## University of Mumbai



### No. AAMS (UG) /142 of 2021

#### CIRCULAR:-

Attention of the Principals of the Affiliated Colleges and Directors of the recognized Institutions in Faculty of Science and Technology.

They are hereby informed that the recommendations made by the Ad-hoc Board of Studies in Home Science at its meeting held on 20th March, 2021 vide item No. 1(i) and subsequently passed by the Board of Decra at its meeting held on 11th June, 2021 vide item No. 8.2 have been accepted by the Academic Council at its meeting held on 29th June, 2021, vide item No. 8.2 and subsequently approved by the Management Council at its meeting held on 29th July, 2021 vide item No. 16 and that in accordance therewith, in exercise of the powers conferred upon the Management Council under Section 74(4) of the Maharashtra Public Universities Act, 2016 (Mah. Act No. VI of 2017) the Ordinance 6675 & 6676 Regulations 9418 & 9419 and the syllabus of Certificate Course in Home Science has been introduced and the same have been brought into force with effect from the academic year 2022-23, accordingly. (The same is available on the University's website www.mu.ac.in).

MUMBAI - 400 032 25 October, 2021 To, (Sudhir S. Puranile) REGISTRAR

The Principals of the Affiliated Colleges and Directors of the recognized Institutions in Faculty of Science and Technology. (Circular No. UG/334 of 2017-18 dated 9th January, 2018.)

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A.C/8,2/29/06/2021 M.C/16/29/07/2021

No. AAMS (UG) //42-A of 2021

MUMBAI-400 032

25th October, 2021

Copy forwarded with Compliments for information to:-

- 1) The Chairman, Board of Deans
- 2) The Dean Faculty of Science and Technology,
- 3) The Chairman, Ad-hoc Board of Studies in Home Science,
- 4) The Director, Board of Examinations and Evaluation,
- 5) The Director, Board of Students Development,
- 6) The Co-ordinator, University Computerization Centre,

(Sudhir S. Puranik) REGISTRAR

#### Copy to :-

- 1. The Deputy Registrar, Academic Authorities Meetings and Services (AAMS),
- 2. The Deputy Registrar, College Affiliations & Development Department (CAD),
- 3. The Deputy Registrar, (Admissions, Enrolment, Eligibility and Migration Department (AEM),
- 4. The Deputy Registrar, Research Administration & Promotion Cell (RAPC),
- 5. The Deputy Registrar, Executive Authorities Section (EA),
- 6. The Deputy Registrar, PRO, Fort, (Publication Section),
- 7. The Deputy Registrar, (Special Cell),
- 8. The Deputy Registrar, Fort/ Vidyanagari Administration Department (FAD) (VAD), Record Section,
- 9. The Director, Institute of Distance and Open Learning (IDOL Admin), Vidyanagari,

They are requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to in the above circular and that on separate Action Taken Report will be sent in this connection.

- 1. P.A to Hon'ble Vice-Chancellor,
- 2. P.A Pro-Vice-Chancellor,
- 3. P.A to Registrar,
- 4. All Deans of all Faculties,
- 5. P.A to Finance & Account Officers, (F.& A.O),
- 6. P.A to Director, Board of Examinations and Evaluation,
- 7. P.A to Director, Innovation, Incubation and Linkages,
- 8. P.A to Director, Board of Lifelong Learning and Extension (BLLE),
- 9. The Director, Dept. of Information and Communication Technology (DICT) (CCF & UCC), Vidyanagari,
- 10. The Director of Board of Student Development,
- 11. The Director, Department of Students Walfare (DSD),
- 12. All Deputy Registrar, Examination House,
- 13. The Deputy Registrars, Finance & Accounts Section,
- 14. The Assistant Registrar, Administrative sub-Campus Thane,
- 15. The Assistant Registrar, School of Engg. & Applied Sciences, Kalyan,
- 16. The Assistant Registrar, Ratnagiri sub-centre, Ratnagiri,
- 17. The Assistant Registrar, Constituent Colleges Unit,
- 18. BUCTU,
- 19. The Receptionist,
- 20. The Telephone Operator,
- 21. The Secretary MUASA

for information.

