

Nirmala Niketan is managed by a Society, registered under the Society's Registration Act 1860 and Public Trust Act 1950 whose members belong to the Congregation of the Daughters of the Heart of Mary in India. This Society is managed by a Governing Body whose Ex-Officio chairperson is the Provincial of the Daughters of the Heart of Mary in the Province of India.

Principal's Message

Welcome to the College of Home Science, Nirmala Niketan! Yes, indeed you are a proud student of our esteemed college for women. For those of you, who have been in college already for a year or more, welcome back! Let us commit ourselves to a year of excellence, integrity, service, and love. Let us extend ourselves beyond our current boundaries and give of ourselves to each other and society.

Our college places the highest value on comprehensive, professional, and socially-relevant education. Our entire curriculum enables each of you in the college to imbibe skills that are essential for negotiating life's challenges whether personal, familial, community, or professional. We, in the college aim at personal growth as well as professional competence, inspire and encourage a sense of social responsibility to serve others who may be less fortunate than you. May all that the college imparts to you, step your potential for excellence to the fullest and groom you to be an empowered and empowering patriotic citizen of our beloved country-India.

Motto and Emblem

"The highest law of love is service" is the motto of our Institute. Each time we reach out in service to another we exemplify and extol love in its highest form.

A lotus within a seed represents our logo. The seed signifies the beginning of new life leading to



magnificent growth both earth bound and reaching for the skies. The lotus also symbolizes of transformation: stretching upward through mud, slime and water to emerge ultimately into light. In keeping with the logo we expect each of you students to awaken and create beauty that invigorates and inspires.

Vision Statement of the College

The college aims at the total development of the Indian woman by providing learning opportunities to empower her with the knowledge, skills and attitudes to face personal and professional challenges with confidence, inculcating values of respect, commitment and concern for the service of others thereby enabling her to make a positive contribution to society in the 21st century.

Mission of the College

Mission of the Nirmala Niketan College of Home Science:

- To work dedicatedly towards women's empowerment through socially-relevant, holistic, interdisciplinary education.
- To sensitize students to the needs of others, especially of those less advantaged, and foster a service orientation.
- To respect egalitarian justice, use participatory governance, and build capacity among students and staff.
- To continually innovate and deliver a curriculum that is globally valuable, locally relevant, and responsive to changing times and needs.
- To forge and enhance linkages with communities and organisations at multiple levels (e.g., local, regional, national, and international).
- To contribute to the national and international knowledge base in Home Science and allied fields.

**“Do not wait; the time will never be ‘just right’
Start where you stand, and work with whatever tools you may
have at your command
and better tools will be found as you go along.”
■ Napoleon Hill**

Goals of Our Education

Education in this college endeavors to develop women through a course structure that is:

- a) Life-oriented,
- b) Career-oriented and
- c) Community-oriented.

Code of Conduct for Students

1. **Regularity and punctuality.** Regularity and Punctuality are values that are held in high esteem in this college. Students are expected to be present for all lectures, practicals, field work and meetings at the stipulated time. Take note of the timings displayed on the notice board at the beginning of the academic year.
2. **Participation in the class.** Maximum benefit is obtained when students completely participate in the teaching-learning process. Students are encouraged to involve themselves in classroom learning activities. Marks will be allotted for the same.
3. **Be in class during class hours.** Lounging, studying, completing journals in the library, back landing, common room, cafeteria or elsewhere in the college whilst classes are on is strictly prohibited.
4. **Use break time prudently.** Snacks are permitted in the back landings or in the cafeteria and in the classroom with due precautions. After the break return to the class well in time.
5. **Use of the lift.** Good citizenry demands orderly queues whilst waiting for the lift. The rear lift is designated for student use. Students are expected to walk up to the third floor. If students use the lift, they are to disembark only on the 5th floor. The lift is not to be used for going downstairs.

