

NSS Rural Camp (2019 – 2020)

Day 1

Date: 29 December,2019

Venue: Gyanjyoti Community College, Karajgaon, Taluka:Talasari, Palghar

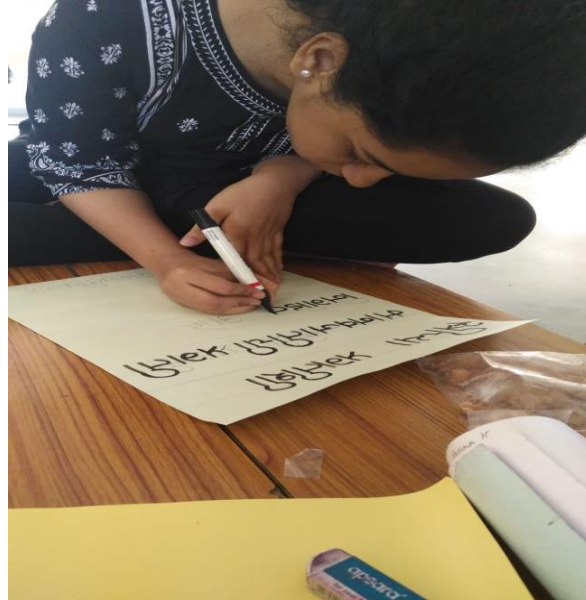
Event: NSS Rural Camp

Number of NSS Volunteers: 16

On **29 December 2019**, Sunday we started our NSS Rural Camp journey to Karajgaon, by boarding a fast Dahanu local train at 8:56 am from Churchgate. We reached Dahanu Road by 12:30pm. Further we commuted from Dahanu till Karajgaon by tempo. At 1:30pm we reached our destination which was Gyanjyoti Community College at Karajgaon, Taluka Talasari at 1:30pm where we were warmly welcomed by the sisters of college. There after we were served with lunch at 2:00pm. We were then briefed about the college premises. After which we rested for sometime and arranged our baggage. Around 4:30pm we were served with tea and refreshments. Proceeding with the planning and practice of street play. Also group leaders were appointed. Around 7:30pm dinner was served to us. Post dinner the volunteers made posters and slogans on the topics assigned to their group, along with planning for the next day. The day for volunteers concluded with writing and submitting their reports.



Gyanjyoti Community College, Karajgaon, Taluka:Talasari



POSTER MAKING

Day 2

Date: 30 December,2019

The second day began at around 6:30am. We then freshened up ourselves and were served with breakfast at 8:00 am. After which Swachh Bharat Abhiyan was conducted in the college/hostel premises. The activity ensured the cleanliness of not only the area we were resting in but also the college campus. After collecting dried twigs, leaves which was collected was disposed off in a very eco-friendly manner by burning it in the pit that was in the backyard of campus. Around 11:30am the group leaders along with the Program Office Dr. Pratima Goyal visited Gram Panchayat and met Sarpanch regarding permission to conduct activities in their area and Zilla Parishad School also inviting him for 31st December, Inauguration ceremony. Meanwhile the rest of the volunteers did preparations for the inauguration ceremony by making rangoli and decorating the board and cleaning the place as well. Around 2:30 p.m. after lunch volunteers visited the Zilla Parishad Shala at Patilpada for which the volunteers were divided into groups and were assigned with different classes. We interacted with the students to create a friendly environment. Thereafter conducting activities which included some physical training, informative talk followed by some games. At 4:30 p.m. we returned to Gyanjyoti Community College after which we were served with tea and refreshments. Then the volunteers sat together and planned for the next day, especially the Inauguration ceremony. About 8:00 p.m. we were

served with dinner after which we wined up this splendid day by writing down the report for the day.