# New ordinances 6675 & 6676 relating to the Certificate Course in Home Science.

#### 1. Necessity of starting this course:

This course is designed for students who feel the need for knowledge pertaining to running a home. In this fast-paced life, most of us have overlooked the fact that it requires some level of expertise to run a home efficiently.

The broad objective of the Home Science course is self-improvement and empowerment through which they can contribute to the betterment of the community.

Through this course the learner is enabled to

- Develop the knowledge to meet challenges in everyday life.
- Get a better understanding of a positive, healthy environment and use skills to maintain it.
- Develop their abilities to provide for following needs of their families:
- ✓ Food and Nutritional needs
- ✓ Clothing and fabric need for family needs and their homes
- ✓ Understand family relationships and the developmental progress in the family.
- ✓ Become an entrepreneur.
- ✓ Become sensitized towards their own health, health problems and issues in the community.

With a rise in the standard of living, this can become a good career option due to its wide application in foods, textile, health, interior decoration and home economics.

Being associated with a prestigious university and a renowned college will only empower the course.

#### 2. There is recommendation from the UGC to start this course.

Yes. The UGC has made a strong recommendation for Skill based courses, keeping in tune with the Government of India initiative of a National Design Policy. Such a course visualizes a design enabled industry and aim to have a positive impact on the quality of life and in tune to the national economy.

#### 3. This course has not been conducted in 2019-2020.

#### 4. This is a proposed course, and the course will be self-financed.

#### 5. The duration of this course is one year (2 semesters).

It would be difficult to compress this course because there are varied subjects and every subject has to be justified.

#### 6. The intake capacity for this course is 25 students.

#### 7. **JOB OPPORTUNITIES: -**

- ✓ Catering at home-scale / commercial
- ✓ Food preservation-- production and sales
- ✓ Food production-- Bakery and Confectionary
- ✓ Interior Decoration
- ✓ Art and Craft (Teacher)
- ✓ Housekeeping and Laundry services
- ✓ Dress Designing
- ✓ Conducting classes in various skills.

# **UNIVERSITY OF MUMBAI**



# **CERTIFICATE COURSE IN HOME-SCIENCE**

(to be introduced with effect from the academic year 2022-23)

# **UNIVERSITY OF MUMBAI**



# **Syllabus for Approval**

Sr. No.	Heading	Particulars
1	Title of the Course <b>O.6675</b>	Certificate Course in Home-Science
2	Eligibility for Admission <b>O.6676</b>	Std. X <sup>th</sup> Pass
3	Passing Marks <b>R - 9418</b>	40%
4	Ordinances / Regulations ( if any)	
5	No. of Years / Semesters R - 9419	1 year / 2 Semesters
6	Level	P.G. / U.G./ Diploma / Certificate (Strike out which is not applicable)
7	Pattern	<del>Yearly</del> / Semester ( Strike out which is not applicable)
8	Status	New / Revised (Strike out which is not applicable)
9	To be implemented from Academic Year	2022-23

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Name & Signature of BOS Chairperson:

Name & Signature of Dean:

Dr. (Mrs.) Geeta Ibrahim

## **CERTIFICATE COURSE IN HOME-SCIENCE**

**Duration:** 1 year

#### **RATIONALE:-**

This course is designed for students who feel the need for knowledge pertaining to running a home. In this fast-paced life, most of us have overlooked the fact that it requires some level of expertise to run a home efficiently.

The broad objective of the Home Science course is self-improvement and empowerment through which they can contribute to the betterment of the community. Through this course the learner is enabled to:-

- Recognize their abilities and potential for their future.
- Develop the knowledge to meet challenges in everyday life.
- Get a better understanding of a positive, healthy environment and use skills to maintain it.
- Develop their abilities to provide for following needs of their families:
  - > Food and Nutritional needs
  - ➤ Clothing and fabric needs for family needs and their homes
  - > Understand family relationships and the developmental progress in the family.
  - > Become an entrepreneur.
  - ➤ Become sensitized towards their own health, health problems and issues in the community.