6. **Announcements** on the notice board must be read every day, both on arrival and before leaving the college premises. Ignorance of instructions posted on the notice board is no excuse for noncompliance.
7. **Photo-identity cards.** The photo-identity card is to be worn at all times in the college and in the classroom and made available for inspection when requested. The penalty for not doing so will be a fine of Rs.100/- each time. The obligation to constantly wear your I-card is for obvious security reasons.
8. **Valuables.** Do not leave them unattended anywhere in the college. You are responsible for the safety of your valuables. The college is not responsible in the event of any loss or theft. In case of misplaced articles contact the reception desk on the third floor.
9. **Mobile phones.** You are permitted to use mobile phones only in the lobby on the ground floor and the common room and during the break from 10.30 am-11.00am. There is a fine of Rs. 500/- for mobile phone usage in the classroom, and Rs. 100 for mobile phone usage in other non-designated areas throughout the entire day. You are permitted to charge your phones only in the common room. Moreover, as already specified under item 9, the college is not accountable should your mobile phone be lost or stolen.
10. **Noise levels.** Keep noise levels down both during class as well as during break times. Also avoid talking loudly while walking in the college corridors. Ensure that classes around you are not disturbed.
11. **Use of laptops:** M. Sc II students can charge their laptops & use them in the library strictly for academic purposes, only if they are with their guides; or else charging of laptop in the college is strictly prohibited.

12. **Seek permission to enter or leave a class** when a session is in progress.
13. **Ragging** is strictly prohibited. Welcome new students with respect.
14. **Smoking** is **not** allowed in the college.
15. **Dress appropriately.** Students are expected to abide by the college dress code. Clothes must be appropriate for an educational institution.
16. **Permission of the principal.** Any activity/event that the student wishes to organize within college or participate in outside the college requires the prior permission of the principal.
17. **Contact the administrative office** for certificates, testimonials that require the principal's signature. Do not take any such papers directly to the principal for signature.
18. **Treat college property with due care.** The college and its furniture/equipment/other resources are for the student's benefit. If property is damaged in the classroom or elsewhere in the college, fines will be accordingly charged. This applies to both individual students as well as to class groups.
19. **Keep the college premises clean.** Cooperate with the support staff in keeping classrooms, laboratories, corridors, stairwells, toilets and other areas clean. Use classroom dustbins and bins for disposal of litter.
20. **Switch off** all lights and fans when not required.

By virtue of joining the college, you are obliged to accept and observe the afore-mentioned rules of conduct and to cooperate with the enforcement of the same. The principal's judgment on your compliance into those matters is final.

University Rules and Regulations with Regard to Academic Matters

Attendance Requirements

Affiliation to the University of Mumbai requires strict adherence to university ordinances. As per the University Ordinance Nos. 119 and 125, a minimum 75% attendance is required in each semester to be eligible for appearing for the Semester -end examinations. Under these Ordinances, the college may not permit the students to appear for Semester -end examinations if they do not fulfill the necessary requirements. This involves a minimum attendance of three-fourth of the days on which lectures are delivered for each term. Lecturers will maintain a record of attendance for each lecture and practical throughout both semesters.

In case of late coming for the first lecture the student will be marked 'late' for that lecture. If this occurs for three days, she will be marked absent.

Planned absence from the college without prior intimation or due notification to concerned authority (e.g., Coordinator and/or Principal) is ill-advised. However, when the student is absent, please ensure that parents/guardians have informed the coordinators/H.O.D's of the classes/departments promptly.

Absence of three consecutive days or more must be justified in writing. A letter from parents/guardian specifying the reasons for absence must be given to the Co-ordinator on resuming. For any absence due to illness, a medical certificate must be given to the Coordinator on resuming.

Mass 'bunking' is not permitted. Such behaviour is liable to punishment as decided by the principal and other concerned authority.

Other Matters

Please be aware of the syllabus of each of the subjects (theory and practical) in your academic programme. Parents/guardians are requested to keep themselves informed of the students academic progress. It is not possible for the college to send individual letters apprising parents/guardians of the same. However, the principal and the heads of departments will answer their queries if any. The academic year ends on 30th of April. Students are required to participate in the college- organized activities after University examinations, until 30th April.

