Ms. Sarah Fakh</b>	<b>Shree Gauranga's Foundation Trust Vasai West</b>  <b>25th September 2021 to 9th April 2022</b>	<b>Product making, branding, packaging, costing, marketing of textile-based products</b>	<b>Young girls and women from lower socio-economic status</b>	<b>10-12 girls/women (15-60 years)</b>	<b>Pre-used fabric and other material (online sessions)</b>
	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Vrinda Udiaver</b>  <b>Students: Ms. Ayesha Dange Ms. Mansi Jadhav, Ms. Rukaaya Yamani, Ms. Sakina Rangwala,</b>	<b>Sakhya Women's Guidance Cell, Nalasopara</b>  <b>16th October 2021 to 2nd April 2022</b>	<b>Product making, branding, packaging, costing, marketing of textile-based products</b>	<b>Women from lower socio-economic status</b>	<b>14-16 girls/women (20 + years)</b>	<b>Pre-used fabric and other material (online sessions)</b>
	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Sanghmitra Navalgund</b>  <b>Students:</b> <b>Juveria Naik, Zehra Shahjapurwala, Safiya Siddiqui,</b>	<b>Sakhya Women's Guidance Cell, Virar</b>  <b>(16th October 2022 to 26th March 2022)</b>	<b>Paper Crafts</b>	<b>Children in the age group of 5-13 Years</b>	<b>15-20</b>	

	<b>Batul Lakkadwala</b>					
	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Sanghmitra Navalgund</b>  <b>Students:</b> <b>Ariba Siddiqui,</b>  <b>Bansi Patel,</b> <b>Kalika Puranik,</b> <b>Krushni Senghani,</b> <b>Mrunmayi Jadhav, Niyati Shah, Prachi Bharatwal,</b> <b>Sarah Mulla,</b> <b>Ujjainwala Zainab,</b> <b>Zainab Singapurwala</b>	<b>Ashwamedh Foundation, Virar</b>  <b>(30th October 2021 to 27th November 2021)</b>	<b>Product making,</b>	<b>women</b>	<b>25-28</b>	

	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Sanghmitra Navalgund</b>  <b>Students:</b> <b>Ariba Siddiqui,</b>  <b>Bansi Patel,</b> <b>Kalika Puranik,</b> <b>Krushni Senghani,</b> <b>Mrunmayi Jadhav, Niyati Shah, Prachi Bharatwal,</b> <b>Sarah Mulla,</b> <b>Ujjainwala Zainab,</b> <b>Zainab Singapurwala</b>	<b>Sneha Sadan, Andheri</b>  <b>(5th February 2022 to 12th March 2022)</b>	<b>Product making, branding , packagin g, costin, marketin g of textile-based products</b>	<b>destitute children</b>	<b>19-22</b>	
	<b>Faculty:</b> <b>Dr Pratima Goyal and Ms. Sanghmitra Navalgund</b>  <b>Students:</b> <b>Bansi Patel,</b> <b>Krushni Senghani,</b>	<b>Jeevan Dhara, Kolad</b>  <b>21st January 2022 to 5th February 2022</b>	<b>Product making,</b>	<b>women</b>	<b>6</b>	

## B. INDIVIDUAL LEVEL



S. No.	Name of the staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1						

## 9. PRIZES AND AWARDS RECEIVED:

### A. BY STUDENTS

S.NO.	Names of the student	Level / class	Staff who guided/ responsible	Details of the Prize/award
1	Mohadessa Deghani	Teacher	Dr Pratima Goyal	Oral Paper presentation Teacher Category: Mohaddesa Dehghani and Dr. Pratima Goyal at Green Fashion India- International conference 2021, MKSSS SOFT titled Empowering Grassroots: Commercial Business Model for Handloom Weaving Sector on 25th and 26th November 2021

2	Samiksha Patil	Student	Dr Pratima Goyal	Second Prize in in Oral Paper presentation Student Category: Sameeksha Patil and Dr. Pratima Goyal at Green Fashion India- International conference 2021, MKSSS SOFT titled Rebirth of Indian six yards on 25th and 26th November 2021
3	Urvashi Jain, Navita Gujja, Mrudula Kadam, Sakina Jamali, Jincy Sajan	Undergraduate level, S.Y. B.Sc	Dr Neha Mulchandani	2nd Prize in Awareness and Action Research for Youth Awakening (AARYA), Intercollegiate Interdisciplinary Undergraduate Research Competition on the topic "Eco-Fashion and Traditional Textiles VS Millennial's Cultural Knowledge" held on 28th February 2022
4	Shruti Chavan, Arwa Das, Bushra Dhanak, Hrudya Hinde, Janice Devassy Jockey	Undergraduate level, S.Y. B.Sc.	Dr. Anjali Srivastava	3rd Prize in Awareness and Action Research for Youth Awakening (AARYA), Intercollegiate Interdisciplinary Undergraduate Research Competition on the topic "Impact of pandemic due to Covid-19 on e-waste generation and its mitigation" held on 28th February 2022
5	Zoya Ansari, Alifia Boxwala, Megha Bhogle, Prachi Barthwal, Ayesha Dange	T.Y.B.Sc.	Dr. Anjali Srivastava	Selected for Final Round of 16th Intercollegiate/Institute/Department Avishkar Research Convention 2021-22 under the category of Commerce, Management and Law. Topic- "Empowering Tribal women Through Training Entrepreneurial Skills to Assist Them Gaining Financial Independence and Dignity" on 15th May 2022

6	<p>Guided the research student</p> <p>For which Best paper presentation award Inequalities in Global Fashion Industry</p>	MSC I	<p>Ms. Drshti Doshi, Dr Pratima Goyal, Dr Neha Mulchandan</p>	<p>International Conference on 4 and 5 June 2021 Innovations and sustainable practices in commerce management and social sciences Future prospects and challenges organised by Maniben's Nanawati Women's College and Inspira Research Association IRA</p>
7	<p>Ms. Sara Dalvi</p>	M.Sc II	<p>Dr. Ritu Madhan</p>	<p>Received 3rd Prize for Best Paper at the 6th National level competition SETSIPC 2021-22, organized by the Department of Information Technology and Computer Science at the Sant Rawool Maharaj Mahavidyalaya, Kudal, held on 15th Feb 2022</p>

#### B. BY THE STAFF MEMBERS

S.NO.	Name of the staff member	Details of the Prize/award
1.	Dr. Vishaka Karnad	Won Prize in Accessory Category of Virtual Exhibition on Hand curated Exhibits Kadhya Research Foundation 5 <sup>th</sup> February 2022 for products developed by Ms. Meryl Azavedo M.Sc. Research

2	Dr Vishaka Karnad	Certificate of Appreciation to the College of Home Science Nirmala Niketan to recognize & Honour Prestigious Institution for valuable & exemplary Contribution to the Education Community on 8th January 2022 presented by ArdorComm Media Group in collaboration with AICTE at the New Normal Education Leadership Summit & Awards held on 7th & 8th January 2022
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**10. RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)**

S.NO.	Name of the staff member	Details of the recognition
1	Dr. Pratima Goyal	Board of Studies for BSc Honors in fashion design and technology, - Ramanand Arya D.A.V. College/ Bhandup east - Vice-chancellor Nominee
2	Dr. Pratima Goyal	Board of Studies in Fashion and Textiles from 1st July 2021 to 30th June 2023 by IIS University- Jaipur
3	Dr. Pratima Goyal	Advisory board member NAFDI School of Fashion Design – NAFDI/ Andheri west -
4	Dr. Pratima Goyal	Invited as jury member for a technical session on 29th December 2021, by Department of Textile Technology BIT Sathyamangalam Erode.

5	Dr. Pratima Goyal	Invited as keynote speaker in an E conference on 'Advances in fashion, and textile designing' (AFCT-2022) on 27th January 2022, by Department of Fashion Technology BIT Sathyamangalam Erode.
6	Dr. Pratima Goyal	Invited as consultant to discuss the MSc course in Textiles and Fashion by Spark School of Design.
7	Dr. Pratima Goyal	Invited as resource person at IIS University, Jaipur to deliver a lecture on 'High performance Textiles' on 22nd October 2021
8	Dr. Pratima Goyal	Invited as speaker in WNF Webinar - Textile Industry - The Future Threads organized by AOTS Alumni Association of India (AAAWI) in Association with AOTS, Japan on the topic 'Enhancing Textiles Through Resist Technique' on 2nd December 2021
9	Dr. Pratima Goyal	Invited as resource person at University of Mauritius- in the department of B.Sc (Hons) Fashion Technology and (Minor entrepreneurship) of Department of Applied Sustainability and Enterprise Development to deliver a lecture on 'Research- Fashion Design Development Process' on 31st August 2020
10	Dr. Pratima Goyal	Invited as resource person at University of Mauritius- in the department of B.Sc (Hons) Fashion Technology and (Minor entrepreneurship) of Department of Applied Sustainability and Enterprise Development to deliver a lecture on 'Scientific Research Process' on 1st September 2020

11	Dr. Pratima Goyal	<p><b>Organized &amp; Hosted Industry-sponsored Half Day Seminar in Surat Versatility in Sportech: Textiles and Fashion at SGTPA Surat on May 27, 2022. (Influential Guests and Speakers at the program: Chief Guest: Kamal Tulsian Former President SGTPA, Special Guest Mr. Vatsal Naik South Gujarat Chemical Manufacturers Association, Mr. K.K. Mishra Director &amp; COO WRA, Mr. Sangramsing Salunkhe, Product Line Manager Panel Discussion : Moderator: Mr. Anjani Prasad, Managing Director, ARCHROMA INDIA PVT.LTD., Panelists: Mr. V R Sai Ganesh, COO - Textiles, ZYDEX INDUSTRIES, Vadodara, Mr. Saji Jose, Technical Director, OM TEX CHEM PVT LTD., Mr. Anil Narkhede, Head Technical Sales, B R SPECIALITIES LLP, Mr. Elliyas Mohammad, DGM - Business Development (Disperse dyes), COLOURTEX INDUSTRIES PVT.LTD. Mr. Amin Khoja, DGM - Business Development (Reactive Dyes), COLOURTEX INDUSTRIES PVT.LTD.)</b></p> <p><b>Organized &amp; Hosted Industry-sponsored an International Webinar on Textile Wet Process: Optimization and Management - Sustainable Strategies and Cost Neutral Techniques on November 26, 2021 (Influential Guests and Speakers at the program: Mr. Ullhas Nimkar (M.Sc. Leeds – Uk, C.Col, FSDC FTA) (President Elect SDC UK &amp; Chairman &amp; Managing Director, Nimkartek Technical Services Pvt. Ltd.), Mr. Arindam Choudhuri (CEO, Fineotex Chemical Ltd.), Dr. Swapneshu Baser (Managing Director, Deven Supercriticals Pvt. Ltd.) Mr. Ian Smith (CTEXT FTI) (Consultant And Business Development Textile Consult Ltd. UK)</b></p> <p><b>Organized &amp; Hosted Industry-sponsored an International Webinar on Sustainable Fibre Value Chain Recycling and Processing on July 23 2021, (Influential Guests and Speakers at the program include Mr. Anjani Prasad Managing Director Archroma India Pvt. Ltd.. Dr. Sudha Anand Director Marketing BKS Pvt. Ltd., Mr. Manmohan Singh. Marketing and Global Head Business development Birla Cellulose, Mr. Kaliappan RM Vice President Operations Arvind Lifestyles Brands Ltd., Dr.</b></p>
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**Siva Pariti Sr. Technical Marketing Officer Bluwin Limited UK Mr. Makarand Kulkarni CEO Polygents Ltd., Mr. Mahesh Sharma Asst. Vice President SF Business, Reliance Industries Ltd., Mr. Orion WU North Asia Archroma)**

**Organized & Hosted Industry-sponsored a webinar on Sustainability of Polymeric Materials – Plastics & Textiles by Dr. Vijay G. Habbu CCol, FSDC Adjunct Professor ICT Mumbai on June 5, 2021**

**Organized & Hosted Industry-sponsored International Webinar on End-To-End Solution Processing to Waste Management on May 14, 2021 (Influential Guests and Speakers at the program include Mr. Anjani Prasad , Managing Director & Member of Global Leadership team, Archroma, Mr. Arindam, Business Head-Global, Britacel Silicones limited, Mr Yawar Ali Shah , Co – founder & CEO, AMA herbal group of companies, Mr Klaus Bergmann , MD of Erbatech India PVT LTD, Director Sales & Director Textile Technology of Erbatech GmbH Germany, End To End Solution: Waste Management, Mr Ajay Popat, Designation : President , Ion Exchange (I) Ltd, Dr K Ramesh, Tamil Nadu Water Investment Company Limited, Tirupur, Tamil Nadu, Mr. Soren Robenhagen (Aquaporin), Dr Jaideep Dudhbhate, Pune, India.**

12	<b>Dr. Anjali Srivastava</b>	<b>Invited as speaker in WNF Webinar - Textile Industry - The Future Threads organized by AOTS Alumni Association of India (AAAWI) in Association with AOTS, Japan</b>
13	<b>Dr Neha Mulchandani</b>	<b>Invited as speaker by Braidtech winter school at the Amirkabir University of Technology at Advanced structures with Braid Technology</b>
14	<b>Dr Neha Mulchandani</b>	<b>Successfully Defended PhD Viva and awarded Phd Degree on 13 August 2021</b>
15	<b>Dr Vishaka Karnad</b>	<b>Invited as Textile &amp; Design (T&amp;D) Jury Reviewer for IFHE</b>
16	<b>Dr Vishaka Karnad</b>	<b>Invited as Speaker International Conference On SUSTAINABILITY IN FASHION DESIGN AND MANUFACTURING (SIFDM) – 2021</b>
17	<b>Dr Vishaka Karnad</b>	<b>Appointed on The Board of Directors, Descatuk Private Limited, Dehradun. INDIA</b>
18	<b>Dr Vishaka Karnad</b>	<b>Invited as Keynote Speaker for Urjita Intercollegiate UG level competition on June 04,2021.</b>



19

**Dr Vishaka  
Karnad**

**Organized & Hosted Industry-sponsored Half Day Seminar in Surat Versatility in Sportech: Textiles and Fashion at SGTPA Surat on May 27, 2022. (Influential Guests and Speakers at the program: Chief Guest: Kamal Tulsian Former President SGTPA, Special Guest Mr. Vatsal Naik South Gujarat Chemical Manufacturers Association, Mr. K.K. Mishra Director & COO WRA, Mr. Sangramsing Salunkhe, Product Line Manager Panel Discussion : Moderator: Mr. Anjani Prasad, Managing Director, ARCHROMA INDIA PVT.LTD., Panelists: Mr. V R Sai Ganesh, COO - Textiles, ZYDEX INDUSTRIES, Vadodara, Mr. Saji Jose, Technical Director, OM TEX CHEM PVT LTD., Mr. Anil Narkhede, Head Technical Sales, B R SPECIALITIES LLP, Mr. Elliyas Mohammad, DGM - Business Development (Disperse dyes), COLOURTEX INDUSTRIES PVT.LTD. Mr. Amin Khoja, DGM - Business Development (Reactive Dyes), COLOURTEX INDUSTRIES PVT.LTD.)**

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**Siva Pariti Sr. Technical Marketing Officer Bluwin Limited UK Mr. Makarand Kulkarni CEO Polygents Ltd., Mr. Mahesh Sharma Asst. Vice President SF Business, Reliance Industries Ltd., Mr. Orion WU North Asia Archroma)**

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**Invited as Textile & Design (T&D) Jury Reviewer for IFHE in November 2021**

20	Dr Neha Mulchandani Dr Vishaka Karnad	Patent No. 396422 Granted For The Invention Healthcare Apparel With Antimicrobial And Fluid Repellant Properties  Dated 21/01/2022
21	Ms. Sanghmitra Navalgund	Invited as speaker to S.G. Patil Arts, Science and Commerce College on the occasion of Ex-MLA Gojartai Bhamre – remembrance day on “Women Empowerment – An internal quest” Online 29 <sup>th</sup> August 2021
22	Mrs. Vibhuti Khedekar	Wardrobe Management, Department of Textile and Apparel Designing, SVT College of Home Science on 4 <sup>th</sup> June
23	Mrs. Vibhuti Khedekar	Judged the Preliminary round of Miss Nirmala Niketan 2021-2022  Mentored the 5 Finalists for the Final round

**C. STAFF DEVELOPMENT ACTIVITIES ATTENDED:**

S.No.	Name of the staff member	Title of the activity	Details	Date
	Ms. Sanghmitra Navalgund	Fashion Illustration Course	5 Days online course	1st july 2021 to 6th july 2021

	Mrs. Vibhuti Khedekar	Innovation Ambassador training (Foundation Level,	Total 16 Sessions of 30 contact hours) conducted by MoE's Innovation Cell & AICTE	during the period from 30th June - 30th July 2021 in online mode
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**D. STUDENT & STAFF DEVELOPMENT ACTIVITIES ORGANIZED:**

S . N o .	Name of the staff member			Detail s	D at e			
	All Staff and students		M.Sc I Orientation	Dept of TFT	1 <sup>st</sup> October 2022			
	All Staff and students		MSc II orientation		3 <sup>rd</sup> aug, 2 <sup>n</sup> d aug ?? ??			

	All Staff and students		TYBSc orientation		12 <sup>th</sup> August		
	Dr. Prati ma Goyal and Dr. Anjali Srivas tava	Dr. Shob ha Lal, Dea n, Facu lty of Edu catio n and Met hodo logy, Jayo ti Vidy apee th Wo men' s Univ ersit y- Raja stha n	Exploring Ideas for Innovations and Incubation leading to Startups and Prototype	Depar tment of Textil e and Fashio n Techn ology in collab oratio n with IIC Colleg e of Home Scienc e Nirma la Niketa n	3 <sup>rd</sup> July 20 21	All staf f and stu den ts	Dr. Prati ma Goy al and Dr. Anja li Sriv astava
	Dr Visha ka Karnad	Ms. Noe mia D'So uza Merit Awa rd			11 <sup>th</sup> Febr uary 20 22		

		and Ms. Noe mia D'So uza End owm ent Chai r					
Dr. Anjali Srivas tava, Ms. Vrind a Udiav er	Dr. Ritu Mad han, Dr. Anja li Sriv asta va, Ms. Vrin da Udia ver, Ms. Vibh uti Khe deka r	Orientation Session to IIC and POC Competition	Institu tion's Innov ation Counc il	11 th Ju ly 20 21	All staf f and stu den ts of TY BSc and MS c	Orie ntati on Sessi on for Stud ents and Facu lties by Inno vatio n Amb assa dors	
Dr. Ritu Madh an, Dr. Anjali Srivas tava, Ms. Vrind a Udiav	Judg e of the com petit ion Mr. Bash esh Gala	Sustainable Development Goals (SDGs)	Institu tion's Innov ation Counc il (IIC)  Colleg e of Home Scienc e,	31 st Ju ly 20 21	All staf f	Proo f of Conc ept Com petiti on OJA S- On the Jour	

	er, Ms. Vibhu ti Khede kar	(Inte rnati onal Busi ness Men tor, Fou nder & MD, 39 Solu tions Gro up)		Nirma la Niketa n			ney to Attai n Succ ess
2	Dr. Anjali Srivasa tava	Ms. Alifi a S. Bhol  (Di rec tor at Nut riA L Die t Cli nic)	Being an Entrepreneur in the Era of Social Media	Institut ion's Innova tion Counci l	1 7 th Se pt 2 0 2 1	All Staf f and stu den ts	Web inar "Bei ng an Entr epre neur in the Era of Soci al Medi a"
3	Dr. Prati ma Goyal  Mrs. Vrind a Udiav er  Mrs. Vibhu	Ms. Meh err Saw hney	Skill Enhancement	Dept of TFT	20 th Se pt 2 0 2 1	All Staf f and stu den ts	Skill Enh ance ment for Care ers in the Texti le and

	<b>ti Khede kar</b>						<b>App arel Indu stry: Surf ace Orn ame ntati on</b>
<b>4</b>	<b>Dr. Prati ma Goyal  Dr. Ritu Madh an Mrs. Vrind a Udiav er</b>	<b>Ms. Anju m Kero sene wala</b>	<b>Skill Enhancement</b>	<b>Dept of TFT</b>	<b>21 st Se pt  20 21</b>	<b>All Staf f and stu den ts</b>	<b>Skill Enh ance ment for Care ers in the Texti le and App arel Indu stry Mak eup and Groo ming</b>
<b>5</b>	<b>Dr. Prati ma Goyal  Mrs. Vrind a Udiav er</b>	<b>Ms. Apa rna Shet h</b>	<b>Skill Enhancement</b>	<b>Dept of TFT</b>	<b>22 nd Se pt 20 21</b>	<b>All Staf f and stu den ts</b>	<b>Skill Enh ance ment for Care ers in the Texti le and App</b>



