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Item No	

UNIVERSITY OF MUMBAI



Syllabus for Approval

1	Title of the Course	B. Sc. (Home Science) Branch II: Human Development Semesters V and VI
2	Eligibility for Admission	 S.Y. B.Sc. Home Science (general or any specialization) Admission will be based on merit.
3	Passing Marks	40% (Theory) and (Practical)
4	Ordinances / Regulations (if any)	O. 6086 with effect from 2014-15 and thereafter
5	No. of Years / Semesters	1 year/ 2 Semesters
6	Level	P.G. / U.G./ Diploma / Certificate (Strike out which is not applicable)
7	Pattern	Yearly / Semester (Strike out which is not applicable)
8	Status	New / Revised (Strike out which is not applicable)
9	To be implemented from Academic Year	From Academic Year 2017-18

Date: 10.04.2017 Signature:

Name of BOS Chairperson / Dean : ___Dr Geeta Ibrahim_____

UNIVERSITY OF MUMBAI



Essentials Elements of the Syllabus

	<u>Essentials Elem</u>	lents of the Synabus				
1	Title of the Course	B. Sc. (Home Science), Branch II: Human Development, Semesters V and VI				
2	Course Code USHSII					
3	Preamble / Scope					
	The BSc in Home Science, with a sp	ecialisation in Human Development, is designed to				
	facilitate the construction of knowl	edge and skills related to Human Development and				
	allied field. The subjects—both the	ory and practical, offer potential starting points for				
	entry into a variety of disciplines of	f Human Development or disciplines allied to				
	Human Development such as Huma	an Development itself, Early Childhood Education,				
	School Education, Special Educatio	n, Educational Technology, Psychology (e.g.				
	Counselling, Clinical, Organisationa	ll, Forensic), Business or Management Studies,				
	Social Work, and Media Studies.					
4	1	t of women through an education that is:				
	life-oriented					
	career-oriented					
	community-oriented					
	Objective of Course / Course Out					
	To facilitate students to be competent in the following areas: development					
	across the life span; methods of studying human behavior and development;					
	counselling methods, psychological tests; curriculum planning for young children, DAP activities for varied age groups; categories of exceptionality,					
	psychological disorders; organisation/ management of HD agencies; family					

studies; group dynamics/social psychology; theories of HD.

development; basic research skills.

To facilitate students to build/strengthen the following **skills**: interpersonal skills & team-work; leadership skills; oral & written articulation; computer skills; planning, executing, and evaluating activities for varied age-groups in community and other settings; identifying children with special needs; selecting/evaluating/designing children's media; how to set up an NGO; selecting, planning, designing methods of studying human behavior and

Eligibility

- S.Y. B.Sc. Home Science (general or any specialization)
- Admission will be based on merit as per norms of the University of Mumbai

Fee Structure

T.Y. B.Sc. (HOME SCIENCE) BRANCH II: HUMAN DEVELOPMENT SEMESTERS V & VI

PROPOSED FEE STRUCTURE 2017-2018

No.	Particulars of the Fees	Amounts
1	Tuition	800.00
2	Laboratory	800.00
3	Library	200.00
4	Gymkhana	400.00
5	Other/Ext.Curr.Act.Fees	250.00
6	Group Insurance	50.00
7	Magazine Fees	100.00
8	Identity Card/Library Card	50.00
9	Students welfare Fund	50.00
10	Utility Fees	250.00
11	Development Fund	500.00
12	Exam fees	2120.00
13	Vice Chancellor's Fund	20.00
14	E. Charges	20.00
15	Ashwamedha/Indradhanushya	30.00
16	Disaster relief fees	10.00
17	E. Services	50.00
18	Convocation Fees	250.00
19	National Services Scheme	10.00
20	Field trips/Activities	1000.00
	Tot	al 6960.00

* FEES ARE DUE TO BE REVISED

7	No. of Lectures	18 periods per week		
8	No. of Practical	4 practicals of 2 periods each = 8 periods per week		
9	Duration of the Course	1 year		
10	Notional hours	Notional hours 12 periods per week		
11	No. of Students per Batch: 30	0-40 (Theory) & 15-20 (Practical)		
12	Selection - Merit at the qualify	ring examination		
13	Assessment – included in the	syllabus copy as Scheme of Examination		
14	Syllabus Details – included ir	the syllabus copy		
15	Title of the Unit- included in	the syllabus copy		
16	Title of the Sub-Unit – includ	ed in the syllabus copy		
17	Semester wise Theory – included in the syllabus grid			
18 19	Semester wise List of Practical – included in the syllabus grid			
20				
21	Examination			
22		ncluded in the syllabus copy as Scheme of		
23	Examination	, and a part of the part of th		
24		ject / Internship- Not Applicable		
25	List of Suggested Reading - included in the syllabus copy			
	List of Websites – included in the syllabus copy wherever applicable			
	List of You-Tube Videos – Not Applicable			
	**			
	List of MOOCs- Not Applicable			

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T. Y. B.Sc (Home Science) SEMESTER V

BRANCH II: HUMAN DEVELOPMENT Revised w.e.f. June 2017

Course Code	Title	Internal Assessment	Semester End	Total Marks	Periods/Week/ Division/Batch	Credits
Couc		Marks	Examination	Wiaiks	Division/Batch	
USHSII501	Introduction to Counselling	25	75	100	3	3
USHSII502	Human Exceptionality I	25	75	100	3	3
USHSII503	Curriculum Planning and	25	75	100	3	3
	Assessment in Early Childhood Education I					
USHSII504	Theories of Human Behaviour and Development	25	75	100	3	3
USHSII505	Methods of Studying Human Behaviour and Development	25	75	100	3	2
USHSII506	School Administration	25	75	100	3	2
USHSIIP501	Part A: Curriculum Planning for Children in Education Settings		50	50	2	2
	Part B: Conducting Developmentally-Appropriate Activities for Children in Education Settings		50	50	2	
USHSIIP502	Part A: Methods of Studying Human Behaviour and Development		50	50	2	2
	Part B: School Administration		50	50	2	
				800	26	20

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII501	INTRODUCTION TO COUNSELLING	3	100	3

- 1. To introduce students to key concepts in counselling.
- 2. To have students construct knowledge about the counseling process and related professional skills.
- 3. To familiarize students with selected methods /approaches /models /specializations which are especially relevant for child and adolescent counselling?

