

REPORT OF NATIONAL SERVICE SCHEME (NSS)

Programme Officer- Dr. Pratima Goyal

NSS Supervisor- Dr. Anjali Srivastava, Dr. Sheetal Joshi and Mrs. Vibhuti Khedekar

Number of Volunteers in the College Unit- 100

NSS Leader- Ms. Fariha Shaikh

NSS unit of College of Home Science Nirmala Niketan conducted various activities as per the guidelines provided by the NSS Cell of University of Mumbai. The activities fall under these categories-

1. Activities organized by the University
2. Activities organized by the College
3. Area Based Project-1
4. Area Based Project-2

Details of these activities as follows:

AREA BASED PROJECT-1

The College of Home Science Nirmala Niketan

Title:- HIV/AIDS awareness training workshop

Date:- 01/08/2022

Time:- 10:00 am to 5:30 pm

Organizing Committee:- MDACS (Mumbai district of aids control society) No. of

Volunteers:- 12

1. Avandhika Shaju
2. Fariha Faisal shaikh

Red Ribbon Club of MDACS (Mumbai district of aids control society) conducted a HIV / AIDS awareness training workshop session on 1/08/2022 . 2 NSS volunteers of various colleges of Mumbai had participated in this workshop . First speaker of the day was Dr. LATIKA SHIVKAR and then followed by UMESH GHUGE .Different videos on awareness of HIV/AIDS were shared . It was a very informative session on precautions , tests , and awareness about HIV/AIDS . The volunteers were trained how to spread awareness about HIV/AIDS amongst their peer community which can turn into a benefit for the society , followed by RRC leaders were appointed from college .Overall it was a very beneficial training session by RRC (MDACS).

PICTURES OF THE EVENT



Mr. Umesh Ghuge addressing the gathering



Dr. Latika shivkar

COASTAL CLEANUP DRIVE

NAME OF COLLEGE:- COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

AFFILIATION:- UNIVERSITY OF MUMBAI

NAME OF EVENT : COASTAL CLEANUP DRIVE

TITLE OF THE PROGRAM :- INTERNATIONAL COASTAL CLEANUP DAY
INDUCTION PROGRAM

NAME OF THE DEPARTMENT ORGANIZED :- NATIONAL SERVICE SCHEME
CELL, UNIVERSITY OF MUMBAI

LEVEL :- STATE

NAME OF COMMITTEE ORGANIZING :- NATIONAL SERVICE SCHEME CELL

ORGANIZING TEAM :-

Sushil Shinde (OSD, NSS)

NSS Unit of R.D. National College.

INVITED BY :- Sudhir S. Puranik (Director, NSS)

COLLABORATOR :-

- My Green Society
- Indian Coast Guard

RESOURCE PERSON:-

- Vishal Tibrewala (My Green Society)
- Prasoon kr. Tiwari (Deputy Commander, Indian Coast Guard)

- Ravi Kumar (Commander, Indian Coast Guard)
- Members of AIPMA (All India Plastic Manufacturers Association)
- Members of BMC (Brihanmumbai Municipal Corporation)

DAY AND DATE : Thursday, 4th August, 2022

TIME :- 2:30 PM- 5:00 PM

VENUE:- Meera Watumull Auditorium, R. D. National College, Bandra (W).

NUMBER OF VOLUNTEERS:- 4

NAMES OF VOLUNTEERS :-

- Menka Yadav
- Sakshi Zinjad
- Aafiya Shaikh
- Ayesha Shaikh

National Service Scheme Cell, University of Mumbai, My Green Society jointly organized an induction programme for NSS Volunteers from all over Mumbai on 4th August, 2022 at Meera Watumull Auditorium, R. D. National College, Bandra (W).

As few of us know that, “International Coastal Cleanup Day” is celebrated on third saturday of September. On 17th September, 2022, a mega cleanliness campaign is being organized. Under the aegis of “Azadi ka Amrit Mahotsav”.

The “Clean Coast Safe Seas” campaign will cover the entire coastline of 7500 km in 75 coastal districts at 75 main sea coasts with 75 volunteers at every kilometres of the coastline. This campaign is focused on minimal use of single used plastic and source segregation at every household in the country.

The member of AIPMA told us more about the plastics and their effects on environment. He asked a very simple question to all the volunteers out there , ‘Is plastic good for environment?’ and very precisely everyone said “No” . After that he told us as a product plastic is one of the best invention by humans . It is cheaper, takes very less time to manufacture, easy to carry and even easy to use . But the point is that after being so human friendly why plastic is called hazardous for us . This is all because of the improper segregation of those plastic products . He also give us some ideas how we can reuse plastic products .

BMC members were also there to motivate us to segregate plastic waste properly and make our place and environment healthy for each and everyone. The role of Brihanmumbai Municipal Corporation is to maintain sanitation and health; in this connection it manages hospitals, garbage collection and disposal, the sewerage, and the water supply. As part of its duties related to public health, it is responsible for the prevention of epidemics. BMC is doing a great job with respect to plastic segregation. They segregated and treat the plastic waste properly and make our surrounding areas healthy place for us to survive in.

Later on the Indian Coast Guard Commander and deputy Commander, Ravi Kumar and Prasoon kr. Tiwari shared their thoughts with our volunteers . They told us about the Coast Guard. They told us about following topics:-

- What they do on their duty?
- Do they only try to keep Coast areas clean?
- How we can enter in Indian Coast Guard service ?
- What we should do to make our coasts clean and Seas safe for our environment and biodiversity out there?

They are the Coast Guards, who keep Coast clean by organising cleanliness campaign and also they make coastline better place for the aquatic animals who suffer a lot because of water pollution and floating of plastic on their sea bed. Plastics are hazardous for aquatic animals they can't survive if plastic by any chance enter their gut .

They told us about their service also, their ships, helicopters, their work , role of women in Coast Guard service. They proudly introduced us to the women who are doing such a great job in Indian Coast Guard by showing us an amazing vedio .

After that volunteers got their doubts solved in the questions and answer round. It was an amazing and very informative session . Volunteers learned a lot .The session ended on a good note . We took a beautiful picture with all having 'Tiranga':our pride, higher in the sky.



UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME



Web site- www.nssmu.org
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai – 400 020.
No. NSS/ECD/2022-2023/ 524
Date: 01.08.2022

To,
The Principal of All Colleges having NSS Unit in
Mumbai City and Mumbai Suburb District Colleges

Subject: University Level Orientation /induction program by Indian Coast Guard for
NSS volunteers to enthuse NSS volunteers on their role and action plan for activities
on "International Coastal Clean Up Day"

Sir/Madam,

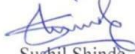
"International Coastal Clean Up Day" is celebrated on the third Saturday of September. Under the aegis of "Azadi ka Amrit Mahostav". This year on 17th September 2022, a mega cleanliness campaign is being organized with various departments and ministries of the Government of India in collaboration with Civil Society organizations from across the country. The "Clean Coast Safe Seas" campaign will cover the entire coastline of 7500 KM in 75 coastal districts at 75 main sea coasts with 75 volunteers at every kilometre of the coastline. The campaign is focused on minimal use of single use plastic and source segregation at every household in the country.

National Service Scheme Cell, University of Mumbai, Indian Coast Guard, and My Green Society are jointly organizing an orientation /induction program for NSS volunteers from all over Mumbai on **4th August 2022** at **Meera Watumull Auditorium**, R.D. National College, Bandra (w) at 2.30 pm. At this orientation /induction program, experts from my green society and Indian Coast Guard will enlighten the NSS volunteers on their role and action plan for activities on "**International Coastal Clean Up Day**".

You are requested to depute 2 male and 2 female volunteer to participate in this induction program as per the following program:

- Date: 4th August 2022
- Venue: Meera Watumull Auditorium, R.D. National College, Bandra (w)
- Reporting time for registration: 2.30 pm

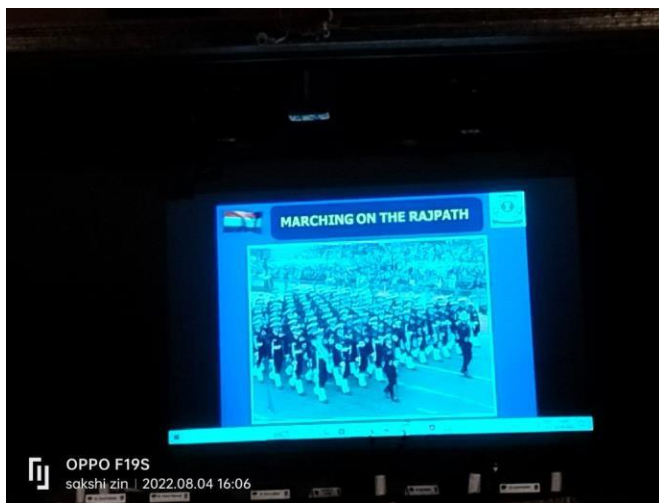
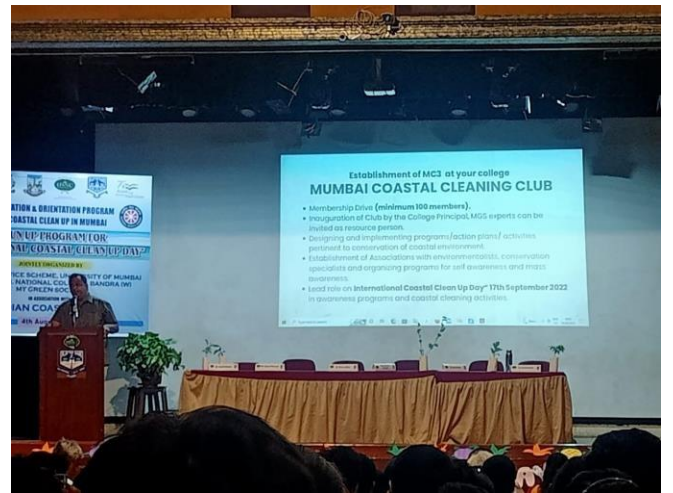
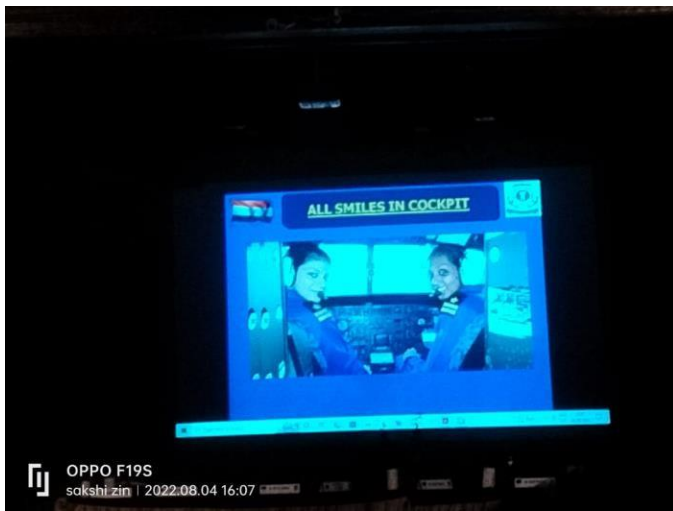
All participating volunteers will be provided participation certificate.
Looking forward to your cooperation


Sushil Shinde
OSD, NSS

Yours sincerely,


Sudhir S. Puranik
Director, NSS

Copy to NSS District Co-ordinator with request to co-ordinate with the colleges of respective jurisdiction





OPPO F19S

sakshi zin | 2022.08.04 16:32

The College of Home Science Nirmala Niketan

Title:- **Coastal clean guideline**

Date:- 26-08-2022

Time:- 1:30 pm to 2:30 pm

Organizing Committee:- NSS Unit of , College of Home Science Nirmala Niketan

No. of Volunteers:- 15

The NSS Unit of College of Home Science Nirmala Niketan had organized International Coastal Cleanup Day. The speaker for the day was Coastal Guard Officers. The introduction of the day was given by the Head of NSS department (Dr.Pratima Goyal). Total 150 students participated in the session from which 15 students were nss volunteers. The session was organized by GO GREEN SOCIETY with collaboration in IQAC and NSS UNIT. It ended on a good note along with some awareness on how to keep beaches and coastal areas clean.