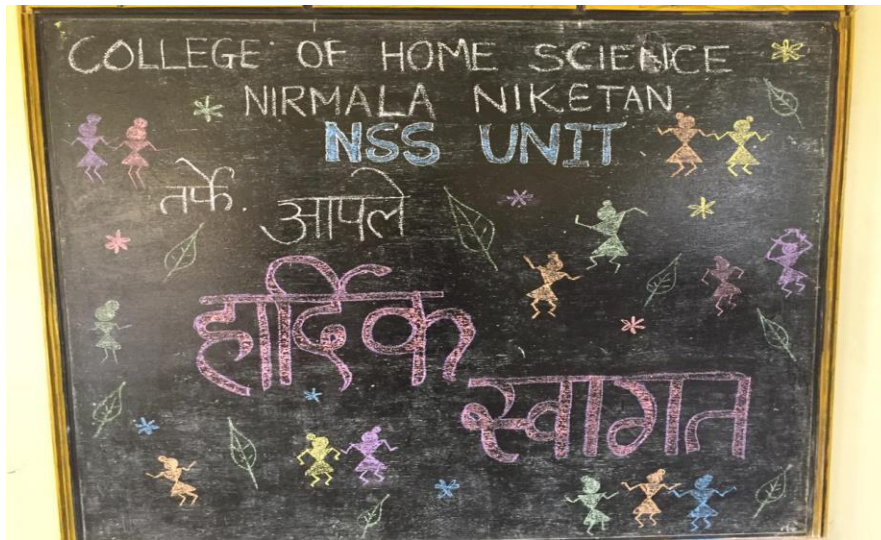
TAKING PERMISSIONS FROM SARPANCH



SESSIONS AT VILLAGE SCHOOL



SWATCH BHARAT ABHIYAN AT COLLEGE PREMISES



BOARD DECORATION FOR INAUGRATION CEREMONY

Day 3

The day began at 7:00am where everyone quickly freshened up. And we got ready and had breakfast at 8:00am. Then we quickly got done with the final touch ups of the inauguration programme. The programme started at 11:00a.m. Sarpanch was warmly welcomed with his colleague to Gyan Jyoti College, by NSS Volunteers. Dr. Pratima Goyal Ma'am PO of NSS unit had given a speech. After listening to the inspiring story of the sarpanch's daughter we as students felt really proud of him and his daughter and their courage. Dr. Pratima Goyal ma'am gave him and his colleague thanked for removing time from their busy schedule and coming and allowing us to spread awareness within the village. On behalf of all of us Vishakha showed the gratitude and also thanked sir for the good work he had done for the betterment of villagers and gave flowers also giving appreciation letter as a token. At 1:00pm we had had our lunch. Last but not the least we ended our program with vote of thanks. And after lunch we went to Aaganwadi at 2:00pm. there we interacted with the small kids and after that we returned to Gyanjyoti community hostel around 4:30pm. We had tea with snacks. After tea we took a good rest then had dinner at around 8:00pm. Then with the segregation of donations along with planning for next day. Dr. Pratima Goyal Ma'am took a review from the volunteers about that day. Then we had new year celebration. Also wrote report for the day.



INAUGURATION CEREMONY



SISTERS OF THE HOSTEL

Day 4

Our day started at around 7:00am in the morning then continuing with breakfast at 8:00am. After breakfast we gathered together and headed out for the village where we went door to door to invite people. People gathered at Vimal Tai's shop (Upasarpach of the village). We did street plays on different topics. A police officer at the neighbouring village supported us and explained the topics to villagers. Then we went to "Anganwadi" at Patilpada. The kids were mostly around

the toddlerhood age. Then we played few games and sang a few poems so that children could feel comfortable and secured. We did painting using vegetables. Also we conducted various activities it was a very good experience for us as well as the kids they learnt vegetable painting; poems and games their cheerful cute faces and their flawless smile were really heart melting. Then we played few games and sang few poems so that children could feel comfortable and secured. Then we visited weekly bazaar and performed our street plays there. Once we finished with our lunch at 2:30pm. Post lunch, we visited to the Zilla Parishad school where we interacted with students of the 5th, 6th and 7th standards. We played some games with them. Then asked general knowledge questions, self-defense moves. The children were surprised. We discussed about their syllabus. They sang their poems. We showed them some simple dance steps and after some time they mixed up with us. Monitors from girl and boy they spoke some information about their school. Then also instructed the girls on usage of sanitary napkins. Basic sanitation tips were also given to the students. They loved our origami they showed us their talent too. Then all the students gathered together to watch our street plays. We conducted street play in front of them which was very effective. Beneficiaries were 150 students. Students were happy and they enjoyed our street plays. They thanked us. We played games with them and showed some yoga poses. The students were very excited to see our street plays. Then we came back to hall and had snacks 4:30 p.m. After taking rest we had dinner at 8:00 p.m. Then we did the segregation of donation items and discuss the activities which we did today with different groups in school. Then he wrote reports and took rest.