Course Cont	ent	Periods
Unit I	Classic and/or Exemplary Definitions of Professional Counselling Key ideas; Illustration of key ideas (using transcripts of counselling) Goals of counselling Mental Health Professionals and Services Difference between counselling, clinical psychology, and psychiatry; distinguishing counseling from psychotherapy Types of mental health professionals Relevance and Need for Counselling Children, Adolescents, and Adults Indicators of distress in children, adolescents, and adults Developmental concerns/challenges in childhood, adolescence, and adulthood Challenges/problems faced by children, adolescents, and adults that are not developmental in nature (e.g., physical abuse, sexual abuse) Characteristics of current society that accentuate the need for professional counselling services for children, adolescents, and adults; environmental challenges that children, adolescents, and adults face	15
Unit II	The Counselling Process Overview of the Number and Variety of Counselling Techniques/Approaches/Methods Preparing for the counselling interview Arranging the physical space Creating an optimal socioemotional space What are some things to consider during the first interview? A general model for counselling Step 1: Defining the problem through active listening Step 2: Clarifying the client's expectations Step 3: Exploring what has been done to solve the problem Step 4: Exploring what new things could be done to solve the problem Step 5: Obtaining a commitment to try one of the problem-solving ideas Step 6: Closing the counseling interview/terminating the counselling sessions Questions counsellors ask What types of questions should the counsellor use? How can silences be used in counselling? Should counsellors give advice? Should counsellors give information? What about the issue of confidentiality?	15

Unit III	Selected Counselling Techniques/Approaches Especially Suitable for Use with School Children and Adolescents Individual Counselling Methods	15
	Carl Roger's Person-Centered Counselling/Therapy (PCC/PCT)	
	Solution-Focused Brief Counselling/Therapy (SFBC/SFBT)	
	Play Therapy	
	Group Counselling	
	Group leadership skills	
	Steps in group counselling	
	Professional School Counseling	
	Distinguishing School Counselling from General Counselling	
	Advancements in the Conceptualization of School Counselling:	
	Norman Gysber's Developmentally Comprehensive School Counselling Model ASCA-Promoted Comprehensive School Counselling Programs	
	Role of the professional school counsellor	

- Corey, G. (2015). Theory and practice of group counseling (9th ed.). Boston, MA: Cengage Learning. Capuzzi, D., & Gross, D. A. (2008). Counseling and psychotherapy: Theories and interventions (4th ed.). NJ:
- George, R. L., & Cristiani, T. L. (1995). *Counseling: Theory and practice* (4th ed.). Boston: Allyn & Bacon.
- Gibson, R. L., & Mitchell, M. H. (2008). Introduction to counseling and guidance (7th ed.). New Jersey: Prentice-
- Hornby, G., Hall, C., & Hall, C. (2003). *Counseling pupils in schools: Skills and strategies for teachers*. London: Routledge-Falmer.
- Kotler, J. A. (2004). *Introduction to therapeutic counseling: Voices from the field* (5th ed.). Pacific Grove, CA: Brooks/Cole.
- Thompson, C., Rudolph, L. B., Henderson, D. (2004). *Counseling children* (6th ed.). Pacific Grove, CA: Brooks/Cole.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII502	HUMAN EXCEPTIONALITY I	3	100	3

- 1. To help students develop an awareness and concern for individuals with exceptionality (both children and adults), their needs and problems.
- 2. To help students gain knowledge about the different categories of exceptionality, their prevalence, causes, prevention, and characteristics.
- 3. To introduce students to the education, assessment and rehabilitation of exceptional children and adults, with special reference to the Indian context.

Course Co	ntent	Periods
Unit I	Introduction to Human Exceptionality and Special Education (a) Definition and terminology: • Exceptional children and adults • Disability versus handicap • Developmentally delayed and at-risk • Special education (b) Brief history of the development of special education. (c) Categories and labels. (d) Legislative history of special education (US and Indian Laws). (e) Professionals who work with individuals with exceptionalities. (f) Service delivery teams. (g) Current and future challenges.	15
Unit II	High-Incidence Disabilities 1. Mental Retardation/Intellectual Developmental Disorder/Intellectual Disability (a) Definition of mental retardation. (b) Classification of individuals with mental retardation. (c) Prevalence, causation, characteristics, assessment, prevention. (d) Educational considerations. (e) Services for children and adults with mental retardation. (f) Family and community contexts. (g) Trends, issues, and controversies. 2. Learning disability (a) Definition of learning disability. (b) Classification of individuals with learning disability. (c) Prevalence, causation, characteristics, assessment, prevention. (d) Educational considerations. (e) Services for children and adults with learning disability. (f) Family and community contexts. (g) Trends, issues, and controversies.	15

Unit III	Exceptional, Gifted and Talented	15
	1. Gifted and talented individuals	
	(a) Defining giftedness.	
	(b) Differences among individuals who are talented and gifted.	
	(c) Prevalence, causation, characteristics, assessment.	
	(d) Educational considerations.	
	(e) Services for children and adults who are talented and gifted.	
	(f) Family and community contexts.	
	(g) Trends, issues, and controversies.	

- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: American Psychiatric Association.
- Gargiulo, R. M. (2015). *Special education in contemporary society: An introduction to exceptionality* (5th ed.). New York: Sage.
- Hallahan, D. P., Kauffman, J. M., & Pullen, P. C. (2013). *Exceptional learners: An introduction to special education* (12th ed.). Boston, MA: Pearson Education.
- Hardman, M. L., Egan, M. W., & Drew, C. J. (2017). *Human exceptionality: School, community, and family* (12th ed.). Boston, MA: Cengage Learning.
- Heward, W. L. (2013). *Exceptional children: An introduction to special education* (10th ed.). Boston, MA: Pearson Education.
- Kharge, M. T. (2014). *Rights of persons with disabilities bill, 2014*. Retrieved from http://www.prsindia.org/uploads/media/Person%20with%20Disabilities/The%20Right%20 of%20Persons%20with%20Disabilities%20Bill.pdf
- Srivastava, P., & Kumar, P. (2015). Disability, its issues and challenges: psychosocial and legal aspects in Indian scenario. *Delhi Psychiatry Journal*, 18(1), 195-205.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII503	CURRICULUM PLANNING AND ASSESSMENT IN EARLY CHILDHOOD EDUCATION I	3	100	3

- 1. To help students develop an understanding of developmentally-appropriate teaching-learning practices to be used in early childhood education settings.
- 2. To introduce students to the historic overview of educators and approaches/curriculum models in early childhood education.
- 3. To have students develop an understanding of the role of environment in child's learning and behaviour including schedules, materials, arrangement of learning activities indoor and outdoor, and centre-based learning.

Course Cor	ntent	Periods
Unit I	Overview of Early Childhood Care and Education (a) Quality in Early Childhood Programs Concept of developmental appropriateness; adult-child ratio; group size; mixed-age grouping; developmental-appropriateness of activities; child-adult interactions and roles; staffing; teacher stability; family involvement; child advocacy (b) Early Childhood Teachers and Caregivers Quality, attributes, and role of a good early childhood teacher; training and regulation of quality; professionalism and ethics; current issues and dilemmas (low pay, burnout, teacher turnover, teacher shortage). (c) Curriculum Meaning and definition of curriculum, components of a good curriculum.	15
Unit II	Educators and Curriculum Models/Approaches (a) History of early childhood education, historical overview of educators Jean-Jacques Rousseau, Johann Pestalozzi, Friedrich Froebel, Maria Montessori. Rabindranath Tagore, Tarabai Modak, Gijubhai Badhekha. (b) Early Childhood Education Curriculum Models Montessori Program, Bank Street Approach, Head Start Program, Reggio Emilia Approach, Rudolf Steiner and Waldorf schools, Te-whariki, Thematic Approach/Project Approach, Glenn Doman approach, new developments in ECE curriculum models.	