With a rise in the standard of living, this can become a good career option due to its wide application in foods, textile, health, interior decoration and home economics.

Title of the course	Semester	Credits
Certificate course in Home-	Sem – 1	18
Science	Sem - 2	18

**Medium of Instruction**: English

Eligibility: STD. X Pass

Fees Rs. 60,000/- + GST applicable.

Intake capacity: 25

## SEMESTER – I

UNIT	SUBJECTS	INTERNAL MARKS	SEMESTER END EXAMINATION	TOTAL MARKS	PERIODS / WEEKS	CREDITS
1.	Home making practices (Theory)	40	60	100	3	3
2.	Home gardening (Theory)	40	60	100	3	3
3.	Personality development (Theory)	40	60	100	3	3
4.	Cookery – Foods and Nutrition (Practical)	40	60	100	3	3
5.	Sewing – Textiles and Clothing (Practical)	40	60	100	3	3
6.	Art and Craft (Practical)	40	60	100	3	3

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
1.	Home Making practices (Theory)	3	100	3

- To become sensitized towards their own health and family health, knowing more about health problems and issues in the community.
- To become an alert consumer.
- To increase awareness about eco-friendly practices

	COURSE CONTENT	HOURS
UNIT 1	First aid at home:  Common Injuries, Pain and Infection Treatment for Sprains and Strains Burns Insect Bites Sun-stroke Shock due to Electricity Some household formulators for treatment of common ailments Feeding the Child:- Feeding the Infant Feeding the Child Monitoring Child Health Care of the Sick Child	28
UNIT 2	Health and Wellness:-  Indicators for Exercise Good Posture Yoga basic General fitness routine	28
UNIT 3	<ul> <li>Consumer awareness</li> <li>Becoming an aware and alert consumer</li> <li>Buying guide for Consumers</li> <li>Reading Packaging Labels</li> <li>Basic Tests for Quality of goods</li> </ul>	28

	Dealing with Complaints	
	<ul> <li>Consumer protection agencies</li> </ul>	
	<ul> <li>Consumer rights and responsibilities.</li> </ul>	
	<ul> <li>Redressal mechanisms.</li> </ul>	
	Health and the Environment	
	<ul> <li>Pollution – Sources, effect and prevention</li> </ul>	
UNIT 4	Garbage Disposal	28
	Environment friendly practices	
	Personal Hygiene & Environment Hygiene	

- Sports first aid by Felgel Melinda
- New essentials first Aid by Garnder Ward A.
- First Aid 1987 by Parulekar Shashank
- Emergencies & first Aid by Davis A.
- Edible Oil: CGSI buying guide by CGSI
- Electrical Appliances CGSI buying guide by CGSI
- Safety at home by CGSI.

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
2	Home Gardening	3	100	3

- To build knowledge of gardening at the home level
- To be able to care maintain the garden at home

	COURSE CONTENT	HOURS
UNIT 1	<ul> <li>Plant identification and culture</li> <li>Selection of plants</li> <li>Planting arrangements</li> </ul>	28
UNIT 2	<ul> <li>Planting materials – soil and nutrition</li> <li>Applications and properties</li> <li>Using environment friendly material</li> </ul>	28
UNIT 3	<ul> <li>Care and maintenance of the garden – pests and weeds</li> <li>Maintenance of indoor plants</li> <li>Alternative ways to grow plants</li> </ul>	28
Unit 4	<ul> <li>Garden plants for ground/ balcony/terrace/ kitchen garden</li> <li>Landscaping</li> </ul>	28

## **REFERENCES:**

1. Home Gardening by Kumar S.

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
3.	Personality development	3	100	3

- To understand various dynamics of personality development
- To learn soft skills which enable to improve self and work behaviour

