

**Community Resource Management
Academic Year 2022 - 2023**

Name Of the Department: **Community Resource Management**

Number Of Teachers: 5 Staff
Mrs Sunita Jaiswal - Associate Professor (Permanent post)
Dr. Roopa Rao – Assistant Professor (Permanent post)
Mrs. Sakina Chhatriwala (CHB)
Ms. Saniya Pai (CHB)
Ms. Riddhi Raut (CHB)

Number Of Students: T.Y. BSc – 43

Value Added Course:

- ✓ **Workstation Design and Applied Ergonomics: 19**
- ✓ **Cultural and Heritage Management:** Did not commence.

Electives:

Residential Interior Design – 19
Front office and Housekeeping Management - 24

1. Participation In Orientation Programmes, Refresher Courses Etc.:

Dr. Roopa Rao			
S. No.	Programme	Duration	Organised by
1.	UGC Sponsored Online Short Term Course (STC) on 'Design and Development of Online Courses' from 06 th June to 11 th June 2022	1 - week course 06 th June to 11 th June 2022	Organized by Academic Staff College, Kalina Campus and MHRDC.

2. Number Of Major and Minor Research Projects (Sanctioned and Completed with Names of Funding Agencies):

S. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.	NIL					

3. Research/Internship/Other Collaborations: Dept/Individual

Name of the Organisation	Event Companies	Hotels	Health Clubs/ Gym/ Hospitals	Research Institutes / Centres	Academic Institutes	Government/ NGOs/ Support Groups

The Oberoi – Mumbai		✓				
Trident Nariman Point, Mumbai		✓				
Novotel, Mumbai		✓				
Hotel Holiday Inn		✓				
Cakes and Crumbs	✓					
Solitaire Media Entertainment	✓					
St. Regis, Mumbai		✓				
Marriott, Powai – Mumbai		✓				
Celebration Exhibition, Events Activation, Mumbai	✓					
The Park, Navi Mumbai		✓				
NITIE, Powai					✓	
P.G. Dept of R. in H. Sc., SNDT University, Mumbai					✓	
S. V. T. College of Home Science					✓	
Smt. P. N. Doshi Women’s College, Ghatkopar					✓	
Dr. B. M. N. Women’s College, Matunga					✓	
Family Welfare Centre						✓

Ramnarain Jhunjhunwala College, Ghatkopar East					✓	
The Wishing Factory						✓
University of Mumbai (DLLE)					✓	

Internship (2022 - 2023) Details

S. No.	Name of Student	R. No.	Organisation	Department	Supervisor Name	Contact Details of Supervisor	Date of Commencement	Date of Completion	
1.	Khan Iram Asgar	17	The Wishing Factory, Dadar	Operations & Administration	Ms. Kimaya Kamble	08657391068	16th May 2023	15th June 2023	
2.	Deepansha Darji	7							
3.	Ritika Srivastava	41	Novotel Mumbai, Juhu	Housekeeping	Mr. Deepak kshirsagar	09172315975	15th May 2023	17th July 2023	
4.	Ragini Yadav	40							
5.	Isha Patel	34				Mr. Sunil Nagaonkar	09699402802	15th May 2023	17th July 2023
6.	Riddhi Chheda	06		HR - Learning & Development	Mr. Manohar Nimbhore	09167999003	15th May 2023	17th July 2023	
7.	Dipti Kahar	15	Hotel Holiday Inn, Sakinaka, Andheri	Sales & Marketing	Ms. Ishita Nigam	09004264268	15th May 2023	16th June 2023	
8.	Annivea D'silva	10		Human Resources	Ms. Vrushali Dabir	09004616667	15th May 2023	15th June 2023	
9.	Falguni Parmar	32		Front Office	Ms. Kinjal Rathod (DM)	09137360147	15th May 2023	15th June 2023	

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10..	Isha Malde	25		Front Office	Ms. Kinjal Rathod (DM)	09137360147	15th May 2023	15th June 2023
11.	Iqra Malim	26	Parsi Dairy Farm	Sales	Ms. Mahafrin	07400174416	15th May 2023	15th June 2023
12.	Bhavika Bajaj	02	Westin Marriott Powai	Front Office	Mr. Nikhil & Mr. Lionel	09324006158	15th May 2023	17th June 2023
13.	Mrudula Kadam	15		Housekeeping	Mr. Appasaheb Jadhav	09930629268	15th May 2023	17th June 2023
14.	Samiksha Mane	27	Trident Nariman point	Housekeeping	Mr. Anoop Mathew	07045639371	15th May 2023	15th June 2023
15.	Esha Yelve	43						
16.	Shailee Gandhi	12						
17.	Iram Khan Khanam	18						
18.	Sanobar Malandkar	24		Sales	Ms. Smriti Hinduja	09167027952	15th May 2023	15th June 2023
19.	Zainab Patanwala	33	Celebrations Events Pvt. Ltd.	Projects and Execution	Mr. Adnan Kandoriwala (Proprietor)	09867779235	15th May 2023	15th June 2023
20.	Dhara Doshi	09	The Park, Navi Mumbai	Housekeeping and HR	Mr. Anil		15th May 2023	15th June 2023

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				Department				
21.	Nirbhava Deverkonda	08		Front Office	Mr. Zahir Khan	07977478020	15th May 2023	15th June 2023
22.	Hetanshee Panchal	31	St. Regis Mumbai	Front Office	Ms. Ruchira Todankar	09703008250	16th May 2023	17th July 2023

4. Number Of Publications Including Indexing & Impact Factor:

Name of Faculty	No. of Publications (Full articles)							Total
	Books	Chapters in books	Research Paper	Research Poster	Abstract	Magazines	Newspaper articles	
Dr. Roopa Rao	-	-	5	-	--	-	-	5
Total	0	0	5	0	0	0	0	5

i. PUBLICATIONS (DETAILS)

a. International Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.	ISBN	impact factor/H-index
Dr. Roopa Rao							
1.	Roopa Rao and Tanaya Naik	2022	International Journal for Innovative Research in Multidisciplinary Field (IJIRMF) Peer-Reviewed Journal and valid as per UGC Gazette	“Identifying Ergonomics Risks Factors in Bank Clerk Workstations” Available at https://www.ijirmf.com/wp-content/uploads/IJIRMF202208019.pdf	Volume 8, Issue 8, August 2022 pp. 104 – 110.	ISSN: 2455-0620	Impact Factor 6.719

			regulations. UGC approved Journal: Serial No: 47793		DOI:10.2015/IJRMF/202208019		
2.	Roopa Rao and Tanisha Kadam	2022	International Journal of Multidisciplinary Educational Research (IJMER) Peer Reviewed Journal and UGC approved Journal: Serial No: 41602(2017), registered in Publons Group (Web of Science) and Scopus Review ID: A2B96D3ACF3FEA 2A.	“Ergonomic Risk Assessment In Textile Weaving Units Of Maharashtra State.” Available at http://s3-ap-southeast-1.amazonaws.com/ijmer/pdf/volume11/volume11-issue7(6)/14.pdf	Volume 11, Issue 7(6), July 2022. pp. 62 – 68. DOI: http://ijmer.in.doi./2022/11.07.105	ISSN: 2277-7881	Impact Factor 7.816 (2022),
3.	Roopa Rao and Supriya Waghmare	2022	International Journal of Multidisciplinary Educational Research (IJMER) Peer Reviewed Journal and UGC approved Journal: Serial	"Perception of Discomfort Caused by Work Environment Factors Among Bank Clerks." Available at http://s3-ap-southeast-1.amazonaws.com/ijmer/pdf/volume11/volume11-	Volume 11, Issue 7(5), July 2022 pp. 102 – 107. DOI: http://ijmer.in.doi./2022/11.07.105	ISSN: 2277-7881	Impact Factor 7.816 (2022)

			No: 41602(2017), registered in Publons Group (Web of Science) and Scopus Review ID: A2B96D3ACF3FEA 2A	issue7(5)/16.pdf	in.doi./2022/11.01.125		
4.	Roopa Rao and Poonam Dalvi	2022	International Journal of All Research Education and Scientific Methods (IJARESM), An ISO Certified Peer-reviewed Journal	"Workplace Hazards in Small-Scale Textile Weaving Units." Available at Workplace Hazards In Small-Scale Textile Weaving Units (ijaresm.com)	Volume: 10, Issue: 8, August 2022. pp. 66 - 71. DOI: https://doi.org/10.56025/IJARESM.2022.10866 .	ISSN: 2455-6211	Impact Factor 7.429
5.	Roopa Rao and Corinna Pereira	2022	International Journal of All Research Education and Scientific Methods (IJARESM), An ISO Certified Peer-reviewed Journal.	"Musculoskeletal Discomfort and Associated Risk Factors among Bank Clerks in Mumbai City and its Suburbs." Available at Musculoskeletal Discomfort And Associated	Volume: 10, Issue: 7, July 2022. pp. 2894 - 2899.	ISSN: 2455-6211	Impact Factor 7.429

				Risk Factors Among Bank Clerks In (ijaresm.com)	DOI: https://doi.org/10.56025/IJARESM.2022.1072894		
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b. National Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index

Newspaper Articles:

S. No	Name of the Newspaper	Date & year of publication	Title of the article	Link
1.	Maharashtra Times Page 17	7 th April 2023	Sanshodhanaala Suvarnajhalali – Mumbai Vidyapeetache dimaakdhaar yash	https://epaper.timesgroup.com/maharashtratimes/maharashtra-times/mumbai
2.	Maharashtra Times Page 18	6 th April 2023	Sanshodhanaat Chamak Mumbai Vidyapeethachi	https://epaper.timesgroup.com/maharashtratimes/maharashtra-times/mumbai
3.	Loksatta Mumbai Page 18	30 th March 2023	Rashtriya Sanshodhan Spardeth Mumbai Vidyapeethachi Baaji	https://epaper.loksatta.com/3681943/loksatta-mumbai/30-03-2023#clip/72044515/3436ffdf-60bd-46cc-be2f-1626c4dee2a9/790.4792537793503:491.7009029566176/topclips
4.	Gujarati Newspaper	27 th March 2023	Ganpat university ma 16 Rajyoni 41 University na ____ Chhatraye 76 Research Projects Rajju Kari Gold Meldals Melya	
5.	Sakaal Mumbai Mumbai Today Page 2	23 rd March 2023	Mumbai Vidyapeeth Sarvaothkrusht	https://epaper.esakal.com/FlashClient/Client_Panel.aspx#currPage=2

6.	Navarashtra Mumbai Plus Edition Page No. 2	23 rd March 2023	Rashtriya Sanshodhanath Pratham	Anveshan Vidyapeeth	https://epaper.navarashtra.com/23-march-2023-mumbai-edition-mumbai-plus/page-2/
7.	Maharashtra Times Mumbai Times Page 3 dated 31.01.2023	31.01.2023	Sanshodhanathunn Saadhanaara Aavishkar	Vikaas	https://epaper.timesgroup.com/maharashtratimes/maharashtra-times/mumbai
8.	Maharashtra Times Mumbai Times Page 3 dated 30.01.2023	30.01.2023	Suvarnaavishkar		https://epaper.timesgroup.com/maharashtratimes/maharashtra-times/mumbai
9.	Navarashtra Mumbai Plus Edition Page 3	18.01.2023	Aavishkar Mumbai Vidyapeeth	Sanshodhanaath Awwal	https://epaper.navarashtra.com/18-january-2023-mumbai-edition-mumbai-plus/page-3/
10.	Sakaal Mumbai, Raigad Main Page 3	17.01.2023	Aavishkar Spardheth Mumbai Awwal	Sanshodhan Vidhyapeeth	https://epaper.esakal.com/flashclient/client_panel.aspx?ed=Satara%2cMain&dt=2023_01_17&prodid=66#currPage=3
11.	Pudhari My Mumbai Edition Page No. 4	17.01.2023	Aavishkar Spardheth Vidyapeetha cha	Mumbai Dhanka	http://newspaper.pudhari.co.in/articlepage.php?articleid=PUDHARI_MSU_20230117_04_10&width=216px&edition=My%20Mumbai&curpage=4

12.	Dainik Marathi	Divya	17.01.2023	आविष्कार स्पर्धा:मुंबई विद्यापीठ विजेते तर सावित्रीबाई फुले पुणे विद्यापीठाला उपविजेतेपद Mumbai University Is The Winner While Savitribai Phule Pune University Is The Runner up.	https://divyamarathi.bhaskar.com/local/maharashtra/nashik/news/mumbai-university-was-the-winner-while-savitribai-phule-was-the-runner-up-to-pune-university-130808355.html
13.	Times of India		16.01.2023	Mumbai University wins big at Avishkar 2023	https://timesofindia.indiatimes.com/city/pune/mumbai-university-wins-big-at-avishkar-2023/articleshow/97015950.cms
14.	Voice of Eastern		16.01.2023	आविष्कार संशोधन स्पर्धेत मुंबई विद्यापीठ अव्वल; सलग चौथ्या वर्षी विजेतेपद	https://voiceofeastern.com/mumbai-university-tops-in-invention-research-competition-the-title-for-the-fourth-year-in-a-row/
15.	The Free Press Journal	Page 14	16.01.2023	Mumbai University bags winning title at Maharashtra's inter-varsity research convention	https://www.freepressjournal.in/education/mumbai-university-bags-the-winning-title-at-maharashtras-inter-varsity-research-convention
16.	Lokmat Times		16.01.2023	Mumbai University wins “Overall Championship” Title at Aavishkar 2023	https://www.lokmatimes.com/maharashtra/mumbai-university-wins-overall-champions-title-at-aavishkar-2023/