- ❖ Name of The Event: INTERNATIONAL COASTAL CLEANING CAMP
- ❖ Title of the program/s: SWACHH SAGAR, SURAKSHIT SAGAR
- ❖ Name of the Department organized: MY GREEN SOCIETY & NSS

- Day and Date: SATURDAY & 17/09/22

- Time: 9.00 AM to 10.45 AM

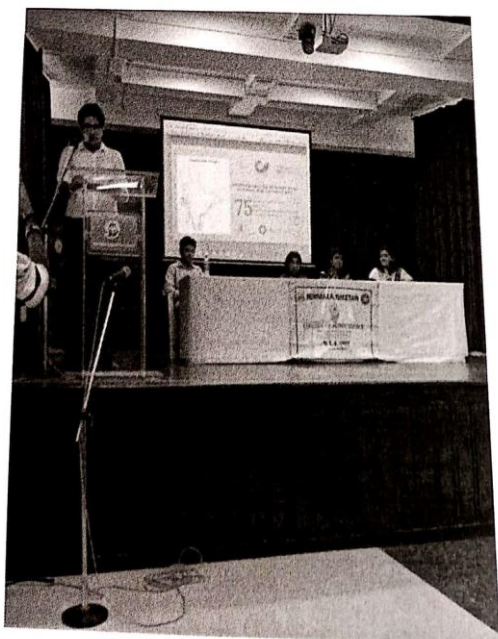
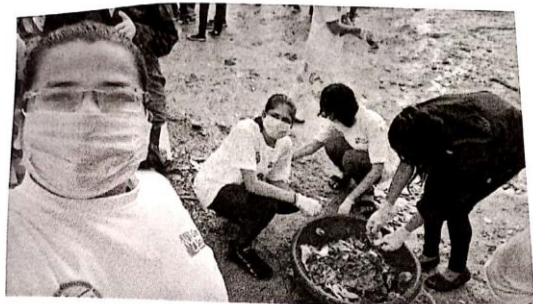
- Venue : Chowapatty

- About the Event (Event Flow, if available) :

EVENT WAS PERTAINING TO CLEAN THE CHOWAPATTY. IT WAS VERY DISHEARTENING TO SEE THE POLLUTED BEACH. THERE WERE PLASTIC BAGS & BOTTLES, WHICH HAD BEEN ACCUMALATED DEEP IN THE GROUND, IT WAS VERY DIFFICULT TO PULL THEM OUT. ALTHOUGH THE HARDSHIPS, IT WAS A TRUE PATRIOTIC FEELING OF CLEANING THE BEACH.

- Photographs of the event:





- ❖ **Name of the college: NIRMALA NIKETAN COLLEGE OF HOME SCIENCE**
- ❖ **Affiliation: MUMBAI UNIVERSITY**
- ❖ **Name of The Event: WE SPEAK TOO, BY SANITATION WORKERS**
- ❖ **Level: Local**
- ❖ **Name of the Committee Organizing:**
 - **Day and Date: SARURDAY & 24/09/22**
 - **Time: 4 PM TO 7 PM**
 - **Venue: MARIE ADELAIDE DE CICE HALL, NIRMALA NIKETAN COLLEGE OF HOME SCIENCE, CHURCHGATE.**
 - **About the Event (Event Flow, if available)**
 - **DISCUSSION WITH THE SANITATION WORKERS ABOUT THEIR CONDITION AND CHALLENGES. ALSO THE SANITARY WORKERS WERE INTERVIEWED BY VARIOUS JOURNALISTS.**

Photographs of the event:



NAME OF THE ACTIVITY / EVENT: Cyber Security: Cyber safe Mumbai

Name of the college: COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

- ❖ **Affiliation: MUMBAI UNIVERSITY**
- ❖ **Name of The Event: INTERACTIVE SESSION**
- ❖ **Title of the program/s : CYBER SECURITY: CYBER SAFE MUMBAI**
- ❖ **Level: Local, State, Intercollegiate, National, International**
- ❖ **Name of the Committee Organizing: NSS AND IQAC**
- ❖ **Organizing Team (Chairperson, Convenor, Co-Convenors and members)**
- ❖ **Invited by/ Requested by: DR. PRATIMA GOYAL**

- **Day and Date 27TH SEPTEMBER**
- **Time: 1:30-2:30**
- **Platform used (if online)**
- **Venue (Meeting Link, if Online): MARIE ADELAIDE DE CICE HALL**
- **Beneficiaries/ Participants and number**
 - **Guests / Dignitaries**
 - **Management Representative/S**
 - **Staff (In-House / Out-House)**
 - **Students (In-House / Out-House)**
 - **Any other**

Flyer of the Event:

COLLEGE OF HOME SCIENCE NIRMALA NIKETAN
Affiliated to the University of Mumbai
NAAC Accredited 'A+' Grade

NSS Unit & IQAC of College of Home Science Nirmala Niketan
in Association with
Mumbai Police, South Cyber Police Station, Crime Branch, Mumbai
Organizes an Interactive Session

CYBER SAFE MUMBAI

CYBER SECURITY

Day & Date: Tuesday, 27th September 2022
Time: 1.30 pm onwards
Venue: Marie Adelaide De Cice Hall

Sanitary pad distribution by Niine Foundation in support of "Menstrual Hygiene Awareness"

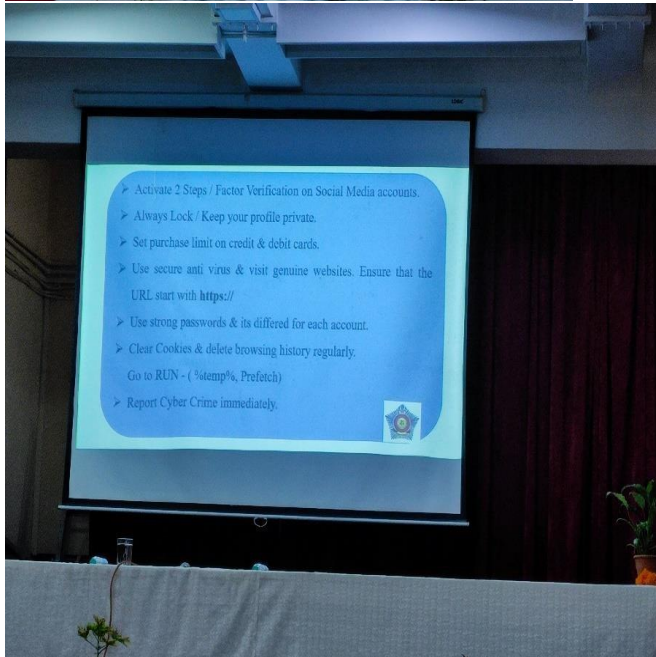
Speaker 1:
Mr. Sameer Prakash Lonkar
Police Inspector,
South Cyber Police Station,
Crime Branch, CID, Mumbai

