YEAR - 2021 -22

NAME OF THE DEPARTMENT: Foods, Nutrition and Dietetics

NUMBER OF TEACHERS:

Mrs Vibha Hasija: HOD, Assistant Professor Ms Jacqueline Colaco: Associate Professor Dr. Subhadra Mandalika: Associate Professor

Ms Fatima Kader: Assistant Professor Mrs Sheetal Joshi: Assistant Professor Dr. Minelly Rodrigues: Assistant Professor

Dr. Ratnaraje Thar: Coordinator of Self-Financed Courses (Till Feb2022) Dr.Beryl Nithya: Co ordinator of Self Finaced Courses from March 2022

NUMBER OF STUDENTS: 189

T.Y.BSc - 50

M.Sc. Part I - 12(FND)+ 23(FPP) 23 (SN) 23 =58 MSc Part II - 12(FND)+23(FPP)+23(SN) =58

P G Diploma -20

PhD - 3

Value added course: (Names of course and Number of students) - 35

DEPARTMENTAL ACTIVITIES

ADMISSION PROCESS DETAILS

Class	No of applications	No of students admitted
MSc 1 FND	248	12
MSc 1 FPP	120	23
MSc 1SN	80	23
PG Dip	79	20

ACTIVITIES/WEBINARS/SEMINARS ORGANISED BY THE DEPARTMENT (ALSO INCLUDE STUDENT DEVELOPMENT, ORIENTATION AND INTERNSHIP PRESENTATION, FOR ADVANCED LEARNING, INNOVATION AND ENTREPRENEURSHIP. EXCLUDE FACULTY DEVELOPMENT AND EXTENSION)

S	Name of the	Category –	Onl	Facu	Names of	Stude	C	Spons
r	Webinar	Local/National/I	ine	lty	resource	nt	ol	oring
N	/Seminars/C	nternational/	/offl	Lead	persons	Volu	la	Agenc
0.	onferences	Student Led	ine	and		nteer	b	y if
	and Title		and	orga		s and	0	any
	and Date		plat	nisin		class	r	and
			for	g			a	funds
			m	mem			ti	gener
			/pla	bers			n	ated
			ce				g	
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							g	
							e	
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							c	
							y	

1.	Disha – The way Ahead (2020-21) For students completing their graduation and postgraduatio n from FND dept.	College Level	Onl ine	FND dept. Fati ma Kade r	FND Dept staff were the resource persons	Nil	N il	Nil
	MSc II (FND, FPP, SN) Orientation 2nd August 2021	College level	onli ne Plat for m: MS Tea ms	Ms. J. Cola co and Dr. R. Thar	FND Dept staff and Mrs. P. Mhaprolkar (librarian) were the resource persons Four alumnae also shared their experiences of MSc II: Sakina Tabha(FN D) - Kajal Dalvi (FPP) - Kraney Shah (SN)	Nil	N il	Nil
	Role of Breastfeeding in Immunity Celebration of World Breastfeeding Week TY, Msc, UG 7th August 2021	College level	MS Tea ms	Ms. Vibh a Hasij a and Sheet al Joshi	Dr. Mandar Bapaye, Consultant Paediatricia n		N il	Nil
	Online session on Use of Digital tools in the classroom (7th August, 2021) (10:00am- 11:00am)	College level	Goo gle mee t	Dr. Mine Ily Rodri gues	Ms. Ayesha Kherani (Ph.d. Scholar)	Ms. Same eksha Lopes M.Sc. II Home Scien ce (FND	N il	Nil

)		
TY-FND Orientation 12th and 13th August 2021	College level	onli ne Plat for m: MS Tea ms	Mrs. V. Hasij a and Ms. J. Cola	FND Dept staff were the resource persons Four alumnae also shared their experiences of TYBSc: Nehal, Pankti, Purva, Asmita	Nil	N il	Nil
MSc I (FND, FPP, SN) Orientation 5th October 2021	College level	onli ne Plat for m: MS Tea ms	Ms. J. Cola co and Dr. R. Thar	FND Dept staff were the resource persons	Nil	N il	Nil
Nirmal Swasthya - Introduction	local	onli ne	FND Depa rtme nt		Purva Ashur		
IIC Orientation	local	onli ne	IIC	Ms. Fatima Kader & Ms. Minelly Rodrigues			
IIC - In search of enterpreuner in you	local	onli ne	IIC	Fatima Kader			
Eat Healthy, Stay Healthy- Diet and Immunity 23rd September 7 -8 pm Poshan MaahCelebra tions	local Student led seminar	onli ne	Vibh a Hasij a Sheet al Joshi	Dr. Anuradha Mitra	Khadi ja Ali Naqiy a Jawa dwala Vidhi Karia TY BSc		
Swasthya aur poshan mahostav	local Student led seminar	onli ne	Vibh a Hasij a	Sheetal Joshi	Vidd hi Gala Alistt a	S o m ai y	Wome n's Devel opmen t

•	Entrepreneur ship In foods and Nutrition 29 th October, 2021 from 04:00pm to 06:00pm	local	Online	Sheet al Joshi, Dr Mine lly Rodri gues		Gons alves Zaina b Hingl awala Aash na Meht a Aaref a Moti wala Mary am Patra wala MSc 1 Tanvi Gala Alefi ya Mork as Diand ra Dsou za Ayes ha Khan Sharv ari Sarna ik	a C ol le g e o f S ci e n c e a n d C o m m er c e P r ol ic io u s - B y S a m y o g F o o	Comm ission Rs. 15,00 O/-
	D i o		0.1	-	-		d s	
	Basic & Advance technique of food analysis 22nd and 25th of October,21	local	Onl ine	Dr Subh adra Man dalik a	Dr. Ananthan, Scientist, NIN		N ut ri ti o n S o ci et y	

<u> </u>		1	T	1	T		
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						di a	
Nutrition Care Process In Digital Mode 16th October -2021	local	onli ne	Vibh a Hasij a	Alumna - Ms. Michelle Britto	Carol Rodri gues		
Research Methodology and Review of Literature- Concept Clarification 15th December, 2021 01:30-03:00 pm	College	Onl ine	FND Depa rtme nt	Dr. Minelly Rodrigues	M.Sc. II FND	N il	Nil
Anubhav - Experiential learning through Internships 22nd and 23rd December.21	Local	Onl ine	Dr. Subhad ra Manda lika Ms Vibha Hasija Ms Sheetal Joshi Dr. Minell y Rodrig ues	MSc 2 FND presentatio n	MSc 1 - Pankt i Gala Hinal Saiya TYBs c Nirali Gala Aash na Meht a		
Emerging Trends and Innovations in Protein on 30th September 2021	National Webinar	Onl ine Plat for m: Zoo m	Mrs. V. Hasij a, Ms. J. Cola co and Dr. M. Rodri gues	Compere: Dr. M. Rodrigues		P r ot ei n F o o d s a n d N ut ri ti	Marico, Amway, Roquette, Samyog Health Foods Hampers by Plant Power

						o n D e v el o p m e nt A ss o ci at io n o f I n di a (P F N D A I)	
Session on Data Collection in Research- Concept Clarification 4 th March, 2022 (02:00pm to 03:00pm).	College Level (for final year students of M.Sc. Foods, Nutrition and Dietetics, M.Sc. Food Processing and Preservation and M.Sc. Sports Nutrition)	Hyb rid	Ms. V. Hasij a Dr. Mine lly Rodri gues	Dr. Minelly Rodrigues	Msc II FND	-	-
Session on Research Data Analysis and Presentation 30th April, 2022 (08:30 am to 10:30 am).	College Level (for final year students of M.Sc. Foods, Nutrition and Dietetics, M.Sc. Food Processing and Preservation and M.Sc. Sports Nutrition)	Offl ine	Ms. V. Hasij a Dr. Mine lly Rodri gues	Dr. Minelly Rodrigues	Msc II FND	-	-

COURSES CONDUCTED BY THE DEPARTMENT (Include Lecture series and VAC and Bridge Course)

Sr No	Name of the Course	Classes included	Online /offline	Faculty Lead	Facul ty	Student Volunteers	Fees collected	Funds generated (Minus the
			and		Mem	and class	(per	outflow)

			platfor m /place		bers		student and total)	
1.	Bridge Course for Post Graduate studies in Nutrition	MSc I - FND FPP SN PG	Online	Dr Sdubha dra Mandali ka Student led seminar	Dr. Ratn a Thar	MSc 1 FND Pragya Doshi Diandra Dsouza Sharvari Sarnaik	Rs 6000	
2.	Physiology	TY- FND	Online	Ms. Fatima Kader		TY FND- CR Enola Gonsalves	590	
3.	Short course on Fundament als of Research Methods and Statistics 20-09- 2021 to 09-10- 2021	TY- FND	Online	Dr. Minelly Rodrigu es	Reso urce perso ns Dr. Neha Joshi & Ms. Aarti Jain	-	(Above inclusive for both)	

COMPETITIONS CONDUCTED BY THE DEPARTMENT

Sr No.	Name of the Competiti on	Intra/in ter collegia te and Online /offline and platfor m /place	Cla sses incl ude d	Collabor ating agency	Date and day	Faculty Lead	Facult y Memb ers	Student Volunteers and class	Judge s
1)	OJAS- On the Journey to Attend Success	Online	Msc -2 FPP	IIC	31st JULY 2021	Ratnar aje Thar		Msc-2 FPP Sayed Nabila Jignasha Pardhi	Mr. Bhas hesh Gala
2.	Poster Competiti on to celebrate Breast Feeding Week	Online	UG and PG stud ents		7th Augu st 2021	Sheetal Joshi	Vibha Hasija , and Dr. Minel ly	TYBSC	Dr. Anur adha Mitra and Dr. Veen a

							Rodri		Yardi
							gues		
3)	Prolicious Protein Rich Salad Competiti on	online		Proliciou s	29th Octob er, 2021	Sheetal Joshi, Dr. Minell y Rodrig ues		Msc-1FND Tanvi Gala Alefiya Morkas Diandra Dsouza Ayesha Khan Sharvari Sarnaik	Dr Nina Dias Dr Anur adha Mitra
4.	Gyan Rachna	Online	TY- FN D (20 20- 21)	Indian Dietetic Associati on (IDA) - Mumbai Chapter	Augu st 2020	Ms. J. Colaco and Dr. M. Rodrig ues	Nil		Ms. Ruby Soun d and Shrad dhaVi jan
5.	Gyan Rachna	Online	TY- FN D (20 21- 22)	Indian Dietetic Associati on (IDA) - Mumbai Chapter	Septe mber 2021	Ms. J. Colaco and Dr. M. Rodrig ues	Nil	-	Dr. Anag haPal ekar and Mrs. Sukh ada Bhatt e
6.	Recipe Contest and Poster Contest organized as a part of Nutrition awareness activity jointly by College of Home Science Nirmala Niketan and Protein Foods & Nutrition Developm ent Associatio n of India (PFNDAI)	Onlines ubmissi on Inter- collegia te (Mumb ai College s) 37 entries for Posters and 48 entries for Recipe. The compet ition was only for UG level	Und ergr adu ate stud ents	Protein Foods & Nutrition Develop ment Associati on of India (PFNDA I)	30th Septe mber, 2021 (Resu Its were annou nced)	Ms. Fatima Kader	Nil	Nil	Poste r- Ms. Jayas hree Paran jape and Ms. Prana mi Singh a Recip e Comp etitio n- Ms. Kajal Bhati a and Ms. Zamu rrud Patel

