

**ANNUAL REPORT
ACADEMIC YEAR 2021 - 2022**

**DEPARTMENT OF COMMUNITY RESOURCE MANAGEMENT
For the period 14th June 2021 – 30th Nov 2021**

Name Of the Department: Community Resource Management

Number Of Teachers: 6 Staff

Mrs Sunita Jaiswal - Associate Professor (Permanent post)
Dr. Roopa Rao – Assistant Professor (Permanent post)
Mrs. Sakina Chhatriwala (CHB)
Ms. Saniya Pai (CHB)
Ms. Riddhi Raut (CHB)
Mrs Nandita Gupta (CHB)

Number Of Students:

T.Y.BSc – 48

Value Added Course:

- ✓ **Workstation Design and Applied Ergonomics: 20**
- ✓ **Cultural and Heritage Management: Did not commence due to Pandemic.**

Electives:

Residential Interior Design – 18
Front office and Housekeeping Management - 30

1. **Participation In Orientation Programmes, Refresher Courses Etc.:** Nil2. **Number Of Major and Minor Research Projects (Sanctioned and Completed with Names Of Funding Agencies):**

S. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.						

3. **Research Collaborations: Dept/Individual**

Name	Industries	Research Institutes/ Centres	Hospitals /Gyms	Academic Institutes	Government/ NGOs/ Support Groups

4. **Number Of Publications Including Indexing & Impact Factor:**

Name of Faculty	No. of Publications (Full articles)							Total
	Books	Chapters in books	Research Paper	Research Poster	Abstract	Magazines	Newspaper articles	
Mrs. Sunita Jaiswal								
Dr. Roopa Rao			6					6
			6					6

i. PUBLICATIONS (DETAILS)

a. International Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/ names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index
Mrs. Roopa Rao							
1.	Roopa Rao and Amruta Raut	2021	International Journal of Innovative Research Multidisciplinary Field (IJRMF)	Posture Assessment of Material Handling Tasks in Bakeries using OWAS Technique	Volume – 7, Issue – 8, Aug 2021. pp. 19 – 25	ISSN: 2455-0620	6.719
2.	Roopa Rao and Arwa Dahodwala	2021	International Journal of Multidisciplinary Educational Research (IJMER)	Psychosocial (Work-Related) Risk Factors Contributing to Occupational Stress Among Healthcare Workers (HCWs)	Volume: 10, Issue: 7(6), July 2021. pp. 53 – 58	ISSN: 2277-7881	7.97
3.	Roopa Rao and Vinita Tatipamula	2021	International Journal of Creative Research Thoughts (IJCRT)	Ergonomic Assessment of Work-Related Musculoskeletal Discomfort Faced by Bakery Workers	Volume: 9, Issue: 7, July 2021. pp. g605 – pp. g612	ISSN: 2320-2882	7.97
4.	Roopa Rao and Ankita Manna	2021	International Journal of Creative Research Thoughts	Coping Strategies Adopted by Healthcare Workers to Eliminate Negative Stressors	Vol.9, Issue 7, pp. d534-d540, July 2021	ISSN:2320-2882	7.97

			(IJCRT),				
5.	Roopa Rao and Mugdha Ayare	2021	International Journal of Emerging Technologies and Innovative Research (www.jetir.org)	Work-Related Musculoskeletal Disorders (WRMSDs) Among Healthcare Workers (HCWs)	Vol.8, Issue 7, page no. e45-e50, July-2021,	ISSN:2349-5162.	7.95
6.	Roopa Rao and Sakshi Gupta	2021	International Journal for Research in Applied Science and Engineering Technology (IJRASET)	Prevalence of WMSDs and Task Characteristics of Manual Baking Activities in Bakeries	Volume 9, Issue VII	ISSN: 2321-9653	7.429

b. National Level

Paper /Article in Journal Publication							
Sr No.	Name of the author name/ names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index

ii. PAPER PRESENTATION

a. International Level

Paper presented in Seminars, Conferences							
Sr No.	Name of the author name/	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other

	names						

b. **National Level**

Paper presented in Seminars, Conferences							
Sr No .	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other

c. **State/University/Local Level**

Paper presented in Seminars, Conferences							
Sr No .	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date	Sponsoring Agency Any other

iii. **SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED/ATTENDED**a. **International Level**

Seminar Conference Attended							
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization	Theme of the conference	Organized by	Place & Date	Sponsoring Agency	

conducted						
Mrs Sunita Jaiswal						
1	International symposium	Department of Management Studies and Centre of Innovation Incubation and Entrepreneurship (CIIE) OF Kandivali Education Society's B.K.Shroff College of Arts and M.S. Shroff College of Commerce	Achieving Self-Reliance Through Social Entrepreneurship	Department of Management Studies and Centre of Innovation Incubation and Entrepreneurship (CIIE) OF Kandivali Education Society's B.K.Shroff College of Arts and	04th Aug 21 Wednesday	
2	International Webinar Organizational Transformation A knowledge Management Approach	Soundarya Institute of Management and Science Dept of Business Administration and IQAC	Organizational Transformation A knowledge Management Approach	Soundarya Institute of Management and Science Dept of Business Administration and IQAC	30th July 21 tute	
Mrs Roopa Rao						
1.	International Webinar CII LIVE (Lighting Ventilation Ergonomics) 2021 Summit & Expo	Confederation of Indian Industry IGBC (Indian Green Building	“An initiative for a Healthier Workspace Environment”	<ul style="list-style-type: none"> • Confederation of Indian Industry • Indian Society of Ergonomics • CREDAI Tamil 	1 st – 7 th September 2021 CII HIVE Virtual Platform	Jaguar Herman Miller Blue Star Olympia Aeroflex

		Council)		<p>Nadu</p> <ul style="list-style-type: none"> • The Indian Institute of Architects • Forum of Critical Utility Services • ISHRAE • Indian Society of Lighting Engineers 		FeatherLite Daikin Panasonic
2.	International Webinar “Shifting Consumer Demands: What’s next?”	Aptean and Food Engineering	“Shifting Consumer Demands: What’s next?”	Aptean and Food Engineering	21 st July 2021 Virtual Platform	Hormann, TNT and Aptean
3.	Three-day International Training Series on “Healthy Workplace Initiative #Ergonomics”	Directorate of Research and All India Coordinated Research Project on Home Science, College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan - India	“Healthy Workplace Initiative #Ergonomics”	Directorate of Research and All India Coordinated Research Project on Home Science, College of Community and Applied Sciences, Maharana Pratap University of Agriculture and Technology, Udaipur, Rajasthan - India	21 st June, 28 th June and 5 th July 2021	

4.	International Webinar on "Role of NIDM in India's Disaster Risk Management: Lessons for Nepal"	NIDM in collaboration with Asian Institute of Diplomacy and International Affairs (AIDIA)	"Role of NIDM in India's Disaster Risk Management: Lessons for Nepal"	NIDM in collaboration with Asian Institute of Diplomacy and International Affairs (AIDIA).	9 th July 2021 CISCO Webex	
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b. National Level

Seminar Conference Attended						
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs Sunita Jaiswal						
1	2 Days national webinar	Organized by K.M.E. Society's G.M.Momins Women's college Biwandi	on Quality Management in Education	Organized by K.M.E. Society's G.M.Momins Women's college Biwandi	10 and 11 th Aug 21	
2	National Webinar	Organized by the NSS unit 62 of Thiagarajar College Madurai, Tamil Nadu, in association with National Centre for Financial Education, Mumbai.	On Financial Awareness and Consumer Training (FACT)	NSS unit 62 of Thiagarajar College Madurai, Tamil Nadu, in association with National Centre for Financial Education, Mumbai.	9 th Aug 21	

3	National Level Webinar	Lala Lajpatrai College Of Commerce & Economics Lala Lajpatrai Marg, Mahalaxmi, Mumbai-B.A.F Department Along With The Department Of Lifelong Learning & Extension	“Business Communication And Etiquettes To Follow In The Corporate World,”	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai	07th August, 2021. Zoom platform	
4	Two days online workshop	Organized by Faculty of Commerce and Management ,SGT University ,Gurugram ,Delhi –NCR	on “Business Case Writing”	Faculty of Commerce and Management ,SGT University ,Gurugram ,Delhi – NCR	5 TH -6 TH Aug 2021	
5	National Webinar	University College of Law Osmania University,Hyderabad	Introduction to securities Market	University College of Law Osmania University,Hyderabad	31 st July 21 Zoom	
6	One Day FDP	Gurunank Khalsa college of Arts,Science and Commerce, Matunga Mumbai CAS Committee along with IQAC under the	“New Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission”	Gurunank Khalsa college of Arts, Science and Commerce, Matunga Mumbai CAS Committee along with IQAC under the aegis of RUSA	30 th July 21 utube	

		aegis of RUSA				
7	Two days National level workshops	Lala Lajpat rai college of Commerce and Economics, Mahalaxmi Mumbai Entrepreneurship Development Cell with IQAC in collaboration with AIESEC	Entrepreneurial workshop on - Innovative ways to upscale Entrepreneurial Ventures under new norms. An overview of Sources and Government Schemes - Modes and Methods of Patent Protection ;A Pre – requisite to start up	Lala Lajpat rai college of Commerce and Economics, Mahalaxmi Mumbai Entrepreneurship Development Cell with IQAC in collaboration with AIESEC	28 th & 29 th July 21	
8	National Webinar	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	“Execution of National Education Policy 2020 in Pandemic Panorama: Opportunities and Challenges” Challenges in Practical Implementation of NEP in context of Teaching, Learning and Research.	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	24 th July 2021 MS. Teams 11.00am-12.30pm	
9	One Day workshop	Prahaladrai Dalmia Lions College of Commerce and Economics in association with University of Mumbai	An insite into Career Advancement Scheme(CAS) its recent amendments in accordance with the 7 th Pay Commission	Faculty Development Cell (FDC) And IQAC OF THE COLLEGE	24 TH July 21 Saturday	
10	One day webinar	APC Mahalaxmi College for women, THOOTHUKU DI	Engaging Pedagogies for an effective Learning environment	Internal Quality Assurance Cell in collaboration with iqac Cluster India	23 rd July 21	

11	National Webinar	Lala Lajpatrai College of Commerce and Economics WDCELL and IQAC	Financial Schemes for Women Entrepreneurs	Lala Lajpatrai College of Commerce and Economics WDCELL and IQAC	16 th July '21 Zoom 11am-1pm	
12	3 days online training Programme	Women Development and Empowerment Cell of KES Shroff College Arts and Commerce in association with National Institute of Disaster Management (NIDM), Ministry of Home Affairs, Government of India	'Gender, Disaster Management and Sustainable Communities'	Women Development and Empowerment Cell of KES Shroff College Arts and Commerce in association with National Institute of Disaster Management (NIDM), Ministry of Home Affairs, Government of India	15 th , 16 th , 17 th July 21	

13	National Webinar	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	“Execution of National Education Policy 2020 in Pandemic Panorama: Opportunities and Challenges” Challenges in Practical Implementation of NEP in context of Teaching, Learning and Research.	Organized by IQAC of Smt K.G. Mittal College, Mumbai and Christian Eminent College, Indore	9 th July 2021 MS.Teams 11.00am-12.30pm	
14	One Day National webinar	IQAC OF Government college of Arts and Science, Aurangabad.	Fostering Teaching Learning Practices for Quality Enhancement In Higher Educational Institutions	IQAC OF Government college of Arts and Science, Aurangabad.	5 th July 21 Monday Zoom 10.30am to 4.30pm	Sponsored by NAAC
15	Capacity Building – Webinar on MOOCs and e- content in Four Quadrant	Organized by RJCollege- Autonomous	Capacity Building –Webinar on MOOCs and e- content in Four Quadrant	Organized by RJ College- Autonomous	2 nd July Friday 3.00pm-6.00pm	
16	National level 3 DAYS FDP	Nehru Institute of Engineering and Technology Coimbatore ,Tamil Nadu	FDP on Outcome Based Education (oBE) and Accreditation Process	Dept of Computer Science and Engineering	17 th ,18 th ,19 th June 21 Go to Meeting platform	
17	Twin State level Workshop	KET’s V.G.Vaze College(Autonomous) Mulund,Mumbai and IQAC	“Standard Operating Procedures”	KET’s V.G.Vaze College(Autonomous) Mulund,Mumbai and IQAC	15 th June 21 Tuesday 3.00pm	
18		KET’s V.G.Vaze College(Autonomous)	“Drafting Policies and Procedures” by Dr P.S.Tambe	KET’s V.G.Vaze College(Autonomous)	14 th June 21 Monday	

		mous) Mulund,Mumbai and IQAC		Mulund,Mumbai and IQAC	3.00pm	
19	Webinar	Dept of Commerce IQAC & IPR Cell of UOM in collaboration IQAC, The Maharaja Sayajirao Univ of Baroda	“IPR For Academician”	Dept of Commerce IQAC & IPR Cell of UOM in collaboration IQAC, The Maharaja Sayajirao Univ of Baroda	12 th June 21 11 am	
20	3 days National Online FDP Zoom and You Tube	IQAC Kamala Nehru Mahavidyalaya Nagpur	“ICT Tools for effective Teaching and Learning “	IQAC Kamala Nehru Mahavidyalaya Nagpur	8 th June-10 th June 11 am Tues,Wed,Thurs	
21	Webinar	S. T. Co-Op. Education Society’s Ltd. Science Senior College, Shahada , Dist.- Nandurbar	“Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S. T. Co-Op. Education Society’s Ltd. Science Senior College, Shahada , Dist.- Nandurbar	09 th June 2021 Wednesday	
22	EXPERT TALK	K. J. Somaiya Institute of Engineering and Information Technology (KJSIEIT) Sion, Mumbai	“Changing Dynamics of Education post COVID era- Insights from Chanakya’s Teaching”	K. J. Somaiya Institute of Engineering and Information Technology (KJSIEIT) Sion, Mumbai	4 th June 20 Friday Timing: 4.00 pm to 5.30 pm	
23	Faculty Development Program (FDP) webinar series	ASSOCHAM GEM Green Building Council and Dr. D. Y. Patil Institute of	Accelerating Clean, Green and Sustainable Innovations in India 'Energy Audit & Commencement'	ASSOCHAM GEM Green Building Council and Dr. D. Y. Patil Institute of Technology,	4 th June 2021 Friday 11.00am	