Speaker 2:
Ms. Shweta Mohan Dhok
Sub Inspector,
South Cyber Police Station,
Crime Branch, CID, Mumbai

<https://www.facebook.com/HmScNN>
<https://www.instagram.com/chsc.nn?r=nametag>

#cybersafemumbai @MumbaiPolice @Mumbaipolice
Report on <https://cybercrime.gov.in> or Helpline 1930

- **Feedback or Suggestions for future: I HOPE THERE ARE MORE EVENTS ON CYBERSECURITY.**
- **HOUR: 1**



NAME OF THE ACTIVITY / EVENT: UNIVERSITY LEVEL AWARENESS SESSION

- ❖ **Name of the college:** NIRMALA NIKETAN COLLEGE FOR HOME SCIENCE
- ❖ **Affiliation:** MUMBAI UNIVERSITY
- ❖ **Name of The Event:** AWARENESS SASESSION AS PART OF AWARENESS WEEK
- ❖ **Title of the program/s:** AWARENESS SESSION
- ❖ **Name of the Department organized:** UNIVERSITY OF MUMBAI
- ❖ **Level:** Intercollegiate
- ❖ **Name of the Committee Organizing:** NSS CELL UNIVESITY OF MUMBAI
- ❖ **Organizing Team (Chairperson, Convenor, Co-Convenors and members)**
- ❖ **Invited by/ Requested by:** DR. PRATIMA GOYAL
 - **Day and Date:** 4TH November, 2022
 - **Time:** 11:00 – 12:15
 - **Platform used (if online):** ZOOM AND YOUTUBE
 - **Venue (Meeting Link, if Online):**
<https://www.youtube.com/watch?v=x2n6ZRIVPlk>
 - **Beneficiaries/ Participants and number**
 - **Guests / Dignitaries:** MR. HEMANT SAWANT (ADDL SP ACB MUMBAI)
 - **Management Representative/S**
 - **Staff (In-House / Out-House)**
 - **Students (In-House / Out-House)**
 - **Feedback or Suggestions for future:** I wish we could learn more about the cvc's activities.
 - **HOURS:** 1HR 15 MINS

Photographs of the event



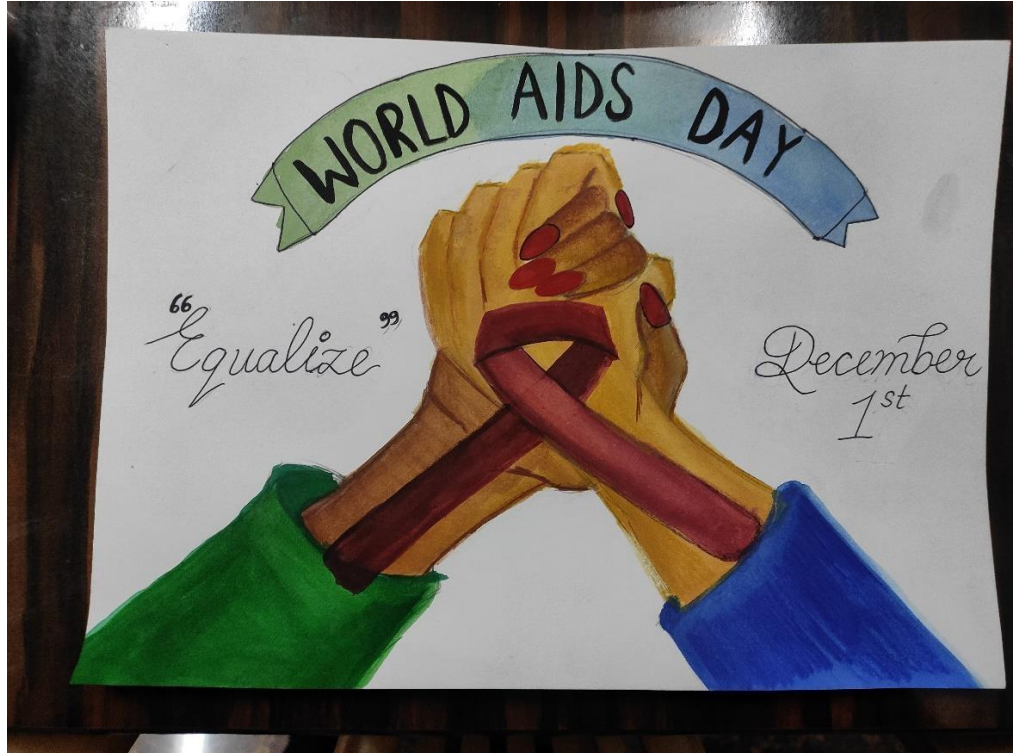
NAME OF THE ACTIVITY / EVENT: WORLD AIDS DAY 2022 POSTER MAKING COMPETITION

- ❖ **Name of the college:** NIRMALA NIKETAN COLLEGE OF HOME SCIENCE
- ❖ **Affiliation:** UNIVERSITY OF MUMBAI
- ❖ **Name of The Event:** POSTER MAKING COMPETITION
- ❖ **Title of the program/s:** HIV/AIDS POSTER MAKING
- ❖ **Name of the Department organized:** NSS UNIT
- ❖ **Level:** Local
- ❖ **Invited by/ Requested by:** DR. PRATIMA GOYAL

- **Day and Date:** 3RD DECEMBER, 2022
- **Time:** 3PM-4PM
- **Platform used (if online)**
- **Venue :** MARIE ADELAIDE DE CICE HALL
- **Feedback or Suggestions for future:** I WISH RESULTS WERE ANNOUNCED SOONER.
- **HOUR:** 1HR

Photographs

of the event (at least 4-6)