17.	WDC TV News	16.01.2023	Mumbai University bags winning title at Maharashtra's inter-varsity research convention	https://wdctv.news/mumbai-university-bags-winning-title-at-maharashtras-inter-varsity-research-convention/?amp=1
18.	Punekar News	15.01.2023	Pune University's Aavishkar Convention Concludes, Mumbai Bags Most Prizes	https://www.punekarnews.in/pune-universitys-aavishkar-convention-concludes-mumbai-bags-most-prizes/

SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED/ATTENDED, ORGANIZED/CONDUCTED AND PRESENTED RESEARCH PAPER

a. International Level

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs. Sunita Jaiswal						
1.				-		
2.				-		
Dr. Roopa Rao						
1.	“Simple Hotel Operations Management at your Finger tips with ServSafe Ops”	Ms. Jena Henderson, COO – WorkMerk organised by AHLEI (American Hotel & Lodging Educational Institute)	Hotel Operations	AHLEI (American Hotel & Lodging Educational Institute)	Online Zoom Webinar 16 th August 2022 at 11.30 pm	
2.						

b. **National Level**

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs Sunita Jaiswal						
1.						
Dr. Roopa Rao						
1.						---

c. **State/Local Level**

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs Sunita Jaiswal						
1.	“Agnirakshak One-day Certificate Course”	Mumbai Fire Brigade in partnership with “Project Mumbai – Making Mumbai Fire Safe”	Fire safety	Mumbai Fire Brigade in partnership with “Project Mumbai – Making Mumbai Fire Safe”	27 th August 2022 at Byculla – Mumbai Fire Brigade HeadQuarters	
2.	Academic Strategic Plan	Dr. John Peter, Tiruchirapalli	FDP	Management of NNC	28 th – 30 th June 2022	
3.						
Dr. Roopa Rao						
1.	“Procuring Research Grants and Related Schemes of the Rajiv Gandhi Science and Technology Commission (RGSTC), Government of Maharashtra”	Dr. Narendra Shah, Dr. Sapna and Dr. Vrushaali Kulkarni Rajiv Gandhi Science and Technology Commission (RGSTC), Government of Maharashtra	Research Grants	The in charge Principal, College of Home Science Nirmala Niketan, Mumbai – 20	22 nd September 2022 from 2.30 – 3.30 pm	

2.	“Agnirakshak One-day Certificate Course”	Mumbai Fire Brigade in partnership with “Project Mumbai – Making Mumbai Fire Safe”	Fire safety	Mumbai Fire Brigade in partnership with “Project Mumbai – Making Mumbai Fire Safe”	27 th August 2022 at Byculla – Mumbai Fire Brigade HeadQuarters	
3.	Academic Strategic Plan	Dr. John Peter, Tiruchirapalli	FDP	Management of NNC	28 th – 30 th June 2022	

SEMINAR, CONFERENCES, WORKSHOPS – ORGANIZED/CONDUCTED

a. International Level

Seminars, Workshops and Conferences Conducted/Organized							
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized By	Role In Organizing	Place & Date	Sponsoring Agency
Dr. Roopa Rao							
1.	AARYA International Interdisciplinary Undergraduate Research Competition 2022 - 2023	Student Research Competition Committee in collaboration with Institute’s Innovation Council, and IQAC College of Home Science Nirmala Niketan, Mumbai - 20	Innovative Product and Service Development	Student Research Competition Committee in collaboration with Institute’s Innovation Council, and IQAC	Organising Committee Member	28 th February 2023 Online Zoom Portal	---

				College of Home Science Nirmala Niketan, Mumbai – 20			
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b. National/State Level

Seminars, Workshops and Conferences Conducted/Organized								
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized By	Role In Organizing	Place & Date	Sponsorin g Agency	
Dr. Roopa Rao								

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1.	State Level Workshop on “18 th Aavishkar Inter-collegiate/institute/department Research Convention Rules & Regulations 2023 - 24”	Department of Students' Development, University of Mumbai	18 th Aavishkar Inter-Collegiate/Institute/Department Research Convention 2023 - 24	Department of Students' Development, University of Mumbai	Zonal Co-coordinator (Mumbai - 1)	24 th April 2023 Finolex Academy of Management and Technology, Ratnagiri	—
2.	State Level Workshop on “18 th Aavishkar Inter-collegiate/institute/department Research Convention Rules & Regulations 2023 - 24”	Department of Students' Development, University of Mumbai	18 th Aavishkar Inter-Collegiate/Institute/Department Research Convention 2023 - 24	Department of Students' Development, University of Mumbai	Zonal Co-coordinator (Mumbai - 1)	21 st April 2023 Green Technology Auditorium, University of Mumbai, Vidyanagari, Kalina, Santacruz (E)	—
3.	Anveshan National Level Students' Research Convention	Association of Indian Universities	Research Convention	Ganpat University	Team Leader for University of Mumbai	16 th – 17 th March 2023	AIU
4.	One day State Level Conference on	University of Mumbai in association with RUSA (Rashtriya	Accreditation Process	University of Mumbai in association	Member, Organising Committee	11 th November 2022, Friday	

	“Accreditation: The Way Ahead”	Uchcharat Shiksha Abhiyan (Maharashtra) with UGC HRDC, University of Mumbai		with RUSA (Rashtriya Uchcharat Shiksha Abhiyan (Maharashtra) with UGC HRDC, University of Mumbai			
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c. University/ Local/College Level

Seminars, Workshops and Conferences Conducted/Organized							
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized By	Role In Organizing	Place & Date	Sponsoring Agency
Mrs. Sunita Jaiswal							
1.	Eight F. Y. B. Sc. (ITHI Pr) Events. - F1 - Sholay (Gabbar & his army) - F2 - Bollywood - F3 - World 360o - F4 - Summer Bash - F5 - Wednesday on Friday - F6 - Dear Diary - F7 - Meme Party - F8 - Streets of Mumbai	Ms Sunita Jaiswal (FYBSc Theory and Practical Teacher) in coordination with Coordinator and FY practical teachers	Learning to “Organise Events and its Management”	CRM Dept in collaboration with students of FYBSc	- FYBSc Practical Teacher	27th March - 1st April 2023 - 27.0 3.2023 - F1 & F4 - 29.0 3.2023 - F3 & F2 - 31.0 3.2023 - F5 & F7 - 01.0 4.2023 - F6 & F8	
2.	Organized a consumer Awareness in	Coordinated with Mrs Raul and Mr. Jayant Pai from CGSI	Student Development Program	Coordination Organizing	- Teacher coordinator and Organiser	17 th June 2022	

	collaboration with Consumer Guidance Society of India for SYBSC students as part of Orientation programme	(Consumer Guidance Society of India)					
3.	Work shop on STREET PLAY –	Coordinated with Mr Juren Lopes	Student development programme	Coordination Organizing	- Teacher coordinator and Organiser	8 th July 2022	
4.	Workshop on –Food Adulteration and Fake product .Resource Person –	Coordinated with Mr Gajanan Patil .JAGO GRAHAK JAGO.	Student development programme	Coordination Organizing	- Teacher coordinator and Organiser	22 nd July 2022	
5.	Celebration of Breast Feeding programme Theme of this year- Step up in support of Breast Feeding With the topic importance of Breast feeding students performed street play	Resource persons –Dr Taru Jindal Dr Pooja Singhania Ms .Shilpi Malhotra	Student development programme	Coordination Organizing	- Teacher coordinator and Organiser	4 th August 2022	

6.	Orientation to TYBSc.	Ms S.Jaiswal TYCRM (HOD)	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	20 th June 2022	
7.	Counsellor's Session	TYCRM HOD in collaboration with Ms. Sabita Pereira	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	10 TH Dec 2022	
Dr. Roopa Rao							
1.	Campus Recruitment Drive 2023	Employment Placement Cell	Campus Interviews 2023	Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	- Convenor, EPC and CRM Department representative	31 st March – 2 nd April 2023	- ---
2.	Eight F. Y. B. Sc. (ITHI Pr) Events. - F1 - Sholay (Gabbar & his army) - F2 - Bollywood - F3 - World 360o - F4 - Summer Bash - F5 - Wednesday on Friday	Dr. Roopa Rao (FYBSc Practical Coordinator) in coordination with three FY practical teachers	Learning to “Organise Events and its Management”	CRM Dept in collaboration with students of FYBSc	- FYBSc Practical Coordinator	27th March - 1st April 2023 - 27.0 3.2023 - F1 & F4 - 29.0 3.2023 - F3 & F2	—

	<ul style="list-style-type: none"> - F6 - Dear Diary - F7 - Meme Party - F8 - Streets of Mumbai 					<ul style="list-style-type: none"> - 31.0 3.2023 - F5 & F7 - 01.0 4.2023 - F6 & F8 	
3.	Workshop on “interviewing Skills” Facing	Invited Guest speaker – Mr. Hugo D’souza Organised and conducted by Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	- Convenor, EPC and CRM Department representative	28 th February 2023 Marie de Cice Adelaide Hall 12.00 – 2.30 pm	---
4.	Workshop on “Classroom to Cubicle”	Invited Guest speaker – Mr. Dilip Pinto from Prism Innovative Learning Organised and conducted by Employment Placement Cell (EPC), College of Home	Skill Development courses for graduating students	Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	- Convenor, EPC and CRM Department representative	17 th February 2023 Marie de Cice Adelaide Hall 2.00 – 4.30 pm	---

		Science Nirmala Niketan					
5.	Workshop on “Resume Writing”	Invited Guest speaker – Mr. Adrian Rosario Organised and conducted by Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Employment Placement Cell (EPC), College of Home Science Nirmala Niketan	- Convenor, EPC and CRM Department representative	9 th February 2023 Marie de Cice Adelaide Hall 2.00 – 4.30 pm	---
6.	Scary Skelebrations	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	Student-led Event	- Faculty in-charge - Mentor/ Guide - Facilitator	11 th February 2023 Marie de Cice Adelaide Hall 2.00 – 5.30 pm	---
7.	“Borahae Mumbai”	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science	Student-led Event for the Hospitality Industry	Student-led Event	- Faculty in-charge - Mentor/ Guide - Facilitator	4 th February 2023 Marie de Cice Adelaide Hall	---

		Nirmala Niketan, Mumbai – 20				2.00 – 5.30 pm	
8.	15 th Maharashtra State Inter-University Aavishkar Research Convention 2023	Hon’ble Governor of Maharashtra and the Chancellor of the Universities in the State of Maharashtra Conducted by Savitribai Phule Pune University (SPPU), Pune	Research Convention	Savitribai Phule Pune University (SPPU), Pune	- Team Manager of University of Mumbai	12 th – 15 th Jan 2023	---
9.	17 th Inter-Zonal (Final round) Avishkar Research Convention	Department of Students’ Development, University of Mumbai	Research Convention	Department of Students’ Development, University of Mumbai	- District Co-coordinator	26 th – 28 th Dec 2022	---
10.	17 th Aavishkar Inter-Zonal Research Convention https://unimumbaidsd.com/docs/Circular-AVS-22-23-Revised-Sch-Zonal-Round-05-Dec-22.pdf	Department of Students’ Development, University of Mumbai conducted at College of Home Science Nirmala Niketan, Mumbai - 20	Research Convention	Department of Students’ Development, University of Mumbai	- District Co-coordinator	15 th Dec 2022	---

	One day Workshop on “Agnirakshak”				- Teacher coordinator and Organiser	27th August 2022	
11.	“Presentation Skills” at the Workshop for Zone – VII, Sindhudurg District: 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention https://mu.ac.in/wp-content/uploads/2022/07/Schedule-of-Workshops-of-Avishkar.pdf	Department of Students’ Development, University of Mumbai conducted at Shikshan Prasarak Mandal’s Kankavali College, Kankavali, Sindhudurg Dist, Maharashtra State	Workshop for Zone – VII, Sindhudurg District: 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention	Department of Students’ Development, University of Mumbai	- DSD, University of Mumbai Representee	8 th August 2022	---
12.	“Presentation Skills” at the Workshop for Zone – IV, Palghar: 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention https://mu.ac.in/wp-content/uploads/2022/07/Schedule-of-Workshops-of-Avishkar.pdf	Department of Students’ Development, University of Mumbai conducted at Adel Education Trust’s St. John College of Humanities and Sciences, Palghar	Workshop for Zone – IV, Palghar: 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention	Department of Students’ Development, University of Mumbai	- DSD, University of Mumbai Representee	30 th July 2022	---

