

STUDENT INDUCTION PROGRAM

1ST July 2019 – 6th July 2019

F.Y.B.Sc students

As per the directives of University Grants Commission, MHRD, Government of India, circular No. F 2 – 57/19 (Workshop – WRO), dated June 2019, indicating Higher Education Institutes to conduct Student Induction Programs for the entry point students to acclimatize the students bring about a sense of belongingness and awareness of their rights and responsibilities.

The SIP & Student's Council Committee of the College planned the following activities in co-ordination with the Co-ordinator (F.Y.B.Sc), Cultural Committee, Sports Committee other staff of the College and Students of M.Sc II (Department of Human Development) and NSS volunteers of the College, as part of the Student Induction Program for the F.Y.B.Sc students of the College. The admitted students were updated about the details of the programme in advance to ensure participation from all. The planned programme was as follows:

Date	Time	Program Schedule
1 st July 2019, Monday	9:30 – 11:30	Orientation by Co-Ordinator Dr. Vishaka Karnad
	11:45 – 12:45	Mentoring by Respective Mentors F1 – Dr. Ritu Madhan (Hall) F2 – Ms. Neha Mulchandani (Hall) F3 – Dr. Minelly Rodrigues (Hall) F4 – Ms. Gulnaaz Engineer (Hall) F5 – Ms. Sangamitra Navalgund (Hall) F6 – Ms. Fatima Kader (2 nd floor) F7 – Ms. Khyati Sampat (2 nd floor) F8 – Dr. Anjali Srivastava (2 nd floor)
2 nd July 2019, Tuesday	9:30 – 10:30	Session on Dress for Success – Dr. Ritu Madhan
	10:30 – 11:00	Break
	11:00 – 12:30	Facility tour & Library Orientation – Ms. Fatima Kader Groups F1 – F4 (Volunteers - M.Sc II HD students)
		Talent show – Ms. Shilpa Joshi, Cultural Committee Groups F5 – F8
3 rd July 2019, Wednesday	12:30 – 2:00	Talent show – Ms. Shilpa Joshi, Cultural Committee Groups F1 – F4
	9:30 – 10:30	Session on Emotional Wellbeing – Dr. Kamini Rege
	10:30 – 11:00	Break
	11:00 – 12:30	Facility tour & Library Orientation – Ms. Sunita Jaiswal Groups F5 – F8 (Volunteers - M.Sc II HD students)
		Indoor Games – Ms. Vibhuti Khedekar, Sports Committee Groups F1 – F4
	12:30 – 2:00	Indoor Games – Ms. Vibhuti Khedekar, Sports Committee Groups F5 – F8

The planned program could not be executed as per the planned schedule due to excessive rains on 1st July 2019 and 2nd July 2019. Thus the activities conducted for the students were as follows:

1 st July 2019	Welcome by Co-ordinator Address by Principal Orientation to the Course / Subjects, College committees, rules & regulations, exam procedures, etc Introduction of Faculty teaching various subjects Session by College Counsellor
3 rd July 2019	One hour session on “Food & Health” Facility Tour of the College Library Orientation Talent show – Cultural committee
4 th July 2019	Facility Tour of the College Library Orientation Indoor Games – Sports Committee
6 th July 2019	One hour session on “Dress 2 Impress”

Dr. Vishaka Karnad, Co-ordinator, F.Y.B.Sc, conducted the orientation programme for the students on 1st July 2019. She briefed the students on the outline of the course, rules and regulations, examination procedures, committees of the College, etc. Dr. Geeta Ibrahim, Principal also addressed the students. Staff teaching subjects also introduced the course to the students. Ms. Venita Pereira, Counsellor also interacted with the students. Mentoring of students with their respective mentors could not be done keeping in mind the safety of students due to water logging in several parts of the city.

2nd July 2019 was declared as a holiday because of excessive rains, hence the planned program had to be rescheduled.

On 3rd July 2019, the SIP started with an interesting session on “Food & Health” by Ms. Fatima Kader. She discussed the importance of food and maintaining good health by eating healthy meals on a regular basis. The students were then divided into groups and four groups were escorted for Facility tour and Library orientation of the college by the M.Sc II (Department of Human Development) students and NSS volunteers. The students then enjoyed themselves with the interactive Talent Show organized by the Cultural Committee, under the supervision of Ms. Sheetal Joshi.