Nutrikhoj	Offline	T.Y	-	23 rd	Dr.	-	T.Y.B.Sc.	Dr.
- a		.B.S		April,	Minell		FND	Geeta
research		c.		2022	у			Ibrahi
competitio		FN		(12:3	Rodrig			m
n designed		D		0pm	ues			
for				to				Dr.
students of				03:30				Anur
B.Sc.				pm)				adha
Foods,								Mitra
Nutrition								
and								
Dietetics								
to								
showcase								
research								
work done								
at								
T.Y.B.Sc.								
level								

INTERNSHIPS ORGANISED BY THE DEPARTMENT

	TYBSc											
Sr	Organisation	Names	Contact	Contact	Email	Positive	Challenges					
No.	and duration	of	person	number	of	points						
		Students	•		contact							
		placed			person							

				MSc 2 l	FND		
Sr	Organisat	Name	Conta	Contact	Email of	Positive points	Challen
N	ion and	s of	ct	number	contact		ges
0.	duration	Stude	person		person		
		nts					
		placed					
1	Dietitian Shilpa Joshi's Clinic One month	Denise Viegas	Ms.Shilpa Joshi	9820602701	shilpajoshi.s11 @gmail.com	The internship was a very good learning experience. The mentor was a highly knowledgeable dietitian	The internship was completely online. An offline internship could have offered more learning experience. I did not get to attend any client calls or interact

							with clients.
2	Balcalneutref y One month	Kate Felizardo	Ms.Pradn ya Padhye	9987474444	mrudula.balcaln eutrefy@gmail.c om	It was a wholesome learning experience. It offers a unique chance to develop new skills.	An offline internship could have been more beneficial.
3	Gauri Murthy's Sports and Nutrition center Two month	Prerna Jain, Rachel Anthony	Ms. Gauri Murthy	9820882588	info@gaurimurt hy.com	It was a great learning experience and I got to learn many new things in sports nutrition. It was a wonderful experience ,got to expand my knowledge and learned many new things in exercise and sports nutrition	An offline internship could have been more beneficial.
4	Prime health consultant one month	Rakshita Maria Monteiro, Insiyah Riyaz Lakdawal a	Ms Sulsila Sharangd har	9833177129	dietitian25@gm ail.com	It was a very good learning experience. I gained practical knowledge about diet planning.	The internship was online, an offline internship would help in more learning experience. I did not get to attend any client calls or interact with clients.
5	Katalystt	Vincia Mingel Dias	Dt. Purwa Dughal	9820746008	Info.katalystt@g mail.com	It was a wonderful learning experience. I gained a lot knowledge regarding planning diet	I didn't get chance to plan a diet for an existing client
6	Dr. Chandalia's DENMARC	Briana Bonny Rodrigue s, Samiksha Ignatius Lopes	Ms. Sonal Modi	9820184762	Denmarc100@g mail.com	My experience at denmark was wonderful, got to learn so many new things about clinical practising. Working as an intern at denmarc was a wholesome experience from planning various diet plans to learning many new things and more about diabetes.	Interaction with the client didn't happen and offline would have been a better experience. Missed the offline hands on experience.

7	Freedom Lifestyle & Wellness Management Two Month	Harmeet Singh Aulakh, Roslyn Rustikus Carvalho	Ms. Naaznin Husein	9820111124		It was really a great experience and learning opportunity. I gained a lot of knowledge towards Sports nutrition. It was a great learning experience. I got to learn alot about sports nutrition.	Offline internship and interaction with athletes in person would been a better experience
8	Nurture Health Solutions	Salma Muslim Khokhar	Ms. Sheryl Salis	+91 99209 26379	sheryl@nurtureh ealthsolutions.co m	Overall it was a great experience, learning about various different aspects from research to recipe development	Beside it being online, it was also of a short duration, a longer duration would have helped us gain more knowledge

				MSc	2 FPP		
Sr N o.	Organisati on and duration	Name s of Stude nts place d	Cont act perso n	Contact number	Email of contact person	Positive points	Challen ges
1)	CASMB Chamber for Advance ment 5 weeks 2nd August- 3rd Septembe r 2021	Entire class of 23	Diks ha shett y	9607602 203	contact@foodtechpathsha la.com cc: president@casmb.org.in, foodtechpathshala@gm ail.com	Courses taught virtually but it was full fledged information about industry. Current past scenarios were discussed well in an elaborate way. Students got an industrial knowledge strategies to build up	As From industrial backgroun d food process & preservati on it was a challengin g to capture each and every informatio n on virtual mode. Instead to have a short field trip in small groups, wo

small scale industry, worked market wonders knowledge, along with consumer the perception all under n served one roof. Courses	
market wonders knowledge, along with consumer the perception informatio all under n served one roof. to Us.	
knowledge, consumer the perception informatio all under n served one roof. to Us.	
consumer the perception informatio all under n served one roof. to Us.	
perception informatio all under n served one roof. to Us.	
all under n served one roof. to Us.	
one roof. to Us.	
was designed in	
such a way	
that each	
week a	
definite	
portion was	
finished	
grasped	
well by	
students.	
Lot of	
Interactions	
by the	
speakers,	
made	
students	
more alert	
and	
discussion	
were	
carried out	
in a friendly	
manner	
which	
made all the	
students	
more active	
in class	
participatio	
n as well.	
Videos &	
presentation	
s on each	
topic were	
well shown.	
In all very	
informative	
sessions.	
2 Cofe Food 21 Visuals 9109767 1 2 2 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2	
2. Safe Food 21 Khush 8108767 haccp.sbi@gmail.com The The	
Solutions Student bu 849 internship biggest	
s Shah safefoodz@gmail.com programme challenge	
allowed us was that	
to interact everything	5
with and was	
learn from online.	

T		I		
			eminent	Studying
			speakers	about
			and experts	industries
			from the	and
			food	machineri
			industry.	es would
			The	help us
			internship	understan
			covered	d better if
			various	we
			aspects of	would've
			Food	visited.
			Safety,	
			Regulations	
			and Food	
			processing	
			including	
			bakery,	
			spices,	
			snacks,	
			aseptic	
			processing,	
			supply	
			chain,	
			documentat	
			ion, R&D,	
			FoSTaC	
			and	
			HACCP. In	
			addition, a	
			session was	
			conducted	
			which	
			focussed on	
			soft skills	
			including	
			CV writing,	
			interview	
			and	
			communica	
			tion skills.	
			We were	
			also given a	
			group presentation	
			and an	
			online test was also	
			conducted.	
			Overall, the	
			internship	
			was very	
			informative	
			and an	
			excellent	

			learning experience.	
			•	

				MSo	c 2 SN		
Sr No	Organisati on and duration	Name s of Stude nts placed	Conta ct perso n	Conta ct numb er	Email of contact person	Positiv e points	Challeng es
1	Kokilaben Dhirubai Ambani Hospital, 2 months	Ayushi Dhakate	Mrs. Pooja Udeshi	982150947 7	pooja.udeshi@kokilabenhospital s.com	to sports	Online mode of internship, keeping in touch with the guide
2	Kavita Sports and fitness, 2 months	Barkha Parikh	Mrs. Kavita Kholgade	96897 54981	kavitasportsfitness@gmail.com	getting to meet sports person from different sports and levels (online)	Online mode of internship,
3	Kavita Sports and fitness, 2 months	Shreem Patel	Mrs Kavita Kholgade	96897 54981	kavitasportsfitness@gmail.com	Also we got chance to councel different sports athletes though it was online mode	Online mode of internship,
4	Kavita Sports and fitness, 2 months	Prachiti Mali	Mrs Kavita Kholgade	96897 54981	kavitasportsfitness@gmail.com	Got to interact with athletes through online mode	Online mode of internship,
5	Qua Nutrition, 2 months	Nidhi Boricha	Ms. Gayatri Shanbag	735323160	gayatri@quanutrition.com	Got to learn about different genetic reports analysis and counselling	Online mode of internship,

						1	
						tips	
						Oppurtunity	
						to interact	
	Freedom					with	
	Wellness		Mrs			adolescent	
	Centre, 2	Mansi	Naaznin	982011112		soccer	Online mode
6	months	Pujara	Husein	4	naazninh@gmail.com	athletes	of internship,
	SpirEat					Learnt about	new topics
	Nutrition						nomics report
	Clinic, 2	Akanksha	Ms. Shreya	960750004		reading and	_
7	months	Kasliwal	Adhav		shreya.spireat@gmail.com	perfect way t	
						Got to learn	
						about	
						different	
						genetic	
						reports	
						analysis	
						and	
	Qua Nutrition,	Sakshi	Ms.Gayatri	735323160		counselling	Online mode
8	2 months	Mangiraj	Shanbag		gayatri@quanutrition.com	tips	of internship,
	2 monuis	iviangnaj	Shanoag	-	gayaur @ quantum non.com	-	or mernamp,
						Got to learn	
						about different	
						clinical	
						condition	
						and its	
						dietary	
						managemen	
						t also	
						genetic	
	OYY	a 1	Ms.	000010150		report	
	QUA Nutrition,		Gayatri	992043479		analysis	Online mode
9	2months	Raval	Shanbag	5	gayatri@quanutrition.com	was taught	of internship,
						Got to	
						interact	
						with	
						athletes,	
						practical	
						point on	
						how to plan	
						diet for	
	Dr. Geetanjali		Dr.			different	
	Bhide, 2	Siddhi	Geetanjali	770904529		sport	Online mode
10	months	Runwal	Bhide	9	geetanjali.kk@gmail.com	athletes	of internship,
	Freedom	Jennifer	Mrs	982011112		Oppurtunity	Online mode
11	Wellness	johnson	Naaznin	4	naazninh@gmail.com	to interact	of internship,
			1		1		