Scheduling and Curriculum Planning

(a) Components of the early childhood education schedule

Activity time; large-group activities; small-group activities; use of learning centres; outdoor activities; start-of-day and end-of-day activities; clean-up, meals, nap and rest; transitions.

(b) Guidelines for Program Scheduling

Alternating active and quiet times; alternating large-group and small-group activities; balancing child-initiated and teacher-initiated activities; building time for individual interactions; taking into account activity level and developmental level of the children; seasonal considerations; types of schedules.

(c) Curriculum

Types of curriculum; theme-based learning content; child, family and community as a focus of the curriculum; planning general goals and instructional objectives/developing written plans (daily, weekly, short-term, long-term plans; planning an overall curriculum (units, lesson planning, activities and emergent curriculum).

References

- Amin, R. (1997). Learning for life...from birth to five. Nurturing the growing child. Mumbai: Books for Change.
- Brewer, J. A. (2006). *Introduction to early childhood education: Preschool through primary grades* (6th ed.). Boston, MA: Pearson Education.
- Catron, C. E., & Allen, J. (2007). *Early childhood curriculum: A creative play model* (4th ed.). Boston, MA: Pearson Education.
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- Dopyera, M., & Dopyera, J. E. (1992). *Becoming a teacher of young children* (5th ed.). New York: McGraw-Hill, Inc.
- Essa, E. L. (2013). *Introduction to early childhood education* (7th ed). Belmont, CA: Wadsworth.
- Gestwicki, C. (2013). *Developmentally appropriate practice: Curriculum and development in early education* (5th ed.). Belmont, CA: Wadsworth.
- Kaul, V. (1991). Early childhood education programme. New Delhi: NCERT.
- Leeper. S. H., Witherspoon, R. L., & Day, B. (1984). *Good schools for young children: A guide for working with three-, four-, and five-year-old children* (5th ed.). New York: Macmillan.
- Maxim, G. W. (1997). *The very young: Guiding children from infancy through the early years* (5th ed.). Princeton, NC: Merrill.
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- Sebastian, P. (2002). Handle with care A guide to early childhood administration. Victoria: Wiley.
- Seefeldt, C., & Barbour, N. (1998). *Early childhood education: An introduction* (4th ed.). Boston, MA: Pearson Education.
- Swaminathan, M. (1998). The first five years: A critical perspective on early childhood care and education in India. New Delhi: Sage.

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Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII504	THEORIES OF HUMAN BEHAVIOUR AND DEVELOPMENT	3	100	3

OBJECTIVES:

- 1. To have students comprehend the value of theories of human behavior and development.
- 2. To help students have a clear and strong understanding of the different theories of human behaviour and development.
- 3. To facilitate students in applying their knowledge of theories of human behavior and development to various life contexts.

Course Co	ontent	Periods
Unit I	Introduction to Theories and the Psychodynamic Perspective 1. Introduction • Reasons for studying theories • Definition of a theory • Limitations of developmental theories 2. The Psychodynamic Perspective: a. Sigmund Freud: Psychoanalytic Theory • Biographical sketch • Levels of consciousness • Structure of personality • Development through psychosexual stages • Nature of anxiety and defense mechanisms • Application and brief evaluation b. Erik Erikson- Theory of Psychosocial Development • Biographical sketch • Psychosocial stages • Application and brief evaluation	15
Unit II	The Cognitive and Moral Perspective 1. Jean Piaget—Developmental and Cognitive Perspectives • Biographical sketch • Key concepts in Piaget's theory • Stages of cognitive development • Application and brief evaluation 2. Lawrence Kohlberg—The Moral Development Theory • Biographical sketch • Stages and levels of moral development • Application and brief evaluation	15

Unit III	Individual and Environment Interactions: More Recent	15
	Developments	
	1. Neo-Behaviorism: Albert Bandura	
	 Overview of behaviorism (classical and operant conditioning) 	
	Albert Bandura's biographical sketch	
	Key concepts in Bandura's theory	
	 Application and brief evaluation 	
	2. Ecological Perspectives: Urie Bronfenbrenner	
	Biographical sketch	
	 Key concepts in Bronfenbrenner's theory 	
	 Application and brief evaluation 	
	3. Life Span Approaches: Paul Baltes and colleagues	
	 Contexts impelling the development of Life Span theory 	
	 Key concepts in Life Span theory 	
	 Application and brief evaluation 	

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Crain, W. (2016). *Theories of development: Concepts and applications* (6th ed.). New York: Routledge. Green, M., & Piel, J. A. (2016). *Theories of human development: A comparative approach* (2nd ed.).

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Newman, B. M., & Newman, P. R. (2015). *Theories of human development* (2nd ed.). Hove, UK: Psychology Press.

Salkind, N. J. (2004). An introduction to theories of human development. New York: Sage.

Thomas, R. M. (2004). *Comparing theories of child development*. (6th ed.). Boston, MA: Cengage Learning.

Thomas, R. M. (2000). Recent theories of human development. New York: Sage.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII505	METHODS OF STUDYING HUMAN BEHAVIOUR AND DEVELOPMENT	3	100	2

- 1. To introduce students to the importance of the scientific study of human beings across the life span.
- 2. To help students develop an appreciation of observations, interviews, questionnaires/ratings scales/checklists as methods of studying human behavior and development.
- 3. To introduce students to newer techniques of studying human behavior and development.

Course Content		Periods
Unit I	Introduction & Observation as a Method of Studying Human	15
	Behaviour and Development	
	1. Introduction	
	(a) Overview of Methods of Studying Human Behaviour and	
	Development	
	(b) Importance and uses of these methods: Assessment and evaluation;	
	research (quantitative and qualitative)	
	2. Observation as a Technique for Studying Human Behaviour	
	and Development:	
	(a) Overview: meaning, use/significance of observations.	
	(b) Observations in Quantitative research: types and methods;	
	advantages and disadvantages of observations; selecting the	
	phenomena to assess through observations; defining the phenomena	
	conceptually and operationally; designing/construction of the tool;	
	ethics; validity and reliability of observations; sampling cases and	
	execution of the method; coding and analysis; interpreting and	
	reporting observational data in quantitative research.	
it II	Interviews and Questionnaires as Methods of Studying Human	15
it II	Interviews and Questionnaires as Methods of Studying Human Behaviour and Development	15
it II	Behaviour and Development	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development:	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews.	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods;	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews;	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews;	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of the method/ reflexive process; analysis of interview data in	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of the method/ reflexive process; analysis of interview data in qualitative research; interpreting and reporting interview data	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of the method/ reflexive process; analysis of interview data in qualitative research; interpreting and reporting interview data in qualitative research.	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of the method/ reflexive process; analysis of interview data in qualitative research; interpreting and reporting interview data in qualitative research. 2. Questionnaires/Rating Scales/Checklists as Techniques for	15
it II	Behaviour and Development 1. Interview as a Technique for Studying Human Behaviour and Development: (a) Overview: meaning, use/significance of interviews. (b) Interviews in Qualitative research: types and methods; advantages and disadvantages of interviews; selecting the phenomena to study through interviews; designing/construction of the tool (types of questions/probes); ethics; sampling cases and execution of the method/ reflexive process; analysis of interview data in qualitative research; interpreting and reporting interview data in qualitative research. 2. Questionnaires/Rating Scales/Checklists as Techniques for Studying Human Behaviour and Development:	15