		Technology,				
24	Web seminar	ASSOCHAM INDIA	Research and Innovation Best Practices in Higher Education	INDIA ASSOCHAM	June 2, 2021 Wednesday 11:30 am,	
25	Web seminar	ASSOCHAM INDIA	“Mental Health Matters “How Organizations can support their team’s wellbeing towards the Pandemics.	ASSOCHAM AND Inner Hour Webinar	June 2, 2021 Wednesday 4.00PM – 5.00PM	
Mrs Roopa Rao						
1.	National Webinar “Earthquake Precursors and Early Warning System”	National Institute of Disaster Management, Ministry of Home Affairs, GoI in collaboration with National Center for Seismology, Ministry of Earth Sciences	Earthquake Precursors and Early Warning System	National Institute of Disaster Management, Ministry of Home Affairs, GoI in collaboration with National Center for Seismology, Ministry of Earth Sciences, GoI	1 st Sept 2021 CISCO Webex	-
2.	National Webinar “Thunderstorms and Lightning Warning Early Action: What’s New?”	NIDM, Ministry of Home Affairs, Government of India, and India Meteorological Department, Ministry of Earth Sciences, Government of India	“Thunderstorms and Lightning “Early Warning Early Action: What’s New?”	NIDM, Ministry of Home Affairs, Government of India, and India Meteorological Department, Ministry of Earth Sciences, Government of India	20 th July 2021 CISCO Webex	-

3.	National Webinar “Lightning: Disaster Resilient India”	National Institute of Disaster Management (NIDM), Ministry of Home Affairs and World Vision India.	“Lightning: Disaster Resilient India”	National Institute of Disaster Management (NIDM), Ministry of Home Affairs and World Vision India.	19 th July 2021 CISCO Webex	
4.	National Level 3-day Online Training Programme on “School Safety and Disaster Risk Management”	NIDM, Ministry of Home Affairs, GOI in collaboration with Directorate of School Education Kashmir, J & K UT.	“School Safety and Disaster Risk Management”	NIDM, Ministry of Home Affairs, GOI in collaboration with Directorate of School Education Kashmir, J & K UT.	14 th – 16 th July 2021 CISCO Webex	
5.	National Webinar on “Tourism in HP during COVID-19 Times: Issues, Challenges, and Way Forward”	National Institute of Disaster Management in collaboration with Himachal Pradesh State Disaster Management Authority, Govt of Himachal Pradesh.	“Tourism in HP during COVID-19 Times: Issues, Challenges, and Way Forward”	National Institute of Disaster Management in collaboration with Himachal Pradesh State Disaster Management Authority, Govt of Himachal Pradesh.	13 th July 2021 CISCO Webex	
6.	3-day Certificate Online Training Programme on	National Institute of	“Fire Safety - Prevention Audit and Response”	National Institute of Disaster	12 th – 14 th July 2021	

	“Fire Safety - Prevention Audit and Response”	Disaster Management, Ministry of Home Affairs, Government of India and conducted by FICCI.		Management, Ministry of Home Affairs, Government of India and conducted by FICCI.	CISCO Webex	
7.	Five-day National Webinar on “Intellectual Property Rights (IPR) and Future Business Revolution”	IQAC, Acharya Bangalore B School, Bengaluru Karnataka	“Intellectual Property Rights (IPR) and Future Business Revolution”	IQAC, Acharya Bangalore B School, Bengaluru Karnataka	11 th – 15 th July 2021 Zoom portal	
8.	One day Digi Connect Webinar on “COVID-19: what You Should Know to Prepare for the Future.”	Environmental and Occupational Health (ENOH).	“COVID-19: what You Should Know to Prepare for the Future.”	Environmental and Occupational Health (ENOH).	10 th July 2021	
9.	One-day National Level webinar “Mandated Corporate Social Responsibility: Lessons from Indian Experience,”	Post Graduate Department of Commerce, P. E. S. College of Science, Arts & commerce, (Affiliated to University of Mysore), Mandya, Karnataka State	“Mandated Corporate Social Responsibility: Lessons from Indian Experience,”	Post Graduate Department of Commerce, P. E. S. College of Science, Arts & commerce, (Affiliated to University of Mysore), Mandya, Karnataka State	28 th June 2021	

c. State/Local Level

Seminar Conference Attended						
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs Sunita Jaiswal						
1	State Level Workshop	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai And Department Of Lifelong Learning & Extension along with the B.A.F Department in association with DVOC INSTITUTE	“The Art Of Making Ppt’s”: Learn To Make Effective Powerpoint Presentations,	Lala Lajpatrai College Of Commerce & Economics, Mahalaxmi, Mumbai	05th August, 2021 ZOOM PLATFORM	
2	Exploring Ideas for Innovation and Incubation leading to Start-up and Prototype	Organized by Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	Exploring Ideas for Innovation and Incubation leading to Startup and Prototype	Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	3rd July 21- Saturday 3.00pm to 4.30pm	
3	Interactive and Mentorship Session with a successful	Organized by ICC,	Interactive and Mentorship Session with a successful	Organized by ICC,	28 th June 21 Monday	

	Entrepreneur	College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi	Entrepreneur Organized by ICC, College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi	College of Home Science Nirmala Niketan Speaker- Ms Vandana Joshi		
4	3 Day Faculty Development Programme (FDP)	IQAC College of Home Science Nirmala Niketan	3 days' workshop on "Outcome Based Education"	IQAC College of Home Science Nirmala Niketan	23 rd ,25 th ,26 th June 21Wed,Fri,Sat Zoom Platform	
Mrs Roopa Rao						
1.	One day faculty Development Program: New Amendments in Career Advancement Scheme (CAS)	•	One day faculty Development Program	CAS Committee along with IQAC G. N. Khalsa Khalsa College of Arts, Science & Commerce, Matunga, Mumbai	Online 30 th July 2021	Under the aegis of RUSA
2.	One Day Workshop: An Insight into Career Advancement Scheme (CAS) and its recent amendments in accordance with the 7 th pay commission"	•	One Day Workshop	Faculty Development Cell (FDP) and IQAC Prahadrai Dalmia Lions College of Commerce & Economics, Mumbai,	Online 24 th July 2021	
3.	3 Day Faculty Development Programme (FDP) "Outcome Based Education" - Formulating Programme and Course Outcomes	• IQAC College of Home Science Nirmala Niketan	3 Day Faculty Development Programme (FDP)	IQAC Of College Of Home Science Nirmala Niketan	23rd, 25th and 26th June 2021	

iv. SEMINAR, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED

a. International Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
1.					

b. National Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
1.					

c. College Level

Seminars, Workshops and Conferences Conducted/Organized					
Sr No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date
Mrs Sunita Jaiswal					
1	NAAC Peer Team Visit at the college level	College Of Home Science Nirmala Niketan Teaching and Non-Teaching Staff As Well As Stakeholders	NAAC Peer Team Visit at the college level	Convenor of Criterion IV Infrastructure Development and Learning Resources	Mumbai College Of Home Science Nirmala Niketan Sept 2020
2	Orientation for T.Y.B.Sc	College Of Home Science	Student Development	As Head of the Department	29 th , 30th 31st

	students	Nirmala Niketan	Program	coordinated,organized 4 days programme	Aug ,21,
3	“Orientation to careers in Home Science”	Collaboration with Ms. Farah Syed - ex-supervisor, Nirmala Niketan Junior College, Mumbai – 20 and a few students of TYCRM (2020 – 2021) batch	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	17 th July 2021 MS Teams
4	“Consumerism during the COVID times”	Ms. Sunita Jaiswal, HoD – CRM coordinated with SY Coordinator Miss Roopa Rao in collaboration with Department, NNCHSc	Student Development Program	Planning Coordination Organizing	18 th June 2021 MS Teams
Mrs. Roopa Rao					
1.	NAAC Peer Team Visit at the college level	College Of Home Science Nirmala Niketan Teaching and Non-Teaching Staff As Well As Stakeholders	NAAC Peer Team Visit at the college level	Member of Criterion 2 teaching learning and evaluation, convenor/member of the college statutory and non-statutory committees as well as roles and responsibilities of the department	Mumbai College Of Home Science Nirmala Niketan Sept 2020
2.	“Orientation to Careers in Health Sciences after TYCRM”	Mrs. Roopa Rao in collaboration with Symbiosis Institute of Health Sciences (SIHS), Lavale, Pune	Student Development Program	Planning Coordination Organizing Conducted	9 th Oct 2021 Google Meet
3.	“Personal Grooming Skills for the Hospitality Industry”	Mrs. Roopa Rao in collaboration with Ms. Aneri Gala, Lakme Institute	Student Development Program	Planning Coordination Organizing Conducted	6th Sept 2021 MS Teams
4.	Job Profiles After	Mrs. Roopa Rao in	Student Development	Planning	4 th Sept 2021

	MBA”	collaboration with IBS – ICAFI Business School, Powai	Program	Coordination Organizing Conducted	Zoom
5.	“Orientation to careers in Home Science”	Mrs. Roopa Rao in collaboration with Ms. Farah Syed - ex-supervisor, Nirmala Niketan Junior College, Mumbai – 20 and a few students of TYCRM (2020 – 2021) batch	Advertising and Promotional Activity	Planning Coordination Organizing Conducted	17 th July 2021 MS Teams
6.	“Value Education & Preserving the Ethos of the College”	SY Coordinator in collaboration with Sr. Cheryl, NNI	Student Development Program	Planning Coordination Organizing	15 th June 2021 MS Teams
7.	“Attire & Virtual Etiquettes in the New Normal”	SY Coordinator in collaboration with Dr. Ritu Madhan, Student Council, NNCHSc	Student Development Program	Planning Coordination Organizing	16 th June 2021 MS Teams
2.	“Nutrition for Adolescents - Eat Healthy, Stay Healthy”	SY Coordinator in collaboration with Dr. Anuradha Mitra, HoD – FND Department, NNCHSc	Student Development Program	Planning Coordination Organizing	17 th June 2021 MS Teams
3.	“Coping and Resilience”	SY Coordinator in collaboration with Ms. Rhonda Divecha – HD Department, NNCHSc	Student Development Program	Planning Coordination Organizing	17 th June 2021 MS Teams
4.	“Minimalistic Approach to Dressing”	SY Coordinator in collaboration with Ms. Sanghamitra Navalgund – TFT	Student Development Program	Planning Coordination Organizing	18 th June 2021 MS Teams

		Department, NNCHSc			
5.	“Consumerism during the COVID times”	SY Coordinator in collaboration with Ms. Sunita Jaiswal, HoD – CRM Department, NNCHSc	Student Development Program	Planning Coordination Organizing	18 th June 2021 MS Teams

v. **INVITED AS CHIEF GUEST, PANELIST, AND SPEAKER**

Invited As Chief Guest, Panellist, and Speaker						
Sr No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
Mrs. Roopa Rao						
1.	B. K. Birla College (Autonomous), Kalyan Maharashtra State	Golden Jubilee Year Celebrations of the B. K. Birla College (Autonomous), Kalyan, Maharashtra State	Subject Expert	4 th August 2021 Zoom Portal	“Career Opportunities in Home Science”	B. K. Birla College (Autonomous), Kalyan Maharashtra State

5. PRIZES AND AWARDS RECEIVED: BY STAFF MEMBERS

1.	Sunita Jaiswal	Presented Research Proposal Titled “Role of Women in the Decision-Making Process amongst different Economic Strata In Mumbai City” in Humanities, Languages and Fine Arts and TH Category and secured Second Position at the FINAL Round of 15 th Intercollegiate /Institute /Department Avishkar Research Convention 2020-21 organized on virtual platform University of Mumbai on 29 th June 2021
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6. EXAMINATION WORK:

7. EXTENSION ACTIVITIES/ INDUSTRIAL VISIT:

Department of Life Long Learning and Extension:

Coordinated with Department of Lifelong Learning and Extension, University of Mumbai where the department took over a project under SWS (Status of Women in Society) which takes care of women issues. The Department of Lifelong Learning and Extension [DLLE] (known earlier as Department of Adult and Continuing Education and Extension) established on October 12, in the Year 1978 and has been recognized as a statutory Department of the University of Mumbai since 1994 to promote a meaningful and sustained rapport between the Universities and the community. Constant experimentation has enabled the DLLE to fine-tune the use of Project Work as an academic tool for the evaluation of Extension Work. Students conducted survey on Women Empowerment. And also analysed the data under the project of DLLE.

48 students of the 2021-2022 batch have registered for DLLE Programme. The entire project undertaken will be accomplished under the guidance of two student leaders Miss Disha Maroli and Miss Mariam Khan with Teacher Coordinator Mrs Sunita Jaiswal

Each One Teach One:

Each one teach one is a motivation for the educated class to understand their moral and social responsibility to teach at least one illiterate person, makes a big difference in society. Ever since the pandemic hit, it hasn't been easy for anyone. May it be the frontline worker or head of the department and so on? But one thing the pandemic has taught is that life is uncertain and that one can lose our loved ones in a blink of an eye. Keeping that in mind students of the T.Y.CRM department conducted an extension activity called "EACH ONE TEACH ONE", wherein they reached out to the underprivileged parts of the society and decided to lend a helping hand. The subjects were from all across Mumbai residing near the student's locality. The primary objective of conducting this activity was to impart knowledge through support and it is through this hands-on training and knowledge that one learns any type of skill.

As it is rightly said – "Padhega India tabhi toh badhega India" ~ Devanshi Patel. By that she meant, just taking the initiative to improve the life of just one child suffering from child labour would be more beneficial than donating something to him/her. Sure, one can be a part of many campaigns, sign on petitions, be a part of parades but how is it helping? It is through this medium that one can contribute a little towards a good cause.

Each one teach one was like a two-way street. It helped students to know their subjects well and design the pattern of study accordingly. The subjects for the activity belonged to different areas of Mumbai since students stay in different parts of Mumbai city.

The activity conducted was of 10 hours wherein the students would conduct each session of one hour each accordingly. Since everyone's target group was different, the objectives would differ depending on the subjects.

Some of the objectives included –

Incorporating low-cost nutritious recipes,

Enhancing communication skills,

Teaching entrepreneurial skills to generate income, and

Invoking consumer awareness. Menstrual health and hygiene.

Taking Basic English Grammar sessions for the kid facing difficulties, etc. After conducting these sessions, the feedback was collected.

