



College of Home Science Nirmala Niketan
NAAC Re-Accredited “A+” Grade

49, New Marine Lines,
Mumbai - 400 020 Website:
www.nirmalaniketan.com
Email: office@nnchsc.edu.in

7.1.1 *Measures initiated by the Institution for the promotion of gender equity during the year.*

LIST OF THE SPECIFIC FACILITIES PROVIDED FOR WOMEN IN TERMS OF:

- **SAFETY AND SECURITY**
- **COUNSELING**
- **COMMON ROOMS**

1. Safety and Security - Safety and security of all the students, teachers, non-teaching staff and the visitors to the college is always the first priority. To ensure a safe campus and a secured environment the college has embarked upon the following initiatives:

During Pandemic:

- In compliance with government restrictions, the college functioned first in 100% online, then hybrid-blended and finally offline mode. To ensure the cyber security of students for online classes, licensed software was purchased. Unique IDs and passwords were provided to ensure that only students can login.
- Starting February 2022, blended mode of teaching was followed for SYBSc, TYBSc, and MSc2 students while exclusive online mode of teaching was followed for FYBSc and MSc1 students.
- During the phase reopening, several safety measures were followed - ensuring entry of only fully vaccinated students, teaching and non-teaching staff, professional campus sanitization, switching to face recognition biometric, provision of sanitisers, thermal screening, oximeter.
- College also has an Internal Complaints Cell - Vishaka committee, Anti-ragging cell, Grievance Redressal Committee to safeguard all stakeholders.

General safety measures:

- College provides CCTV coverage in the premises which ensures 24 hours surveillance.

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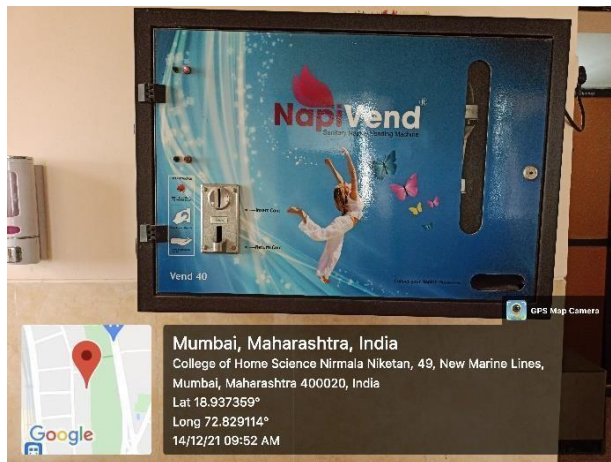
- A Security Personnel is appointed on the campus round the clock.
- Identity cards for staff and students are made compulsory for security purposes. It is mandatory for the outsiders to sign in the visitors muster which is placed at the reception before entering the college premises.
- For the girl's hostel, a full-time warden is appointed.
- The college has committees to monitor and address safety, security and social issues like Anti-ragging Committee, Prevention of Sexual Harassment Committee, Internal Complaint Committee (ICC) and College Grievance Redressal Cell. The Grievance box is placed at the ground floor and third floor reception area which is regularly monitored by the committee members.
- A safety device (Automatic Rescue Device) for safe landing of the lifts in the event of power failure is installed in both the elevators.
- The college organizes awareness seminars/special talks on a regular basis in order to endorse social values such as gender equality, gender sensitivity and address social issues such as women's safety, legal rights of women, dowry, women's health, and cybercrime and cybersecurity.
- Napi Vend machines (Sanitary pad- dispenser and incinerator) are installed in all the washrooms for women students.
- Health Aid Facilities: The college has first-aid kits at several strategic places, like laboratories and on the 3rd floor at the Reception Counter. In case of any major health issue or medical emergency, facilities of Bombay Hospital are used.
- Fire Safety Equipments: Fire extinguishers are installed on every floor in the college and in the hostel. Regular maintenance is ensured and the non-teaching staff is trained to use the extinguisher in case of emergency.
- All the electrical switch boards, air- condition machines, fans and tube-lights serviced regularly.