AT ANGANWADI



STREETPLAY AT VILLAGE SCHOOL



IMPORTANCE OF HEALTH SESSION



SESSIONS AT VILLAGE SCHOOL



MAKING ORIGAMI CHAIRS

Day 5

The day started off with breakfast at 8.00 am. Then 2 teams were made in which one went for deweeding and the other went for compost pit digging in the college campus. After a while the teams exchanged their activities. This activity was carried out till 11.30 am.

No. of NSS volunteers - 16



Deweeding



Digging

After freshening up 4 street plays were enacted in front of the students studying in the Gyanjyoti Community college at 12 pm.

- 1) Ill Effects of Alcohol



2) Issues Related to Child Marriage



3) Women Empowerment



4) Swachh Bharat



National Anthem

This was followed by lunch at 1pm. After resting and planning for the activities to be conducted in the school for classes 8th, 9th & 10th we left for school at 2.15 pm. Different activities were conducted by the different groups

- Group A – 8th std
No. of beneficiaries - 28
-Talk on importance of breakfast, career choices were asked, G.K. Questions.
- Self-defense moves were shown.
-Girls were given a talk on hygiene and ways to help with cramps. Interactive games were included.





Intellectual game

- Group B – 9th std
No. of beneficiaries - 30
-For making the children comfortable a game on scramble was played.
-Talks were given on energy conservation and sanitation.
- Girls were separately spoken to about how to handle menstrual cycle issues.



Chocolates been given



A word given to make many words out of it- game scramble

- Group C – X std
No. of beneficiaries - 22
-After a short chat with the students we started asking simple questions as who is the president and prime minister and made them play a game to put bindi on the face drawn on the board when blind folded.
-Talks on importance of breakfast to maintain health while studying were given. Basic talks on nutrition, health, hygiene and motivation to speak in English.
-Outdoor games like Slap, Clap & Snap were played.
-Self-defense moves were taught and later enacted by the students.



Bindi game



Self- defense moves



Group photo



Slap, Clap & Snap

After this all these students assembled on the ground and street plays on the following topics were done.

1) Ill effects of Alcohol



2) Issues related to Child Marriage



3) Creating awareness on Sensitization of Superstitious beliefs



4) Energy Conservation (light, water)



After returning to Gyanjyoti college snacks time at 5pm. Then bon fire was done in the garden area at 6.15 pm along with dancing and singing. Dinner was served at 8pm. Then few of us spoke to the hostilities and rest planned for the next day. Reports were written.

Day 6

Breakfast at 8am. The gunny bags were collected and went for Bandhara building at 9.15 am. 8 village ladies, 4 college boys along with sarpanch came to help with the task. Gunny bags were filled up with mud and tied and laid in the water in line. Further mud and small stones were placed manually to prevent the trickles of water from flowing off. After returning back at 1pm lunch was taken.



Work in progress



Completed side view bandhara



Completed top view of bandhara

From 1.30 to 3.30 pm different groups did their preparations for recipe demonstration.

Group A - Chana Chat

Group B - Shezwan Aloo

Group C - Jaggery water or Gol Paani

-After collection of all donation materials and recipe demonstration items at 4 pm we left in a tempo to a village named Brahmanpada.

-Beneficiaries were 120 including children who returned from school, ladies and men.



-6 street plays were enacted on the following

- 1) Ill effects of Alcohol
- 2) Issues related to Child Marriage
- 3) Creating awareness on Sensitization of Superstitious beliefs
- 4) Energy Conservation (light, water)
- 5) Women Empowerment
- 6) Swach Bharat



-Then Chana chat and Gol paani recipes were explained with their nutritional value and served in a systematic manner.



-Donation items were distributed.



-And the area around had littered plastic which was picked up by the NSS volunteers and local children. They were also guided to put garbage in a bin and not litter all around to maintain Swachata.

-We left back to the college in a tempo at 7.30 pm followed by Dinner at 8 pm.

-Group B did their recipe demonstration of Shezwan Aloo to the hostilities of Gyanjyoti Community College in the hall at 9 pm. They were then served Shezwan Aloo.



-The cultural night started at 10.00 pm. It included tribal dance (Tarpa) performed by the Boarders of Gyanjyoti Community College which is the local Adivasi dance performed on various occasions. This dance was joined by us and new steps were learnt.



- Bollywood dance was performed by Kasturi, NSS Group Leader.



- Saree draping and photo shoot.

