ANNUAL REPORT 2022-2023 - HUMAN DEVELOPMENT DEPARTMENT

Number of Permanent Teachers: 5 (No. of positions: 6; NOC not yet granted against retirement of Dr. Nirmala Almeida)

Dr. Anuradha J. Bakshi (Head of Department)

Ms. Rhonda Divecha

Ms. Payal Maheshwari

Dr. Kamini Rege

Ms. Khyati Sampat

Number of CHB Faculty: 3

Ms. Gulnaaz M. Engineer Priyanshi Madhwani Vanitha D'Souza

Other:

SRF: Ms. Brenda Fernando

NUMBER OF STUDENTS:

T.Y.BSc - 45 M.Sc. Part I - 12 MSc Part II - 11

PhD –

Value-added courses: (Names of course and Number of students):

- \bullet One Year Diploma Course in Indian Sign Language (ISL) value-added course: 28
- Arts-Based Therapy (ABT)-One Year Diploma Course: Not conducted this year.

FACULTY ACTIVITIES & ACHIEVEMENTS

1A. PARTICIPATION OF STAFF IN ORIENTATION PROGRAMMES, REFRESHER COURSES ETC

Dr. Kamini Rege

Sr.No	Programme	Duration	Organized by
1.	Short Term	06-Jun-2022 to 11-	Design And Development Of Online Courses
	Course	Jun-2022	organized by UGC Human Resource
			Development Centre, University of Mumbai.

Ms. Khvati Sampat

11204 222	Just Sumput		
Sr.No	Programme	Duration	Organized by
1.	Online Refresher	12/07/2022 to	University Grants Commission - Human
	Course in Life	25/07/2022	Resource Development Centre (HRDC) - Gujarat
			University

	Sciences	
-	(Interdisciplinary)	
	(Interdisciplinary)	

2. NUMBER OF RESEARCH PROJECTS (SANCTIONED AND COMPLETEDWITH NAMES OF FUNDINGAGENCIES):

- Major Research Projects:Nil
- Interdisciplinary Research Projects:Nil
- Projects sponsored by UGC: Nil
- Projects Sponsored by the University/College:Nil
- International Projects:Nil

COLLABORATIONS: Dept/Individual

Please list the collaborative activities for <u>research</u>, <u>faculty exchange</u>, <u>student exchange</u> during the year

(B) Individual Research Collaborations -

3. PUBLICATIONS (DETAILS)

INTERNATIONAL LEVEL

Dr Anuradha J. Bakshi & Ms. Brenda J. Fernando

Sr	year of	title of the	Title of the paper	vol (issue),	ISBN	impact	Any other
No	publicati	journal		page nos.,		factor/H-	
	on					index	
1.	2023	British	Intersectionality	Vol. 50,			
		Journal of	of rural	Issue 6,			
		Guidance	community,	Asia			
		and	geography and	Symposiu			
		Counselling	gender in the	m			
			careers of young				
			adults				

4. SEMINARS, CONFERENCES, WORKSHOPS –ATTENDED, ORGANIZED/ CONDUCTED AND PRESENTED RESEARCH PAPER

Seminars/Conferences/Workshops Attended: INTERNATIONAL LEVEL

Ms. Payal Maheshwari

Sr.	Name of the	Name of the	Theme of	Organized	Place &	Sponsorin
No ·	Seminars/ Conferences	person / Organizatio n conducted	the conference	by	Date	g Agency
1.	EQ for College & Universities 2022 conference	Six Seconds	Emotional Intelligence In Higher Education	Six Seconds, USA	Online, 28th June - 1st July 22	
2.	Autism From The Inside Online Summit 2022	Autism From the Inside		Autism From The Inside, Melbourne, Australia	Online, 19th Sept to 23rd Sept 22	
3.	Autism: Beyond Limits 2022 online Conference	Autism Online Conference Cork 2022		Autism Cork, USA	Online, 23rd Oct 22	
4.	Happily Family Online Conference	Happily Family LLC, USA		Happily Family LLC, USA	Online, Novembe r 10-14, 2022	
5.	Annual mental health online conference 2022	Natasha My Little Therapy Box		My Little Therapy Box, UK	Online, 26th Nov 22	
6.	Serving an Underserved Population: Peer Support, Disability, and Mental Health.	Mental Health America		Mental Health America	Online, 2nd Dec 2022	
7.	The Executive Functioning and Social Skills Summit	Kolby Kail, Parenting Coach	Executive Functioning and Social Skills	USA	6th Dec 22	

8.	Decoding	Penny		USA	Online,
	Behaviour	Williams &			24th Feb
	Summit	Sarah			2023
		Wayland,			
9.	Anxiety and	Special		The Catholic	Online,
	the Social	Education		School	27th April
	Impact of	Advisory		Parents'	23
	•	Committee		Association,	
	Learning	(SEAC)		Ottawa,	
	Disabilities			Canada	
10	Virtual Asia Pacific Mental Health Symposium	Virtual Asia Pacific Mental Health Trust, Melbourne,	Wellbeing- Multicultura	Virtual Asia Pacific Mental Health Trust, Melbourne,	Online & 29-30th April 2023
	2023.	Australia	Perspectives	Australia	
11	The Screen Time & Mental Health Summit 2023	Debbie Steinberg Kuntz	The Screen Time & Mental Health	Bright & Quirky, USA	Online, May 15- 19, 2023
12.	Neurodiversit y – Shifting Paradigms in Mental Health	College of Health and Agriculture Sciences, Dublin		UCD, Neurodiversit y Hub, ADHD Ireland, Autistic Doctors International, Institute of Neurodiversit y	Online, 25th & 26th May 23

Seminars/Conferences/Workshops Attended: NATIONAL LEVEL

Ms. Payal Maheshwari

	_	Seminar Conf	ference Atten	ded		
Sr No.	Name of the Seminars/Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency

1.	Workshop on	CDRT, Kirori		Centre for	Online
	DISABILITY AND	Mal College,		Disability	July 4,
	HINDI CINEMA	New Delhi		Research	2022
				and	to July
				Training	9,
				Kirori Mal	2022.
				College,	
				Delhi	
				University	
2.	Inclusion in Higher			Ashoka	5th
	Education: Leadership			University,	Aug
	Summit 2022			Haryana	22
3.	College Readiness	Reena Gupta,	College	Ashoka	3rd
	Program	Office of	Readiness	University,	Feb -
		Learning	Program	Haryana	5th
		Support	_	_	Feb 23
4.	Livelihood for Persons	Community of		Wipro	Online,
	with Disabilities	Practice (CoP)		India	May
		for disability			18th 23
		and inclusion			

Dr. Kamini Rege

Sr. No.	Name of the author name/na mes,	Paper	Name of the Conference/ Seminar	 Organized by	Place and Date	Sponsori ng Agency
1.	Chheda Janvi, Ansari Fatima, Mhatre Vaishna vi Parab	Menstrual Hygiene Management Among Trainable Mentally Challenged Teens: Practices And Suggestions.	International Conference Mental Health And Covid-19 Challenges And Future Prospects	Aligarh Muslim University, Aligarh- (U.P.) India	25-26 November, 2022	
	Prita,					

	Dr.					
	Kamini					
	Prakash					
	Rege					
2.		Perception Of	International	 		
	Shaikh	Married Male	Conference	Aligarh	25-26	
	Zahra,	And Females	Mental	Muslim	November,	
	Shaikh	From Selected	Health and	University,	2022	
	Abeera,	Communities	Covid-19	Aligarh-		
	Shamsi	(Hindu, Muslim	challenges	(U.P.)		
	Ayesha,	& Other	and future	INDIA		
		Communities)	prospects			
	Dr.	On: Domestic	P			
	Kamini	Violence Among				
	Prakash	Married				
	Rege	Men				
3.	Midhatfat	-	International			
٥.	em	Strategies To	Conference	Aligarh	25-26	
	Shelia,	Overcome	Mental	Muslim	NOVEMB	
	Vrushti	Domestic	Health And	University,	ER, 2022	
	Nandu,	Violence Among	Covid-19	Aligarh-		
	Kusum	Married Married	Challenges	(U.P.)		
	Parmar,	Women:	And Future	INDIA		
	Alifya	Perceptions Of	Prospects			
	Ratlam	Selected	Trospects			
	wala.	Professionals:				
	Noeen	(Doctors,				
	Tambe.	Advocates,				
	Dr.	Police, Counselor				
	Kamini	& Married				
	Prakash	Women)				
	Rege	" onion)				
4.	Samrud	Knowledge And	International			
7.	dhi	Awareness	Conference	Aligarh	25-26	
	Suralkar	Regarding	Mental	Muslim	NOVEMB	
	, Sana	Andropause	Health And	University,	ER, 2022	
	Qureshi,	Among Selected	Covid-19	Aligarh-	,	
	Quicsiii,	Professions	Challenges	(U.P.)		
		1 10103310113	Chancinges	INDIA		
	1				l	1

	Tanisha	(Bank	And Future			
	Moraes,	Employees,	Prospects			
	Isha	Teachers, Police)				
	Rane,					
	Dr.					
	Kamini					
	Prakash					
	Rege					
5.	Jennifer	Peri-Menopausal	Role of	Aligarh	25-26	
	James,	Stage: Perception	counselling	Muslim	NOVEMB	
	Dr.	Of Husbands' And	in dealing	University,	ER, 2022	
	Kamini	Wives	with mental	Aligarh-	EK, 2022	
	Prakash	***************************************	health	(U.P.)		
	Rege		issues	INDIA		
6.	Mahima	Menstruation:	Role of	Aligarh	23-24	
5.	Shukla,	experiencing	counselling	Muslim	SEPTEMB	
	Dr.	challenges and	in dealing	University,	ER, 2022	
	Kamini	Management	With	Aligarh-	Zoom	
	Prakash	among youth (15-	mental	(U.P.)	Meeting	
	Rege	26years)	health	INDIA	(Online)	
	rege	20)0413)	issues	11 (2111	(Gillino)	
7.	Jennifer	Husband's Guide	Role of	Aligarh	23-24	
	James,	To Peri-	counselling	Muslim	September,	
	Dr.	Menopause- Tips	in dealing	University,	2022	
	Kamini	For Supporting	With	Aligarh-	Zoom	
	Prakash	Their Wives	mental	(U.P.)	Meeting	
	Rege		health	INDIA	(Online)	
			issues			
8.		Coping Strategies				
	Naushee	Of Primary	Role of	Aligarh		
	n	Caregiver:	counselling	Muslim		
	Merchan	Working With	in dealing	University,		
	t, Sherin	Cognitively	With	Aligarh-		
	Elsa	Declining Elderly	mental	(U.P.)		
	Samuel,	(70 years &	mentai health	India		
	Fidela	above).	issues			
	Varel,		188008			
L	Dr.					

