

University of Mumbai




No. AAMS (UG)/153 of 2021

CIRCULAR:-

Attention of the Principals of the Affiliated Colleges and Directors of the recognized Institutions in Faculty of Science and Technology.

They are hereby informed that the recommendations made by the Ad-hoc Board of Studies in **Home Science** at its meeting held on 20th March, 2021 vide item No. 1(xii) and subsequently passed by the Board of Deans at its meeting held on 11th June, 2021 vide item No. 8.13 have been accepted by the Academic Council at its meeting held on 29th June, 2021, vide item No. 8.13 and subsequently approved by the Management Council at its meeting held on 29th July, 2021 vide item No. 16 and that in accordance therewith, in exercise of the powers conferred upon the Management Council under Section 74(4) of the Maharashtra Public Universities Act, 2016 (Mah. Act No. VI of 2017) the Ordinance 6697 & 6698 Regulations 9440 & 9441 and the syllabus of **Add On Certificate Course in Creative Parenting** has been introduced and the same have been brought into force with effect from the academic year 2022-23, accordingly. (The same is available on the University's website www.mu.ac.in).

MUMBAI - 400 032
25th October, 2021
To,


(Sudhir S. Puranik)
REGISTRAR


The Principals of the Affiliated Colleges and Directors of the recognized Institutions in Faculty of Science and Technology. (Circular No. UG/334 of 2017-18 dated 9th January, 2018.)

A.C/8.13/29/06/2021
M.C/16/29/07/2021

No. AAMS (UG)/153-A of 2021 MUMBAI-400 032 25th October, 2021

Copy forwarded with Compliments for information to:-

- 1) The Chairman, Board of Deans
- 2) The Dean, Faculty of Science and Technology,
- 3) The Chairman, Ad-hoc Board of Studies in Home Science,
- 4) The Director, Board of Examinations and Evaluation,
- 5) The Director, Board of Students Development,
- 6) The Co-ordinator, University Computerization Centre,


(Sudhir S. Puranik)
REGISTRAR

Copy to :-

- 1. The Deputy Registrar, Academic Authorities Meetings and Services (AAMS),**
- 2. The Deputy Registrar, College Affiliations & Development Department (CAD),**
- 3. The Deputy Registrar, (Admissions, Enrolment, Eligibility and Migration Department (AEM),**
- 4. The Deputy Registrar, Research Administration & Promotion Cell (RAPC),**
- 5. The Deputy Registrar, Executive Authorities Section (EA),**
- 6. The Deputy Registrar, PRO, Fort, (Publication Section),**
- 7. The Deputy Registrar, (Special Cell),**
- 8. The Deputy Registrar, Fort/ Vidyanagari Administration Department (FAD) (VAD), Record Section,**
- 9. The Director, Institute of Distance and Open Learning (IDOL Admin), Vidyanagari,**

They are requested to treat this as action taken report on the concerned resolution adopted by the Academic Council referred to in the above circular and that on separate Action Taken Report will be sent in this connection.

- 1. P.A to Hon'ble Vice-Chancellor,**
- 2. P.A Pro-Vice-Chancellor,**
- 3. P.A to Registrar,**
- 4. All Deans of all Faculties,**
- 5. P.A to Finance & Account Officers, (F.& A.O),**
- 6. P.A to Director, Board of Examinations and Evaluation,**
- 7. P.A to Director, Innovation, Incubation and Linkages,**
- 8. P.A to Director, Board of Lifelong Learning and Extension (BLLE),**
- 9. The Director, Dept. of Information and Communication Technology (DICT) (CCF & UCC), Vidyanagari,**
- 10. The Director of Board of Student Development,**
- 11. The Director, Department of Students Welfare (DSD),**
- 12. All Deputy Registrar, Examination House,**
- 13. The Deputy Registrars, Finance & Accounts Section,**
- 14. The Assistant Registrar, Administrative sub-Campus Thane,**
- 15. The Assistant Registrar, School of Engg. & Applied Sciences, Kalyan,**
- 16. The Assistant Registrar, Ratnagiri sub-centre, Ratnagiri,**
- 17. The Assistant Registrar, Constituent Colleges Unit,**
- 18. BUCTU,**
- 19. The Receptionist,**
- 20. The Telephone Operator,**
- 21. The Secretary MUASA**

for information.