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CCTV Camera for Surveillance

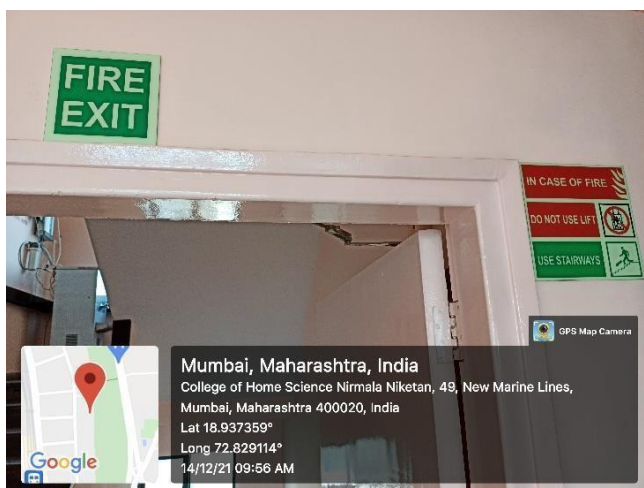
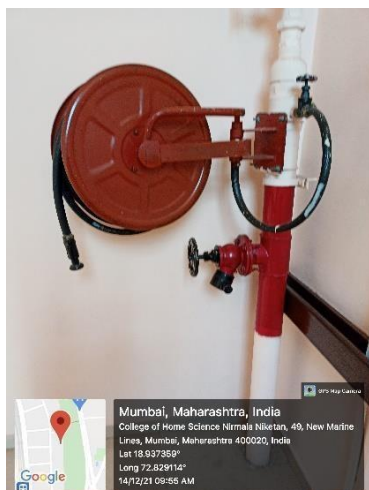
License for working of the Lift



Sanitary pad- dispenser

Incinerator

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Fire extinguisher and instructions for fire safety