Students and Subjects Feedback:

It was an amazing experience. At the beginning it was challenging to cover the topic which is related to math's (calculation) that to in Marathi but it went smoothly. Student enjoyed teaching it to her target group. She was happy that the knowledge she shared with Mrs. Khopkar is useful to her and she is happy about it. Even after the session she is continuing with her daily entries of income and expense and to do list. Mrs. Khopkar was so happy with the session that she even asked the student to help one of her colleague with same session and she even said that the way I taught her math's calculation was so easy to understand that anyone can do it. At the end she even suggested that she should take math's classes.

8. PARTICIPATION, PRIZES AND AWARDS RECEIVED:

i.) AWARDS/PRIZED RECEIVED

Mrs. Roopa Rao

- Ayare, M., Dahodwala A., Manna, A., Poyrekar, V. and Rao, R. (2021), Presented a research proposal titled "Psychosocial and Organizational Factors Influencing Occupational Health of Healthcare Workers," in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.
 - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021 and was awarded the third prize.
- Gala, A., and Rao, R. (2021), Presented a research proposal titled "Incidence of Injuries Among Hockey Players: Risk Factor and Countermeasures," in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
 - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021 and was awarded the consolation prize.

ii. PARTICIPATION IN COMPETITIONS

Mrs Sunita Jaiswal

- Mansuri Z, Nunes S , Rajput D, Fatima Shekhani A and Jaiswal S (2021), Presented research proposal titled "**Impact of Pandemic on Women Burden of Unpaid Work and Related Health Issues**" in the Selection Round at the 15th AVISHKAR Research Competition organized

Online by University of Mumbai. The research proposal was presented under Category 6: Medicine and Pharmacy Level 1: UG. On 12th April 2021.

Mrs. Roopa Rao

- Ayare, M., Dahodwala A., Manna, A., Poyrekar, V. and Rao, R. (2021) Presented a research proposal titled "**Psychosocial and Organizational Factors Influencing Occupational Health of Healthcare Workers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.
 - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021
- Gala, A., and Rao, R. (2021), Presented a research proposal titled "**Incidence of Injuries Among Hockey Players: Risk Factor and Countermeasures,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
 - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021
- Gupta, S., Raut, A., Sawant, R., Tatipamula, V., and Rao, R. (2021), Presented a research proposal titled "**Prevalence of Work-Related Musculoskeletal Disorders Among Bakery Workers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 1: UG. On 12th April 2021.
 - This proposal was among the best few selected shortlisted to participate at the Final round scheduled for 22nd June 2021.
- Padwal R., and Rao, R. (2021), Presented a research proposal titled "**Intake of Nutritional Supplements Among Gym Goers,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 2: PG. On 12th April 2021.
- Shah, P., and Rao, R. (2021), Presented a research proposal titled "**Orthorexia Nervosa in Field Athletes aged 18 – 35 years,**" in the Selection Round at the 15th AVISHKAR Research Competition organized on virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG. On 12th April 2021.
- Aricatt, M., Almeida, M., Dias, P., Jaiswar, S., and Rao, R. (2021), Presented a research proposal titled "**Factors Contributing to Occupational Stress among Cruise ship Employees,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG. On 12th April 2021.

- Hira, G., Premani, S., Shah, K., Shaikh, S., and Rao, R. (2021), Presented a research proposal titled "**Ergonomics Assessment of Safety Features in Toy Design,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 2: Commerce, Management and Law; Level 1: UG. On 12th April 2021.
- Gandhi, F., Hemani V., Kenia,C., and Rao, R. (2021), Presented a research proposal titled "**Ergonomic Assessment of Health and Safety of Workers Employed in the Powder Coating Industry,**" in the Selection Round at the 15th AVISHKAR Research Competition organized Online by University of Mumbai. The research proposal was presented under Category 6: Medicine and Pharmacy; Level 1: UG. On 12th April 2021

9. **RECOGNITION RECEIVED BY THE STAFF MEMBERS:** (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

S.NO.	Details of the recognition
	Sunita Jaiswal
1	Board of Studies <ul style="list-style-type: none"> • Appointed on the Board of Studies Dr BMN College of Home Science (Resource Management)
	Roopa Rao
1.	Joint Secretary, IBERD (International Board of Eductaion, Research and Development) (Home International Board for Educational, Research and Development (iberd.org))
2.	District Co-coordinator, Avishkar – University of Mumbai <ul style="list-style-type: none"> • Appointed as the District Co-coordinator for 16" Inter-collegiate/Institute/Department Avishkar Research Convention: 2021-22 for Zone 1, Mumbai I (Colaba to Mahim, CSMT to Matunga and CSMT to Wadala), University of Mumbai. (No.SW/306/2of 2022) dtd 7/1/2022.
3.	Research Guide for M.Sc.-2 (Sports Nutrition) Students <ul style="list-style-type: none"> • Appointed as a Guide for MSc in Sports Nutrition Course by Department of Foods, Nutrition and Dietetics, College of Home Science – Nirmala Niketan, Mumbai, for the Self-Financing Master’s program, affiliated to University of Mumbai; as per letter

	Ref: NN/CHSC/21-22/GO/3487. 4 students allotted – Ms. Nidhi Boricha, Ms. Sakshi Mangiraj, Ms. Akanksha Kasliwal, and Ms. Purva Agarwal.
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10. CONTRIBUTION TO ACADEMIC AND ADMINISTRATIVE ACTIVITIES WITHIN COLLEGE

i. MEMBERS OF COLLEGE ADMINISTRATIVE COMMITTEES

S. No.	Name of the committee	Designation
Mrs Sunita Jaiswal		
1	NAAC-Criteria IV Infrastructure Development and Learning Resources	Convener.
2	Department of Community Resource Management	HOD
3	T.Y.B.Sc CRM Community Services (Extension Activities)	Coordinator
4	Department of Life Long Learning and Extension. University of Mumbai	Extension Coordinator
5	Value Added Course “Cultural Heritage and Management”	Coordinator
6	College Management Committee	Head of the Department
7	Internal Quality Assurance Cell (IQAC)	Member
8	NIRF(National Institutional Ranking Framework)	Member
9	Examination committee	Member
10	Student council committee	Member
11	Admission committee	Member
12	Attendance committee	Member
13	Time Table committee	Member
14	Mentoring	Member
Mrs. Roopa Rao		
1.	Employment Placement Cell	Convenor
2.	S.Y.B.Sc.	Coordinator

3.	Value-Added Course "Workstation Design and Applied Ergonomics"	Coordinator
4.	College Development Committee	Elected Member
5.	College Management Committee	Senior Teacher of the Department
6.	F. Y. B.Sc. Practical (Aesthetics in Design)	Practical Coordinator
7.	F. Y. B.Sc. Practical (Skills for the Hospitality Industry)	Practical Coordinator
8.	Purchase Committee	Member
9.	Grants Committee	Member
10.	AARYA, Avishkar and MRP committee	Member
11.	Unfair Means Enquiry Committee	Member
12.	NAAC Criterion – II	Member
13.	Admission Committee	Member
14.	Time Table Committee	Member
15.	Anti- Ragging Committee	Member

ii. **ACADEMIC CONTRIBUTION**

S. No.	Title of the activity	Details	Date
Mrs Sunita Jaiswal			
1	NAAC Peer Team Visit	Convenor of Criterion IV Infrastructure Development and Learning Resources. Contributed towards all arrangements of infrastructural facilities to showcase the facilities available before the NAAC Peer Team during the PTV held in September 2021	Preparation – 10 th Sept 2021 till 26 th Sept 2021
		Coordinated with infrastructural facilities for all the departments as well as Committees to setup exhibits and documents.	PTV- 27 th and 28 th Sept 2021
2	Workshop for	Conducted One and half hour session on “Stress and Time Management”	18 th Sept 2021

	student Development	for the F. Y.B. Sc. Students	
3	TYBSc Admission	As a member of Admission Committee coordinated for admission for Semester V	Last week of July and First week of August 2021
4	Orientation to T.Y.B.Sc. (Semester – V)	As part of Student Induction Programme Planned ,Coordinated and Conducted Orientation to T.Y.BSc.CRM Semester V (2021 – 2022 batch) students Alumni sharing experience	13 th and 14 th August 2021
5	Workshops for Student Development	Conducted One and half hour session on “Consumerism during the COVID” times for the S. Y.B. Sc. Students	18 th June 2021
Roopa Rao			
1.	NAAC Peer Team Visit	Contributed immensely to ensure that the college could showcase all our strengths before the NAAC Peer Team during the PTV held in Sept 2021. Helped set up exhibits for the department as well as the committees (Employment Placement Cell, AARYA/Avishkar, Criteria- II files and other documentation work, S.Y.B.Sc. files/documentation)	Preparation – 10 th Sept 2021 till 26 th Sept 2021 PTV - 27 th and 28 th Sept 2021
2.	Orientation to S.Y.B.Sc. (Semester – IV)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. Semester-III (2021 – 2022 batch) students. - 140 participants (which included 132 S.Y.B.Sc. students) - VAC and Add-on courses were introduced to the students by the convenors of the courses.	28 th Oct 2021
3.	Admission to T.Y.B.Sc. (2021 – 2022)	Helped students (both current as well as drop students who wish to take admission to TY 2021 - 2022) throughout the day.... - ATKT marks - Helped FY students (drop a sem or year) who wished to take admission to S. Y. B. Sc. (2020-21). - Helped FY students (drop a sem or year) who wished to take	10 th July – 2 nd Aug 2021

		admission to S. Y. B. Sc. (2020-21).	
4.	Workshops for Student Development	Organised six workshops for the S. Y.B. Sc. Students. <ul style="list-style-type: none"> - Value Education & Preserving the Ethos of the College on 15th June 2021 - Attire & Virtual Etiquettes in the New Normal on 16th June 2021 - Nutrition for Adolescents - Eat Healthy, Stay Healthy on 17th June 2021 - Coping and Resilience on 17th June 2021 - Minimalistic Approach to Dressing on 18th June 2021 - Consumerism during the COVID times on 18th June 2021. 	15 th – 18 th June 2021
5.	Orientation to Specialisation	Planned, coordinated and conducted Orientation to Specialisation Selection Process and Introduction to the four Departments from 2.30 – 5.00 pm <ul style="list-style-type: none"> – 198 participants had logged in. – All 160 students with their parents attended the online orientation. – Google form link for specialisation selection was given to students with 18th July 12.00 midnight 	17 th July 2021
6.	Orientation to S.Y.B.Sc. (Semester III)	Planned, coordinated and conducted Orientation to S. Y. B. Sc. (2021 – 2022 batch) students. <ul style="list-style-type: none"> – Invited the scholarship and the Examination Committee convenors to address the students after the Manager and Principal's address. 	14 th June 2021

iii. GUIDANCE RENDERED TO RESEARCH SCHOLAR

Sr No.	Name of the student	Title of the research project	Level	University
Roopa Rao				
1.	Sakshi	Consumer's perception of ideal shoes and the factors that	M. Sc. (Sports Nutrition)	University of Mumbai

	Mangiraj	influence the buying behaviour.		
2.	Akanksha Kasliwal	Effect of psychological ergogenic aid on tennis players aged between 9-15 years.	M. Sc. (Sports Nutrition)	University of Mumbai
3.	Nidhi Boricha	Perception Of Young Adults Aged 18 – 35 Years on Yoga or Gym.	M. Sc. (Sports Nutrition)	University of Mumbai
4.	Purva Agarwal	Mallakhambh – Traditional Sport Awareness and its Physiological Impact among school going children (aged 10 – 15 years).	M. Sc. (Sports Nutrition)	University of Mumbai
5.	Corrina Pereira Sneha Bhosle Supriya Waghmare Tanaya Naik	Ergonomic Evaluation of Workstation Of Bank Clerks	T. Y. CRM	University of Mumbai
6.	Disha Maroly Rukaiya Unwala Sakina Kherodawala	Ergonomic Assessment of Kitchen Layout w.r.t. The Anthropometric Data of Women Working in Kitchens: A Note to Builders and Designers	T. Y. CRM	University of Mumbai
7.	Ansari Ayesha Teresa Esha Fatema G. Priya Phatak Saloni Shah	Work-Related Challenges Among Medical Representatives	T. Y. CRM	University of Mumbai
8.	Nutanna Bale Poonam Dalvi	Ergonomic Risk Assessment of Textile Weaving Industries	T. Y. CRM	University of Mumbai

	Tanisha Kadam Vijaya Bhaigade			
9.	Bhavya Gala Stency Fernandes Sania Andrandes Vanessa Figer	Prevalence Of Musculoskeletal Disorders Among Higher Secondary Teachers Working from Home During COVID - 19	T. Y. CRM	University of Mumbai
10.	Riddhi Chheda Devanshi Dedhia Shailee Gandhi Karina Haria Moksha Mehta	Impact Of COVID 19 on Tourism – Perception of Mumbaikars	S. Y. B. Sc.	University of Mumbai

iv. STAFF DEVELOPMENT ACTIVITIES ATTENDED:

S.No.	Title of the activity	Details	Date
Mrs Sunita Jaiswal			
1.	“A – Z of PTV”	organized by the IQAC, College of Home Science Nirmala Niketan. Dr. Ayub Shaikh, Associate Professor – ICS College, Khed, Ratnagiri	on 13 th July 2021 Zoom meeting portal.
2.	“Formulating Course and Programme Outcomes”	Organised by College of Home Science Nirmala Niketan, Mumbai – 20. Dr. Shrihari Ashok Pingle, Asst Professor– IQAC Coord, SP Sanstha’s S. N. Arts, D. J. M. Commerce & B. N. S. Science College, Sangamner was the invited experts.	on 23 rd , 25 th , and 26 th June 2021. On Zoom portal

Mrs. Roopa Rao			
1.	“A – Z of PTV”	Organized by the IQAC, College of Home Science Nirmala Niketan. Dr. Ayub Shaikh, Associate Professor – ICS College, Khed, Ratnagiri	on 13 th July 2021 Zoom meeting portal.
2.	“Formulating Course Outcome, Programme and Outcomes”	Organised by College of Home Science Nirmala Niketan, Mumbai – 20. Dr. Shrihari Ashok Pingle, Asst Professor– IQAC Coord, SP Sanstha’s S. N. Arts, D. J. M. Commerce & B. N. S. Science College, Sangamner was the invited experts.	on 23 rd , 25 th , and 26 th June 2021. On Zoom portal

v. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:

----- NIL -----

11. VALUE ADDED COURSES OF THE DEPARTMENT:

Name of the course	Coordinator of the course	Number of students	Duration		Funds generated
			Commenced	Accomplished	
Workstation Design and Applied Ergonomics	Mrs. Roopa Rao	20	Sept 2021		

12. FUNDS GENERATED IN SEMESTER I and II:

Type of the Activity	Beneficiaries	Date	Funds generated

13. ANY OTHER INFORMATION IN BRIEF:

➤ **OCLD/OCER:**

Dr. Roopa Rao motivated, guided 17 students from Hotel Front Office & Housekeeping elective (T. Y. B.Sc. CRM) to apply for OCLD/OCER on 2nd November 2021.