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6	Dr. Prati ma Goyal  Mrs. Vrind a Udiav er  Mrs. Vibhu ti Khede kar	Ms. Pad maja Bhal avat	Skill Enhancement	Dept of TFT	23 rd Se pt 20 21	All Staf f and stu den ts	Skill Enh ance ment for Care ers in the Texti le and App arel Indu stry Fabr ic Jewe llery Mak ing
7	Dr. Prati ma Goyal  Mrs. Vrind a Udiav er	Ms. Moh adde sa Deh gani	Skill Enhancement	Dept of TFT	30 th Se pt 20 22	All Staf f and stu den ts	Skill Enh ance ment for Care ers in the Texti le and App arel Indu

							stry Und ersta ndin g Cout ure-
8	<p>Dr. Prati ma Goyal</p> <p>Dr. Anjali Srivas tava</p> <p>Mrs. Vibhu ti Khede kar</p>	<p>Mr. Sush il Mun geka r</p>	<p>Entrepreneurship</p>	<p>Institut ion's Innova tion Council</p>	<p>16<sup>th</sup> Oct 20 21</p>	<p>All Staf f and stu den ts</p>	<p>IIC Sessi on on 'In Sear ch of Entr epre neur in You'</p>
9	<p>Green Fashi on India 8th Intern ationa l Confe rence at Pune</p>	<p>M K S S S O F T</p>	<p>Way forward for green fashion</p>	<p>SOFT, Pune</p>	<p>25<sup>th</sup> and 26<sup>th</sup> Nov 20 21</p>	<p>Dr Pra tim a Go yal</p> <p>Dr Vis hak a Kar nad</p>	<p>All Staff (As we were Knowl edge part ners)</p>

10	National Energy Conservation Day (My Energy My Responsibility)	II C	My Energy My Responsibility	NSS Unit and Institution's Innovation Council of College of Home Science Nirma la Niketa n	14 <sup>th</sup> Dec 2021	All Staff	Dr. Anjali Srivastava  Mrs. Vrinda Udia ver  Mrs. Vibhuti Khe deka r
11	Online Workshop and Intercollegiate Competitions: Eco-creations		Stay.... Sustain- care for mother earth	Department of Textile and Fashion Technology's Entrepreneurship Incubation Cell and Institution's Innovation	7 <sup>th</sup> Jan 2022	All Staff and students	Dr. Pratima Goyal  Dr. Neha Mulhandani  Dr. Anjali Srivastava, Mrs. Vibhuti Khe deka r

				Council of College of Home Science Nirmala Niketan			
1 2	Workshop “Fashion Illustration Techniques”	Ms. Taqdees Pawaskar	Skill enhancement	Department of Textile and Fashion Technology’s Entrepreneurship Incubation Cell and Institution’s Innovation Council of College of Home	7 <sup>th</sup> Jan 2022	All Staff and students	Dr. Pratima Goyal Dr. Neha Mulchandani Dr. Anjali Srivastava, Mrs. Vibhuti Khedekar

				e Scien ce Nirm ala Nike tan			
1 3	Work shop “Tras h to Treas ure”	M s. B h av in i P ar ek h	Skill enhancement	Depa rtme nt of Texti le and Fash ion Tech nolo gy’s Entr epre neur ship Incu batio n Cell and  Insti tution 's Inno vatio n Cou ncil of Colle ge of Hom	7 <sup>th</sup> Ja n 20 22	All Staf f and stu den ts	Dr. Prati ma Goy al  Dr. Neha Mulc hand ani  Dr. Anja li Sriv astav a, Mrs. Vibh uti Khe deka r

				e Scien ce Nirm ala Nike tan			
1 4	Remem bering – A Tribu te to Ms. Colett e Galby		College Day		11 th Ja n 20 22	All Staf f and stu den ts	Cult ural Com mitte e
1 5	E Symp osium on Build ing Innov ation and Entre prene urial ecosys tem in educa tional institu tions	O nl in e b y M o E	Innovation and Entrepreneurship	Minist ry of Educa tion's Innov ation Cell and AICT E	1 1 th a n d 1 2 th J a n 2 0 2 2	Dr. Pra tim a Go yal Dr. Rit u Ma dha n, Mr s. Vri nda Udi ave r  Dr. Anj	MoE , IIC

						ali Sri vast ava	
						Mr s. Vib huti Kh ede kar	
1 6	Orien tation sessio n IIC 4.0	Mr. Dipa n Sahu	Innovation and Entrepreneurship	Minist ry of Educa tion's Innov ation Cell	24 <sup>th</sup> Jan 20 22	Dr. Pra tim a Go yal Dr. Rit u Ma dha n, Mr s. Vri nda Udi ave r  Dr. Anj ali Sri vast ava  Mr s. Vib huti Kh ede kar	MoE , IIC

17	73 <sup>rd</sup> Republic Day Celebration	Captain Param Singh, Indian Navy	Republic Day		26 <sup>th</sup> Jan 2022	All Staff and students	Student Council
18	Workshop for Graduating Students: Email Etiquettes and Interview facing Skills	Ms. Zeenaida Gracias	EPC		7 <sup>th</sup> and 16 <sup>th</sup> Feb 2022 3:00 to 5:00 pm	TY BSc and MS cII students	Ms .Sanghmitra Navalgund
19	750 million Surya namaskar Project		Sports Committee		9 <sup>th</sup> Feb 2022	All Staff	Mrs. Vibhuti Khedekar



20	Intellectual Property Rights (IPR)	<p>Mrs. Ujjwal Jaipal Singh (Examiner of Patents and Designs Patent Office Mumbai)</p> <p>Dr. Ajay Thakur (Asst Controller of Patents and Designs, Patent Office Mumbai)</p>	IIC		10 <sup>th</sup> Feb 2022	<p>Dr. Pratima Goyal</p> <p>Dr. Vishaka Karnad</p> <p>Dr. Ritumadhan, Mrs. Vrinda Udiaver</p> <p>Dr. Anjali Srivastava</p> <p>Mrs. Vibhuti Khedekar</p>	<p>Dr. Anjali Srivastava</p>	
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2 1	2 <sup>nd</sup> NDM A NDE C	Ms. Reshma Ganji (M. D Liba az)  Ms. Vidya Vivek (Designer Couture House)	Dept TFT		11 <sup>th</sup> Feb 20 22	All Staff and students	Dr. Prati ma Goyal  Dr. Vish aka Karnad  Mrs. Sang hmit ra Nava lgun d
2 2	Laws and Ethics in Entrepreneurial Ventures	Ms. Pooja Kapadia  Ms. Sanchi Sehgal  (Business Affairs and Legal-Tulsea)	IIC	Institution's Innovation Council	17 <sup>th</sup> Feb 20 22	All Staff and students	Dr. Prati ma Goyal  Dr. Ritu Madhan Dr. Anja li Srivastava

2 3	<b>The Journey Towards Successful Entrepreneurship (Kalaa by Nanda)</b>	<b>Mrs. Nanda Magdum and Ms. Aditi Magdum</b>	<b>The Journey Towards Successful Entrepreneurship (Kalaa by Nanda)- A success story of a mother daughter duo</b>	<b>Institution's Innovation Council &amp; Entrepreneurship Incubation Cell of Department of Textile and Fashion Technology</b>	<b>24<sup>th</sup> Feb 2022</b>	<b>All Staff and students</b>	<b>Dr. Pratima Goyal Dr. Anjali Srivastava Mrs. Vibhuti Khedekar</b>
2 4	<b>Nirmal Utsav</b>				<b>24<sup>th</sup> Feb 2022</b>	<b>All Staff and students</b>	<b>Cultural Committee</b>
2 5	<b>Jamboree Haat</b>		<b>Meraki</b>		<b>25<sup>th</sup> and 26<sup>th</sup> Feb 2022</b>	<b>All staff and students</b>	<b>Dr. Pratima Goyal Mrs. Vrinda Udia ver Dr. Anjali Sriv</b>

							astava Mrs. Vibhuti Khedekar
26	Marathi Basha Divas	Mr. Satis h Moghe and Mrs. Vars ha Dan dale			26 <sup>th</sup> Feb 20 22	All staf f and stu den ts	Mrs. Vibhuti Khe deka r Dr Vish aka Kar nad
27	Pankh (Road to Equal ity)				8 <sup>th</sup> Mar 20 22	All Staf f and stu den ts	Dr. Ritu Mad han
28	Heal Yours elf with Yoga	Ms. Yash ashv i Dosh i			8 <sup>th</sup> Mar 20 22 5: 30 to 6: 30	MS c II stu den ts	Dr. Prati ma Goy al and Ms. Dras hti

					p m		Dosh i
2 9	Techn ical Textil es and their Appli cation	Mr. Avin ash May ekar (M. D Suvi n Advi sors Pvt Ltd) and Dr. Ravi prak ash Sing h (Scie ntist SAS MIR A)	Enhancement of knowledge in field of technical textiles		9 <sup>th</sup> M ar 20 22	All staf f and stu den ts	Dr. Prati ma Goy al  Dr. Ritu Mad han  Mrs. Vrin da Udia ver
3 0	Work shop of Digita l Printi ng and transf er printi ng	Dr. Vish aka Kar nad			10 <sup>th</sup> M ar 20 22  11 :0 0 a m to 1:	FY BSc and MS c I stu den ts, Dr. Anj ali Sri	Dr. Vish aka Kar nad

					20 p m	vast ava	
3 1	Ayurveda as a Holist ic Healt hcare	Ms. Nikit a Sher e- Ayu rved a expe rt			11 th M ar 20 22 3: 00 p m on w ar ds	MS c II stu den ts	Dr. Prati ma Goy al  Ms. Sam eeks ha Patil
3 2	Mindf ulness and Medit ation	Ms. Dish a Upa dhya y			12 th M ar 20 22 , 2: 00 p m on w ar ds	MS c II stu den ts	Dr. Prati ma Goy al  Ms. Vais hali Gala

33	<p>Industrial Visit to Surat - Ginza industry-warp knitting machine, laser cutting of garments, garment manufacturing processing and packaging unit,</p> <p>Ramanuj Printing mills</p> <p>dyeing and printing, screen printing, digital printing, rotary printing,</p>				14 <sup>th</sup> , 15 <sup>th</sup> and 16 <sup>th</sup> Mar 2022	All staff and students (except Ms. S Navalgund)	All Staff
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34	Webinar on Energy Healing	Ms. Naina Karani-Energy healing Therapist			26 <sup>th</sup> Mar 2022 3:00 p m onwards	MS C II students	Dr. Prati ma Goyal Ms. Pooja Savla
35	Degree Distribution Ceremony	Mr. Rusbhabh Turakhia Author, Philanthropist, Kindness Ambassador			22 <sup>nd</sup> Mar 2022 1:30 p m	All staff	All staff
36	Vastrakala (Daboo and Tanjore Painting)	Mr. Dhiraj Chipa and Ms. Swarna Raja	Skill enhancement	Institution's Innovation Council and Department of Textile and Fashion	25 <sup>th</sup> Mar 2022	All staff and students	Dr. Prati ma Goyal Dr. Neha Mulhadani

		kochi		n Techn ology			Dr. Anja li Sriv astav a
3 7	Demo nstrat ion of testin g machi nes	Mr. Wils on  Paul Car doz	Technical knowledge in testing		28 th M ar 20 22	All staf f and stu den ts	Dr Prati ma Goy al  Dr Vish aka Kar nad
3 8	Demo nstrat ion of block printi ng	Mrs. Vrin da Udia ver	Skill enhancement		28 th M ar 20 22	All Staf f and stu den ts	
3 9	Art- based Thera py	Ms. Nira li Gog ri			29 th M ar 20 22  , 12 .3 0p m on w ar ds	MS c II stu den ts	Dr. Prati ma Goy al  Ms. Fate ma Dhar iwal a

40	<p>Extension work (Rural Camp) - TYBS c Khara jgaon - Gyan deep Com munit y Colleg e</p>		<p>Sensitizing to needs of the lesser privileged and enhancing teaching skills</p>		<p>31st Mar and 1st t  A pr 20 22</p>	<p>Dr. Rit u Ma dha n  Dr. Neh a Mu lch ada ni</p>	<p>Dr. Prati ma Goy al  Dr. Ritu Mad han  Dr. Neha Mulc hada ni</p>	
	<p>Extension work (Rural Camp) - MSc I and II Bharu ch- Vidya deep Com munit y Colleg e</p>		<p>sensitizing to needs of the lesser privileged and enhancing teaching skills</p>		<p>31st Mar and 1st t  A pr 20 22</p>	<p>Dr. Pra tim a Go yal  Mr s. Sag hmi tra Nav alg und a and all stu den ts</p>	<p>Dr. Prati ma Goy al  Mrs. Sag hmit ra Nava lgun d</p>	

	<b>Webinar on waste management</b>	<b>Ms. Rashmi Joshi, Environment Consultant</b>	<b>Waste Management and Composting: Waste Wise</b>	<b>NSS Unit</b>	<b>5th April 2022</b>		<b>Dr. Anjali Srivastava</b>
<b>41</b>	<b>Demonstration of Printing techniques</b>				<b>6th April 2022</b>	<b>All staff and students</b>	
<b>42</b>	<b>Jamboree Fashion Show</b>		<b>Display of students' creative garment designing talent in the fashion show Student led activity</b>		<b>13th April 2022</b>	<b>All staff and students</b>	
<b>43</b>	<b>Swadeshi Swag</b>		<b>sensitization to traditional textiles, arts and crafts</b>		<b>Full year</b>	<b>All staff and students</b>	<b>Dr. Pratima Goyal Dr. Ritu Madhan &amp; Ms. Sanghmitra Nava</b>

							lgund
44	Quiz competition	NSS Unit	The Father of Republic India	NSS Unit, College of Home Science Nirma la Niketan	14th April 2022	Dr. Anjali Srivastava	

**11. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:**

**12. VALUE ADDED COURSES OF THE DEPARTMENT:**

Name of the course	Number of students	Duration		Funds generated
		Commenced	Accomplished	

Entrepreneurship in Textile Craft (Dr. Pratima Goyal & Dr. Vishaka Karnad)	17 Successfully completed	October 2021	February 2022	Rs. 59,500/-
Visual Merchandising (Dr. Pratima Goyal & Dr. Ritu Madhan)	14 Successfully completed	October 2021	February 2022	Rs. 49,000/-
<p><b>WORKSHOP ON PERSONAL STYLING GROOMING AND FITNESS</b></p> <p>By Ms. Shaifali Singh</p> <p>Transformation Coach and Solutions Facilitator</p> <p>Personal Styling, Grooming and Fitness (Dr. Pratima Goyal &amp; Mrs. Vibhuti Khedekar and)</p>	56 SY BSC students	19th April 2022	20th April 2022	
Add-on Diploma Course in CAD CAM and Computer Technologies in the Apparel Industry (Dr. Pratima Goyal, Dr. Neha Mulchandani, Dr. Anjali Srivastava, Mr. Samir Panchmatia)	32	27th October 2021	1 9th April 2022	Rs.2,24,000/-

Certificate Crash course on CAD CAM and Computer Technologies in the Apparel Industry (Intermediate & Advanced) Dr. Pratima Goyal, Dr. Neha Mulchandani, Dr. Anjali Srivastava, Mr. Samir Panchmatia)	10+10	27th October 2021	1	Rs.80,000/-
			9th April 2022	

### 13. FUNDS GENERATED IN SEMESTER I and II:

Type of the Activity	Beneficiaries	Date	Funds generated

### ANY OTHER INFORMATION IN BRIEF:

#### Other Responsibilities

#### Dr. Pratima Goyal

- Head of the Department (From 1<sup>st</sup> April 2021 onwards)
- IQAC NAAC Coordinator from 1st April 2021

- **Mentor for T2 Group of T.Y.B.Sc.**
- **Mentor of M.Sc from 1st April 2021**
- **Program officer of National Service scheme (NSS)**
- **Convenor of Criteria V of NAAC (till 31st March 2021)**
- **Member of IQAC till 31st March 2021**
- **Convener of “Women’s Development Cell”**
- **Convenor of “Caste Based Discrimination”**
- **Convener of Internal Complaints cell (prevention, prohibition of sexual harassment) and Vishakha Committee**
- **Guide, mentor, and part of the organizing team for the Inter collegiate fashion show- Jamboree 2019**
- **Part of the team of syllabus revision of the Department of Textile and Fashion Technology**
- **Conceptualized and organized interesting Virtual Fashion Show, Vlogs, Educational Tours to National n International factories, artisans n designers den & Museums**
- **Organized all the programs Virtually for NSS**
- **Organized virtual programs for Women’s Development Cell**

**Dr. Vishaka Karnad**

- **F.Y.B.Sc. Coordinator Monitoring admissions, attendance and performance of students. Student orientation and follow up online meetings with students and calls with parents of defaulters.**
- **Coordinator of Value-Added Course- Entrepreneurship in Textile Craft**
- **Member of the College Managing Committee**
- **Member of the Grants and Events Committee**
- **Member of the Examination Committee**
- **Member of NAAC Criterion III Research Extension and Innovation**

**Dr. Ritu Madhan**

- **Co-ordinator - F.Y.B.Sc Kidswear**



- **Coordinator of Value-Added Course - Visual Merchandising**
- **Presiding Officer -Anti – Ragging Committee**
- **Convenor MOOC – Swayam**
- **Convenor - M S Teams**
- **Coordinator - Star-up Activity, IIC**
- **Member - Student’s Council**
- **Member - Website Committee**
- **Member - Women’s Development Cell**
- **Member - Institution’s Innovation Cell**
- **Member - NAAC Criterion II – Teaching, Learning & Evaluation**
- **Mentor - T2 group**
- **Appointed as member of Executive Committee of the Home Science Association of India**

**Ms. Neha Mulchandani**

- **Coordinator of Add-on Diploma Course in CAD CAM and Computer Technologies in the Apparel Industry and Crash Course of MSc I and II**
- **Member of NAAC Criterion IV**
- **Convener of Interfaith Committee**
- **Member of Anti Ragging**
- **Mentor for FY BSc – F2**

**Ms. Vrinda Udiaver**

- **Appointed to the BoS for BA Honours in Apparel Design and Construction of Nagindas Khandwala College of Commerce, Arts and Management Studies and Shantaben Nagindas Khandwala College of Science Mumbai**
- **Member of NAAC Criterion I**
- **Convener of Scholarship Committee**

- **Convener of CAP Committee**
- **Coordinator NISP**
- **Coordinator SYBSc practical in Pattern Making Garment Construction and Styling for Womens Wear**
- **Member Magazine Committee**
- **Member College Website Committee**
- **Member of Institution's Innovation Council**
- **Mentor for SYBSc – S6**

**Dr. Anjali Srivastava**

- **Coordinator of Add-on Diploma Course in CAD CAM and Computer Technologies in the Apparel Industry and Crash Course of MSc I and II**
- **Member of NAAC Criterion VII**
- **Program supervisor of NSS unit**
- **Member of College Website Committee**
- **President of Institution's Innovation Council**
- **Nodal Officer of Atal Ranking of Institutions on Innovation Achievements (ARIIA) Team**
- **Mentor of FY BSc F7 group**

**Mrs. Sanghmitra Navalgund**

- **Convener of NAAC Criterion V**
- **Member of Library Committee**
- **Member of Cultural Committee**
- **Member of EPC**
- **Mentor for FY BSc – F5**

**Mrs. Vibhuti Khedekar**

- **Convener of the Sports Committee**
- **Member of NAAC Criteria VI**
- **Member of AARYA and AVISHKAR Committee**

- **Social Media Coordinator of Institution's Innovation Council**
- **Member of Anti Ragging Squad**
- **Mentor of FYBSC F4 Group (Conducted online mentoring sessions for the students)**
- **Coordinator of Add-on Diploma Course in Personal Styling, Grooming and Fitness**
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**MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS:**

- **Home Science Association of India (HSAI)**
- **Textile Association of India (TAI)**
- **Indian Science Congress Association (ISCA)**
- **Society of Dyers and Colorist (SDC)**
- **Indian Fiber Society (IFS)**
- **Indian Natural Fiber Society (INFS)**
- **BUCTU**

**Any other points**

**1) Dr. Pratima Goyal**

- **Conducted Meeting with SDC UK for International Conference**
  - **Headed the Peer team visit of NAAC delegates as IQAC Coordinator**
  - **Facilitated CAS interviews for Dr Ritu Madhan, Dr Neha Mulchandani & Dr Subhadra Mandalika**
- Dialogued with different universities and organizations for MoU**
- **University of Mauritius**
  - **Maharaja Sayajirao University of Baroda**
  - **IIS University Jaipur**
  - **Wool research association**