Prakash Rege 9. Nidhi Bharat Khimav at, strategies for elderly during Dr. Kamini Prakash Ansari Fatima, Mhatre Vaishna Vi Parab Prita, Dr. Kamini Prakash Rege Practices and Prita, Dr. Kamini Prakash Rege Practices and Prita, Dr. Kamini Prakash Abera, Shaikh Abeera, Shamsi Prom Selected Abarat Role of counselling in dealing With mental health mental health issues Role of counselling in dealing With mental with mental health mental health issues Role of counselling in dealing With mental with mental health issues Role of counselling in dealing With mental health mental health issues Role of counselling in dealing With mental health health issues Aligarh (U.P.) India Aligarh Muslim University, Aligarh (U.P.) India Aligarh (U.P.) India 25-26 November, 2022 Aligarh (U.P.) India 25-26 November, 2022 Aligarh (U.P.) India Aligarh Muslim University, Aligarh Muslim University, Aligarh Muslim University, Aligarh Muslim University, Aligarh November, 2022 Aligarh Muslim University, Aligarh November, Aligarh University, Aligarh Muslim University, Aligarh November, Aligarh University, Aligarh November, Aligarh Aligarh University, Aligarh November, Aligarh University, Aligarh Aligarh University Aligarh Aligarh University Aligarh Aligarh University Aligarh Aligarh University Aligarh University Aligarh Aligarh Univer		Kamini					
9. Nidhi Challenges experienced and Khimav suggested strategies for elderly during Dr. Kamini Prakash Ansari Fatima, Mhatre Vaishna vi Parab Prita, Dr. Kamini Prakash Rege 11. Shaikh Rege 12. Nidhi Challenges experienced and suggested strategies for elderly during covid in dealing With mental health issues 15. Covid Strategies for elderly during covid in dealing With mental health health issues 16. Chheda Janvi, Ansari Fatima, Trainable mentally challenged teens: vi Parab Prita, Dr. Kamini Prakash Rege 17. Shaikh And Females Abeera, Shaiksi Abeera, Shaiksi Communities 18. Nidhi Challenges of counselling in dealing With Muslim University, Aligarh (U.P.) India 18. Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Muslim University, Aligarh Movember, Aligarh Muslim University, Aligarh Movember, Aligarh Movember, Aligarh Muslim University, Aligarh Movember, Aligarh Movember, Aligarh Muslim University, Aligarh Movember, Aligarh Movember, Aligarh Muslim							
9. Nidhi Challenges experienced and Khimav suggested at, strategies for elderly during Prakash Ansari Fatima, Mhare Vaishna vi Parab Prita, Dr. Kamini Prakash Prita, Dr. Kamini Prakash Rege 11. Shaikh Abeera, Shaikh Abeera, Shamsi Suggested at, Shamsi Suggested of elderly during experienced and kinimav suggested with dealing With mental (u.p.) India Role of counselling in dealing With Muslim University, Aligarh (u.p.) India Aligarh Muslim University, Aligarh							
Nidhi Bharat experienced and Khimav suggested at, strategies for elderly during Dr. Kamini Prakash Abeera, Shamsi Prom Selected Shamsi Communities Strategies for elderly during covid at, strategies for elderly during covid suggested at, strategies for elderly during covid suggested at, strategies for elderly during covid suggestions Dr. Kamini Prakash Abeera, Shamsi Communities Covid-19 Note Mentrual hygiene International Conference Mental Prita, Dr. Kamini Prakash Rege Shaikh Abeera, Shamsi Communities Covid-19 Strategies for elderly during mental with mental windealth issues Aligarh Muslim University, Aligarh (U.P.) India Aligarh Muslim University, Aligarh Muslim Univers	0	Rege		D 1 C			
Description of Communities Description of Communities Description of Communities Description of Communities Description of Conference (30-50 years) Description of Conference (30-50 years	9.	Bharat Khimav at, Dr. Kamini Prakash	experienced and suggested strategies for elderly during covid Isolation:	counselling in dealing With mental health	Muslim University, Aligarh- (U.P.)	September, 2022 Zoom meeting	
Janvi, management Ansari among Mental Fatima, Trainable mentally covid-19 Challenges and future Parab Prita, Dr. Kamini Prakash Rege 11. Shaikh And Females Shaikh Abeera, Shamsi Communities Janvi, management Ansari among Mental health and covid-19 (U.P.) India Muslim University, Aligarh-(U.P.) India Muslim University, Aligarh-(U.P.) India Muslim University, Aligarh-(U.P.) India Muslim University, Aligarh-(U.P.) India		Rege	primary caregiver				
Zahra, Married Male Conference Shaikh And Females Mental Abeera, Shamsi Communities Covid-19 Aligarh Muslim Wuslim University, Aligarh- Covid-19 Aligarh Muslim University, Aligarh- Covid-19	10.	Janvi, Ansari Fatima, Mhatre Vaishna vi Parab Prita, Dr. Kamini Prakash	management among Trainable mentally challenged teens: Practices and	Conference Mental health and covid-19 challenges and future	Muslim University, Aligarh- (U.P.)	November,	
Br. Other prospects Communities) Prakash On: Rege INDIA INDIA	11.	Zahra, Shaikh Abeera, Shamsi Ayesha, Dr. Kamini Prakash	Married Male And Females From Selected Communities (Hindu, Muslim & Other Communities)	Conference Mental Health and Covid-19 challenges and future	Muslim University, Aligarh- (U.P.)	NOVEMB	

Violence			
Among Marrie	ed		
Men			
n Caregiver: Mercha Working V nt AND Cognitively Dr. Declining Eld Kamini (70 Years Prakash Rege	nary Science Exhibition	28 th February, 2023	National Facility for Biopharm aceuticals
Naushee n of Print Mercha Caregiver: nt, Working Volume Elsa Declining Eld Samuel (70 Years and Dr. Kamini Prakash Rege	nary Dimensions of With Marginalizat ion	10th and 11th March, 2023	RUSA, Maharas htra
Jennifer James s To Support Wife Durin Perimenopau Kamini Prakash Rege Recommenda s To Support Wife Durin Perimenopau A Husband Guide	The g se-	25 th Februa ry, 2023	Guru Nanak Institute of Research and Develop ment (GNIRD) & Research Committe e