THANKSGIVING CEREMONY FOR BMC WORKERS

NAME OF THE COLLEGE- COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

AFFILIATION- AFFILIATED TO UNIVERSITY OF MUMBAI

NAME OF THE EVENT – THANKSGIVING GIVING CEREMONY FOR BMC WORKES

NAME OF THE DEPARTMENT ORGANIZED- DIFFERENT DEPARTMENT OF BMC

NAME OF THE COMMITTEE ORGANIZING- NSS UNIT OF COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

ORGANIZING TEAM-

- DR. PRATIMA GOYAL (NSS PROGRAM OFFICER)
- MS. NOELA DIAS (MANAGER, COLLEGE OF HOME SCIENCE NIRMALA NIKETAN)
- MENKA YADAV (NSS LEADER)

INVITED BY – DR. PRATIMA GOYAL

RESOURCE PERSON – OFFICERS AND WORKERS OF DIFFERENT DEPARTMENT OF BMC

DAY- FRIDAY

DATE- 23rd DECEMBER ,2022

TIME- 11:00 AM- 11:30 AM

VENUE- MARIE ADELAIDE DE CICE HALL

On 23rd December,2022 Friday College Of Home Science Nirmala Niketan organised Thanksgiving ceremony for BMC workers and officers. The main objective of the event was to show them gratitude on the behalf of all of us .

All the workers and some of the officers from different departments were there to talk with us . We interacted with them , we thanked them for their grateful work

Our mentors and teachers and students gifted them with small token of gift Which was passed on by love by the students and teachers of Nirmala Niketan They made us realize how the society thinks about them even tho being a part of such great work .

Everyone realized the mistake and took an oath for changing their society and keeping their environment clean.

Students and the teachers treated them with a small Christmas feast. Event ended on a good note

We were blessed to have them as our guest on the occasion of Christmas celebration We shared a few moments of happiness thanks to them.



NCPA REPORT

Name of college: Nirmala Niketan College of Home science.. Program: NCPA Program

Title: Road Safety program

Organized by : Police Officers

Date: 11th January Wednesday Time: 9:00 am to 5:00pm

Platform: theatre

Venue: NCPA Nariman point

Guest: CM of Maharashtra

Event: Event was the best we got to learn about a lot of things like related to road safety and stuffs like that we got to meet the CM of our state which is an honor by self it was a wonderful event and a joy itself and were happy to be a part of such event with Such great personality and staffs together handling them.



AREA BASED PROJECT-2

The college of Home Science Nirmala Niketan Affiliation with The University of Mumbai
Event: - BLOOD DONATION CAMP

Title: Give blood save lives Time: - 9:30 am to 5:30 pm Level: - Local level

Organizing Committee: - NSS Unit of, College of Home science Nirmala Niketan

Collaboration with: - Nair Hospital Blood Bank

No. Of Volunteers: - 12 Resource Person Partima Maam

The NSS Unit of, College of Home science Nirmala Niketan had organized a Blood Donation camp in collaboration with Nair Hospital Blood Bank on 1st July 2022 from 9:30 am to 5:30 pm . The venue was at CST station, Passage between Platform 7 and

8. The Volunteers were – Fariha Shaikh, Niyati Sanghvi, Insiya Poonawala, Iram Shaikh, Jaya Sharma, Shaikh ayisha imran, Shaikh Aafiya Mohd Anwar, Shaikh Ayesha Yusuf, Avandhika shaju, Menka Yadav, Shaikh Simra , Joaine D'costa, Humaira Jasnak . The Volunteers went around the station spreading awareness of Blood Donations and convincing people to donate Blood. The Volunteers also filled Applications for the Blood Doners. Many people came to give blood. A Certificate was given to the Blood Doners. Saying that they have given blood. Anjali Srivastava Mam and Vibhuti Khedekar Mam from the college of Home science Nirmala Niketan came to give blood and give motivation to the Volunteers. It was a very productive Camp. It ended with the Volunteers receiving a Certificate of Participation for Volunteering.

Title: - INTERNATIONAL YOGA DAY

Date: - 21-06-2022

Time: - 8:00 am to 9:00 am

Organizing Committee: - NSS Unit of, College of Home Science Nirmala Niketan

Yoga practioners of day - Bhavika Bajaj and Janice Devassy

No. of Volunteers: - 15

The NSS Unit of, College of Home Science Nirmala Niketan had organized a yoga session on (INTERNATIONAL YOGA DAY). The Yoga practioners of the day was BHAVIKA BAJAJ and JANICE DEVASSY. The introduction of the yoga practioners was given by the principal of college. Total 127 students participated in the session from which 15 students were nss volunteer's .various yoga postures like (Vrukshasana, Padahastasana) were introduced to the students by the yoga practioners, overall it was a very helpful and informative session. It ended on a good note along with some awareness of yoga and filling the feedback form for the same.





Title: - HIV/AIDS awareness training workshop

Date: - 01/08/2022

Time: - 10:00 am to 5:30 pm

Organizing Committee: - MDACS (Mumbai district of aids control society)

No. of Volunteers: - 2

1. Avandhika Shaju

2. Fariha Faisal shaikh

Red Ribbon Club of MDACS (Mumbai district of aids control society) conducted a HIV / AIDS awareness training workshop session on 1/08/2022. 2 NSS volunteers of various colleges of Mumbai had participated in this workshop. First speaker of the day was Dr. LATIKA SHIVKAR and then followed by UMESH GHUGE .Different videos on awareness of HIV/AIDS were shared. It was a very informative session on precautions, tests, and awareness about HIV/AIDS. The volunteers were trained how to spread awareness about HIV/AIDS amongst their peer community which can turn into a benefit for the society, followed by RRC leaders were appointed from college .Overall it was a very beneficial training session by RRC (MDACS).