13.	Workshop for Zone – I, Mumbai – I : 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention https://mu.ac.in/wp-content/uploads/2022/07/Schedule-of-Workshops-of-Avishkar.pdf	Department of Students' Development, University of Mumbai conducted at College of Home Science Nirmala Niketan, Mumbai - 20	Research Convention	Department of Students' Development, University of Mumbai	- District Co-coordinator	23 rd July 2022	---
14.	“Personal Grooming Skills for the Hospitality Industry”	Dr. Roopa Rao in collaboration with Ms. Aneri Gala, Lakme Institute	Student Development Program	Planning Coordination Organizing Conducted	- Teacher coordinator and Organiser	6 th July 2022	---
15.	Study Abroad – University of Arts London (UAL)	The Employment Placement Cell in collaboration with Envision India	Student Development Program	Planning Coordination Organizing	- Convenor, EPC	25 th June 2022	---
16.	“Orientation to careers in Home Science”	Dr. Roopa Rao in collaboration with the staff of Nirmala Niketan Junior College, Mumbai – 20	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	- Invited speaker	14 th July 2022	---

17.	“Orientation to careers in Home Science”	Dr. Roopa Rao in collaboration with Ms. Farah Syed - ex-supervisor, Nirmala Niketan Junior College, Mumbai – 20 and a few students of TYCRM (2020 – 2021) batch	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	- Teacher coordinator and Organiser	9 th July 2022	---
18.	Orientation to S.Y.B.Sc.	Dr. Roopa Rao, S.Y.B.Sc. Coordinator	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	20 th June 2022	---
19.	Email Etiquette and Time Management	SY Coordinator in collaboration with Mr. Dilip Pinto from Prism Innovative Learning	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	18 th June 2022	---
20.	Financial Literacy and Consumerism	SY Coordinator in collaboration with Mrs Raul and Mr. Jayant Pai from CGSI (Consumer Guidance Society of India)	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	17 th June 2022	---

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21.	Library Induction and Rules	SY Coordinator in collaboration with the Librarian Ms. Prajakta Mahprokar	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	17 th June 2022	---
22.	Counsellor's Session	SY Coordinator in collaboration with Ms. Sabita Pereira	Student Development Program	Planning Coordination Organizing	- Teacher coordinator and Organiser	16 th June 2022	---

5. PRESENTED RESEARCH PAPER IN SEMINAR, CONFERENCES, WORKSHOPS

c. International Level

Paper presented in Seminars, Conferences							
Sr No.	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other
1	Sunita Jaiswal , Amatullah B, Alefiyah D, Drishti M, Aqsa H.	Creating awareness amongst the youth with respect to PCOS	AARYA International Interdisciplinary Undergraduate Research Competition 2022 - 2023	Innovative Product and Service Development	Student Research Competition Committee in collaboration with Institute's Innovation Council, and IQAC College of Home Science Nirmala Niketan, Mumbai - 20	28 th February 2023 Online Zoom Portal	
Dr. Roopa Rao							
1.	Roopa Rao, Amithi J., Aqsa, K., Ayesha, B., and Humera, J.	Better Late Than Never - Challenges Of Reaching On Time!	AARYA International Interdisciplinary Undergraduate Research Competition 2022 - 2023	Innovative Product and Service Development	Student Research Competition Committee in collaboration with Institute's Innovation Council, and IQAC	28 th February 2023 Online Zoom Portal	

					College of Home Science Nirmala Niketan, Mumbai - 20		
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d. National Level

Paper presented in Seminars, Conferences							
Sr No.	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other
Dr. Roopa Rao							
1.	Shruti Chavan and Roopa Rao	Sleep-Wake-Work: Struggle of the BPO Employee	Elysium Research Convention – Poster Presentation	Elysium “Vande Bharatam” – A tribute to India’s Culture and Diversity Research Convention – Poster Presentation	MKLM’s B. L. Amlani College of Commerce and Economics, and N. R. Nathwani College of Arts in collaboration with Unit of DLLE, University of Mumbai	12 th March 2023 At MKLM’s B. L. Amlani College of Commerce and Economics, Vile Parle (West)	---
2.	Sanobar Malandkar and Roopa Rao	Occupational Injuries Among Bartenders	National Level Poster Presentation Competition SRIJNA	SRIJNA – Nurturing Creativity and Innovation	Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani	25 th February 2023	

					Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19		
3.	Melann Pinero and Roopa Rao	Wave of Survival – Challenges faced by fishermen	National Level Poster Presentation Competition SRIJNA	SRIJNA – Nurturing Creativity and Innovation	Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19	25 th February 2023	

e. **State/University/Local Level**

Paper presented in Seminars, Conferences							
Sr No.	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other
1.	Zainab, P., and Roopa, R	Know Safety No Pain - Towards Better Occupational Health	15 th Aavishkar Inter-University Maharashtra State Research Convention Category 2: Commerce, Management & Law; Level 1: UG.	Inter-University Maharashtra State Level Research Convention	Hon'ble Governor of Maharashtra and the Chancellor of Universities, Rajya Bhavan Maharashtra Conducted by Savitribai Phule Pune University (SPPU), Pune	Savitribai Phule Pune University (SPPU), Pune 12th - 15th January 2023	
2.	Zainab, P., Melann, P., Esha, Y., Zahra R., and Roopa, R.	Sea – The Unseen Challenges of Fishermen	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Convention. Category 2: Commerce, Management & Law;	Final (Inter-zonal) Round University Level Research Convention	Department of Students' Development, University of Mumbai Conducted by Satish Pradhan Dyanasadhana College, Thane.	Dnyanasadhana, Thane Society's Satish Pradhan Dnyanasadhana College of Arts, Science and Commerce, Thane. 26 th December 2022	

			Level 1: UG.				
3.	Batul R., Iram, K., Mrudula, K., and Roopa, R.	Clean Sweep - Occupational Hazards Among Hotel Housekeepers	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Research Convention. Category 2: Commerce, Management & Law; Level 1: UG.	Final (Inter-zonal) Round University Level Research Convention	Department of Students' Development, University of Mumbai Conducted by Satish Pradhan Dyanasadhana College, Thane.	Dnyanasadhana, Thane Society's Satish Pradhan Dnyanasadhana College of Arts, Science and Commerce, Thane. 26 th December 2022	
4.	Batul R., Iram, K., Mrudula, K., and Roopa, R.	Clean Sweep - Occupational Hazards Among Hotel Housekeepers	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Research Convention. Category 2: Commerce, Management & Law; Level 1: UG.	Selection/ Zonal (Inter-collegiate: Zone 1: Mumbai – 1) Round University Level Research Convention	Department of Students' Development, University of Mumbai Conducted by College of Home Science Nirmala Niketan, Mumbai – 20	College of Home Science Nirmala Niketan, Mumbai - 2026 th December 2022 On 15 th December 2022	
5.	Zainab, P., Melann, P., Esha, Y., Zahra	Sea – The Unseen	17 th Aavishkar Inter-Collegiate/ Institute/	Selection/ Zonal (Inter-collegiate: Zone	Department of Students' Development,	College of Home Science Nirmala Niketan, Mumbai	

	R., and Roopa, R.	Challenges of Fishermen	Department Research Research Convention. Category 2: Commerce, Management & Law; Level 1: UG.	1: Mumbai – 1) Round University Level Research Convention	University of Mumbai Conducted by College of Home Science Nirmala Niketan, Mumbai – 20	- 2026 th December 2022 On 15 th December 2022	
6.	Shruti, C., Deepansha, D., Khushi, C., Falguni, P., and Roopa, R.	Its Too A.M. – Occupational Challenges of the BPO Employees	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Research Convention. Category 1: Humanities, Languages, and Fine Arts; Level 1: UG.	Selection/ Zonal (Inter-collegiate: Zone 1: Mumbai – 1) Round University Level Research Convention	Department of Students’ Development, University of Mumbai Conducted by College of Home Science Nirmala Niketan, Mumbai – 20	College of Home Science Nirmala Niketan, Mumbai – 20, 26 th December 2022 On 15 th December 2022	
7.	Sanobar, M., Amna, K., Umaima, K., Asma, A. and Roopa, R.	Toss the Pain – Occupational Injuries of Bartenders	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Research Convention.	Selection/ Zonal (Inter-collegiate: Zone 1: Mumbai – 1) Round University	Department of Students’ Development, University of Mumbai	College of Home Science Nirmala Niketan, Mumbai - 2026 th December 2022 On 15 th December 2022	

			Category 1: Humanities, Languages, and Fine Arts; Level 1: UG.	Level Research Convention	Conducted by College of Home Science Nirmala Niketan, Mumbai – 20		
8.	Iram, K., Mahenoor, K., Ritika, S., and Roopa, R.	The Food At your Doorstep – At What Cost?	17 th Aavishkar Inter-Collegiate/ Institute/ Department Research Research Convention. Category 1: Humanities, Languages, and Fine Arts; Level 1: UG.	Selection/ Zonal (Inter- collegiate: Zone 1: Mumbai – 1) Round University Level Research Convention	Department of Students’ Development, University of Mumbai Conducted by College of Home Science Nirmala Niketan, Mumbai – 20	College of Home Science Nirmala Niketan, Mumbai - 2026 th December 2022 On 15 th December 2022	



6. INVITED AS CHIEF GUEST, PANELIST, AND SPEAKER

Invited as Chief Guest, Panelist, and Speaker						
S. No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
Ms Sunita Jaiswal						
1	Cultural Committee College of Home Science Nirmala Niketan, Mumbai - 20	“Aghaaz” – Annual College Festival of the College of Home Science Nirmala Niketan, Mumbai - 20	Judge	23 rd January 2023	Miss NN and Mr NN (Talent round)	
2	Dept. of Food Nutrition and Dietetics in collaboration with California Walnuts.	Recipe competition- (National Nutrition Week)	Judge	29 th Sept 2022		California Walnuts
Dr. Roopa Rao						
1.	Ramnarain Jhunjhunwala College of Arts, Science & Commerce, Ghatkopar (West)	Board of Studies (Adhoc) meeting	BoS (Adhoc) member for B.Sc. Interior Design and Fashio Design course	Board Room, Ramnarain Jhunjhunwala College of Arts, Science & Commerce, Ghatkopar (West) on 17th April 2023	- Initiate two new undergraduate programs - Interior Design and Fashion Design - Discuss the curriculum framework for the same	

2.	Department of Community Resource Management College of Home Science Nirmala Niketan, Mumbai - 20	Poster Competition to celebrate National Tourism Day. Themes: a. Rethinking Tourism b. Rural and Community Tourism c. Sustainable Tourism	Judge	25 th January 2023	Poster Competition organised by Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai - 20 to celebrate National Tourism Day	---
3.	Cultural Committee College of Home Science Nirmala Niketan, Mumbai - 20	“Aghaaz” – Annual College Festival of the College of Home Science Nirmala Niketan, Mumbai - 20	Judge	10 th January 2023	“Paint n Pout” Competition – A creative theme based face painting competition	---
4.	Department of Students’ Development, University of Mumbai	Zone – IX: All Engineering Colleges/Institutes in all Districts affiliated/conducted by University of Mumbai: 17 th Zonal Aavishkar Research Convention 2023	Judge for C1 Category (Humanities, Fine Arts & Languages) and C2 Category (Commerce, Management & Law); Level 1 - UG	23 rd Dec 2022 From 9.00 am – 5.30 pm at Shah and Anchor Kutchhi Engineering College, Chembur, Mumbai - 88	Zone – VII, Raigad District: 17 th Zonal Aavishkar Research Convention	---

5.	Department of Students' Development, University of Mumbai	Zone – VII, Raigad District: 17 th Zonal Aavishkar Research Convention 2023	Judge for C1 Category (Humanities, Fine Arts & Languages); Level 1 - UG	22 nd Dec 2022 Online Zoom Portal	Zone – VII, Raigad District: 17 th Zonal Aavishkar Research Convention	---
6.	College of Social Work Nirmala Niketan, Mumbai - 20	“Aavishkar Research Convention 2023 – Rules and Regulations”		26 th September 2022 at 12.00 – 2.00 pm College of Social Work Nirmala Niketan, Mumbai – 20	“Aavishkar Research Convention 2023 – Rules and Regulations”	---
7.	Vivekanand Education Society's College of Architecture (VESCOA) - School of Design, Chembur, Mumbai -74	Session for students of first year Interior Design (F.Y.I.D.D.) program	Guest Speaker / Invited Expert	21 st September 2022 at 10.30 am – 12.30 pm	“Importance of Ergonomics and Anthropometry in Interior Design”	---
8.	Vivekanand Education Society's College of Architecture (VESCOA) - School of Design, Chembur, Mumbai -74	Session for students of final year Architecture (B.Arch.) program	Guest Speaker / Invited Expert	21 st September 2022 at 1.00 pm – 3.00 pm	“Importance of Ergonomics and Anthropometry in Architecture & Design”	---