	of questionnaires/rating scales/checklists; selecting the phenomena to assess; designing/ construction of the tool (types of questions/ items/ ratings); ethics; sampling cases and execution of the method; coding, analysis, and the extraction of variables; internal consistency; interpreting and reporting variables extracted from	
Unit	questionnaires/ratings/checklists in quantitative research. Newer Techniques of Studying Human Behaviour and Development	15
III	& a Focus on Research	13
	1. Other techniques used for Studying Human Behaviour and	
	Development:	
	(a) Neuroscience and functional and structural MRIs.	
	2. Multi-method, multi-agent approaches/Triangulation	
	3. Application of Techniques/Methods of Studying Human	
	Behaviour and Development in Research:	
	(a) Brief overview of the steps of the research process.	
	(b) Brief overview of the research report.	
	(c) Summary of key concepts of methods of studying human	
	behaviour and development.	

- Anandalakshmy, S., Chaudhary, N. & Sharma, N. (Eds.). (2008). *Researching families and children: Culturally appropriate methods*. New Delhi: Sage.
- Anastasi, A. & Urbina, S. (1997). Psychological Testing (7th ed.). New Delhi: Pearson Education.
- Billman, T., & Sherman, J. (1996). *Observation and participation in early childhood settings: A practicum guide*. Boston, MA: Allyn & Bacon.
- Jam, G. L. (2003). *Research methodology: Methods, tools and techniques*. Jaipur: Mangaldeep Publications.
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- Rubin, A., & Babbie, E. R. (2013). *Research methods for social work* (8th ed.). Pacific Grove, CA: Brooks/Cole.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII506	SCHOOL ADMINISTRATION	3	100	2

- Objectives

 1. To comprehend the school as a system; thereby, to use a systemic approach in conceptualizing school administration.
 - 2. To evaluate selected school policies and develop critical thinking skills with regard to school policies.
 - 3. To be introduced to best practices in school education/innovations in school policies/school reform.

Cour	se Content	Periods
Unit I	Introduction & Overview; Conceptual Framework for Understanding School Administration Definitions/types: schools, education, administration, stakeholders, system. Functions of schools: general; from the point of view of each stakeholder/ group in the system. Conceptual framework for understanding school administration: school as a system; vision, mission, goals and objectives; process model/feedback cycle; policy-making and other decision-making. Role of School Principal/School Administrator Lead Educator and Lead Executive; management versus leadership. Interpersonal role of school principal: roles vis-à-vis students, teachers, parents, trustees/school board members/management; affective and effective role dimensions (emotional intelligence, handling negativity/handling complaints); public relations; community relations and community support.	15
Unit II	Issues/Topics in School Administration Pertaining to Students/Children Role of the child/student in the classroom. Role of the child/student in the larger school system. Classroom arrangement School size and class size Scheduling Issues: Scheduling teaching-learning periods: Block scheduling Character education; service-orientation Student evaluation: Achievement-oriented education/marks-oriented education, disadvantages, alternatives Social Promotion versus retention (Emphasis: Impact of each policy on students and other participants in the school system;	15
	Issues/Topics in School Administration Pertaining to Teachers Which decisions have to be made pertaining to teachers? And subjected to continuous evaluation? Role of teacher in the classroom/Role of teacher vis-à-vis students including child guidance and classroom management Role of teacher in the larger school system (vis-à-vis parents, other teachers, school administrators; as an agent facilitating school administration)	

Unit	Issues/Topics in School Administration Pertaining to Teachers Continued	15
III	Teacher recruitment policy	
	Teacher reward policy: Types of formal and informal rewards and their importance,	
	Teacher remuneration or monetary compensation policy (formal reward)	
	Professional development policy/Teacher development policy	
	Teacher evaluation policy	
	Innovations: Teacher Looping (Emphasis: Impact of each policy on students and other	
	participants in the school system; inter-relationships between policies; best practices in	
	education)	
	Issues/Topics in School Administration Pertaining to Parents: Role of parents in the	
	school: various models and innovations	
	Exemplary School Models/Exemplary School Systems; Cross-Cultural Comparisons	
	of Schools or School Systems	
	Exemplary school models: Toto Chan; Rudolph Steiner and the Waldorf Schools	
	Indian origin exemplary school models: J. Krishnamurti Schools (India and worldwide);	
	Chinmaya Mission Schools; VishvaBharati, Shantiniketan: A Rabindranath Tagore	
	initiative; a Mumbai Initiative: Muktangan	
	Crosscultural comparison: India, USA, Finland, Germany, & Singapore	

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www.aasa.org (AASA: American Association of School Administrators) www.education-world.com

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSIIP501	PART A: CURRICULUM PLANNING FOR CHILDREN IN EDUCATION SETTINGS	2	50	
	PART B: CONDUCTING DEVELOPMENTALLY- APPROPRIATE ACTIVITIES FOR CHILDREN IN EDUCATION SETTINGS	2	50	2

PART A: CURRICULUM PLANNING FOR CHILDREN IN EDUCATION SETTINGS

- 1. To provide students with training in curriculum planning for education settings, particularly early childhood education settings.
- 2. To enable students to plan developmentally-appropriate educational and recreational activities for early childhood years.
- 3. To facilitate students to engage in curriculum planning in educational settings, keeping in mind the learning objectives as also the classroom arrangement, classroom enrichment, role(s) of the child, role(s) of the teacher, transition activities, learning centres, and balance in the daily and weekly schedules.