PICTURES OF THE EVENT



Umesh ghuge sir addressing the gathering



Dr. Latika shivkar

NAME OF THE ACTIVITY - EVENT-ALL RELIGION PRAYER AND GET TOGETHER

- ❖ Name of the college: College of Home Science Nirmala Niketan
- ❖ Affiliation: University of Mumbai
- ❖ Name of The Event: ALL RELIGION PRAYER AND GET-TOGETHER
- ❖ Title of the program/s- Celebrating Interfaith Partnership Beyond Caste, Class, Creed and gender Prejudice: Creating awareness for a better tomorrow
- ❖ Name of the Department organized: NSS unit Mumbai University
- ❖ Level: Intercollegiate
- ❖ Name of the Committee Organizing: NSS
- ❖ Jointly Organised by: Daughters of SL Paul Bandra (W), Bandra Hindu Association, National Service Scheme Unit, R.D and S.H National College and S.W.A Science College Bandra (W).
- ❖ Invited by/ Requested by: Dr. Pratima Goyal.
- ❖ Name of the Collaborators : Anjum I-Islam's GHS and Junior College, Brahmakumar is Smt. MMK College of Commerce and Economics, Thadomal Shahani Engineering college
- ❖ Resource person/s and their designation and organization employed - Dr. Vijendra Shekhawat, District Co-coordinator ,NSS, Mumbai Suburb Zone I

- Day and Date – Monday, 30TH January 2023
- Time – 4:00 PM TO 5:30 PM
- Platform used - Offline
- Venue – R.D AND S.H National College Auditorium, Linking Road, Bandra(W),Mumbai - 50
- Beneficiaries/ Participants and number - 05
 - Guests / Dignitaries – Shobha Didi, Dr.Sister Pauline, Neha Jagtiani, Ashfaq Ahmad Khan.
 - Management representative/S: NIL.
 - Staff(In-House):NIL
 - Students (Out-House) - 05
- About the Event – The Event is about maintaining peace and harmony among all religions.
- Flyer of the Event:
- Funds generated if any: NIL.
- Feedback or Suggestions for future: I wish that events like this will be more and every child could participate more in this.
- Hours: 6 (2:30PM TO 8:30PM)
- What we learnt from Event: We learnt the fact that religion doesn't define a person. A person in essence is a soul, with an identity of its own. Whether Muslim, Hindu or Christian they are humans first. As fellow humans we are brothers and sisters first before anything. We also learnt that the constitution connects us.

- ❖ **Name of The Event: ALL RELIGION PRAYER & GET TOGETHER**
- ❖ **Name of the Department organized: UNIVERSITY OF MUMBAI & NSS CELL JOINTLY**
- ❖ **Level: INTERCOLLEGIATE**
- **Day and Date: MONDAY & 30/01/23**
- **Time: 3.45 PM TO 6.30 PM**
- **District Co-Coordinator, NSS, Mumbai Suburb Zone I : DR. VIJENDRA SHEKHAWAT**
- **Venue: R.D. & S.H. NATIONAL COLLEGE, BANDRA (WEST)**
- **About the Event (Event Flow, if available):**
- **CELEBRATING INTERFAITH PARTNERSHIP BEYOND CASTE, CLASS, CREED AND GENDER PREJUDICE : CREATING AWARENESS FOR A BETTER TOMORROW**





NAME OF THE ACTIVITY / EVENT ALL RELIGION PRAYER AND GET-TOGETHER

- ❖ Name of the college: Nirmala Niketan College of Home Science
 - ❖ Affiliation: University of Mumbai
 - ❖ Name of The Event: ALL RELIGION PRAYER AND GET-TOGETHER
 - ❖ Title of the program/s- Celebrating Interfaith Partnership Beyond Caste,Class,Creed and gender Prejudice: Creating awareness for a better tomorrow
 - ❖ Name of the Department organized: NSS unit Mumbai University
 - ❖ Level: Intercollegiate
 - ❖ Name of the Committee Organizing: NSS
 - ❖ Jointly Organized by: Daughters of SL Paul Bandra (W), Bandra Hindu Association, National Service Scheme Unit, R.D and S.H National College and S.W.A Science College Bandra (W).
 - ❖ Invited by/ Requested by: Dr. Pratima Goyal.
 - ❖ Name of the Collaborators : Anjum I-Islam's GHS and Junior College, Brahmakumaris,Smt. MMK College of Commerce and Economics, Thadomal Shahani Engineering college
 - ❖ Resource person/s and their designation and organization employed - Dr. Vijendra Shekhawat, District Co-coordinator, NSS, Mumbai Suburb Zone I
-
- Day and Date – Monday, 30TH January 2023
 - Time – 4:00 PM TO 5:30 PM
 - Platform used - Offline
 - Venue – R.D AND S.H National College Auditorium, Linking Road, Bandra(W),Mumbai - 50
 - Beneficiaries/ Participants and number - 05
 - Guests / Dignitaries – Shobha Didi, Dr.Sister Pauline, Neha Jagtiani, Ashfaq Ahmad Khan.
 - Management representative/S: NIL.
 - Staff(In-House):NIL
 - Students (Out-House) - 05
 - About the Event – The Event is about maintaining peace and harmony among all religions.
 - Feedback or Suggestions for future: I wish that events like this will be more and every child could participate more in this.
 - Hours: 6 (2:30PM TO 8:30PM)
 - What we learnt from Event: We learnt the fact that religion doesn't define a person. A person in essence is a soul, with an identity of its own. Whether Muslim, Hindu or Christian they are humans first. As fellow humans we are brothers and sisters first before anything. We also learnt that the constitution connects us.

NAME OF THE EVENT: VASTRAKALA

- ❖ Name of the college: College of Home Science Nirmala Niketan
- ❖ Affiliation: University of Mumbai
- ❖ Name of The Event: Vastrakala
- ❖ Title of the program/s INTERNATIONAL HANDLOOM DAY (Timeless saga ofPATOLA)
- ❖ Name of the Department organized: Textile of fashiontechnology
- ❖ Level: Intercollegiate
- ❖ Name of the Committee Organizing: TTF,NSS
- ❖ Organizing Team (Chairperson, Convener, Co-Conveners and members): Ms. Vibhutihedekar, Ms. Vrunda, Dr Pratima Goyal
- ❖ Invited by/ Requested by: Dr Pratima Goyal
- ❖ Resource person/s and their designation and organization employed

- Day and Date : 8/August/2022
- Time : 10am-5pm
- Platform used (if online) NA
- Venue (Meeting Link, if Online)NA
- Beneficiaries/ Participants and number
 - Guests / Dignitaries: 1
 - Management Representative/S : 8
 - Staff (In-House / Out-House) : 10
 - Students (In-House / Out-House):
 1. Fariha Shaikh
 2. Menka Yadav
 3. Avandhika Shaju
 4. Ayesha Shaikh
 5. Sakshi Zinjad
 6. Prerna Mane

COLLEGE OF HOME SCIENCE NIRMALA NIKETAN
NAAC Accredited 'A+' Grade
Affiliated to the University of Mumbai
DEPARTMENT OF TEXTILE & FASHION TECHNOLOGY

Organizes
Vastrakala
(Promoting Traditional Textiles of India)
Timeless Saga
Story of the Heritage Weave - Patola
to commemorate the National Handloom Day

Smt. Belaa Sanghvi
Director - Navanikhi Design Pvt. Ltd.