	Centre, 2 months		Husein			with hockey athletes	
12	Freedom Wellness Centre, 2 months	Bhagyashri Nirala	Mrs Naaznin Husein	982011112 4	naazninh@gmail.com	Opportunity to interact with footballers, learn about many clinical conditions.	Online mode of internship,
13	Freedom Wellness Centre, 2 months	M. Roja Venugopal Varalaxmi	Mrs Naaznin Husein	982011112 4	naazninh@gmail.com	Had an hands on experience of taking diet recalls and conduct fitness assessments of the athletes and learnt about various clinical conditions and planned diets for the same.	Online mode of internship,
14	Freedom Wellness Centre, 2 months	Gala Nehal Vasant	Mrs Naaznin Husein	982011112 4	naazninh@gmail.com	Opportunity to interact with footballers, learn about many clinical conditions. Opportunity to interact with	Online mode of internship,
15	Freedom Wellness Centre, 2 months Gauri Murthy's	Lakhani Firdous Yunus Mohd	Mrs Naaznin Husein Ms Gauri		naazninh@gmail.com me@gaurimurthy.com	footballers, learn about many clinical conditions.	Online mode of internship,
16	Wellness and	Rajputran	Murthy	8	me e gaurmarthy.com	gives a lot	of internship,

	Sports Nutrition Centre and Academy, 2months Mumbai					of her personal time and attention to the interns	
17	Kokilaben Dhirubai Ambani Hospital, 2 months	Mhatre Rucha Shailesh	Mrs. Pooja Udeshi		pooja.udeshi@kokilabenhospital s.com	Good Facilities and equipments at the hospital	Online mode of internship,
18	QUA Nutrition, 2months	Patil Nehita Gautam	Ms. Gayatri Shanbag	992043479	gayatri@quanutrition.com	Got to learn various clinical conditions as well as learned to read blood reports and nutrigenetic reports	Online mode of internship
	QUA Nutrition, 2months	Agrawal Purva Shrinivas	Ms. Gayatri Shanbag	992043479		Got to learn about different genetic reports analysis and counselling tips, also had a good experience with the variety of the case studies	-
	SpirEat Nutrition Clinic, 2 months	Qureshi Saba Haji Mohd Miyan	Ms. Shreya Adhav	960750004	shreya.spireat@gmail.com	Learnt about blood report reading, counseling	Online mode of internship,
21	Freedom Wellness Centre, 2 months	Waghela Gayatri Harshad	Mrs Naaznin Husein	982011112 4	naazninh@gmail.com		Online mode of internship,

Sr No.	Name of the programm e	Day and Date	Online /offline and platfor m /place	Facul ty Lead	Faculty Membe rs attende d	Remunerat ion to resource person or paid from which Funds	Registratio n fees
1	Inclusive Teaching and Teaching Philosophi es	10th Dec 6.30 -8 pm	Online	Ms. Vibha Hasij a	All staff of the depart ment Dr. Ratna Thar Ms. Chandn i Chopra	Departmen t Alumna - Dr. Niyati Parekh Associate Professor, NYU	nil
2	FDP on 'Scientific Publication s- The know how'	18 th Februar y 2022 (03:00p m to 5:00pm)	Online	Dr. Subh adra Mand alika	Ms. Vibha Hasija Dr. Minelly Rodrig ues	Resource Person- Dr. Rekha Singhal, Professor, Food Engineerin g and Technolog y Departmen t, Institute of Chemical Technolog y (ICT)	

WEBINARS/ SEMINARS/WORKSHOPS/TRAINING/COMPETITIONS ATTENDED BY STUDENTS

					TY	BSc		
Sr No.	Name of the event	Categ ory – webin ar/sem inar/w orksh op/Co mpetit ions	Number s attended	Online /offline and platfor m /place	Day and Date	Certificat e Provided – Yes/No	Organised by	Registration Fees
1	The Art Of Living - NSS	Works hop	45	online	16th Augu st- 18th Augu st		NSS	no

2	Virtual Cullinar y Training Program	Webin ar	37	Online	25th Augu st	YES	US Poultry	no
3	Nutrition Screening Tools For Children	Webin ar	29	Online	27th Augu st	NO		NO
4	Holistic Nutrition for Healthy Ageing	Webin ar	36	online	4th Septe mber	YES	NSI Mumbai	NO
5.	Optimizin g Communit y Nutrition outcome for Pregancy and Lactating mother	Webin ar	6	Online	21st Septe mber			NO
6	Ortion Awards	webin ar	8	online	24th Septe mber			NO
7.	Malnutriti on	Webin ar	9	Online	24th Septe mber			NO
8.	Pregnancy	Webin ar	4	Online	24th Septe mber			NO
9.	Nutrihous e	Comp etition	10	Online	26th Septe mber			NO
10.	Eat healthy and stay healthy	Webin ar	33	online	29th Septe mber			NO
11.	Emerging trends and innovation	Webin ar	34	Online	30th Septe mber			NO
12	Gut brain	Webin ar	9	Online	2nd octob er			NO
13.	Nutrition Session - be the real fit	Webin ar	9	Online	5th Octob er			NO
14	IIC - In search of enterpreun er in you	Webin ar	21	Online	16th Octob er	YES	IIC	NO

15.	Food Analysis - Workshop	Works hop	14	Online	22nd- 25 octob er	No	Nutrition Society Of India	100
16	Prolicious- Enterpreu nership in Food & Nutrtion Webinar	Webin ar	13	Online	29th Octob er	yes	Prolicious	No
17.	Food Exchange List, planning and execution	Webin ar	25	Online	30th Octob er	yes	Nutrition Society Of India	No
18.	Food & Mood: diet in prevention & treatment of mental health disorders	Webin ars	11	Online	13th Nove mber		Nutrition Society Of India	
19.	Student Focus Competiti on - ITCFSAN	Comp etition	4	online		yes	ITCFSAN	-
20.	Nsi chapter Mumbai quiz and recipe competitio n	Comp etition	5	online	25 Septem ber	yes	Nutrition Society Of India	
21	PCOS Awareness - slogan writing	Comp etition	1	Online		yes		
22.	Nuri Quiz	Comp etition	2	Online		yes	Nutrition Society Of India	
23.	Nutri Housie	Comp etition	7	Online		yes	Nutrition Society Of India	
24.	PFNDAI - POSTER competitio n	Comp etition	6	Online		yes	PFNDAI	
25.	Gyan Rachna	Comp etition	32	Online	10th Octobe r	no	FND Dept	

26.	CASMB food Photograp hy Competiti on	Comp etition	3	Online	13 october	no	CASMB and net Profan	
27.	CASMB and Netprofan Quiz	compe tition	9	Online	11th Octobe r	no	CASMB and net Profan	
28.	Prolicious Recipe Contest	compe tition	7	Online		no	Prolicious	
29.	Poster making - stop animal cruelty	Comp etition	2	Online		no	NSS	
30.	Breastfeed ing Poster Making Competiti on (2021)	Comp etition	2	Online		no		
31.	Twister taster recipes competitio n by AFST Mumbai chapter	compe tition	2	Online		no	AFST Mumbai chapter	
32.	World food day pune chapter- food photograp hy contest	compe tition	2	Online		no		
33.	Szikra 2k21 paper presentatio n	Comp etition	1	Online		no	Szikra 2k21	
35.	Quiz competitio n	compe tition	1	Online		no	Anjuman-I- Islam's Begum Jamila Abdul Haq college of Home Science	
36.	Nutri Mahotsav- feel the reel and twister taster By	compe tition	1	Online		no	NSI	

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	afstmumb)			
	ai				

					MSc 1 FND)		
Sr No.	Name of the event	Category – webinar/se minar/wor kshop/ Competitio ns Webinar	Number s attended	Online /offline and platfor m /place Online	Day and Date	Certificat e Provided - Yes/No	Organised by IIC	Registration Fees
	search of enterpreuner in you				Octob er			
2.	Food Analysis - Workshop	Workshop	11	Online	22nd- 25 octob er	No	Nutrition Society Of India	Rs 100
3.	Prolicious- Enterpreuner ship in Food & Nutrtion Webinar	Webinar	10	Online	29th Octob er	yes	Prolicious - By Samyog foods	0
4.	Food Exchange List, planning and execution	Webinar	10	Online	30th Octob er	Yes	Nutrition Society Of India	0

					MSc 2 FND)		
Sr	Name of	Category –	Number	Online	Day	Certificat	Organised	Registration
No.	the event	webinar/se	S	/offline	and	e	by	Fees
		minar/wor	attended	and	Date	Provided		
		kshop/		platfor		- Yes/No		
		Competitio		m				
		ns		/place				
1.	World	Webinar	8	Online	7th	Yes	College of	-
	Breast				augus		Home	
	feeding				t-		Science,	
	Week				Satur		Nirmala	
	:Protect				day		Niketan	
	breastfeedi							
	ng- A							
	shared							
	responsibil							
	ity							
2.	Virtual	Workshop	7	Online	25th	Yes	Poultry	-
	Culinary	and poster			Augu		dhaba events	
	training	competitio			st			
	programm	n						
	e							

3.	Holistic Nutrition for Healthy Ageing	Webinar	3	online	4th Septe mber	Yes	NSI Mumbai	-
4.	IIC orientation	Webinar	9	Online	6th Sept	No	College of Home Science, Nirmala Niketan	-
5.	IIC -In search of entreprene ur in you	Webinar	5	Online	17th Sept	No	College of Home Science, Nirmala	-
6.	NSI Webinar Metabolim ics	Webinar	5	Online	18th Sept	Yes	NSI	
7.	Swasthya aur Poshan Mahotsav	Webinar	2	Online	20th Sept	No	College of Home Science, Nirmala Niketan	
8.	Webinar on Protein Trends	Webinar	4	Online	30th Sept	Yes	PFNDAI	
9.	Food Analysis Workshop	Workshop	Day1 - 9 Day 2- 4	Online	22nd and 25th Oct	Yes	NSI	100/-
10.	Entreprene urship in Foods and Nutrition	Webinar	No attendan ce recoded (faceboo k event)	Online	29th Oct	Yes	Prolicious- By Samyog foods	-

					MSc 1 FPP	•		
Sr	Name of	Category –	Number	Online	Day	Certificat	Organised	Registration
No.	the event	webinar/se	S	/offline	and	e	by	Fees
		minar/wor	attended	and	Date	Provided		
		kshop/		platfor		- Yes/No		
		Competitio		m				
		ns		/place				
1.	Scholarshi	Webinar	22	Online	18th	No	College of	-
	p Webinar				oct		Home	
					2021		Science,	
					3 to 4		Nirmala	
					pm		Niketan	
2.	NSI- Food	Workshop	23	Online	22nd	Yes	Nutrition	100/-
	Analysis				and		Society of	
	Workshop				25th		India	
					Oct			

3.	NSI- Food exchange list webinar	Webinar	11	Online	3 to 5.30 pm 30th oct 3 to 5.30	No	Nutrition Society of India	-
4.	Prolicious Entrepreneur ship in Food & Nutrition Webinar	Webinar and Competitio n	23	Online	pm 29th oct 4 to 6 pm	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan (FND)	-
5.	Research methodolo gy and review of literature	Webinar	22	Online	15th dec 1.30 to 3 pm	No	Department of FND	-
6.	MOOC	Orientation	18	Online	11th dec 1.30 to 2 pm	No	College of Home Science Nirmala Niketan	-
7.	Fostac basic training- food safety supervisor training level 1	Webinar	12	Online	30th oct 9 am to 1 pm	Yes	Farm to fork solutions	700 + gst