Oberoï Central Employment Register (OCER) for a career as OPERATIONS ASSISTANT is a database of all candidates who are offered a job as an Operations Assistant in The Oberoi Group. OCER recruitment is done on an annual basis Open access days at the Oberoi, Mumbai. On being selected through the OCER recruitment process, students are offered a position as an operations assistant in one of the four operational departments:

- Food and beverage (F&B) service operations
- Front office operations
- Housekeeping operations
- Kitchen operations

Oberoï Centre of Learning and Development (OCLD) was established in 1966. Today, management training programmes at OCLD are considered among the best in Asia and a benchmark for international excellence within the hotel industry. OCLD programmes commence in July each year with the selection process beginning in September of the previous year. OCLD is based in Maidens Hotel, Delhi. OCLD offers a two year post graduate management programme in Guest Service Management, Housekeeping Management and Kitchen Management.

11 students were selected for the next round of selection which was a 14 minutes Psychometric test, a Computer Based Online Selection Test (AMCAT) provided by SHL. It tested the candidate's logical ability. The next round was a virtual panel online via MS Teams.

Candidates who passed the virtual interview were selected for the next round which was an in-person interview with the hotel's General Manager at The Trident Hotel, Nariman point.

Candidates who applied for programme were Aashna Bhatia, Sakina Sadriwala, Sakina Kherodawala, Fatema Ganjifrockwala, Khushi Sharma, Akanksha Gaikwad, Disha Maroly, Nutanna Bale, Neha Jadhav, Bhavya Gala, Vijaya Bhaigade, Poonam Dalvi, Corinna Pereira, Grace Charles, Tanaya Naik, Umaima Dahodwala , Tanisha Kadam

Candidates selected for OCER:

- i. Corinna Pereira – Front Office Associate
- ii. Poonam Dalvi – Food and Beverage Associate
- iii. Sakina Sadriwala – Front Office Associate
- iv. Akanksha Gaikwad – Housekeeping Associate

➤ **Internship at Vidhan Bhavan, Mumbai**

Dr. Roopa Rao motivated, guided 4 T. Y. B. Sc. CRM students to apply for a two-month internship position at The Deputy Speaker's Office (Vidhan Bhavan, Mumbai) in Jan 2022

➤ **National Skill Development Corporation (NSDC)**

Dr. Roopa Rao collaborated with Pune Institute of Business Management (PIBM) to help graduating students with placements. National Skill Development Corporation (NSDC) is a not-for-profit public limited company set up by Ministry of Finance as Public Private Partnership (PPP) model. NSDC aims to promote skill development by catalysing creation of large, quality and for-profit vocational institutions.

The students will have to appear for NEST (National Employability & Skills Test) to participate in the placement drive. Structure of the NEST was: Aptitude, Logical Reasoning, Verbal Ability and Domain (Technical/Non-Technical). Students qualifying NEST will be allowed for the placement drive. 115 T.Y.B.Sc. from the current 2021 – 2022 have enrolled for the NEST, which will be scheduled for Feb end 2022.

2nd semester report

Name of the Department:	Community Resource Management
Number of Teachers:	5 Staff Mrs. Sunita Jaiswal - Associate Professor (Permanent post) Dr. Roopa Rao – Assistant Professor (Permanent post) Mrs. Sakina Chhatriwala (CHB) Ms. Saniya Pai (CHB) Ms. Riddhi Raut (CHB)
Number of Students:	T.Y. BSc – 48
Value Added Course:	✓ Workstation Design and Applied Ergonomics: 20

✓ **Cultural and Heritage Management:** This did not commence due to the Pandemic.

Electives:

Residential Interior Design – 18

Front office and Housekeeping Management - 30

14. Participation In Orientation Programmes, Refresher Courses Etc.:

S. No.	Name of the Course	Date and Venue	Duration of the course	Organizing institute
Dr. Roopa Rao				
1.	Microsoft Excel – Beginner to Expert	01.04.2021 – 18.01.2022	8 months	Infidea e-learning course (MOOC)
2.				

15. Number of Major and Minor Research Projects (Sanctioned and Completed with Names Of Funding Agencies):

S. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.						

16. Research/Internship/Other Collaborations: Dept/Individual

Name	Event Companies	Hotels	Health Clubs/ Gym/Hospitals	Research Institutes/ Centres	Travel/Tour Operators	Academic Institutes	Government/ NGOs/ Support Groups
The Oberoi – Mumbai		✓					
Meluha – The Fern, Powai		✓					
The Fern – Chembur		✓					
Novotel, Mumbai		✓					
The Fern Residency – Goregaon		✓					
Twirling Moments	✓						
Solitaire Media Entertainment	✓						
J. W. Marriott, Mumbai		✓					
The Park, Navi Mumbai		✓					
The Westin Garden Hotel, Goregaon		✓					
Lemon Tree Premier		✓					
Malpani Health Club, Sangamner			✓				
NITIE, Powai				✓			
P.G. D.R H. Sc.				✓			
7 th Sky Travels					✓		
Spice Travels					✓		
Kun Travels					✓		
S. V. T. College of Home Science						✓	
Smt. P. N. Doshi Women’s College, Ghatkopar						✓	
Dr. B. M. N. Women’s College, Matunga						✓	
Bright Future India							✓
Family Welfare Centre							✓
Ramada Palm Grove, Juhu		✓					
Sahar Marriott, Santacruz, East		✓					
Consumer Guidance Society of India							✓

17. Number Of Publications Including Indexing & Impact Factor:

Name of Faculty	No. of Publications (Full articles)							Total
	Books	Chapters in books	Research Paper	Research Poster	Abstract	Magazines	Newspaper articles	
Mrs. Sunita Jaiswal	-	-	0	-	-	-	-	0
Dr. Roopa Rao	-	-	7	-	--	-	-	7
Total	0	0	7	0	0	0	0	7

ii.PUBLICATIONS (DETAILS)

a. International Level

Paper /Article in Journal Publication							
S. No.	Name of the author name/names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.	ISBN	impact factor/H-index
Dr. Roopa Rao							
7.	Rahul Padwal and Roopa Rao	2022	International Journal of Multidisciplinary Educational Research (IJMER)	Intake of Nutritional Supplements among people who frequently exercise at Gyms	Volume: 11, Issue: 1(7), January 2022. pp. 26 - 34.	ISSN: 2277-7881	7.816
8.	Roopa Rao and Amruta Raut	2021	International Journal of Innovative Research Multidisciplinary Field (IJIRMF)	Posture Assessment of Material Handling Tasks in Bakeries using OWAS Technique	Volume – 7, Issue – 8, Aug 2021. pp. 19 – 25	ISSN: 2455-0620	6.719

9.	Roopa Rao and Arwa Dahodwala	2021	International Journal of Multidisciplinary Educational Research (IJMER)	Psychosocial (Work-Related) Risk Factors Contributing to Occupational Stress Among Healthcare Workers (HCWs)	Volume: 10, Issue: 7(6), July 2021. pp. 53 – 58	ISSN: 2277-7881	7.97
10.	Roopa Rao and Vinita Tatipamula	2021	International Journal of Creative Research Thoughts (IJCRT)	Ergonomic Assessment of Work-Related Musculoskeletal Discomfort Faced by Bakery Workers	Volume: 9, Issue: 7, July 2021. pp. g605 – pp. g612	ISSN: 2320-2882	7.97
11.	Roopa Rao and Ankita Manna	2021	International Journal of Creative Research Thoughts (IJCRT),	Coping Strategies Adopted by Healthcare Workers to Eliminate Negative Stressors	Vol.9, Issue 7, pp.d534-d540, July 2021	ISSN:2320-2882	7.97
12.	Roopa Rao and Mugdha Ayare	2021	International Journal of Emerging Technologies and Innovative Research (www.jetir.org)	Work-Related Musculoskeletal Disorders (WRMSDs) Among Healthcare Workers (HCWs)	Vol.8, Issue 7, page no. e45-e50, July-2021,	ISSN:2349-5162.	7.95
13.	Roopa Rao and Sakshi Gupta	2021	International Journal for Research in Applied Science and Engineering Technology (IJRASET)	Prevalence of WMSDs and Task Characteristics of Manual Baking Activities in Bakeries	Volume 9, Issue VII	ISSN: 2321-9653	7.429

b. National Level

Paper /Article in Journal Publication							
S. No	Name of the author name/names	year of publication	title of the journal	Title of The Paper	vol (issue), page nos.,	ISBN	impact factor/H-index

SEMINAR, CONFERENCES, WORKSHOPS – PARTICIPATED/ATTENDED, ORGANIZED/CONDUCTED, AND PRESENTED RESEARCH PAPER

d. International Level

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs. Sunita Jaiswal						
5.	International Conference	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with <ul style="list-style-type: none"> • University of Nicosia, Cyprus • Otto von Guericke University Magdeburg, Magdeburg, Germany • Clara's College of Commerce, Versova, Mumbai, Maharashtra, India • 	28 th – 29 th January 2022 Zoom Online	
Dr. Roopa Rao						
6.	International Conference	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with <ul style="list-style-type: none"> - University of Nicosia, Cyprus 	28 th – 29 th January 2022 Zoom Online	

				<ul style="list-style-type: none"> - Otto von Guericke University Magdeburg, Magdeburg, Germany - Clara's College of Commerce, Versova, Mumbai, Maharashtra, India - ThinQ Research and Skill Development Society, Mumbai, India. 		
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e. National Level

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency
Mrs. Sunita Jaiswal						
10.	One week Faculty Development Programme	IQAC OF SHASUN Jain college of women IN COLLABORATION WITH IQAC cluster OF INDIA	Understanding NAAC Criteria - Marching towards excellence	IQAC OF SHASUN Jain college of women	6TH – 11TH Dec 21	
2	One day National Webinar	Department of Commerce ANNAMALAI UNIVERSITY, Annamali Nagar Chidambaram, Tamilnadu in collaboration with Association of Mutual	Personal Finance support and wealth creation for Startups –A Road Map	Department of Commerce ANNAMALAI UNIVERSITY, Annamali Nagar Chidambaram, Tamilnadu in collaboration with Association of Mutual Funds in India	31st Jan 22	

		Funds in India				
3	Webinar	Internal Quality Assurance Cell (IQAC) & Learning and Information Resource Centre (LIRC) of St. Francis Institute of Management & Research	WEBINAR ON INTELLECTUAL PROPERTY RIGHTS	St. Francis Institute of Management & Research	15 January, 2022	
4	Training Programme	DLLE Unit of KJ Somaiya college of Science and commerce	Extension work Training Programme	DLLE Unit of KJ Somaiya college of Science and commerce	10 TH Jan 22	
5	online faculty workshop	St. Xavier's College, Mumbai	National Education Policy 2020 for Higher Education	St. Xavier's College, Mumbai	10 TH Jan 22	
6	One day intercollegiate Webinar	Rajiv Gandhi College of Arts, commerce and Science in collaboration with DLLE	Plastic Waste Management	Rajiv Gandhi College of Arts, commerce and Science in collaboration with DLLE	12 th Feb 22	

f. State/Local Level

Seminar Conference Attended						
S. No.	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Sponsoring Agency

18. SEMINARS, CONFERENCES, WORKSHOPS –ORGANIZED/CONDUCTED

a. International Level

Seminars, Workshops, and Conferences Conducted/Organized						
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency
Dr. Roopa Rao						
1.	3rd International Conference on Empirical and Theoretical Research (ICETR-2022)	International Board for Education Research and Development (IBERD) in collaboration with - University of Nicosia, Cyprus - Otto von Guericke University Magdeburg, Magdeburg, Germany - Clara's College of Commerce, Versova, Mumbai, Maharashtra, India - ThinQ Research and Skill Development Society, Mumbai, India.	Empirical and Theoretical Research	Joint Secretary (IBERD) Anchor for inaugural and Valedictory sessions Hosts for 4 parallel sessions Co-Editor "Book of Abstracts"	28th – 29th January 2022 Zoom Online	
2.	Guest Talk 'Metalloporphyrin	International Board for Education Research and	Workshop	Hosted the workshop/guest	28 th January 2022	

b. National	Catalysed Magic: Chemosynthetic Liver' by Prof. Mukund Chorghade	Development (IBERD)		talk	Zoom online	
	Pathway to the Nobel Prize by Nobel Laureate Prof. Martin D. Burke					

/State Level

Seminars, Workshops, and Conferences Conducted/Organized							
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency	
Dr. Roopa Rao							
1.	“Aarohan – Aspiring to Achieve” (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Careers in Management and Ergonomics	- Faculty in-charge - Mentor/Guide - Facilitator	16 th April 2022 MS Teams Online Portal 3.00 – 5.00 pm		
2.	Utkarsh - Way to Excellence	Students of Hospitality Elective,	Entrepreneurship in CRM related fields	- Faculty in-charge	14 th April 2022		