College Contact Details

College Address

College of Home Science, Nirmala Niketan
49, New Marine Lines, Mumbai-400 020.

College Phone Number

2207 6503

College Fax Number

2200 3217

College E-Mail Addresses

info@nirmalaniketan.com
principal@nirmalaniketan.com

College Website

www.nirmalaniketan.com

College Timings

Classes in college begin at 8 a.m. The last class of the day differs from group to group and is generally in the afternoon.

Opening and Closing Timings Each Day

The college opens at 7.30 a.m. and closes at 7.30 p.m. You are encouraged to leave the college premises latest by 6.30 p.m. Permission from coordinator/principal must be sought to remain in college later than 6.30 p.m.

General office

Monday to Friday: 10.30 a.m. to 12.00 noon
02.00 p.m. to 03.00 p.m.
Saturday: 10.30 a.m. to 12.00 noon

Accounts Office

Monday to Friday: 10.00 p.m. to 12.30 p.m.
02.00 p.m to 3.00 p.m.
Saturday: 10.30 a.m. to 12.00 noon.

Reception Counters (Ground Floor and 3rd Floor)

Monday to Friday: 10.00 a.m. to 01.00 p.m.
01.30 p.m. to 05.00 p.m.
Saturday: 09.30 a.m. to 01.30 p.m.

Availability of Railway Concession Forms**Ground Floor Reception Counter:**

Monday to Friday: 11.00 a.m. to 1.00 p.m.
02.00 p.m. to 03.30 p.m.
Saturday: 10.00 a.m. to 1.00 p.m.

During the vacation period the Library, Administrative Office, Accounts Office, Reception Counter-timings are flexible.

Holidays

The college is closed on:

- (i) Sundays and all public holidays.
- (ii) Holidays prescribed by the University of Mumbai both for the vacations and the Christmas break.
- (iii) Occasionally, on a day declared by the principal. This will be displayed on the notice-board.

Admission and Fees

College of Home Science, Nirmala Niketan, is a Christian minority institution. Thereby, the guidelines for admission are as follows:

- (a) Fifty per cent of the seats are reserved for Christian students.
 - (b) Reservation for candidates belonging to SC/ST/OBC/OBT is as per government resolutions for minority institutions.
1. All applications for admission to any undergraduate or post-graduate course must be received by the dates notified by the college. Late applications may not be accepted. Applications, duly filled and completed, must be submitted in the college office. The following documents need to be attached:
 - photocopy of the mark sheet of the relevant examination
 - caste/community certificate in case of minority or scheduled status
 - Certificates of achievements (sports, dramatics etc.)
 - Any relevant information about any medical condition.
 2. As soon as the applicant is notified that admission has been offered to her, the full fees becomes payable. In exceptional cases the principal may permit the payment to be deferred in part or in full.
 3. All admissions are valid only for a year and are therefore to be renewed for each subsequent year of study.
 4. In the case of withdrawal, the refund of the fees already paid will be in accordance with the rules laid down by the University of Mumbai in the following ordinances:
Degree course: University Ordinance Nos. 0.2859, 0.2859A, 0.859B.
Post Graduate course: University Ordinance No. 0.3574.

Examinations, Tests and Assignments

The college has implemented semester based credit and grading system for Under-graduate (F.Y.B.Sc., S.Y.B.Sc. and T.Y.B.Sc.) and Post-graduate (M.Sc.) students. The Credit Based System provides a

clear accounting of the student's efforts and learning load, places the student at the centre stage of all academic transactions. It provides a sound grading system for students performance and facilitates the bringing of all the education providers on a common platform.

In this system the scheme of the examination is divided into two parts: Internal assessment and External assessment (semester end examination). Internal assessment includes Unit tests, Class involvement, etc., for U.G. students and Projects, Assignments, Seminars, Case studies, Quizzes, Open book tests, etc. for P.G. students. For each course, there is a passing minimum for internal assessment as 40% marks, for External/Semester end examination 40% marks separately to pass the subject/course.