					MSc 2 FPF)		
Sr No.	Name of the event	Category – webinar/se	Number s	Online /offline	Day and	Certificat e	Organised by	Registration Fees
		minar/wor kshop/ Competitio ns	attended	and platfor m /place	Date	Provided - Yes/No		
1)	Use of digital tools in classroom	Webinar	23	Online virtual	Saturda y 7th august 2021	No	The department of food Nutrition & Dietetics	Nil
2)	World Breastfeedi ng day	Webinar	23	Online virtual	Saturda y 7th august 2021	No	The department of food Nutrition & Dietetics	Nil
3)	Research, Inovation	Webinar	20	online virtual	wednes day 11th	No	IIC Programme	Nil

	and Ranking.				august 2021			
4)	Covid Care Immunity Booster for Students	Webinar	18	Online Virtual	16th - 18th August 2021	No	Mumbai University NSS in association with the Art of Living	Nil
5)	Virtual Culinary training programm e	Webinar	21	Online virtual	Wedne sday 25th August	No	program supported by the US Soybean Export Council focuses on educating the young chefs of the food.	Nil
6)	Role and Activities of Institution: s Innovation Council	session	23	online virtual	Monda y 6th Septem ber 2021	No	IIC	NIL
7)	Being An Entreprene ur in Era of Social Media.	Session	23	online virtual	Friday 17th Septem ber 2021	no	IIC	NIL
8)	Applications of Nutritional Metabolomi cs in Public Health Nutrition	Webinar	21	online virtual	Saturda y 18th Septem ber 2021	No	NSI	Nil
9)	Emerging trends & innovation s in Protein	Webinar	19	Online virtual	Thursd ay 30th Septem ber 2021	Yes	PFNDAI & food Nutrition Dietetics Department	Nil
10)	Basic and Advanced Technologi es of Food Analysis	Workshop	19	online virtual	22nd and 25th Octobe r 2021	NO	NSI	100

MSc 1 SN

Sr No.	Name of the event	Category – webinar/se minar/wor kshop/ Competitio ns	Number s attended	Online /offline and platfor m /place	Day and Date	Certificat e Provided – Yes/No	Organised by	Registration Fees
1.	Scholarshi p Webinar	Webinar	16	Online	18th oct 2021 3 to 4 pm	No	College of Home Science, Nirmala Niketan	-
2.	NSI- Food Analysis Workshop	Worksh <i>op</i>	15	Online	22nd and 25th Oct 3 to 5.30 pm	Yes	Nutrition Society of India	100/-
3.	NSI- Food exchange list webinar	Webinar	23	Online	30th oct 3 to 5.30 pm	No	Nutrition Society of India	-
4.	Prolicious Entrepreneur ship in Food & Nutrition Webinar	Webinar and Competitio n	15	Online	29th oct 4 to 6 pm	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan (FND)	-
5.	Research methodolo gy and review of literature	Webinar	18	Online	15th dec 1.30 to 3 pm	No	Department of FND	-
6.	Mooc	Orientation	14	Online	11th dec 1.30 to 2 pm	No	College of Home Science Nirmala Niketan	-
7.	Nutrition and training for professional and team sports	Webinar	20	Online	3rd dec 11.00 to 2.30 pm	No	Department of PG diploma, BMN college	-
8.	Traditional Indian sports	Webinar	21	Online	7th dec 1.30 to 2 pm	No	Department of PG diploma, BMN college	-

9	Counselling	Webinar	15	Online	8-9	No	College of	-
					am		Home	
					21st		Science	
					Dec		Nirmala	
							Niketan	
10	Internship	Webinar	16	Online	21st	No	College of	-
	presentation				and		Home	
	by SY				23rd		Science	
					Dec		Nirmala	
					12		Niketan	
					pm to			
					2.30			
					pm			
					8am			
					to 10			
					am			

					MSc 2 SN			
Sr	Name of	Category –	Number	Online	Day	Certificat	Organised	Registration
No.	the event	webinar/se	S	/offline	and	e	by	Fees
		minar/wor	attended	and	Date	Provided		
		kshop/		platfor		- Yes/No		
		Competitio		m				
		ns		/place				
1)	Use of	Webinar	21	Online	Satur	No	The	Nil
	digital			virtual	day		department	
	tools in				7th		of food	
	classroom				augus		Nutrition &	
					t		Dietetics	
					2021			
2)	World	Webinar	21	Online	Satur	No	The	Nil
	Breastfeedi			virtual	day		department	
	ng day				7th		of food	
					augus		Nutrition &	
					t		Dietetics	
					2021			
3)	Research,	Webinar	21	online	wedn	No	IIC	Nil
	Inovation			virtual	esday		Programme	
	and				11th			
	Ranking.				augus			
					t			
					2021			
4)	Covid	Webinar	18	Online	16th -	No	Mumbai	Nil
	Care			Virtual	18th		University	
	Immunity				Augu		NSS in	
	Booster for				st		association	
	Students				2021		with the Art	
							of Living	
5)	Champions	Webinar	21	online	27	no	Global	
	diet			virtual	augus		association	
					t		for mixed	
					2021		martial arts	
6)	Role and	session	21	online	Mond	No	IIC	NIL
	Activities			virtual	ay			

7)	of Institution: s Innovation Council Emerging	Webinar	19	Online	6th Septe mber 2021	Yes	PFNDAI &	Nil
	trends & innovation s in Protein			virtual	day 30th Septe mber 2021		food Nutrition Dietetics Department	
8)	Nutritional analysis of foods- basiic and advanced techniques	Webinar	18	Online virtual	22nd and 25th Octob er 2021		NSI	100
9)	Food Exchange List Planning Execution	Webinar	21	Online virtual	30th octob er 2021	no	Nutrition society of India	-
10)	Nutrition and training for professional team sports athletes	Webinar	21	Online virtual	3rd Dece mber 2021	no	BMN college of home science	-
11)	Traditional Sports then and now	Webinar	19	Online virtual	7th Dece mber 2021	no	BMN college of home science	-
12)	Research methodolo gy and review of literature	Webinar	20	Online	15th dec 1.30 to 3 pm	No	Department of FND	-
13)	Coping with uncertainty	Counsellin g session	11	Online virtual	22nd Dece mber 2021	no	Nirmala niketan college	-

					PG Diploma	a		
Sr	Name of	Category –	Number	Online	Day	Certificat	Organised	Registration
No.	the event	webinar/se	S	/offline	and	e	by	Fees
		minar/wor	attended	and	Date	Provided		
		kshop/		platfor		- Yes/No		
		Competitio		m				
		ns		/place				
1.	Scholarshi	Webinar	15	online-	18/10	No		_
	р			ms	/21 -			
	orientation			teams	Mond			
					ay			

2.	Internship Case study presentatio ns by last year pgd students	Webinar	19	online- google meet	20/10 /21 - wedn esday	No		_
3.	NSI food analysis workshop	Workshop	20	online- zoom, youtube	22, 25 oct Frida y, Mond ay	Yes	NSI in collaboration with FND dept, college of home science Nirmala Niketan	100
4.	Prolicious Entreprene urship in food and nutrition webinar	Webinar & Recipe contest	18	online- ms teams	29/10 /21, Frida y	Yes	Prolicious in collaboration with College of Home Science Nirmala Niketan	-
5.	Food Exchange List - Planning & Execution	Webinar	20	online- zoom, youtube	30/10 /21, Satur day	No	NSI	_
6.	Nutrition and Training for Profession al Team Sports Athletes	Webinar	19	online-	3/12/ 21, Frida y	No	BMN college, RUSA	_
7.	Traditional IndiaN Sports- Then and Now	Webinar	15	online - zoom	7/ 12/21 , tuesd ay	No	BMN college, RUSA	_
8.	MOOC COURSES ORIENTA TION	Orientation webinar	18	online- ms teams	11/12 /21, Satur day	No		-
9.	Last year SN Internship case study presentatio n	Webinar	16	online- ms teams	21/ 12/21 , tuesd ay	No		-
10.	Counsellin g session on coping with uncertainti es	Webinar	16	online- google meet	21/12 /21, tuesd ay	No	Miss Sabita Pereira - counsellor of NN	_

11.	Last year SN Internship case study presentatio n	Webinar	16	online, ms teams	23/12 /21, thurs day	No	_	
•								

OVERVIEW OF BLENDED TEACHING

Sr	Date	Class	Average	Challenges
No.			number of	
			students who	
			attended offline	
	Last two	TYBSc	4 students	Travel was a challenge
	weeks of			Parental consent not there for some
	October			students?
	2021			Many not completed vaccination

DEPARTMENTAL EXTENSION ACTIVITIES

Sr	Name of	Day	Offlin	Tar	No of	Class	Facul	Faculty	Student	Funds
No.	the	and	e/Onl	get	benificier	invol	ty	Membe	Volunteers	gener
	programm	Date	ine/	gro	ies	ved	Lead	rs	and class	ated
	e		Platfo	up						
			r							
			Place							
1.	Nirmal	Ongo	Onlin	Co		TYB	Vibha		TYBSc	Nil
	Swasthya	ing	e	mm		Sc	Hasij		and M.Sc	
	on online	since		unit			a			
	Blog for	2020		y			Sheet			
	disseminat						al			
	ing Health						Joshi			
	and									
	Nutrition									
	informatio									
	n									
2	Health	21st	Offlin	Coll		TYF	Diet	Ms.		-
	mela	April,	e	ege		ND	Coun	Sheetal		
		2022		staf		MSc	sellin	Joshi		
				f		FND	g Cell			
				and		MSc	Ms.	Dr.		
				stud		SN	Fatim	Minelly		
				ents		PGD	a	Rodrig		
						DAN	Kader	ues		

DEPARTMENT ORGANIZED FIELDWORK

Sr No.	Class	Day	Offline/On	Collabor	Target	No of	Facu	Faculty	Outline of	
	and no	and	line/	ating	group	benificie	lty	Member	activities	
	particip	Date	Platform/	Agency		ries	Lead	S	conducted	
	ated		Place							

DEPARTMENT ORGANISED RURAL CAMPS

	DEPARTMEN	NT ORGAN	ISED RURAL (CAMPS					
Sr No.	Class	Day	Offline/On	Collabor	Target	No of	Facu	Faculty	Outline of
	and no	and	line/	ating	group	benificie	lty	Member	activities
	participat	Date	Platform/	Agency		ries	Lead	S	conducted
	ed		Place						
	TYBSC	Feb	Offline	Jeevand	People	100	Ms.	Ms.	Nutrition
		25th,		hara	of		Shee	Shalmal	Education
		26th		Institute	Adivas		tal	ee	Session
		2021		of Social	i		Joshi	Potdar	focussing
				Work	Padas				on
					in				importanc
					Kolad				e of
									Balanced
									Nutrition,
									Nutrition
									during
									Pregnancy
									and
									Lactation,
									Weaning
									Foods
	M.Sc	11th	Offline		People	100	Ms.	Ms.	Nutrition
		Marc			of		Shee	Vibha	Education
		h202			Adivas		tal	Hasija	Session
		1			i		Joshi	-	focussing
					Padas				on
					in				importanc
					Vasai				e of
									Balanced
									Nutrition,
									Nutrition
									during
									Pregnancy
									and
									Lactation,
									Weaning
									Foods