	(Student-Led Alumni Interaction Webinar)	Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20		- Mentor/Guide - Facilitator	MS Teams Online Portal 3.00 – 5.00 pm	
3.	“Aarohan – Aspiring to Achieve” (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Design Careers – Explore your creative side!	- Faculty in-charge - Mentor/Guide - Facilitator	12 th April 2022 MS Teams Online Portal 3.00 – 5.00 pm	
4.	“Aarohan – Aspiring to Achieve” (Student-Led Alumni Interaction Webinar)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Hospitality – A Word of Wonders	- Faculty in-charge - Mentor/Guide - Facilitator	11 th April 2022 MS Teams Online Portal 3.00 – 5.00 pm	
5.	Back to Bachelorette (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	6 th February 2022 MS Teams Online Portal 3.00 – 5.00 pm	

c. L o c a l / U n i v e r s i t y/ College Level	6.	Western Vs. K-Pop (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	30 th January 2022 MS Teams Online Portal 3.00 – 5.00 pm	
	7.	Blast from the Past (Student-led Online Event for the Hospitality Industry)	Students of Hospitality Elective, Department of Community Resource Management, College of Home Science Nirmala Niketan, Mumbai – 20	Student-led Event for the Hospitality Industry	- Faculty in-charge - Mentor/Guide - Facilitator	23 rd January 2022 MS Teams Online Portal 3.00 – 5.00 pm	

y/ College Level

Seminars, Workshops, and Conferences Conducted/Organized						
S. No	Name of the Seminars/ Conferences	Name of the person / Organization conducted	Theme of the conference	Role In Organizing	Place & Date	Sponsoring Agency
Dr. Roopa Rao						
1.	16th Inter-Collegiate Avishkar Research Convention 2021 – 22 (Final Round)	Department of Student Development, University of Mumbai	C1 Humanities, Languages, and Fine Arts – UG Level Final Round	- Avishkar Co-coordinator - Host	15 th May 2022 Online Zoom portal 11.00 am – 5 pm	
2.	16th Inter-Collegiate	Department of Student Development, University of	C1 Humanities, Languages, and Fine	- Avishkar Co-coordinator	2 nd May 2022 Online Zoom	

	Avishkar Research Convention 2021 – 22 (Final Round)	Mumbai	Arts – PG/PPG/TH Level Final Round	- Host	portal 11.00 am – 5 pm	
3.	Instruction for Final Round -16th Inter-Collegiate Avishkar Research Convention 2021 – 22	Department of Student Development, University of Mumbai	Avishkar 2022	Co-coordinator Mumbai – I (Zone – 1)	28 th April 2022	
4.	Webinar on “Resume Writing”	Employment Placement Cell, College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Convenor of EPC – Organising Committee	8 th April 2022	
5.	Webinar on “Email Etiquettes and interviewing Skills”	Employment Placement Cell, College of Home Science Nirmala Niketan	Skill Development courses for graduating students	Convenor of EPC – Organising Committee	16 th Feb 2022	-
6.	“Rules, Regulations - Avishkar 2022” for Mumbai Zone-1 colleges	Department of Student Development, University of Mumbai	Avishkar 2022	Mumbai zone – 1 Co-coordinator, Avishkar 2022	10 th Feb 2022	-
7.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 2: Domain	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	23 rd Dec 2021	

		Training – Communication & Soft skills					
19. P R E S E N T E D R E S E A R C H P A	8.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 2: Domain Training – Aptitude/Logical reasoning	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	21 st Dec 2021	
	9.	Virtual Student Development Program (SDP) “developing Employment Skills” Day – 1: Domain Training - Marketing	PIBM (Pune Institute of Business Management), Pune in collaboration with NSDC (National Skill Development Corporation)	“Employability through Right Education”	Liaison with PIBM as the Employment Placement Officer, NNCHSC	20 th Dec 2021	

PERS IN SEMINARS, CONFERENCES, WORKSHOPS

c. International Level

Paper presented in Seminars, Conferences						
S. No.	Name of the author name/s	Title of the Paper	Name of the Conference/	Theme of the conference	Organized by	Place and Date

Seminar						
Ms.Sunita Jaiswal						
1	Sunita Jaiswal Veena Yardi	Role of women in Decision Making Process amongst Lower economic strata in Mumbai city	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 Zoom Online
Dr. Roopa Rao						
1.	Nidhi Boricha, Roopa Rao	Perception of Young Adults towards Yoga and its benefits	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 (Session 2; Room 3) Timing – 3.00 – 5.00 pm Zoom Online
2.	Supriya W., Roopa Rao	Ergonomic Risk Analysis of Bank Clerical Employees' Workstation	3 rd International Conference on Empirical and Theoretical	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the	28th January 2022 (Session 2;

			Research (ICETR-2022)		University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	Room 3) Timing – 3.00 – 5.00 pm Zoom Online
3.	Poonam Dalvi, Roopa Rao	Awareness of Workplace Hazards among Employees in Textile Weaving Industries	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 (Session 2; Room 3) Timing – 3.00 – 5.00 pm Zoom Online
4.	Purva Agarwal, Roopa Rao	Mallakhamb – Awareness among the Youth	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development	28th January 2022 (Session 2; Room 3) Timing – 3.00 – 5.00 pm Zoom Online

					Society, Mumbai.	
5.	Akanksha Kasliwal, Roopa Rao	Effect of Psychological Ergogenic Aid on Performance and Training among Tennis Players (9-16 years)	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 (Session 2; Room 3) Timing – 3.00 – 5.00 pm Zoom Online
6.	Sakshi Mangiraj, Roopa Rao	Consumer's Perception of Ideal Shoes and the Factors that Influence Buying Behaviour	3 rd International Conference on Empirical and Theoretical Research (ICETR-2022)	Empirical and Theoretical Research	International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai.	28th January 2022 (Session 1; Room 1) Timing – 3.00 – 5.00 pm Zoom Online

d. National Level

Paper presented in Seminars, Conferences						
S. No.	Name of the	Title of the Paper	Name of the	Theme of the	Organized by	Place and

	author name/ names		Conference/ Seminar	conference		Date

e. State/University/Local Level

Paper presented in Seminars, Conferences						
S. No.	Name of the author name/ names	Title of the Paper	Name of the Conference/ Seminar	Theme of the conference	Organized by	Place and Date
Mrs Sunita Jaiswal						
1	Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala, Sunita Jaiswal	Death and Dying	AARYA 2021 – 2022 - Intercollegiate Interdisciplinary Undergraduate Research Competition	Intercollegiate Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	28 th February 2022 Online
Dr. Roopa Rao						
1.	Tanisha Kadam, Roopa Rao	Weaving a Fabric of Fitness	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Final Round)	Avishkar Research Convention (University Level)	Department Of Students' Development, University of Mumbai	15 th May 2022 Online
2.	Purva Agarwal, Roopa Rao	Mallakhamb: Inclusion as Physical Training (P.T.) In School	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Final Round)	Avishkar Research Convention (University Level)	Department Of Students' Development, University of Mumbai	2 nd May 2022 Online

3.	Vanessa Figer, Roopa Rao	Work from home: A boon for teachers"	URJITA 2022 - Online intercollegiate Undergraduate Students' Research Competition	Challenges & Opportunities in a Changing world	Smt P N Doshi Women's College, Ghatkopar, Mumbai - 86	12 th March 2022 Online
4.	Teresa Esha Roopa Rao	Quality of Work Life (QoWL) of the Medical Representatives	URJITA 2022 - Online intercollegiate Undergraduate Students' Research Competition	Challenges & Opportunities in a Changing world	Smt P N Doshi Women's College, Ghatkopar, Mumbai - 86	12 th March 2022 Online
5.	Sakshi Mangiraj, Roopa Rao	Walking the Right Way to Health!	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
6.	Akanksha K., Roopa Rao	Effect Of Psychological Ergogenic Aid in Training of Tennis Players (9 - 16 Years)	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
7.	Nidhi Boricha, Roopa Rao	Yoga vs Gym: Choice of the youth	16th Inter-Collegiate Avishkar Research Convention: 2021-	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022

			22 (Selection Round)			
8.	Purva Agarwal, Roopa Rao	Mallakhamb: Inclusion as Physical Training (P.T.) In School	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
9.	Tanaya Naik, Roopa Rao	Managing Bank- ability of Clerical Staff	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
10.	Rukaiya Unwala, Roopa Rao	Designing For A Healthier Home (Maker)	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
11.	Teresa Esha Roopa Rao	Work-Related Challenges among Medical Sales Representatives	16th Inter- Collegiate Avishkar Research Convention: 2021- 22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
12.	Poonam Dalvi, Roopa Rao	Weaving a Fabric of Fitness	16th Inter- Collegiate Avishkar	Avishkar Research Convention	Department Of Students' Development, University of	Submitted to DSD, UoM

			Research Convention: 2021-22 (Selection Round)	(District/Zone Level)	Mumbai	by 17 th Feb 2022
13.	Vanessa Figer, Roopa Rao	The Inconvenient Truth about WFH – A Teacher's Perspective	16th Inter-Collegiate Avishkar Research Convention: 2021-22 (Selection Round)	Avishkar Research Convention (District/Zone Level)	Department Of Students' Development, University of Mumbai	Submitted to DSD, UoM by 17 th Feb 2022
14.	Riddhi Chheda Devanshi Dedhia Roopa Rao	Impact of COVID-19 on Tourism Industry: Perception of Mumbaikars	AARYA 2021 – 2022 - Intercollegiate Interdisciplinary Undergraduate Research Competition	Intercollegiate Interdisciplinary Undergraduate Research Competition	College of Home Science Nirmala Niketan	28 th February 2022 Online
15.	Sakina K., Rukaiya U., and Roopa Rao	Health of the Home maker – A balancing Act Research Paper Presentation	Elysium – A virtual Inter-Collegiate Festival	Azadi ka Amrit Mahotsav – Celebrating 75 glorious years of Independence	B. L. Amlani College of Commerce and Economics; M. R. Nathwani College of Arts; in collaboration with Department of Life Long Learning, University of Mumbai	19 th January 2022 Online zoom portal

20. INVITED AS CHIEF GUEST, PANELIST, AND SPEAKER

Invited as Chief Guest, Panellist, and Speaker						
S. No.	Name of the Organization	Details of the event	Invited as	Place and Date	Topic of the talk/speaker/ panel discussion	Collaboration /Sponsoring Agency
Mrs Sunita Jaiswal						
Dr. Roopa Rao						
2.	Department of Students' Development, HSNC University, Mumbai	Undergraduate, Post Graduate students, Research Scholars, and teacher participants	Speaker	27 th January 2022 3.00 – 5.30 pm Online Zoom platform	Research Proposal Writing	-

21. EXAMINATION WORK**22. EXTENSION ACTIVITIES/ INDUSTRIAL VISIT:****Extension Activities****a. KARAJGAON RURAL CAMP**

Gnanajyoti Community College, located at Patilpada Karajgaon, Palghar district is managed by the Nirmala Niketan Institute. Sr. Clera Gonsalves is the in-charge of the College. The college caters to the Warli tribal youth. The Warlis are an indigenous tribe or Adivasis living in mountainous as well as coastal areas of the Maharashtra-Gujarat border and surrounding areas. They have their own animistic beliefs, life, customs, and traditions. The Warli language is a dialect spoken by this tribe.

Sixteen students and two faculty members Dr. Roopa Rao & Ms. Saniya Pai from the Department of Community Resource Management, College of Home Science Nirmala Niketan, and Mumbai – 20 visited the Gnanajyoti Community College from 23rd to 24th March 2022. The group planned and organized various skill-building as well as knowledge-filled sessions for the sixty-four students of the community college. The planning and rehearsing began on the 7th of March 2022. Marathi-speaking students from the department opted to participate and gain practical skills. Six sessions including the feedback session were planned. Students were divided into groups and each group was delegated the responsibility to handle one session each.

The group boarded the Gujarat Super-fast Express to Umbergam in Gujarat State on 23rd March 2022 at 5.45 am from Mumbai Central station. Local transportation – autorickshaw was taken to reach the interior rural area located at Patilpada, Karajgaon. The sisters (Sr. Clera Gonsalves, Sr. Shirley, Sr. Ramila Dodhia, and Sr. Mary Colaco) were very happy to welcome the group of students at 8.00 am. After breakfast, the group attended the assembly and were then taken around for a facility tour by Sr. Mary. She also oriented the group to the work of the community college.

The ‘Warli Art Centre’ located on the ground floor of the college building, provides skill-based training to the local womenfolk. It exhibits the Warli painted artifacts such as kurtas, stoles, bags, handkerchiefs, cups/mugs, and home décor accessories. Once the group settled, they started organizing the community college hall for the icebreaker session. The tables were laid, floor mats for the students were placed and the LCD projector – laptop connected. The excited group was anxiously waiting to start the session at 10.00 am.

The schedule planned (session-wise) for the 2-day visit was as follows:

23rd March 2022 (Wednesday)	
10.00 - 11.00 am	Session 1 - Icebreaker
11.00 - 1.00 pm	Session 2 - Decision Making and Time Management
1.00 - 1.30 pm	Lunch
1.30 - 3.00 pm	Session 3 - Skill Development - Rug Making
3.00 - 4.00 pm	Session 3 – Skill Development - Veg Pickle bottling and Packaging
4.00 - 5.30 pm	Session 3 – Skill Development Session - Tie n Dye
8.30 – 10.00 pm	Informal bonding Skill Development Session session with community college students
24th March 2022 (Thursday)	
8.30 – 11.00 am	Session 4 – E-marketing, Marketing Skills, Packaging
11.00 - 1.00 pm	Session 5 – Stress Management & Mental Health
1.30 – 2.30 pm	Session 6 – Feedback and Good bye

The participants from the Community college as well as the sisters appreciated the efforts put in to organize the session. Sr. Clera specifically mentioned that she liked the meticulously planned 2-day coursework. Gifts were distributed to the most active participant and also to those participants who did not receive any gifts on the previous day.

The participants appreciated the skill-building sessions specifically and the games. They also were very happy with the multiple gifts that they got during the two days. Two students (Fatema Motiwala and Sakina Sadriwala) were in-charge of the gifts and had an account of it all. Students enthusiastically had started collecting relevant gifts two weeks in advance, The collected gifts/goodies were sorted and packed as per the sessions by the two in-charge students. They gift-wrapped the gifts using old wrappers as well as newspapers and placed them in different boxes. Rich/good

saris and dresses/trousers were separated and gift-wrapped for teachers and other staff. Five carton boxes were filled with gifts and the student group was excited about having collected them all. During the rural camp, gifts were distributed to encourage participation and active involvement. This strategy helped break the ice. Towards the end of the session, almost 50% of the participants had received a gift. Names of the awardees were noted to ensure that all 100% received at least one gift. Community college staff, mausi (cook), Mr. James (driver), and the helping staff were gifted with sarees and coffee mugs as a token of our love for their hospitality.