			Mumbai,
			400019

Ms. Khyati Sampat

Sr No	Name of the author	Title of the Paper	Name of the	Theme of the	Organiz ed by	Place and	Sponsori ng
	name/names	-	Conference	conference		Date	Agency
	,		/				
			Seminar				
1.	Guide:	Level of	AARYA –	Intercollegiate		Mumba	
	Ms Khyati	Awareness	Awareness	Interdisciplina	College of	i, 28-2-	
	Sampat	about	and Action	ry	Home	2023	
		Human	Research	Undergraduat	Science,		
	Student	Papillomavir	for Youth	e Research	Nirmala		
	Researcher	us (HPV)	Awakenin	Competition	Niketan,		
	s: Ms	and HPV	g		Mumbai		
	Zenia	Vaccine					
	Miranda,	Among					
	Ms Mariya	Indians					
	Morbiwala						
	, Ms						
	Vishaka						
	Mahek,						
	Ms						
	Vrushmi						
	Savla, Ms						
	Insiyah						
	Vohra						

Paper/Poster Presented at Seminars/Conferences/Workshops

Ms. Brenda Fernando

	Paper presented in Seminars, Conferences										
Sr	Sr Name of Title of Name of the Theme Organi Place Sponso Any										
N	N the the Conference of the zed by and ring other										
0.	author	Paper	Seminar	confer		Date	Agency				
	name/na			ence							
	mes,										

1.	Guide: Dr. Anuradh a J. Bakshi	Career Challenges and Related Coping of Older Women During the Covid-19 Pandemic	International Conference	Mental Health and Covid- 19: Challeng es and Future Prospect s	Depart ment of Psychol ogy, Aligarh Muslim Univers ity	25th Novem ber, 2022	Poster Presenta tion
2.	Ms Alifiya Suterwal a	Prevalenc e Of Anxiety Among Undergra duate Students During Covid-19	International Conference	Mental Health and Covid- 19: Challeng es and Future Prospect s	Aligarh Muslim Univers ity	25th Novem ber, 2022	
3.	Guide: Dr. Anuradh a J. Bakshi	Career Challenges and Coping of Older Women During the Covid-19 Pandemic	Aavishkar Inter- Collegiate/ Institute/Depa rtment Research Convention		Universit y of Mumbai	15th Decemb er, 2022	

Invited as a Resource Person: LOCAL

Ms. Rhonda Divecha

	Invited As Chief Guest, Panelist, and Speaker											
Sr No	Name of the Organizatio n	Details of the event	Invited as	Place and Date	Topic of the talk/speake r/ panel discussion	Collaboratio n /Sponsoring Agency	Any othe r					
1.	Anjuman-I- Islam's College of	Session on "The Human	Resource person	Mumbai, 19th	"Human Sexuality"							

11 | P a g e

	Home Science	Reproductiv e System" for SYBSc students.		October 2022		
2.	Our Lady of the Rosary Church, Goregaon	Workshop Conducted	Resource person	Mumba i, 22 nd January 2023	"Issues of Sexuality Affecting Youth Today"	
3.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on "Psycho- Spiritual Integration" for the Brothers of the Congregatio n of the Blessed Sacrament (SSS)	Resourc e person	Mumba i, 26th April 2023	The Secret of Happiness	
4.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on "Psycho- Spiritual Integration" for the Brothers of the Congregatio n of the Blessed Sacrament (SSS)	Resourc e person	Mumba i, 1st May 2023	Self Esteem Assessment & Rational Emotive Behaviour Therapy (REBT)	
5.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on "Psycho- Spiritual Integration" for the	Resourc e person	Mumba i, 3rd May 2023	Mindfulness	

		Brothers of the Congregatio n of the Blessed Sacrament (SSS)				
6.	Blessed Sacrament Community St Francis Xavier's Chapel, Colaba	Part of the Series of 4 Workshops on "Psycho- Spiritual Integration" for the Brothers of the Congregatio n of the Blessed Sacrament (SSS)	Resource person	Mumba i, 5th May 2023	Transaction al Analysis and its Application to Living.	

Dr. Kamini Rege

	annin Kege						
Sr	Name of the	Details	Invited	Place	Topic of the	Collaboration	Any
No.	Organization	of the	as	and	talk/speaker/	/Sponsoring	other
		event		Date	panel	Agency	
					discussion		
1.	AL-Barkaat		resource	17th	Topic: Weaving		
	Malik	Conduct	person	June,	the curriculum		
	Muhammad	workshop		2022.	with Philosophy		
	Islam English				and Goals		
	School			Time:	developmentally		
	VinobaBhave			10:00	appropriate		
	Nagar Kurla-			am to	practices in play		
	West, Mumbai			1:00	way methods		
				pm	for 3 - 5 years		
2.	AL-Barkaat	Conduct	resources	18th	Topic:		
	Malik	workshop	person	June,	Readiness skills		
	Muhammad			2022	and experience		
	Islam English				pre-reading pre-		
	School			Time:	writing and pre-		
	VinobaBhave			10:00	arithmetic skills.		

Nagar Kurla- West, Mumbai		am to 12 Noon		

Ms. Khyati Sampat

	Myati Sampat						
Sr	Name of the	Details of	Invited	Place	Topic of the	Collaboration	Any
No	Organizatio	the event	as	and	talk/speaker	/Sponsoring	othe
	n			Date	/ panel	Agency	r
					discussion		
1.	College of	Took a	Resourc	College	Lecture on		
	Home Science,	lecture on	e Person	of	REBT:		
	Nirmala	REBT:		Home	Introductory		
	Niketan	Introductory		Science	Concepts		
		Concepts for		,	Concepts		
		MSc1		Nirmala			
		students of		Niketan			
		Department					
		of Human		23-11-			
		Developmen		2022, 2-			
		t		12-			
				2022			

Ms. Brenda Fernando

	Invited As Chief Guest, Panelist, and Speaker									
Sr No	Name of the staff member	Name of the Organizat ion	Details of the event	Invited as	Place and Date	Topic of the talk/speak er/ panel discussion	Collaboratio n /Sponsoring Agency	Any other		
1.	Ms. Brenda J. Fernando	Dr. B.M.N. College of Home Science	Invited as a speaker	Resource Person	17th August, 2022	Perspectives for Early Childhood Care and Education				

Seminars/Conferences/Workshops Organised: LOCAL LEVEL

Ms Rhonda Divecha

Sr	Name of the	Theme	Organiz	Role in	Place &	Spo
	Seminars/	of the	ed by	Organizi	Date	nsor

N	Conferences/	Confere		ng		ing
0.	Workshop	nce				Age
						ncy
1	Organized a Sensitivity	Sensitivity	Department	Coordinated	6 th March 2023	
	Building Workshop in the	Building	of Human	the		
	College called	Workshops	Developme	scheduling of		
	"ANTARCHAKSHU:	called	nt	the		
	THE INNER EYE"	"ANTARC		Workshop		
	conducted by Dr. Sam	HAKSHU:				
	Taraporevala and Prof.	THE				
	Krishna Warrier from the	INNER				
	Xavier's Resource Centre	EYE"				
	for the Visually					
	Challenged for TYBSc					
	HD students.					