Number of extension and outreach Programmes organised in collaboration with industry, community and NGOs during the year & Number of students participating in extension activities

Name of collaborating	Type (Industries/	Period of collaborati	Purpose of	Faculty Lead	Faculty involved	Students /classes	Outcome(funds generated/resou
agency	Research Institutes/	on	collaboration	raculty Lead	ilivoiveu	involved	rces generated

Centers/ hospital/gym/acade mic Institue/Gov/NGO/S upport group/any other)			/student voluntee rs	

DEPARTMENTAL RESEARCH COLLABORATIONS

Sr No.	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1.	Nutritiou s Food Product Developm	IIT Mumbai		2021-22	23
	ent				

DEPARTMENTAL MoUs

Name of Organisation	Type (Industries/ Research Institutes/ Centers/ hospital/gym/academic Institute/Govt/NGO/Su pport group/any other)	Period of MoU	Purpose of MoU and list of activities under the MoU	Faculty Lead	Faculty involved	Number of students and teachers participated
1	Department of Clinical Nutrition	MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	04/04/2019 (2018-2019) 5 years		Providing technical support and facility for UG & PG students, providing training for prospective students in speciality departments of MGM SBSCN	

2	Department of Clinical Nutrition	MGM School of Biomedical Sciences and Clinical Nutrition, Navi Mumbai	01/07/2019 (2019 onwards)	5 years	Providing technical support and facility for UG & PG students, providing training for prospective students in speciality departments of MGM SBSCN	Ms. Fatima Kader Ms. Sheetal Joshi
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${\bf ADD~ON/CERTIFICATE/VALUE~ADDED~COURSES~DEVELOPED/~OR~BEING~DEVELOPED~BY~THE~DEPARTMENT}\\$

	Туре				Progress
Name of	(Add	Faculty Lead	Faculty	Collaborations	
Course	on/Certificate/value	racuity Lead	members		
	added/skill based)				
1.	Certificate	Dr. Beryl			Complete
	cCourse in	Nithya			d
	Nutrition and				
	Exercise for				
	fitness				

MOOC COURSES OPTED BY STUDENTS

Class	Name of course	No of students opted	No of students who have completed the course
Fpp MSC -II	Enhancing soft skills & personality	7	All have completed
	2) Soft skills development	6	
	3) Introduction to psychology	1	
	4) Consumer behavior	2	
	5) Rocket propulsion	1	
	6) Effective Business communication	1	
	7) Behavioral & personal finance	1	
	8) Introduction to cognitive pyschology	1	
	9) Animation	2	
	10) Cell biology	1	
MSc 2 FND	Functional Foods and Nutraceuticals	6	

MSc 2 FND	Innovation,Business Models and Entrepreneurship	4	4
MSc 2 FND	Introduction to Advances in Cognitive processes	1	1
MSc 2 FND	Introduction to Psychology	1	

	M.Sc. 2 SN					
Name of student	Name of course					
Ayushi Dhakate	Counselling Psychology					
Barkha Parikh	Maternal Infant young child nutrition					
Shreem Patel	Maternal Infant young child nutrition					
Prachiti Mali	Functional Foods & Nutraceuticals					
Mansi Pujara	Nutritional and Clinical Biochemistry					
Siddhi Runwal	Counselling Psychology					
Nidhi boricha	Fitness Management					
Shreya Raval	Functional Foods and Nutraceuticals					
Jennifer johnson	academic and research report writing					
Bhagyashri Nirala	Nutritional and Clinical Biochemistry					
Nehita Patil	Functional foods and nutraceuticals					
M. Roja	Human Behaviour					
Nehal Gala	Human Behaviour					
Purva Agrawal	Functional foods and nutraceuticals					
Sakshi Mangiraj	Functional foods and nutraceuticals					
Akanksha Kasliwal	Functional foods and nutraceuticals					
Qureshi Saba	Functional Foods and Nutraceuticals					
Gayatri Waghela	Nutritional and Clinical Biochemistry					
Firdous Lakhani	1. Basics of Biochemistry 2. Basics of Arabic Language					
Tejas Rajaputhran	Counselling psychology					
Rucha Mhatre	Entrepreneurship Essentials					

GRANTS RECEIVED FROM GOVERNMENT AND NON-GOVERNMENTAL AGENCIES FOR RESEARCH PROJECTS / ENDOWMENTS IN THE INSTITUTION DURING THE YEAR (INR IN LAKHS)

S.No	Name of the Project/ Endowment	Name of the Principal Investigator/C	Departme nt of Principal	Year of Awar	Amount Sanctione d (Rs/-)	Duratio n of the project	Name of the Fundin	
	s, Chairs	o-investigator	Investigato r	d	(12)	project	g Agenc y	Type (Government/no n-Government)

NUMBER OF PhDs REGISTERED PER ELIGIBLE TEACHER DURING THE YEAR

S. No	Name of the Ph.D scholar	Name of the Departmen t	Name of the recognized guide/s	Year of registration of the scholar	Registration	Year of award of Ph.D/Status	Thesis Title
1	Anuradha Mitra	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2015	32/20-07-2015	06/05/21	Identifying the Risk of Lifestyle Diseases among Adolescent Girls from Mumbai (across four religions) and Development of Nutrition Awareness Program.
2	Pooja Thacker	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2016	39/31-08-2016	10/05/21	Effect of preoperative feeding with nutrition drink on acute phase response in elective surgical patients.
3	Chopra Chandni	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2018	48/19-12-2018	Ongoing	Nutrition Status and Dietary Pattern of Adolescents Suffering from Depression.
4	Khan Farheen M. A	Foods, Nutrition & Dietetics	Dr.Subhadra Mandalika	2020	53/28-10-2020	Ongoing	Association of Picky Eating With Dietary Patterns, Taste Sensitivity and Growth of Children - 7-12 Years.

S. No . 5	Name of the Ph.D scholar Mishra Sonu V.	Name of the Departmen t Foods, Nutrition & Dietetics	Name of the recognized guide/s Dr.Subhadra Mandalika	Year of registration of the scholar 2021	Registration No. 57/13-01-2021	Year of award of Ph.D/Status Ongoing	Development and Validation of a Food Frequency Questionnaire (FFQ) for Assessing Dietary Energy and Macro Nutrient Intake of Adolescents residing in Mumbai.
6.	Sheetal Joshi	Foods, Nutrition and Dietetics	Dr. Veena Yardi	2017	46/27-09-2017	Submitted the Thesis to UOM in Oct 2021	Association of Lifestyle Disorders with Nutritional Status in Transgender population (male to Female) in and around Mumbai

NUMBER OF WORKSHOPS/SEMINARS CONDUCTED ON RESEARCH METHODOLOGY, INTELLECTUAL PROPERTY RIGHTS (IPR) AND ENTREPRENEURSHIP DURING THE YEAR

S.No.	Year	Name of the workshop/	Number of	Date From -	Link to the Activity report on
5.110.		seminar	Participants	To	the website
		Entrepreneurship in Foods		29th October,	
1.	2021	and Nutrition		2021	
2	2021	Lecture series on Fundamentals of Research Methods and Statistics	50 students from T.Y.B.Sc. Foods,	20th October, 2021 to 9th October, 2021	

			Nutrition and		
			Dietetics		
		Session on Research	95 students		
		Methodology and Review	from M.Sc.	15th	
		of Literature- Concept	Home Science	December,	
		Clarification	(FND/	2021	
3	2021	by Dr. Minelly Rodrigues	FPP/SN)		
		Intellectual Property			
		Awareness program under			
		National Intellectual		10 th February,	
		Property Awareness		2022	
		Mission (NIPAM) along	All students		
		with Intellectual Property	and staff from		
	2022	Office, Mumbai	the college		
		Session on Data	students		
		Collection in Research-	from M.Sc.		
		Concept Clarification by	Home Science	4 th March,	
		Dr. Minelly Rodrigues	(FND/	2022	
			FPP/SN)		
	2022				
		Session on Research Data	students		
		Analysis and Presentation	from M.Sc.	30 th April,	
		by Dr. Minelly Rodrigues	Home Science	2022	
			(FND/		
	2022		FPP/SN)		

FACULTY EXCHANGE

Sl. No.	Name of Faculty	Year of collaboration	Duration	Nature of the activity

STUDENT EXCHANGE

Sl. No.	Name of Student	Year of	Duration	Nature of the	
	and class	collaboration		activity	

DEPARTMENTAL MENTORING ACTIVITIES

Class	Faculty Assigned	Activities conducted	No of students participated per activity
FYBSc (F1)	J. Colaco	Introductory session	
FYBSc (F2)	Dr. Minelly Rodrigues	Introductory session	12
FYBSc (F6)	Fatima Kader	Introductory session	14 on 26-11-2021

SYBSc (S4)	Sheetal Joshi	Introduction and	16
		Coping with Stress	

NUMBER OF MEETINGS WITH THE COLLEGE COUNSELLOR

Class	Dates of Meetings	Nature of Meetings
TYBSc		
MSc 1 FND	22nd December	Challenges & Uncertainty
MSc 2 FND	9th December	Coping with Uncertainity
MSc 1 FPP	22nd Dec	Coping with uncertainty
MSc 2 FPP		
MSc 1 SN		
MSc 2 SN		
P G DIPLOMA	21st December	Coping with uncertainty

FACULTY ACTIVITIES

PARTICIPATION IN ORIENTATION PROGRAMMES, REFRESHER, COURSES ETC

Sr.No	Programme	Duration	Organized by

CURRICULAR RELATED ACTIVITIES PARTICIPATED IN

- 1. Academic council/BoS of Affiliating university
- 2. Setting of question papers for UG/PG programs
- 3. Design and Development of Curriculum for Add on/ certificate/ Diploma Courses
- 4. Assessment /evaluation process of the affiliating University

NUMBER OF MAJOR AND MINOR RESEARCH PROJECTS (SANCTIONED AND COMPLETED WITH NAMES OF FUNDING AGENCIES):

Sr. No	Name of the investigator	Title	Sanctioning agency/ organization /institute	Duration	Grant sanctioned	Grant received
1.	<u>S</u> heetal Joshi	Application of Plant Tissue Culture in establishing Food Security	University of Mumbai	One year	35,000	24,500