**2) Dr. Vishaka Karnad**

- **Conducted Examinations from 4th to 11th May 2022 TYBSc**
- **Conducted Meeting with Textile Excellence and Messe Frankfurt on 3rd February 2022**
- **Participated in the National Level Quiz Competition conducted for the teachers in HEI on 23/01/2022 organized by IOT Academy Coimbatore Tamil Nadu India**

**3) Dr. Ritu Madhan: Completed CAS Interviews for Grade 2 - Grade 3 on 13/08/2021**

**4) Dr. Neha Mulchandani Completed CAS Interviews for Grade 1 - Grade 2 on 13/08/2021**

**5) Mrs. Vrinda Udiaver: Guided M.Sc II Dissertation of Ms. Pooja Savla on the topic “Revival of Saura Art by Developing Textile Products”.**

**6) Dr. Anjali Srivastava**

**7) Mrs. Sanghmitra Navalgund - Certificate course of advanced fashion illustration 1st July 2021 to 6th July 2021**

**8) Mrs. Vibhuti Khedekar**

- **Guided M.Sc II Dissertation of Ms. Drashti Doshi on the topic “Developing Indian Traditional garments for Deviangans”.**
- **Part of the organizing team along with other department teachers for the Inter collegiate fashion show- Jamboree 2021-2022**
- **Member of the Hospitality and Foods committee for NAAC Peer Team Visit held on 27<sup>th</sup> and 28<sup>th</sup> of September 2021.**
- **Attended the Institute Day Program held on 8<sup>th</sup> December organized by the management of the Nirmala Niketan Institute**
- **Attended the Christmas Party organized by the management of the Nirmala Niketan Institute held on 20<sup>th</sup> December 2021.**

- **Attended Farewell of Dr. Prof Subadra Mandalika held on 30<sup>th</sup> April 2022**
- **Attended all Dr. Ritu Madhan's Online Practical Sessions for the subject of Pattern making, Garment Construction and Styling for Kids Wear (Practical)**
- **Coordinated the shooting for the Video shot on 3<sup>rd</sup> March 2022 by Mr. Rahul Khandare, Director, as a part of the Nirbhaya Pathak of Mumbai Police (An initiative on behalf of Shri Rajendra Kane, Senior Police Inspector, Vile- Parle (East)), to commemorate International Women's Day.**
- **Attended the PHD Viva of Mrs. Kundalata Mishra on 29th May 2022**

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### **1. Challenges faced 2020-2021**

**Online mode of education especially for practical**

**Blended Teaching Learning**

### **2. Future plans for 2021-2022 (as per the feasibility and practicality of implementing full-fledged or will be undertaken online wherever possible)**

- **International/ National conference to be planned**
- **Vocational training / Skill Development Training / Entrepreneurial skill development program can be planned on lines with NEP**
- **Regular activities of the department will continue, which include**
- **Jamboree - Annual Fashion Show**
- **Jamboree Haat–Market**
- **Jamboree – Workshops & Competitions**
- **Extension work activities**
- **Fieldwork**
- **Educational Tour – Visits to industries, traditional art and craft centers, museums, etc**
- **Seminar / Conference / Session / Workshop, which will be clubbed with Noemia D'Souza Endowment Chair**
- **Vastrakala (Paramparik Karigar)**

- **Story of Achievers, which will be clubbed with Noemia D'Souza Merit Award and can also be routed through the Alumni Association**
- **Reapply for Approval of the two new M.Sc. programmes and five (VAC and Add-on Courses) of the department**
  - **M.Sc. Programmes**
  - **Fashion Retail Management & Media Communication**
  - **Fashion Styling & Product Development**
  - **Request the Management to allow the department to conduct crash courses of the proposed VAC and Add-on Courses till the approval from the University is obtained**
  - **CAD CAM and Computer Technologies in Textile and Apparel Industry (for MSc I and MSc II)**
  - **Technological Skills for the 21st Century**
  - **Design Thinking, Innovation and Start-Ups**
  - **Personal Styling, Grooming and Fitness**
- **MOUs to be signed and collaboration to be strengthened with International, National and Local institutes, industries, GOs and NGOs for the growth and development of the Department & College**
- **Professional / technological development programmes for the faculty**
- **Feedback form for syllabus to be created for Alumni and Industry**
- **Department publication in association with research unit**
- **Renovation of clothing labs**

**ANNUAL REPORT  
ACADEMIC YEAR 2021 - 2022**

**DEPARTMENT OF COMMUNITY RESOURCE MANAGEMENT  
For the period 14<sup>th</sup> June 2021 – 30<sup>th</sup> Nov 2021**

**Name Of the Department: Community Resource Management**

**Number Of Teachers: 6 Staff**

Mrs Sunita Jaiswal - Associate Professor (Permanent post)  
Dr. Roopa Rao – Assistant Professor (Permanent post)  
Mrs. Sakina Chhatriwala (CHB)  
Ms. Saniya Pai (CHB)  
Ms. Riddhi Raut (CHB)  
Mrs Nandita Gupta (CHB)

**Number Of Students:**

T.Y.BSc – 48

Value Added Course:

- ✓ **Workstation Design and Applied Ergonomics: 20**
- ✓ **Cultural and Heritage Management: Did not commence due to Pandemic.**

Electives:

**Residential Interior Design – 18**  
**Front office and Housekeeping Management - 30**

1. **Participation In Orientation Programmes, Refresher Courses Etc.:** Nil2. **Number Of Major and Minor Research Projects (Sanctioned and Completed with Names Of Funding Agencies):**

S. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.						

3. **Research Collaborations: Dept/Individual**

Name	Industries	Research Institutes/ Centres	Hospitals /Gyms	Academic Institutes	Government/ NGOs/ Support Groups

4. **Number Of Publications Including Indexing & Impact Factor:**

Name of Faculty	No. of Publications (Full articles)							Total
	Books	Chapters in books	Research Paper	Research Poster	Abstract	Magazines	Newspaper articles	
Mrs. Sunita Jaiswal								
Dr. Roopa Rao			6					6
			6					6



## i. PUBLICATIONS (DETAILS)

## a. International Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/ names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index
<b>Mrs. Roopa Rao</b>							
1.	Roopa Rao and Amruta Raut	2021	International Journal of Innovative Research Multidisciplinary Field (IJRMF)	Posture Assessment of Material Handling Tasks in Bakeries using OWAS Technique	Volume – 7, Issue – 8, Aug 2021. pp. 19 – 25	ISSN: 2455-0620	6.719
2.	Roopa Rao and Arwa Dahodwala	2021	International Journal of Multidisciplinary Educational Research (IJMER)	Psychosocial (Work-Related) Risk Factors Contributing to Occupational Stress Among Healthcare Workers (HCWs)	Volume: 10, Issue: 7(6), July 2021. pp. 53 – 58	ISSN: 2277-7881	7.97
3.	Roopa Rao and Vinita Tatipamula	2021	International Journal of Creative Research Thoughts (IJCRT)	Ergonomic Assessment of Work-Related Musculoskeletal Discomfort Faced by Bakery Workers	Volume: 9, Issue: 7, July 2021. pp. g605 – pp. g612	ISSN: 2320-2882	7.97
4.	Roopa Rao and Ankita Manna	2021	International Journal of Creative Research Thoughts	Coping Strategies Adopted by Healthcare Workers to Eliminate Negative Stressors	Vol.9, Issue 7, pp. d534-d540, July 2021	ISSN:2320-2882	7.97

			(IJCRT),				
5.	Roopa Rao and Mugdha Ayare	2021	International Journal of Emerging Technologies and Innovative Research (www.jetir.org)	Work-Related Musculoskeletal Disorders (WRMSDs) Among Healthcare Workers (HCWs)	Vol.8, Issue 7, page no. e45-e50, July-2021,	ISSN:2349-5162.	7.95
6.	Roopa Rao and Sakshi Gupta	2021	International Journal for Research in Applied Science and Engineering Technology (IJRASET)	Prevalence of WMSDs and Task Characteristics of Manual Baking Activities in Bakeries	Volume 9, Issue VII	ISSN: 2321-9653	7.429

**b. National Level**

Paper /Article in Journal Publication							
Sr No.	Name of the author name/ names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index

**ii. PAPER PRESENTATION**

**a. International Level**

Paper presented in Seminars, Conferences							
Sr No.	Name of the author name/	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other

	<b>names</b>						

**b. National Level**

<b>Paper presented in Seminars, Conferences</b>							
<b>Sr No .</b>	<b>Name of the author name/ names</b>	<b>Title of the Paper</b>	<b>Name of the Conference/ Seminar</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place and Date</b>	<b>Sponsoring Agency Any other</b>

**c. State/University/Local Level**

<b>Paper presented in Seminars, Conferences</b>							
<b>Sr No .</b>	<b>Name of the author name/ names</b>	<b>Title of the Paper</b>	<b>Name of the Conference/ Seminar</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place and Date</b>	<b>Sponsoring Agency Any other</b>

**iii. SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED/ATTENDED**

**a. International Level**

<b>Seminar Conference Attended</b>							
<b>Sr No.</b>	<b>Name of the Seminars/ Conferences</b>	<b>Name of the person / Organization</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>	

conducted						
<b>Mrs Sunita Jaiswal</b>						
1	International symposium	Department of Management Studies and Centre of Innovation Incubation and Entrepreneurship (CIIE) OF Kandivali Education Society's B.K.Shroff College of Arts and M.S. Shroff College of Commerce	Achieving Self-Reliance Through Social Entrepreneurship	Department of Management Studies and Centre of Innovation Incubation and Entrepreneurship (CIIE) OF Kandivali Education Society's B.K.Shroff College of Arts and	<b>04<sup>th</sup> Aug 21 Wednesday</b>	
2	International Webinar Organizational Transformation A knowledge Management Approach	Soundarya Institute of Management and Science Dept of Business Administration and IQAC	Organizational Transformation A knowledge Management Approach	Soundarya Institute of Management and Science Dept of Business Administration and IQAC	<b>30<sup>th</sup> July 21 tute</b>	
<b>Mrs Roopa Rao</b>						
1.	International Webinar CII LIVE (Lighting Ventilation Ergonomics) 2021 Summit & Expo	Confederation of Indian Industry IGBC (Indian Green Building	“An initiative for a Healthier Workspace Environment”	<ul style="list-style-type: none"> <li>• Confederation of Indian Industry</li> <li>• Indian Society of Ergonomics</li> <li>• CREDAI Tamil</li> </ul>	1 <sup>st</sup> – 7 <sup>th</sup> September 2021 CII HIVE Virtual Platform	Jaguar Herman Miller Blue Star Olympia Aeroflex

		Council)		<p>Nadu</p> <ul style="list-style-type: none"> <li>• The Indian Institute of Architects</li> <li>• Forum of Critical Utility Services</li> <li>• ISHRAE</li> <li>• Indian Society of Lighting Engineers</li> </ul>		FeatherLite Daikin Panasonic
2.	International Webinar “Shifting Consumer Demands: What’s next?”	Aptean and Food Engineering	“Shifting Consumer Demands: What’s next?”	Aptean and Food Engineering	21 <sup>st</sup> July 2021  Virtual Platform	Hormann, TNT and Aptean
3.	Three-day International Training Series on “Healthy Workplace Initiative #Ergonomics”	Directorate of Research and All India Coordinated Research Project on Home Science, College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan - India	“Healthy Workplace Initiative #Ergonomics”	Directorate of Research and All India Coordinated Research Project on Home Science, College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan - India	21 <sup>st</sup> June, 28 <sup>th</sup> June and 5 <sup>th</sup> July 2021	

4.	International Webinar on "Role of NIDM in India's Disaster Risk Management: Lessons for Nepal"	NIDM in collaboration with Asian Institute of Diplomacy and International Affairs (AIDIA)	"Role of NIDM in India's Disaster Risk Management: Lessons for Nepal"	NIDM in collaboration with Asian Institute of Diplomacy and International Affairs (AIDIA).	9 <sup>th</sup> July 2021 CISCO Webex	
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## b. National Level

Seminar Conference Attended						
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
<b>Mrs Sunita Jaiswal</b>						
1	2 Days national webinar	Organized by K.M.E. Society's G.M.Momins Women's college Biwandi	on Quality Management in Education	Organized by K.M.E. Society's G.M.Momins Women's college Biwandi	10 and 11 <sup>th</sup> Aug 21	
2	National Webinar	Organized by the NSS unit 62 of Thiagarajar College Madurai, Tamil Nadu, in association with National Centre for Financial Education, Mumbai.	On Financial Awareness and Consumer Training (FACT)	NSS unit 62 of Thiagarajar College Madurai, Tamil Nadu, in association with National Centre for Financial Education, Mumbai.	9 <sup>th</sup> Aug 21	

3	National Level Webinar	Lala Lajpatrai College Of Commerce & Economics Lala Lajpatrai Marg, Mahalaxmi, Mumbai-B.A.F Department Along With The Department Of Lifelong Learning & Extension	“Business Communication And Etiquettes To Follow In The Corporate World,”	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai	07th August, 2021. Zoom platform	
4	Two days online workshop	Organized by Faculty of Commerce and Management ,SGT University ,Gurugram ,Delhi –NCR	on “Business Case Writing”	Faculty of Commerce and Management ,SGT University ,Gurugram ,Delhi – NCR	5 <sup>TH</sup> -6 <sup>TH</sup> Aug 2021	
5	National Webinar	University College of Law Osmania University,Hyderabad	Introduction to securities Market	University College of Law Osmania University,Hyderabad	31 <sup>st</sup> July 21 Zoom	
6	One Day FDP	Gurunank Khalsa college of Arts,Science and Commerce, Matunga Mumbai CAS Committee along with IQAC under the	“New Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission”	Gurunank Khalsa college of Arts, Science and Commerce, Matunga Mumbai CAS Committee along with IQAC under the aegis of RUSA	30 <sup>th</sup> July 21 utube	

		aegis of RUSA				
<b>7</b>	Two days National level workshops	Lala Lajpat rai college of Commerce and Economics, Mahalaxmi Mumbai Entrepreneurship Development Cell with IQAC in collaboration with AIESEC	Entrepreneurial workshop on - Innovative ways to upscale Entrepreneurial Ventures under new norms. An overview of Sources and Government Schemes - Modes and Methods of Patent Protection ;A Pre – requisite to start up	Lala Lajpat rai college of Commerce and Economics, Mahalaxmi Mumbai Entrepreneurship Development Cell with IQAC in collaboration with AIESEC	28 <sup>th</sup> & 29 <sup>th</sup> July 21	
<b>8</b>	National Webinar	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	“Execution of National Education Policy 2020 in Pandemic Panorama: Opportunities and Challenges” Challenges in Practical Implementation of NEP in context of Teaching, Learning and Research.	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	24 <sup>th</sup> July 2021 MS. Teams  11.00am-12.30pm	
<b>9</b>	One Day workshop	Prahaladrai Dalmia Lions College of Commerce and Economics in association with University of Mumbai	An insite into Career Advancement Scheme(CAS) its recent amendments in accordance with the 7 <sup>th</sup> Pay Commission	Faculty Development Cell (FDC) And IQAC OF THE COLLEGE	24 <sup>TH</sup> July 21 Saturday	
<b>10</b>	One day webinar	APC Mahalaxmi College for women, THOOTHUKU DI	Engaging Pedagogies for an effective Learning environment	Internal Quality Assurance Cell in collaboration with iqac Cluster India	23 <sup>rd</sup> July 21	



11	National Webinar	Lala Lajpatrai College of Commerce and Economics WDCELL and IQAC	Financial Schemes for Women Entrepreneurs	Lala Lajpatrai College of Commerce and Economics WDCELL and IQAC	16 <sup>th</sup> July '21 Zoom 11am-1pm	
12	3 days online training Programme	Women Development and Empowerment Cell of KES Shroff College Arts and Commerce in association with National Institute of Disaster Management (NIDM), Ministry of Home Affairs, Government of India	'Gender, Disaster Management and Sustainable Communities'	Women Development and Empowerment Cell of KES Shroff College Arts and Commerce in association with National Institute of Disaster Management (NIDM), Ministry of Home Affairs, Government of India	15 <sup>th</sup> , 16 <sup>th</sup> , 17 <sup>th</sup> July 21	

<b>13</b>	National Webinar	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	“Execution of National Education Policy 2020 in Pandemic Panorama: Opportunities and Challenges” Challenges in Practical Implementation of NEP in context of Teaching, Learning and Research.	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	9 <sup>th</sup> July 2021 MS.Teams  11.00am-12.30pm	
<b>14</b>	One Day National webinar	IQAC OF Government college of Arts and Science, Aurangabad.	Fostering Teaching Learning Practices for Quality Enhancement In Higher Educational Institutions	IQAC OF Government college of Arts and Science, Aurangabad.	5 <sup>th</sup> July 21 Monday Zoom 10.30am to 4.30pm	Sponsored by NAAC
<b>15</b>	Capacity Building – Webinar on MOOCs and e- content in Four Quadrant	Organized by RJCollege- Autonomous	Capacity Building –Webinar on MOOCs and e- content in Four Quadrant	Organized by RJ College- Autonomous	2 <sup>nd</sup> July Friday 3.00pm-6.00pm	
<b>16</b>	National level 3 DAYS FDP	Nehru Institute of Engineering and Technology Coimbatore ,Tamil Nadu	FDP on Outcome Based Education (oBE) and Accreditation Process	Dept of Computer Science and Engineering	17 <sup>th</sup> ,18 <sup>th</sup> ,19 <sup>th</sup> June 21 Go to Meeting platform	
<b>17</b>	Twin State level Workshop	KET’s V.G.Vaze College(Autonomous) Mulund, Mumbai and IQAC	“Standard Operating Procedures”	KET’s V.G.Vaze College(Autonomous) Mulund, Mumbai and IQAC	15 <sup>th</sup> June 21 Tuesday 3.00pm	
<b>18</b>		KET’s V.G.Vaze College(Autonomous)	“Drafting Policies and Procedures” by Dr P.S.Tambe	KET’s V.G.Vaze College(Autonomous)	14 <sup>th</sup> June 21 Monday	

		mous) Mulund,Mumbai and IQAC		Mulund,Mumbai and IQAC	3.00pm	
<b>19</b>	Webinar	Dept of Commerce IQAC & IPR Cell of UOM in collaboration IQAC, The Maharaja Sayajirao Univ of Baroda	“IPR For Academician”	Dept of Commerce IQAC & IPR Cell of UOM in collaboration IQAC, The Maharaja Sayajirao Univ of Baroda	12 <sup>th</sup> June 21 11 am	
<b>20</b>	3 days National Online FDP Zoom and You Tube	IQAC Kamala Nehru Mahavidyalaya Nagpur	“ICT Tools for effective Teaching and Learning “	IQAC Kamala Nehru Mahavidyalaya Nagpur	8 <sup>th</sup> June-10 <sup>th</sup> June 11 am Tues,Wed,Thurs	
<b>21</b>	Webinar	S. T. Co-Op. Education Society’s Ltd. Science Senior College, Shahada , Dist.- Nandurbar	“Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S. T. Co-Op. Education Society’s Ltd. Science Senior College, Shahada , Dist.- Nandurbar	09th June 2021 Wednesday	
<b>22</b>	EXPERT TALK	K. J. Somaiya Institute of Engineering and Information Technology (KJSIEIT) Sion, Mumbai	“Changing Dynamics of Education post COVID era- Insights from Chanakya’s Teaching”	K. J. Somaiya Institute of Engineering and Information Technology (KJSIEIT) Sion, Mumbai	4 <sup>th</sup> June 20 Friday Timing: 4.00 pm to 5.30 pm	
<b>23</b>	Faculty Development Program (FDP) webinar series	ASSOCHAM GEM Green Building Council and Dr. D. Y. Patil Institute of	Accelerating Clean, Green and Sustainable Innovations in India 'Energy Audit & Commencement'	ASSOCHAM GEM Green Building Council and Dr. D. Y. Patil Institute of Technology,	4th June 2021 Friday 11.00am	