(Appendix 'B')

**New Ordinances 6697 & 6698 relating to the
Add On Certificate Course in Creative Parenting**

(i) Necessity of starting this course

Various schools have approached the Department of Human Development and requested that a course on Parenting be made available for parents of children in their school. This course is planned as part of our community outreach and knowledge extension/sharing programme. Building knowledge and skills related to Parenting Science is a felt need.

This course is a value addition, also enhancing employability of those seeking employment in GOs and NGOs that provide holistic services to children and parents.

(ii) Whether UGC has recommended to start the said courses?

Yes, UGC has recommended the incorporation of skill-oriented and value-added, add-on courses.

(iii) Whether all the courses have commenced from the academic year 2019-20?

The course will commence in 2022-2023 after obtaining affiliation.

(iv) The courses started by the University are self-financed, whether adequate number of eligible permanent Faculties are available?

Yes, there is an adequate number of eligible permanent Faculty members to coordinate the course and see to its smooth and effective delivery.

(v) To give details regarding duration of the Course and is it possible to compress the course?

30-hour course over 10 weeks; 1 hour each session, thrice a week.

The course is already compressed.

(vi) The intake capacity of each course and no. of admissions given in the current academic year (2019-20).

Admissions not given in the academic year (2019-20) as we are awaiting university affiliation. The course will commence in 2022-2023 after obtaining affiliation.

Minimum number of participants is 10; maximum 95 (online platform).

(vii) Opportunities of Employability/Employment available after taking these courses.

This course is a value addition, enhancing employability of those seeking employment in GOs and NGOs that provide holistic services to children and parents.

AC- 29/06/2021
Item No. -8.13 (N)

UNIVERSITY OF MUMBAI



Add-on Certificate course in Creative Parenting

(to be introduced with effect from the academic year 2022-23)

UNIVERSITY OF MUMBAI



Syllabus for Approval

Sr. No.	Heading	Particulars
1	Title of the Course O. 6697	Add-on Certificate course in Creative Parenting
2	Eligibility for Admission O. 6698	Minimum educational qualification: 12th standard completed Language: English language fluency
3	Passing Marks R- 9440	40/100
4	Ordinances / Regulations (if any)	---
5	No. of Years / Semesters R- 9441	One Semester
6	Level	P.G. / U.G. / Diploma / Certificate (Strike out which is not applicable)
7	Pattern	Yearly / Semester (Strike out which is not applicable)
8	Status	New / Revised (Strike out which is not applicable)
9	To be implemented from Academic Year	From Academic Year: 2022-23

Name & Signature of BOS Chairperson :
Name & Signature of Dean:

Dr. (Mrs.) Geeta Ibrahim

Title of the Course: **Add-on Certificate course in Creative Parenting**

Type of Course: 30-hour Add-on Certificate course

Online or Offline: Online

Rationale for this Course: Community outreach is part of the college and department mission. Parenting science is one of the areas of Human Development which is high priority and socially relevant. Therefore, enrichment sessions related to parenting are an important aspect that the department has envisioned as part of our community outreach goals.

Objectives:

1. To help parents, prospective parents, and others who are interested in parenting understand:
 - a) what is expected of children at different stages of development.
 - b) the issues and concerns at each stage of development and ways to cope to with these challenges.
 - c) the role that parents/caregivers can play in nurturing, stimulating and empowering children, as well as to enhance their own well-being, during regular times as well as during any crisis.
2. To help parents, prospective parents, and others who are interested in parenting learn ways in which parents can be creative and adaptable in meeting the changing needs of children and the times.

Eligibility:

Parents, prospective parents, and others who are interested in parenting. This includes college students from any field, caregivers, homemakers, and professionals.

Intake Capacity/Minimum No. of Students: Minimum 10. Maximum 100.