INDIVIDUAL RESEARCH COLLABORATIONS

Name of Faculty	Type (Industries/ Research	Period of collaboration	Purpose of collaboration	Student involved and class	Funds/resour ce	Benefits and challenges
-----------------	----------------------------------	-------------------------	--------------------------	----------------------------	--------------------	-------------------------

Institutes/		generated/ex	
Centers/		changed	
hospital/gym			
/academic			
Institute/Go			
vt/NGO/Sup			
port			
group/any			
other)			

WEBINARS (SEMINAR, CONFERENCES, WORKSHOPS) – PARTICIPATED, ATTENDED, /CONDUCTED AND PRESENTED RESEARCH PAPER

INTERNATIONAL LEVEL (Make a row and merge it and add faculty name to continue)

		AL LEVEL (Make a	Faculty Name		<u> </u>	
Sr No	Name of the Seminars/Confere nces (Mention online/offline) and (Local/National/in ternational)	Name of the person / Organization conducted	Theme of the conference	Organized by	Place & Date	Spons oring Agenc y
Dr.Sı	ıbhadra Mandalika	I	I	l	L	1
1	International	Omega Diagnostics	Discussion of Dietary guidelines in food sensitivity- Case based Discussion	Omega Diagnostics	7th jUly, 2021	
2	International	Dr.Mohan's Diabetes Specialities Center	Dr.Mohan's International Diabetes Update,2021	Dr.Mohan's Diabetes Specialities Center	30th, 31st July and 1st August, 2021	Dr.Mo han's Educat ional Acade my
3	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter	10th July to 26th July 2021	_
4	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Food & Mood: Diet in Prevention and Treatment of Mental Health Disorders	Nutrition Society of India, Mumbai Chapter in collaboration with Food & Mood Centre, IMPACT, Deakin	13th & 20th Novembe r, 2021	

				University (Australia)		
Ms. S	Sheetal Joshi			(Australia)		
	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai	10th July to 26th July 2021	
	14th International Conference on Indigenous Peoples: Challenges of Validation and Inclusion	Kaash Foundation's Centre for Academic and Professional Development	Indigenous Peoples: Challenges of Validation and Inclusion	Chapter Kaash Foundation's Centre for Academic and Professional Development	14th August	
Ms	. Vibha Hasija International	Omega Diagnostics	Discussion of Dietary guidelines in food sensitivity- Case based Discussion	Omega Diagnostics	7th jUly, 2021	
Dr. N	Minelly Rodrigues					1
	International Webinar Series	Nutrition Society of India, Mumbai Chapter	Qualitative Research in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter	10th July to 26th July 2021	_

NATIONAL LEVEL

			Faculty Name			
Sr	Name of the	Name of the	Theme of the	Organized by	Place &	Spons
No	Seminars/Conferen	person /	conference		Date	oring
	ces	Organization				Agenc
		conducted				y
Dr	. Subhadra Mandalika					
1	3 day workshop	College of	Outcome based	College of	Mumbai,	NIL
		Home Science,	education	Home	23rd,	
		Nirmala		Science,	25th &	
		Niketan		Nirmala	26th	
				Niketan	June,	
					2021	
2	National webinar	Mahatma	Effective	Mahatma	7 th June,	_
		Jyotirao Phoole	nutritional care	Jyotirao	2021	
		University,	and stress	Phoole		
		Rajasthan	management	University,		
			with special	Rajasthan		
			reference to			
			COVID-19			
3	National webinar	Nutrition	Qualitative	Nutrition	10th,11th,	NIL
	series	Society of India,	Research in	Society of	17th	
			Public Health	India,	&20th of	

4	National webinar	Mumbai Chapter Guru Nanak	Nutrition- Sampling Techniques, Data collection, Assessment and Reporting"	Mumbai Chapter Guru Nanak	July, 2021 30th July	
'	Tradional Websita	Khalsa College of Arts, Science and Commerce (Autonomous)	Amendments in Career Advancement Scheme (CAS) as per the 7th Pay Commission"	Khalsa College of Arts, Science and Commerce (Autonomous)	2021.	
5	National webinar	Nutrition Society of India, Mumbai Chapter	"Breastfeeding success with family support"	Nirmaya Health Foundation and Nourish 1000 Days, Mumbai	01st & 7th August, 2021	
6	National webinar	Nutrition Society of India, Mumbai Chapter in collaboration with Dr.BMN College of Home Science	Holistic Nutrition for healthy ageing	Nutrition Society of India, Mumbai Chapter in collaboration with Dr.BMN College of Home Science	4th of Septembe r,2021	Kellog g's Nutriti on
7	National webinar	Nutrition Society of India, Mumbai Chapter In collaboration with Maniben Nanavati Women's College & Kellogg's Nutrition	Applications Of Nutritional Metabolomics In Public Health Nutrition	Nutrition Society of India, Mumbai Chapter In collaboration with Maniben Nanavati Women's College & Kellogg's Nutrition	18th Septembe r, 2021	Kellog g's Nutriti on
8	National webinar	Mumbai Kidney Foundation	6th Annual conference of Society of Renal Nutrition & Metabolism	Mumbai Kidney Foundation	2nd &3rd October, 2021	_

		T	1	1		1
9	National webinar	Nutrition Society of India, Mumbai Chapter	Food Exchange list- Planning & Execution	Nutrition Society of India, Mumbai Chapter	30th October, 2021	
J. C	colaco					
	National webinar	Association of Food Scientists & Technologists (India). Mumbai Chapter	World Food Safety Day 2021	Association of Food Scientists & Technologist s (India). Mumbai Chapter	7th June 2021	
	National webinar	IQAC S.T. CO.Op. Education Society's Science Senior College, Shahada	Understanding of Program Outcome, Program Specific Outcome and Course Outcome	S.T. CO.Op. Education Society's Science Senior College, Shahada	9 th June 2021	
	National webinar	Dr. N. S. Dharmadhikari (Educationist- Pune, NAAC and UGC Member)	NAAC Related Quality Enhancement Techniques	S.I.W.S. N. R. Swamy College of Commerce & Economics and Smt.Thirumalai College of Science Wadala	15th June 2021	
	3 day national workshop	College of Home Science, Nirmala Niketan	Outcome based education	College of Home Science, Nirmala	23rd, 25th & 26th June,	
				Niketan	2021	
	National webinar	Dr. Shobha Lal, Dean, Faculty of Education and Methodology, Jyoti Vidyapeeth Women's University	Exploring Ideas for Innovation and Incubation leading to Startup and Prototype	Department of Textile and Fashion Technology and Institution's Innovation Council, College of Home Science Nirmala Niketan	3rd July 2021	
	Local	ITCFSAN and FSSAI	Interaction with Academic Institutions	ITCFSAN and FSSAI	6th August 2021	
	National level workshop	Protein Foods & Nutrition Development Association of India in collaboration	Sensory Science with Flavor Emphasis - An Effective tool for successful New Product	Protein Foods & Nutrition Development Association of India in collaboration	13 th August 2021	

	with	Development	with		
	International Flavors & Fragrances		International Flavors & Fragrances		
Local	The Institution's Innovation Council of College of Home Science Nirmala Niketan	Being an Entrepreneur in the Era of Social Media	The Institution's Innovation Council of College of Home Science Nirmala Niketan	17 th Septembe r 2021	
National webinar	Federation of Indian Chambers of Commerce and Industry CIFTI and Food Processing Division	Evolving Food Product Reformulation in India: Way Forward	Federation of Indian Chambers of Commerce and Industry CIFTI and Food Processing Division	18th October 2021	
National webinar	Dr Ananthan (Scientist, NIN)	Nutritional Analysis of Foods - Basic and Advanced Technique	College of Home Science in collaboration with Nutrition Society of India, Mumbai Chapter	22nd and 25th October 2021	
National Webinar	· Dr B Sesikeran (Former Director NIN, ICMR Hyd. Chairman - Sci. Advisory Committee, PFNDAI) · Ms Richa Mattu (Nutrition Lead, Hindustan Unilever) · Ms Shilpa Wadhwa (Head - Nutrition, Health & Wellness, Nestlé India)	Can Processed Foods be Healthy & Nutritious?	Protein Foods & Nutrition Development Association of India (PFNDAI)	12 th January, 2022	

	National Webinar	· Ms. Pooja Kapadia (Head, Business Affairs & Legal, Tulsea) Ms. Sanchi Sehgal (Senior Associate, Business Affairs & Legal, Tulsea)	Laws & Ethics of Entrepreneurial Ventures	Institute's Innovation Council (IIC), College of Home Science Nirmala Niketan	17 th February, 2022	
	Local Webinar towards FDP	Dr. Rekha Singhal (Professor, Food Engineering and Technology Department, ICT, Mumbai)	SCIENTIFIC PUBLICATIO NS- THE KNOW HOW – in Nutrition, Food Technology and Allied Fields	Dept. of Foods, Nutrition and Dietetics, Nirmala Niketan	18th February, 2022	
	National Webinar	Nutrition Society of India, Mumbai Chapter	Recent Trends in Sensory Evaluation- Integration of Science & Technology	Nutrition Society of India, Mumbai Chapter	27th February, 2022	
	College level (as part of the International Women's Day celebrations)	Women's Development Cell, College of Home Science Nirmala Niketan	"PANKH - Road to Equality"	Women's Development Cell, College of Home Science Nirmala Niketan	8 th March, 2022	
	Webinar (College level)	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	Nutritional analysis using DietCal software	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	4 th April, 2022 (05:30pm- 07:30pm).	-
Dr. M	finelly Rodrigues	College	Outo11	College	M1- · '	NIII
	3 day workshop	College of Home Science,	Outcome based education	College of Home Science,	Mumbai, 23rd, 25th &	NIL

	Nirmala		Nirmala	26th	
	Niketan		Niketan	June,	
				2021	
National webinar	Dr. Shobha Lal,	Exploring Ideas	Department of	3rd July	
	Dean, Faculty	for Innovation and	Textile and	2021	
	of Education	Incubation leading	Fashion		
	and	to Startup and	Technology and		
	Methodology,	Prototype	Institution's		
	Jyoti		Innovation		
	Vidyapeeth		Council, College		
	Women's		of Home Science		
	University		Nirmala Niketan		
National Webinar	National Data	Innovations for	National Data	22nd	
	Quality Forum	improvements	Quality Forum in	July,	
	in collaboration	in data quality	collaboration	2021	
	with the Office	in Census 2021	with the Office		
	of the Registrar		of the Registrar		
	General &		General &		
	Census		Census		
	Commissioner,		Commissioner,		
	India (ORGI)		India (ORGI)		
National webinar	Guru Nanak	New	Guru Nanak	30th July	
	Khalsa College	Amendments	Khalsa	2021.	
	of Arts, Science	in Career	College of		
	and Commerce	Advancement	Arts, Science		
	(Autonomous)	Scheme (CAS)	and		
		as per the 7th	Commerce		
		Pay	(Autonomous		
		Commission")		
Local	ITCFSAN and	Interaction with	ITCFSAN and	6th	
	FSSAI	Academic	FSSAI	August	
		Institutions		2021	
National level	Protein Foods &	Sensory Science	Protein Foods	13 th	
workshop	Nutrition	with Flavor	& Nutrition	August	
	Development	Emphasis - An	Development	2021	
	Association of	Effective tool for	Association of		
	India in	successful New	India in		
	collaboration	Product	collaboration		
	with	Development	with		
	International	_	International		
	Flavors &		Flavors &		
	Fragrances		Fragrances		
Expert Lecture	RK University	Fermentative	RK University	29th	
	in association	Processing of	in association	August,	
	with	fruits into wines	with	2021	
	Microbiologists		Microbiologists		
	Society- India		Society- India		
National webinar	Dr Ananthan	Nutritional	College of	22nd and	
	(Scientist, NIN)	Analysis of Foods	Home Science in	25th	
		- Basic and	collaboration	October	
		Advanced	with Nutrition	2021	
l Í	I	Technique	Society of India,		