Unit	Course content	Periods
I	Attending and participating in workshops on developmentally-appropriate activities for children in the following areas: Fine-motor and gross-motor activities (e.g. blocks, manipulatives, outdoor play) Art and craft activities Music and movement Language activities (e.g., picture talk/object talk/circle time/story time) Science and math activities Social studies activities Sociodramatic play Transition activities Classroom arrangement, classroom enrichment, learning centres Classroom management Scheduling Group dynamics, team-building, conduct and personal grooming	15
п	 Planning developmentally-appropriate activities for young children in education settings: ➤ Observing the conduction of lessons and activities with children in education settings. ➤ Lesson planning for developmentally-appropriate activities: Brain-storming, discussion as well as written plans. ➤ Preparation of teaching aids. ➤ Planning also with regard to the classroom arrangement, classroom enrichment, role(s) of the child, role(s) of the teacher, transition activities, learning centres, field trips, and balance in children's schedules. ➤ Mock lessons. 	15

PART B: CONDUCTING DEVELOPMENTALLY-APPROPRIATE ACTIVITIES FOR CHILDREN IN EDUCATION SETTINGS

- 1. To provide students with training such that, on graduation, they can choose to be teachers of young children, and plan, execute and evaluate educational and recreational activities in early childhood education settings.
- 2. To expose students to different educational settings and institutions catering to the needs of young children.
- 3. To enable students to implement and evaluate developmentally-appropriate educational and recreational activities for early childhood years.
- 4. To facilitate the development of teaching and classroom management skills in students.
- 5. To help students to apply theoretical knowledge in practical situations.

Unit	Course content	Periods
I	Executing, and evaluating developmentally-appropriate activities for young children in education settings: Fine-motor and gross-motor activities (e.g. blocks, manipulatives, outdoor play) Art and craft activities Music and movement activities Sociodramatic play Transition activities	15
II	Executing, and evaluating developmentally-appropriate activities for young children in education settings: > Language activities (e.g., picture talk/object talk/circle time/story time) > Science activities > Math activities > Social studies activities > Learning centre activities > Field trips	15

The students make a portfolio of the lessons that they execute along with photographs or samples of child's work and the evaluation.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSIIP502	PART A: METHODS OF STUDYING HUMAN BEHAVIOUR AND DEVELOPMENT	2	50	2
	PART B: SCHOOL ADMINISTRATION	2	50	

PART A: METHODS OF STUDYING HUMAN BEHAVIOUR AND DEVELOPMENT

- 1. To provide students with an introductory hands-on experience of the scientific study of human beings across the life span.
- 2. To help students build beginning skills in studying a selected aspect of human behavior and development by designing and using at least one of the methods, namely, observations, interviews, or questionnaires/ratings scales/checklists.
- 3. To facilitate students in completing all the steps of a mini-project from problem formulation to report writing and presentation of the research.

Unit	Course content	Periods
I	(a) Problem formulation, brief review of literature; selecting the phenomena to assess through either of observations/ interviews/ questionnaires/ rating scales/ checklists.	15
	(b) Defining the phenomena conceptually and operationally.	
	(c) Designing/construction of the tool.	
	(d) Sampling cases.	
П	 (a) Execution of the method—collecting data. (b) Coding and analysis of data using qualitative or quantitative strategies. (c) Interpreting and reporting observational/interview/questionnaire data. (d) Finalizing the brief research report. (e) Presentation of research findings. 	15

PART B: SCHOOL ADMINISTRATION

- 1. To provide students with skills in:
 - a. examining and evaluating the framework of administration in various schools,
 b. identifying exemplary features of administration in schools, and,
 c. selecting/designing best practices in education and related services.

Unit	Course content	Periods
I	Examining and evaluating the framework of administration in various schools (day schools, residential schools, schools of different boards of education, government-run schools, government-aided schools, private schools):	15
	Devising a framework to conceptualise, evaluate and innovate school administration/school policies (small-group work).	
	Debates that help reflect on best practices in school administration.	
II	Identifying exemplary features of administration in schools of excellence:	15
	Virtual visits to schools.	
	Actual visits to schools to study innovative school administration.	
	Exemplary examples—Indian and non-Indian: Each small group of students selects one school of excellence and reports to the large group, describing and justifying why these schools are of excellence.	
	Selecting/designing best practices in education: Each small group of students selects/designs and justifies (at least) one best practice in education.	

T. Y. BSc (Home Science) SEMESTER VI BRANCH II: HUMAN DEVELOPMENT Revised w.e.f. June 2017

Course	Title	Internal	Semester	Total	Periods/Week/	Credits
Code		Assessment	End	Marks	Division/Batch	
		Marks	Examination			
USHSII601	Counselling & Psychological Testing	25	75	100	3	3
USHSII602	Human Exceptionality II	25	75	100	3	3
USHSII603	Curriculum Planning and Assessment in Early Childhood Education II	25	75	100	3	3
USHSII604	Human Development and Family Studies	25	75	100	3	3
USHSII605	Introduction to Psychological Disorders across the Life Span	25	75	100	3	2
USHSII606	Social Psychology	25	75	100	3	2
USHSIIP601	Part A: Community-Based Services for Children and Youth		50	50	2	2
	Part B: Community-Based Services for Adults		50	50	2	
USHSIIP602	Part A: Human Exceptionality		50	50	2	2
	Part B: Children's Media		50	50	2	
				800	26	20

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII601	COUNSELLING AND PSYCHOLOGICAL TESTING	3	100	3

- 1. To introduce students to key concepts in counselling, psychological testing and assessment.
- 2. To have students construct knowledge about the counselling process and related professional skills.
- 3. To familiarize students with selected adult counselling methods/approaches/models/specializations.
- 4. To provide exposure to selected developmental scales, and intelligence, creativity, personality and behavioral tests.
- 5. To sensitize them to the professional training of counsellors and the ethics of Counselling and testing.

Course Cont	tent	Periods
Unit I	Selected Counselling Techniques for Use with Adults; and Issues in Counselling Family Counselling: Conjoint Family Therapy & Virginia Satir Transactional Analysis Status of Counselling: USA, India Code of ethics for counsellors	15
Unit II	An Overview of Psychological Testing Introduction to the use of psychological tests Definition and characteristics of psychological tests Test development/construction/standardization Ethical considerations in testing	15
Unit III	Developmental Assessment of Young Children Brazelton Neonatal Assessment Scale (BNAS/NBAS) Bayley Scales of Infant and Toddler Development (BSID) Assessment of Intelligence, Creativity, Personality and Interests Wechsler Intelligence Scale for Children (WISC) Torrance Tests of Creative Thinking (TTCT) Myers-Briggs Type Indicator (MBTI) Projective tests: Thematic Apperception Test (TAT) Interest Inventory: Self-Directed Search (SDS) Indian initiatives in psychological testing	15

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Testing manuals of relevant tests.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII602	HUMAN EXCEPTIONALITY II	3	100	3

- 1. To help students develop an awareness and concern for individuals with exceptionality (both children and adults), their needs and problems.
- 2. To help students gain knowledge about the different categories of exceptionality, their prevalence, causes, prevention, and characteristics.
- 3. To introduce students to the education, assessment and rehabilitation of exceptional children and adults, with special reference to the Indian context.