Sr. Clera expressed her happiness when the participants volunteered to give verbal feedback themselves. She said that this move itself was an improvement. The NNCHSc group was thrilled with this single compliment from Sr. Clera. Sr. Mary and Sr. Shirley also mentioned that the group had taken great efforts to ensure that every participant understood all details. The sisters also thanked Dr. Roopa Rao and Ms. Saniya Pai for the efforts and mentioned once again that the 2-day camp was well designed and also well-executed.

B -BHARUCH RURAL CAMP- VIDHYADEEP COMMUNITY COLLEGE

The students of Department of Community Resource Management from College of Home Science Nirmala Niketan went for a rural camp from 29th march 2022 to 31st march 2022 Vidyadeep community college Bharuch managed by the Nirmala Niketan Institute. The main objective is to conduct community extension programme where students are exposed to underprivileged society. The purpose of meeting is to develop entrepreneurial skills among the girls to enable them to start their own venture as part of self-help group. This interaction also exposes the students to learn the facts of life i.e. simple living and also to impart their class room learning in the community. Twenty one students along with Two staff members (Mrs Sunita Jaiswal and Miss Ridhi Raut) boarded the Karnavati train to reach Bharuch by Six PM , it took an hour to reach the institute .The staff and students were greeted by Sister Asha (Principal of the institute) , Miss Lavina, Miss Janet

The schedule planned (session-wise) for the 3-day visit was as follows:

29th March 2022 (Tuesday)	
8.00 – 9.00 pm	Session 1- Icebreaker Motivational and Team Building Games
30th March 2022 (Wednesday)	
8.00 - 10.00 am	Session 2- SELF-DEFENCE Workshop - Miss Fatima Kanchwala
10.30 - 12.30 PM	Session 3 - Skill Development - Envelope making workshop - Aishwarya Pololoo
1.30- 4.00 PM	Session 4 – Skill Development - Purse making Workshop - Aanchal Tiwari
4.15 - 5.15 PM	Session 5 – Consumer Awareness (Food Adulteration) Workshop - Miss Stency and Miss Waasifa
5.30 - 7 .00 PM	Session 6 - Skill Development - Dream Catcher Workshop - Sakina Kherodawal

7.00- 8.00 Pm Day 1 feedback session
31st March 2022 (Thursday)
7.00- 9.00 am Session 7 –Dance workshop- Michelle Fernandez
Feedback and Good bye

The 3 days sessions conducted were very much appreciated by the sisters and all the participants. Motivational and team building games were organized to build good repo and interaction between the participants and students. Moreover it was a fun bonding activity for everyone. This led to activity being very fun and competitive as per their reviews, this activity taught them how to work well in teams and coordinate. This also showed their unity as they were motivating each other to win too.

The participants enjoyed the music and danced in the center of the ground on the music. This was just a fun activity so that they could loosen up by dancing and become more casual with our students, which would benefit us with their honest reviews about us. Conducting this activity and seeing all participants so happy dancing and enjoying the music made everyone the happiest! Students were eagerly waiting and looking for such opportunities in the future. Games were organized and curated by Miss Disha Maroly.

A self-defence workshop was organized by Fatema.R.K.Kanchwala. The workshop started with a few exercises to energize the body. It was conducted with a group of 92 students who were staying in the college hostel itself. The session was conducted with help of few student volunteers Michelle, Disha, Sania, Waasifa, Bhavya, Stency, Vanessa, Blencina, Juveriya, Saloni, Sakina, Anchal, Aishwariya and Esha. They helped in correcting the posture, moves, kicks and punches. After the warm-up the session continued with different types of punches and in what circumstances and how it can be used for self-protection in case of abuse. With punches coming strong with the aim we then moved to kicks such as chop kick, snap kick, hammer kick and groin kick were demonstrated. The session was ended by answering all the questions and taking back lots of happy and confident feed backs. The management of the community also actively participated in learning all the tips and tricks of kicks and punches, it was a wholesome experience of discipline, cleanliness, punctuality, confidence, excitement, happiness and courage

10.30 - 12.30 PM Envelope making workshop was conducted by Aishwarya Pololoo. Student volunteers were Juveriya, Esha, Aishwarya Saloni , Bhavya, Vanessa, Waasifa, Umaima, Priyanka, and Priya. Students were divided in two groups. Four different types of envelopes were taught, Simple Envelopes with mandala art and different other techniques of decorations, decorative Envelopes were demonstrated and taught. Materials for making envelopes were purchased from Mumbai .All the extra materials were left for the participants to practice in future. The participants were very

enthusiastic while making the Envelopes. They came up with very creative ideas of decorating the Envelopes. The girls enjoyed the session very much. The workshop ended at 12.15 p.m with positive feedback.

1.30- 4.00 PM Purse making Workshop was conducted by Miss Aanchal Tiwari. Student volunteers were Anchal, Nusaiba, Nidhi, Umaima, Blencina, Shofia, Bhavya, Sakina, Priyanka, Priya .The session was on Easy DIY purse which can be made up of minimum costs like old bed sheets/cloth, thin cardboard, fabric glue, Velcro and needle and thread.

88 participant were divided in 8 groups and 2 participants worked in pairs and learnt the procedure of making purse. They all enjoyed the workshop thoroughly. It was a learning experience for our students also where they learnt the importance of team building, patience, Creativity. The interaction between the two groups was extremely satisfactory .Every student enjoyed teaching and learning .The Participants were very keen on learning new things and were even very excited. Participant's concentration was immense and they made note of each and every steps that was being demonstrated for future reference. The session wined at 4.30PM

4.15 - 5.15 PM Consumer Awareness (Food Adulteration) Workshop: This was the Fourth workshop of the day conducted by the students Miss Stency and Miss Waasifa.They introduced the topic to the participants where they spoke about how important it is to know about the quality of the food and spices we are consuming and to what extent they are safe for us. Information was given regarding food poisoning and how it can be caused by simple mistake as well such as negligence, overeating, and not maintaining proper hygiene and how it disrupts our immune system. Information was provided about misleading practices taking place in market and Vendors and shopkeepers cheat their customers and make profit. Importance of reading labels and checking dates of packaging and expiry before buying and consuming anything was also explained. Participants were also told about the TFM (total fatty matter) contents in soap about how much is required in washing soaps and how much is required in bathing soaps and how advertisements mislead us and we must not believe and take everything we see and hear.

Miss Vanessa and Miss Stency then demonstrated simple home techniques to detect adulterants in spices also to detect its purity and how can we identify spices and herbs if they are non-adulterated or a carbon copy of it.The techniques were very simple where all materials used to detect adulterants are easily available in home kitchens.

5.30 - 7 .30 PM Dream Catcher Workshop conducted by Sakina Kherodawala. It was the Fifth and last workshop of the day. Student volunteers were Sakina Kherodawal, Priya Pathak, Priyanka Shinde, Umaima Dahodwala, Bhavya Gala 'This workshop was conducted to make Participants aware how a decorative item can be made with simple things which are available easily and can be sold in the market easily. This activity also helped them to show case their talents and creativity. Materials used were bangle, wool and colored papers. Students also taught them various shapes / designs of

dream catcher like star, flower, diamond, etc. Participants were asked to make their own designs. They made various kind of designs and decorated it with pearls, papers, feathers, etc. They were so much excited to make and they even said they will hang it on their window and in the end the activity went successful their dream catcher they made came out to be the most beautiful and neat work. Indeed, it was joyful and a fruitful workshop for them as well as US.

On the final day of departure a dance workshop was organised by our student Michelle Fernandez. from 7am to 9am. All the sisters of the community college also participated in this workshop. The session was attended by 92 students all staying at the community college. The student volenteres were Fatema, Disha, Sania, Waasifa, Bhavya, Stency, Vanessa, Blencina, Juveriya, Saloni, Sakina, Anchal, Aishwariya and Esha. The song selected to teach them was Tumi ho Bandu, it's a Semi Classical style, of dance form. This dance form requires a lot understanding of the postures, having a strong core and having self-discipline. The session went on for 2 hours. Michelle also explained how they could come up with their own new steps and taught them the basic counting of dance steps. In the end Michelle shot a video with them dancing to the whole section of the song.

A group picture was clicked and the students of the community college gave us a vote of thanks and we gave them a few gifts and headed down for Breakfast. It was very enlightening for every one as our students got to learn many things from them such as punctuality, obedience, mannerism, team spirit, enthusiasm, discipline, how to be well organized and be grateful and appreciate little things in life and be satisfied with all the things God has blessed us with.

INDUSTRIAL VISIT

The department managed the not-so-perfect year well by ensuring that the students get the maximum experience of all sorts – skill-building workshops, visits, event organizing opportunities, workshops, rural exposure, etc.... it just lacked an industrial visit (IV). Few tour operators were contacted immediately, including Ecstasy Educational and Holiday and Planners. The quote from EEHP was accepted, and a trip to Igatpuri-Nashik was planned from 4th – 6th March 2022. It was planned as a fun-cum-knowledge tour. The final itinerary of the trip was as follows:

Day 01:

Mumbai – Igatpuri (140 Kms)

Assemble at college by 06.00 Hrs. & proceed to Igatpuri by 06.30 Hrs. by bus. Breakfast will be served at the resorts. Arrive Igatpuri, proceed for Industrial Visit & later check-in at the hotel. After lunch proceed to visit Kapil muni Ashram (One of the oldest universities). Dinner & Overnight stay at the hotel.

Day 02: **Igatpuri - Nashik**
After breakfast, proceed to visit Bahuli Dam. After early Lunch at the hotel proceed for Industrial Visit & late sightseeing of Nashik visiting Dadasaheb Phalke Udyan. Dinner, Dance Party & overnight stay at the hotel.

Day 03: **Igatpuri – Mumbai (140 Kms)**
After breakfast check out & proceed to Vipassana Center (Meditation center). After lunch at the hotel, depart to Mumbai. En-route visit the Camel Valley (outer view). Evening one packed of wafer & frooti will be served in the bus. Reach Mumbai at 19.00 hrs & disperse with happy memories.

Day two (5th March 2022) started early with a trip to The Parle factory, Nashik Plant at 10.00 am. The group then visited Swami Samarth Engineering, and post-lunch they visited Space Laser and Ambar Auto Engineers Pvt. Ltd., Nashik. Though a tiring day it was a perfect combination of industries to learn about Occupational Health, HR matters, and TQM.

23. PARTICIPATION, PRIZES, AND AWARDS RECEIVED:

b. AWARDS/PRIZES RECEIVED BY STAFF

c. AWARDS/PRIZES RECEIVED BY STUDENTS

Mrs. Roopa Rao

- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled " **Weaving a Fabric of Fitness,**" in the Selection Round at the 16th Avishkar Inter- zonal Research Competition organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, on 15th May 2022.
 - This proposal was among the best few selected shortlisted to participate in the Final round scheduled and was awarded the **second prize.**
- Agarwal, P., and Rao, R. (2022), Presented a research proposal titled " **Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" in the Selection Round at the 16th Avishkar Inter- zonal Research Competition organized on the virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2nd May 2022.

- **Awarded SECOND BEST RESEARCH PAPER at URJITA 2022.** Gala, B., Fernandes, S., Andrades, S., Figer, V., and Rao, R. (2022) Presented a research study titled "**Work from home: A boon for teachers,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed '**Challenges & Opportunities in a Changing world**' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12th March 2022.
- **Awarded FIRST PRIZE at AARYA 2022.** Chheda, R., Dedhia, D., Gandhi, S., Haria, K., Mehta, M., and Rao, R. (2022), Presented a research study titled "**Impact of COVID 19 on Tourism – Perception of Mumbaikars,**" at AARYA 2022 Inter-collegiate Undergraduate Research Competition organized Online by College of Home Science Nirmala Niketan on 28th January 2022.

d. PARTICIPATION

Mrs Sunita Jaiswal

- Jaiswal S., AND Yardi V. (2022), Presented a research proposal titled "**Role of women in Decision Making Process amongst Lower economic strata in Mumbai city**" at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; Thin Q Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala, and Sunita Jaiswal (2022) Presented a research study titled "**Death and Dying,**" at **AARYA 2021 – 2022 - Awareness and Action Research for Youth Awakening - Inter-collegiate Interdisciplinary Undergraduate Research Competition** organized Online by College of Home Science Nirmala Niketan on 28th February 2022.

Mrs. Roopa Rao

- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled "**Weaving a Fabric of Fitness,**" at the **16th Avishkar Research Convention 2021-22 (final round)** organized on a virtual platform by Department of Students Development, University of Mumbai. The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: UG, on 15th May 2022.
- Agarwal, P., and Rao, R. (2022), Presented a research proposal titled "**Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" at the **16th Avishkar Research Convention 2021-22 (final round)** organized on a virtual platform by the Department of Students Development,

University of Mumbai. The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2nd May 2022.

- Vanessa Figer, Bhavya Gala, Sania Fernandes, and Roopa Rao (2022) Presented a research study titled "**Work from home: A boon for teachers,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed 'Challenges & Opportunities in a Changing world' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12th March 2022.
 - This paper was selected as the 2nd Best Research paper presented and was awarded certificates and a cash prize of Rs. 3000/-
- Esha Sam, Saloni Shah, Fatema Ganjifrockwala, Priya Phatak, and Roopa Rao (2022) Presented a research study titled "**Quality of Work Life (QoWL) of the Medical Representatives,**" at URJITA 2022 - Online *intercollegiate Undergraduate Students' Research Competition* themed 'Challenges & Opportunities in a Changing world' organized Smt. P. N. Doshi Women's College, Ghatkopar, Mumbai on 12th March 2022.
- Riddhi Chheda, Devanshi Dedhia, Karina Haria, Moksha Mehta, Shailee Gandhi, and Roopa Rao (2022). Presented a research study titled "**Impact of COVID 19 on Tourism – Perception of Mumbaikars,**" at **AARYA 2021 – 2022 - Awareness and Action Research for Youth Awakening - Inter-collegiate Interdisciplinary Undergraduate Research Competition** organized Online by College of Home Science Nirmala Niketan on 28th February 2022.
- Dalvi, P., Bhaigade, V., Kadam, T., Bale, N., and Rao, R. (2022), Presented a research proposal titled "**Weaving a Fabric of Fitness,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
 - The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, on 15th May 2022.
- Purva Agarwal, and Rao, R. (2022), Presented a research proposal titled "**Mallakhamb: Inclusion as Physical Training (P.T.) In School,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
 - The research proposal was selected as the best research proposal among 2000+ research proposals received by the university to be presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, on 2nd May 2022.
- Maroly D., Unwala R., Kherodawala, S., and Rao, R. (2022) Presented a research proposal titled "**Designing for A Healthier Home (Maker),**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by

University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.