		Technology,				
24	Web seminar	ASSOCHAM INDIA	Research and Innovation Best Practices in Higher Education	INDIA ASSOCHAM	June 2, 2021 Wednesday 11:30 am,	
25	Web seminar	ASSOCHAM INDIA	“Mental Health Matters “How Organizations can support their team’s wellbeing towards the Pandemics.	ASSOCHAM AND Inner Hour Webinar	June 2, 2021 Wednesday 4.00PM – 5.00PM	
<b>Mrs Roopa Rao</b>						
1.	National Webinar “Earthquake Precursors and Early Warning System”	National Institute of Disaster Management, Ministry of Home Affairs, GoI in collaboration with National Center for Seismology, Ministry of Earth Sciences	Earthquake Precursors and Early Warning System	National Institute of Disaster Management, Ministry of Home Affairs, GoI in collaboration with National Center for Seismology, Ministry of Earth Sciences, GoI	1 <sup>st</sup> Sept 2021 CISCO Webex	-
2.	National Webinar “Thunderstorms and Lightning Warning Early Action: What’s New?”	NIDM, Ministry of Home Affairs, Government of India, and India Meteorological Department, Ministry of Earth Sciences, Government of India	“Thunderstorms and Lightning “Early Warning Early Action: What’s New?”	NIDM, Ministry of Home Affairs, Government of India, and India Meteorological Department, Ministry of Earth Sciences, Government of India	20 <sup>th</sup> July 2021 CISCO Webex	-

3.	National Webinar “Lightning: Disaster Resilient India”	National Institute of Disaster Management (NIDM), Ministry of Home Affairs and World Vision India.	“Lightning: Disaster Resilient India”	National Institute of Disaster Management (NIDM), Ministry of Home Affairs and World Vision India.	19 <sup>th</sup> July 2021  CISCO Webex	
4.	National Level 3-day Online Training Programme on “School Safety and Disaster Risk Management”	NIDM, Ministry of Home Affairs, GOI in collaboration with Directorate of School Education Kashmir, J & K UT.	“School Safety and Disaster Risk Management”	NIDM, Ministry of Home Affairs, GOI in collaboration with Directorate of School Education Kashmir, J & K UT.	14 <sup>th</sup> – 16 <sup>th</sup> July 2021  CISCO Webex	
5.	National Webinar on “Tourism in HP during COVID-19 Times: Issues, Challenges, and Way Forward”	National Institute of Disaster Management in collaboration with Himachal Pradesh State Disaster Management Authority, Govt of Himachal Pradesh.	“Tourism in HP during COVID-19 Times: Issues, Challenges, and Way Forward”	National Institute of Disaster Management in collaboration with Himachal Pradesh State Disaster Management Authority, Govt of Himachal Pradesh.	13 <sup>th</sup> July 2021  CISCO Webex	
6.	3-day Certificate Online Training Programme on	National Institute of	“Fire Safety - Prevention Audit and Response”	National Institute of Disaster	12 <sup>th</sup> – 14 <sup>th</sup> July 2021	

	“Fire Safety - Prevention Audit and Response”	Disaster Management, Ministry of Home Affairs, Government of India and conducted by FICCI.		Management, Ministry of Home Affairs, Government of India and conducted by FICCI.	CISCO Webex	
7.	Five-day National Webinar on “Intellectual Property Rights (IPR) and Future Business Revolution”	IQAC, Acharya Bangalore B School, Bengaluru Karnataka	“Intellectual Property Rights (IPR) and Future Business Revolution”	IQAC, Acharya Bangalore B School, Bengaluru Karnataka	11 <sup>th</sup> – 15 <sup>th</sup> July 2021  Zoom portal	
8.	One day Digi Connect Webinar on “COVID-19: what You Should Know to Prepare for the Future.”	Environmental and Occupational Health (ENOH).	“COVID-19: what You Should Know to Prepare for the Future.”	Environmental and Occupational Health (ENOH).	10 <sup>th</sup> July 2021	
9.	One-day National Level webinar “Mandated Corporate Social Responsibility: Lessons from Indian Experience,”	Post Graduate Department of Commerce, P. E. S. College of Science, Arts & commerce, (Affiliated to University of Mysore), Mandya, Karnataka State	“Mandated Corporate Social Responsibility: Lessons from Indian Experience,”	Post Graduate Department of Commerce, P. E. S. College of Science, Arts & commerce, (Affiliated to University of Mysore), Mandya, Karnataka State	28 <sup>th</sup> June 2021	

## c. State/Local Level

<b>Seminar Conference Attended</b>						
<b>Sr No.</b>	<b>Name of the Seminars/ Conferences</b>	<b>Name of the person / Organization conducted</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>
<b>Mrs Sunita Jaiswal</b>						
<b>1</b>	State Level Workshop	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai And Department Of Lifelong Learning & Extension along with the B.A.F Department in association with DVOC INSTITUTE	“The Art Of Making Ppt’s”: Learn To Make Effective Powerpoint Presentations,	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai	05th August, 2021 ZOOM PLATFORM	
<b>2</b>	Exploring Ideas for Innovation and Incubation leading to Start-up and Prototype	Organized by Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	Exploring Ideas for Innovation and Incubation leading to Startup and Prototype	Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	3rd July 21- Saturday 3.00pm to 4.30pm	
<b>3</b>	Interactive and Mentorship Session with a successful	Organized by ICC,	Interactive and Mentorship Session with a successful	Organized by ICC,	28 <sup>th</sup> June 21 Monday	

	Entrepreneur	College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi	Entrepreneur Organized by ICC, College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi	College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi		
4	3 Day Faculty Development Programme (FDP)	IQAC College of Home Science Nirmala Niketan	3 days' workshop on "Outcome Based Education"	IQAC College of Home Science Nirmala Niketan	23 <sup>rd</sup> ,25 <sup>th</sup> ,26 <sup>th</sup> June 21Wed,Fri,Sat Zoom Platform	
<b>Mrs Roopa Rao</b>						
1.	One day faculty Development Program: New Amendments in Career Advancement Scheme (CAS)	•	One day faculty Development Program	CAS Committee along with IQAC G. N. Khalsa Khalsa College of Arts, Science & Commerce, Matunga, Mumbai	Online 30 <sup>th</sup> July 2021	Under the aegis of RUSA
2.	One Day Workshop: An Insight into Career Advancement Scheme (CAS) and its recent amendments in accordance with the 7 <sup>th</sup> pay commission"	•	One Day Workshop	Faculty Development Cell (FDP) and IQAC Prahadrai Dalmia Lions College of Commerce & Economics, Mumbai,	Online 24 <sup>th</sup> July 2021	
3.	3 Day Faculty Development Programme (FDP) "Outcome Based Education" - Formulating Programme and Course Outcomes	• IQAC College of Home Science Nirmala Niketan	3 Day Faculty Development Programme (FDP)	IQAC Of College Of Home Science Nirmala Niketan	23rd, 25th and 26th June 2021	



## iv. SEMINAR, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED

## a. International Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
1.					

## b. National Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
1.					

## c. College Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
<b>Mrs Sunita Jaiswal</b>					
1	NAAC Peer Team Visit at the college level	College Of Home Science Nirmala Niketan Teaching and Non-Teaching Staff As Well As Stakeholders	NAAC Peer Team Visit at the college level	Convenor of Criterion IV Infrastructure Development and Learning Resources	Mumbai College Of Home Science Nirmala Niketan  Sept 2020
2	Orientation for T.Y.B.Sc	College Of Home Science	Student Development	As Head of the Department	29 <sup>th</sup> , 30th 31st

	students	Nirmala Niketan	Program	coordinated,organized 4 days programme	Aug ,21,
3	“Orientation to careers in Home Science”	Collaboration with Ms. Farah Syed - ex-supervisor, Nirmala Niketan Junior College, Mumbai – 20 and a few students of TYCRM (2020 – 2021) batch	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	17 <sup>th</sup> July 2021  MS Teams
4	“Consumerism during the COVID times”	Ms. Sunita Jaiswal, HoD – CRM coordinated with SY Coordinator Miss Roopa Rao in collaboration with Department, NNCHSc	Student Development Program	Planning Coordination Organizing	18 <sup>th</sup> June 2021  MS Teams
<b>Mrs. Roopa Rao</b>					
1.	NAAC Peer Team Visit at the college level	College Of Home Science Nirmala Niketan Teaching and Non-Teaching Staff As Well As Stakeholders	NAAC Peer Team Visit at the college level	Member of Criterion 2 teaching learning and evaluation, convenor/member of the college statutory and non-statutory committees as well as roles and responsibilities of the department	Mumbai College Of Home Science Nirmala Niketan  Sept 2020
2.	“Orientation to Careers in Health Sciences after TYCRM”	Mrs. Roopa Rao in collaboration with Symbiosis Institute of Health Sciences (SIHS), Lavale, Pune	Student Development Program	Planning Coordination Organizing Conducted	9 <sup>th</sup> Oct 2021  Google Meet
3.	“Personal Grooming Skills for the Hospitality Industry”	Mrs. Roopa Rao in collaboration with Ms. Aneri Gala, Lakme Institute	Student Development Program	Planning Coordination Organizing Conducted	6th Sept 2021  MS Teams
4.	Job Profiles After	Mrs. Roopa Rao in	Student Development	Planning	4 <sup>th</sup> Sept 2021

	MBA”	collaboration with IBS – ICAFI Business School, Powai	Program	Coordination Organizing Conducted	Zoom
5.	“Orientation to careers in Home Science”	Mrs. Roopa Rao in collaboration with Ms. Farah Syed - ex-supervisor, Nirmala Niketan Junior College, Mumbai – 20 and a few students of TYCRM (2020 – 2021) batch	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	17 <sup>th</sup> July 2021  MS Teams
6.	“Value Education & Preserving the Ethos of the College”	SY Coordinator in collaboration with Sr. Cheryl, NNI	Student Development Program	Planning Coordination Organizing	15 <sup>th</sup> June 2021  MS Teams
7.	“Attire & Virtual Etiquettes in the New Normal”	SY Coordinator in collaboration with Dr. Ritu Madhan, Student Council, NNCHSc	Student Development Program	Planning Coordination Organizing	16 <sup>th</sup> June 2021  MS Teams
2.	“Nutrition for Adolescents - Eat Healthy, Stay Healthy”	SY Coordinator in collaboration with Dr. Anuradha Mitra, HoD – FND Department, NNCHSc	Student Development Program	Planning Coordination Organizing	17 <sup>th</sup> June 2021  MS Teams
3.	“Coping and Resilience”	SY Coordinator in collaboration with Ms. Rhonda Divecha – HD Department, NNCHSc	Student Development Program	Planning Coordination Organizing	17 <sup>th</sup> June 2021  MS Teams
4.	“Minimalistic Approach to Dressing”	SY Coordinator in collaboration with Ms. Sanghamitra Navalgund – TFT	Student Development Program	Planning Coordination Organizing	18 <sup>th</sup> June 2021  MS Teams

		Department, NNCHSc			
5.	“Consumerism during the COVID times”	SY Coordinator in collaboration with Ms. Sunita Jaiswal, HoD – CRM Department, NNCHSc	Student Development Program	Planning Coordination Organizing	18 <sup>th</sup> June 2021  MS Teams

v. **INVITED AS CHIEF GUEST, PANELIST, AND SPEAKER**

<b>Invited As Chief Guest, Panellist, and Speaker</b>						
<b>Sr No.</b>	<b>Name of the Organization</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collaboration /Sponsoring Agency</b>
<b>Mrs. Roopa Rao</b>						
1.	B. K. Birla College (Autonomous), Kalyan Maharashtra State	Golden Jubilee Year Celebrations of the B. K. Birla College (Autonomous), Kalyan, Maharashtra State	Subject Expert	4 <sup>th</sup> August 2021  Zoom Portal	“Career Opportunities in Home Science”	B. K. Birla College (Autonomous), Kalyan Maharashtra State

**5. PRIZES AND AWARDS RECEIVED: BY STAFF MEMBERS**

1.	Sunita Jaiswal	Presented Research Proposal Titled “Role of Women in the Decision-Making Process amongst different Economic Strata In Mumbai City” in Humanities, Languages and Fine Arts and TH Category and secured <b>Second Position</b> at the FINAL Round of 15 <sup>th</sup> Intercollegiate /Institute /Department Avishkar Research Convention 2020-21 organized on virtual platform University of Mumbai on 29 <sup>th</sup> June 2021
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**6. EXAMINATION WORK:**

## 7. EXTENSION ACTIVITIES/ INDUSTRIAL VISIT:

### **Department of Life Long Learning and Extension:**

Coordinated with Department of Lifelong Learning and Extension, University of Mumbai where the department took over a project under SWS (Status of Women in Society) which takes care of women issues. The Department of Lifelong Learning and Extension [DLLE] (known earlier as Department of Adult and Continuing Education and Extension) established on October 12, in the Year 1978 and has been recognized as a statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. Constant experimentation has enabled the DLLE to fine-tune the use of Project Work as an academic tool for the evaluation of Extension Work. Students conducted survey on Women Empowerment. And also analysed the data under the project of DLLE.

48 students of the 2021-2022 batch have registered for DLLE Programme. The entire project undertaken will be accomplished under the guidance of two student leaders Miss Disha Maroli and Miss Marium Khan with Teacher Coordinator Mrs Sunita Jaiswal

### **Each One Teach One:**

Each one teach one is a motivation for the educated class to understand their moral and social responsibility to teach at least one illiterate person, makes a big difference in society. Ever since the pandemic hit, it hasn't been easy for anyone. May it be the frontline worker or head of the department and so on? But one thing the pandemic has taught is that life is uncertain and that one can lose our loved ones in a blink of an eye. Keeping that in mind students of the T.Y.CRM department conducted an extension activity called "EACH ONE TEACH ONE", wherein they reached out to the underprivileged parts of the society and decided to lend a helping hand. The subjects were from all across Mumbai residing near the student's locality. The primary objective of conducting this activity was to impart knowledge through support and it is through this hands-on training and knowledge that one learns any type of skill.

As it is rightly said – "Padhega India tabhi toh badhega India" ~ Devanshi Patel. By that she meant, just taking the initiative to improve the life of just one child suffering from child labour would be more beneficial than donating something to him/her. Sure, one can be a part of many campaigns, sign on petitions, be a part of parades but how is it helping? It is through this medium that one can contribute a little towards a good cause.

Each one teach one was like a two-way street. It helped students to know their subjects well and design the pattern of study accordingly. The subjects for the activity belonged to different areas of Mumbai since students stay in different parts of Mumbai city.

The activity conducted was of 10 hours wherein the students would conduct each session of one hour each accordingly. Since everyone's target group was different, the objectives would differ depending on the subjects.

Some of the objectives included –

Incorporating low-cost nutritious recipes,

Enhancing communication skills,

Teaching entrepreneurial skills to generate income, and

Invoking consumer awareness. Menstrual health and hygiene.

Taking Basic English Grammar sessions for the kid facing difficulties, etc. After conducting these sessions, the feedback was collected.

### **Students and Subjects Feedback:**

It was an amazing experience. At the beginning it was challenging to cover the topic which is related to math's (calculation) that to in Marathi but it went smoothly. Student enjoyed teaching it to her target group. She was happy that the knowledge she shared with Mrs. Khopkar is useful to her and she is happy about it. Even after the session she is continuing with her daily entries of income and expense and to do list. Mrs. Khopkar was so happy with the session that she even asked the student to help one of her colleague with same session and she even said that the way I taught her math's calculation was so easy to understand that anyone can do it. At the end she even suggested that she should take math's classes.

## **8. PARTICIPATION, PRIZES AND AWARDS RECEIVED:**

### **i.) AWARDS/PRIZED RECEIVED**

#### **Mrs. Roopa Rao**

- Ayare, M., Dahodwala A., Manna, A., Poyrekar, V. and Rao, R. (2021), Presented a research proposal titled "Psychosocial and Organizational Factors Influencing Occupational Health of Healthcare Workers," in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.
  - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021 and was awarded the third prize.
- Gala, A., and Rao, R. (2021), Presented a research proposal titled "Incidence of Injuries Among Hockey Players: Risk Factor and Countermeasures," in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
  - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021 and was awarded the consolation prize.

### **ii. PARTICIPATION IN COMPETITIONS**

#### **Mrs Sunita Jaiswal**

- Mansuri Z, Nunes S , Rajput D, Fatima Shekhani A and Jaiswal S (2021), Presented research proposal titled "**Impact of Pandemic on Women Burden of Unpaid Work and Related Health Issues**" in the Selection Round at the 15th AVISHKAR Research Competition organized

Online by University of Mumbai. The research proposal was presented under Category 6: Medicine and Pharmacy Level 1: UG. On 12th April 2021.

### **Mrs. Roopa Rao**

- Ayare, M., Dahodwala A., Manna, A., Poyrekar, V. and Rao, R. (2021) Presented a research proposal titled "**Psychosocial and Organizational Factors Influencing Occupational Health of Healthcare Workers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.
  - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021
- Gala, A., and Rao, R. (2021), Presented a research proposal titled "**Incidence of Injuries Among Hockey Players: Risk Factor and Countermeasures,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
  - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021
- Gupta, S., Raut, A., Sawant, R., Tatipamula, V., and Rao, R. (2021), Presented a research proposal titled "**Prevalence of Work-Related Musculoskeletal Disorders Among Bakery Workers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 1: UG. On 12th April 2021.
  - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021.
- Padwal R., and Rao, R. (2021), Presented a research proposal titled "**Intake of Nutritional Supplements Among Gym Goers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 2: PG. On 12th April 2021.
- Shah, P., and Rao, R. (2021), Presented a research proposal titled "**Orthorexia Nervosa in Field Athletes aged 18 – 35 years,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
- Aricatt, M., Almeida, M., Dias, P., Jaiswar, S., and Rao, R. (2021), Presented a research proposal titled "**Factors Contributing to Occupational Stress among Cruise ship Employees,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.

- Hira, G., Premani, S., Shah, K., Shaikh, S., and Rao, R. (2021), Presented a research proposal titled "**Ergonomics Assessment of Safety Features in Toy Design,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 1: UG. On 12th April 2021.
- Gandhi, F., Hemani V., Kenia,C., and Rao, R. (2021), Presented a research proposal titled "**Ergonomic Assessment of Health and Safety of Workers Employed in the Powder Coating Industry,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 6: Medicine and Pharmacy; Level 1: UG. On 12th April 2021

9. **RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

S.NO.	Details of the recognition
	<b>Sunita Jaiswal</b>
1	<b>Board of Studies</b> <ul style="list-style-type: none"> <li>• Appointed on the Board of Studies Dr BMN College of Home Science (Resource Management)</li> </ul>
	<b>Roopa Rao</b>
1.	<b>Joint Secretary, IBERD (International Board of Eductaion, Research and Development)</b> ( <a href="http://Home   International Board for Educational, Research and Development (iberd.org)">Home   International Board for Educational, Research and Development (iberd.org)</a> )
2.	<b>District Co-coordinator, Avishkar – University of Mumbai</b> <ul style="list-style-type: none"> <li>• Appointed as the District Co-coordinator for 16" Inter-collegiate/Institute/Department Avishkar Research Convention: 2021-22 for Zone 1, Mumbai I (Colaba to Mahim, CSMT to Matunga and CSMT to Wadala), University of Mumbai. (No.SW/306/2of 2022) dtd 7/1/2022.</li> </ul>
3.	<b>Research Guide for M.Sc.-2 (Sports Nutrition) Students</b> <ul style="list-style-type: none"> <li>• Appointed as a Guide for MSc in Sports Nutrition Course by Department of Foods, Nutrition and Dietetics, College of Home Science – Nirmala Niketan, Mumbai, for the Self-Financing Master’s program, affiliated to University of Mumbai; as per letter</li> </ul>



	Ref: NN/CHSC/21-22/GO/3487. 4 students allotted – Ms. Nidhi Boricha, Ms. Sakshi Mangiraj, Ms. Akanksha Kasliwal, and Ms. Purva Agarwal.
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#### 10. CONTRIBUTION TO ACADEMIC AND ADMINISTRATIVE ACTIVITIES WITHIN COLLEGE

##### i. MEMBERS OF COLLEGE ADMINISTRATIVE COMMITTEES

S. No.	Name of the committee	Designation
<b>Mrs Sunita Jaiswal</b>		
1	NAAC-Criteria IV Infrastructure Development and Learning Resources	Convener.
2	Department of Community Resource Management	HOD
3	T.Y.B.Sc CRM Community Services (Extension Activities)	Coordinator
4	Department of Life Long Learning and Extension. University of Mumbai	Extension Coordinator
5	Value Added Course “Cultural Heritage and Management”	Coordinator
6	College Management Committee	Head of the Department
7	Internal Quality Assurance Cell (IQAC)	Member
8	NIRF(National Institutional Ranking Framework)	Member
9	Examination committee	Member
10	Student council committee	Member
11	Admission committee	Member
12	Attendance committee	Member
13	Time Table committee	Member
14	Mentoring	Member
<b>Mrs. Roopa Rao</b>		
1.	Employment Placement Cell	Convenor
2.	S.Y.B.Sc.	Coordinator