9.	UGC - Human Resource Development Centre (UGC-HRDC) Sardar Patel University, Vallabh Vidyanagar, Gujarat	74 th National Level (Online) Refresher Course: Home Science from 5 th September to 18 th September 2022	Resource Person/Invited Expert	Online Refresher Course On 14 th September 2022 from 3.45 pm to 6.00 pm	Consumer of the present era: Challenges and Opportunities	UGC - Human Resource Development Centre (UGC-HRDC) Sardar Patel University, Vallabh Vidyanagar, Gujarat
10.	Department of Students' Development, University of Mumbai	Aavishkar zone 9	Judge for C1 and C2 category at 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention			
11.	Research Cell in association with IQAC, Bunts Sangha's Anna Leela College of Commerce and Economics and Shobha Jayaram	"Aavishkar Research Convention – Guidance & Motivation to students"	Invited Expert/Guest Speaker	13 th September 2022 from 10.30 – 12.30 pm at Bunts Sangha's Anna Leela College of Commerce and Economics and Shobha Jayaram Shetty College	"Aavishkar Research Convention – Guidance & Motivation to students"	

	Shetty College for BMS			for BMS, Kurla (E), Mumbai - 70		
12.	Research Committee, Modern Education Society's D. G. Ruparel College of Arts, Science and Commerce, Matunga (W), Mumbai - 16	"Research presentations" at the One-week workshop titled "R FOR RESEARCH" under "R- Quest and Star College Scheme" from 6 th – 12 th September 2022	Invited Expert/Guest Speaker	12 th September 2022 from 10.00 – 12.30 pm at D. G. Ruparel College of Arts, Science and Commerce, Matunga (W), Mumbai - 16	"Research Presentations"	
13.	Department of Students' Development, University of Mumbai	Workshop for Zone – VIII, Sindhudurg District: 17 th Inter-Collegiate/Institute/Department Avishkar Research Convention https://mu.ac.in/wp-content/uploads/2022/07/Schedule-of-Workshops-of-Avishkar.pdf	Speaker and DSD, University of Mumbai Representee	8 th August 2022 9.00 – 5.00 pm at Shikshan Prasarak Mandal's Kankavali College, Kankavali, Sindhudurg Dist, Maharashtra State	"Research Presentation Skills"	Department of Students' Development, University of Mumbai
14.	Department of Students' Development,	"Presentation Skills" at the Workshop for Zone – IV, Palghar: 17 th	Speaker and DSD, University of	30 th July 2022 9.00 – 5.00 pm at	"Research Presentation Skills"	Department of Students' Development,

	University of Mumbai	Inter-Collegiate/ Institute/ Department Avishkar Research Convention https://mu.ac.in/wp-content/uploads/2022/07/Schedule-of-Workshops-of-Avishkar.pdf	Mumbai Representee	Shikshan Prasarak Mandal's Kankavali College, Kankavali, Sindhudurg Dist, Maharashtra State		University of Mumbai
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7. EXTENSION ACTIVITIES/ Industrial Visit: Rural camps:
Karasgaon:

A rural camp was organised by department of Community Resource Management College of Home Science Nirmala Niketan at Gyan Jyoti Community College for 3 days in kharasgaon as a part of student extension education along with Dr. Roopa Rao and Ms. Saniya Pai as their faculty and guide for the rural camp. Below is the Scheduled of the Activities on 17th, 18th and 19th October 2022:

Kharasgaon community extension			
Day	Date	Time	Activity
1	17th Oct 2022	12:08 pm- 1:20pm	Ice Breaker Games: Animal Sounds and Chinese Whisper
		2:20pm -5:00pm	Professional Grooming, Sari Draping/Formals dressing and Skit on Facing Interview
2	18th Oct 2022	9:30am- 11:20 am	Digital Marketing, Promotion and Packing Session
		11:30 am - 1:20 pm	Stress Management and Yoga session
		2:20 pm- 5:00pm	Jewellery Making of POP
3	19th Oct2022	9:30am to 10:00pm	Prize Distribution
		10:00am- 11:00am	Question and Answer session and Feedback Session

On 17th October 2022 staff and students arrived at Community College by 11:00 am and at around 12:08 am the students started with their introduction, later on started with their Icebreaker session which consist of 3 games design in way to bond better with Community students. The first game we had there were animal sounds written on a piece of paper and given to the students and then the students had to make to sound of that particular animal they got and make a group of 8 which was based on the alertness of the students and also energetic and competitiveness was seen

in Community students at the end one team was announced winners and also gift was given to those students. The second game was Chinese whisper in which they had tongue twisters which were told one student's ear and that student had to pass the sentence to the other and so on, the group which had the correct sentence as told would be the winner of the game. The last game was the Drawing game in which the students had to stand in one straight line and had given papers on which they had to draw a particular thing which we had told them and pass it on to the other person standing behind him, the first group/line to remove the exact drawing would be the winners. Students were divided in 7 groups and started with the game this game was designed to show them how to work in a team basically team building activity. The icebreaker session really helped to build good bond with the students. After Lunch break they started with the first session on Communication skills and grooming which is very important the session started by asking few questions which made the session interactive. First what is Communication Skills? Followed by how do we communicate? and the different types of sources of communication. The elements which are used for a proper professional communication was explained. Also explained them why Grooming skills required in a professional life. How to dress for an interview, how to speak in an interview, what all things are needed in an interview was all portrayed in a skit form. Grooming skills for girls and for boys was separately explained. At the end of the session the girls and boys for whom the workshop was conducted also showed their own skills while grooming which made the session more wholesome.

After a long session small outing was planned at 17:00pm for students of Nirmala Niketan at beach during sunset time. They had a great time also enjoyed the photo session and returned to Community College around 19:30pm had their dinner and then enjoyed soft music, they also invited hostel girls enjoyed their folk musical and dance night and ended the day with a happy note.

On 18th October 2022, day two - first session at 9:30 am on Digital Marketing, Promotions and Packaging was conducted. It started with explaining what is marketing? How it can help in promoting and selling products in an attractive way to attract consumers this all was done with presenting a power point presentation which included pictorial descriptions and basic terms of marketing. Later, session was carried on with aesthetic packaging strategies of clothes which were exclusively handmade stoles, t-shirts and pouches also taught them importance of labelling and the way it should be done. The students elaborated on importance of fabric material information which includes dos and don'ts of fabric elements such as washing, ironing and temperature. The session was then followed by aesthetic box packaging of articles made from coconut shells and they were provided with empty white box to test their creativity skills and they were successful in showcasing them. They drew various warli arts and designs with the colour pens which were provided. They also designed labels and delivery packets through the student's guidance. The session ended beautifully with playing games to refresh their minds and thus, this session helps them to gain extraordinary knowledge about the new trends and strategies to advertise and promote their handmade product at around 11:00am.

Next session was on Stress Management which is one of the very important topics in this competitive world. They started the session by singing a very light Marathi song “He chaal turu turu” which was really nice to start with the students explained what is stress (Tanaav)?, different types of stress and how to cope with it , was explained by showing them short videos which was fascinating for all. The session was ended with Yoga session mainly comprised of meditation and pranayama to calm down the worries, thoughts, and stress. Everyone found this session to be useful for their mental health and well-being. Around 13:20pm all of them took a lunch break and then by 2:20 they started with their next session on jewellery making out of Pop. In total there were 60 students (49 girls and 11 boys) accordingly dividend them into 5 group along with three of our volunteers in each group. At the very first they individually started with how to knead a base dough (Which was taking two table spoons of lambhi powder and 1 table spoon of glue, knead it and then mix very little amount of cooking oil). All the volunteers helped the groups divided to knead the dough and taught them technique to mould it into different shapes. Also, they provided the students with fabric colours to paint different pendants and earrings out of Pop all the students did a great job. The students were so innovative they made braided chain out of yarns provided them for the pendants also they drawn different Warli designs on pendants. The session ended at 16:40pm.

On the third day i.e. on 19th October they started around 9:30am after the delicious breakfast the feedback session was started all the students were provided with the paper to write on it and also vote of thanks was given by the students of College of Home Science Nirmala Niketan to all the staff, Sister Clara also all the students were distributed with the gifts also some students were so much enthusiastic that they stood on their own to give the feedback about the sessions and how it will help them to grow in their lives. Some students also helped sisters to get acquaint with social media and how social accounts (i.e. Instagram, Facebook) can help them to grow. Over all the visit was successfully and full of memories

Bharuch

Department of Community Resource Management organized rural camp as part of Extension Activity to Vidyadeep community college Bharuch. 20 students were accompanied by two staff members Ms.Sunita Jaiswal and Ridhi Raut .This rural camp was conducted on 24th, 25th and 26th of February 2023 with the objective of giving hand on experience to the students to work in community.

Vidhyadeep Community college is an innovative educational alternative that is rooted in the community, providing holistic education and eligibility for employment. Its vision is to become dignified, self-sustained personality and also to create sustainable communities through skill based education.

Their mission is to empower tribal women particularly through to organize skill entrepreneurship workshops. Also their moto is to inculcate values and enable women to be economically independent by providing vocational and life skills.

Schedule of activities on 25th and 26th of March 2023

Bharuch community extension		
Day /date	Time	Activity
Day 1 – 25 th Feb 2023 Saturday	8.30m – 10.30 am	Ice Breaker game: Hula loop game and Puzzle game
	11.00am-1.00 pm	Workshop on Gift wrapping and envelopes making
	1.45 pm- 2.45 pm	Tote Bag making Workshop
	3.00 pm - 5.30 pm	Bangle making Workshop
Day 2 – 26 th Feb 2023 Sunday	7.30 am – 9.30 am	Self Defence workshop
	10.00 am – 11.00pm	Paper Bag making workshop
	11.00am – 1.00pm	Quilling earrings making workshop
	2.00 pm -4.30 pm	Personal grooming, Sari Draping and how to face an interview workshop
	4.30pm – 5.30 pm	Question Answer session, Feedback and Orientation to Vidyadeep college

Day 1 -25th Feb 2023-

Ice Breaker Game – 8.30 am – 10.30 am. Games rules were made in such a way that everyone participated in the game and got to know each other's personality. '**hula hoop passing**' this game was about building coordination amongst each other. There were about 100 girls, They were made to stand in circle .and then were provided with one HULAHOOB to be passed amongst themselves as the music played .As soon the music stopped the ring had to be passed over to the neighbour without touching each other. Person with HULAHOOB will leave the circle by telling name and hobby to others and passing of the ring continues.

Outcome of the game: Coordination is the function of management which ensures that different departments and groups work in synchronization. Therefore, there is unity of action among the employees, groups, and departments. It also brings harmony in carrying out the different tasks and activities to achieve the organization's objectives efficiently. There were 4 Winners who were awarded with gifts.

2nd game was 'complete the puzzle' Groups were made of 15 girls .Each group was provide with the pieces of puzzle which contain a part of a picture of a famous and empowered women personality. The groups had to arrange the pieces according to the picture and once done they had to speak about the personality. This game taught them not only about team work, but also Understanding and cooperation with each other. This also helped in building trust and excitement in creating new things. Well-known personalities selected were **Mary Kom, Savitri Bai phule Smt. Indira Gandhi , Mother Teresa , Kalpana Chawla, Saina ,Lakshmi Bai , Lata Mangeshkar** Winners were awarded and each speaker were given chocolates.

After the games everyone gathered in the room and different workshops were conducted both pre-lunch and post lunch .these workshops consisted of Gift wrapping and envelopes making, Tote bag from an old or used t-shirt workshop, bangle making from used bottles, Fancy gift wrapping. Students were accordingly divided to conduct each workshops. The subjects were also divided into smaller groups and each group were monitored by the students while making the articles. Each one came out with innovative ideas, and were very enthusiastic to learn each article. For envelop making workshop two different types of envelopes with decorations were taught Tote Bag making workshop was a creative session and everyone enjoyed the session. It was a great initiative to reduce plastic and make a creative and environmentally friendly bag. Every one enjoyed Bangle making workshop. After completing their bangles they all showed their creativity that they had done, then they were told about the important of recycling and reusing plastic bottles. Gift wrapping workshop consisted of square, rectangle and Cylindrical shapes. After that all the girls decorated their boxes with creative ideas.

Day 2 - 26th February 2023

First workshop was commenced with Self-defence at 7:30 am. The workshop started with some basic warm up, further continued by 3 basics punches, 3 basic blocks and 1 basic kick. After which some information about karate and self-defence were provided and 4 self-defence movements were demonstrated on subjects Shailee and Iram Asgar. And some students were called up to practice the movements. This workshop helped the students understand that how can one protect oneself in public and provided physical training. This workshop was then followed by Quilling Earrings workshop: Quilling of earring was something new, they found it enjoyable and made it happily. They divide paper strips for Quilling, earrings hooks, and varieties of decorative items. Each one of them were very energetic and creative. Each members of group made individual earrings and even helped each other.