Paval Maheshwari

Sr	Name of the Seminars/	Theme of the	Organiz ed by	Role in Organizi	Place & Date	Spo nsor
N o.	Conferences/ Workshop	Confere nce	-	ng		ing Age
1	On the occasion of World Mental Health Day, a full day program was organized for students of the department. Morning session included a Workshop on Zentangle, conducted by MsZainabBhinderwala, Ex student of the Department. The afternoon session was on "Mental health and well-being" by Dr Harish Shetty, the eminent Psychiatrist, and was open to outsiders. An intercollegiate poster	World Mental Health Day	Department of Human Developme nt	Coordinated the event and workshops	10th Oct 2022	ncy

competition on mental			
health and well-being, was			
organized, 4 colleges			
participated in it.			

5. EXTENSION ACTIVITIES/ Industrial Visit:

A. DEPARTMENT LEVEL

Ms. Rhonda Divecha

Sr. No.	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	Vidhyadeep Community Centre, Bharuch, Gujarat, 2nd - 4th March 2023	Extension, Educational, Out- Reach	Boarders and young teachers	Boarders (Adolescents and Young adults) and young teachers - Approx 60	
2.	Dignity Foundation NGO for the Elderly, Byculla East, Mumbai - 4th and 18th Jan 2023	Socio-Emotional and Recreational Activities	Elderly from surrounding community	Elderly - Approx 60	
3.	Our Lady of Piety Home for the Aged, Marine Lines - 27th Jan 2023	Socio-Emotional and Recreational Activities	Elderly from surrounding community	Elderly - Approx 20	
4.	Kripa Rehabilitation Foundation, Bandra - 8th February 2023	Socio-Emotional and Recreational Activities	Reformed Addicts	Young and Middle Aged Adults - Approx 30	
5.	Umang Special School, Vasai West 8th March 2023	Educational Activities	Special Children	Special Children Approx 20	
6.	Citizens for Animal Protection, Thane 8th March 2023	Observation and Interaction	Animal Activists	Animal Activists (Adult grp) - Approx 15	

Commented [S1]: Pl. dd Workshop names

Commented [S2]: For points 2 to 6, pl add type of activity, target group, beneficiaries

Ms. Payal Maheshwari and Dr. Kamini Rege

Sr. No.	Name of the Staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	Ms Payal Maheshwari & Dr Kamini Rege	Bhavnagar & Baroda, 13th - 18th March 23	Educational Trip	TY Bsc Msc I Msc II		

Details of Bhavnagar & Baroda, 13th - 18th March 23 Educational Trip for TY Bsc; Msc I and Msc II

Sr No	Dates and day	Time for visit	Place Of Visit	Address	Name Contact Person	Contact person and Number		
1.	Tuesday 14 th March 2023	11.00 AM- 2.30P M	PNR Society for Relief and Rehabilitati on of the Disabled	Natraj College Campus, Near Sardar Patel School, Kaliabid, Bhavnagar 364 002 Gujarat, India	Contact: Mr. Paras Shah (Secretary General) Email: paras.shah@pnrsociety.org Email: info@pnrsociety.org Website: www.pnrsociety.org Mobile: +91 93275 43757 +91 94282 22475	MrJignesh Parekh 07984315252		
2.	Tuesday 14 th March 20233.30PM ONWARDS SIGHTSEEING/ SHOPPING							

3.	Wednesday 15 th March 2023	8.15A M - 12.30 PM	DakshinaM urtiBalMan dir	DakshinaM urtiBalMan dir is Shree Harbhai Trivedi Rd, Takhteshw ar, Vidhyanag ar, Bhavnagar, Gujarat 364002, India	Dr MUNI Bhavnagar Dakshinamurthy muniskincare@yahoo.com daxinamurtividyarthibhavan@g mail.com +91 98251 87401	
5.	Wednesday 15 th March 2023 Wednesday 15 th March 2023	On the way to Vadod ara		Manufacturers	AS PLANNED BY TH ETOUR O on the way to Vadodara AS PLAN ETOUR OPERATOR	
6.	Thursday 16 th March 2023	8.45A M- 11.00 AM	Aurobindo Ashram, also known as Arvind Ashram or AuroNivas	Sri Aurobindo Society, Sri Aurobindo Nivas, Dandia Bazar, Vadodara – 390001	Secretary, Email: sasvadodara@aurosociety.org	Phone: 91- 265-2412685

7.	Thursday 16 th March 2023	12.00 noon to 1.30 pm	Lakshya Trust	Arti Complex 2Nd Floor, Aryakanya Road, B/S Jain Temple OppHirawa nti Chambers, Karelibaug , Vadodara - 390018	Mr Sylvester sylvestermerchant@gmail.com lakshya121@rediffmail.com	9825311997
8.			=	March 2023 -	3.30PM ONWARDS 5/ SHOPPING	
9.	Friday 17 th March 2023	8.30 am– 1.30p m	Faculty of Fa	mily and Com	iversity of Baroda munity Sciences Sayajibaug g, Vadodara – 390002 Gujarat, ibaroda.ac.in	Phone: 0265 – 2795522 / Mob. No. 9081810067
10.	Friday 17 th March 2023	4.00- 6.30p m	BalBhavan Society Vadodara	Behind Sayajibaug , Karelibaug , Vadodara- 18, Gujarat, India.	Heeral Email:- balbhavanbrd@gmail.com WhatsApp:-+919099923158	MsSreekala 09099923158