Student must apply to the Head of the Institution giving the reason(s) for absence within 8 days of the conduct of the examination along with all the necessary documents & testimonials. The decision to grant permission is left to the discretion of the Principal.

The detailed information regarding eligibility norms to appear for the additional class test or assignment for students who remained absent, Allowed to keep term rules(ATKT) and carry forward of marks in case student fails in Internal assessment and/or semester end assessment in one or more subjects is available in the manual in the library.

1. There will be periodic assessment in the course of each semester.
2. The semester examinations, unit tests, etc. will be conducted as a means for evaluation of your progress. Moreover, these periodic exercises facilitate your success in the university examinations.
3. The first semester examinations are scheduled for September/October. The second semester examinations are scheduled for late March/April. Tests and assignments are interspersed each semester.

4. The college maintains a cumulative record of your performance at tests, seminars, tutorial assignments etc. throughout the year. The internal marks are totaled with the marks obtained at the Semester-end examinations for computing the grade.
5. Presence at the tests and examinations are obligatory. Absentees will be dealt with in an appropriate manner.
6. Students and parents are required to note that regular attendance at tests, remedial classes, examinations, etc., contributes to the student's academic progress.
7. They are expected to excel in all of the tests and written assignments that are part of academic programme. Internal assessment is a university requirement that the college and students must comply with.
8. Students are expected to pass separately in both the internal assessment and the semester-end examination in order to pass the course.

Instructions to Candidates Regarding Examinations

1. **Be Punctual.** For terminal and preliminary examinations you are requested to be present in the designated examination room 15 minutes in advance. For university examinations please be available in the designated examination room 30 minutes before the examination is to begin.
2. **College photo-identity cards** must be worn around the neck from the time of entering college till leaving, failing which a fine of Rs. 100/- will be charged.
3. **Your hall ticket** must be available for inspection during university examinations.
4. Immediately on arrival of the supervisor in the examination hall **allotted seats** have to be occupied. Stationery (pens, pencils, erasers, sharpeners, rulers), hall ticket (only for university

examinations), and money (if necessary) can be carried into the examination hall. All books, notes and other study material must be placed neatly in the specified area. Failure to comply will result in severe consequences.

5. Mobile phones and other valuables are **not permitted** to be kept with the student in the examination hall.
6. **Read and follow examination instructions carefully.**
7. **Exchange of writing material or mathematical instruments** (calculator, etc.) with other candidates during an examination is not permitted.
8. **No conversation or communication is permitted with other candidates** during an examination. Any clarification with regard to the question paper must be sought from the supervisor.
9. All **answer booklets must be returned** whether written or blank at the end of the examination. No sheet must be torn from the answer booklets.
10. **Do not write on question papers.** A page or two in the answer booklet can be reserved for rough work if needed. This rough work must not be torn out.
11. **Copying/cheating is strictly prohibited** and invites severe penalties. Any student found copying, or speaking or communicating with another candidate in any way, or keeping on her person/desk/pencil case etc. any books, notes, chits or other study material, or cheating in any other way is liable to severe disciplinary action as per the provisions of the Maharashtra Act No. XXXI of 1982.

In case of instances of cheating, no subject paper will be evaluated for that particular examination.

Parents will be informed of such instances and the principal's decision regarding the penalties concerned will be final.

Student Aid, Scholarships and Prizes

Students requiring financial assistance can avail of the “Need based scholarship” offered by the college. “Merit based scholarships” are awarded for academic excellence. Government scholarships are available for students from;

i) Religious minorities ii) SC/ST/OBC/NT iii) Postgraduate students
iv) Students scoring above 60% in H.S.C. Applicants for need-based scholarships are interviewed by the principal and the members of the Scholarship Committee.

