## **SOP FOR REPORTS OF EVENTS – ACTIVITIES**

## Name of the Event: "Extension Work at Gyanjyoti Community College Karajgoan, Dist. Palghar with T. Y. B.Sc. 2021-22 on 31 March and 1 April 2022"

Name of the college:	College of Home Science Nirmala Niketan
Affiliation:	University of Mumbai
Name of The Event:	Extension Work to Gyanjyoti Community
	College Karajgoan with T. Y. B.Sc. 2021-22 on
	31 March and 1 April 2022
Title of the program/s	Extension Work
Name of the Department organized:	Textile and Fashion Technology
Level: Local, State, Intercollegiate,	State
National, International:	
Name of the Organizing Committee:	Department of Textile and Fashion Technology in
	collaboration with Gyanjyoti Community College
	Karajgoan, Dist. Palghar
Organizing Team (Chairperson, Convenor, Co-	Dr. P Goyal (HOD Department of Textile and
Convenors and members):	Fashion Technology), Dr. Ritu Madhan and Dr.
	Neha Mulchandani
Teachers Team Accompanying Students	Dr. Ritu Madhan and Dr. Neha Mulchandani
Name of the Collaborators (if any):	Gyanjyoti Community College, Karajgoan
Day and Date:	31st March and 1st April 2022
Beneficiaries/ Participants number	Beneficiaries – 65 tribal students staying
Inhouse Students number	in the hostel / staying in the nearby village
	• Inhouse students - 25 T. Y B.Sc.

Reported by: Dr. Ritu Madhan & Dr. Neha Mulchandani, Edited by Dr. Pratima Goyal

Purchase of Materials & Accounts-Dr. Ritu Madhan

Feedback form- (feedback link):

https://docs.google.com/forms/d/e/1FAIpQLSfYPRpD8iWCQdjyOsBh3z7stmN36NDjstcCvKe\_Cgcg3\_NmNA/viewform?usp=sf\_link)

## Summary of the Extension Programme at Kharajgaon

The extension activity was conducted in Gyanjyoti Community College, Karajgoan by 25 T.Y. B.Sc. students on 31<sup>st</sup> March and 1<sup>st</sup> April 2022. The extension work was planned and organized by Dr. Goyal. The T. Y. B.Sc. students were guided, mentored and accompanied by Dr. Ritu Madhan and Dr. Neha Mulchandani.

65 beneficiaries in the age group from 15-25 years pursuing their Basic Fashion Designing course were trained by the TY BSc students.

The students travelled to and fro to Gyanjyoti Community College, Karajgaon via Dahanu local and availed a Tempo service from Dahanu station.

On 31<sup>st</sup> March 2022, the rural extension programme commenced at 12.00 noon immediately after reaching the center. The extension programme began with an icebreaker game with beneficiaries which was planned and conducted by the T.Y. B.Sc. students for building rapport and developing connection with each other. Thereafter, the training modules began.

Each T.Y. B.Sc. student interacted positively with 2-3 beneficiaries for training. The training programme had 6 modules viz.,

- 1. Standard measurements and drafting of Pants & Palazzo
- 2. Cutting & Stitching of Pant / Palazzo
- 3. Embroidery using Warli motifs
- 4. Hairstyling
- 5. Costing and Marketing of products
- 6. Block Printing

The first module was teaching the drafting of the Pants and Palazzo. The students taught the pattern drafting of Pants and Palazzo in different sizes that is Small, Medium, Large, XL and XXL using standard measurements. Each beneficiary completed the drafting on the paper with the instructions shared and explained by the T.Y. B.Sc. Students.

After drafting on the paper, the placement and cutting was explained to them. Along with this, they were also taught about the concepts of minimum wastage of the fabric while cutting. Thereafter, the stitching of the Pants / Palazzo commenced, each beneficiary was explained and taught the stitching process and they completed the sewing of the Pants / Palazzo. The beneficiaries were very good at stitching, followed all the instructions very carefully and completed the work quickly.

Then after the palazzo making, the next module was teaching the beneficiaries basic stitches in embroidery. Warli art is a local art practiced on the walls of the mud houses using motifs which depict the life of the locals. Keeping the popularity of the art in mind, Warli motifs were used for embroidery. The beneficiaries were taught the concepts of tracing the design on the fabric, selection of the stitches on the design, color combinations and basic stitches in embroidery such as chain stitch, satin stitch, feather stich, back stitch etc. The beneficiaries at the end were asked to complete the embroidered sample. They completed the remaining embroidery work and got it approved the next day.

The second day, the fourth module was taught, wherein the concepts of costing and pricing were

explained. The students explained the principles of costing and pricing of the products through the presentations. Also, the concept of packaging and various ways of marketing and advertising the products was discussed and explained to them. Effective use of Social media to promote and sell products was also explained.

The fifth module was a session on hairstyling. Students demonstrated 3 different hairstyles for different occasions (formal and informal).

The last module started with explanations, demonstrations and hands-on experience of block printing. Students taught the beneficiaries concepts of block making, making of printing paste and then hands on training with blocks on fabrics was given. The beneficiaries were taught the entire block printing process in small groups. With the training imparted, the beneficiaries experimented with designs and printed on fabric samples. They enjoyed doing block printing.

Ms. Clera Gonsalves, Principal of the Gyanjyoti Community College at the end interacted with both the beneficiaries and T.Y. BSc students. She appreciated the T.Y. B.Sc. students for giving the beneficiaries knowledge and training, she also shared the message that it is important to protect the mother earth. She shared the ways how the center is associated with the cause by planting medicinal plants and is slowly progressing towards making use of these plants for developing various herbal products.

Dr. Ritu Madhan and Dr. Neha Mulchandani engaged constructively during their stay with the teachers of the Fashion Designing Course, giving them pointers to improve finishing, ideas to develop smaller and simpler products and also solutions to difficulties they face.

The TY BSc students as well as the staff were then invited for planting two saplings in the center's nursery so that they could also be the part of the centers mission of protecting and preserving nature. It was a very proud moment for contributing in this and doing something for mother earth.

The palazzos which were stitched by beneficiaries, embroidered samples, block printed samples made by beneficiaries were displayed. The sisters in the center as well as the guests in the center (Officials from the Lions club) liked the work done by the beneficiaries and acknowledged the TY BSc Students dedication to teach them. Each beneficiary with the help of the students was then asked for the feedback of all the sessions conducted. The shy and reticent tribals were able to learn skills as well as gained confidence. On the other side, students of Nirmala Niketan learnt organization skills as well gained confidence. It was a beautiful mutual exchange of learning for everyone.

The cost of travel, lodging and boarding was borne by Nirmala Niketan College of Home Science. The material cost was borne by the Gyanjyoti Community College, Kharajgaon. The T.Y.B.Sc students gifted chocolates to all the beneficiaries, while some of the beneficiaries gifted the students with hand-made bouquets with the local flowers growing there.

The two day extension trip ended with vote of thanks by both the groups and lots of fond memories and gratitude for all the resources we have.

Photographs of the event (at least 4 to 6)



Student Teaching Embroidery to beneficiaries



Students planting sapling



Students and staff along with Ms Clera and officials from Lions Club



Dr. Ritu Madhan with Sr. Shirley at the exhibit of beneficiaries



Ms Clera interacting with students and beneficiaries



Exhibit of beneficiaries work taught by TY BSc Students