Report

S. Y. B. Sc. (2022 – 2023 batch)

1. **Number of Teachers:**

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| --- |
| **S. Y. Coordinator (2019 – 2023): Dr. Roopa Rao** |
| **S.Y. Subject taught** | **Name of the Staff** |
| USHS301 - Foundation Course | Dr.Anjali Srivastava (S1234)Ms. Vrinda Udiaver (S1234 & S5678)Ms. Sakina Chhatriwala (S5678)Ms. Saniya Pai (S1234 & S5678) |
| USHS302 – Nutrition & Meal Planning | Ms. Sheetal JoshiMs. Shalmalee Potdar |
| USHS303 – Adolescence Development | Ms. Khyati SampatMs. Gulnaaz EngineerMs. Brenda Fernnado |
| USHS304 – Trad Tex & Costumes of India | Ms. Vrinda UdiaverMs. Vibhuti Khedekar |
| USHS305 – Principles of Management | Dr. Roopa RaoMs. Riddhi Raut |
| USHSP301 – Nutrition & Meal Planning – I | Ms. Sheetal JoshiMs. Shalamalee Potdar Ms. Arwa UjjainwalaMs. Priya Kini/Ms. Girija Damle |
| USHSP302 – Developmentally App Practices | Ms. Khyati Sampat Ms. Gulnaaz EngineerMs. Brenda FernandoSr. Vanitha D’SouzaMs. Priyanshi Madhwani |
| USHSP403 – Pattern Making, Garment Construction and Styling for WW | Dr. Anjali SrivastavaMs. Sanghamitra Navalgund Ms. Vibhuti KhedekarMs. Neha Mulchandani |

1. **Number of Students:**

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| --- | --- | --- |
| **S. Y. B. Sc. 1234** | S1 – 22 S2 – 22 S3 – 22 S4 – 22  | 88 students |
| **S. Y. B. Sc. 5678** | S5 – 22 S6 – 21S7 – 22S8 – 21 | 86 students |
| **Total** | **174 students** |

1. **Mentoring**
	1. **Mentors Allotted to S.Y.B.Sc.**

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| **S.Y.B.Sc. Coordinator – Dr. Roopa Rao** |
| S1 | Dr. Anjali Srivastava |
| S2 | Ms. Vibhuti Khedekar  |
| S3 | Ms. Vrinda Udiaver |
| S4 | Ms. Sheetal Joshi |
| S5 | Ms. Khyati Sampat |
| S6 | Ms. Sakina Tinwala |
| S7 | Ms. Brenda Fernando |
| S8 | Ms. Sunita Jaiswal |

* 1. **Mentoring Details**

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| --- | --- | --- |
| **Group** | **Mentors** | **Mentoring session details** |
|  |  | **Date, Day, and Time of session** | **Broad topic and method used for the mentoring session** | **No. of students benefited** |
| **S1** | Dr. Anjali Srivastava |  |  |  |
| **S2** | Mrs. Vibhuti Khedekar  | 23rd Aug 2022 11.45 to 12.45 11th Oct 2022 11.45 to 12.45 | * Introduction to Mentoring
* Introduction of all students along with their hobbies and their future.
* Importance of communication and Time Management
* Students had doubts regarding exams, hence tips of how to study without stress and anxiety were shared
 | 1508 |
| **S3** | Ms. Vrinda Udaiver | 30th July2022, 1pm -1.30pm30th Sept 2022 2pm -2.30pm  | Discipline How to study for upcoming exam  | 15 6 |
| **S4** | Ms. Sheetal Joshi |  |  |  |
| **S5** | Ms. Khyati Sampat |  |  |  |
| **S6** | Ms. Sakina Tinwala |  |  |  |
| **S7** | Ms Brenda Fernando | **Session 1:** July 26, 2022Tuesday (12.45pm-1.45pm)**Session 2:** September 27, 2022Tuesday (12.45pm-1.45pm) | Importance of mentorMentor-mentee relationshipPower of gratitudeIcebreakerInteractive session about their worries and fears which they shared in an anonymous chit.Listed down topics for the following mentoring sessionTime management Affirmations (Topic chosen based on maximum votes) Activities done on time management.Listed affirmations to remove their anxiety and be positive for their upcoming exams | 19 students were present out of 22.16 students were present out of 22. |
| **S8** | Ms Sunita Jaiswal | 1st session - Monday 25th Julytime- 9.30 am2nd session-7th Oct 2022time- 10.40 am | Interactive session.Information about subjects and Departments.Clearing doubts of specializations, exam Discussion on exams.Motivational talk.How to prepare for exams,avoid malpractices  | 18 out of 2212 out of 22  |

1. **MOOCs Enrolment:**

**Please list your full name if you have enrolled for any MOOCs:**

|  |  |  |
| --- | --- | --- |
| **S. No.** | **Name of the Student****(Grp - R.No.)** | **Details of the Course** |
|  | Name - Humaira Jasnak (Group No - S3. – R. No -50.) | Title of the course: Guidance and Counselling Duration of the course: 4 weeks Platform: Swayam Date of Enrollment: 09.09.2022Date of commencement of course: 13.09.2022Date of completion of course: 29.10.2022 |

1. **Participation in Competitions/Fests/Quiz**

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| --- | --- | --- | --- | --- | --- |
| **S. No.** | **Participating Students** | **Name of the Quiz/Contest** | **Organized by** | **Place & Date** |  |
|  | Aqsa Khan S365 | Revamp the ramp | Kalaiedoscope  | Sophia College, 5th september 2022 |  |
|  | Rukaiya Kantawala S3 | Tee Vee | Kalaiedoscope  | Sophia college, 7th sep 2022 |  |
|  | Khadija jawadwalaS3 | Ultimate Cook Off | Kalaiedoscope  | **Sophia college , 7th sep 2022** |  |

1. **Prizes/Awards Received:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S. No.** | **Participating****Students** | **Name of the****Quiz/Contest** | **Organized****by** | **Place &****Date** | **Award/Prize****received** |
|  | **Khadija Jawadwala** | **Ultimate Cook Off** | Kalaiedoscope  | **Sophia college, 7th sep 2022** | **1st price**  |