	COURSE CONTENT	HOURS
UNIT 1	<ul> <li>Acquiring Poise</li> <li>Speaking right and Interestingly</li> <li>Practical points for attractive appearances</li> <li>Nonverbal communication</li> </ul>	28
UNIT 2	<ul><li>Social Correspondence</li><li>Basic Etiquette.</li><li>Effective communication techniques</li></ul>	28
UNIT 3	Writing letters –  Letters of Enquiry, letters of appreciation letter and letters of applications	28
UNIT 4	<ul> <li>Personal grooming</li> <li>Interpersonal skills</li> <li>Time management</li> <li>Building up a positive attitude</li> </ul>	28

- 1. Child Development & Personality by Mussen Henry
- 2. Development of Personality by Lesser R.H.
- 3. Personality & Development in Childhood by Hart Daniel
- 4. Personality Development by Demelo Francis.
- **5.** How to talk to anyone by Leil Lowndes(2014)
- 6. The power of your subconscious mind –Joseph Murphy (2015)
- 7. Soft skills personality development for life success –Prashant Sharma (2019)
- **8.** Attitude is everything –Jeff Keller (2015)

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
4.	Cookery – Foods and Nutrition (Practical)	3	100	3

- To develop the abilities to provide for the food and nutritional needs for themselves and their families.
- To learn new techniques of food preparation

	COURSE CONTENT	HOURS
UNIT 1	<ul> <li>COOKERY – FOODS AND NUTRITION</li> <li>Equipment needed for Cooking</li> <li>Methods of cooking</li> </ul>	28
UNIT 2	PREPARATION OF:-	28
UNIT 3	<ul> <li>FOOD AND ITS NUTRIENTS PREPARATION OF: -</li> <li>Pasta</li> <li>Breads (Indian and Continental)</li> <li>Appetizers</li> </ul>	28
Unit 4	NUTRITIONAL DEFICIENCIES PREPARATION OF:-  • Desserts  • Beverages  • Meal planning  • Balanced Diet	28

- 1. Great cookery tips in the world by Osborne Peter
- 2. Indian Cookery by Berecy Wendy
- 3. Larousse Gastronomique: The World's Greatest Cookery Encyclopaedia
- **4.** Khana Khazana: Celebration of Indian cookery by Sanjeev Kapoor

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
5.	Sewing – Textiles and Clothing (Practical)	3	100	3

• To develop the abilities to provide for the clothing and fabric needs for family and their homes.

	COURSE CONTENT	HOURS
UNIT 1	Basic steps in Hand and Machine Sewing Dressmaking (Garment Construction and Stitches)	28
UNIT 2	Garments for :-  • Babies  • Children	28
UNIT 3	Garments for :-  • Teenagers (Boys and Girls)  • Shirt and Trousers	28
UNIT 4	Garments for :-  • Sari Blouse and Petticoat  • Ladies Dresses	28

- Cad in Clothing & Textiles by Aldrich Winifred
- Clothes and your appearance by Liddell Louse
- Clothing as material culture by Kuchler Susanne
- Introduction to Clothing Manufacture by Ckkolin Gerry

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
6.	Art and Craft (Practical)	3	100	3

- To develop the skill to create artefacts and accessories for the home.
- To learn techniques of flower arrangements to enhance living spaces

	COURSE CONTENT	HOURS
UNIT 1	<ul> <li>Wall Hangings (any contemporary object may be added)</li> <li>Flower Making (using fabric / paper)</li> </ul>	28
UNIT 2	<ul> <li>Fluid Art</li></ul>	28
UNIT 3	<ul> <li>Flower arrangement (Indian, Western and Oriental)</li> <li>Fabric painting</li> </ul>	28
UNIT 4	<ul><li>Glass painting</li><li>Parchment craft</li></ul>	28

## **REFERENCES:**

- 1. Flower Arrangement Art of Japan by Wood Mary
- 2. Ikebana: Flower Arrangement for beginners by Teshigahara Sofu
- 3. Art of Flower Arrangement by Sarin Rekha.