3.	Value-Added Course "Workstation Design and Applied Ergonomics"	Coordinator
4.	College Development Committee	Elected Member
5.	College Management Committee	Senior Teacher of the Department
6.	F. Y. B.Sc. Practical (Aesthetics in Design)	Practical Coordinator
7.	F. Y. B.Sc. Practical (Skills for the Hospitality Industry)	Practical Coordinator
8.	Purchase Committee	Member
9.	Grants Committee	Member
10.	AARYA, Avishkar and MRP committee	Member
11.	Unfair Means Enquiry Committee	Member
12.	NAAC Criterion – II	Member
13.	Admission Committee	Member
14.	Time Table Committee	Member
15.	Anti- Ragging Committee	Member

ii. **ACADEMIC CONTRIBUTION**

S. No.	Title of the activity	Details	Date
<b>Mrs Sunita Jaiswal</b>			
1	NAAC Peer Team Visit	Convenor of Criterion IV Infrastructure Development and Learning Resources. Contributed towards all arrangements of infrastructural facilities to showcase the facilities available before the NAAC Peer Team during the PTV held in September 2021	Preparation – 10 <sup>th</sup> Sept 2021 till 26 <sup>th</sup> Sept 2021
		Coordinated with infrastructural facilities for all the departments as well as Committees to setup exhibits and documents.	PTV- 27 <sup>th</sup> and 28 <sup>th</sup> Sept 2021
2	Workshop for	Conducted One and half hour session on “Stress and Time Management”	18 <sup>th</sup> Sept 2021

	student Development	for the F. Y.B. Sc. Students	
3	TYBSc Admission	As a member of Admission Committee coordinated for admission for Semester V	Last week of July and First week of August 2021
4	Orientation to T.Y.B.Sc. (Semester – V)	As part of Student Induction Programme Planned ,Coordinated and Conducted Orientation to T.Y.BSc.CRM Semester V (2021 – 2022 batch) students Alumni sharing experience	13 <sup>th</sup> and 14 <sup>th</sup> August 2021
5	Workshops for Student Development	Conducted One and half hour session on “Consumerism during the COVID” times for the S. Y.B. Sc. Students	18 <sup>th</sup> June 2021
<b>Roopa Rao</b>			
1.	NAAC Peer Team Visit	Contributed immensely to ensure that the college could showcase all our strengths before the NAAC Peer Team during the PTV held in Sept 2021.  Helped set up exhibits for the department as well as the committees (Employment Placement Cell, AARYA/Avishkar, Criteria- II files and other documentation work, S.Y.B.Sc. files/documentation)	Preparation – 10 <sup>th</sup> Sept 2021 till 26 <sup>th</sup> Sept 2021  PTV - 27 <sup>th</sup> and 28 <sup>th</sup> Sept 2021
2.	Orientation to S.Y.B.Sc. (Semester – IV)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. Semester-III (2021 – 2022 batch) students. - 140 participants (which included 132 S.Y.B.Sc. students) - VAC and Add-on courses were introduced to the students by the convenors of the courses.	28 <sup>th</sup> Oct 2021
3.	Admission to T.Y.B.Sc. (2021 – 2022)	Helped students (both current as well as drop students who wish to take admission to TY 2021 - 2022) throughout the day.... - ATKT marks - Helped FY students (drop a sem or year) who wished to take admission to S. Y. B. Sc. (2020-21). - Helped FY students (drop a sem or year) who wished to take	10 <sup>th</sup> July – 2 <sup>nd</sup> Aug 2021

		admission to S. Y. B. Sc. (2020-21).	
4.	Workshops for Student Development	Organised six workshops for the S. Y.B. Sc. Students. <ul style="list-style-type: none"> <li>- Value Education &amp; Preserving the Ethos of the College on 15<sup>th</sup> June 2021</li> <li>- Attire &amp; Virtual Etiquettes in the New Normal on 16<sup>th</sup> June 2021</li> <li>- Nutrition for Adolescents - Eat Healthy, Stay Healthy on 17<sup>th</sup> June 2021</li> <li>- Coping and Resilience on 17<sup>th</sup> June 2021</li> <li>- Minimalistic Approach to Dressing on 18<sup>th</sup> June 2021</li> <li>- Consumerism during the COVID times on 18<sup>th</sup> June 2021.</li> </ul>	15 <sup>th</sup> – 18 <sup>th</sup> June 2021
5.	Orientation to Specialisation	Planned, coordinated and conducted Orientation to Specialisation Selection Process and Introduction to the four Departments from 2.30 – 5.00 pm <ul style="list-style-type: none"> <li>– 198 participants had logged in.</li> <li>– All 160 students with their parents attended the online orientation.</li> <li>– Google form link for specialisation selection was given to students with 18<sup>th</sup> July 12.00 midnight</li> </ul>	17 <sup>th</sup> July 2021
6.	Orientation to S.Y.B.Sc. (Semester III)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. (2021 – 2022 batch) students. <ul style="list-style-type: none"> <li>– Invited the scholarship and the Examination Committee convenors to address the students after the Manager and Principal's address.</li> </ul>	14 <sup>th</sup> June 2021

### iii. GUIDANCE RENDERED TO RESEARCH SCHOLAR

Sr No.	Name of the student	Title of the research project	Level	University
<b>Roopa Rao</b>				
1.	Sakshi	Consumer's perception of ideal shoes and the factors that	M. Sc. (Sports Nutrition)	University of Mumbai

	Mangiraj	influence the buying behaviour.		
2.	Akanksha Kasliwal	Effect of psychological ergogenic aid on tennis players aged between 9-15 years.	M. Sc. (Sports Nutrition)	University of Mumbai
3.	Nidhi Boricha	Perception Of Young Adults Aged 18 – 35 Years on Yoga or Gym.	M. Sc. (Sports Nutrition)	University of Mumbai
4.	Purva Agarwal	Mallakhambh – Traditional Sport Awareness and its Physiological Impact among school going children (aged 10 – 15 years).	M. Sc. (Sports Nutrition)	University of Mumbai
5.	Corrina Pereira Sneha Bhosle Supriya Waghmare Tanaya Naik	Ergonomic Evaluation of Workstation Of Bank Clerks	T. Y. CRM	University of Mumbai
6.	Disha Maroly Rukaiya Unwala Sakina Kherodawala	Ergonomic Assessment of Kitchen Layout w.r.t. The Anthropometric Data of Women Working in Kitchens: A Note to Builders and Designers	T. Y. CRM	University of Mumbai
7.	Ansari Ayesha Teresa Esha Fatema G. Priya Phatak Saloni Shah	Work-Related Challenges Among Medical Representatives	T. Y. CRM	University of Mumbai
8.	Nutanna Bale Poonam Dalvi	Ergonomic Risk Assessment of Textile Weaving Industries	T. Y. CRM	University of Mumbai

	Tanisha Kadam Vijaya Bhaigade			
9.	Bhavya Gala Stency Fernandes Sania Andrandes Vanessa Figer	Prevalence Of Musculoskeletal Disorders Among Higher Secondary Teachers Working from Home During COVID - 19	T. Y. CRM	University of Mumbai
10.	Riddhi Chheda Devanshi Dedhia Shailee Gandhi Karina Haria Moksha Mehta	Impact Of COVID 19 on Tourism – Perception of Mumbaikars	S. Y. B. Sc.	University of Mumbai

## iv. STAFF DEVELOPMENT ACTIVITIES ATTENDED:

S.No.	Title of the activity	Details	Date
<b>Mrs Sunita Jaiswal</b>			
1.	“A – Z of PTV”	organized by the IQAC, College of Home Science Nirmala Niketan. Dr. Ayub Shaikh, Associate Professor – ICS College, Khed, Ratnagiri	on 13 <sup>th</sup> July 2021  Zoom meeting portal.
2.	“Formulating Course and Programme Outcomes”	Organised by College of Home Science Nirmala Niketan, Mumbai – 20. Dr. Shrihari Ashok Pingle, Asst Professor– IQAC Coord, SP Sanstha’s S. N. Arts, D. J. M. Commerce & B. N. S. Science College, Sangamner was the invited experts.	on 23 <sup>rd</sup> , 25 <sup>th</sup> , and 26 <sup>th</sup> June 2021.  On Zoom portal

<b>Mrs. Roopa Rao</b>			
1.	“A – Z of PTV”	Organized by the IQAC, College of Home Science Nirmala Niketan. Dr. Ayub Shaikh, Associate Professor – ICS College, Khed, Ratnagiri	on 13 <sup>th</sup> July 2021  Zoom meeting portal.
2.	“Formulating Course Outcome, Programme and Outcomes”	Organised by College of Home Science Nirmala Niketan, Mumbai – 20. Dr. Shrihari Ashok Pingle, Asst Professor– IQAC Coord, SP Sanstha’s S. N. Arts, D. J. M. Commerce & B. N. S. Science College, Sangamner was the invited experts.	on 23 <sup>rd</sup> , 25 <sup>th</sup> , and 26 <sup>th</sup> June 2021.  On Zoom portal

**v. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:**

----- NIL -----

**11. VALUE ADDED COURSES OF THE DEPARTMENT:**

Name of the course	Coordinator of the course	Number of students	Duration		Funds generated
			Commenced	Accomplished	
Workstation Design and Applied Ergonomics	Mrs. Roopa Rao	20	Sept 2021		

**12. FUNDS GENERATED IN SEMESTER I and II:**

Type of the Activity	Beneficiaries	Date	Funds generated

**13. ANY OTHER INFORMATION IN BRIEF:**

➤ **OCLD/OCER:**

Dr. Roopa Rao motivated, guided 17 students from Hotel Front Office & Housekeeping elective (T. Y. B.Sc. CRM) to apply for OCLD/OCER on 2<sup>nd</sup> November 2021.

**Oberoi Central Employment Register (OCER) for a career as OPERATIONS ASSISTANT** is a database of all candidates who are offered a job as an Operations Assistant in The Oberoi Group. OCER recruitment is done on an annual basis Open access days at the Oberoi, Mumbai. On being selected through the OCER recruitment process, students are offered a position as an operations assistant in one of the four operational departments:

- Food and beverage (F&B) service operations
- Front office operations
- Housekeeping operations
- Kitchen operations

**Oberoi Centre of Learning and Development (OCLD)** was established in 1966. Today, management training programmes at OCLD are considered among the best in Asia and a benchmark for international excellence within the hotel industry. OCLD programmes commence in July each year with the selection process beginning in September of the previous year. OCLD is based in Maidens Hotel, Delhi. OCLD offers a two year post graduate management programme in Guest Service Management, Housekeeping Management and Kitchen Management.

11 students were selected for the next round of selection which was a 14 minutes Psychometric test, a Computer Based Online Selection Test (AMCAT) provided by SHL. It tested the candidate's logical ability. The next round was a virtual panel online via MS Teams.

Candidates who passed the virtual interview were selected for the next round which was an in-person interview with the hotel's General Manager at The Trident Hotel, Nariman point.

Candidates who applied for programme were Aashna Bhatia, Sakina Sadriwala, Sakina Kherodawala, Fatema Ganjifrockwala, Khushi Sharma, Akanksha Gaikwad, Disha Maroly, Nutanna Bale, Neha Jadhav, Bhavya Gala, Vijaya Bhaigade, Poonam Dalvi, Corinna Pereira, Grace Charles, Tanaya Naik, Umaima Dahodwala , Tanisha Kadam

Candidates selected for OCER:

- i. Corinna Pereira – Front Office Associate
- ii. Poonam Dalvi – Food and Beverage Associate
- iii. Sakina Sadriwala – Front Office Associate
- iv. Akanksha Gaikwad – Housekeeping Associate

➤ **Internship at Vidhan Bhavan, Mumbai**

Dr. Roopa Rao motivated, guided 4 T. Y. B. Sc. CRM students to apply for a two-month internship position at The Deputy Speaker's Office (Vidhan Bhavan, Mumbai) in Jan 2022

➤ **National Skill Development Corporation (NSDC)**



Dr. Roopa Rao collaborated with Pune Institute of Business Management (PIBM) to help graduating students with placements. National Skill Development Corporation (NSDC) is a not-for-profit public limited company set up by Ministry of Finance as Public Private Partnership (PPP) model. NSDC aims to promote skill development by catalysing creation of large, quality and for-profit vocational institutions.

The students will have to appear for NEST (National Employability & Skills Test) to participate in the placement drive. Structure of the NEST was: Aptitude, Logical Reasoning, Verbal Ability and Domain (Technical/Non-Technical). Students qualifying NEST will be allowed for the placement drive. 115 T.Y.B.Sc. from the current 2021 – 2022 have enrolled for the NEST, which will be scheduled for Feb end 2022.

## 2<sup>nd</sup> semester report

<b>Name of the Department:</b>	<b>Community Resource Management</b>
<b>Number of Teachers:</b>	5 Staff Mrs. Sunita Jaiswal - Associate Professor (Permanent post) Dr. Roopa Rao – Assistant Professor (Permanent post) Mrs. Sakina Chhatriwala (CHB) Ms. Saniya Pai (CHB) Ms. Riddhi Raut (CHB)
<b>Number of Students:</b>	T.Y. BSc – 48
<b>Value Added Course:</b>	✓ <b>Workstation Design and Applied Ergonomics: 20</b>

✓ **Cultural and Heritage Management:** This did not commence due to the Pandemic.

**Electives:**

**Residential Interior Design – 18**  
**Front office and Housekeeping Management - 30**

**14. Participation In Orientation Programmes, Refresher Courses Etc.:**

S. No.	Name of the Course	Date and Venue	Duration of the course	Organizing institute
<b>Dr. Roopa Rao</b>				
1.	Microsoft Excel – Beginner to Expert	01.04.2021 – 18.01.2022	8 months	Infidea e-learning course (MOOC)
2.				

**15. Number of Major and Minor Research Projects (Sanctioned and Completed with Names Of Funding Agencies):**

S. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.						

**16. Research/Internship/Other Collaborations: Dept/Individual**

Name	Event Companies	Hotels	Health Clubs/ Gym/Hospitals	Research Institutes/ Centres	Travel/Tour Operators	Academic Institutes	Government/ NGOs/ Support Groups
The Oberoi – Mumbai		✓					
Meluha – The Fern, Powai		✓					
The Fern – Chembur		✓					
Novotel, Mumbai		✓					
The Fern Residency – Goregaon		✓					
Twirling Moments	✓						
Solitaire Media Entertainment	✓						
J. W. Marriott, Mumbai		✓					
The Park, Navi Mumbai		✓					
The Westin Garden Hotel, Goregaon		✓					
Lemon Tree Premier		✓					
Malpani Health Club, Sangamner			✓				
NITIE, Powai				✓			
P.G. D.R H. Sc.				✓			
7 <sup>th</sup> Sky Travels					✓		
Spice Travels					✓		
Kun Travels					✓		
S. V. T. College of Home Science						✓	
Smt. P. N. Doshi Women’s College, Ghatkopar						✓	
Dr. B. M. N. Women’s College, Matunga						✓	
Bright Future India							✓
Family Welfare Centre							✓
Ramada Palm Grove, Juhu		✓					
Sahar Marriott, Santacruz, East		✓					
Consumer Guidance Society of India							✓

## 17. Number Of Publications Including Indexing &amp; Impact Factor:

Name of Faculty	No. of Publications (Full articles)							Total
	Books	Chapters in books	Research Paper	Research Poster	Abstract	Magazines	Newspaper articles	
Mrs. Sunita Jaiswal	-	-	0	-	-	-	-	0
Dr. Roopa Rao	-	-	7	-	--	-	-	7
<b>Total</b>	0	0	7	0	0	0	0	7

## ii.PUBLICATIONS (DETAILS)

## a. International Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.	ISBN	impact factor/H-index
<b>Dr. Roopa Rao</b>							
7.	Rahul Padwal and Roopa Rao	2022	International Journal of Multidisciplinary Educational Research (IJMER)	Intake of Nutritional Supplements among people who frequently exercise at Gyms	Volume: 11, Issue: 1(7), January 2022. pp. 26 - 34.	ISSN: 2277-7881	7.816
8.	Roopa Rao and Amruta Raut	2021	International Journal of Innovative Research Multidisciplinary Field (IJIRMF)	Posture Assessment of Material Handling Tasks in Bakeries using OWAS Technique	Volume – 7, Issue – 8, Aug 2021. pp. 19 – 25	ISSN: 2455-0620	6.719

9.	Roopa Rao and Arwa Dahodwala	2021	International Journal of Multidisciplinary Educational Research (IJMER)	Psychosocial (Work-Related) Risk Factors Contributing to Occupational Stress Among Healthcare Workers (HCWs)	Volume: 10, Issue: 7(6), July 2021. pp. 53 – 58	ISSN: 2277-7881	7.97
10.	Roopa Rao and Vinita Tatipamula	2021	International Journal of Creative Research Thoughts (IJCRT)	Ergonomic Assessment of Work-Related Musculoskeletal Discomfort Faced by Bakery Workers	Volume: 9, Issue: 7, July 2021. pp. g605 – pp. g612	ISSN: 2320-2882	7.97
11.	Roopa Rao and Ankita Manna	2021	International Journal of Creative Research Thoughts (IJCRT),	Coping Strategies Adopted by Healthcare Workers to Eliminate Negative Stressors	Vol.9, Issue 7, pp.d534-d540, July 2021	ISSN:2320-2882	7.97
12.	Roopa Rao and Mugdha Ayare	2021	International Journal of Emerging Technologies and Innovative Research ( <a href="http://www.jetir.org">www.jetir.org</a> )	Work-Related Musculoskeletal Disorders (WRMSDs) Among Healthcare Workers (HCWs)	Vol.8, Issue 7, page no. e45-e50, July-2021,	ISSN:2349-5162.	7.95
13.	Roopa Rao and Sakshi Gupta	2021	International Journal for Research in Applied Science and Engineering Technology (IJRASET)	Prevalence of WMSDs and Task Characteristics of Manual Baking Activities in Bakeries	Volume 9, Issue VII	ISSN: 2321-9653	7.429

**b. National Level**

<b>Paper /Article in Journal Publication</b>							
<b>S. No</b>	<b>Name of the author name/names</b>	<b>year of publication</b>	<b>title of the journal</b>	<b>Title of The Paper</b>	<b>vol (issue), page nos.,</b>	<b>ISBN</b>	<b>impact factor/H-index</b>

**SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED/ATTENDED, ORGANIZED/CONDUCTED, AND PRESENTED RESEARCH PAPER**

**d. International Level**

<b>Seminar Conference Attended</b>						
<b>S. No.</b>	<b>Name of the Seminars/ Conferences</b>	<b>Name of the person / Organization conducted</b>	<b>Theme of the conference</b>	<b>Organized by</b>	<b>Place &amp; Date</b>	<b>Sponsoring Agency</b>
<b>Mrs. Sunita Jaiswal</b>						
5.	International Conference	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with <ul style="list-style-type: none"> <li>• University of Nicosia, Cyprus</li> <li>• Otto von Guericke University Magdeburg, Magdeburg, Germany</li> <li>• Clara's College of Commerce, Versova, Mumbai, Maharashtra, India</li> <li>•</li> </ul>	28 <sup>th</sup> – 29 <sup>th</sup> January 2022 Zoom Online	
<b>Dr. Roopa Rao</b>						
6.	International Conference	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with <ul style="list-style-type: none"> <li>- University of Nicosia, Cyprus</li> </ul>	28 <sup>th</sup> – 29 <sup>th</sup> January 2022 Zoom Online	

				<ul style="list-style-type: none"> <li>- Otto von Guericke University Magdeburg, Magdeburg, Germany</li> <li>- Clara's College of Commerce, Versova, Mumbai, Maharashtra, India</li> <li>- ThinQ Research and Skill Development Society, Mumbai, India.</li> </ul>		
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## e. National Level

<b>Seminar Conference Attended</b>						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
<b>Mrs. Sunita Jaiswal</b>						
10.	One week Faculty Development Programme	IQAC OF SHASUN Jain college of women IN COLLABORATION WITH IQAC cluster OF INDIA	Understanding NAAC Criteria - Marching towards excellence	IQAC OF SHASUN Jain college of women	<b>6<sup>TH</sup> – 11<sup>TH</sup> Dec 21</b>	
2	One day National Webinar	Department of Commerce ANNAMALAI UNIVERSITY, Annamali Nagar Chidambaram, Tamilnadu in collaboration with Association of Mutual	Personal Finance support and wealth creation for Startups –A Road Map	Department of Commerce ANNAMALAI UNIVERSITY, Annamali Nagar Chidambaram, Tamilnadu in collaboration with Association of Mutual Funds in India	31st Jan 22	