Ms. Khyati Sampat

1.	Our Lady of Peity Old Age home 18-1-2023	Activity session for Elderly with the goal of fostering socio- emotional and cognitive development	Elderly	Approx 20	
2.	Dignity Foundation, Worli 25-1-2023	Session on Addressing conflict between family and friends and positive affirmation	Elderly	Approx 60	
3.	Dignity Foundation, Worli 25-1-2023	Session on Maintaining Self- esteem and self-faith (SOC Perspective amid losses)	Elderly	Approx 60	
4.	Vidhyadeep Community College -Bharuch and Nirmala Niketan Junior College College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Building and Maintaining Friendships	Adolescent girls	Approx 60	

5.	Vidhyadeep Community College —Bharuch and Nirmala Niketan Junior College College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Communications Skills and Personal Etiquette	Adolescent girls	Арргох 60	
6.	Vidhyadeep Community College -Bharuch and Nirmala Niketan Junior College College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Personal Hygiene and cleanliness	Adolescent	Approx 60	
7.	Vidhyadeep Community College -Bharuch and Nirmala Niketan Junior College College of Home Science 2nd March 2023 to 4th March 2023	Workshop on Enhancing Self - esteem and Assertiveness	Adolescent girls	Approx 60	

8.	Vidhyadeep Community College -Bharuch and Nirmala Niketan Junior College College of Home Science 2nd March 2023 to 4th March 2023	Cultural Exchange Program.	Adolescent	Approx 150
9.	Yuva Parivartan, Kandivali East 3-4-2022	Workshop on Importance of teamwork, consistency and coordination at workplace	Nursing course - Youth	Approx 20
10.	YuvaParivartan, Kandivali East 3-4-2022	Workshop on Financial Literacy	Nursing course - Youth	Approx 20

FIELDWORK/PLACEMENTS/INTERNSHIPS FOR STUDENTS

Ms. Rhonda Divecha

Sr.	Organisation Where	Subject for	Students placed	Goals of Placement
No.	Placed and Dates	Which Placed		
1	Children's Academy, Malad	Part A:	25 TYBSc Student	As per objectives of the
	Branch, August to October	CPCES and	Trainees and 5 MSc	course.
	2023	Part B:	2 Student	
		CDAAES	Supervisors	

Ms. Payal Maheshwari

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Sr. No.	Organisation Where Placed and Dates	Subject for Which Placed	Students placed	Goals of Placement
1	Children's Academy,	Part A:	25 TYBSc	As per objectives of
	Thakur Complex,	CPCES and	Student Trainees	the course.
	Kandivili Branch, August	Part B:	and 5 MSc 2	
	to October 2023	CDAAES	Student	
			Supervisors	

Dr. Kamini Rege: Practical in Early Childhood Education MSc Part 1 Semester I

Type (e.g.; Placement visit)	Date	Organization	Place	Student beneficiaries	Teacher beneficiaries
Lesson Plan execution	16 th September 2022 - 15 th November 202	St. John Universal School	On campus, Goregaon West.	MSc Part 1 Semester I	Dr. KaminiRege
Lesson Plan execution	23 rd September 2022 – 23 rd November 2022	The Somaiya School	SomaiyaVidyav iharVidyanagar, Vidyavihar (East)	MSc 1 (BatulGhadiali) Semester 1	Dr. KaminiRege

Dr. Kamini Rege:

Sr. No.	Name of the student	Class assigned	Date of conduction	Topic of the lesson	Kind of lesson	Time of conduction
1	BhairaviNaik Ayesha Siddiqui	Nursery A	30 th September 2022	Treasure Hunt and Races	Concept	09:05 to 09:30am
2	ManjiriPimpal gaonkar	Jr Kg B	30 th September 2022	Environment Friendly – Puppet Making	Concept	8:45 to 9:00 am
3	Mahima Shukla Lydia Samuel	Sr. Kg A	30 th September 2022	Introduction to Graph	Concept	9:30 to 9:45 am
4	Abigail Fernandes	Nursery B	7 th October 2022		Concept	9:30am to 9:45am

	HurinChawre			Introduction to fruits, plum and cherry		
5	Jerusha Cabral	Jr.Kg A	7 th October	Introduction	Concept	10.30 am to
	Jennifer James		2022	to kiwi		11.00 am
6	Misbah Khan	Sr kg B	7 th October	Pupet Show:	Concept	9:00am to
	HetviDoshi		2022	Importance of Food		9:30am
7	All	All class	14th October	Diya	Art and Craft	-
			2022	Decorating		
8	BatulGhadiali	Sr KG A	7 th October	Imagination	Concept	10:15am to
			2022	talk – Not A		10:35am
				Box story		
9	BatulGhadiali	Sr KG A	14 th October	Introduction	Concept	10:45am to
			2022	to Hindi		11:10am
				Vyanjan using		
				2-shabd		
10	BatulGhadiali	Jr KG A	18th	Concrete	Concept	10:15am to
			November	Addition		10:30am
			2022			

Dr. Kamini Rege: Practical in Other Human Development Agencies (MSc 1 Part 2 Semester II)

Sr. No	Name of the Student	Organization planned for the Visit	Date of the Visit	Target Group	Time of Conduction	Course Instructor
1	HetviDoshi	dignify foundation	3/02/23	senior citizens	11 am to 1 pm.	Dr. Kamini Prakash Rege
2	Abigail Fernandes	AWMH Maharashtra (Charni road)	07/02/23	Children and youth	Two batches. First batch-10.30 am to 01.00 pm. Second batch- 01.30 pm to 04.00 pm.	Dr. Kamini Prakash Rege