- Founder Principal C. Galby Alumni Association Award.
- Principal C. Galby Gold Medal for Textile students.
- Watumal Foundation Scholarship for a B.Sc. student on merit.
- Gauri Loknath Char Scholarship for needy/meritorious student.
- Prof. Kothari Scholarship in Chemistry for Junior College students.
- Braganza Scholarship for T.Y. B.Sc. and M.Sc. Human Development, preferably Catholic students.
- Thresiamma Joseph Memorial Scholarship for T.Y. B.Sc./M.Sc. Nutrition students.
- Saffola Scholarship for P.G. Dietetics students; PFNDAI Scholarship for T.Y.B.Sc. (FND) students.
- Ms. Tilak Surana Memorial Scholarship for needy students.
- Prof. L.R. Shah Scholarship for needy students.
- Ms. Noemia D’Souza Scholarship for M.Sc. II Textile student doing research work.
- Dipti Patwardhan Memorial prize for S.Y.B.Sc. student who gets highest in clothing/food practicals.
- Mrs. Amina Mohammedali Versey Memorial Scholarship for any Muslim orphan student or having one parent who is in financial need.

- Smt. Makaben Premji Vora Scholarship for T.Y. B.Sc. (Home Science) student of any specialization for meritorious extension activity.
- Mr. R. K. Pillay memorial scholarship for junior college students
- Smt. Seetalakshmi Mannadiar memorial scholarship for needy students.

Services and Facilities for Students

ICT - Enabled Library

College library is the gateway to knowledge, provides a basic condition for lifelong learning, independent decision making, and cultural development of the students and the teachers. Focusing upon the very important role of the library, our college library has been growing steadily over the years. At present, it has a rich collection of 13488 books and 248 CD's. The library subscribes to over 40 periodicals and 5 newspapers. Normally, the library is open to the students and staff between 8.30 a.m and 6.00 p.m.

The library has the following facilities/ services/ sections:

- Bag counter
- Workstations for individual or group work in the corridor
- Designated reading/studying areas on large tables inside
- Reading area for Ph.D. students
- Catalogue systems: Card catalogue and OPAC (Online Public Access Catalogue).
You can locate the accession number of a book and information on its availability (on shelf or issued) by author, title, subject etc. through the designated computers in the library.
- Current Periodicals section
- Reference section
- Stacks: Books, journals, and dissertations

The library provides open access facilities. You can go directly to the cupboards and select books.

- Book Issue counter
- Photocopying centre
Photocopying is facilitated in the photocopying centre of the library. The librarian reserves the right to refuse to permit the photocopying of certain reference books.
- IT – Zone with computers, e-journals and Internet facility.

Library staff assists students and teachers in locating books and reference materials.

Library Timings

Monday to Saturday: 8.30 am to 6.00 pm

Library timings may change during vacations. These changed library timings are posted on relevant notice boards.

Library Rules and Regulations

The rules that follow are devised to ensure that the best services can be provided to the greatest number of users.

1. **Deposit all bags, personal textbooks, files etc. at the bag counter** before entering the main section of the library. Do not leave any money or valuables at the bag counter. The library staff is not responsible for any loss. Collect your belongings before leaving the library. Signing in the register before entering and signing out when you leave the library.
2. Other than wearing your college photo-identity card, also **have available** your **library cards** when using the library.
3. **Silence is mandatory** in and around the reading room area of the library. Discussions in study groups are inappropriate in the reading areas of the library.

4. **Issue your books using your library cards.** Books are issued strictly in order of application. The librarian has the right to not issue certain books when circumstances warrant it.
5. **Examine books** when issuing them. Report any damage found in the book immediately at the issue counter. If the student fails to do so, she will be held responsible for any damage that may be detected later.
6. **Handle library books carefully.** Use books with care. Underlining, highlighting, or scribbling is strictly forbidden and carries severe penalties. Tearing of pages or damaging the binding is strictly forbidden and also carries severe penalties.
7. The student is **responsible for books issued in her name.** Books lost, damaged or defaced must be paid for by the reader on whose name they were issued. The value of the books will be assessed by the librarian.
8. **Allow all issued books to be inspected** at the bag counter on leaving the library.
9. **Please return the books before or by the due date.** When possible, reissue the books that you need for a longer duration. The fine for overdue books is Rs. 5 for each day past the due date including holidays. The fine for overdue overnight books is Rs. 8 for each day past the due date including holidays.
10. **Use the books in the stacks with care.** Books are placed by their accession numbers. Avoid replacing books randomly whilst locating a book that is required. Misplaced books obstruct optimal library usage. The librarian/assistant can be contacted for help.
11. Chewing gum and eating are not permitted in the library.
12. Furniture must be used as arranged and only for its proper purpose (i.e., a table to place books and chairs for sitting).