- Figer, V., Gala, B., Fernandes, S., Andredas, S., and Rao, R. (2022) Presented a research proposal titled "**The Inconvenient Truth about WFH – A Teacher’s Perspective,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Naik, T., Waghmare, S., Pereira, C, Bhosale, S., and Rao, R. (2022) Presented a research proposal titled "**Managing Bank-ability of Clerical Staff,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Esha Sam, Shah, S., Ganjifrockwala, F., Phatak, P., Ansari, A., and Rao, R. (2022) Presented a research proposal titled "**Work-Related Challenges among Medical Sales Representatives,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on the virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 1: UG, in Feb 2022.
- Boricha, N., and Rao, R. (2022), Presented a research proposal titled "**Yoga Vs. Gym: Choice of the Youth,**" at the **16th Avishkar Inter-zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Akanksha Kasliwal, and Rao, R. (2022), Presented a research proposal titled "**Effect of Psychological Ergogenic Aids in Training Tennis Players (9 – 16 years),**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Mangiraj S., and Rao, R. (2022), Presented a research proposal titled "**Walking the Right Way to Health,**" at the **16th Avishkar Inter- zonal Research Convention 2021-22 (selection round)** organized on a virtual platform by the University of Mumbai. The research proposal was presented under Category 1: Humanities, Languages and Fine Arts; Level 2: PG, in Feb 2022.
- Akanksha Kasliwal, and Rao, R. (2022), Presented a research proposal titled "**Effect of Psychological Ergogenic Aid on Performance and Training among Tennis Players (9-16 years),**" at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia,

Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.

- Purva Agarwal, and Rao, R. (2022), Presented a research proposal titled “**Mallakhamb – Awareness among the Youth,**” at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Sakshi Mangiraj., and Rao, R. (2022), Presented a research proposal titled “**Consumer's Perception of Ideal Shoes and the Factors that Influence Buying Behaviour,**” at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Nidhi Boricha, and Roopa Rao (2022). Presented a research paper, “**Perception of Young Adults towards Yoga and its benefits,**” at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with the University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Supriya Waghmare, and Roopa Rao (2022). Presented a research paper, “**Ergonomic Risk Analysis of Bank Clerical Employees' Workstation,**” at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.
- Poonam Dalvi, and Roopa Rao (2022). Presented a research paper, “**Awareness of Workplace Hazards among Employees in Textile Weaving Industriousness,**” at the **3rd International Conference on Empirical and Theoretical Research (ICETR 2022)**, organized by the International Board for Education Research and Development (IBERD) in collaboration with University of Nicosia, Cyprus; Otto von Guericke University Magdeburg, Germany; Clara's College of Commerce, Versova, Mumbai; ThinQ Research and Skill Development Society, Mumbai on 28th – 29th January 2022.

- Sakina Kherodawala, Rukaiya Unwala, and Roopa Rao (2022). Presented a research poster on their research work titled **“Health of the Homemaker – A balancing Act,”** at Elysium – A virtual Inter-Collegiate Festival themed **“Azadi ka Amrit Mahotsav – Celebrating 75 glorious years of Independence”** organized by B. L. Amlani College of Commerce and Economics; M. R. Nathwani College of Arts, Juhu, Mumbai; in collaboration with Department of Life Long Learning, the University of Mumbai on 19 January 2022.

e. **RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of the journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions, etc.)**

S. No.	Details of the recognition
Mrs. Sunita Jaiswal	
4.	Board of Studies <ul style="list-style-type: none"> Appointed on the Board of Studies Dr. BMN College of Home Science (Resource Management)
5.	Panelist of Selection Committee as Subject expert by SNTD women’s university Appointed as Panel in subject expert of Community Resource Management at Anjuman-I- Islams Begum Jamila Haji Abdul Haq Collage of HomeScience on 18 th May 2022. The interview took place between 2.30 – 4.30 pm
6.	
Dr. Roopa Rao	
1.	‘Team Manager’ for University of Mumbai Contingent at Anveshan National Student Research Convention (Inter-University National Level Research Convention) <ul style="list-style-type: none"> Appointed as the “Team Manager” for Anveshan National Student Research Convention (Inter-University National Level Research Convention) 2022 organized by Association of Indian Universities, New Delhi at Academy of Maritime Education and Training (AMET), Chennai, Tamil Nadu on March 27th – 28th 2022 as per Ref Letter No. SW 433 of 2022 dated 23rd March 2022 and Ref Letter No. SW 433 (A) of 2022 dated 23rd March 2022.
2.	Joint Secretary, IBERD (International Board of Education, Research and Development) (Home International Board for Educational, Research and Development (iberd.org) since May 2018
3.	District Co-coordinator, Avishkar – University of Mumbai <ul style="list-style-type: none"> Appointed as a District co-coordinator for 16th Inter-Collegiate Avishkar Research Convention 2021 - 2022 for Zone –

	I (Mumbai – I) (Colaba to Mahim, CSMT to Matunga, and CSMT to Wadala) as per Ref Letter No. SW 306/2 of 2022 dated 7 th January 2022
4.	<p>Research Guide for M.Sc.-2 Students</p> <ul style="list-style-type: none"> Appointed as a Guide for MSc in Sports Nutrition Course by Department of Foods, Nutrition and Dietetics, College of Home Science – Nirmala Niketan, Mumbai, for the Self-Financing Master’s program, affiliated to the University of Mumbai; as per letter Ref. No. NN/CHSC/21 - 22/GO/3487 dated 10th August 2021. <p>4 students were allotted – Ms. Nidhi Boricha, Ms. Sakshi Mangiraj, Ms. Akanksha Kasliwal, and Ms. Purva Agarwal.</p>

24. CONTRIBUTION TO ACADEMIC AND ADMINISTRATIVE ACTIVITIES WITHIN COLLEGE

a. MEMBERS OF COLLEGE ADMINISTRATIVE COMMITTEES

S. No.	Name of the committee	Designation
Mrs. Sunita Jaiswal		
16.	NAAC-Criteria IV Infrastructure Development and Learning Resources	Convener
17.	Department of Community Resource Management	HOD
18.	T.Y.B.Sc CRM Community Services (Extension Activities)	Coordinator
19.	Department of Life Long Learning and Extension. University of Mumbai	Extension Coordinator
20.	Value Added Course "Cultural Heritage and Management"	Coordinator
21.	College Management Committee	Head of the Department
22.	Internal Quality Assurance Cell (IQAC)	Member
23.	NIRF (National Institutional Ranking Framework)	Member
24.	Examination committee	Member
25.	Student council committee	Member
26.	Admission committee	Member
27.	Attendance committee	Member
Mrs. Roopa Rao		
1.	Employment Placement Cell	Convenor
2.	S.Y.B.Sc.	Coordinator
3.	Value-Added Course "Workstation Design and Applied Ergonomics"	Coordinator
4.	College Development Committee	Elected Member

5.	College Management Committee	Senior Teacher of the Department
6.	F. Y. B.Sc. Practical (Aesthetics in Design)	Practical Coordinator
7.	F. Y. B.Sc. Practical (Skills for the Hospitality Industry)	Practical Coordinator
8.	Purchase Committee	Member
9.	Grants Committee	Member
10.	AARYA, Avishkar, and MRP committee	Member
11.	Unfair Means Enquiry Committee	Member
12.	NAAC Criterion – II	Member
13.	Admission Committee	Member
14.	Anti-Ragging Committee	Member
15.	Time Table Committee	Member

b. ACADEMIC CONTRIBUTION

S. No.	Title of the activity	Details	Date
Mrs. Sunita Jaiswal			
7.	Orientation to specializations at the T.Y.B.Sc. for SYBSc students	<ul style="list-style-type: none"> Conducted an orientation to specialization for SYBSc (2021 – 2022 batch) students 170+ participants (which included parents of S.Y.B.Sc. students. As it was an online meeting, both parents of almost students had logged in with a single device). 	23 rd April 2022
8.	Planned and Organized Workshops for the non-affiliated Value-Added Courses in Cultural Heritage Management for SYBSc	<p>Cultural Heritage Management: The first session was scheduled for 18th April 2022. Mrs. Sunita Jaiswal the coordinator of the course invited Mrs. Rashmi Ahuja who is a GSA at Sharaf Travel India and the Commercial Coordinator, MSC Cruises India with over 21 years of experience in the Tourism Industry. Eighty-</p>	18 th April 2022 (9.00 – 11.00 am)

	2021-2022 batch	<p>eight (88) students attended this session. The sessions covered a wide range of topics such as:</p> <ul style="list-style-type: none"> - Introduction /Overview of the Tourism Industry - Verticals of the Tourism Industry - Human Resources/Relationships base - Sustainable Tourism - Impact of Pandemic – Negative & Positive - Travel as a lifestyle & Opportunities that it creates for young talents <p>The second session was organized on 20th April 2022, from 11.00 am to 1.00 pm. Mr. Nabeel Ansari, CEO & Owner - The Tern Travellers and Wild Adventure Safaris India, with a related experience of over 12 years was the invited expert to conduct this session. Thirty-three (33) students attended this session. Topics covered are:</p> <ul style="list-style-type: none"> - India & International as tourism hot spot - Quiz on Indian destinations - Careers in Tourism <p>Students appreciated both the sessions and have given very positive feedback.</p>	20 th April 2022 (11.00 am – 1.00 pm)
9.	Blended mode of teaching (T. Y. B. Sc.)	Planned and coordinated to start Blended mode of teaching for TYBSc., after lock down .Practical's and Theory both were conducted offline mode. Month of February started full offline mode of teaching.	
Dr. Roopa Rao			
1.	Orientation to specializations at the T.Y.B.Sc.	<p>Planned, coordinated, and conducted an Orientation to specializations at the T.Y. B. Sc. Level for the S.Y.B.Sc. (2021 – 2022 batch) students.</p> <ul style="list-style-type: none"> - 170+ participants (which included parents of S.Y.B.Sc. students. As it was an online meeting, both parents of almost students had logged in with a single device). - Coordinated with the HoDs to designate one staff to deliver details of the department. <ul style="list-style-type: none"> • Ms. Fatima Kader – FND Dept 	23 rd April 2022

		<ul style="list-style-type: none"> • Ms. Brenda Fernando – HD Dept • Dr. Ritu Madan – TFT Dept • Ms. Sunita Jaiswal – CRM Dept <p>- Queries/Questions from both parents/guardians as well as from students were answered by the S. Y. Coordinator as well as the In-charge Principal.</p>	
2.	<p>Planned Workshops for the non-affiliated Value-Added Courses in coordination with the course coordinators. Each course was given 4 hours, split into 2 two-hour sessions.</p> <ol style="list-style-type: none"> a. Indian Sign Language (Course Coordinator – Mrs. Rhonda Divecha) b. Cultural Heritage Management (Course Coordinator – Mrs. Sunita Jaiswal) c. Personal Styling, Grooming, and Fitness (Course Coordinator – Mrs. Vibhuti Khedekar) 		18 th – 20 th April 2022
	<p>a. Indian Sign Language: Two sessions were organized in coordination with the course coordinator Ms. Rhonda Divecha, “Orientation to Indian Sign Language” was conducted on the 18th and 19th of April 2022. The Resource Persons were Mr. Jayesh Sureja and Ms. Kinjal Shah. Ms. Kinjal Shah was the interpreter. Mr. Jayesh and Ms. Kinjal have been associated with our college for teaching ISL since 2013 when we started the first Value Added Course in “Orientation to Indian Sign Language” in our college. Topics that they covered over the 2 days included:</p> <ul style="list-style-type: none"> - The basic nature of Indian Sign Language - The myths about Indian Sign Language - Signing basic vocabulary of alphabets, numbers, months, days of the week, and some animals. fruits, vegetables, etc. - Make simple conversational sentences/questions from the words covered above. <p>41 students attended both days and were awarded participation certificates. The students were grateful for this set of workshops and thanked the Resource Persons for teaching them some basic Indian Sign Language.</p>		<p>18th April 2022 (1.30 – 3.30 pm)</p> <p>19th April 2022 (1.30 – 3.30 pm)</p>
	<p>b. Cultural Heritage Management: The first session was scheduled for 18th April 2022. Mrs. Sunita Jaiswal the coordinator of the course</p>		18 th April 2022 (9.00 – 11.00)