Course Co	ontent	Period
Unit I	High-Incidence Disabilities	15
	1. Communication Disorders	
	(a) Definition of speech and language disorders.	
	(b) Classification of individuals with speech and language disorders.	
	(c) Prevalence, causation, characteristics, assessment, prevention.	
	(d) Educational considerations.	
	(e) Services for children and adults with speech and language disorders.	
	(f) Family and community contexts.	
	(g) Trends, issues, and controversies.	
Unit II	Low-Incidence Disabilities	15
	1. Sensory Impairments: Hearing Impairment	
	(a) Definition of hearing impairment.	
	(b) Classification of individuals with hearing impairment.	
	(c) Prevalence, causation, characteristics, assessment, prevention.	
	(d) Educational considerations.	
	(e) Services for children and adults with hearing impairment.	
	(f) Family and community contexts.	
	(g) Trends, issues, and controversies.	
	2. Sensory Impairments: Visual Impairment	
	(a) Definition of visual impairment.	
	(b) Classification of individuals with visual impairment.	
	(c) Prevalence, causation, characteristics, assessment, prevention.	
	(d) Educational considerations.	
	(e) Services for children and adults with visual impairment.	
	(f) Family and community contexts.	
	(g) Trends, issues, and controversies.	
	3. Physical Disabilities: Cerebral Palsy, Spina Bifida and Muscular Dystrophy	
	(a) Definitions, concepts, and types.	
	(b) Prevalence, causes, and characteristics.	
	(c) Intervention and services for children and adults.	
	4. Health Disorders: Asthma and Epilepsy	
	(a) Definitions, concepts, and types.	
	(b) Prevalence, causes, and characteristics.	
	(c) Intervention and services for children and adults.	

Unit III	Inclusive Education, Assistive Technology, and Life Planning for Individuals with	15
	Special Needs	
	1. Inclusive Education	
	(a) What is Inclusive Education?	
	(b) Differences between Inclusion, Mainstreaming and Integration.	
	(c) Right to Education for all.	
	(d) Challenges of Inclusive Education.	
	(e) Benefits of Inclusive Education.	
	2. Assistive Technology	
	(a) What is Assistive Technology?	
	(b) Assistive Technology and Special Education	
	(c) Assistive Technology and IEP	
	(d) Assistive Technology used for different exceptionalities.	
	3. Transition Planning and Life Planning	

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Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII603	CURRICULUM PLANNING AND ASSESSMENT IN EARLY CHILDHOOD EDUCATION II	3	100	3

- 1. To have students comprehend the wide range of activities for young children that can be planned in the following areas, and how these activities promote various developmental domains as well as cater to holistic development: (a) gross-motor and fine-motor activities; (b) art and craft activities; (c) music and movement activities; (d) language activities; (e) science activities; (f) mathematics activities; and, (g) social studies activities.
- 2. To have students appreciate the value of play in child's learning and development.
- 3. To facilitate students in building the knowledge necessary for planning, conducting and evaluating developmentally-appropriate activities for young children.
- 4. To introduce students to assessment, recording and reporting of child's progress in the early childhood education setting.

Course Co	ntent	Periods
Unit I	Creative Expression through Art and Craft & Music and Movement	15
	(a) Gross-Motor Activities: Movement, jumping, climbing apparatus, following an obstacle course, rolling and tumbling, throwing and catching, kicking and batting, patting/digging sand, using tools.	
	(b) Fine-Motor Activities: Manipulative equipment/toys, Lego blocks, beads, sorting, drawing, painting, stacking rings, small plastic figures.	
	(c) Art and craft activities: Painting, printing, pasting, drawing, cutting and tearing; making a collage, modelling/sculpture (clay, dough), guided art and craft projects.	
	(d) Music and Movement: Goals of music and movement; singing (selecting songs, presenting songs, informal singing, group singing, playing instruments, rhythmic experiences, creating songs, listening experiences); movement and dance (fundamental movements of walking, standing, balancing, running, jumping, galloping, skipping, playing).	

Unit II	Creating an Environment for Exploring Activities in Early Years	15
	(a) Language activities: Stories, poetry, books, sharing time/circle time, group discussion, puppets, dramatization/role play, reading corner, reading and writing readiness for preschool children.	
	(b) Science Activities: Defining sciencing; developmentally-appropriate science for preschool children; goals and objectives for sciencing activities; scientific process (observing, classifying and comparing, measuring, experimenting and relating, inferring and applying); science table; science walks; science projects and experiments; providing a safe environment.	
	(c) Mathematics activities: Defining mathematics; mathematical concepts, processes, understanding and skills (classifying, comparing, ordering, patterning, counting, shapes and space, measurement, fractions, vocabulary, numerical operations); use of toys and educational material; arithmetic readiness.	
	(d) Social Studies activities: Appreciating diversity; appreciating own and other cultures/communities; knowing about different occupational roles; building starting knowledge of geography/ history/ ecology.	
Unit III	Play, Other Aspects of Curricular Planning; & Assessment/ Recording/ Reporting in Early Childhood Education	15
	(a) Significance and Role of Play: Defining play, value and purpose of play, stages/levels of play, types of play, child's role, teacher's role (observer, elaborator, modeller, planner, evaluator).	
	(b) Special Considerations in Curricular Planning: Field trips, resource persons, learning centres, parents in early childhood education programs.	
	(c) Assessing, Recording and Reporting Children's Progress:	
	Assessment: Meaning and definition of assessment, purpose of	
	assessment, planning assessment, types of assessment (informal and formal methods).	
	Recording: Meaning, purpose, and use of records; types of records. Percording: Meaning, purpose, and use of records; types of records.	
	Reporting: Meaning, purpose, and methods of reporting.	

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Journals and magazines:

Childhood Education Parenting Young Children

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII604	HUMAN DEVELOPMENT AND FAMILY STUDIES	3	100	3

- 1. To help students gain knowledge of selected topics in human development and family studies.
- 2. To sensitize students to issues related to achievement, socio-emotional development, and gender.
- 3. To help students learn about some of the challenges in families today.

Course Conte	nt	Periods
Course Conter Unit I	Socio-emotional Processes in Human Development and Family Studies	Periods 15
Unit II	 Donor conception families Surrogacy families Gender and Human Development and Family Studies	15
Omt II	 Gendered Development Which behaviours are gendered and how large are the differences between the sexes? The gendered brain Gender and Family Relationships Gender and Partnerships: Marriage Gender differences in: Timing and incidence of marriage; marital quality and interaction; marital satisfaction and wellbeing; marital power; spousal violence 	

- b. Gender and Partnerships: Non marital romantic relationships
- c. Gender and parenthood
 - Motherhood and fatherhood
 - i. Gender of parents and interaction with children; relationships with children; responsibility for children
 - ii. New research on fatherhood
 - iii. Spotlight on India: Impact of gender of child on mother
- d. Gender and family work
 - Housework
 - i. Gender differences in housework, childcare, eldercare, spousal career support; gender of child and housework
 - ii. Explanations for the gender-based division of labor: Time Availability Model, Resource Model, Ideology Model, Marital Dynamics
 - iii. Spotlight on India: Role of in-laws