Paper Bag Making was the next session. The bags were sturdy and fancy. It was very good. Everyone enjoyed the session and applauded.

Next session was on Personal grooming Sari draping and How to face an interview this workshop started at 1.45 pm .The personal grooming session was planned so the student of the vidyadeep community college can learn the importance of personal grooming, interview methods, importance of hygiene etc. She introduced about the hospitality industry to the students with the help of the power point. They were told about what the sectors in the hospitality industry are followed by short role play to showcase how to handle the interview .What are the job opportunities and what are the types of jobs they have to perform in the hospitality industry. Demonstration on basic makeup was done, they were also told about the makeup done in the hotel. Brief information was given on the personal hygiene, mental health, physical fitness etc. Students gave a very positive feedback till now they really didn't have any idea about the personal grooming in such detail. After the session they got a clear idea about the products and which types of products will be suitable for them. Over all the visit was successfully and full of memories

Industrial visit - The department of Community Resource Management organizes an Industrial visit as a part of our Value added course “Workstation Design and Applied Ergonomics”. This year Industrial visit was organised to **Jaipur** from 6th March 23 to 12th March 23.20 students came for the industrial trip accompanied by Dr Roopa Rao and Ms Sunita Jaiswal.

Following Industries were visited PODAR SHOES, KAGZI PAPER, JAIPUR RUGS, HNS COACHES, and OMEGA.

Jaipur, the pink city of Rajasthan, is known for its mind-boggling tourist places and monuments like Hawa Mahal, Choki Dhani, Johri Bazar, Kishan Bagh and many more. The students of Community Resource Department from College of Home Science, Nirmla Niketan planned a life learning trip to Jaipur which included industrial visits and exciting visits to beautiful places.

The students were told to perform an ergonomic analysis of each and every industry visited with the help of ergonomic data collection tools such as workplace environment checklist, RULA, CMDQ, 3M, 5S and others. The industries visited were Podar Shoes, Kagzi Paper, Jaipur Rugs, HNS Coaches and Omega Electronics. All the industries were lacking PPE (Personal Protective Equipment) and also the raw materials weren't properly placed in the storage rooms. The hallways had obstacles which can lead accidents.

All these places were thoroughly observed and possible recommendations were provided to improve the conditions to prevent any kinds of possible circumstances or injuries. Aspects of occupational health must be considered in order to alleviate the health risks. The industrial visits enlightened

the young minds with a lot of knowledge. The students and authorities are really grateful to the industries for allowing them to conduct a recce and gain knowledge.

Other than industrial visits, the students were really elated about the Ranthambore Jungle Safari and visiting the City Palace where the royal family actually resided. The students also visited Amer Fort and enjoyed the jolly views. The shopaholics visited the Johri Bazar and were really ecstatic by seeing the Rajasthani Mojdi's and dress materials. The students are grateful to the department for providing such an opportunity which had amazing amalgamation of learning and fun activities.

Department of Life Long Learning and Extension:

Coordinated with Department of Lifelong Learning and Extension, University of Mumbai where the department took over a project under SWS (Status of Women in Society) which takes care of women issues. The Department of Lifelong Learning and Extension [DLLE] (known earlier as Department of Adult and Continuing Education and Extension) established on October 12, in the Year 1978 and has been recognized as a statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. Constant experimentation has enabled the DLLE to fine-tune the use of Project Work as an academic tool for the evaluation of Extension Work. Students conducted survey on Women Empowerment. And also analysed the data under the project of DLLE.

42 students of the 2022-2023 batch registered for DLLE Programme. The entire project undertaken was accomplished under the guidance of two student leaders Miss Deepansha Darji and Miss Hetanshee Panchal with Teacher Coordinator Mrs Sunita Jaiswal. 39 out of 42 students successfully participated in the Annual Extension Activities for not less than 120 Hours related to women empowerment, entrepreneurial activities, rural camp to Bharuch and kharasgaon. Awareness workshops, and thus were awarded completion certificate.

UDAAN-ANNUAL EXTENSION WORK FESTIVAL: 28th January 2023

Every year the Department of Lifelong Learning and Extension organizes the Annual Extension Work Festival titled "**UDAAN – the flight of Extension**" in the months of January – February. The festival was conducted on 28th January, 2023. The objectives of the festival is to create awareness about the extension work done by the University of Mumbai through affiliated colleges in the community, about social issues through various competitions on extension work projects with the focus on College Youth and to give opportunities to the students to enhance their skills to co-relate with the new avenues in the Field of Management, Education and Entrepreneurship, in this modern technological work.

The competition categories were elocution, Powada singing, Poster making, street play presentation and creative writing.

The students of **College of Home Science, Nirmala Niketan** from department of **Community Resource Management** participated in the UDAAN fest for Street Play presentation, Powada singing and Poster Making Competition

1. **Poster Making:** Poster making competition was facilitated with 2 hours of time and two participants were allowed to participate for each poster from each college. The topic chosen was Women Empowerment. 21 colleges have participated in the poster making competition across Mumbai. Empowered women, empower women! The women of this society need to water each other in order to bloom together. It is a great asset for the country where women support each other and grow together in harmony. Price distribution programme was conducted and 2 students Ms. Shruti Chavhan and Ms Amna Khan won 3rd place among 21 colleges! It was a great experience and students were honoured that they got a chance to participate in the UDAAN festival.

2. **Street Play Competition:** The primary goal of a street play is taking a social message to a large group of people. This helps to create a sense of awareness in the society in which we live. Every street play has a specific public social theme and the actor who performed should possess the skill to exhibit and portrays the theme well. The number of participants were 15. The duration given was 5 minutes and the issue portrayed by the CRM students was Women Empowerment which included women education, women employment, women supporting for each other and women's position in every sector of society.

3. **Powada Singing Competition:** Powada, which means 'to glorify', is a traditional Marathi ballad that traces its history to more than 750 years. Powada is often glorified and celebrated deeds of popular folk figures and leaders such as Chhatrapati Shivaji and Tanaji Malusare, and were also written to raise awareness on social issues such as gender inequality and woman empowerment.

The duration given was 5 minutes and accepted number of participants were 10. The powada sung by the students was a tribute given to Lokmanya Tilak and his bravery to save Indians against the oppression and suppression by British's East India Company. He was one of the unsung heroes who contributed majorly towards India's freedom.

It was a great experience for students participating in UDAAN FEST. Each student was felicitated by participation certificates.

Each One Teach One:

This is a community skill where students took initiative to teach new learnings to one person who is not well educated with few basic study. The person choose was a female maid, aged 50+, she works as a household helper in houses. The allotted time duration for teaching per person was 10 hours. The plan could be adjusted according to the individuals liking. These 10 hours were divided into 5 days of work. Where each day 2 hours of learning was taught, once in the afternoon and once in the evening. Students cooperated with the subject and made the plans according to their likings.

DAY 1: 22nd March 2023, Thursday, 3pm, starting with Reading and speaking of Alphabets from A to M. It was difficult for the subject at first as to pronounce few alphabets correctly. She slowly got the hang of it and read each alphabet separately once she knew which letter was what sound. This took more than an hour as the subject wanted to learn it well and improve her speaking skills. It was very interactive and fun. In the evening, it was time to do the other half that is Reading and speaking from letter M to Z. Before starting ahead with this, subject requested to revise the previous one as to not forget the first part and she did very well. In this hour she got to get the hang of the pronunciation better and learned quicker than before

DAY 2: 26th March 2023, Sunday. Revision test of the 1st day was conducted, subject got few of them right and majority wrong so a thorough revision was taken keeping in mind that the subject practiced at least for a week. In the Evening, it was time to start with writing the alphabets from A to M. It was made sure to let the subject read and write the letters as to get better with the alphabets. She wrote down each letters 20 times and slowly and gradually there was improvement shown on each alphabets. An hour went by writing alphabets from A to M.

Day 3: 30th March 2023, Thursday. This day was Reading and writing letters from M to Z. This session was easier than the previous one as the subject got used to writing the letters easily on paper. An hour went by practicing the other half of the letters. During the evening, it was revision time for alphabets from A to Z in total small test and verbally spoke the letters and told her write the letters. At first she didn't get the letters quickly so she was made to revise the whole letters once more. She was told to keep practicing at home until she was comfortable writing without any help.

DAY 4: 2nd April 2023, Sunday. Reading and speaking 1 to 50 numbers in English. This was not too challenging for the subject, as speaking single words became easier and simpler. Numbers was suggested by the subject as she wanted to know the English version of them. In the evening,

Reading and speaking of rest of the numbers that is from 50 to 100. The session started with revision from 1 to 50 and as the subject got quite a few right she was made to revise it again so hence this session exceeded more than an hour. Lastly, 1 to 100 number revision was taken and she lastly got all of the numbers spoken rightly.

DAY 5: 4th April 2023, Tuesday. This day was for taking overall revision of all 4 days were revision for alphabets writing and reading, as well as reading and speaking numbers was taken. Revision took almost 1 hour 30 min to finally get an overall brush through of what all was learned. Revision of number was done in the afternoon and revision of alphabets was done in the evening.

Conclusion: Overall this program was very interesting and fun and the subject was very happy that student made her learn a new thing. The subject did speak that in today's society people think elderly people don't need any more learning but instead students changed that perspective for her which made the student and the subject very happy as a small help was a big help for her. The subject learned a lot from these 5 days and she mentioned that she will continue practicing until she gets it well versed.

Family Service Center: Colaba and Cuff parade –An awareness program to commemorate International Consumer Day -15th March

Family Service Center is a non – profit organization founded in 1955. They run family based and community oriented programs that aims to reach out to families in difficult circumstances through preventive non- institutional services. The programs are geared towards capacity building of community dwellers thereby enabling them to handle their own issues and concerns.

Every year Department collaborates with Family Service Center to conduct various awareness programs or skill development activities in their community centers. 15th March is used to raise awareness of global market inequities. It aims to increase awareness of consumer empowerment and their responsibility to fight for a more rapid transition to renewable energy. The major purpose of international consumer rights day is to protect consumers from unfair treatment or market exploitation that could compromise their rights. Customers are aware of their rights and how to exercise them in daily life. Jago grahak jago is a consumer awareness program launched by the department of consumer affairs under the ministry of consumer and public distributions by the government of India it started in 2005.

This year on 15th March 2022 to commemorate World Consumer Rights Day, Department conducted an awareness program in the community centers of Family Service Center at Colaba and Cuff parade. The sessions conducted were on Prevailing Malpractices in the market i.e. Food adulteration and Fake products.

Students had planned the workshop for an hour which consisted of role play, information on fake product, poster presentation and practical demonstration for better understating.

Posters were prepared on Consumer Rights, Fake products and Food Adulteration. For the better understanding students demonstrated simple tests to detect adulterants in food the tests conducted of simple home techniques and easily available material. Food products detected were Red chilly powder, Haldi powder, Coriander powder, Pepper corn. And Milk

The motive for conducting this activity was to spread awareness about the consumer rights, and various malpractices prevailing in the Indian market. Students also informed them about the government policy on consumer rights, and how food is essential for sustenance of life. We all eat food and gain energy for different metabolic activities. All living organisms need food for growth, work repair and maintaining life processes. Adulteration or contamination of natural food products is one of the major challenges in today's society. Despite various actions and penalties, the practice of adding adulterant is quite common in developing countries. There are various methods used for adulterating natural products.

There were total six students to conduct the activities. They were divided in 2 groups to conduct the programs in 2 different centers, Colaba and Cuff parade. It was a good experience to work in the slums of Mumbai city. The women participants were very enthusiastic and participatory.

8. PARTICIPATION, PRIZES AND AWARDS RECEIVED:

a. AWARDS/PRIZES RECEIVED BY STAFF

b. AWARDS/PRIZES RECEIVED BY STUDENTS

Dr. Roopa Rao

➤ Shruti, C., and Roopa, R. (2023). Presented a research poster titled "**Sleep-Wake-Work: Struggle of the BPO Employee.**" at the National Level Poster Presentation Elysium Research Convention (Elysium "Vande Bharatam" – A tribute to India's Culture and Diversity) organized by MKLM's B. L. Amlani College of Commerce and Economics, and N. R. Nathwani College of Arts in collaboration with Unit of

DLLE, University of Mumbai on 12th March 2023 at MKLM's B. L. Amlani College of Commerce and Economics, Vile Parle (West). Awarded SECOND (BEST PAPER) PRIZE.

➤ Melann P., and Roopa, R. (2023). Presented a research poster titled "**Wave Of Survival – Challenges Faced By Fishermen.**" at the National Level Poster Presentation Competition SRIJNA – Nurturing Creativity and Innovation organized by Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19 on 25th February 2023. Awarded SECOND (BEST PAPER) PRIZE in the Undergraduate Level Competition.