		Mumbai Chapter				
National Webinar	Protein Foods and Nutrition Development Association of India (PFNDAI)	"Can Processed Foods be Healthy & Nutritious?"	Protein Foods and Nutrition Development Association of India (PFNDAI)	22 nd January, 2022 (03:00pm to 06:00pm)	Spons ored by Nestle India & Hindus tan Unilev er and Suppor ted by Mothe r Dairy & Interna tional Flavor s & Fragra nces	
College level	Institution's Innovation Council , College of Home Science Nirmala Niketan,	Laws & Ethics in Entrepreneurial Ventures"	Institution's Innovation Council, College of Home Science Nirmala Niketan,	17th February 2022.	-	
National webinar (organized to celebrate 'National Science Day')	Nutrition Society of India, Mumbai Chapter	"Recent Trends in Sensory Evaluation- Integration of Science & Technology"	Nutrition Society of India, Mumbai Chapter	27th February 2022.	-	
College level (as part of the International Women's Day celebrations)	Women's Development Cell, College of Home Science Nirmala Niketan	"PANKH - Road to Equality"	Women's Development Cell, College of Home Science Nirmala Niketan	8 th March, 2022	1	
National Webinar (organized to commemorate International Women's Day & World Kidney Day)	Nutrition Society of India, Mumbai Chapter	Women and Kidney Health	Nutrition Society of India, Mumbai Chapter	12th March 2022	-	
Webinar (College level)	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian, AIIMS, New Delhi	Nutritional analysis using DietCal software	Organized by FND Department Resource person- Gurdeep Kaur, Founder DietCal & Senior Dietitian,	4 th April, 2022 (05:30pm- 07:30pm).	-	

		AIIMS, New	
		Delhi	

INDIVIDUAL PUBLICATIONS

Number of research papers per teachers in the Journals notified on UGC website during the year

S.No.	Title of paper	Name of	Departm	Name of	Year of	ISSN	Link to the recognition
		the	ent of the	journal	publicati	number	in UGC enlistment of
		author/s	teacher		on		the Journal
Ms. She	eetal Joshi						
1	Association of	Sheetal	Foods,	Internatio	July 2021	2277-	http://ijmer.in/pdf/UGC
1	Body Mass	Joshi and	Nutrition	nal		7881	-Approved-Journal.pdf
	Index, Body	Veena	and	Journal of			
	Composition	Yardi	Dietetics	Multidisci			
	and Bone			plinary			
	Mineral			Education			
	Density with			al			
	Lifestyle of			Research			
	Transgender						
	People In and						
	Around						
	Mumbai City						

INTERNATIONAL LEVEL

	Books Publication									
Sr No.	Name of the author name/names,	year of publication	title of the book	name of the book,	vol (issue), page nos.,	ISBN	impact factor/H- index	Any other		
1.								1		
2.										

			Books Cha	apter/s				
Sr No.	Name of the author name/names,	year of publication	title of the paper/chapter/p roceedings	name of the journal/ book /confere nce(ment ion National/	vol (issue), page nos.,	ISBN	impact factor/H- index	Name of Publi sher
1.				internati onal)				
2.								

	Paper /Art	ticle in J	ournal Publication-				·	
Sr	Name of the	year	title of the journal	Title of the paper	vol	ISSN	impact	Any
No.	author	of	-		(issue),		factor/H	other
	name/names,	publi			page		-index	
		cation			nos.,			
	Dr.Subhadra N	Aandalil	xa					
	Pooja	2021	Bioactive	Effect of preoperative	4(6):	ISSN:	_	Scopus
	Thacker,		Compounds in	feeding with	149-166	2574-		indexed
	Subhadra		Health and Disease	germinated brown rice		0334		
	Mandalika,		2021;	supplement on clinical				
	Rahul Shah,		https://ffhdj.com/ind	outcome of				
	Nilesh Doctor		ex.php/BioactiveCo	orthopaedic and				
			mpounds	gastrointestinal surgery				
				patients				
	Ms. Vibha Hasi	ja						
	Joshi Mayura,	2021	International Journal	Development of	Volume	ISSN		
	hHasija Vibha		of Innovative Science	Nytrition Education	6;Issue	2456 -		
			and Research	Programme for Male	8	2165		
			Technology	Rifle Shooters of age				
				group 20 -25				

	Article F	ublication in m	nagazine/newsp	aper /Media	a Coverage	or any ot	her	
Sr No.	Name of the author name/names,	year of publication	title of the magazine/ newspaper	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H- index	Any other
1.	Dr. Minelly Rodrigues	2021	Nutrition Insights Magazine	Role of Calcium and Vitamin D in Bone Health	Novemb er 2021, Pg 6-7	-	-	-

			Article F	Publication in m	nagazine/newsp	aper /Media	Coverage	or any of	ther	
Sr No.	Name of name/names	the	author	year of publication	title of the magazine/ newspaper	Title of the paper	vol (issue), page nos.,	ISBN	impact factor/H- index	Any other
2.										
3.										

INDIVIDUAL PUBLICATIONS

NATIONAL LEVEL

		Books P	ub	lication					
Sr No.	Name of the author name/names,	year	of	title	name	vol	ISBN	impact	Name
		publication		of the	of the	(issue),		factor/H-	of
				paper	journa	page		index	Publi
				/chap	1/	nos.,			sher
				ter/pr	book				
				oceed	/confe				
				ings	rence(
					menti				
					on				
					Natio				
					nal/int				
					ernati				
					onal)				
1.									
2.									

			В	ooks Cha	apter/s				
Sr No.	Name of the author name/names,	year of publication	title o	of the napter	name of the journal/ book	vol (issue), page nos.,	ISBN	impact factor/H- index	Any other
1.									
2.				•					

			Paper	/Article in Jour	nal Publication				
Sr No.	Name of name/names,	the author	year of publicatio	title of the journal	Title of the paper	vol (issue) , page nos.,	ISBN	impact factor/H -index	Any other
1.	Sheetal Joshi, D Yardi	or. Veena	July 2021	International Journal of Multidiscipli nary Educational Research	Association of Body Mass Index, Body Composition and Bone Mineral Density with Lifestyle of Transgender People In and Around Mumbai City	Vol.10 , Issue 7	2277- 7881	7.8	
2.									

Article Publication in magazine/newspaper Media Coverage or any other

Sr	Name	of	the	author	year	of	title of the	Title of	vol	ISBN	impact	Any
No.	name/na	ımes,			publicat	ion	magazine/	the paper	(issue),		factor/H-	other
							newspaper		page		index	
									nos.,			
1.												
2.												

SEMINARS, WORKSHOPS AND CONFERENCES CONDUCTED/ORGANIZED (EACH FACULTY TO MERGE CELLS, WRITE FACULTY NAME AND ADD ON DETAILS

Outside college

			Facult	y Name			
Sr No.	Name of the Seminars/ Conferen ces	Name of the person / Organization conducted	Theme of the conference	Organi zed By	Role In Organizin g	Place & Date	Sponsor ing Agency
Dr.Subh	adra Mandalika						
		Nutrition Society of India, Mumbai Chapter in Collaboration with Maniben Nanavati Women's College, Mumbai & Kellogg's Nutrition	Applications of Nutritional Metabolomics in Public Health Nutrition	Nutrition Society of India, Mumbai Chapter in Collaborat ion with Maniben Nanavati Women's College, Mumbai & Kellogg's Nutrition	Convener of NSI, Mumbai Chapter	18th September 2021	Kellogg's Nutrition
		Nutrition Society of India, Mumbai Chapter	"Food & Mood: Diet in Prevention and Treatment of Mental Health Disorders	Nutrition Society of India, Mumbai Chapter	Convener of NSI, Mumbai Chapter	13th & 20th November, 2021	
			National online workshop on Nutritional analysis of Foods-Basic and Advanced Techniques"	Nutrition Society of India - Mumbai Chapter in collaborati on with the DEaprtme nt of Foods, Nutrition & Dietetics,	Convener of NSI, Mumbai Chapter	22nd & 25th of October, 2021	NA

		College of Home Science, Nirmala Niketan, Mumbai		
2				

PAPER PRESENTED IN SEMINARS, CONFERENCES

				Faculty Na	ne			
Sr No	Name of the author name/name s,	Title of the Pape r	Name of the Conference / Seminar	Theme of the conference	Organize d by	Plac e and Date	Sponsorin g Agency	Any othe r
Shee	tal Joshi			Γ				<u> </u>
1.	Sheetal Joshi, Veena Yardi	Impact of COVID- 19 Pandemi c on the transgen der Commu nity Residin g in and around Mumbai City	International Webinar Series on "Qualitative Research in Public Health Nutrition"		Nutrition Society of India	26th July 2021		
2.	Sheetal Joshi Veena Yardi	Eating Habits and Nutritio nal Adequa cy of the Transge nder (Hijra) Commu nity Residin g in and around Mumbai	14th International Conference on Indigenous People: Challenges of Validation and Inclusison	Indigenous People: Challenges of Validation and Inclusison	KAASH Foundation	10th August 2021		

INVITED AS CHIEF GUEST, PANELIST, JUDGE AND/OR SPEAKER

			Faculty Name -I	Or.Subhadr	a Mandalika		
Sr No.	Name of the Faculty and the Organizatio n that invited	Details of the event	Invited as	Place and Date	Topic of the talk/speake r/ panel discussion	Collaboration /Sponsoring Agency	Any other
1	Dr.Subhadra Mandalika RD Board and the Education, Research and Training Committee of the Indian Dietetic Association	Online session	Faculty	16/06/ 2021	"Document ation of Research Project"	Ujjwal RD Orientation Course 2021	
2	Dr.Subhadra Mandalika invited by Quest Fitness LLP	Online session in Telugu	Resource person- Speaker	04/08 / 2021	Immunity boosting through nutrition		
3	Dr.Subhadra Mandalika invited by Department of Food Science and Nutrition, Avinashilingam Institute For Home Science And Higher Education For Women,	Theme: Nutritional Care process for LIfe style diseases	Resource person-Speaker	27/11/20 21	Risk Of Non Communicable Diseases in Adolescence Need for Preventive Lifestyle A pproach	Nutrition Association & Nutrition Society of India, Coimbatore chapter	
4	Dr.Subhadra Mandalika invited by Center for Sports Science, Sri Ramachandra Institute of Higher Education and Research (Deemed to be University), Porur, Chennai	PhD research project	Expert tp validate the questionnaire for {	17 Dec 2021	Knowledge, Aptitude and Practice Questionnaire on Hydration	NA	