Gender and grandparents and grandchildren

Unit III Challenges in Families Today

1. Family and Work Interface

- a. Changing employment patterns, changing family demographics, changing gender ideologies, & changing organizational responsiveness to work and family issues.
- b. Impact of employment on families
 - Spousal employment and relationship to marital stability and satisfaction
 - Impact of mother's employment on children's wellbeing
 - Impact of job experiences on child socialization
 - Impact of parental employment and poverty on children; child's participation in family work
 - Impact of the organization of work life
- c. Effects of family on work: Effects of family responsibilities on labor market behaviour
- d. Multiple roles in the family and workplace: Emotional well-being, role enrichment, role stress and role strain
- e. Individual coping strategies
- f. Institutional change to promote work-life balance: The Mommy Track; Part-Time Work; Home-based employment; flextime; work-from-home; unpaid family leave; dependent care assistance; paid family leave; shorter standard work weeks; supervisor training; Counselling and educational programs; improvements in job conditions/pay; determinants of family-friendly policies.

2. Marital Dissolution

- a. Divorce: Antecedents, causes, or predictors of divorce
 - Macro-level antecedents: demographic factors, legal factors, cultural/attitudinal factors
 - ii. Micro-level antecedents: social exchange theory, vulnerability-stress-adaptation, cascade theory, other individual risk factors of divorce
- **b.** Theoretical models of the divorce process
 - i. Six levels or stations of divorce
 - ii. Divorce as a process of mourning
 - iii. Divorce as a psychological process
 - iv. Divorce as a psychosocial process
- **c.** Consequences of divorce on children and adults
 - Legal, psychological and emotional, and economic consequences of divorce for parents
 - ii. Consequences for parenting, inter-parental relationships, disruptions in parentchild relationships
 - iii. Child maladjustment to pre-separation marital conflict and violence
- d. Marital separation, annulments, widowhood
- 3. The Future of Families

15

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Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII605	INTRODUCTION TO PSYCHOLOGICAL DISORDERS ACROSS THE LIFE SPAN	3	100	2

- 1. To sensitize students to individuals with psychological disorders, their needs and problems across the life span.
- 2. To help students gain knowledge about different abnormalities—their diagnosis, prevalence, etiology, and treatment.

Unit	Course Content	Periods
I	 Introduction Definition of terms normality, abnormality, deviance, disorder, developmental pathology. Historical overview. Overview of current paradigm of psychopathology. Diagnosis—DSM-5 and ICD. Relevance of studying abnormality in human development. 	15
II	 Psychological Disorders of Childhood Overview of psychological disorders in childhood (range and types of disorders) Attention-Deficit/Hyperactivity Disorder (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Conduct Disorder (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Depression and Anxiety in Children and Adolescents (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Autism Spectrum Disorder (Clinical description, DSM-V diagnostic criteria, etiology, treatment) 	15
III	 Adulthood and Late-Life Psychological Disorders Overview of psychological disorders in adulthood (range and types of disorders). Overview of psychological disorders that occur particularly in late life (range and types of disorders). Schizophrenia (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Depression (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Dementia (Clinical description, DSM-V diagnostic criteria, etiology, treatment). Delirium (Clinical description, DSM-V diagnostic criteria, etiology, treatment). 	15

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- Bennett, P. W. (2011). *Abnormal and clinical psychology: An introductory textbook* (3rd ed.). Berkshire, UK: Open University Press.
- Comer, R. J. (2015). *Abnormal psychology* (9th ed.). Boston, MA: Pearson Education.
- Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2012). *Abnormal psychology* (12th ed.). New York: Wiley.
- Kring, A. M., Johnson, S. L., Davison, G. C., & Neale, J. M. (2014) *Abnormal Psychology: DSM-5 update* (12th ed.). New York: Wiley.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSII606	SOCIAL PSYCHOLOGY	3	100	2

- 1. To introduce the students to the concept of social psychology and its content areas.
- 2. To help students understand the link between behaviours and attitudes and the factors influencing conformity.
- 3. To help students understand the behaviour of individuals in groups, group dynamics and group processes.
- 4. To encourage students to apply theories of social behaviour in their day-to-day lives

2Course C	Content	Periods
Unit I	INTRODUCTION TO SOCIAL PSYCHOLOGY	15
	Definition and brief overview of history of social psychology	
	Brief overview of methods of studying social psychology	
	SOCIAL THINKING	
	The Self in a Social World	
	Self-concept and self-esteem	
	Perceived self-control (self-efficacy, locus of control, learned helplessness versus self-determination)	
	Self-serving bias; self-presentation	
	Behaviour, Attitudes and Attributions	
	The effect of attitudes on behaviour	
	The effect of behaviour on attitudes	
	Attributing causality	
	The fundamental attribution error	
Unit II	SOCIAL INFLUENCE AND LEADERSHIP	15
	Conformity	
	Classic studies (Asch's studies of group pressure; Milgram's experiments on	
	obedience)	
	Factors influencing conformity	
	Resisting social pressure	
	Persuasion	
	The elements of persuasion	
	Resisting persuasion	
	Group Influence	
	Types of groups	
	Effects of the group on individual behaviour (social facilitation, social loafing,	
	deindividuation)	
	Decision-making in groups (group polarisation, groupthink, minority influence)	
Unit III	SOCIAL RELATIONS	15
	Prejudice	
	Concept of prejudice	
	Sources of prejudice (social, emotional, cognitive)	
	Overcoming prejudice	
	Aggression	
	Concept of aggression	
	Influences on aggression	
	Reducing aggression	
	Attraction: Liking and Loving Others	

- Factors affecting interpersonal attraction (physical attractiveness, proximity, similarity, competence, reciprocity)
- Triangular Theory of Love
- What enables relationships to endure
- Ending relationships

Altruism

- Concept of altruism
- Conditions affecting helpfulness (personal and situational influences on helping)
- Promoting altruism

References

Myers, D. G. (2013). Social psychology (10th ed.). New York: McGraw-Hill.

Baron, R., & Branscombe, N. (2017). *Social psychology* (14th ed). Boston, MA: Pearson Education. Franzoi, S. L. (2016). *Social psychology* (7th ed.). Redding, CA: BVT Publishing. Michener, H. A., & Delamater, J. D. (2010). *Social psychology* (7th ed.). Boston, MA: Cengage Learning.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSIIP601	PART A: COMMUNITY-BASED SERVICES	2	50	
	FOR CHILDREN AND YOUTH			
	PART B: COMMUNITY-BASED SERVICES	2	50	2
	FOR ADULTS			

PART A: COMMUNITY-BASED SERVICES FOR CHILDREN AND YOUTH

Objectives

- 1. To facilitate students in learning skills in planning, executing and evaluating developmentally-appropriate educational and recreational activities for underprivileged children in the community and Non-Governmental Organisations (NGOs).
- 2. To facilitate students in learning skills in planning, executing and evaluating developmentally-appropriate educational and recreational activities for youth in the community and NGOs.
- 3. To facilitate students in learning skills in planning, executing and evaluating developmentally-appropriate workshops for varied target groups in the community and NGOs.