## **INTERACTIVE WORKSHOPS:**

- A) Concerns / Issues of Vulnerable groups in the Community.
- B) Family Economics

# $\underline{SEMESTER-2}$

UNIT	SUBJECTS	INTERNAL MARKS	SEMESTER END EXAMINATION	TOTAL MARKS	PERIODS / WEEKS	CRED ITS
1	Home Decoration (Theory)	40	60	100	3	3
2.	Home Maintenance (Theory)	40	60	100	3	3
3.	Setting up a Home Scale Business (Theory)	40	60	100	3	3
4.	Cookery – Foods and Nutrition (Practical)	40	60	100	3	3
5.	Sewing – Textiles and Clothing (Practical)	40	60	100	3	3
6.	Art and Craft (Practical)	40	60	100	3	3

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
1.	Home Decoration (THEORY)	3	100	3

- To learn about doing up the home in a very aesthetic and artistic manner.
- To create a healthy and safe environment in the home

	COURSE CONTENT	
UNIT 1	<ul> <li>HOME DECORATION - (THEORY)</li> <li>Planning of furniture and furnishings</li> <li>Arrangement of furniture     -Living Room     -Bed Room</li> </ul>	28
UNIT 2	Arrangement of furnitureDining Room -Kitchen	28
UNIT 3	Arrangement of furnitureBathroom -Rooms for special occasions.	28
UNIT 4	<ul><li>Accessories for the Home</li><li>Furnishings for the Home</li></ul>	28

- 1. Home Management by Varghese M.A.
- 2. Home Management & Family Finance by Shakul Manisha

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
2.	Home Maintenance (Theory)	3	100	4

- To develop the skill of home maintenance and cleaning procedures to create a healthy and happy home.
- To make the home a safe place to live in.

UNIT 1	<ul> <li>Tools and How to use them.</li> <li>Care and repair different parts of the Home</li> <li>Ceilings, Walls, Stairs, Doors, Windows</li> </ul>	28
UNIT 2	<ul> <li>House Cleaning Equipment</li> <li>Cleaning of Kitchen, Bathrooms</li> </ul>	28
UNIT 3	<ul> <li>Repairing Furniture</li> <li>Polishing of different surfaces</li> </ul>	28
UNIT 4	Promotion of Safety in the Home.	28

### **REFERENCES:**

1. Modern Home Management by Sharma Vibha

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
3.	Setting up a Home Scale Business (Theory)	3	100	4

- To recognize their abilities and potential for their future career.
  - To become an entrepreneur.

	COURSE CONTENT	HOURS
UNIT 1	SETTING UP A HOME SCALE BUSINESS  Recognizing your aptitude Business correspondence	28
UNIT 2	Basic Book-Keeping and Accounting	28
UNIT 3	• Financial Conduct of a business (Finance support, loans, Insurance and Taxes)	28
UNIT4	Merchandising and Selling     Advertising of the products and services	28

- Entrepreneurship
- Entrepreneurship & Management by Nagendra S.
- Entrepreneurship Ideas in Aettinon by Green C.
- Group Entrepreneurship with rural poor by Bogaent M.V.

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
4.	Cookery – Foods and Nutrition (Practical)	3	100	4

- To develop the abilities to provide for the food and nutritional needs for themselves and their families.
- To develop the art of food preparation and presentation.

COURSE CONTENT		HOURS	
UNIT 1	COOKERY – FOODS AND NUTRITION Preparation of :-  • Decorative Cakes and Icing • Cookies • Pies	28	
UNIT 2	Main Dishes :-  • Vegetables  • Fish  • Meat and Poultry	28	
UNIT 3	<ul><li>Eggs</li><li>Fruits</li><li>Pickles and Preservatives</li></ul>	28	
Unit 4	<ul> <li>Selection of Foodstuff</li> <li>Vegetable and Fruit Carvings</li> <li>Table Setting and Decoration</li> </ul>	28	

- 1. Great cookery tips in the world by Osborne Peter
- 2. Indian Cookery by Berecy Wendy
- 3. Larousse Gastronomique: The World's Greatest Cookery Encyclopaedia
- 4. Khana Khazana: Celebration of Indian cookery by Sanjeev Kapoor.