	<p>invited Mrs. Rashmi Ahuja who is a GSA at Sharaf Travel India and the Commercial Coordinator, MSC Cruises India with over 21 years of experience in the Tourism Industry. Eighty-eight (88) students attended this session. The sessions covered a wide range of topics such as:</p> <ul style="list-style-type: none"> - Introduction /Overview of the Tourism Industry - Verticals of the Tourism Industry - Human Resources/Relationships base - Sustainable Tourism - Impact of Pandemic – Negative & Positive - Travel as a lifestyle & Opportunities that it creates for young talents <p>The second session was organized on 20th April 2022, from 11.00 am to 1.00 pm. Mr. Nabeel Ansari, CEO & Owner - The Tern Travellers and Wild Adventure Safaris India, with a related experience of over 12 years was the invited expert to conduct this session. Thirty-three (33) students attended this session. Topics covered are:</p> <ul style="list-style-type: none"> - India & International as tourism hot spot - Quiz on Indian destinations - Careers in Tourism <p>Students appreciated both the sessions and have given very positive feedback.</p>	<p>am)</p> <p>20th April 2022 (11.00 am – 1.00 pm)</p>
	<p>c. Personal Styling, Grooming, and Fitness: A 2-day workshop on Personal styling grooming and fitness by Ms. Shaifali Singh- Transformation Coach and Solutions Facilitator was organized for the students of SYBSC batch 2021-2022. This course is an Add on Diploma course offered by the Department of Textile and Fashion Technology, and is affiliated to University of Mumbai.</p> <p>The workshop included</p> <ul style="list-style-type: none"> - The importance of personal styling and grooming. - The concepts of wardrobe management, - capsule wardrobe and ways of managing the wardrobe efficiently. <p>She emphasized on the concepts of how to analyse the physical attributes and the characteristics and provided recommendations for clothes and accessories that are trending according to the current season.</p> <p>Along with the explanation Ms. Shaifali Singh also demonstrated essentials of grooming, make up tips for different face types, clothes for different body types etc. She mentioned ways to adapt a grooming routine to</p>	

	maintain your skin, hair, for everyday lifestyle. The workshop will help students project of a personal as well as professional attitude and help them become successful stylist in the future.	
3.	Offline Practical sessions	Due to the pandemic, the S. Y. students did not get a lab experience last academic year (F.Y.B.Sc.) or this entire year. It was hence decided in the CMC meeting that 2 offline practical sessions/classes would be planned for them in Feb 2022. It was also decided as per the S. Y. coordinator's request that 2 offline sessions/practical classes be allotted to CRM Dept also as they did not have direct/face-to-face interaction with the S.Y.B.Sc.'s too. As the SY Coordinator, planned and rescheduled all theory classes once again to fit in the 10 practical (MP, HD-PWA, WW, Comp App, and CRM input) offline (2.5 hours each) sessions from 17 th Feb 2022 till 3 rd March 2022.
4.	Career guidance for TYCRM students	Have always been on the lookout for vacancies for the TYCRM students, either through references, alumni leads, or web searches. Have mentored, groomed, and helped them clear their placement interviews to ensure 100% placement for the department. This year 6 students from the hospitality electives were placed at The Oberoi Hotels/The Trident as Front Office Associates, Housekeeping Associates, Business Centres Associates, and F & B Associates. Students also had the opportunity to face interviews for vacancies at Indigo Airlines, Emirates, Air Asia, Spice Jet, and Qatar Airways. They were also informed about various other positions such as Training executives (HR dept), Marketing positions, Retail executives, etc. Many TY students sent their CVs and were also interviewed for these positions.
5.	Blended mode of teaching	Helped the college and the in-charge Principal achieve the difficult task of
		From Jan 2022 onwards till the date
		Oct 2021 to

	(S. Y. B. Sc.)	resuming offline classes after the 18-month complete nationwide lockdown. It was difficult to get the students back to the classroom for offline learning as many had gotten used to the easy online mode of learning. Created a schedule as well as mentored the students constantly to get them to return to the classrooms. Many of them had got so used to the online mode, that they would come to the college but attend lectures online by sitting in the common room. Had to constantly mentor/guide/counsel them to get back to the face-to-face learning environment. In the bargain, the timetable/schedule of classes had to be changed numerously to encounter all the arising challenges.	March 2022
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25. GUIDANCE RENDERED TO RESEARCH SCHOLAR

S. No.	Name of the student	Title of the research project	Level	University
Mrs. Sunita Jaiswal				
11.	Abeera Shaikh, Midhatfatema Shelia, Mansi Singh, Hazra Sunasra, Zainab Udaipurwala.	"Death and Dying,"	S. Y. B. Sc.	University of Mumbai
Mrs. Roopa Rao				
1.	Sakshi Mangiraj	Consumer's perception of ideal shoes and the factors that influence the buying behaviour.	M. Sc. (Sports Nutrition)	University of Mumbai
2.	Akanksha Kasliwal	Effect of a psychological ergogenic aid on tennis players aged between 9-15 years.	M. Sc. (Sports Nutrition)	University of Mumbai
3.	Nidhi Boricha	Perception Of Young Adults Aged 18 – 35 Years on Yoga or Gym.	M. Sc. (Sports Nutrition)	University of Mumbai
4.	Purva Agarwal	Mallakhambh – Traditional Sport Awareness and its Physiological Impact among school-going children (aged 10 – 15 years).	M. Sc. (Sports Nutrition)	University of Mumbai
5.	Corrina Pereira Sneha Bhosle Supriya Waghmare Tanaya Naik	Ergonomic Evaluation of Workstation of Bank Clerks	T. Y. CRM	University of Mumbai

6.	Disha Maroly Rukaiya Unwala Sakina K.	Ergonomic Assessment of Kitchen Layout w.r.t. The Anthropometric Data of Women Working in Kitchens: A Note to Builders and Designers	T. Y. CRM	University of Mumbai
7.	Ansari Ayesha Teresa Esha Fatema G. Priya Phatak Saloni Shah	Work-Related Challenges Among Medical Representatives	T. Y. CRM	University of Mumbai
8.	Nutanna Bale Poonam Dalvi Tanisha Kadam Vijaya Bhaigade	Ergonomic Risk Assessment of Textile Weaving Industries	T. Y. CRM	University of Mumbai
9.	Bhavya Gala Stency Fernandes Sania Andrandes Vanessa Figer	Prevalence Of Musculoskeletal Disorders Among Higher Secondary Teachers Working from Home During COVID - 19	T. Y. CRM	University of Mumbai
10.	Riddhi Chheda Devanshi Dedhia Shailee Gandhi Karina Haria Moksha Mehta	Impact Of COVID 19 on Tourism – Perception of Mumbaikars	S. Y. B. Sc.	University of Mumbai

26. **STAFF DEVELOPMENT ACTIVITIES ATTENDED:**

S.No.	Title of the activity	Details	Date
3.			

4.			
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27. E. MOU/COLLABORATION WITH GO/NGO/ACADEMIC /RESEARCH BODIES:

----- NIL -----

15. VALUE-ADDED COURSES OF THE DEPARTMENT:

Name of the course	Coordinator of the course	Number of students	Duration		Funds generated
			Commenced	Accomplished	
Workstation Design and Applied Ergonomics	Dr. Roopa Rao	20	Sept 2021		
Cultural Heritage Management	Mrs. Sunita Jaiswal				

16. FUNDS GENERATED IN SEMESTER I and II:

Type of the Activity	Beneficiaries	Date	Funds generated

17. ANY OTHER INFORMATION IN BRIEF:➤ **Internship Placement:**

The Hotel Front Office & Housekeeping Elective students are expected to complete a mandatory 4-week internship training in hotels/tour operations or event management industry. After 2 academic years of no internship training due to the nationwide lockdown, students were looking forward to the internship training programs. They would start their training on 15th May 2022 and end on 16th June 2022 (27 working days). The students will be training with the following organizations:

Organization	Type of Organisation	No. of Students placed	Name of the Students
Meluha – The Fern	Ecotel Hotel	4	Poonam Dalvi Tanaya Naik Sakina Sadriwala Nutanna Bale
The Fern – Chembur	Hotel	2	Tanisha Kadam Akanksha Gaikwad
7th Sky Travels	Travel Operations	1	Misbah Kalania
Novotel	Hotel	1	Corinna Pereira
Spice Travels	Travel Operations	1	Aaisha Baga
Kun Travels	Travel Operations	1	Fatema Ganjifrockwala
J. W. Marriott	Hotel	4	Neha Jadhav Umaima D. Anchal Tiwari Sakina K.
The Park, Navi Mumbai	Hotel	1	Samiksha M.
Twirling Moments	Event Management	1	Michelle F.
Westin	Hotel	1	Grace P
Malpani Health Club and Resorts	Health Club/Hotel	1	Priyanka Shinde
Lemon Tree Premier	Hotel	7	Stency Fernandes

**Bhavya Gala
Nidhi Tapke
Vijaya Bhaigade
Sania Andredas
Aasna Bhatia
Disha Maroly**

Alliance International Tours and Travels	Travel Operations	1	Ayesha Ansari
Sahar Marriott, Santacruz (East)	Hotel	1	Khushi Sharma
14 organizations			27 students

➤ **OCED/OCER:**

Dr. Roopa Rao motivated and guided 17 students from Hotel Front Office & Housekeeping elective (T. Y. B.Sc. CRM) to apply for OCED/OCER on 2nd November 2021.

Oberoi Central Employment Register (OCER) for a career as OPERATIONS ASSISTANT is a database of all candidates who are offered a job as an Operations Assistant in The Oberoi Group. OCER recruitment is done on an annual basis Open access days at The Oberoi, Mumbai. On being selected through the OCER recruitment process, students are offered a position as an operation assistant in one of the four operational departments:

- Food and beverage (F&B) service operations
- Front office operations
- Housekeeping operations
- Kitchen operations

Oberoi Centre of Learning and Development (OCLD) was established in 1966. Today, management training programs at OCLD are considered among the best in Asia and a benchmark for international excellence within the hotel industry. OCLD programs commence in July each year with the selection process beginning in September of the previous year. OCLD is based in Maidens Hotel, Delhi. OCLD offers a two-year post-graduate management program in Guest Service Management, Housekeeping Management, and Kitchen Management.

11 students were selected for the next round of selection which was a 14 minutes' Psychometric test, a Computer Based Online Selection Test (AMCAT) provided by SHL. It tested the candidate's logical ability. The next round was a virtual panel online via MS Teams.

Candidates who passed the virtual interview were selected for the next round which was an in-person interview with the hotel's General Manager at The Trident Hotel, Nariman Point.

Candidates who applied for the program were Aashna Bhatia, Sakina Sadriwala, Sakina Kherodawala, Fatema Ganjifrockwala, Khushi Sharma, Akanksha Gaikwad, Disha Maroly, Nutanna Bale, Neha Jadhav, Bhavya Gala, Vijaya Bhaigade, Poonam Dalvi, Corinna Pereira, Grace Charles, Tanaya Naik, Umaima Dahodwala, and Tanisha Kadam

Candidates selected for OCER:

- v. Corinna Pereira – Front Office Associate
- vi. Poonam Dalvi – Food and Beverage Associate
- vii. Sakina Sadriwala – Front Office Associate
- viii. Akanksha Gaikwad – Housekeeping Associate
- ix. Nutanna Bale - Housekeeping Associate

➤ **Internship at Vidhan Bhavan, Mumbai**

Dr. Roopa Rao motivated and guided 4 T. Y. B. Sc. CRM students (Ms. Disha Maroly, Ms. Supriya Waghmare, Ms. Nutanna Bale, and Ms. Fatema Kanchwala) to apply for a two-month internship position at The Deputy Speaker's Office (Vidhan Bhavan, Mumbai) from Jan 2022 – April 2022.

➤ **National Skill Development Corporation (NSDC)**

Dr. Roopa Rao collaborated with the Pune Institute of Business Management (PIBM) to help to graduate students with placements. National Skill Development Corporation (NSDC) is a not-for-profit public limited company set up by the Ministry of Finance as a Public-Private Partnership (PPP) model. NSDC aims to promote skill development by catalyzing the creation of large, quality, and for-profit vocational institutions.

The students will have to appear for the NEST (National Employability & Skills Test) to participate in the placement drive. The structure of the NEST was: Aptitude, Logical Reasoning, Verbal Ability, and Domain (Technical/Non-Technical). Students qualifying for NEST will be allowed for the placement drive. 115 T.Y.B.Sc. from the current 2021 – 2022 have enrolled for the NEST, which will be scheduled for June 2022.

Three Student Development Programs (SDP) were designed by PIBM to bridge the 'Gap' between the student's existing skills and the skills required by the Companies. In Dec 2021. The SDP aims to familiarize the participants with techniques for cracking the selection process of top companies. The methodology of SDP involves a combination of lectures and some practical sessions with greater emphasis on giving participants with Hands-on Experience. The SDP trained participants in: Aptitude/Logical reasoning, Verbal Ability, Marketing Management, and Communication. This training will also help students crack competitive exams such as CAT/ MAT/ Bank- PO, etc.

Student Led Activity-

➤ **CRM Market - Harry Potter-Welcome to Hogwarts: 2nd and 3rd March 2022.**

After 2 years of lock down students of CRM were all eager to organize the Annual CRM Market in the garden area of college premises on 2nd and 3rd March 2022, a hand on experience as part of entrepreneurial skill. Harry Potter, a fantasy fiction film, was chosen as the theme. The movie inspired the formation of groups for decoration and promotion. The CRM Market's promotion was led by CR Tanaya Naik and 8 other classmates, while the Decoration was led by ACR Rukaiya Unwala and 14 other classmates.

The first goal of team was to drop hints about the theme of CRM market so the team decided to drop it step by step Made a coming soon brochure with the typical font of Harry Potter, with coffee painted paper with burnt sides which was pinned on every bulletin board of college 9 3/4 small chart was attached to bulletin board, indicating the platform number of the hogwarts express Also printed a hogwarrrts acceptance letter for the invite in CRM market with venue dates and time The letter was printed and location date time and venue was handwritten by the classmates Digital postures were set as the desktop wallpaper in each and every classrooms with smart boards the decoration was done in back garden of college of Home Science Niramala Niketan. The Decor was mostly done by DIY, with old papers, garbage bags as witches, a broom as Firebolt, and old newsprint as letters, among other things.

The theme was discussed in class where in three-four themes were sorted after which “Harry Potter-Welcome to Hogwarts” theme was finalized by the students and the staff. Invitation cards were made, students went personally to each staff for invitation. Soft copies of invite letters were posted in each classrooms computer desktops, watts app groups of students and staff.

The market ended at 3.30 pm on 3rd march 2022 with lots of memories. Students learned a lot of managing skills, marketing skills from the market and had many more personal skills to learn. They also had a very good time with each other and their faculty teachers. Overall, it was a good experience with lots of planning and coordination between classmates and its execution on 2nd and 3rd march, 2022. Lastly, students thanked the college management and teachers for this learning opportunity. As the team it was well managed event

i.Challenges faced:

- Its challenge to function department with 3 CHB staff
- Permanent staffs are overloaded with academic, administrative and various committee work.
- Conducting AID practical's in classroom in challenge
- It's becoming difficult to attract students in CRM department as there is no MSc.
- No proper Lab facility

- No peons allotted for full time to assists the practical

ii.Plans for 2022 – 2023:

Tentative activities planned

ACTIVITIES PLANNED

- 1 Parents Orientation**
- 2 Celebration of Breast Feeding week**
- 3 Food Adulteration workshop**
- 4 Personal grooming workshop**
- 5 Sketching Workshop**
- 6 Street play workshop**
- 7 Visit to Asian Paints -Bandra**
- 8 Construction Site visit**
- 9 Fire Fighting workshop**
- 10 Nutrition month celebration**
- 11 Flower arrangement workshop**
- 12 CRM Market**

- 13 Hotel Internship**
- 14 Industrial Visit**
- 15 Rural Camp**
- 16 Hospitality Events**
- 17 Model making workshop for ID Elective students**