13. All rules described under *Code of Conduct* are applicable to the library area.
14. **Library usage is a privilege** contingent on respecting library rules. If library rules are disregarded or incidences of indiscipline occur in the library the student may lose her privilege to access the library.
15. The librarian reserves the right to recall any book or periodical when required.

Cybercafé and Computer Centre

The college cybercafé, situated on the third floor is equipped with multiple computers equipped with specialized software (e.g., SPSS, Richpeace, etc.) and printers. Easy access to the Internet, word-processing, printing (black and colour) etc. is available at nominal rates on all working days from Monday to Saturday from 8.30a.m. to 5.00 p.m and on Saturdays from 9:30 a.m to 3.30 p.m. It also serves as an excellent computer classroom. Classes are scheduled in the computer centre with special instructors who facilitate students in learning the use of various software, both basic and advanced.

Mentoring Services

Objectives:

1. To humanize the educational system, especially given large classes.
2. To provide more avenues for creating student well-being.

Plan:

The mentor (synonym: guide) is an assigned teacher. Each student has a mentor. Along with some other students she belongs to a particular mentor group.

Each mentoring group will meet once a fortnight if needed. Mentees (i.e., students that are being mentored) may make individual

appointments to meet the mentor other than during the group meeting.

The mentor will personally meet each student to discuss personal matters that come in the way of individual well-being. What is discussed will be confidential. In exceptional circumstances, the principal and/or the college counselor may also be taken into confidence.

Common Room

There is a common room on the ground floor for your use. The furniture in this room allows informal seating arrangement with friends or work at a table. There is also a bed provided for students who are not well. Drinking water is also available in this room.

Hostel

Hostel facilities are available for outstation students at two locations: in the Institute building (that houses the College of Social Work) diagonally across from our college building, and in Goregaon, at Prem Ankur on St. Pius campus grounds.

Canteen

There is an institute canteen situated in the Nirmala Niketan Institute building diagonally across the road.

Prayer Room

A room on the seventh floor, specifically for prayer and quiet reflection is available for staff and students. Special arrangements (eighth floor-rear side) are provided for our Muslim students to meet their needs for quiet prayer.

Counselling Services

Each one of us would like to create and/or enhance personal well-being. The college has a professional counselor who can help achieve greater well-being. The college counseling centre uses a holistic approach to help students increase self-awareness and

overcome academic and personal challenges through individual or group sessions. Assistance in identifying and optimizing strengths and expanding perspective on oneself and others are offered here. Stress management, relaxation strategies, and goal-setting sessions are organized.

Counselling Centre Timings: Monday, Tuesday, Wednesday & Friday: 11.30 pm to 3.30 p.m.

The student can either walk into the counselling centre during these time slots or arrive for a previously-made appointment with the counsellor. Online Counselling facility is also made available where students can talk to the counselor online.

Diet Counselling Centre

There is a diet counselling centre that students, teachers, parents, and others may access at nominal fees. This centre is open twice a week in the afternoons and diet counseling is provided by prior appointment only. For further details contact the reception counter on the third floor.

Gym

‘Vigour – the NN Gym’, fully equipped with all equipment as well as a trainer, is on the 7th floor. Students, faculty and even guests can avail of the use of the college gym at very nominal charges that include the use of specialized gym equipment and the services of the gym instructor. Contact the reception counter in the lobby for more details.