5	Dr.Subhadra Mandalika	RUSA Sponsored Webinar	Resource person-Speaker	18/12/ 2021	Techniques for Dietary Assessment"	RUSA	
	invited by Dr. BMN College of Home Science,	Webinar			Assessment		
	Matunga					-	
6	Invited by Journal of Pharmaceutical		Peer-Reviewer		Educating the student population	Journal of Pharmaceutical Research	
	Research International.				regarding nutrition for general Health	International	
Sh	leetal Joshi				general Hearth		
1	Invited by Dept	Webinar	Resource Person	9th	Importance of	Dept of Women	
	of Women and			October	Rainbow Diet	and Child	
	Child			2021		Development,	
	Development,					Govt of	
	Govt of					Maharashtra	
2	Maharashtra Invited by	Webinar	Resource Person	7th	Yogya Ahar	Valia College pf	
2	invited by	wedinar	Resource Person	March	Vihar- Nirogi	Arts and Science,	
				2022	Ayushyachi	Andheri (E)	
					Gurukilli	, ,	
			Ms. Vibha				
	Invited by	Internatio	Discussion	7th	Discussion	Omega	
	Omega	nal	of Dietary	July	of Dietary	Diagnostics	
	Diagnostics	Webinar	guidelines in		guidelines		
			food sensitivity-		in food sensitivity-		
			Case based		Case based		
			Discussion		Discussion		
	Invited as	National	Juge	Dec		IAPEN	
	Judge for	Competiti		30th,			
	Infograph	on		2021			
	by						
	Hypertensio						
	n Core						
	Group - IAPEN						
Dr	: Minelly Rodrigue	es	I	<u> </u>	I		
	Dr. Minelly	National	Resource	24 th	Nutrition	Govind	-
	Rodrigues	Girl Child	person	Jan	for Girl	Ramnath Kare	
		Day		2022	Child	College of	
	Govind	celebratio				Law	
	Ramnath	ns					
	Kare College of						
	Law,						
	Margao Goa						
	Dr. Minelly	Session	Resource	20th	Diet and	Sophia	-
	Rodrigues	for	person	April	gut health	College for	
		students		2022		Women,	
	Sophia	of Diet				Mumbai	
	College for	Trainers					

Women,	certificate		
Mumbai	course		

EXTENSION ACTIVITIES

S. No.	Name of the staff member	Organization Place and date	Type of Activity	Target group	Beneficiaries	Cost incurred
1.	Sheetal Joshi	Dept of Women and Child Development. Govt of Maharashtra	Webinar on Importance of Rainbow Diet	Aanganwadi workers	800 to 850	Nil
2	Sheetal Joshi	ICDS	Invited as Panel Member for finalizing theHome Cooked Food and Ready to Eat Diets for Aanganwadi Children	Aanganwadi Staff	20	Nil

ACHIEVEMENTS, PRIZES AND AWARDS RECEIVED:

$\textbf{A. BY STUDENTS} \ (\textbf{Include curricular/co-curricular/extra-curricular achievements} - \textbf{winners of competitions, poster presentations, paper presentations and publications, honours received)}$

Class	Name of Student	Competition	Day and Date	Category /level of achievement	Organized by
Msc - I Fnd	Pankti Gala	Protein Rich Salad Competition	29th October, 2021	Best Plating	Prolicious - By Samyog Foods
TY-FND	Hinglawala Zainab Mustafa Jamila	Student focus competition by fssai and itcfsan.		1st	FSSAI and ITCFSAN
TY-FND	Jain Rashi Vinod Trishla	Nutri quiz		2nd prize	NSI
TY-FND	Mansuri Erum Rizwan Arifa	Poster making -stop animal cruelty organised		1st prize	NSS
TY-FND	Mishra Radhika Bhagwan Sudha	PFNDAI- Go pro with protein (protein rich recipe		2nd	PFNDAI
TY-FND	Mishra Radhika Bhagwan Sudha	Recipe Contest by Prolicious Video- Healthy		Best Video	Prolicious

		protein rich salad			
TY-FND	Khadija Mohammed Ali	Innovative Low Salt,Low Sugar Recipe contest		3rd prize	Nutrition Society of India, Mumbai Chapter
TY-FND 20- 21	Nehal Koradia & Pankti Gala	OJAS	31st July	1st Prize	IIC of College of Home science Nirmala Niketan.
MSc II (FND)	Samiksha Lopes, Vincia Dias and Roslyn Carvalho	OJAS (On the Journey to Attain Success) Proof of Concept Competition	31st July	2nd Prize	Institution's Innovative Cell (IIC) of College of Home Science Nirmala Niketan.
	Puja Gada	OJAS (On the Journey to Attain Success) Proof of Concept Competition	31st July	Consolation Prize	Institution's Innovative Cell (IIC) of College of Home Science Nirmala Niketan
M.Sc. II FND	Samiksha Lopes Guided by Dr. Minelly Rodrigues	16th Avishkar Research Competition Study title- Assessment of the Nutritional Status of Safai Karmacharis (Waste Collectors) from Vasai Virar Municipal Council	May 2022	3rd Prize in the final round at postgraduate level (Pure sciences category)	Organized by Department of Student's Development (DSD), University of Mumbai

B. BY THE STAFF MEMBERS

S.NO.	Name of the staff member	Details of the Prize/award
1.	Ms. Sheetal Joshi	Received 1st Prize at the Aavishkar Research Convention held by University of
		Mumbai

RECOGNITION RECEIVED BY THE STAFF MEMBERS: (Members of academic and/or research bodies, editors of journal, Invited speakers/ Experts/ Resource persons at seminars & conferences or competitions etc.)

S.NO.	Name of the staff member	Details of the recognition				
1.	Ms. Vibha Hasija	Invited Resource Person for the Course on Nutraceuticals for Dietitians				
		conducted by Nutrify Today				

Dr. Minelly Rodrigues	-Member, Board of Studies in Home Science, Goa University
	-Local Executive Committee (LEC) Member, Nutrition Society of India (NSI),
	Mumbai Chapter.
Ms. Sheetal Joshi	Appointed as Convenor of Mumbai Chapter of Association of Sports Nutrition and Fitness Sciences (ASNFS)

Industrial visit:

An Industrial visit to Raghuvanshi Farsan Mart, Charkop Kandivali (West) was organized on 19th April 2022 (02:00pm to 03:30pm). 50 students of T.Y.B.Sc. (Home Science) from the specialization of Foods, Nutrition and Dietetics were accompanied by two faculty members- Ms. Jacqueline Colaco and Dr. Minelly Rodrigues.

ANY OTHER CONTRIBUTIONS FROM FACULTY

To include with details like time periods, day and date, collaborating agency, the role accomplished, funds generated or received:

- Staff development activities attended and organized (both within and outside the college)
- College administrative responsibilities and roles
- Leadership positions undertaken in the fraternity/community
- Any co curricular or extra curricular achievements

Ms. Vibha Hasija:

Webinars attended:

Attended all webinars and staff development activities of the College and the Department.

Administrative roles:

- Convenor of the Women's Development Cell
- Convenor of IQAC Criterion 1
- Member of the Magazine Committee, Diet Counselling Cell, Admission Committee, Attendance Committee, Library Committee, Grievance Cell
- Member of the IQAC, CMC, CDC

Leadership Roles In the Fraternity:

- Member of the Registered Dietitian Board of the Indian Dietetic Association
- Programme Officer of Neuro Nutrition Core Group of IAPEN
- Part of the committee working for the Medical Nutrition Therapy guideline document for management of COVID in collaboration with UNICEF

Webinars organised outside the College:

- Lead organising member of the UJJWAL Educational Series as part of RD Board of Indian Dietetic Association to train Aspiring RDs, young professionals and students.
- Under this conducted the Ujiwal Orientation Courseand the Ujiwal case Study Series(16 webinars)

Extra curricular Achievement:

Invirted to be part of International Poetry Reading

J. Colaco -

- College administrative responsibilities and roles
 - ➤ Member of CMC
 - ➤ Member of IQAC
 - ➤ Convener of Criterion 6
 - ➤ Member of CAP committee (no work done)
 - ➤ Member of Anti-Ragging Committee (no work done)
 - > Nodal officer for NIRF
 - ➤ Mentor (FYBSc -Group F1)
 - ➤ Chairperson (FND Dissertations)

Dr.Subhadra Mandalika

- 1. Coordinator- RUSA & Cocurricular committee
- 2. Coordinator- IQAC Criteria-3
- 3. Coordinator-College Purchase Committee
- 4. Institutional coordinator-RUSA
- Leadership positions undertaken in the fraternity/community

Dr.Subhadra Mandalika

Convener- Nutrition Society of India, Mumbai Chapter Senior vice president- Association of Sports, Nutrition & Fitness Sciences.

Ms. Sheetal Joshi

- 1. Programme Officer NSS
- 2. Convenor Cultural Committee
- 3. Member of IQAC Criterion 6
- 4. Member of Employment Placement Cell
- 5. Co-ordinator for S.Y. B.Sc Meal Planning Practical
- 6. Mentor for S3 group

Dr. Minelly Rodrigues

- Member of IQAC Criterion 5
- Member of Diet Counselling Cell
- Member of Scholarship Committee
- Member of Interfaith Committee
- Member of Avishkar, AARYA and MRP Committee
- Member of Institute's Innovation Council (IIC)- Intellectual Property Rights (IPR) Coordinator
- Member of Sports Committee
- Member of Alumni Committee
- Chairperson (FPP Dissertations)
- Mentor for F2 group (F.Y.B.Sc)
- Coordinator for F.Y.B.Sc. practicals
- Coordinator for course on Fundamentals of Research Methods and Statistics

Completed the Innovation Ambassador training (Foundation Level, Total 16 Sessions of 30 contact hours) conducted by Ministry of Educations (MoE's) Innovation Cell & AICTE during the period from 30th June - 30th July 2021 in online mode.

FUNDS GENERATED

Type of the Activity	Sponsoring/ Generating Agency/ s	Beneficiaries	Date	Funds generated
1.	TYBSc (FND) students as part of the Entrepreneurial Skill Development practical (semester VI)		2021-22 (Semester VI)	19,654/-