3	Jerusha Cabral	Ashadaan	07-02-2023	Old women and disabled children	Two batches. First batch-01.30 pm to 04.00 pm. Second batch- 01.30 pm to 04.00 pm.	Dr. Kamini Prakash Rege
4	Mahima Shukla	Bindura Foundation	17/02/23	Youth and Women	11am to 12pm	Dr. Kamini Prakash Rege
5	ManjiriPimpalgao nkar	YUVA (Malwani Centre)	24/02/23	Youth	2pm to 3pm	Dr. Kamini Prakash Rege
6	HurinChawre	Sakhya, Women's Guidance Cell (Nallasopara	10/03/23	Youth girls and women	10:30am to 12:00pm	Dr. Kamini Prakash Rege
7	Jennifer James	Kripa Foundation	24/03/23	Alcoholic Addicts and HIV/AIDS	9am to 11am.	Dr. Kamini Prakash Rege
8	Misbah Khan	MajlisManc h	24/03/23	Women and Children for Domestic and Sexual Violence	3pm to 5 pm	Dr. Kamini Prakash Rege
9	Ayesha Siddiqui					Dr. Kamini Prakash Rege
10	Lydia Samuel	Adhata Trust	31/03/23			Dr. Kamini Prakash Rege

Dr. Kamini Rege:

Type (e.g.; Visit)	Date	Target Group	Address	Student coordinator	Teacher Beneficiari
Organization					es

Dignity Foundation	3 rd Februar y 2023.	Elderly and women who are 50+ years.	Bldg no 2 Hall Panchsheel CHS,Dr E Moses Road, Opp. Toyota Showroom, nearby Harmony Tower, Worli Mumbai 400018	HetviDoshi	Dr. KaminiReg e
Association for the Welfare of persons with Mental Handicap (AWMH)	10 th Februar y 2023.	Children with disabilities, 6 years and below.	M.N.P.U.P, Marathi School Room no.203, 2nd Floor Sindhi Galli, Near Nanubhai Desai Road, Mumbai 400004	Abigail Fernandes	Dr. KaminiReg e
Missionaries of Charity	10 th Februar y 2023.	Children (1 to 18) women (19 to 90)	Rehana Heights, 17, Chapel Ln, Willingdon, Santacruz West, Mumbai, Maharashtra 400054	Jerusha Cabral	Dr. KaminiReg e
Bindura Foundation	17 th Februar y 2023.	Children (7-17) women and Youth	Office 1403, Mayuresh, Chambers, Plot no 60, Railway Station, Sector, 11, CBD Belapur, Navi Mumbai, Maharashtra, 400614	Mahima Shukla	Dr. KaminiReg e
YUVA Organization	24 th Februar y 2023.	15-45 years (youth girls and women)	New Bhabrekar negar gate no 8 near rickshaw Parking Doctor Baba sahebAmbedkarsamajvik as Kendra Malwani Malad West Mumbai 400095	Manjiri Pimpalgaonk ar	Dr. Kamini Rege
Sakhya – Women's Guidance Cell	10 th March 2023.	7 to 70 (youth girls and women)	1st Floor, The Silvester Smruti, Kalamb Road opp. Police Chowki Tal VasalDt, Nirmal, Nalasopara West, Vasai- Virar, Maharashtra 401304	Hurin Chawre	Dr. Kamini Rege
Kripa Foundation	24 th March 2023.	17-70 years	81/ A, Next To Lilavati Hospital, Chapel Road, Bandra West, Mumbai, Maharashtra 400050	Jennifer James	Dr. Kamini Rege

Majlis Manch	24 th March 2023.	Empowering Children and Women for Domestic Violence, Sexual Violence.	Golden Valley Bldg 4 Flat A 2, Kalina Market Road, Opp. Canara Bank. Santacruz E, Mumbai 98.	Misbah Khan	Dr. Kamini Rege
ArhamYuvaSa nstha	28 th March 2023.	All Age group Empowerment	5/51, Sharda Sadan, 11, S.A.Brelvi Road, Fort, Opposite Fort Fire Brigade, Mumbai - 400001	Ayesha Siddiqui	Dr. Kamini Rege
Bombay foundation of Deaf women	31st March 2023.	Deaf females above the age of 18	Kamani Chambers, R Kamani Rd, Ballard Estate, Fort, Mumbai, Maharashtra 400001	Bhairavi Naik	Dr. Kamini Rege
Adhata Trust Holistic Care Centre	31st March 2023.	50 years onwards	· Sakinaka - B.M.C Welfare Center, L- ward, Jaganath Mandir Road, Sakinaka - 400 072 · Bandra - Arya VidyaMandir School, Opp. St. Andrews College, St. Dominic Road, Bandra West - 4000 050	Lydia Samuel	Dr. Kamini Rege
Mahila Ekta Sangh Organization	8 th April 2023.	Women facing violence, all ages	Wio Raju Patel, Near Building No. 69 M.H. B Colony, Gandhi Nagar Road No. 9 Bandra East S.O. Mumbai, Maharashtra, 400051	Batul Ghadiali	Dr. Kamini Rege

B. INDIVIDUAL LEVEL

S. No.	Name of the staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.						
2.						
3.						

6. PRIZES AND AWARDS RECEIVED:

A. BY STUDENTS

Sr.	Names of the	Level /	Staff who guided/		Details of the Prize/award
No.	student	class	responsible		
1.	Zeenat Sayyad, Palak	SYBsc	Ms. Brenda	J.	Third Prize for Research Paper
	Mehta, Khushi Savla,		Fernando		Title "Legal Awareness about
	Kirti Pevelkar,				Senior Citizens' Rights among the
	Vishaka Purkait				Elderly and their Significant
					Others presented at AARYA
					International Interdisciplinary
					Undergraduate Research
					Competition organized by the
					College of Home Science Nirmala
					Niketan on 28th February 2023.