➤ Sanobar, M., and Roopa, R. (2023). Presented a research poster titled "**Occupational Injuries Among Bartenders.**" at the National Level Poster Presentation Competition SRIJNA – Nurturing Creativity and Innovation organized by Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19 on 25th February 2023. Awarded THIRD (BEST PAPER) PRIZE in the Undergraduate Level Competition..

➤ Batul R., Iram, K., Mrudula, K., and Rao, R. (2022) Presented a research proposal titled "**Clean Sweep - Occupational Hazards Among Hotel Housekeepers.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 15th December 2022.

- This poster was among the best few selected shortlisted to participate at the Final (inter-zonal) round scheduled for 26th Dec 2022.

➤ Zainab, P., Melann, P., Esha, Y., Zahra R., and Rao, R. (2022) Presented a research proposal titled "**Sea – The Unseen Challenges of Fishermen.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 15th December 2022.

- This poster was among the best few selected shortlisted to participate at the Final (inter-zonal) round scheduled for 26th Dec 2022.

c. PARTICIPATION

Dr. Roopa Rao

➤ Shruti, C., and Roopa, R. (2023). Presented a research poster titled "**Sleep-Wake-Work: Struggle of the BPO Employee.**" at the National Level Poster Presentation Competition Elysium Research Convention (Elysium "Vande Bharatam" – A tribute to India's Culture and Diversity)

organized by MKLM's B. L. Amlani College of Commerce and Economics, and N. R. Nathwani College of Arts in collaboration with Unit of DLLE, University of Mumbai on 12th March 2023 at MKLM's B. L. Amlani College of Commerce and Economics, Vile Parle (West).

- Melann P., and Roopa, R. (2023). Presented a research poster titled "**Wave Of Survival – Challenges Faced By Fishermen.**" at the National Level Poster Presentation Competition SRIJNA – Nurturing Creativity and Innovation organized by Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19 on 25th February 2023.
- Sanobar, M., and Roopa, R. (2023). Presented a research poster titled "**Occupational Injuries Among Bartenders.**" at the National Level Poster Presentation Competition SRIJNA – Nurturing Creativity and Innovation organized by Guru Nanak Institute of Research & Development (GNIRD) and Research Committee of Shiromani Gurudwara Parbandhak Committee's Guru Nanak Khalsa College of Arts, Science and Commerce (Autonomous), Mumbai -19 on 25th February 2023.
- Zainab, P., Roopa, R. (2023). Presented a research poster titled "**Know Safety No Pain - Towards Better Occupational Health.**" at the 15th Aavishkar Inter-University Maharashtra State Research Convention organized by Rajya Bhavan at Savitribai Phule Pune University (SPPU), Pune from 12th - 15th Jan 2023. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG.
- Zainab, P., Melann, P., Esha, Y., Zahra R., and Rao, R. (2022) Presented a research poster titled "**Sea – The Unseen Challenges of Fishermen.**" in the Final (Inter-zonal) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at Satish Pradhan Dyanasadhana College, Thane. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 26th December 2022.
- Batul R., Iram, K., Mrudula, K., and Rao, R. (2022) Presented a research proposal titled "**Clean Sweep - Occupational Hazards Among Hotel Housekeepers.**" in the Final (Inter-zonal) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at Satish Pradhan Dyanasadhana College, Thane. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 26th December 2022.
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Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 15th December 2022.

- This proposal was among the best few selected shortlisted to participate at the Final (inter-zonal) round scheduled for 26th Dec 2022.

➤ Zainab, P., Melann, P., Esha, Y., Zahra R., and Rao, R. (2022) Presented a research proposal titled "**Sea – The Unseen Challenges of Fishermen.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 2: Commerce, Management & Law; Level 1: UG. On 15th December 2022.

- This proposal was among the best few selected shortlisted to participate at the Final (inter-zonal) round scheduled for 26th Dec 2022.

➤ Shruti, C., Deepansha, D., Khushi, C., Falguni, P., and Rao, R. (2022) Presented a research proposal titled "**Its Too A.M. – Occupational Challenges of the BPO Employees.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 1: Humanities, Languages, and Fine Arts; Level 1: UG. On 15th December 2022.

➤ Sanobar, M., Amna, K., Umaima, K., Asma, A. and Rao, R. (2022) Presented a research proposal titled "**Toss the Pain. – Occupational Injuries of Bartenders.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 1: Humanities, Languages, and Fine Arts; Level 1: UG. On 15th December 2022.

➤ Iram, K., Mahenoor, K., Ritika, S., and Rao, R. (2022) Presented a research proposal titled "**The Food At your Doorstep – At What Cost?.**" in the Zonal (Zone1: Mumbai 1) Round at the 17th Aavishkar Inter-Collegiate/Institute/Department Research Research Convention organized Department of Students' Development, University of Mumbai at College of Home Science Nirmala Niketan, Mumbai. This paper was presented under Category 1: Humanities, Languages, and Fine Arts; Level 1: UG. On 15th December 2022.

9. RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

S. No.	Details of the recognition
Mrs. Sunita Jaiswal	
1.	Board of Studies - Appointed on the Board of Studies Dr BMN College of Home Science (Resource Management)
Dr. Roopa Rao	
1.	Member, Board of Studies ● Appointed on the Board of Studies (Adhoc) member by Ramnarain Jhunjhunwala College of Arts, Science and Commerce (Autonomous) for undergraduate courses in Interior Design and Fashion Design for the academic year 2022 – 2023. The BoS meeting was held on 17 th April 2023 from 2.30 – 6.00 pm.
2.	Joint Secretary, IBERD (International Board of Education, Research and Development) (<u>Home International Board for Educational, Research and Development (iberd.org)</u>)
3.	Felicited by Dr. Digambar Tukaram Shirke, Vice-Chancellor (In-charge) and other university dignitaries at Management Council Room, Fort Campus on 21 st March 2023 for successfully leading (as a Team Manager) and mentoring the University team of participants at the Anveshan National Level Students’ Research Convention 2022 – 2023 organised by All India Universities (AIU), New Delhi at Ganpat University (GUNI), Mehasana, Gujarat State from 15 th – 16 th March 2023.
4.	Team Manager - University of Mumbai at Anveshan National Students’ Research Convention 2022 - 2023

	<ul style="list-style-type: none"> Appointed as the Team Manager to lead the prestigious University of Mumbai team at Anveshan National Students' Research Convention 2022 – 2023 organised by All India Universities (AIU), New Delhi at Ganpat University (GUNI), Mehasana, Gujarat State from 15th – 16th March 2023.
5.	<p>Felicitated by Dr. Digambar Tukaram Shirke, Vice-Chancellor (In-charge) and other university dignitaries at Ambedkar Bhavan, Kalina Campus on 17th January 2023 for successfully leading (as a Team Manager) and mentoring the University team of participants at the 15th Aavishkar Maharashtra State Inter-University Research Convention 2022 – 2023 organised by the Governor and Chancellor of all Maharashtra Universities, conducted by Savitribai Phule Pune University, Pune from 12th – 15th Jan 2023.</p>
6.	<p>Team Manager - University of Mumbai at the 15th Aavishkar Maharashtra State Inter-University Research Convention 2022 - 2023</p> <ul style="list-style-type: none"> Appointed as the Team Manager to lead the prestigious University of Mumbai team at the 15th Inter-University Aavishkar Maharashtra State Research Convention 2022 – 2023 organised by Rajya Bhavan, Maharashtra at Savitribai Phule Pune University (SPPU), Pune from 12th - 15th Jan 2023
7.	<p>Felicitated by Dr. Digambar Tukaram Shirke, Vice-Chancellor (In-charge) on 26th December 2022 for contribution to successful conduction of 17th Inter-Collegiate/Institute/Department Aavishkar Research Convention 2022 – 2023 as a Zonal Co-coordinator.</p>
8.	<p>District Co-coordinator, Avishkar – University of Mumbai</p> <ul style="list-style-type: none"> Appointed as a District co-coordinator for 17th Inter-Collegiate Avishkar Research Convention 2022 – 2023 for Zone – I (Mumbai – I) (Colaba to Mahim, CSMT to Matunga and CSMT to Wadala).
9.	<p>Member, Organizing Committee constituted for One Day State Level Conference on 'Accreditation: The Way Ahead'</p>

	<ul style="list-style-type: none">● Appointed as the 'Member of the Organising Committee' formed by the Hon'ble Vice-Chancellor, University of Mumbai for smooth conduct of the One Day State Level Conference on Accreditation: The Way Ahead' on Friday, November 11, 2022 for the Principals and Management Representatives of non-accredited colleges in the state of Maharashtra at Green Technology Auditorium, University of Mumbai, Vidyanagari, Kalina, Santacruz (E), Mumbai.● This conference was organised by University of Mumbai in association with RUSA, Maharashtra under UGC-HRDC, University of Mumbai
10.	<p>Member, Committee for Revision of Rules and Regulations for the Conduct of Aavishkar Inter-Collegiate / Institute / Department Research Convention, University of Mumbai</p> <ul style="list-style-type: none">● Appointed as the "Member, Committee for Revision of Rules and Regulations for the Conduct of Aavishkar Inter-Collegiate / Institute / Department Research Convention, University of Mumbai." https://unimumbaidsd.com/docs/Circular-AVS-22-23-Revised-Rules.pdf
11.	<p>Research Guide for M.Sc.-2 Students</p> <ul style="list-style-type: none">● Appointed as a Guide for MSc in Sports Nutrition Course by Department of Foods, Nutrition and Dietetics, College of Home Science – Nirmala Niketan, Mumbai, for the Self-Financing Master's program, affiliated to University of Mumbai; as per letter Ref. No. NN/CHSC/22 - 23/GO/4829 dated 18th October 2022.- 2 students allotted – Ms. Nupur Sharma, and Ms. Fatema Gandhi.

10. CONTRIBUTION TO ACADEMIC AND ADMINISTRATIVE ACTIVITIES WITHIN COLLEGE
a. MEMBERS OF COLLEGE ADMINISTRATIVE COMMITTEES

S. No.	Name of the committee	Designation
Mrs. Sunita Jaiswal		
1.	NAAC-Criterion VII Best Practices	Convener
2.	Department of Community Resource Management	HOD
3.	T.Y.B.Sc CRM Community Services (Extension Activities)	Coordinator
4.	Department of Life Long Learning and Extension. University of Mumbai	Extension Coordinator
5.	College Management Committee (CMC)	Head of the Department
6.	Internal Quality Assurance Cell (IQAC)	Member
7.	College Grievance Redressal Committee	Chairperson
8.	Cell for Prevention of caste-Based Discrimination and committee for SC/ST, Minority Cell, OBC Cell	Member
9.	Right To Information (RTI) Cell	Public Information Officer
10.	National Innovation & Start-Up Policy – Ministry of Education (NISP)	Member

11.	Purchase Committee	Member
12.	Unfair Means Inquiry committee (UMIC)	Member
13.	Examination committee	Member
14.	Feedback Committee	Member
15.	Admission committee	Member
16.	Attendance committee	Member
Dr. Roopa Rao		
1.	Employment Placement Cell	Convenor
2.	S.Y.B.Sc.	Coordinator
3.	Value-Added Course "Workstation Design and Applied Ergonomics"	Coordinator
4.	College Development Committee	Elected Member
5.	College Management Committee	Senior Teacher of the Department
6.	F. Y. B.Sc. Practical (Aesthetics in Design)	Practical Coordinator

7.	F. Y. B.Sc. Practical (Skills for the Hospitality Industry)	Practical Coordinator
8.	NAAC Criterion – III	Member
9.	Internal Complaints Cell (ICC): Anti-Ragging Cell	Member
10.	Grants Committee (MRP, Other grants, RUSA)	Member
11.	Student Research Competition Committee	Member
12.	Admission Committee	Member
13.	Attendance Committee	Member

b. ACADEMIC CONTRIBUTION

S. No.	Title of the activity	Details	Date
Mrs. Sunita Jaiswal			
1.	Subject Orientation for 12 th students.	Conducted an online session to introduce CRM subjects and its future scope. For the 12th std students	8 th June 2022 online 5 pm -6.45 pm
2.	Session for SYBSC orientation programme	Organized a consumer Awareness session in collaboration with Consumer Guidance Society of India	17 th June 2022, 9.30am -11.30 am
3.	Admission to T.Y.B.Sc. (2022 – 2023)	Helped students (both current as well as drop students who wish to take admission to TY 2022 - 2023) throughout the day	14 th June -17 th June 2022
4.	Orientation to T.Y. B. Sc. CRM (Semester VI)	Planned, coordinated and conducted Orientation to T. Y. B. Sc. CRM Semester-VI (2022 – 2023 batch) students. - 43 participants - Orientation to the subjects offered, About field work, DLLE , and all the department activities to be conduct in the year	20 th June 2022 ,10 am -1.00 pm
5.	Workshops for Student Development	FYBSc- Pedilite workshops for 8 groups of students in their respective practical groups. Mixed media decoupage on bottle SYBSc students - consumer Awareness session in collaboration with Consumer Guidance Society of India TYCRM- workshops on Street Play, and Techniques to detect adulterants in food	Spread-out during academic year 2022-23