8th August 2022
2:00 pm onwards
Marie Adelaide De Cicé Hall
College of Home Science Nirmala Niketan

Organizing Committee

Ms. Vidula Ullastar
Assistant Professor

Dr. Pratima Goyal
HOD

Ms. Sanghmitra Navalgund
Assistant Professor

Social Media Links

<https://www.nirmalaniketan.com/>
https://youtube.com/channel/UC2a205mMqT3VYVF05_JfE
https://instagram.com/vl_department?utm_medium=copy_link
<https://www.facebook.com/profile.php?id=100011906192408>

Registration link: <https://forms.gle/v1F9jvcjEoaG7mve9>



NAME OF THE ACTIVITY / EVENT – Beach cleaning

- ❖ Name of the college: NIRMALA NIKETAN COLLEGE
- ❖ Affiliation: MUMBAI UNIVERSITY
- ❖ Name of The Event: BEACH CLEANING
- ❖ Title of the program/s INTERNATIONAL COASTAL CLEAN UP DAY (ICC)
- ❖ Level: Local, State, Intercollegiate, National, International - NATIONAL
- ❖ Name of the Committee Organizing: IQAC AND NSS
- ❖ Organizing Team (Chairperson, Convener, Co-Conveners and members)
- ❖ Invited by/ Requested by: DR. PRATIMA GOYAL
- ❖ Resource person/s and their designation and organization employed
 - Day and Date - 17TH SEPTEMBER 2022 , SATURDAY
 - Time- 7AM TO 9AM
 - Venue (Meeting Link, if Online): MACHIMAAR NAGAR
 - Feedback or Suggestions for future: IT WOULD BE BETTER TO HAVE MORE TIME TO CLEAN THE BEACH.

Photographs of the event



NAME OF THE ACTIVITY / EVENT: VISHWA MARATHI SAMELAN 2023

Name of the college: NIRMALA NIKETAN COLLEGE OF HOME SCIENCE

- ❖ Affiliation: MUMBAI UNIVERSITY
- ❖ Name of The Event: VISHWA MARATHI SAMELAN 2023
- ❖ Title of the program/s:
- ❖ Name of the Department organized: GOVERNMENT OF MAHARASHTRA
- ❖ Level: INTERNATIONAL
- ❖ Name of the Committee Organizing: GOVERNMENT OF MAHARASHTRA
- ❖ Organizing Team (Chairperson, Convener, Co-Conveners and members)
- ❖ Invited by/ Requested by: DR. PRATIMA GOYAL
- ❖ Name of the Collaborators (if any)
- ❖ Resource person/s and their designation and organization employed
 - Day and Date: 6TH JANUARY, 2023
 - Time: 8:15- 5:30
 - Platform used (if online)
 - Venue: DOME SVP STADIUM, NATIONAL SPORTS CLUB OF INDIA, WORLI
 - Beneficiaries/ Participants and number
 - Guests / Dignitaries: MR. NITIN GADKARI, MR. UDAY SAMANT, MR DEEPAK VASANT KESARKAR.
 - Students (In-House) - 16
 - Feedback or Suggestions for future: I WISH WE COULD PARTICIPATE MORE IN THE EVENT.
 - HOURS: 9HRS 15 MINS.

Photographs of the event



REPORT OF COASTAL CLEANUP DRIVE

NAME OF COLLEGE:- COLLEGE OF HOME SCIENCE NIRMALA NIKETAN

AFFILIATION:- UNIVERSITY OF MUMBAI

NAME OF EVENT : COASTAL CLEANUP DRIVE

TITLE OF THE PROGRAM :- INTERNATIONAL COASTAL CLEANUP DAY
INDUCTION PROGRAM

NAME OF THE DEPARTMENT ORGANIZED :- NATIONAL SERVICE SCHEME
CELL, UNIVERSITY OF MUMBAI

LEVEL :- STATE

NAME OF COMMITTEE ORGANIZING :- NATIONAL SERVICE SCHEME CELL

ORGANIZING TEAM :-

Mr. Sushil Shinde (OSD, NSS)

NSS Unit of R.D. National College.

INVITED BY :- Mr. Sudhir S. Puranik (Director, NSS)

COLLABORATOR :-

- My Green Society
- Indian Coast Guard

RESOURCE PERSON:-

- Vishal Tibrewala (My Green Society)
- Prason kr. Tiwari (Deputy Commander, Indian Coast Guard)
- Ravi Kumar (Commander, Indian Coast Guard)
- Members of AIPMA (All India Plastic Manufacturers Association)
- Members of BMC (Brihanmumbai Municipal Corporation)

DAY AND DATE : Thursday, 4th August, 2022

TIME :- 2:30 PM- 5:00 PM

VENUE:- Meera Watumull Auditorium, R. D. National College, Bandra (W).

NUMBER OF VOLUNTEERS:- 4

NAMES OF VOLUNTEERS :-

- Menka Yadav
 - Sakshi Zinjad
 - Aafiya Shaikh
1. Ayesha Shaikh

National Service Scheme Cell, University of Mumbai, My Green Society jointly organized an induction programme for NSS Volunteers from all over Mumbai on 4th August, 2022 at Meera Watumull Auditorium, R. D. National College, Bandra (W).

As few of us know that, “International Coastal Cleanup Day” is celebrated on third

saturday of September. On 17th September, 2022, a mega cleanliness campaign is being organized. Under the aegis of “Azadi ka Amrit Mahotsav”.