Duration, Periodicity & No. of Sessions

30- hour course over 10 weeks; 1 hour each session, thrice a week.

Format & Platform:

Online platform.

- Webinar format: Interaction between Resource Person and Participants, through real-time, synchronous online delivery and discussions.
- Screen Sharing for resources and teaching aids.

Evaluation:

Online Feedback Forms; short assignments/projects.

Credits: 2 credits

Fees for the course: ₹4,000 for 30 sessions

Syllabus:

Sr. No. of sessions	Title of Session	Sub-Topics	No. of Resource Persons
1-5	UNIT 1: INTRODUCTION & PARENTING INFANTS/TODDLERS	<p>A. Overview of the programme & introductions. Introduction to Parenting vs Spouse Roles. Different roles parents and grandparents play; Management of one's own emotions as parents. Mothers and fathers: Are roles of mothers and fathers different? How overlapped and/or distinct are the roles? Advantages and disadvantages.</p> <p>B. Infant and Toddler Health</p> <p>C. Infant and Toddler Stimulation and Play; selecting toys (avoiding gender stereotyping)</p> <p>D. Guidance with Regard to Behaviour Problems, Multilingualism, and Sibling Relationships</p> <p>E. Any other issues as relevant</p>	4
6-10	UNIT 2: PARENTING PRESCHOOLERS	<p>A. Selecting a Preschool, Helping the Child's Transition to Preschool, Guiding Preschool Children</p> <p>B. Importance of Play for Learning; Play Activities and Games (outdoor play and indoor play; avoiding gender stereotyping)</p> <p>C. Are You Unknowingly Harming Your Child? (diet, sleep, toys, emotions, comparing with other children)</p> <p>D. Handling sibling rivalry at different life stages, mainly beginning here.</p> <p>E. Any other issues as relevant</p>	5
11-15	UNIT 3: PARENTING SCHOOL-AGED CHILDREN (Part I)	<p>A. Selecting a School and After-school Activities for Children; Supporting Children in School and After-school Activities (Study habits, Academic stress, Extra-curricular activities, importance of Play and Sports, Parent Partnership in Schools, Avoiding the Hurried Child, Parent as a Manager;)</p> <p>B. Promoting a Positive Self-Esteem and Self-Concept</p> <p>C. Supporting Children's Relationships with Peers; Children's Friendships.</p> <p>D. Parenting daughters versus sons; avoiding gender discrimination</p>	4

16-19	UNIT 4: PARENTING SCHOOL-AGED CHILDREN (Part II)	<p>E. Media: Forms, Impact, Parental Monitoring and Guidance</p> <p>F. Children with Special Needs (Learning disabilities and other disabilities; Fostering giftedness and talent in children)</p> <p>G. Helping the child manage peer pressure, gadgets and social media addiction (at school level)</p> <p>H. Any other issues as relevant</p>	3
20-24	UNIT 5: PARENTING ADOLESCENTS/YOUTH (Part I)	<p>A. Period of Adolescence (Characteristics; Shift in Parenting; Role of Parental Monitoring, Impact of early and late maturity)</p> <p>B. Supporting Adolescents' Developmental Tasks: Identity Development (education, career, relationships)</p> <p>C. Helping the adolescent manage peer pressure, gadgets and social media addiction</p> <p>D. Sexuality Education</p> <p>E. Parenting adolescent daughters versus sons; avoiding gender discrimination</p>	4
25-30	UNIT 6: PARENTING ADOLESCENTS/YOUTH (Part II)	<p>F. Parent-Adolescent Conflict Management and Relationship-Strengthening (Strategies for resolving parent-adolescent conflicts, dealing with conflicts constructively: learning to communicate effectively with adolescents)</p> <p>G. Indicators of distress in adolescents: Depression, suicide, substance abuse, sexual promiscuity; Adolescent Stresses and Impact (academic stress, distressed families, and peer pressure); Helping Adolescents Deal with Stress (Time management, Stress management, Suicide prevention)</p> <p>H. Transitioning to interacting with Adult Children</p> <p>I. Any other issues as relevant & Conclusion</p>	4