Unit	Course content	Periods
I	 Attending and participating in input sessions. To observe, plan, execute and evaluate developmentally-appropriate educational activities and recreational activities for underprivileged children in Non-Governmental Organizations (NGOs). To observe, plan, execute and evaluate developmentally-appropriate workshops for underprivileged children in NGOs. 	15
II	 To observe, plan, execute and evaluate educational activities and recreational activities for youth in Youth Centres and NGOs. To observe, plan, execute and evaluate developmentally-appropriate workshops for youth in Youth Centres and NGOs. 	15

The students make a portfolio of the activities and workshops that they plan and conduct, along with photographs or samples of child's/youth's work and the evaluation.

PART B: COMMUNITY-BASED SERVICES FOR ADULTS

Objectives

- 1. To facilitate students in learning skills in planning, executing and evaluating workshops/activities for varied target groups of adults in diverse Human Development agencies in the community and Non-Governmental Organizations (e.g., old age homes, rehabilitation centres, hospitals, HR departments of companies).
- 2. To create awareness in students about best practices in Human Resource Development.

Unit	Course content	Periods
I	 Attending and participating in input sessions. To observe, plan, execute and evaluate workshops /activities for varied target groups of adults in diverse Human Development agencies in the community and Non-Governmental Organizations (e.g., old age homes, rehabilitation centres, hospitals, HR departments of companies). 	15
п	 Workshops on soft-skills in human development agencies: Plan, execute and evaluate workshops on Soft Skills (e.g., Team building; Leadership; Time/Stress Management). Introduction to best practices in Human Resource Development: Learning about best practices in the area of Human Resource Development (through resource persons/experts working in the respective fields). Visits to various organizations that are exemplary with regard to utilization of Human Resources. 	15

The students make a portfolio of the activities and workshops that they plan and conduct, along with photographs or samples of participant's work and the evaluation.

Course Code	Title	Periods/week/ Division	Marks	Credits
USHSIIP602	PART A: HUMAN EXCEPTIONALITY	2	50	2
USHSHF 002	PART B: CHILDREN'S MEDIA	2	50	2

PART A: HUMAN EXCEPTIONALITY

- 1. To expose students to different settings and institutions catering to the needs of individuals with exceptionality.
- To make students aware of assistive technology for individuals with exceptionality.

 To help students reflect on and critically analyse the portrayal of human exceptionality in films (Hindi and English).
- 4. To support students in learning how to plan an Individualized Education Program for children with exceptionality.

Unit	Course content		
т	1 177	1.5	
1	1. Visits to different organizations catering to different human exceptionalities.	15	
	2. Accessing the assistive technology used with individuals with exceptionality.		
II	1. Seeing movies on different exceptionalities and evaluating them critically.	15	
	 Planning of an Individualized Education Program for children with any one exceptionality. 		

PART B: CHILDREN'S MEDIA

Objective

- 1. To facilitate students in developing skills in selecting and evaluating children's books/related educational software.
- 2. To equip students with skills in evaluating children's TV programmes.
- 3. To facilitate students in conceptualising, writing and designing either a book for children or a TV programme for children.

Unit	Course content	Periods	
I	 INTRODUCTION TO CHILDREN'S MEDIA Definition. Classifying types/genres of children's media (children's literature, children's TV shows, children's films). Identifying exemplary children's media (award-winning books, authors & illustrators; award-winning TV shows; award-winning children's films). SELECTING AND TELLING A STORY FROM CHILDREN'S BOOKS Selecting a tellable tale Motivating the audience to listen; engaging the audience; providing opportunities for active participation to the audience. Conveying the sequence of events clearly. Speaking clearly and distinctly, modulating voice effectively. Utilizing eye contact, facial expressions, and gestures effectively. Ending the story gracefully. 	15	
II	 EVALUATING CHILDREN'S MEDIA (Books and TV Shows) Descriptive and evaluative assessment through a visit to a children's library/bookstore or through watching the show on TV. Developing criteria for evaluation of books, and for evaluation of children's TV shows. DESIGNING CHILDREN'S BOOKS OR RELATED EDUCATIONAL TOYS, OR CONCEPTUALISING A TV SHOW AND PRESENTATION Features to keep in mind (e.g., content, layout, target group, cost, text versus pictures) Planning the designing of a book and toy keeping in mind a theme. Making the book and toy according to the selected theme. Conceptualising a TV show for children and making the script for at least one episode. 	15	

The students design and make either a book or conceptualise a TV show and script one episode.

Examination Scheme for B.Sc. Home Science Semesters V and VI:

Part A: Theory Papers

All theory papers of 100 marks are to be evaluated in two parts.

INTERNALS: **25 marks**. This comprises 20 marks for a 30-minute unit test, of which 10 marks are for objective-type of questions and 10 marks for questions requiring longer (but not essay) answers. The objective 10 marks can include the following types of questions:

- Agree/Disagree and give a one-or-two sentence reason.
- Fill in the blanks
- Answer in one or two sentences.
- Name the following.
- Define the following.

Please note that the objective 10 marks **cannot** have the following types of questions:

- MCQs.
- State whether True or False (without giving a reason).
- Match the following.

The remaining 5 marks indicate the extent to which the student was a responsible learner. **SEMESTER-END EXAMINATION: 75 marks.** The semester-end question paper is for 2 ½ hours. The semester-end examination question paper has to be set with 100% choice within each set of questions. For all three unit syllabi, the question paper must have four sets of questions; each of the four questions is compulsory, with options within each question:

- Question 1, carrying 20 marks, has a set of sub-questions from Unit I.
- Question 2, carrying 20 marks, has a set of sub-questions from Unit II.
- Question 3, carrying 20 marks, has a set of sub-questions from Unit III.
- For Questions 1, 2 and 3, no 20-mark question is permitted. In other words, this question cannot have a choice between two 20-mark questions. Possible sub-questions include the following formats: Answer any 2 sub-questions out of 4, or any 4 out of 8, or any 5 out of 10.
- Question 4, carrying 15 marks, has a set of sub-questions from Units I, II, and III. No 15-mark question is permitted. In other words, this question cannot have a choice between two 15-mark questions. Possible sub-questions include the following formats: Answer any 2 sub-questions out of 4, or any 3 out of 6.

Part B: For Courses with Practical: There will not be any Internal Examination or marking for practicals

External Semester End Examination for Practical:

Sr.	Particulars for		Total Marks	Duration of
Nb.	External Practical			Semester End
	Examination Semester			Practical
	End Practical			Examination
	Examination			
1	Laboratory Work	40 marks		
2	Jour nal	5 Marks	50	3 ½ hours
3	Vi va	5 Marks		