		Funds in India				
3	Webinar	Internal Quality Assurance Cell (IQAC) & Learning and Information Resource Centre (LIRC) of St. Francis Institute of Management & Research	WEBINAR ON INTELLECTUAL PROPERTY RIGHTS	St. Francis Institute of Management & Research	15 January, 2022	
4	Training Programme	DLLE Unit of KJ Somaiya college of Science and commerce	Extension work Training Programme	DLLE Unit of KJ Somaiya college of Science and commerce	10 <sup>TH</sup> Jan 22	
5	online faculty workshop	St. Xavier's College, Mumbai	National Education Policy 2020 for Higher Education	St. Xavier's College, Mumbai	10 <sup>TH</sup> Jan 22	
6	One day intercollegiate Webinar	Rajiv Gandhi College of Arts, commerce and Science in collaboration with DLLE	Plastic Waste Management	Rajiv Gandhi College of Arts, commerce and Science in collaboration with DLLE	12 <sup>th</sup> Feb 22	

## f. State/Local Level

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency

## 18. SEMINARS, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED

### a. International Level

Seminars, Workshops, and Conferences Conducted/Organized						
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency
<b>Dr. Roopa Rao</b>						
1.	<b>3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)</b>	International Board for Education Research and Development (IBERD) in collaboration with <ul style="list-style-type: none"> <li>- University of Nicosia, Cyprus</li> <li>- Otto von Guericke University Magdeburg, Magdeburg, Germany</li> <li>- Clara's College of Commerce, Versova, Mumbai, Maharashtra, India</li> <li>- ThinQ Research and Skill Development Society, Mumbai, India.</li> </ul>	Empirical and Theoretical Research	Joint Secretary (IBERD)  Anchor for inaugural and Valedictory sessions  Hosts for 4 parallel sessions  Co-Editor "Book of Abstracts"	28th – 29th January 2022 Zoom Online	
2.	<b>Guest Talk 'Metalloporphyrin</b>	International Board for Education Research and	Workshop	Hosted the workshop/guest	28 <sup>th</sup> January 2022	

b. National	Catalysed Magic: Chemosynthetic Liver' by Prof. Mukund Chorghade	Development (IBERD)		talk	Zoom online	
	Pathway to the Nobel Prize by Nobel Laureate Prof. Martin D. Burke					

## /State Level

Seminars, Workshops, and Conferences Conducted/Organized							
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency	
<b>Dr. Roopa Rao</b>							
1.	“Aarohan – Aspiring to Achieve”  (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective,  Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Careers in Management and Ergonomics	- Faculty in-charge - Mentor/Guide - Facilitator	16 <sup>th</sup> April 2022 MS Teams Online Portal 3.00 – 5.00 pm		
2.	Utkarsh - Way to Excellence	Students of Hospitality Elective,	Entrepreneurship in CRM related fields	- Faculty in-charge	14 <sup>th</sup> April 2022		

	(Student-Led Alumni Interaction Webinar)	Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20		- Mentor/Guide - Facilitator	MS Teams Online Portal 3.00 – 5.00 pm	
3.	“Aarohan – Aspiring to Achieve”  (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Design Careers – Explore your creative side!	- Faculty in-charge - Mentor/Guide - Facilitator	12 <sup>th</sup> April 2022 MS Teams Online Portal 3.00 – 5.00 pm	
4.	“Aarohan – Aspiring to Achieve”  (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective,  Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Hospitality – A Word of Wonders	- Faculty in-charge - Mentor/Guide - Facilitator	11 <sup>th</sup> April 2022 MS Teams Online Portal 3.00 – 5.00 pm	
5.	Back to Bachelorette  (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective,  Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	6 <sup>th</sup> February 2022 MS Teams Online Portal 3.00 – 5.00 pm	

c. L o c a l / U n i v e r s i t y/ College Level	6.	Western Vs. K-Pop  (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective,  Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	30 <sup>th</sup> January 2022 MS Teams Online Portal 3.00 – 5.00 pm	
	7.	Blast from the Past  (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective,  Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	23 <sup>rd</sup> January 2022 MS Teams Online Portal 3.00 – 5.00 pm	

y/ College Level

Seminars, Workshops, and Conferences Conducted/Organized						
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency
<b>Dr. Roopa Rao</b>						
1.	16th Inter-Collegiate Avishkar Research Convention 2021 – 22 (Final Round)	Department of Student Development, University of Mumbai	C1 Humanities, Languages, and Fine Arts – UG Level Final Round	- Avishkar Co-coordinator - Host	15 <sup>th</sup> May 2022 Online Zoom portal 11.00 am – 5 pm	
2.	16th Inter-Collegiate	Department of Student Development, University of	C1 Humanities, Languages, and Fine	- Avishkar Co-coordinator	2 <sup>nd</sup> May 2022 Online Zoom	

	Avishkar Research Convention 2021 – 22 (Final Round)	Mumbai	Arts – PG/PPG/TH Level Final Round	- Host	portal 11.00 am – 5 pm	
3.	Instruction for Final Round -16th Inter-Collegiate Avishkar Research Convention 2021 – 22	Department of Student Development, University of Mumbai	Avishkar 2022	Co-coordinator Mumbai – I (Zone – 1)	28 <sup>th</sup> April 2022	
4.	Webinar on “Resume Writing”	Employment Placement Cell, College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Convenor of EPC – Organising Committee	8 <sup>th</sup> April 2022	
5.	Webinar on “Email Etiquettes and interviewing Skills”	Employment Placement Cell, College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Convenor of EPC – Organising Committee	16 <sup>th</sup> Feb 2022	-
6.	“Rules, Regulations - Avishkar 2022” for Mumbai Zone-1 colleges	Department of Student Development, University of Mumbai	Avishkar 2022	Mumbai zone – 1 Co-coordinator, Avishkar 2022	10 <sup>th</sup> Feb 2022	-
7.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 2: Domain	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	23 <sup>rd</sup> Dec 2021	

		Training – Communication & Soft skills					
19. P R E S E N T E D  R E S E A R C H  P A	8.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 2: Domain Training – Aptitude/Logical reasoning	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	21 <sup>st</sup> Dec 2021	
	9.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 1: Domain Training - Marketing	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	20 <sup>th</sup> Dec 2021	

### PERS IN SEMINARS, CONFERENCES, WORKSHOPS

#### c. International Level

Paper presented in Seminars, Conferences						
S. No.	Name of the author name/s	Title of the Paper	Name of the Conference/	Theme of the conference	Organized by	Place and Date

<b>Seminar</b>						
<b>Ms.Sunita Jaiswal</b>						
<b>1</b>	Sunita Jaiswal Veena Yardi	Role of women in Decision Making Process amongst Lower economic strata in Mumbai city	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 Zoom Online
<b>Dr. Roopa Rao</b>						
1.	Nidhi Boricha, Roopa Rao	Perception of Young Adults towards Yoga and its benefits	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 (Session 2; Room 3) Timing – 3.00 – 5.00 pm Zoom Online
2.	Supriya W., Roopa Rao	Ergonomic Risk Analysis of Bank Clerical Employees' Workstation	3 <sup>rd</sup> International Conference on Empirical and Theoretical	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the	28th January 2022 (Session 2;



			Research (ICETR-2022)		University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	Room 3) Timing – 3.00 – 5.00 pm Zoom Online
3.	Poonam Dalvi, Roopa Rao	Awareness of Workplace Hazards among Employees in Textile Weaving Industries	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022  (Session 2; Room 3)  Timing – 3.00 – 5.00 pm  Zoom Online
4.	Purva Agarwal, Roopa Rao	Mallakhamb – Awareness among the Youth	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development	28th January 2022  (Session 2; Room 3)  Timing – 3.00 – 5.00 pm  Zoom Online

					Society, Mumbai.	
5.	Akanksha Kasliwal, Roopa Rao	Effect of Psychological Ergogenic Aid on Performance and Training among Tennis Players (9-16 years)	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022  (Session 2; Room 3)  Timing – 3.00 – 5.00 pm  Zoom Online
6.	Sakshi Mangiraj, Roopa Rao	Consumer's Perception of Ideal Shoes and the Factors that Influence Buying Behaviour	3 <sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022  (Session 1; Room 1)  Timing – 3.00 – 5.00 pm  Zoom Online

## d. National Level

Paper presented in Seminars, Conferences						
S. No.	Name of the	Title of the Paper	Name of the	Theme of the	Organized by	Place and

	author name/ names		Conference/ Seminar	conference		Date

## e. State/University/Local Level

Paper presented in Seminars, Conferences						
S. No.	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date
<b>Mrs Sunita Jaiswal</b>						
1	Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala,  Sunita Jaiswal	Death and Dying	AARYA 2021 – 2022 - Intercollegiate Interdisciplinary Undergraduate Research Competition	Intercollegiate Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	28 <sup>th</sup> February 2022  Online
<b>Dr. Roopa Rao</b>						
1.	Tanisha Kadam, Roopa Rao	Weaving a Fabric of Fitness	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Final Round)	Avishkar Research Convention (University Level)	Department Of Students' Development, University of Mumbai	15 <sup>th</sup> May 2022  Online
2.	Purva Agarwal, Roopa Rao	Mallakhamb: Inclusion as Physical Training (P.T.) In School	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Final Round)	Avishkar Research Convention (University Level)	Department Of Students' Development, University of Mumbai	2 <sup>nd</sup> May 2022  Online

3.	Vanessa Figer, Roopa Rao	Work from home: A boon for teachers"	URJITA 2022 - Online intercollegiate Undergraduate Students' Research Competition	Challenges & Opportunities in a Changing world	Smt P N Doshi Women's College, Ghatkopar, Mumbai - 86	12 <sup>th</sup> March 2022  Online
4.	Teresa Esha Roopa Rao	Quality of Work Life (QoWL) of the Medical Representatives	URJITA 2022 - Online intercollegiate Undergraduate Students' Research Competition	Challenges & Opportunities in a Changing world	Smt P N Doshi Women's College, Ghatkopar, Mumbai - 86	12 <sup>th</sup> March 2022  Online
5.	Sakshi Mangiraj, Roopa Rao	Walking the Right Way to Health!	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
6.	Akanksha K., Roopa Rao	Effect Of Psychological Ergogenic Aid in Training of Tennis Players (9 - 16 Years)	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
7.	Nidhi Boricha, Roopa Rao	Yoga vs Gym: Choice of the youth	16th Inter-Collegiate Avishkar Research Convention: 2021-	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022

			22 (Selection Round)			
8.	Purva Agarwal, Roopa Rao	Mallakhamb: Inclusion as Physical Training (P.T.) In School	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
9.	Tanaya Naik, Roopa Rao	Managing Bank- ability of Clerical Staff	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
10.	Rukaiya Unwala, Roopa Rao	Designing For A Healthier Home (Maker)	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
11.	Teresa Esha Roopa Rao	Work-Related Challenges among Medical Sales Representatives	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
12.	Poonam Dalvi, Roopa Rao	Weaving a Fabric of Fitness	16th Inter- Collegiate Avishkar	Avishkar Research Convention	Department Of Students' Development, University of	Submitted to DSD, UoM

			Research Convention: 2021-22 (Selection Round)	(District/Zone Level)	Mumbai	by 17 <sup>th</sup> Feb 2022
13.	Vanessa Figer, Roopa Rao	The Inconvenient Truth about WFH – A Teacher's Perspective	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 <sup>th</sup> Feb 2022
14.	Riddhi Chheda Devanshi Dedhia Roopa Rao	Impact of COVID-19 on Tourism Industry: Perception of Mumbaikars	AARYA 2021 – 2022 - Intercollegiate Interdisciplinary Undergraduate Research Competition	Intercollegiate Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	28 <sup>th</sup> February 2022  Online
15.	Sakina K., Rukaiya U., and Roopa Rao	Health of the Home maker – A balancing Act  Research Paper Presentation	Elysium – A virtual Inter-Collegiate Festival	Azadi ka Amrit Mahotsav – Celebrating 75 glorious years of Independence	B. L. Amlani College of Commerce and Economics; M. R. Nathwani College of Arts; in collaboration with Department of Life Long Learning, University of Mumbai	19 <sup>th</sup> January 2022 Online zoom portal

**20. INVITED AS CHIEF GUEST, PANELIST, AND SPEAKER**

<b>Invited as Chief Guest, Panellist, and Speaker</b>						
<b>S. No.</b>	<b>Name of the Organization</b>	<b>Details of the event</b>	<b>Invited as</b>	<b>Place and Date</b>	<b>Topic of the talk/speaker/ panel discussion</b>	<b>Collaboration /Sponsoring Agency</b>
<b>Mrs Sunita Jaiswal</b>						
<b>Dr. Roopa Rao</b>						
2.	Department of Students' Development, HSNC University, Mumbai	Undergraduate, Post Graduate students, Research Scholars, and teacher participants	Speaker	27 <sup>th</sup> January 2022 3.00 – 5.30 pm Online Zoom platform	Research Proposal Writing	-

**21. EXAMINATION WORK****22. EXTENSION ACTIVITIES/ INDUSTRIAL VISIT:****Extension Activities****a. KARAJGAON RURAL CAMP**

Gnanajyoti Community College, located at Patilpada Karajgaon, Palghar district is managed by the Nirmala Niketan Institute. Sr. Clera Gonsalves is the in-charge of the College. The college caters to the Warli tribal youth. The Warlis are an indigenous tribe or Adivasis living in mountainous as well as coastal areas of the Maharashtra-Gujarat border and surrounding areas. They have their own animistic beliefs, life, customs, and traditions. The Warli language is a dialect spoken by this tribe.

Sixteen students and two faculty members Dr. Roopa Rao & Ms. Saniya Pai from the Department of Community Resource Management, College of Home Science Nirmala Niketan, and Mumbai – 20 visited the Gnanajyoti Community College from 23rd to 24th March 2022. The group planned and organized various skill-building as well as knowledge-filled sessions for the sixty-four students of the community college. The planning and rehearsing began on the 7th of March 2022. Marathi-speaking students from the department opted to participate and gain practical skills. Six sessions including the feedback session were planned. Students were divided into groups and each group was delegated the responsibility to handle one session each.

The group boarded the Gujarat Super-fast Express to Umbergam in Gujarat State on 23rd March 2022 at 5.45 am from Mumbai Central station. Local transportation – autorickshaw was taken to reach the interior rural area located at Patilpada, Karajgaon. The sisters (Sr. Clera Gonsalves, Sr. Shirley, Sr. Ramila Dodhia, and Sr. Mary Colaco) were very happy to welcome the group of students at 8.00 am. After breakfast, the group attended the assembly and were then taken around for a facility tour by Sr. Mary. She also oriented the group to the work of the community college.

The ‘Warli Art Centre’ located on the ground floor of the college building, provides skill-based training to the local womenfolk. It exhibits the Warli painted artifacts such as kurtas, stoles, bags, handkerchiefs, cups/mugs, and home décor accessories. Once the group settled, they started organizing the community college hall for the icebreaker session. The tables were laid, floor mats for the students were placed and the LCD projector – laptop connected. The excited group was anxiously waiting to start the session at 10.00 am.

The schedule planned (session-wise) for the 2-day visit was as follows:

<b>23<sup>rd</sup> March 2022 (Wednesday)</b>	
<b>10.00 - 11.00 am</b>	<b>Session 1 - Icebreaker</b>
<b>11.00 - 1.00 pm</b>	<b>Session 2 - Decision Making and Time Management</b>
<b>1.00 - 1.30 pm</b>	<b>Lunch</b>
<b>1.30 - 3.00 pm</b>	<b>Session 3 - Skill Development - Rug Making</b>
<b>3.00 - 4.00 pm</b>	<b>Session 3 – Skill Development - Veg Pickle bottling and Packaging</b>
<b>4.00 - 5.30 pm</b>	<b>Session 3 – Skill Development Session - Tie n Dye</b>
<b>8.30 – 10.00 pm</b>	<b>Informal bonding Skill Development Session session with community college students</b>
<b>24<sup>th</sup> March 2022 (Thursday)</b>	
<b>8.30 – 11.00 am</b>	<b>Session 4 – E-marketing, Marketing Skills, Packaging</b>
<b>11.00 - 1.00 pm</b>	<b>Session 5 – Stress Management &amp; Mental Health</b>
<b>1.30 – 2.30 pm</b>	<b>Session 6 – Feedback and Good bye</b>

The participants from the Community college as well as the sisters appreciated the efforts put in to organize the session. Sr. Clera specifically mentioned that she liked the meticulously planned 2-day coursework. Gifts were distributed to the most active participant and also to those participants who did not receive any gifts on the previous day.

The participants appreciated the skill-building sessions specifically and the games. They also were very happy with the multiple gifts that they got during the two days. Two students (Fatema Motiwala and Sakina Sadriwala) were in-charge of the gifts and had an account of it all. Students enthusiastically had started collecting relevant gifts two weeks in advance, The collected gifts/goodies were sorted and packed as per the sessions by the two in-charge students. They gift-wrapped the gifts using old wrappers as well as newspapers and placed them in different boxes. Rich/good



saris and dresses/trousers were separated and gift-wrapped for teachers and other staff. Five carton boxes were filled with gifts and the student group was excited about having collected them all. During the rural camp, gifts were distributed to encourage participation and active involvement. This strategy helped break the ice. Towards the end of the session, almost 50% of the participants had received a gift. Names of the awardees were noted to ensure that all 100% received at least one gift. Community college staff, mausi (cook), Mr. James (driver), and the helping staff were gifted with sarees and coffee mugs as a token of our love for their hospitality.

Sr. Clera expressed her happiness when the participants volunteered to give verbal feedback themselves. She said that this move itself was an improvement. The NNCHSc group was thrilled with this single compliment from Sr. Clera. Sr. Mary and Sr. Shirley also mentioned that the group had taken great efforts to ensure that every participant understood all details. The sisters also thanked Dr. Roopa Rao and Ms. Saniya Pai for the efforts and mentioned once again that the 2-day camp was well designed and also well-executed.

### **B -BHARUCH RURAL CAMP- VIDHYADEEP COMMUNITY COLLEGE**

The students of Department of Community Resource Management from College of Home Science Nirmala Niketan went for a rural camp from 29th march 2022 to 31st march 2022 Vidyadeep community college Bharuch managed by the Nirmala Niketan Institute. The main objective is to conduct community extension programme where students are exposed to underprivileged society. The purpose of meeting is to develop entrepreneurial skills among the girls to enable them to start their own venture as part of self-help group. This interaction also exposes the students to learn the facts of life i.e. simple living and also to impart their class room learning in the community. Twenty one students along with Two staff members (Mrs Sunita Jaiswal and Miss Ridhi Raut) boarded the Karnavati train to reach Bharuch by Six PM , it took an hour to reach the institute .The staff and students were greeted by Sister Asha (Principal of the institute) , Miss Lavina, Miss Janet

The schedule planned (session-wise) for the 3-day visit was as follows:

<b>29<sup>th</sup> March 2022 (Tuesday)</b>	
<b>8.00 – 9.00 pm</b>	<b>Session 1- Icebreaker Motivational and Team Building Games</b>
<b>30<sup>th</sup> March 2022 (Wednesday)</b>	
<b>8.00 - 10.00 am</b>	<b>Session 2- SELF-DEFENCE Workshop - Miss Fatima Kanchwala</b>
<b>10.30 - 12.30 PM</b>	<b>Session 3 - Skill Development - Envelope making workshop - Aishwarya Pololoo</b>
<b>1.30- 4.00 PM</b>	<b>Session 4 – Skill Development - Purse making Workshop - Aanchal Tiwari</b>
<b>4.15 - 5.15 PM</b>	<b>Session 5 – Consumer Awareness (Food Adulteration) Workshop - Miss Stency and Miss Waasifa</b>
<b>5.30 - 7 .00 PM</b>	<b>Session 6 - Skill Development - Dream Catcher Workshop - Sakina Kherodawal</b>

**7.00- 8.00 Pm      Day 1 feedback session**  
**31<sup>st</sup> March 2022 (Thursday)**  
**7.00- 9.00 am      Session 7 –Dance workshop- Michelle Fernandez**  
**Feedback and Good bye**

The 3 days sessions conducted were very much appreciated by the sisters and all the participants. Motivational and team building games were organized to build good repo and interaction between the participants and students. Moreover it was a fun bonding activity for everyone. This led to activity being very fun and competitive as per their reviews, this activity taught them how to work well in teams and coordinate. This also showed their unity as they were motivating each other to win too.

The participants enjoyed the music and danced in the center of the ground on the music. This was just a fun activity so that they could loosen up by dancing and become more casual with our students, which would benefit us with their honest reviews about us. Conducting this activity and seeing all participants so happy dancing and enjoying the music made everyone the happiest! Students were eagerly waiting and looking for such opportunities in the future. Games were organized and curated by Miss Disha Maroly.

