Report

S. Y. B. Sc. (2022 – 2023 batch)

1. **Number of Teachers:**

|  |  |
| --- | --- |
| **S. Y. Coordinator (2019 – 2023): Dr. Roopa Rao** | |
| **S.Y. Subject taught** | **Name of the Staff** |
| USHS301 - Foundation Course | Dr.Anjali Srivastava (S1234)  Ms. Vrinda Udiaver (S1234 & S5678)  Ms. Sakina Chhatriwala (S5678)  Ms. Saniya Pai (S1234 & S5678) |
| USHS302 – Nutrition & Meal Planning | Ms. Sheetal Joshi  Ms. Shalmalee Potdar |
| USHS303 – Adolescence Development | Ms. Khyati Sampat  Ms. Gulnaaz Engineer  Ms. Brenda Fernnado |
| USHS304 – Trad Tex & Costumes of India | Ms. Vrinda Udiaver  Ms. Vibhuti Khedekar |
| USHS305 – Principles of Management | Dr. Roopa Rao  Ms. Riddhi Raut |
| USHSP301 – Nutrition & Meal Planning – I | Ms. Sheetal Joshi  Ms. Shalamalee Potdar  Ms. Arwa Ujjainwala  Ms. Priya Kini/Ms. Girija Damle |
| USHSP302 – Developmentally App Practices | Ms. Khyati Sampat  Ms. Gulnaaz Engineer  Ms. Brenda Fernando  Sr. Vanitha D’Souza  Ms. Priyanshi Madhwani |
| USHSP403 – Pattern Making, Garment Construction and Styling for WW | Dr. Anjali Srivastava  Ms. Sanghamitra Navalgund  Ms. Vibhuti Khedekar  Ms. Neha Mulchandani |

1. **Number of Students:**

|  |  |  |
| --- | --- | --- |
| **S. Y. B. Sc. 1234** | S1 – 22  S2 – 22  S3 – 22  S4 – 22 | 88 students |
| **S. Y. B. Sc. 5678** | S5 – 22  S6 – 21  S7 – 22  S8 – 21 | 86 students |
| **Total** | | **174 students** |

1. **Mentoring**
   1. **Mentors Allotted to S.Y.B.Sc.**

|  |  |
| --- | --- |
| **S.Y.B.Sc. Coordinator – Dr. Roopa Rao** | |
| S1 | Dr. Anjali Srivastava |
| S2 | Ms. Vibhuti Khedekar |
| S3 | Ms. Vrinda Udiaver |
| S4 | Ms. Sheetal Joshi |
| S5 | Ms. Khyati Sampat |
| S6 | Ms. Sakina Tinwala |
| S7 | Ms. Brenda Fernando |
| S8 | Ms. Sunita Jaiswal |

* 1. **Mentoring Details**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Group** | **Mentors** | **Mentoring session details** | | |
|  |  | **Date, Day, and Time of session** | **Broad topic and method used for the mentoring session** | **No. of students benefited** |
| **S1** | Dr. Anjali Srivastava |  |  |  |
| **S2** | Mrs. Vibhuti Khedekar | 23rd Aug 2022  11.45 to 12.45  11th Oct 2022 11.45 to 12.45 | * Introduction to Mentoring * Introduction of all students along with their hobbies and their future. * Importance of communication and Time Management * Students had doubts regarding exams, hence tips of how to study without stress and anxiety were shared | 15  08 |
| **S3** | Ms. Vrinda Udaiver | 30th July2022, 1pm -1.30pm  30th Sept 2022 2pm -2.30pm | Discipline  How to study for upcoming exam | 15  6 |
| **S4** | Ms. Sheetal Joshi |  |  |  |
| **S5** | Ms. Khyati Sampat |  |  |  |
| **S6** | Ms. Sakina Tinwala |  |  |  |
| **S7** | Ms Brenda Fernando | **Session 1:**  July 26, 2022  Tuesday (12.45pm-1.45pm)  **Session 2:**  September 27, 2022  Tuesday (12.45pm-1.45pm) | Importance of mentor  Mentor-mentee relationship  Power of gratitude  Icebreaker  Interactive session about their worries and fears which they shared in an anonymous chit.  Listed down topics for the following mentoring session  Time management  Affirmations  (Topic chosen based on maximum votes)  Activities done on time management.  Listed affirmations to remove their anxiety and be positive for their upcoming exams | 19 students were present out of 22.  16 students were present out of 22. |
| **S8** | Ms Sunita Jaiswal | 1st session - Monday 25th July  time- 9.30 am  2nd session-  7th Oct 2022  time- 10.40 am | Interactive session.  Information about subjects and Departments.  Clearing doubts of specializations, exam  Discussion on exams.  Motivational talk.  How to prepare for exams,  avoid malpractices | 18 out of 22  12 out of 22 |

1. **MOOCs Enrolment:**

**Please list your full name if you have enrolled for any MOOCs:**

|  |  |  |
| --- | --- | --- |
| **S. No.** | **Name of the Student**  **(Grp - R.No.)** | **Details of the Course** |
|  | Name - Humaira Jasnak  (Group No - S3. –  R. No -50.) | Title of the course: Guidance and Counselling  Duration of the course: 4 weeks  Platform: Swayam  Date of Enrollment: 09.09.2022  Date of commencement of course: 13.09.2022  Date of completion of course: 29.10.2022 |

1. **Participation in Competitions/Fests/Quiz**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S. No.** | **Participating Students** | **Name of the Quiz/Contest** | **Organized by** | **Place & Date** |  |
|  | Aqsa Khan  S3  65 | Revamp the ramp | Kalaiedoscope | Sophia College, 5th september 2022 |  |
|  | Rukaiya Kantawala  S3 | Tee Vee | Kalaiedoscope | Sophia college, 7th sep 2022 |  |
|  | Khadija jawadwala  S3 | Ultimate Cook Off | Kalaiedoscope | **Sophia college , 7th sep 2022** |  |

1. **Prizes/Awards Received:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **S. No.** | **Participating**  **Students** | **Name of the**  **Quiz/Contest** | **Organized**  **by** | **Place &**  **Date** | **Award/Prize**  **received** |
|  | **Khadija Jawadwala** | **Ultimate Cook Off** | Kalaiedoscope | **Sophia college, 7th sep 2022** | **1st price** |