The “Clean Coast Safe Seas” campaign will cover the entire coastline of 7500 km in 75 coastal districts at 75 main sea coasts with 75 volunteers at every kilometre of the coastline. This campaign is focused on minimal use of single used plastic and source segregation at every household in the country.

The member of AIPMA told us more about the plastics and their effects on environment. He asked a very simple question to all the volunteers out there , ‘Is plastic good for environment?’ and very precisely everyone said “No” . After that he told us as a product plastic is one of the best invention by humans . It is cheaper, takes very less time to manufacture, easy to carry and even easy to use . But the point is that after being so human friendly why plastic is called hazardous for us . This is all because of the improper segregation of those plastic products . He also give us some ideas how we can reuse plastic products .

BMC members were also there to motivate us to segregate plastic waste properly and make our place and environment healthy for each and everyone. The role of Brihanmumbai Municipal Corporation is to maintain sanitation and health; in this connection it manages hospitals, garbage collection and disposal, the sewerage, and the water supply. As part of its duties related to public health, it is responsible for the prevention of epidemics. BMC is doing a great job with respect to plastic segregation. They segregated and treat the plastic waste properly and make our surrounding areas healthy place for us to survive in.

Later on the Indian Coast Guard Commander and deputy Commander, Ravi Kumar and Prasoon kr. Tiwari shared their thoughts with our volunteers . They told us about the Coast Guard. They told us about following topics:-

- What they do on their duty?
- Do they only try to keep Coast areas clean?
- How we can enter in Indian Coast Guard service ?
- What we should do to make our coasts clean and Seas safe for our environment and biodiversity out there?

They are the Coast Guards, who keep Coast clean by organising cleanliness campaign and also they make coastline better place for the aquatic animals who suffer a lot because of water pollution and floating of plastic on their sea bed. Plastics are hazardous for aquatic animals they can't survive if plastic by any chance enter their gut .

They told us about their service also, their ships, helicopters, their work , role of women in Coast Guard service. They proudly introduced us to the women who are doing such a great job in Indian Coast Guard by showing us an amazing video .

After that volunteers got their doubts solved in the questions and answer round. It was an amazing and very informative session . Volunteers learned a lot .The session ended on a good note . We took a beautiful picture with all having ‘Tiranga’:our pride, higher in the sky.



UNIVERSITY OF MUMBAI
NATIONAL SERVICE SCHEME



Web site- www.nssmu.org
Vidyapeeth Vidyarthi Bhavan,
2nd Floor, 'B' Road, Churchgate,
Mumbai – 400 020.
No. NSS/ECD/2022-2023/ 524
Date: 01.08.2022

To,
The Principal of All Colleges having NSS Unit in
Mumbai City and Mumbai Suburb District Colleges

Subject: University Level Orientation /induction program by Indian Coast Guard for
NSS volunteers to enthuse NSS volunteers on their role and action plan for activities
on "International Coastal Clean Up Day"

Sir/Madam,

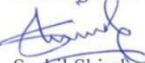
"International Coastal Clean Up Day" is celebrated on the third Saturday of September. Under the aegis of "Azadi ka Amrit Mahostav". This year on 17th September 2022, a mega cleanliness campaign is being organized with various departments and ministries of the Government of India in collaboration with Civil Society organizations from across the country. The "Clean Coast Safe Seas" campaign will cover the entire coastline of 7500 KM in 75 coastal districts at 75 main sea coasts with 75 volunteers at every kilometre of the coastline. The campaign is focused on minimal use of single use plastic and source segregation at every household in the country.

National Service Scheme Cell, University of Mumbai, Indian Coast Guard, and My Green Society are jointly organizing an orientation /induction program for NSS volunteers from all over Mumbai on **4th August 2022** at **Meera Watumull Auditorium, R.D. National College, Bandra (w)** at 2.30 pm. At this orientation /induction program, experts from my green society and Indian Coast Guard will enlighten the NSS volunteers on their role and action plan for activities on "**International Coastal Clean Up Day**".

You are requested to depute 2 male and 2 female volunteer to participate in this induction program as per the following program:

- **Date: 4th August 2022**
- **Venue: Meera Watumull Auditorium, R.D. National College, Bandra (w)**
- **Reporting time for registration: 2.30 pm**

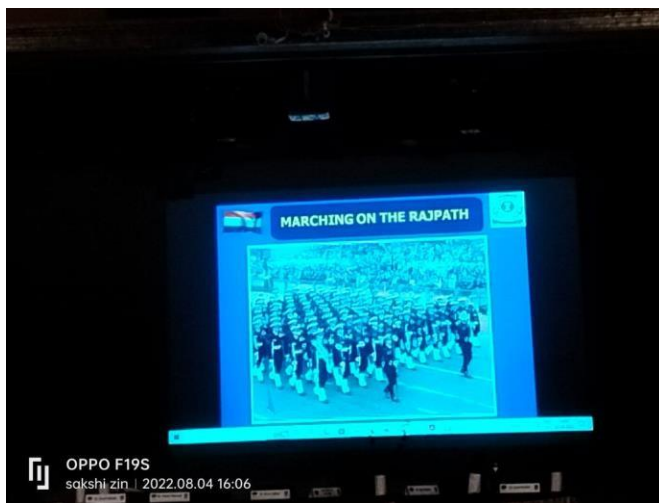
All participating volunteers will be provided participation certificate.
Looking forward to your cooperation


Sushil Shinde
OSD, NSS

Yours sincerely,


Sudhir S. Puranik
Director, NSS

Copy to NSS District Co-ordinator with request to co-ordinate with the colleges of respective jurisdiction





OPPO F19S

sakshi zin | 2022.08.04 16:32

Title:- Coastal clean guideline

Date:- 26-08-2022

Time:- 1:30 pm to 2:30 pm

Organizing Committee:- NSS Unit of , College of Home Science Nirmala Niketan

No. of Volunteers:- 15

The NSS Unit of , College of Home Science Nirmala Niketan had organized International Coastal Cleanup Day. The speaker for the day was Coastal Guard Officers. The introduction of the day was given by the Head of NSS department (Dr.Pratima Goyal). Total 150 students participated in the session from which 15 students were nss volunteers. The session was organized by GO GREEN SOCIETY with collaboration in IQAC and NSS UNIT. It ended on a good note along with some awareness on how to keep beaches and coastal areas clean.