A self-defence workshop was organized by Fatema.R.K.Kanchwala. The workshop started with a few exercises to energize the body. It was conducted with a group of 92 students who were staying in the college hostel itself. The session was conducted with help of few student volunteers Michelle, Disha, Sania, Waasifa, Bhavya, Stency, Vanessa, Blencina, Juveriya, Saloni, Sakina, Anchal, Aishwariya and Esha. They helped in correcting the posture, moves, kicks and punches. After the warm-up the session continued with different types of punches and in what circumstances and how it can be used for self-protection in case of abuse. With punches coming strong with the aim we then moved to kicks such as chop kick, snap kick, hammer kick and groin kick were demonstrated. The session was ended by answering all the questions and taking back lots of happy and confident feed backs. The management of the community also actively participated in learning all the tips and tricks of kicks and punches, it was a wholesome experience of discipline, cleanliness, punctuality, confidence, excitement, happiness and courage

10.30 - 12.30 PM Envelope making workshop was conducted by Aishwarya Pololoo. Student volunteers were Juveriya, Esha, Aishwarya Saloni , Bhavya, Vanessa, Waasifa, Umaima, Priyanka, and Priya. Students were divided in two groups. Four different types of envelopes were taught, Simple Envelopes with mandala art and different other techniques of decorations, decorative Envelopes were demonstrated and taught. Materials for making envelopes were purchased from Mumbai .All the extra materials were left for the participants to practice in future. The participants were very

enthusiastic while making the Envelopes. They came up with very creative ideas of decorating the Envelopes. The girls enjoyed the session very much. The workshop ended at 12.15 p.m with positive feedback.

1.30- 4.00 PM Purse making Workshop was conducted by Miss Aanchal Tiwari. Student volunteers were Anchal, Nusaiba, Nidhi, Umaima, Blencina, Shofia, Bhavya, Sakina, Priyanka, Priya .The session was on Easy DIY purse which can be made up of minimum costs like old bed sheets/cloth, thin cardboard, fabric glue, Velcro and needle and thread.

88 participant were divided in 8 groups and 2 participants worked in pairs and learnt the procedure of making purse. They all enjoyed the workshop thoroughly. It was a learning experience for our students also where they learnt the importance of team building, patience, Creativity. The interaction between the two groups was extremely satisfactory .Every student enjoyed teaching and learning .The Participants were very keen on learning new things and were even very excited. Participant's concentration was immense and they made note of each and every steps that was being demonstrated for future reference. The session wined at 4.30PM

4.15 - 5.15 PM Consumer Awareness (Food Adulteration) Workshop: This was the Fourth workshop of the day conducted by the students Miss Stency and Miss Waasifa.They introduced the topic to the participants where they spoke about how important it is to know about the quality of the food and spices we are consuming and to what extent they are safe for us. Information was given regarding food poisoning and how it can be caused by simple mistake as well such as negligence, overeating, and not maintaining proper hygiene and how it disrupts our immune system. Information was provided about misleading practices taking place in market and Vendors and shopkeepers cheat their customers and make profit. Importance of reading labels and checking dates of packaging and expiry before buying and consuming anything was also explained. Participants were also told about the TFM (total fatty matter) contents in soap about how much is required in washing soaps and how much is required in bathing soaps and how advertisements mislead us and we must not believe and take everything we see and hear.

Miss Vanessa and Miss Stency then demonstrated simple home techniques to detect adulterants in spices also to detect its purity and how can we identify spices and herbs if they are non-adulterated or a carbon copy of it.The techniques were very simple where all materials used to detect adulterants are easily available in home kitchens.

5.30 - 7 .30 PM Dream Catcher Workshop conducted by Sakina Kherodawala. It was the Fifth and last workshop of the day. Student volunteers were Sakina Kherodawal, Priya Pathak, Priyanka Shinde, Umaima Dahodwala, Bhavya Gala 'This workshop was conducted to make Participants aware how a decorative item can be made with simple things which are available easily and can be sold in the market easily. This activity also helped them to show case their talents and creativity. Materials used were bangle, wool and colored papers. Students also taught them various shapes / designs of

dream catcher like star, flower, diamond, etc. Participants were asked to make their own designs. They made various kind of designs and decorated it with pearls, papers, feathers, etc. They were so much excited to make and they even said they will hang it on their window and in the end the activity went successful their dream catcher they made came out to be the most beautiful and neat work. Indeed, it was joyful and a fruitful workshop for them as well as US.

On the final day of departure a dance workshop was organised by our student Michelle Fernandez. from 7am to 9am. All the sisters of the community college also participated in this workshop. The session was attended by 92 students all staying at the community college. The student volenteres were Fatema, Disha, Sania, Waasifa, Bhavya, Stency, Vanessa, Blencina, Juveriya, Saloni, Sakina, Anchal, Aishwariya and Esha. The song selected to teach them was Tumi ho Bandu, it's a Semi Classical style, of dance form. This dance form requires a lot understanding of the postures, having a strong core and having self-discipline. The session went on for 2 hours. Michelle also explained how they could come up with their own new steps and taught them the basic counting of dance steps. In the end Michelle shot a video with them dancing to the whole section of the song.

A group picture was clicked and the students of the community college gave us a vote of thanks and we gave them a few gifts and headed down for Breakfast. It was very enlightening for every one as our students got to learn many things from them such as punctuality, obedience, mannerism, team spirit, enthusiasm, discipline, how to be well organized and be grateful and appreciate little things in life and be satisfied with all the things God has blessed us with.

### **INDUSTRIAL VISIT**

The department managed the not-so-perfect year well by ensuring that the students get the maximum experience of all sorts – skill-building workshops, visits, event organizing opportunities, workshops, rural exposure, etc.... it just lacked an industrial visit (IV). Few tour operators were contacted immediately, including Ecstasy Educational and Holiday and Planners. The quote from EEHP was accepted, and a trip to Igatpuri-Nashik was planned from 4th – 6th March 2022. It was planned as a fun-cum-knowledge tour. The final itinerary of the trip was as follows:

#### **Day 01:**

#### **Mumbai – Igatpuri (140 Kms)**

**Assemble at college by 06.00 Hrs. & proceed to Igatpuri by 06.30 Hrs. by bus. Breakfast will be served at the resorts. Arrive Igatpuri, proceed for Industrial Visit & later check-in at the hotel. After lunch proceed to visit Kapil muni Ashram (One of the oldest universities). Dinner & Overnight stay at the hotel.**

**Day 02:** **Igatpuri - Nashik**  
**After breakfast, proceed to visit Bahuli Dam. After early Lunch at the hotel proceed for Industrial Visit & late sightseeing of Nashik visiting Dadasaheb Phalke Udyan. Dinner, Dance Party & overnight stay at the hotel.**

**Day 03:** **Igatpuri – Mumbai (140 Kms)**  
**After breakfast check out & proceed to Vipassana Center (Meditation center). After lunch at the hotel, depart to Mumbai. En-route visit the Camel Valley (outer view). Evening one packed of wafer & frooti will be served in the bus. Reach Mumbai at 19.00 hrs & disperse with happy memories.**

Day two (5<sup>th</sup> March 2022) started early with a trip to The Parle factory, Nashik Plant at 10.00 am. The group then visited Swami Samarth Engineering, and post-lunch they visited Space Laser and Ambar Auto Engineers Pvt. Ltd., Nashik. Though a tiring day it was a perfect combination of industries to learn about Occupational Health, HR matters, and TQM.

## 23. PARTICIPATION, PRIZES, AND AWARDS RECEIVED:

### b. AWARDS/PRIZES RECEIVED BY STAFF

### c. AWARDS/PRIZES RECEIVED BY STUDENTS

#### **Mrs. Roopa Rao**

- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled " **Weaving a Fabric of Fitness,**" in the Selection Round at the 16th Avishkar Inter- zonal Research Competition organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, on 15th May 2022.
  - This proposal was among the best few selected shortlisted to participate in the Final round scheduled and was awarded the **second prize.**
- Agarwal, P., and Rao, R. (2022), Presented a research proposal titled " **Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" in the Selection Round at the 16th Avishkar Inter- zonal Research Competition organized on the virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2<sup>nd</sup> May 2022.

- **Awarded SECOND BEST RESEARCH PAPER at URJITA 2022.** Gala, B., Fernandes, S., Andrades, S., Figer, V., and Rao, R. (2022) Presented a research study titled "**Work from home: A boon for teachers,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed '**Challenges & Opportunities in a Changing world**' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12<sup>th</sup> March 2022.
- **Awarded FIRST PRIZE at AARYA 2022.** Chheda, R., Dedhia, D., Gandhi, S., Haria, K., Mehta, M., and Rao, R. (2022), Presented a research study titled "**Impact of COVID 19 on Tourism – Perception of Mumbaikars,**" at AARYA 2022 Inter-collegiate Undergraduate Research Competition organized Online by College of Home Science Nirmala Niketan on 28<sup>th</sup> January 2022.

#### d. PARTICIPATION

##### **Mrs Sunita Jaiswal**

- Jaiswal S., AND Yardi V. (2022), Presented a research proposal titled "**Role of women in Decision Making Process amongst Lower economic strata in Mumbai city**" at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; Thin Q Research and Skill Development Society, Mumbai on 28<sup>th</sup> – 29<sup>th</sup> January 2022.
- Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala, and Sunita Jaiswal (2022) Presented a research study titled "**Death and Dying,**" at **AARYA 2021 – 2022 - Awareness and Action Research for Youth Awakening - Inter-collegiate Interdisciplinary Undergraduate Research Competition** organized Online by College of Home Science Nirmala Niketan on 28<sup>th</sup> February 2022.

##### **Mrs. Roopa Rao**

- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled "**Weaving a Fabric of Fitness,**" at the **16<sup>th</sup> Avishkar Research Convention 2021-22 (final round)** organized on a virtual platform by Department of Students Development, University of Mumbai. The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: UG, on 15<sup>th</sup> May 2022.
- Agarwal, P., and Rao, R. (2022), Presented a research proposal titled "**Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" at the **16<sup>th</sup> Avishkar Research Convention 2021-22 (final round)** organized on a virtual platform by the Department of Students Development,

University of Mumbai. The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2<sup>nd</sup> May 2022.

- Vanessa Figer, Bhavya Gala, Sania Fernandes, and Roopa Rao (2022) Presented a research study titled "**Work from home: A boon for teachers,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed 'Challenges & Opportunities in a Changing world' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12<sup>th</sup> March 2022.
  - This paper was selected as the 2<sup>nd</sup> Best Research paper presented and was awarded certificates and a cash prize of Rs. 3000/-
- Esha Sam, Saloni Shah, Fatema Ganjifrockwala, Priya Phatak, and Roopa Rao (2022) Presented a research study titled "**Quality of Work Life (QoWL) of the Medical Representatives,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed 'Challenges & Opportunities in a Changing world' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12<sup>th</sup> March 2022.
- Riddhi Chheda, Devanshi Dedhia, Karina Haria, Moksha Mehta, Shailee Gandhi, and Roopa Rao (2022). Presented a research study titled "**Impact of COVID 19 on Tourism – Perception of Mumbaikars,**" at **AARYA 2021 – 2022 - Awareness and Action Research for Youth Awakening - Inter-collegiate Interdisciplinary Undergraduate Research Competition** organized Online by College of Home Science Nirmala Niketan on 28<sup>th</sup> February 2022.
- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled "**Weaving a Fabric of Fitness,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
  - The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, on 15<sup>th</sup> May 2022.
- Purva Agarwal, and Rao, R. (2022), Presented a research proposal titled "**Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
  - The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2<sup>nd</sup> May 2022.
- Maroly D., Unwala R., Kherodawala, S., and Rao, R. (2022) Presented a research proposal titled "**Designing for A Healthier Home (Maker),**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by

University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.

- Figer, V., Gala, B., Fernandes, S., Andredas, S., and Rao, R. (2022) Presented a research proposal titled "**The Inconvenient Truth about WFH – A Teacher’s Perspective,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Naik, T., Waghmare, S., Pereira, C, Bhosale, S., and Rao, R. (2022) Presented a research proposal titled "**Managing Bank-ability of Clerical Staff,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Esha Sam, Shah, S., Ganjifrockwala, F., Phatak, P., Ansari, A., and Rao, R. (2022) Presented a research proposal titled "**Work-Related Challenges among Medical Sales Representatives,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Boricha, N., and Rao, R. (2022), Presented a research proposal titled "**Yoga Vs. Gym: Choice of the Youth,**" at the **16th Avishkar Inter-zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Akanksha Kasliwal, and Rao, R. (2022), Presented a research proposal titled "**Effect of Psychological Ergogenic Aids in Training Tennis Players (9 – 16 years),**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Mangiraj S., and Rao, R. (2022), Presented a research proposal titled "**Walking the Right Way to Health,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Akanksha Kasliwal, and Rao, R. (2022), Presented a research proposal titled "**Effect of Psychological Ergogenic Aid on Performance and Training among Tennis Players (9-16 years),**" at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia,



Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.

- Purva Agarwal, and Rao, R. (2022), Presented a research proposal titled “**Mallakhamb – Awareness among the Youth,**” at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Sakshi Mangiraj., and Rao, R. (2022), Presented a research proposal titled “**Consumer's Perception of Ideal Shoes and the Factors that Influence Buying Behaviour,**” at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Nidhi Boricha, and Roopa Rao (2022). Presented a research paper, “**Perception of Young Adults towards Yoga and its benefits,**” at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Supriya Waghmare, and Roopa Rao (2022). Presented a research paper, “**Ergonomic Risk Analysis of Bank Clerical Employees' Workstation,**” at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Poonam Dalvi, and Roopa Rao (2022). Presented a research paper, “**Awareness of Workplace Hazards among Employees in Textile Weaving Industriousness,**” at the **3<sup>rd</sup> International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.

- Sakina Kherodawala, Rukaiya Unwala, and Roopa Rao (2022). Presented a research poster on their research work titled **“Health of the Homemaker – A balancing Act,”** at Elysium – A virtual Inter-Collegiate Festival themed **“Azadi ka Amrit Mahotsav – Celebrating 75 glorious years of Independence”** organized by B. L. Amlani College of Commerce and Economics; M. R. Nathwani College of Arts, Juhu, Mumbai; in collaboration with Department of Life Long Learning, the University of Mumbai on 19 January 2022.

e. **RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of the journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions, etc.)**

S. No.	Details of the recognition
<b>Mrs. Sunita Jaiswal</b>	
4.	<b>Board of Studies</b> <ul style="list-style-type: none"> <li>Appointed on the Board of Studies Dr. BMN College of Home Science (Resource Management)</li> </ul>
5.	<b>Panelist of Selection Committee as Subject expert by SNTD women’s university</b> Appointed as Panel in subject expert of Community Resource Management at Anjuman-I- Islams Begum Jamila Haji Abdul Haq Collage of HomeScience on 18 <sup>th</sup> May 2022. The interview took place between 2.30 – 4.30 pm
6.	
<b>Dr. Roopa Rao</b>	
1.	<b>‘Team Manager’ for University of Mumbai Contingent at Anveshan National Student Research Convention (Inter-University National Level Research Convention)</b> <ul style="list-style-type: none"> <li>Appointed as the “Team Manager” for Anveshan National Student Research Convention (Inter-University National Level Research Convention) 2022 organized by Association of Indian Universities, New Delhi at Academy of Maritime Education and Training (AMET), Chennai, Tamil Nadu on March 27<sup>th</sup> – 28<sup>th</sup> 2022 as per Ref Letter No. SW 433 of 2022 dated 23<sup>rd</sup> March 2022 and Ref Letter No. SW 433 (A) of 2022 dated 23<sup>rd</sup> March 2022.</li> </ul>
2.	<b>Joint Secretary, IBERD (International Board of Education, Research and Development)</b> ( <a href="#">Home   International Board for Educational, Research and Development (iberd.org)</a> since May 2018
3.	<b>District Co-coordinator, Avishkar – University of Mumbai</b> <ul style="list-style-type: none"> <li>Appointed as a District co-coordinator for 16th Inter-Collegiate Avishkar Research Convention 2021 - 2022 for Zone –</li> </ul>

	I (Mumbai – I) (Colaba to Mahim, CSMT to Matunga, and CSMT to Wadala) as per Ref Letter No. SW 306/2 of 2022 dated 7 <sup>th</sup> January 2022
4.	<b>Research Guide for M.Sc.-2 Students</b> <ul style="list-style-type: none"><li>Appointed as a Guide for MSc in Sports Nutrition Course by Department of Foods, Nutrition and Dietetics, College of Home Science – Nirmala Niketan, Mumbai, for the Self-Financing Master’s program, affiliated to the University of Mumbai; as per letter Ref. No. NN/CHSC/21 - 22/GO/3487 dated 10<sup>th</sup> August 2021. 4 students were allotted – Ms. Nidhi Boricha, Ms. Sakshi Mangiraj, Ms. Akanksha Kasliwal, and Ms. Purva Agarwal.</li></ul>

## 24. CONTRIBUTION TO ACADEMIC AND ADMINISTRATIVE ACTIVITIES WITHIN COLLEGE

## a. MEMBERS OF COLLEGE ADMINISTRATIVE COMMITTEES

S. No.	Name of the committee	Designation
<b>Mrs. Sunita Jaiswal</b>		
16.	NAAC-Criteria IV Infrastructure Development and Learning Resources	Convener
17.	Department of Community Resource Management	HOD
18.	T.Y.B.Sc CRM Community Services (Extension Activities)	Coordinator
19.	Department of Life Long Learning and Extension. University of Mumbai	Extension Coordinator
20.	Value Added Course "Cultural Heritage and Management"	Coordinator
21.	College Management Committee	Head of the Department
22.	Internal Quality Assurance Cell (IQAC)	Member
23.	NIRF (National Institutional Ranking Framework)	Member
24.	Examination committee	Member
25.	Student council committee	Member
26.	Admission committee	Member
27.	Attendance committee	Member
<b>Mrs. Roopa Rao</b>		
1.	Employment Placement Cell	Convenor
2.	S.Y.B.Sc.	Coordinator
3.	Value-Added Course "Workstation Design and Applied Ergonomics"	Coordinator
4.	College Development Committee	Elected Member

5.	College Management Committee	Senior Teacher of the Department
6.	F. Y. B.Sc. Practical (Aesthetics in Design)	Practical Coordinator
7.	F. Y. B.Sc. Practical (Skills for the Hospitality Industry)	Practical Coordinator
8.	Purchase Committee	Member
9.	Grants Committee	Member
10.	AARYA, Avishkar, and MRP committee	Member
11.	Unfair Means Enquiry Committee	Member
12.	NAAC Criterion – II	Member
13.	Admission Committee	Member
14.	Anti-Ragging Committee	Member
15.	Time Table Committee	Member

**b. ACADEMIC CONTRIBUTION**

S. No.	Title of the activity	Details	Date
<b>Mrs. Sunita Jaiswal</b>			
7.	Orientation to specializations at the T.Y.B.Sc. for SYBSc students	<ul style="list-style-type: none"> <li>Conducted an orientation to specialization for SYBSc (2021 – 2022 batch) students</li> <li>170+ participants (which included parents of S.Y.B.Sc. students. As it was an online meeting, both parents of almost students had logged in with a single device).</li> </ul>	23 <sup>rd</sup> April 2022
8.	Planned and Organized Workshops for the non-affiliated Value-Added Courses in Cultural Heritage Management for SYBSc	<p><b>Cultural Heritage Management:</b> The first session was scheduled for 18th April 2022. Mrs. Sunita Jaiswal the coordinator of the course invited Mrs. Rashmi Ahuja who is a GSA at Sharaf Travel India and the Commercial Coordinator, MSC Cruises India with over 21 years of experience in the Tourism Industry. Eighty-</p>	18 <sup>th</sup> April 2022 (9.00 – 11.00 am)

	2021-2022 batch	<p>eight (88) students attended this session. The sessions covered a wide range of topics such as:</p> <ul style="list-style-type: none"> <li>- Introduction /Overview of the Tourism Industry</li> <li>- Verticals of the Tourism Industry</li> <li>- Human Resources/Relationships base</li> <li>- Sustainable Tourism</li> <li>- Impact of Pandemic – Negative &amp; Positive</li> <li>- Travel as a lifestyle &amp; Opportunities that it creates for young talents</li> </ul> <p>The second session was organized on 20th April 2022, from 11.00 am to 1.00 pm. Mr. Nabeel Ansari, CEO &amp; Owner - The Tern Travellers and Wild Adventure Safaris India, with a related experience of over 12 years was the invited expert to conduct this session. Thirty-three (33) students attended this session. Topics covered are:</p> <ul style="list-style-type: none"> <li>- India &amp; International as tourism hot spot</li> <li>- Quiz on Indian destinations</li> <li>- Careers in Tourism</li> </ul> <p>Students appreciated both the sessions and have given very positive feedback.</p>	20 <sup>th</sup> April 2022 (11.00 am – 1.00 pm)
9.	Blended mode of teaching (T. Y. B. Sc.)	Planned and coordinated to start Blended mode of teaching for TYBSc., after lock down .Practical's and Theory both were conducted offline mode. Month of February started full offline mode of teaching.	
<b>Dr. Roopa Rao</b>			
1.	Orientation to specializations at the T.Y.B.Sc.	<p>Planned, coordinated, and conducted an Orientation to specializations at the T.Y. B. Sc. Level for the S.Y.B.Sc. (2021 – 2022 batch) students.</p> <ul style="list-style-type: none"> <li>- 170+ participants (which included parents of S.Y.B.Sc. students. As it was an online meeting, both parents of almost students had logged in with a single device).</li> <li>- Coordinated with the HoDs to designate one staff to deliver details of the department. <ul style="list-style-type: none"> <li>• Ms. Fatima Kader – FND Dept</li> </ul> </li> </ul>	23 <sup>rd</sup> April 2022