On 4th July 2019, four groups of students were guided for Facility tour and Library orientation of the college by the M.Sc II (Department of Human Development) students and NSS volunteers. The students later participated in interactive Indoor Sports / Games organized by the Sports Committee, under the supervision of Ms. Vibhuti Khedekar.

The facility tour of the college included the following:

Levels/Floors	Rooms/ Labs to be seen
Ground floor	<ul style="list-style-type: none"> - Marie Adelaide De CiCe Hall - Common Room - Reception area (for concession) - Back Area/ Garden Area - Back lift and sick room
1 st Floor	<ul style="list-style-type: none"> - Multipurpose lab/Bio lab (used for CRM practical) - Chemistry lab (used by FY students)
2 nd Floor	<ul style="list-style-type: none"> - Cooking lab - Chemistry lab (Used by TFT and FND students) - Classroom
3 rd Floor	<ul style="list-style-type: none"> - General Office - Accounts office - HOD room and Principal's room - Clothing lab - TFT room - Cyber café
4 th Floor	<ul style="list-style-type: none"> - HD classroom - Food lab - Library - Counsellor's room
5 th Floor	<ul style="list-style-type: none"> - FND room - TFT room - Show other class rooms
6 th Floor	<ul style="list-style-type: none"> - Classroom - Show other class rooms
7 th Floor	<ul style="list-style-type: none"> - CRM classroom - HD classroom - Audio-visual room - Prayer room - Teacher's staffroom

“Dress 2 Impress”, an interactive one hour session was conducted by Dr. Ritu Madhan on 6th July 2019. She discussed the importance of first impression and how good dressing helps every individual in their personal and professional life.

The students actively took part in and enjoyed all the activities organized for them during the entire week. This helped them to interact with the other students of the batch, acquaint themselves with the faculty of the College and were aware of the various facilities of the College. The students reported that the program made them feel comfortable in their new surroundings and they were able to socialize with their seniors and understand the dynamics of team work in an interesting and enjoyable way.



STUDENT'S FEEDBACK

Name of event: Student Induction Program

Venue: College of Home Science, Nirmala Niketan.

Date of event: 2nd, 3rd, 6th and 7th July, 2019.

Detailed Report:

First Year students were warmly welcomed to the college with an orientation and some fun filled activities before starting with proper lectures. There were two programs planned for the students namely Facility Tour and Indoor games. Students were in a total strength of 200. Eight groups of 25 students each headed by an MSc volunteer were made for the convenience of the students as well as the organisers. Four groups were sent for the Facility tour and four groups remained in the hall for the indoor games. On the other day the same took place with different groups.

The facility tour was a tour of the whole college including all the 7 floors of the infrastructure. MSc students played a crucial role in making the first year students understand their college. This tour also included a library orientation wherein students were informed about the library rules and system which the college library follows. Students were also given their library cards. The facility tour all in all gave the students a good knowledge about their college and also helped them understand the purpose of each room in the college by which their confusion regarding certain rooms got cleared.

Then there were indoor games planned for the students and was organized by the sports committee in collaboration with the NSS volunteers. Games includes Lemon and spoon race, book balancing race, Table tennis ball dodging game, Musical chair and also the German drill game. These games improved communication between students and the seniors also. It was a good activity before starting some serious studies for the first years.

On the third day a treasure hunt game was planned for the students. This game brought about a new enthusiasm between teams. Students started to work as a team. A set of 15 questions were given to each team and the answers to which were hidden in the college itself. The task of the students was to click photos of each answer within a time limit of 15 minutes. Students did their best to find all the answers but the highest could reach to 13 only. At the end students having exceptional talents in singing and dancing were called forth to showcase their talents. The end of the program was done by a small DJ in which students relaxed and grooved and danced to the song beats at their liberty.

This was the end of the Student Induction program. Normal lectures started from the next day. The SIP program proved to be a good fun filled introduction for the students. The best part of the program was that immediately lectures were not started which could have proven as boredom for the First Years. Students started to know each other rather well and the anxiety of a new college and new friends and new teachers completely vanished from their minds. They started to perceive the college differently. Also by this program the students got a stage to put up their

talents which brought about confidence also among them. This program all in all proved to be a good start up for the fresher's.

At the end I would like to express my gratitude towards Principal mam, coordinators and my teachers for their relentless hard work for the planning and the execution of this program. Also this program couldn't have been possible without the help of the cultural committee and the sports committee. Their unending efforts only could make this event a success. A no better start could have been given other than this program.