Additional Health-Related facilities

Additional health-related facilities within college are an Infirmary, First-Aid kits and the presence of a qualified nurse.

Orientation Programmes

Each student participates in orientation programmes at the beginning of the academic year. These orientation programmes target

relationship-building skills, and other skills such as empathy, time management, communication, teamwork etc.

Parent Meetings

Parent meetings are organized for parents of students at various levels. These provide opportunity for parents, teachers and students to interact and better serve each other.

Remedial Teaching/Classes

Remedial classes are organized in the afternoon for those students who are in need of such services. Instructors provide explanations and clarifications of difficult content, discussing study skills and strategies and giving tips on how to write answers in an examination. Small class size optimizes teaching-learning here.

Value-Added Courses

The student can enroll for the following value-added courses (after ensuring that you are eligible):

- Food Processing and Preservation
- Nutrition and Exercise for Fitness
- Entrepreneurship in Textile Crafts
- Visual Merchandising
- Workstation Design and Applied Ergonomics
- Creative Parenting
- Sign Language

The first four courses are recognized by the University of Mumbai.

Indoor Games

Various indoor games are available for use and can be accessed from the Sports Cupboard. The Sports Committee regularly arranges for indoor games. Be on the look-out for announcements made by the Sports Committee. Do participate in indoor games and competitions.

Picnics, Excursions and Personality Development

Picnics and excursions are organized by the college each year with the goal of relationship-building and recreation. Additionally, personality development camps, leadership training rural/tribal extension programmes are periodically organized. These are over and above the study tours and camps that are a part of the academic programme.

Grievance Cell and Anti-Ragging Committee

In case of complaints, suggestions or grievances over issues /events in the college, the student can request for redressal (i.e., reparation for a wrong) through the grievance cell of the college. The grievance cell and anti-ragging committee comprises of faculty (principal and other staff) and student members (General Secretary of the Student Council). Please use the box kept in the lobby to deposit your complaints, requests or suggestions. Also note that Coordinators, Heads of Specializations and the Principal are available and will extend their support.

Employment Placement Cell

The college has an Employment Placement Cell (EPC) that assists graduating students to get started in careers of their choice. The EPC liaises and builds contacts with different organizations, institutions and NGOs that provide career opportunities to our students on graduation. On-campus interviews are arranged by the EPC. EPC also arranges for sessions on resume writing & effective interview facing skills.

College Magazine

The college magazine “*Expressions*” is an annual publication. This magazine showcases the creative writing efforts of students and teachers. Annual achievements of each specialization and/or programme of study is also chronicled in the magazine. The student

is invited to contribute original creative writing (e.g., a short essays, poem, story, reflection, description of an event participated in, academic achievements, literary competition, creative skills) to this year's college magazine. Please contact the Magazine Committee for more details. Please email your contributions to nncollegemagazine@gmail.com for it to be published in this year's college magazine.

College Committees with Student Members

The college has many committees, the majority of which has student members. These diverse committees and their activities allow an experience of a well-rounded comprehensive education, extending beyond the traditional classroom. More specifically, participation in these committees and/or in the activities organized by these committees provides opportunities to students to experience college governance, and engage in cultural, literary, social service, sports, religious, and recreational events. Enthusiastic, wholesome participation from students with regard to each of these committees is expected.

Student Council

Students partake of college governance first-hand through their participation in the Student Council. The Student Council comprises of students that have been elected to various posts such as General Secretary, Treasurer etc. as well as all class and assistant class representatives. This council along with teacher members has regular meetings to plan and execute many activities in the college. The Student Council organizes the celebration of Independence Day, Teachers' Day etc. in the college.

“Education is the most powerful weapon which you can use to change the world.” -- Nelson Mandela

Cultural Committee

The members of the Cultural Committee are responsible for organizing many cultural events through the year, culminating in the College Week celebrations and the Nirmal Utsav. As organizers and/or as participants, each student can look forward to participating in the various cultural events in the first term and second term such as *Dandiya Raas*, Disco, workshops, (art, music, dance, drama) competitions and talent shows. Each of these events provides a platform to express creativity, display talents, and grow from the experience. Many events (e.g., workshops) especially target the development of particular sociocultural skills (e.g., a particular dance form). The Cultural Committee also supports students in participating in inter-collegiate cultural events.