		<ul style="list-style-type: none"> <li>• Ms. Brenda Fernando – HD Dept</li> <li>• Dr. Ritu Madan – TFT Dept</li> <li>• Ms. Sunita Jaiswal – CRM Dept</li> </ul> <p>- Queries/Questions from both parents/guardians as well as from students were answered by the S. Y. Coordinator as well as the In-charge Principal.</p>	
2.	<p>Planned Workshops for the non-affiliated Value-Added Courses in coordination with the course coordinators. Each course was given 4 hours, split into 2 two-hour sessions.</p> <ol style="list-style-type: none"> <li>a. Indian Sign Language (Course Coordinator – Mrs. Rhonda Divecha)</li> <li>b. Cultural Heritage Management (Course Coordinator – Mrs. Sunita Jaiswal)</li> <li>c. Personal Styling, Grooming, and Fitness (Course Coordinator – Mrs. Vibhuti Khedekar)</li> </ol>		18 <sup>th</sup> – 20 <sup>th</sup> April 2022
	<p><b>a. Indian Sign Language:</b> Two sessions were organized in coordination with the course coordinator Ms. Rhonda Divecha, “Orientation to Indian Sign Language” was conducted on the 18<sup>th</sup> and 19<sup>th</sup> of April 2022. The Resource Persons were Mr. Jayesh Sureja and Ms. Kinjal Shah. Ms. Kinjal Shah was the interpreter. Mr. Jayesh and Ms. Kinjal have been associated with our college for teaching ISL since 2013 when we started the first Value Added Course in “Orientation to Indian Sign Language” in our college. Topics that they covered over the 2 days included:</p> <ul style="list-style-type: none"> <li>- The basic nature of Indian Sign Language</li> <li>- The myths about Indian Sign Language</li> <li>- Signing basic vocabulary of alphabets, numbers, months, days of the week, and some animals. fruits, vegetables, etc.</li> <li>- Make simple conversational sentences/questions from the words covered above.</li> </ul> <p>41 students attended both days and were awarded participation certificates. The students were grateful for this set of workshops and thanked the Resource Persons for teaching them some basic Indian Sign Language.</p>		18 <sup>th</sup> April 2022 (1.30 – 3.30 pm)  19 <sup>th</sup> April 2022 (1.30 – 3.30 pm)
	<p><b>b. Cultural Heritage Management:</b> The first session was scheduled for 18th April 2022. Mrs. Sunita Jaiswal the coordinator of the course</p>		18 <sup>th</sup> April 2022 (9.00 – 11.00)

	<p>invited Mrs. Rashmi Ahuja who is a GSA at Sharaf Travel India and the Commercial Coordinator, MSC Cruises India with over 21 years of experience in the Tourism Industry. Eighty-eight (88) students attended this session. The sessions covered a wide range of topics such as:</p> <ul style="list-style-type: none"> <li>- Introduction /Overview of the Tourism Industry</li> <li>- Verticals of the Tourism Industry</li> <li>- Human Resources/Relationships base</li> <li>- Sustainable Tourism</li> <li>- Impact of Pandemic – Negative &amp; Positive</li> <li>- Travel as a lifestyle &amp; Opportunities that it creates for young talents</li> </ul> <p>The second session was organized on 20th April 2022, from 11.00 am to 1.00 pm. Mr. Nabeel Ansari, CEO &amp; Owner - The Tern Travellers and Wild Adventure Safaris India, with a related experience of over 12 years was the invited expert to conduct this session. Thirty-three (33) students attended this session. Topics covered are:</p> <ul style="list-style-type: none"> <li>- India &amp; International as tourism hot spot</li> <li>- Quiz on Indian destinations</li> <li>- Careers in Tourism</li> </ul> <p>Students appreciated both the sessions and have given very positive feedback.</p>	<p>am)</p> <p>20<sup>th</sup> April 2022 (11.00 am – 1.00 pm)</p>
	<p><b>c. Personal Styling, Grooming, and Fitness:</b> A 2-day workshop on Personal styling grooming and fitness by Ms. Shaifali Singh- Transformation Coach and Solutions Facilitator was organized for the students of SYBSC batch 2021-2022. This course is an Add on Diploma course offered by the Department of Textile and Fashion Technology, and is affiliated to University of Mumbai.</p> <p>The workshop included</p> <ul style="list-style-type: none"> <li>- The importance of personal styling and grooming.</li> <li>- The concepts of wardrobe management,</li> <li>- capsule wardrobe and ways of managing the wardrobe efficiently.</li> </ul> <p>She emphasized on the concepts of how to analyse the physical attributes and the characteristics and provided recommendations for clothes and accessories that are trending according to the current season.</p> <p>Along with the explanation Ms. Shaifali Singh also demonstrated essentials of grooming, make up tips for different face types, clothes for different body types etc. She mentioned ways to adapt a grooming routine to</p>	



	maintain your skin, hair, for everyday lifestyle. The workshop will help students project of a personal as well as professional attitude and help them become successful stylist in the future.		
3.	Offline Practical sessions	<p>Due to the pandemic, the S. Y. students did not get a lab experience last academic year (F.Y.B.Sc.) or this entire year. It was hence decided in the CMC meeting that 2 offline practical sessions/classes would be planned for them in Feb 2022. It was also decided as per the S. Y. coordinator's request that 2 offline sessions/practical classes be allotted to CRM Dept also as they did not have direct/face-to-face interaction with the S.Y.B.Sc.'s too.</p> <p>As the SY Coordinator, planned and rescheduled all theory classes once again to fit in the 10 practical (MP, HD-PWA, WW, Comp App, and CRM input) offline (2.5 hours each) sessions from 17<sup>th</sup> Feb 2022 till 3<sup>rd</sup> March 2022.</p>	
4.	Career guidance for TYCRM students	<p>Have always been on the lookout for vacancies for the TYCRM students, either through references, alumni leads, or web searches. Have mentored, groomed, and helped them clear their placement interviews to ensure 100% placement for the department.</p> <p>This year 6 students from the hospitality electives were placed at The Oberoi Hotels/The Trident as Front Office Associates, Housekeeping Associates, Business Centres Associates, and F &amp; B Associates.</p> <p>Students also had the opportunity to face interviews for vacancies at Indigo Airlines, Emirates, Air Asia, Spice Jet, and Qatar Airways.</p> <p>They were also informed about various other positions such as Training executives (HR dept), Marketing positions, Retail executives, etc. Many TY students sent their CVs and were also interviewed for these positions.</p>	From Jan 2022 onwards till the date
5.	Blended mode of teaching	Helped the college and the in-charge Principal achieve the difficult task of	Oct 2021 to

	(S. Y. B. Sc.)	resuming offline classes after the 18-month complete nationwide lockdown. It was difficult to get the students back to the classroom for offline learning as many had gotten used to the easy online mode of learning. Created a schedule as well as mentored the students constantly to get them to return to the classrooms. Many of them had got so used to the online mode, that they would come to the college but attend lectures online by sitting in the common room. Had to constantly mentor/guide/counsel them to get back to the face-to-face learning environment. In the bargain, the timetable/schedule of classes had to be changed numerously to encounter all the arising challenges.	March 2022
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## 25. GUIDANCE RENDERED TO RESEARCH SCHOLAR

S. No.	Name of the student	Title of the research project	Level	University
<b>Mrs. Sunita Jaiswal</b>				
11.	Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala.	"Death and Dying,"	S. Y. B. Sc.	University of Mumbai
<b>Mrs. Roopa Rao</b>				
1.	Sakshi Mangiraj	Consumer's perception of ideal shoes and the factors that influence the buying behaviour.	M. Sc. (Sports Nutrition)	University of Mumbai
2.	Akanksha Kasliwal	Effect of a psychological ergogenic aid on tennis players aged between 9-15 years.	M. Sc. (Sports Nutrition)	University of Mumbai
3.	Nidhi Boricha	Perception Of Young Adults Aged 18 – 35 Years on Yoga or Gym.	M. Sc. (Sports Nutrition)	University of Mumbai
4.	Purva Agarwal	Mallakhambh – Traditional Sport Awareness and its Physiological Impact among school-going children (aged 10 – 15 years).	M. Sc. (Sports Nutrition)	University of Mumbai
5.	Corrina Pereira Sneha Bhosle Supriya Waghmare Tanaya Naik	Ergonomic Evaluation of Workstation of Bank Clerks	T. Y. CRM	University of Mumbai

6.	Disha Maroly Rukaiya Unwala Sakina K.	Ergonomic Assessment of Kitchen Layout w.r.t. The Anthropometric Data of Women Working in Kitchens: A Note to Builders and Designers	T. Y. CRM	University of Mumbai
7.	Ansari Ayesha Teresa Esha Fatema G. Priya Phatak Saloni Shah	Work-Related Challenges Among Medical Representatives	T. Y. CRM	University of Mumbai
8.	Nutanna Bale Poonam Dalvi Tanisha Kadam Vijaya Bhaigade	Ergonomic Risk Assessment of Textile Weaving Industries	T. Y. CRM	University of Mumbai
9.	Bhavya Gala Stency Fernandes Sania Andrandes Vanessa Figer	Prevalence Of Musculoskeletal Disorders Among Higher Secondary Teachers Working from Home During COVID - 19	T. Y. CRM	University of Mumbai
10.	Riddhi Chheda Devanshi Dedhia Shailee Gandhi Karina Haria Moksha Mehta	Impact Of COVID 19 on Tourism – Perception of Mumbaikars	S. Y. B. Sc.	University of Mumbai

26. **STAFF DEVELOPMENT ACTIVITIES ATTENDED:**

S.No.	Title of the activity	Details	Date
3.			

4.			
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**27. E. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:**

----- NIL -----

**15. VALUE-ADDED COURSES OF THE DEPARTMENT:**

Name of the course	Coordinator of the course	Number of students	Duration		Funds generated
			Commenced	Accomplished	
Workstation Design and Applied Ergonomics	Dr. Roopa Rao	20	Sept 2021		
Cultural Heritage Management	Mrs. Sunita Jaiswal				

**16. FUNDS GENERATED IN SEMESTER I and II:**

Type of the Activity	Beneficiaries	Date	Funds generated

**17. ANY OTHER INFORMATION IN BRIEF:**➤ **Internship Placement:**

The Hotel Front Office & Housekeeping Elective students are expected to complete a mandatory 4-week internship training in hotels/tour operations or event management industry. After 2 academic years of no internship training due to the nationwide lockdown, students were looking forward to the internship training programs. They would start their training on 15<sup>th</sup> May 2022 and end on 16<sup>th</sup> June 2022 (27 working days). The students will be training with the following organizations:

<b>Organization</b>	<b>Type of Organisation</b>	<b>No. of Students placed</b>	<b>Name of the Students</b>
<b>Meluha – The Fern</b>	<b>Ecotel Hotel</b>	<b>4</b>	<b>Poonam Dalvi Tanaya Naik Sakina Sadriwala Nutanna Bale</b>
<b>The Fern – Chembur</b>	<b>Hotel</b>	<b>2</b>	<b>Tanisha Kadam Akanksha Gaikwad</b>
<b>7th Sky Travels</b>	<b>Travel Operations</b>	<b>1</b>	<b>Misbah Kalania</b>
<b>Novotel</b>	<b>Hotel</b>	<b>1</b>	<b>Corinna Pereira</b>
<b>Spice Travels</b>	<b>Travel Operations</b>	<b>1</b>	<b>Aaisha Baga</b>
<b>Kun Travels</b>	<b>Travel Operations</b>	<b>1</b>	<b>Fatema Ganjifrockwala</b>
<b>J. W. Marriott</b>	<b>Hotel</b>	<b>4</b>	<b>Neha Jadhav Umaima D. Anchal Tiwari Sakina K.</b>
<b>The Park, Navi Mumbai</b>	<b>Hotel</b>	<b>1</b>	<b>Samiksha M.</b>
<b>Twirling Moments</b>	<b>Event Management</b>	<b>1</b>	<b>Michelle F.</b>
<b>Westin</b>	<b>Hotel</b>	<b>1</b>	<b>Grace P</b>
<b>Malpani Health Club and Resorts</b>	<b>Health Club/Hotel</b>	<b>1</b>	<b>Priyanka Shinde</b>
<b>Lemon Tree Premier</b>	<b>Hotel</b>	<b>7</b>	<b>Stency Fernandes</b>

				<b>Bhavya Gala</b> <b>Nidhi Tapke</b> <b>Vijaya Bhaigade</b> <b>Sania Andredas</b> <b>Aasna Bhatia</b> <b>Disha Maroly</b>
<b>Alliance International Tours and Travels</b>	<b>Travel Operations</b>	<b>1</b>		<b>Ayesha Ansari</b>
<b>Sahar Marriott, Santacruz (East)</b>	<b>Hotel</b>	<b>1</b>		<b>Khushi Sharma</b>
	<b>14 organizations</b>			<b>27 students</b>

➤ **OCED/OCER:**

Dr. Roopa Rao motivated and guided 17 students from Hotel Front Office & Housekeeping elective (T. Y. B.Sc. CRM) to apply for OCED/OCER on 2<sup>nd</sup> November 2021.

**Oberoi Central Employment Register (OCER) for a career as OPERATIONS ASSISTANT** is a database of all candidates who are offered a job as an Operations Assistant in The Oberoi Group. OCER recruitment is done on an annual basis Open access days at The Oberoi, Mumbai. On being selected through the OCER recruitment process, students are offered a position as an operation assistant in one of the four operational departments:

- Food and beverage (F&B) service operations
- Front office operations
- Housekeeping operations
- Kitchen operations

**Oberoi Centre of Learning and Development (OCLD)** was established in 1966. Today, management training programs at OCLD are considered among the best in Asia and a benchmark for international excellence within the hotel industry. OCLD programs commence in July each year with the selection process beginning in September of the previous year. OCLD is based in Maidens Hotel, Delhi. OCLD offers a two-year post-graduate management program in Guest Service Management, Housekeeping Management, and Kitchen Management.

11 students were selected for the next round of selection which was a 14 minutes' Psychometric test, a Computer Based Online Selection Test (AMCAT) provided by SHL. It tested the candidate's logical ability. The next round was a virtual panel online via MS Teams.

Candidates who passed the virtual interview were selected for the next round which was an in-person interview with the hotel's General Manager at The Trident Hotel, Nariman Point.

Candidates who applied for the program were Aashna Bhatia, Sakina Sadriwala, Sakina Kherodawala, Fatema Ganjifrockwala, Khushi Sharma, Akanksha Gaikwad, Disha Maroly, Nutanna Bale, Neha Jadhav, Bhavya Gala, Vijaya Bhaigade, Poonam Dalvi, Corinna Pereira, Grace Charles, Tanaya Naik, Umaima Dahodwala, and Tanisha Kadam

Candidates selected for OCER:

- v. Corinna Pereira – Front Office Associate
- vi. Poonam Dalvi – Food and Beverage Associate
- vii. Sakina Sadriwala – Front Office Associate
- viii. Akanksha Gaikwad – Housekeeping Associate
- ix. Nutanna Bale - Housekeeping Associate

➤ **Internship at Vidhan Bhavan, Mumbai**

Dr. Roopa Rao motivated and guided 4 T. Y. B. Sc. CRM students (Ms. Disha Maroly, Ms. Supriya Waghmare, Ms. Nutanna Bale, and Ms. Fatema Kanchwala) to apply for a two-month internship position at The Deputy Speaker's Office (Vidhan Bhavan, Mumbai) from Jan 2022 – April 2022.

➤ **National Skill Development Corporation (NSDC)**

Dr. Roopa Rao collaborated with the Pune Institute of Business Management (PIBM) to help to graduate students with placements. National Skill Development Corporation (NSDC) is a not-for-profit public limited company set up by the Ministry of Finance as a Public-Private Partnership (PPP) model. NSDC aims to promote skill development by catalyzing the creation of large, quality, and for-profit vocational institutions.

The students will have to appear for the NEST (National Employability & Skills Test) to participate in the placement drive. The structure of the NEST was: Aptitude, Logical Reasoning, Verbal Ability, and Domain (Technical/Non-Technical). Students qualifying for NEST will be allowed for the placement drive. 115 T.Y.B.Sc. from the current 2021 – 2022 have enrolled for the NEST, which will be scheduled for June 2022.

Three Student Development Programs (SDP) were designed by PIBM to bridge the 'Gap' between the student's existing skills and the skills required by the Companies. In Dec 2021. The SDP aims to familiarize the participants with techniques for cracking the selection process of top companies. The methodology of SDP involves a combination of lectures and some practical sessions with greater emphasis on giving participants with Hands-on Experience. The SDP trained participants in: Aptitude/Logical reasoning, Verbal Ability, Marketing Management, and Communication. This training will also help students crack competitive exams such as CAT/ MAT/ Bank- PO, etc.



### **Student Led Activity-**

#### ➤ **CRM Market - Harry Potter-Welcome to Hogwarts: 2nd and 3rd March 2022.**

After 2 years of lock down students of CRM were all eager to organize the Annual CRM Market in the garden area of college premises on 2nd and 3rd March 2022, a hand on experience as part of entrepreneurial skill. Harry Potter, a fantasy fiction film, was chosen as the theme. The movie inspired the formation of groups for decoration and promotion. The CRM Market's promotion was led by CR Tanaya Naik and 8 other classmates, while the Decoration was led by ACR Rukaiya Unwala and 14 other classmates.

The first goal of team was to drop hints about the theme of CRM market so the team decided to drop it step by step Made a coming soon brochure with the typical font of Harry Potter, with coffee painted paper with burnt sides which was pinned on every bulletin board of college 9 3/4 small chart was attached to bulletin board, indicating the platform number of the hogwarts express Also printed a hogwarrrts acceptance letter for the invite in CRM market with venue dates and time The letter was printed and location date time and venue was handwritten by the classmates Digital postures were set as the desktop wallpaper in each and every classrooms with smart boards the decoration was done in back garden of college of Home Science Niramala Niketan. The Decor was mostly done by DIY, with old papers, garbage bags as witches, a broom as Firebolt, and old newsprint as letters, among other things.

The theme was discussed in class where in three-four themes were sorted after which “Harry Potter-Welcome to Hogwarts” theme was finalized by the students and the staff. Invitation cards were made, students went personally to each staff for invitation. Soft copies of invite letters were posted in each classrooms computer desktops, watts app groups of students and staff.

The market ended at 3.30 pm on 3<sup>rd</sup> march 2022 with lots of memories. Students learned a lot of managing skills, marketing skills from the market and had many more personal skills to learn. They also had a very good time with each other and their faculty teachers. Overall, it was a good experience with lots of planning and coordination between classmates and its execution on 2<sup>nd</sup> and 3<sup>rd</sup> march, 2022. Lastly, students thanked the college management and teachers for this learning opportunity. As the team it was well managed event

### **i.Challenges faced:**

- Its challenge to function department with 3 CHB staff
- Permanent staffs are overloaded with academic, administrative and various committee work.
- Conducting AID practical's in classroom in challenge
- It's becoming difficult to attract students in CRM department as there is no MSc.
- No proper Lab facility

- No peons allotted for full time to assists the practical

**ii.Plans for 2022 – 2023:**

**Tentative activities planned**

**ACTIVITIES PLANNED**

- 1 Parents Orientation**
- 2 Celebration of Breast Feeding week**
- 3 Food Adulteration workshop**
- 4 Personal grooming workshop**
- 5 Sketching Workshop**
- 6 Street play workshop**
- 7 Visit to Asian Paints -Bandra**
- 8 Construction Site visit**
- 9 Fire Fighting workshop**
- 10 Nutrition month celebration**
- 11 Flower arrangement workshop**
- 12 CRM Market**

- 13 Hotel Internship**
- 14 Industrial Visit**
- 15 Rural Camp**
- 16 Hospitality Events**
- 17 Model making workshop for ID Elective students**