AWARDS BY STUDENTS

Sr. No.	Natio nal / Intern ationa l/ State / Local	Title of the conferen ce	Title of the research paper	Name Of The Stude nt/s	Name of the guide	Presen ting Autho r	Level UG PG PPG	Venue and time	Title /Name of the confere nce	Date and place	Sponsor ed By	Benefi ciaries /Targe t Group	Awarded (details of the award)	Copy of certifi cate submi tted	Any
1	Local	ANVES HAN: An Intercolle giate Student's Research Conferen ce	Dating Abuse among Adults (18- 30 years): Perception, Prevalence, Practice, and Prevention		Dr. Kamini Rege	Sneha C. Gala Arwa S. Hami d	PG	SIES (Nerul) College of Arts, Science and Commer ce 11:00 am-4:00 pm	Ultimas Trend	04 th Dece mber 2019			Secured 2 nd position and a cash prize of Rs. 1000 and certificates of merit for all		
2	Local	ANVES HAN: The Annual Inter- College Research Paper Competit ion	Dating Abuse among Adults (18- 30 years): Perception, Prevalence, Practice, and Prevention	Sneha C. Gala	Dr. Kamini Rege	Sneha C. Gala	PG	Maniben Nanavati Women's College 9:00 am onwards	Gender Diversit y for Peacefu 1 Coexist ence	30 th Janu ary 2020	Friedric h Ebert Stiftung (India)		Secured 3 rd position and cash prize of Rs. 1000 and certificate of merit		

3	Local	National Level Student Research Paper Conferen ce: VSearch 2020	e Gaming: Addiction and Self- monitoring by Adolescen t Males and Females (13-16	Nirali K. Gogri	Dr. Kamini Rege	Nirali K. Gogri	PG	VIT College, Wadala 11 am onwards	Recent Trends in Manage ment and IT	29 th Febr uary 2020		UP and PG studen ts	Secured 2 nd position and a cash prize of Rs. 3000 and certificate of merit	
4	Local	Avishkar : Inter Collegiat e Research Conventi on.	years) The level of emotional intelligence, stress levels and coping strategies used by mothers of adolescents (11-18 years) with and without Cerebral Palsy.	Priyan ka Gala, Priyan shiMa dhwan i and Aathir a Nair	Ms. PayalM aheshw ari	Aathir a Nair	PG	Kishinch andChela ram College, Churchga te.	Avishk ar researc h convent ion	4 th Janu ary 2020	Univers ity of Mumba i		Secured third position in the final round of the University level. Received certificate of merit and participati on and a bronze medal.	

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5	Local	ANVES	Enhancing	Priyan	Dr.	Priyan	PG	Maniben	Gender	30 th	Friedric	Secured 1st	
		HAN:	Knowledg	shiMa	Kamini	shiMa		Nanavati	Diversit	Janu	h Ebert	position	
		The	e and	dhwan	Rege	dhwan		Women's	y for	ary	Stiftung	and cash	
		Annual	Creating	i		i		College	Peacefu	2020	(India)	prize of	
		Inter-	Awareness					9:00 am	1			Rs. 2000/-	
		College	regarding					onwards	Coexist			and	
		Research	Menstruati						ence			certificate	
		Paper	on and									of merit.	
		Competit	Menstrual										
		ion	Hygiene										
			Practices										
			among										
			Young										
			Females										
			(12 to 15										
			years)										
			from										
			Slums										

7. **RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

Ms. Khyati Sampat

TVIDE INITY	iti banipat	
Sr. NO.	Details of the recognition	
1	Member, Board of Studies	Member, Board of Studies at Department of Human Development, SVT College of Home Science (Autonomous), SNDT Women's University, Juhu for a period of 3 years from 1 st June 2021 to 31 st May 2024.
2	'Reviewer'	'Reviewer' for British Journal of Guidance and Counselling, Routledge, Taylor and Francis Online.

Ms. Brenda Fernando

Sr.	Details of the recognition	
NO.		
3	Chair of Administration, Global Student	
	Psychology Committee, APA, Division 52,	

C. STAFF DEVELOPMENT ACTIVITIES ATTENDED:

Dr. Anuradha J. Bakshi, Ms. Rhonda Divecha, Ms. Payal Maheshwari, Dr. Kamini Rege, Ms. Khyati Sampat

S.NO.	Title of the activity	Details	Dates
1.	Faculty Development	Conducted by Dr. John Peter Anthony	28th, 29th & 30th
	Programme on Strategic	from Loyola College (ranked 3rd best	June 2022
	Planning	college in India by NIRF), Chennai at	
		College of Home Science, Nirmala	
		Niketan	

D. STAFF DEVELOPMENT ACTIVITIES ORGANIZED:

S.NO	Name of the staff member	the	Details	Date

$MOU/COLLABORATION\ WITH\ GO/NGO/ACADEMIC\ / RESEARCH\ BODIES:$

S.NO		MOU/COLLABORATION Details	Date
	the staff		
	member		

8. ANY OTHER INFORMATION IN BRIEF:

Name of the staff member stating	ANY OTHER INFORMATION IN BRIEF
Khyati Sampat	Psychological tests ordering: Was handling the ordering, amount sanction, follow-up with dealer and payment of the following psychological tests for the department in March 2023: 1. WRAT5 Complete Kit 2. QOLI Hand-Scoring Starter Kit 3. Raven's – Educational CPM/CVS, India English Edition 4. Raven's Standard Progressive Matrices (with India Norms Supplementary Booklet) 5. BYI-2 Starter Kit

9. Challenges faced

Name member			staff	Challenges faced
member	rstat	ıng		

10. Future plans for 2023-24

Name	of	the	staff	Future plans for 2023-24
member stating				

Department of Human	partment of Human Development – Annual Report 2022-2023						
						_	
						_	
3 P a g e							