Magazine Committee

The Magazine Committee encourages and supports the literary/creative writing efforts of both students and staff. Other than the sizable task of conceptualizing, planning, editing, and directing the publication of the college magazine, the Magazine Committee also arranges for literary events during the year.

Social Service Committee

The Social Service Committee aims at creating/enhancing sensitivity and concern for those who are underprivileged or marginalized in society. Students can whole-heartedly participate in the various activities and events of the Social Service Committee such as blood donation camps, leprosy awareness campaigns, collection drives for flood relief etc. and commemoration of World AIDS Day.

Sports Committee

The Sports Committee organizes various indoor games such as carom, chess, T.T, Throw ball, Badminton etc and annual athletic

meet for the students and staff. The selected students participate in various sports events at district level and Inter-Collegiate level.

Women's Development Cell

In keeping with the college vision, is the Women's Cell which masterminds sessions aimed at augmenting the development of each woman. Interpersonal and other issues of relevance to the young women in the college are addressed in interactive sessions with resource persons. The Women's Cell also organizes and hosts events commemorating the International Women's Day and Anti-Dowry Day.

Inter Faith Committee

This committee orients students to communal harmony, faith formation and tolerance for all religions. Various events are organized each month to celebrate different festivals. A common prayer service is planned in the beginning of the year. Programmes like talk, sessions, retreats, quiz, competitions are organized to celebrate the unity in diversity seen in our country.

Other Facilities

Research Centre

The college has a Research Centre with a Research Director and a Research Assistant. This centre stands testimony to the college's endorsement of the integral role of research in a place of learning. The Research Centre undertakes and executes quality research projects for national/international agencies as well as for the industry. This centre plays an important role in making Home Scientists and Nirmala Niketan creditably visible in the industry and other professional spheres.

The Research Centre is responsible for the publication of a biannual research journal titled “*Research Reach*” in which scientists and young scholars from India publish their research studies in Home Science and related areas. Read one or more issues of the *Research Reach* in the college library. The Research Centre has also published low-priced booklets on diverse topics which are available for sale.

The Research Centre supports students in participating in local, regional and national research competitions. Students (and teachers) may also obtain information about funding agencies and applications for research grants from the Research Centre.

Research Ethics Committee

This Research Ethics Committee ensures that the researches conducted at Master’s and Ph.D. levels, adhere to the ethical code.

Alumnae Association

The Alumnae Association, a body of ex-students of the college, has been in existence since 1980. The office of the Alumnae Association is situated in the college building. We are immensely proud of the long list of illustrious alumnae on record. The Association publishes a biannual newsletter/e-newsletter which serves as an update of news and events of the college. This newsletter is a platform to introduce distinguished members of the alumni. On graduation, we look forward to the student’s continued participation in the college through membership in this association.

IQAC & 7 NAAC Committees

The vision and mission of the college get translated into reality by an action plan that is chalked out by the Internal Quality Assurance Cell (IQAC) and other staff at beginning of each academic year. The IQAC is part of the quality assurance procedures required by the National Assessment and Accreditation Council (NAAC).

Information of RTI

For details on the Right to Information about the College of Home Science, Nirmala Niketan, please refer to the college website or copy-paste the following link onto your web browser:

<http://www.nirmalaniketan.com/generalinfo/pictures/rti-college-of-home-science.pdf>

We wish each of you a year of excellence, meaningful learning, and joy. We look forward to a strong and healthy partnership between students and teachers. Together, we pledge to meet our common goals and fulfill our vision.

PRAY AS THOUGH EVERYTHING
DEPENDS ON GOD.
WORK AS THOUGH EVERYTHING
DEPENDS ON YOU.

■ St. Augustine