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
5.	Sewing – Textiles and Clothing (Practical)	3	100	4

- To study the art of embellishing garments.
- To create artistic home accessories.
- To learn the basics of laundry care for garments and home furnishings.

	COURSE CONTENT		
UNIT 1	SEWING – TEXTILES AND CLOTHING  • Embroidery for Garments  • Home Accessories  • Fabric Painting on Garments	28	
UNIT 2	SEWING – TEXTILES AND CLOTHING  • Basic Dying and Printing  • Accessories like Purses / Bags, Cushion covers, etc.	28	
UNIT 3	SEWING – TEXTILES AND CLOTHING  • Knitting  • Crocheting Useful Articles.  • Articles with Macrame	28	
UNIT 4	Laundry Care:	28	

- 1. Household Textiles & laundry work by Deulkar Durga
- 2. Fundamentals of Modern Home Laundering
- 3. Textbook & Textile & Laundry by Yadav Seema
- **4.** Guide to household Textiles & Laundry by Deulakar Durga.

SR.NO	TITLE OF THE COURSE	HOURS PER WEEK	MARKS ALLOTED	CREDITS
6.	Art and Craft (Practical)	3	100	4

- To study the art of embellishing garments.
- To create artistic home accessories.
- To learn the basic of laundry care for garments.

	COURSE CONTENT	HOURS
UNIT 1	<ul> <li>Paper craft</li> <li>Painting in oils</li> <li>Stenciling Craft</li> </ul>	28
UNIT 2	<ul> <li>Flower arrangement using dried flowers</li> <li>Artificial Jewellery making</li> </ul>	28
UNIT 3	<ul> <li>Fluid Art</li> <li>(any contemporary skill may be included)</li> <li>Lippan art</li> </ul>	28
UNIT 4	Project (Home accessories based "Best out waste"	28

- 1) A well-crafted home by Janet Crowther
- 2) Modern Macrame by Emily Katz
- 3) Elemental Knits by Courtey
- 4) The step by step guide to Crochet Stitches by Tracey Todhunter
- 5) Crepe paper flower by Lia Griffite

## **Scheme of Examination:-**

The performance of the learners shall be evaluated into 2 parts.

The learner's performance shall be assessed by internal assessment with 40% marks in the first part, by conducting the semester end examination with 60% marks in the second part.

The allocation of marks for the internal assessment and the semester end examinations are shown as below:

#### Theory:

Internal assessment 40%

Sr. No.	Evaluation Type	Marks
1	Curriculum based assignments A)Presentation with the use of ICT (10 marks) B)Project based assignments (20 marks)	30
2.	Active participation in routine class instructional deliveries	5
3.	Overall conduct as a responsible learner, communication and leadership qualities in organizing related academic activities.	5

#### Semester end theory examination: 60%

(Theory Exam will be of 2hr duration.)

Theory Question Paper Pattern:

There shall be 5 questions each of 12 marks. On each unit there will be 1 question. Question1 will be based on the entire syllabus.

All questions shall be compulsory with internal choice within the questions.

Questions will be subdivided into sub-questions a), b), c)....and the allocation of marks will depend on the weightage of the topic.

## **Practicals:**

Internal assessment 40%

Sr. No.	Evaluation Type	Marks
1	Project based assignments based on the application of syllabus. (10 marks each)	30
2.	Journal/Portfolio	10

Semester end examination: 60%

(Practical Exam will be of 3hr. duration)

Sr. No	Evaluation Type	Marks
1	Design Studio work: Syllabus based (1 question)	25
2	Design Studio work: Application based on syllabus (1 question)	30
3	Viva	5

#### **❖** JOB OPPORTUNITIES:

- Catering and home-scale / commercial
- Food preservation production and sales
- Bakery and Confectionary
- Interior Decoration
- Art and Craft (Teacher)
- Housekeeping and Laundry services
- Dress Designing
- Conducting classes in various skills.