6.	Extension Activities	Coordinating with different Government and Non-Government Organisations to organize various community extension activities	Community Activities spread-out during academic year 2022-23
7.	TYCRM Parents Orientation	Coordinated and Organised Parents Orientation Programme on 6 th floor class room. 23 student's parents attended the meeting.	16 th July 2022, 1.00pm.onwards
Dr. Roopa Rao			
1.	“Careers in Home Science” for the 12th Std students	Conducted a session on Opportunities in CRM Fields at “Careers in Home Science” for the 12 th std students	28th April 2023 Online 2.45 - 5.00 pm
2.	Orientation to S.Y.B.Sc. (Semester – IV)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. Semester-IV (2022 – 2023 batch) students. - 140 participants (which included 132 S.Y.B.Sc. students) - VAC and Add-on courses were introduced to the students by the convenors of the courses.	28 th Oct 2022
3.	Admission to T.Y.B.Sc. (2022 – 2023)	Helped students (both current as well as drop students who wish to take admission to TY 2021 - 2022) throughout the day.... - ATKT marks - Helped FY students (drop a sem or year) who wished to take admission to S. Y. B. Sc. (2020-21). - Helped FY students (drop a sem or year) who wished to take admission to S. Y. B. Sc. (2020-21).	10 th July – 2 nd Aug 2022

4.	Orientation to S.Y.B.Sc. (Semester – III)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. (2022 – 2023 batch) students. - Invited the scholarship and the Examination Committee convenors to address the students after the Manager and Principal’s address.	June 2022
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11. GUIDANCE RENDERED TO RESEARCH SCHOLAR

S. No.	Name of the student	Title of the research project	Level	University
Dr. Roopa Rao				
1.	Sharma Nupur	Awareness, Use, And Effectiveness Of Protective Equipment And Clothing Among Elite Basketball Players (20-30 Years).	M. Sc. (Sports Nutrition)	University of Mumbai
2.	Gandhi Fatema	Injuries Among Basketball Players (20-30 Years).	M. Sc. (Sports Nutrition)	University of Mumbai
3.	Chavan Shruti Parmar Falguni Chheda Khushi Darji Deepansha	Assessment Of Occupational Health (Ergonomic, Physical, Shift Work And Circadian Rhythm) Among Employees in BPO Sector.	T. Y. CRM	University of Mumbai
4.	Khan Amna Khan Umaima Malandkar Sanobar Asma Ansari	Risk Factors To Work-Related Musculoskeletal Disorders Among Bartenders (Aged 25 – 45 Years) In Mumbai City and its Suburbs	T. Y. CRM	University of Mumbai
5.	Khan Iram Asgar Khan Maahenoor Srivastava Ritika	Psychosocial And Musculoskeletal Risks Faced By Food Delivery Boys In Mumbai City and its Suburbs	T. Y. CRM	University of Mumbai
6.	Rangwala Batul Khan Iram Khanam Kadam Mrudula	Occupational Hazards Of Hotel Housekeeping Department in Mumbai and its Suburbs	T. Y. CRM	University of Mumbai
7.	Pinero Melann	Work Related Challenges Among Fishermen	T. Y. CRM	University of Mumbai

	Patanwala Zainab Yelve Esha Rampurawala Zahra			
8.	Khan Aqsa Khan Ayesha Humera Jasnak JavadekarAmethi	Better Late Than Never: Challenges of Reaching on Time!	S. Y. B. Sc.	University of Mumbai

12. A. STAFF DEVELOPMENT ACTIVITIES ATTENDED:

S. No.	Title of the activity	Details	Date
Ms Sunita Jaiswal			
1	1 st term DLLE Training program	Organised orientation and training programme by University of Mumbai DLLE Unit at Navneet Day and Night School, Mumbai Central	23 rd September 2022
2	“Agnirakshak – Making Mumbai Fire Safe” One-day Fire Safety Citizen Champion Certificate Program”	Organised by The Mumbai Fire Brigade in partnership with “Project Mumbai”	27 th August 2022 at Byculla – Mumbai Fire Brigade Headquarters
3	3 Days FDP- On	Strategic Planning Resource Person- Dr John Peter Anthony from Loyola College ,Chennai	28 th ,29 th ,30 th June 2022 organised by College of Home Science Nirmala Niketan, Mumbai – 20
Dr. Roopa Rao			
1.	“Role of Faculty in the Implementation of NEP 2020”	Organised by the FDP Committee, Tilak Education Society's S. K. College of Science and Commerce & SIES(Nerul) College of Arts, Science and Commerce.	Online (MS Teams) 3 rd April 2023 from 3.00 – 6.00 pm
2.	“Procuring Research Grants and Related Schemes of the Rajiv Gandhi Science and Technology Commission	Invited Speakers - Dr. Narendra Shah, DR. Sapna and Dr. Vrushaali Kulkarni Rajiv Gandhi Science and Technology Commission (RGSTC), Government of Maharashtra	22 nd September 2022 from 2.30 – 3.30 pm organised by College of Home Science Nirmala Niketan, Mumbai – 20

	(RGSTC), Government of Maharashtra”		
3.	“Agnirakshak – Making Mumbai Fire Safe” One-day Fire Safety Citizen Champion Certificate Program”	Organised by The Mumbai Fire Brigade in partnership with “Project Mumbai”	27 th August 2022 at Byculla – Mumbai Fire Brigade Headquarters

B. STUDENT DEVELOPMENT ACTIVITIES

FYBSC EVENT: Date: 27th March - 1st April

Venue: Ground floor common room, College of Home Science Nirmala Niketan

Timings: 11:00 am – 02:30 pm

This event was planned, organised and executed by the FYBSc students as part of their practical Skills in Hospitality Industry. Continuous brain storming discussions led them to plan this successful event .The event aimed to promote entrepreneurship, inspire innovation, and create networking among students for their future endeavours. The report summarizes the key highlights, themes, and outcomes of the event.

As a part of the skills in hospitality industry practical for First years (Subject: Introduction to Tourism and hospitality industry), Department of Community Resource Management, College of Home Science Nirmala Niketan under the guidance of HOD. Mrs Sunita Jaiswal and Subject Coordinator Dr Roopa Rao practical staff Ms. Saniya Pai and Ms Riddhi Raut conducted the Event for 8 groups of FY. BSc students.

The themes of the event emphasized the importance of innovation and were finalized by the students which gave them an opportunity to explore their ideas and thoughts. The themes selected were as follows:

- Sholey (Gabbar and his army)
- Welcoming April’s phool
- World 360°
- Summer Bash
- Wednesday on Friday
- Dear Diary

- Meme Party

- Bollywood

The event was well executed keeping in mind the pre and post event activities which included marketing, finance, advertisements. As this event was organized with an aim to provide students with experience in planning, organizing budgeting along with costing (with minimum budget i.e. contribution of Rs.50 from each student) and earning a profit. The event had a start-up showcase, which created opportunities for students to showcase their products and services to potential customers. Several groups reported positive outcomes, such as gaining new customers, and receiving valuable feedback. Not only had the event focused on entrepreneurship but, it also focused on how hospitable the groups were during the course of the event. The practical groups were later marked on the creativity they used for their successful theme, along with the profit they earned. The entire event was judged and best three were awarded the cash prize that was earned by the profit of the event.

Mini Market

15th September 2022 students of the Department of Community Resource Management as part of their curriculum Marketing and Entrepreneurship Management organized a Mini market to get a hands on experience to how manage market strategies, finance and thus organize market. Market was set up in Nirmala Niketan college Hall- Mari Ade Leide Hall. There were 7 Stalls in total. Market was open to all the sections of the college students and faculty. Parents and friends were also invited. Our target audience started coming by 12pm itself.

Key purpose to organize mini market was to get people interested in the products. To understand market strategies. Also to get a fair idea about how to manage customers how to promote products. How to sell the product. Different stalls put up by the students were of Mehndi, Cake popsicles, Chinese bhel, Dahi puri and Pani Puri stall, Dream catcher keychain and earrings, Bookmarks and quilled earrings and envelopes.

Through this event students learnt a lot, there were many flaws. Students realized that they needed to promote this event more to get more audience, many students were not aware about the event. Overall it was a good experience. Got to learn about market strategies.

TYCRM market 'euphoria'

TYCRM market constantly held through the years was presented in a new age and fashion by the TYCRM batch of 2022-23. A market where students collectively set up stalls, decorate the area according to a theme and bring in new small businesses by giving them a chance to showcase their work. With the experience of Mini Market students organised this event more confidently.

The theme of this year's market was '**Euphoria**'. All the students worked hard towards the decoration and coordination to set up various stalls so that a large range of foods and other services would be available for students and guests. This was a way to present the knowledge they had learned through their previous mini-market and also not limit the subjects related only to theory-based.

Several stalls were present on the day of the market, each with unique food and business products to sell. There was a wide variety one could choose from not only that but also the prices were quite reasonable and adjusted according to the location they were selling making it suitable for them to have more buyers. Hustle and bustle as all were prepping for the event which was inaugurated by our Ic Principal Dr Anuradha Bakshi. After which with a loud cheer market was open for all. Soon crowd started gathering across the various stalls, and the whole vibe of the place was quite vibrant and cheerful.

Stall no-1- Food Stall-Mini chicken burger. Trading items- highlighters, diaries, pouches and stoles, potli purses.

Stall no -2- Food- Stuffed Kulcha, Trading items- Korean Accessories

Stall no- 3 Food- ice-cream Trading items- Stationery

Stall no-4 -Food- a. Nacho chips with cheese and salsa dip, Cupcakes Trading item-Oversized t-shirts and Crop tops

Stall no- 5- Food-Khasta Kachori and Dhoklas DAY 2: Khasta Kachori and Dahi Bhalla Trading items- Oxidized Jewellery Kurtis and Palazzo Pants

Stall no- 6- Food-Tea and Coffee, Trading items- night suits

Stall no- 7 - Food- creamy pasta, Trading items- stationery

Stall no- 8- Food- Chinese bhel, Trading items- Tupperware

Stall no-9 - Food- hot chocolate, trading items- pop photo cards, accessories

Stall no- 10 - Food- pani puri and dahi puri Trading items-chocolates and accessories

Stall no- 11- Food- biryani, Trading-House Accessories

Stall no- 12 - Food- masala pav, trading items- accessories

The theme of the market was a mix of valentine's and euphoria, the addition of valentine's day as our market was held around that time looked very suitable to the theme, and the decoration was done in a similar manner with hearts dropping from the ceiling making the vibe of the whole place full of love and friendship.

The market really showed the importance of time management, important business skills, and co-managing. It was long days of preparation and perseverance to get the vision to life but in the end, it all felt worth it.

All in all, it was a great event that tested the student's coordination, and business skills such as studying the market and sorting out the best products to keep for their stall to have maximum profits. The 2 days of the market demonstrated all the information that the students had learned through their theory classes and put their best foot forward for this market. The market turned out to be a great success with good profits

Various stalls were the highlight of the market with having hot and smacking chicken burgers that were solidly sold out on both days of the market, Chicken Biryani, Cheesy Nachos made people come back for it more than once.

The highlight of the Market was that few of CRM Alumni enthusiastically participated and put up stalls thus show casing their talent.

13. E. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:

----- NIL -----

14. VALUE ADDED COURSES OF THE DEPARTMENT:

Name of the course	Coordinator of the course	Number of students	Duration		Funds generated
			Commenced	Accomplished	
Workstation Design and Applied Ergonomics	Dr. Roopa Rao	19	August 2022	Yes	66,500/-
CADD					

15. ANY OTHER INFORMATION IN BRIEF:

☞ **Equipment's purchased for the department:**

Dr. Roopa Rao

➤ **Member – Committee for Revision of Rules and Regulations for the Conduct of Aavishkar Inter-Collegiate / Institute / Department Research Convention w.e.f. A. Y. 2022 – 2023.** (<https://unimumbaidsd.com/docs/Circular-AVS-22-23-Revised-Rules.pdf>)

➤ **OCLD/OCER:**

Dr. Roopa Rao motivated, guided 19 students from Hotel Front Office & Housekeeping elective (T. Y. B.Sc. CRM) to apply for OCLD/OCER on 6th October 2022.