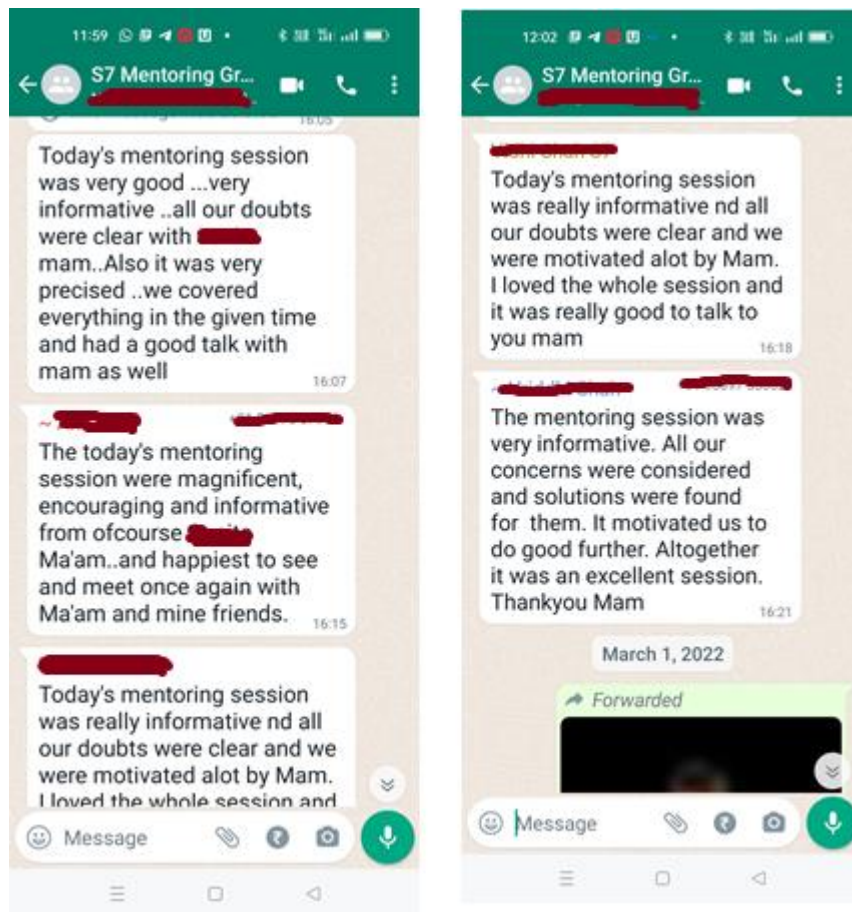
2. Counselling –

- To help students manage stress due to financial constraints, parents' job loss, illnesses during the pandemic, socio-emotional support was provided through online counseling and mentoring sessions. The college has been concerned with nurturing a healthy environment for the students, both physically and mentally. We have the Counselling Centre that was established in 1992, that deals with a holistic approach towards assisting the students to face the problems and cope with the situation.
- Through individual sessions or group activity, the students are provided an opportunity to enhance their self-awareness and thereby realize their fullest potential. The students are also helped to cope with their personal problems through introspection and change of attitude towards self and others. Opportunities were provided to enhance their self-awareness about their strengths, skills and thereby realize their fullest potential.
- In addition, various life coping skills like stress management, relaxation and goal-setting are also focused on. To successfully accomplish all the above, the college has a trained counselor, who conducts individual and group counseling sessions and deals with these issues through counselling, talks, workshops and psychological testing facilities. These inputs definitely help in shaping the students and facilitate them to accomplish their goals and ambitions.

Mentoring programme:

- In addition to counseling, the college has also extended socio-emotional support to students through mentoring programme. Every group of 20 students is assigned with a mentor teacher who helps them to resolve their issues at various levels with confidentiality, respect and empathy. Group and individual online mentoring sessions have been conducted. This process also aids in strengthening the teacher-student relationship and teaching and learning process.

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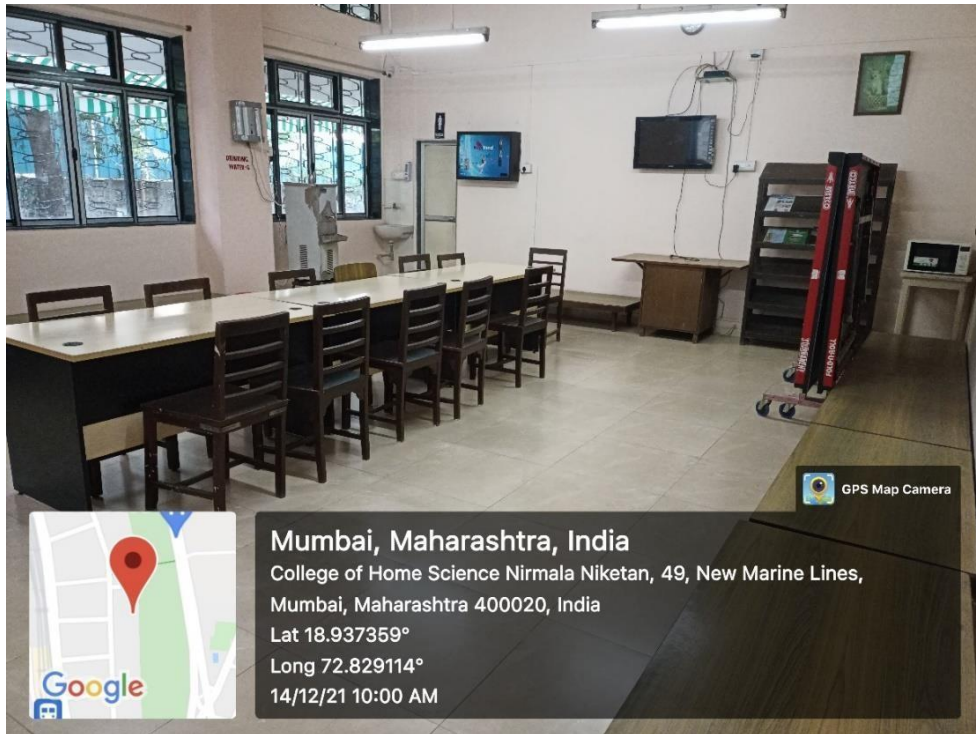


Feedback example of one mentoring session taken in online mode

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3. Common Room –

- The college provides a common room for the students which has facilities like tables, chairs, mirror, washroom, water cooler, microwave oven and a television. For their recreational purpose, we have indoor sports equipment like carrom board and chess board.
- For staff, there are separate staff rooms and washrooms for females and males.



Common room with tables, chairs, mirror, washroom, water cooler, microwave oven and a television