Obero Central Employment Register (OCER) for a career as OPERATIONS ASSISTANT is a database of all candidates who are offered a job as an Operations Assistant in The Oberoi Group. OCER recruitment is done on an annual basis Open access days at the Oberoi, Mumbai. On

being selected through the OCER recruitment process, students are offered a position as an operations assistant in one of the four operational departments:

- Food and beverage (F&B) service operations
- Front office operations
- Housekeeping operations
- Kitchen operations
- Sales

Obero Centre of Learning and Development (OCLD) was established in 1966. Today, management training programmes at OCLD are considered among the best in Asia and a benchmark for international excellence within the hotel industry. OCLD programmes commence in July each year with the selection process beginning in September of the previous year. OCLD is based in Maidens Hotel, Delhi. OCLD offers a two year post graduate management programme in Guest Service Management, Housekeeping Management and Kitchen Management, and Sales.

19 students applied for OCLD/OCER this year. Candidates who applied for program were: Ms. Sanobar Malandkar, Ms. Bhavika Bajaj, Ms. Khan Iram Khanam, Ms. Riddhi Chheda, Ms. Falguni Parmar, Ms. Malim Iqra, Ms. Deepansha Darji, Ms. Esha Yelve, Ms. Khan Iram Asgar, Ms. Patanwala Zainab Zoher, Ms. Ragini Yadav, Ms. Samiksha Mane, Ms. Mrudula Kadam, Ms. Annivea Dsilva, Ms. Isha Malde, Ms. Dipti Kahar, Ms. Hetanshee Panchal, Ms. Ritika Srivastava, and Ms. Isha Patel

The process for selection was 5 phased:

Stage 1: Recruitment Presentation and Question Answer Session

Stage 2: Self-Introduction and Extempore Round

Stage 3: a) Personal Interview by HR and Operations Executive

b) Online Aptitude Test

Stage 4: a) Trade Test (for kitchen candidates)

b) Psychometric test

Stage 5: Quarter Final Interviews

8 students (Ms. Isha Malde, Ms. Samiksha Mane, Ms. Iram Khan Khanam, Ms. Riddhi Chheda, Ms. Iram Khan Asgar, Ms. Esha Yelve, and Ms. Sanobar Malandkar) were selected for the next round - Online Psychometric test, a Computer Based Online Selection Test (AMCAT) provided by SHL. It tested the candidate's logical ability. The next round was a virtual panel online via MS Teams.

The selected students also had the in-person interview with the hotel's General Manager at The Trident Hotel, Nariman Point on 13th and 14th October, 2022.

Candidates selected for OCER:

- i. Ms. Isha Malde – Front Office Associate
- ii. Ms. Samiksha Mane – Housekeeping Associate
- iii. Ms. Esha Yelve – Housekeeping Associate
- iv. Ms. Iram Khan Khanam – Housekeeping Associate
- v. Ms. Shailee Gandhi – Housekeeping Associate
- vi. Ms. Sanobar Malandkar - Sales Associate

➤ **One-day Internships**

The TY CRM students had the opportunity to gain hands-on work experience in handling various events. The details are as follows:

1. **Xperia Sports Day on 01.02.2023:** A Day of Fitness and Fun was organised at Lodha Xperia Mall by Solitaire Media Entertainment for the energetic employees of different stores on 1st February 2023. It was conducted on the Ground Floor of the Mall. Five students of TYCRM (Iram Asgar, Zainab Patanwala, Riddhi Chheda, Iram Khanam, and Iqra Malim) got a one-day internship/training opportunity to help in organising this event. 120+ employees from different brand stores participated in this event. The various sports activities and competitions were judged by the main representatives of the mall. The event was declared closed after a formal prize distribution ceremony and a zumba session. The student volunteers thanked Ms. Reema, CEO of Solitaire Media Entertainment Pvt Ltd. for the learning opportunity given to them.

2. **Christmas Cookies Decoration on 22nd December 2022:** Ms. Sanam Khan, Founder, and Head Chef – of Cakes and Crumbs organized a hands-on one-day workshop "Christmas Cookies Decoration" at Shoppers Stop, Malad on 22nd December 2022 and requested volunteers to help her conduct the 100+ participant workshop. Five students from TY CRM Ms. Falguni Parmar, Ms. Samiksha Mane, Ms. Ritika Srivastava, Ms. Sanobar Malandkar, and Ms. Deepansha Darji were chosen to be a part of the team organizing the hands-on workshop. The team reached the venue in advance and started arranging the tables, segregating the cookies, melting the chocolate, and piping the chocolate for the workshop. This task required plenty of cooperation, coordination, and collaboration between team members. The do's and don'ts were instructed by Ms. Sanam Khan. She delegated specific responsibilities to each volunteer, ensuring zero duplication of tasks during the workshop. Ms. Sanam Khan and the HR of Shopper's Stop managed to get the participants settled to commence the workshop. All participants were so excited to decorate their cookies. They were divided into groups and each member was given 3 cookies to decorate. A small competition of best-decorated cookies was judged by Ms.

Sanam Khan. After the workshop, winners were announced and appreciated. Students reported that the experience taught them not only the nitty-gritty of arranging hands-on workshops but also team dynamics.

3. **Halloween Meet-up on 30.10.2022:** Ms. Reema Kelekar, owner of Solitaire Media Entertainment Pvt. Ltd. planned a Halloween event on 30th October 2022 (Sunday) at Palava Phase - 2 Lodha Trinity Tower, Mumbai. Four students Ms. Patanwala Zainab, Ms. Sanobar Malandkar, Ms. Isha Malde, Ms. Iram Khan, and Ms. Bhavika Bajaj were selected as volunteers to help organize this event. The students reported that they had a great learning experiencing where they gained knowledge about event management, setup, theme planning, décor, and many more. The event started at 2.30 pm with pre-arrangements such as décor and setup work started which was completed at around 5:30 pm. The children (guests) accompanied by their parents started coming in by 6 pm. The attractive stalls and workshops organized for the participants enthralled them – activities/workshops such as Halloween face painting, witch craft, Spider Hand Puppet, and Mummy Jar Lanterns were some of the tactful games conducted for children. A mix-up Halloween Treasure Hunt in which hints were given using Halloween words, and Chinese whisper which usually is played verbally but here the twist was doing creepy action, Talent Round such as horror voice singing, creepy dancing, different creatures' voice, and action mimicry were the highlights of the entertainment. The creepy Halloween desserts such as Ghost bananas, Witch fingers, blood fountain, vampire eyes and a lot more added to the fun the successful event ended at 8:00 pm.

Student's achievements

Students achievements has always been a proud moment for the students who put their every ounce of sweat to reach their goal , the teachers who work day and night scratching their brains to polish the work in every way they can and the most proudest moment for the department and college to keeping the legacy of achievements continued.

- “AAVISHKAR”; Intercollegiate level was won by the students Patanwala Zainab Zoher, Rampurawala Zahra, Pinero Melann, Yelve Esha for the topic “Sea; The Unseen Challenges of Fishermen” and Rangwala Batul , Khan Iram Khanam, Kadam Mrudala for the topic “Clean Sweep; Occupational Hazards faced by Hotel Housekeeper”. Putting up more efforts and ounces of hard work and collaboration of three projects reached states level presenting the topic “Know Safety; No pain towards better occupational health” which was presented by Ms Patanwala Zainab Zoher.

- Overall championship in **sports** was won by Ms Anushka Rewale, Gold Medal in Tug of War and Gold medal in Throw ball match

- “SRIJNA” NATIONAL LEVEL RESEARCH POSTER COMPETITION held by Khalsa College of Research and Development where 2nd Prize Trophy was won again by The Fishermen Project group; presenting the topic “Wave of Survival; Work related challenges among Fishermen” presented by Ms Patanwala Zainab Zoher and Ms Pinero Melann the fellow group members are Ms Rampurawala Zahra and Ms Yelve Esha and 3rd Prize Trophy was won by the Bartenders group; presenting the topic “Toss the pain; occupational health of Bartenders” presented by Ms Malandkar Sanobar the fellow group members are Ms Amna Khan , Ms Umaima Khan and Ms Asma Ansari.
- Elysium Poster Competition 2nd prize was won by BPO group presented by Ms Shruti Chawan the fellow group members are Ms Falguni Parmar, Ms Deepansha Darji and Ms Khushi Chheda.
- Ms NN Award- Ms Shruti Chawan won the second runners award in college cultural fest

Challenges faced: There are several challenges that the department faces as we don't have a laboratory or designated classrooms or staffroom for our staff. The department is also unable to offer masters and PhD programs, unlike other departments in the college. These challenges are mainly due to:

1. **Lack of infrastructure:** Without laboratories or designated classrooms, the department may face limitations in delivering practical or hands-on learning experiences to students. This can impact the quality of education and the ability to provide adequate training in the subject matter.
2. **Limited resources:** Without dedicated facilities, the department may face challenges in accessing resources such as equipment, materials, and technology needed for teaching and research. This can hinder the department's ability to conduct experiments, demonstrations, or research activities, and can limit the scope of academic projects and assignments for students.
3. **Reduced research opportunities:** The absence of a masters or PhD program can limit the opportunities for faculty and students to engage in research activities. This can impact the department's ability to attract and retain faculty with research interests, and may also result in reduced funding opportunities for research projects.
4. **Difficulty in attracting talent:** The absence of designated staffrooms or other facilities for faculty can make it challenging to attract and retain qualified faculty members. Lack of proper amenities for faculty can negatively impact morale and job satisfaction, which may affect overall departmental performance.
5. **Limited academic offerings:** Inability to offer masters and PhD programs may limit the department's ability to attract students who are interested in pursuing advanced degrees in the field. This can result in reduced enrolment and limited opportunities for students to pursue higher education and specialization.

6. **Reduced competitiveness:** Compared to other departments in the college that have better infrastructure and academic offerings, the department may face challenges in maintaining competitiveness and attracting students. This can impact the department's overall reputation and standing within the college and the academic community.

7. **Operational inefficiencies:** Without designated facilities, the department may face challenges in managing administrative and operational tasks, such as scheduling classes, managing resources, and providing adequate support to faculty and students. This can result in additional workload and may impact the overall efficiency of departmental operations.

8. **Difficulty in meeting accreditation requirements:** Depending on the field of study, certain accreditation requirements may mandate the availability of specific facilities or programs. The absence of laboratories, classrooms, or advanced academic offerings may make it challenging for the department to meet such requirements, which can impact the department's accreditation status.

In conclusion, the challenges faced by the department can impact the quality of education, research opportunities, faculty retention, student enrolment, operational efficiencies, and accreditation status of the department. Addressing these challenges may require strategic planning, resource allocation, and collaboration with other departments or institutions to ensure adequate facilities, resources, and academic offerings for the department and its students.

ii. **Future plans for 2023 - 2024:** Some of these plans could include:

1. **Infrastructure development:** The department may explore options to secure funding or resources to develop dedicated laboratories, classrooms, or staffrooms. This could involve seeking grants, donations, or partnerships with external organizations to build or renovate facilities that are specifically tailored to the needs of the department.
2. **Collaborations with other departments or institutions:** The department may collaborate with other departments or institutions within or outside the college to access shared facilities or resources. This could involve leveraging partnerships or interdisciplinary collaborations to access laboratories, classrooms, or staffrooms that are available in other departments or institutions.
3. **Resource allocation and optimization:** The department may work on optimizing the utilization of existing resources, such as classrooms or common spaces, to create makeshift laboratories or designated areas for faculty and staff. This may require strategic planning and coordination to make the most efficient use of available resources.

4. **Innovative teaching methodologies:** In the absence of dedicated laboratories or classrooms, the department may explore innovative teaching methodologies that do not rely heavily on physical facilities. This could include leveraging technology, simulations, virtual labs, or field-based learning to deliver practical or hands-on learning experiences to students.

5. **Development of alternative research opportunities:** The department may seek alternative avenues for research opportunities, such as collaborations with industry partners, government agencies, or other academic institutions. This could involve identifying research projects or initiatives that do not necessarily require a dedicated laboratory or advanced facilities, but can still contribute to the field of study.

6. **Development of specialized programs:** The department may consider developing specialized programs, certificates, or short-term courses that can cater to the needs of students who are interested in advanced education or specialization, despite the lack of masters or PhD programs. This could involve designing unique programs that align with the strengths and expertise of the department's faculty.

7. **Faculty development and retention:** The department may focus on faculty development and retention strategies to attract and retain qualified faculty members despite the limitations in facilities or academic offerings. This could include providing opportunities for professional development, research support, and recognition for faculty members who contribute to the department's growth and success.

8. **Advocacy and fundraising efforts:** The department may engage in advocacy efforts to raise awareness about its challenges and seek support from college administration, alumni, or other stakeholders. This could involve fundraising campaigns, alumni engagement initiatives, or advocacy for additional resources or funding to improve the department's infrastructure and academic offerings.

Overall, the possible future plans for a college department without laboratories or designated classrooms or staffroom for staff, and without masters and PhD programs, may involve a combination of infrastructure development, resource optimization, collaborations, innovative teaching methodologies, alternative research opportunities, specialized programs, faculty development, and advocacy efforts to overcome the challenges and ensure quality education and research opportunities for its students and faculty.